

you can stand under my UMBRELLA

the what, when, where, why and how of umbrella coverage



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WHAT is umbrella coverage?

When the stories that you tell on a spread fall under non-traditional topics, which are dictated by your concept.

WHAT is umbrella coverage?

In essence, umbrella coverage is
organizing your book via
word play.

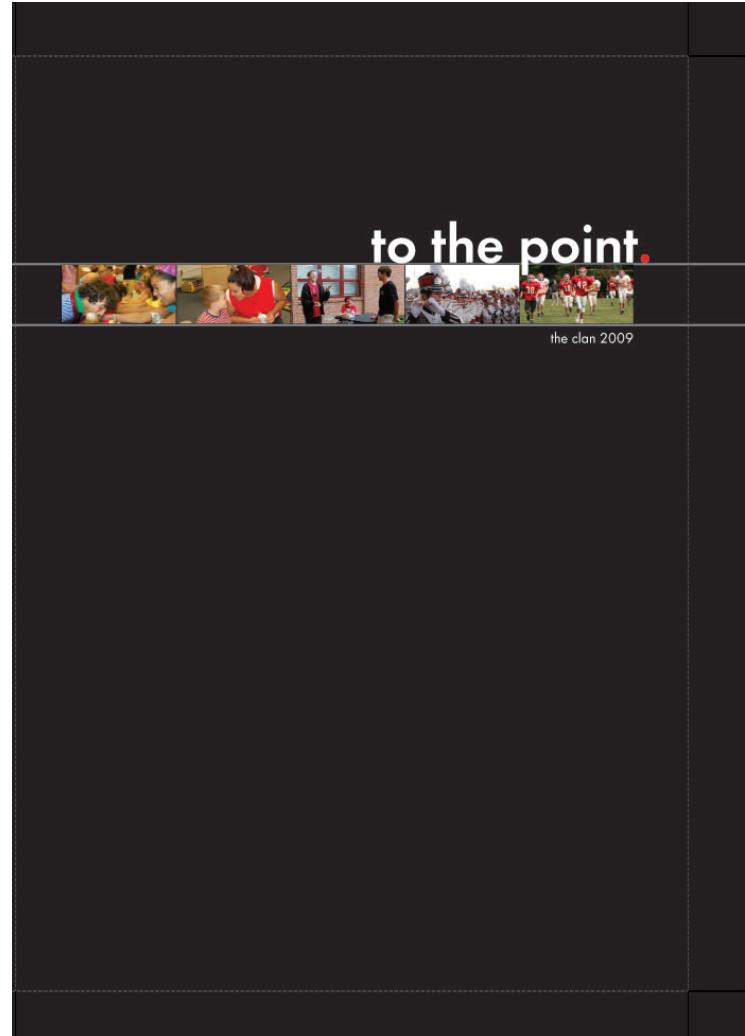
Non-Traditional Coverage

within a
section

WHERE does umbrella coverage go?

**within a
section**
sports or academics, especially

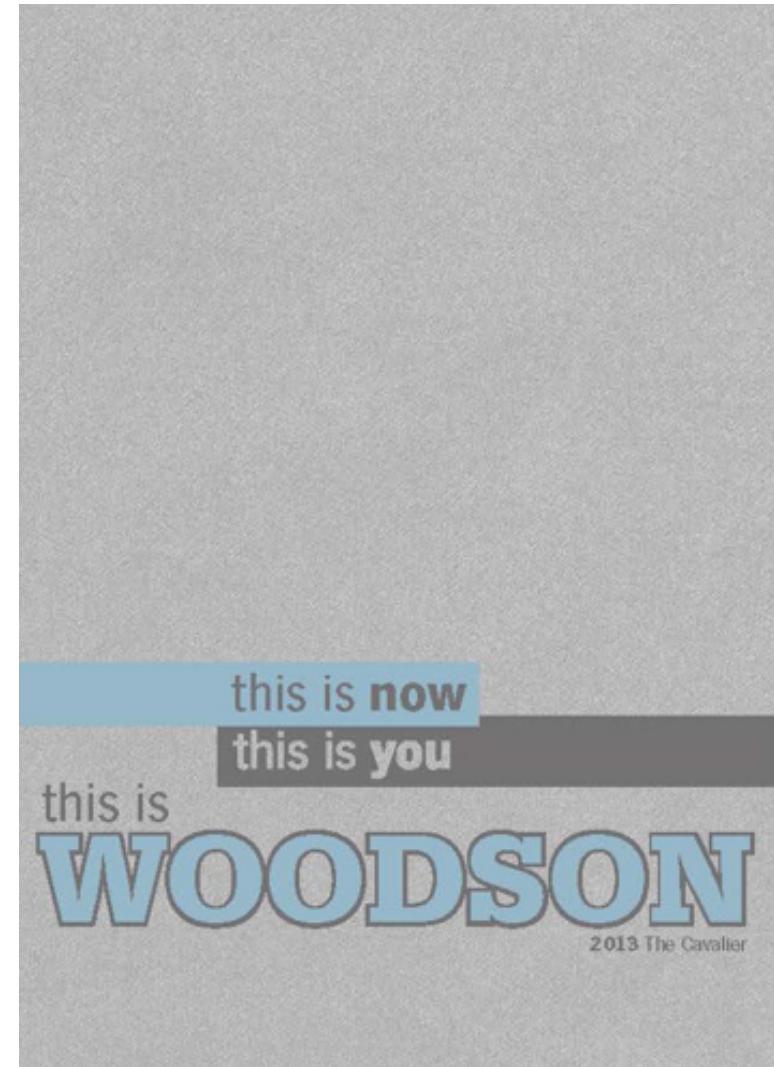
McLean High School 2009
“to the point”



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academics

- to have four tests in one day
- to take five AP classes
- to meet the November 1 early decision deadline
- to take calculus as a sophomore
- to read "The Odyssey" by Homer in 9th grade English
- to take an oral PALS in German 1
- to do all 66 psychology vocabulary words in one night
- to still be studying at three a.m.
- to finish all of the AP US History reading right before the quiz
- to have a soccer game, plus three tests the next day
- to complete 50 journals that are due for AP Government
- to read and annotate 412 pages of Great Expectations
- to learn CPR in health class
- to write a killer three page biology lab report
- to understand the Quantum Theory in Honors Physics
- to decode the language of Shakespeare's "Romeo and Juliet"
- to finish the mile in under eight minutes
- to have a well organized interactive notebook
- to stay awake in your first period class

Given the task of helping Freshman Rose Sonnenburg do a geometry proof on the SmartBoard in Mrs. Hahn's classroom, Freshman Rose Sonnenburg used the SmartBoard as a different way of working with students. The SmartBoard is a great way to help students learn and understand concepts. It is a good visual aid for some students because it provides a clear and easy to understand touchless 16x23 calculator. Photo by Katie Pielin

WHERE does umbrella coverage go?

within a section sports or academics, especially

**UMBRELLA
TOPIC:**
The point is
to have fun.

**AREAS
COVERED:**
creative writing

physics

ceramics

leadership

childcare class

having fun yet? getting away from it all

AP and honors classes could overwhelm any student due to the extra workload, requiring long study sessions. Even basic core classes could be stressful for students since they had to deal with homework, quizzes, tests and projects. Is it possible to ever have fun at school? Could students ever take a break from a rigid course schedule? The opportunity was available to every student. It was all about what classes students picked. There was a diverse selection of courses that explored different career options and taught students new skills.

In gourmet foods, it was possible to have your cake and eat it too. Students learned to make desserts and full course meals. After their hard work, they could sit down with friends and enjoy anything from practical breakfast casseroles to extra creamy homemade ice cream.

Early Childhood Careers provided the opportunity to work with children and explore careers in education and social programs. Senior Amalia Flores loved "playing with the Munchkins outside while they ride their tricycles or play with the parachutes." During October, the Munchkins and their student mentors even had the opportunity to take a trip to the pumpkin patch.

In classes like creative writing students had "the opportunity to express themselves and can draw their inspiration from anything," creative writing teacher Christy Toledo said.

Junior Roberto Perez enjoyed having weight training seventh period, because by the end of the day "all I want to do is listen to music and lift weights." Coach John Jones helped the students improve their techniques and tested them on how much they improved.

Even if it was just for one period, students could get away from it all with the assortment of interesting classes that provided an escape from a hectic schedule, but still allowed students to have fun and learn.



Art 2 students created eccentric designs and played with shading techniques.
"Although pottery takes a lot of work, I still enjoy making pottery and sculptures." senior Tiffany Dong

"I give demonstrations first that teach the basic skills. From there students can apply what they learn and before you know it, they're in love with it." ceramics teacher Sara Frileyson

"Everything is the opposite because the black and white switch in your pictures. It's a whole new perspective." junior Teja Pondaizer, on pinhole cameras

"In global marketing, we celebrate International Children's Day and World Food Day by bringing in yummy goodies." junior Anoushka Youell

- senior Andrea Sikender

"the best way to learn is to mix work with fun"



Photo by Katie Sheehan

WHERE does umbrella coverage go?

throughout
the
**whole
book**

WHERE does umbrella coverage go?

throughout
the
whole
book

Thomas Jefferson High School for
Science & Technology 2012

**“CHALLENGE
ACTION
RESULT”**



WHERE does umbrella coverage go?

throughout the **whole** **book**

SPREAD CONCEPT

Expectations (Challenge Section)

AREAS COVERED:

Pep rally performances

Football team

Twins

WHY should you consider umbrella coverage?

opportunities for
great coverage

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opportunities for
**great
coverage**

UMBRELLA

TOPIC: Get scared

AREAS COVERED: Summer fun

Weekend camping trip

Halloween (childcare class trick or treat & jack-o-lanterns)

Scary driver's ed videos

Test taking



1. *teaching for tell*

2. across the bridge

3. Through the trees
Paragliding instructor, Barbara Bruck
Started paragliding about ten years ago.
She says, "The idea can't be beat above the clouds, with the sun at your back and the wind at your side. It's like flying. I have to keep my mind on my gear, my landing area, the buildings or the branches." She thinks that
Father's Day is a good day to give paragliding a try.
Last year, she taught the first student who had never
done it before. "It was an excellent
thought out lesson, though, and I'm glad
I taught her on Father's Day." (Sommers)

3. *World War II*
Long after their struggle to hold on, Friedman, Alice Walker, Ernest Hemingway and Virginia Woolf continue to fascinate us still. Look. "They are not like us" (What) Virginians were part of their society's history all along. "I still hold [Alice Walker's] book very dear to me, and the people during the Civil War, learning still learning a lot, trying to throw it out of the house. It's more remarkable than I ever thought and if you had not mentioned it, I would not have known about it."

WHY should you consider umbrella coverage?

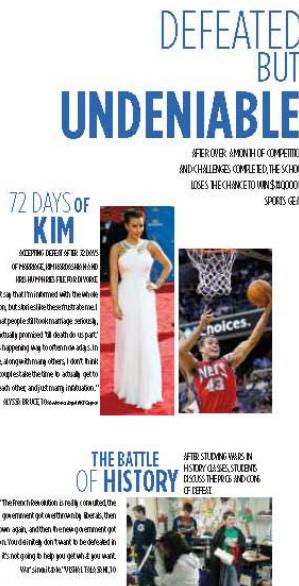
opportunities for
covering
current events

WHY should you consider umbrella coverage?

opportunities for **covering current events**

UMBRELLA TOPIC: Defeat

CURRENT EVENT COVERED: Kim Kardashian' Divorce



After over 900 schools entered and hundreds of votes cast, the school had made it to the final three in Under Armour's Finding Undeniable competition. The winning school would receive \$30,000 for their athletic programs. However, the school had fallen short, and lost.



"In the Hudson game we lost, maybe 5-4. I think that against Hudson most of us were still proud of the outcome, even though we lost because it was obvious that we were making them nervous." TROY CINDRICH, 3800 K, '9



DURING THE QUIET DAYS **CELL**
INTERVIEW, senior Blake
Eller competes in the 100m
spot on the track and field team.
Although Eller didn't make
spot on the track team at the
specialized school, he
wholeheartedly runs behind the
my best friends who have
disapproving parents for the
hobbies they pick. If he and I
were down running in the
and couldn't catch him, he'd
spot on the track again, but
the track and field has
run," said Eller, who says he is

CHIN	of China, Outstanding	Path, Origin and Jason Young Australia, Best Outstanding	by Robert and Jason Young Australia, Best Outstanding	IMP	Asia, Best	Each Household-Gaming, Best (by category)	Serial, 3-pg. 20-blade, Revocable	United States of America, Revocable
SOMA 0000	WMA Capital and James Big-Cloud Australia	Outstanding	2012 Year and Future Non-United Kingdom, Best, Outstanding	IMP	Europe and Southern Europe, Italy, Best	WMA	Serial, 3-pg. 20-blade, Revocable	United States of America, Revocable
Santander General Award for the Best Large	WMA Capital and James Big-Cloud Australia	Outstanding	2012 Year and Future Non-United Kingdom, Best, Outstanding	IMP	Europe and Southern Europe, Italy, Best	WMA	Serial, 3-pg. 20-blade, Revocable	United States of America, Revocable
High School	WMA Capital and James Big-Cloud Australia	Outstanding	2012 Year and Future Non-United Kingdom, Best, Outstanding	IMP	Europe and Southern Europe, Italy, Best	WMA	Serial, 3-pg. 20-blade, Revocable	United States of America, Revocable
SPEM	WMA Capital and James Big-Cloud Australia	Outstanding	2012 Year and Future Non-United Kingdom, Best, Outstanding	IMP	Europe and Southern Europe, Italy, Best	WMA	Serial, 3-pg. 20-blade, Revocable	United States of America, Revocable
WMA, Australia, and James Big-Cloud Australia	Outstanding	2012 Year and Future Non-United Kingdom, Best, Outstanding	by Robert and Jason Young Australia, Best Outstanding	IMP	Asia, Best	Each Household-Gaming, Best (by category)	Serial, 3-pg. 20-blade, Revocable	United States of America, Revocable

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UMBRELLA TOPIC: Leaders

CURRENT EVENT COVERED: Korean Election

PARENTS
BEHIND an important part of the community,
THEIR president of PTSAs, Mrs. Celeste Fritts,
SCENES explains the role of PTSAs.

“PTSAs provided the essential connections between the parents, teachers, students and the school. This past year, PTSAs made a significant petition to PCPS. As a result, PCPS granted honors weighting to summer courses. Another huge event we worked together on each year was the back-to-school fair, starting the year with an extravaganza event.

enjoyed by all. As a PTSAs president, my job was to oversee our membership-driven organization to support a variety of school activities. While the work was more demanding and time consuming than I had imagined, it was very fulfilling. I worked with many caring, involved, creative people who also had an energetic devotion to supporting PCPS.” – Mrs. Celeste Fritts



UNITED OVERSEERS. COMBINED VOICES

Imagine four distinct grades unrelated in any way. But with the SGA, all voices were united as one

James Park experienced the difficulty of running for president and passed it to the administration. They were the class councils and the Student Government Association (SGA).

Throughout the year, each class council worked with the SGA to bring students the best activities and events to enjoy themselves. Holding a position on SGA and class council meant putting in a lot of work and time. “I learned a lot about leadership skills. I learned a lot about communication and how essential it was to keep a team functioning at high efficiency. Communication definitely had to be clear and timely. SGA [members] were great at keeping each other updated on everything,” senior Alison Chou, the president of the SGA, said.

As president of freshman class council,

the president could not do his or her duty alone, which was why the vice president was elected to assist the president and take over in case of the president’s absence. “We all chose community, so we all helped each other out for our goals. At times, I worked on a specific project for a pep rally or on activities for J-Day and helped everyone else,” senior William Lucht, the vice president of the SGA, said.

There was a lot for him to do because SGA was the link between the four classes.

PAVING ANTONIA PARK

For the first time in its history, South Korea nominated a female presidential candidate. Many were excited about the new female president of South Korea, Park Geun-hye, but not everyone was pleased. “This was the first time that South Korea had a female president because she was the first female president and her father [a former president], was not well-liked,” Freshmen Jeewon Kim said. Although controversial, she paved a way for women around the world. (Photo courtesy of Associated Press)



A collage of five photographs. 1. A student in a white tank top and red shorts is writing on a whiteboard with a marker. 2. Two students are looking at a laptop screen together. 3. A group of students are working together at a table, possibly a service project. 4. A student in a blue shirt is looking at a laptop screen. 5. A student in a striped shirt is pointing at a whiteboard while another student looks on.

PLANNING EVENTS THAT BROUGHT THE CLASS TOGETHER was the number one priority for student leaders. Senior Allison Chou, SGA president, and senior William Lucht, SGA vice president, presented his ideas. “I wanted to give back to the school,” Chou said. “I wanted to make sure that the student council president Dennis Kim types up a report of ideas. “It was important that the student council president and cooperator well with other leader,” Kim said. “It was also their job to troubleshoot any problems. When Freshmen Look-In got cancelled due to the renovation, freshman class council president Jason Miller, SGA vice president Kunal Naik worked on alternate ideas to replace the activity.

“We hoped to create another class activity that might end up becoming a freshman tradition,” Park said. “Involving the entire class was important.”

AGENDAS ON A WHITEBOARD, senior

SGA President Alison Chou works

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WHO is umbrella coverage for?

know
your
audience

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INSANELY GREAT IDEAS

As they attend entrepreneurship club, freshmen Anant Das, Jeelan Karamat, Nitin Guttuso, Sitan Bhaini and Sahana Thirumangal create a unique pen. Meeting does, members of iMentor team learn how to pitch ideas. Participating in an innovation competition, seniors Meredith Burke, Sam Kwon, Daniel Lang, Lushik Majumdar and Ananya Sridhar build a hydrodynamic water purification system. Applying for a patent, senior Rebecca Hyndman creates a new specific process to test for lead in water. Researching melanoma, senior Veronika Peterlin presents a child-friendly ultraviolet dosimeter and develops an idea for a biosensor. www.uspto.gov

"WHEN I WAS A SOPHOMORE, I invented an ultraviolet dosimeter, which was a device that changed color right before you got a sunburn. My device was a button with a smiley face on it, and when you went out into the sun, the smiley face would spread, and as you got more and more done to getting a sunburn, the background would fade into the color purple, which was a color that the smiley face and eventually would disappear, which meant that you needed to go inside. That's how I started to it, so right now we have to be looking at prevention, and the best kind of prevention is to prevent sunburns in childhood, so I made the bottom something that children love to wear. I worked on this project for about a year. The first four or five months were testing out the chemicals to make it work, and then the next two months were statistical analysis. I definitely will be looking more into melanoma research. My senior research project had to do with melanoma detection, and that's actually something for the next four years. I plan to do a big project over the next four years while I'm at college that's melanoma detection. So I imagined it would be a strip of paper you would put over a mole and it would change color if it was cancerous. I put a patent on the idea of it. I haven't made the biotechnology. Submitting ideas can be today, but it's much easier than submitting an actual idea because a device had to be calibrated and everything in an idea, you just had to tell them what the idea was, you gave them little background information and then you were done." **VERONIKA PETERLIN**, 12, www.uspto.gov



JOHN VALDES, JAMES SILLON, DAVID MAMAT

"[ATTENTION!] If we issued a ban to start our own company, in case we ever wanted, and we learned how to pitch. Basically, pitching is when you go to an investor, they give you money to say something really fast to try to give the investors some money. To choose your idea over everyone else's, it's also comes in, and they talk about how to start a company, how to motivate you, how to put a good idea, how to end, and if everyone else says it's bad, believe in it in the end, and it might turn out to be good." **MIRSHABIL MIRZA**, 11, www.uspto.gov



MEREDITH Last year we competed in this competition called Coral's Spirt of Innovation, and we designed a product to use solar energy in some way. So we had this product that makes portable drinking water for people in developing countries. And they said, we should get a patent on it, so we are looking to get one.

DANIEL Last year we just did a lot of modeling and simulation, coming up with graphics and ideas, business plans, calculating theoretical costs, and that, and we've presented it at the competition, and I qualified it, so we won the solar energy division at the competition, and we got a \$5000 prize grant, which is basically financing entrepreneurship development.

SAI So what I was working on is the first stage of the water purification—a hydrodynamic. A hydrodynamic (seen in background) is a device that is used in the oil and gas industry to separate sand from oil. So basically you can use any liquid, so we're going to be using it to separate sand and different river water. So what happens is that water gets injected in the side, spins around, and the particles in the water are forced out by the centrifugal force out to the sides where it hits the walls and flies down and settles at the bottom, and there's a hole in the top where clean water comes out. The invention is called the trapad, and the purpose, as Meredith already said, is to produce portable water. What happens is that the dirty river water goes through this device and that's where it produces electrical power, and that's used to generate electricity for the UV chamber which in return we take the water to get rid of the pathogens and any other organic stuff. And then we pump it out for drinking and cooking purposes. And the novelty of this is that we're targeting areas that already have access water, just really dirty water. This would be used in places like Africa, where there's no water to begin with, but if we were to deploy this, it would be a place like Bangladesh, www.uspto.gov



"MY INVENTION was to have the tops of containers nest on top of boards and have troughs in between for carrying water, and instead of the floor will be a gutter so that when you take the containers out you wouldn't have a hole in the floor. When I went to argue the examiner at [US Patent and Trademark Office], the thing he said was wrong with it was that I didn't specify that the container needed to be closed at the bottom. It's important to have made sure you were specific about what you were trying to say but not too narrow." **REBECCA HYNDMAN**, 12, www.uspto.gov



"IT WAS OFTEN THOUGHT THAT WE WRITE IN ANY COLOR, except it wasn't like one of those normal plastic cartridges where you click down on each color. It's unique, because inside were four cartridges: blue, cyan, magenta and yellow. But you'd find a printer. There was a printing mechanism, and when you twisted it to the color, it would shear off that color and mix it and release it. We are currently in the process of patenting it. Basically what we had to do is, I had to contact the patent office, we asked them for the details, and we had to come up with a design plan, get the information about it, and we're kind of working on making sure we have a type of design plan, sketch, layout, all the information they need so that they will accept it. We talked to design officers, and they said that they were interested, and we're getting ready to submit.

I think the hardest part was the technology aspect of it because we were using printer ink when you release printer ink it dries very quickly and smudges really easily, which is why we can do only two colors at a time. That was probably the hardest part, getting it to work and mix. That took a lot of technology, and the technology we're using right now, we probably couldn't use more than two colors. So we needed to spend a lot more time to research and figure out more about the pen. We hope to pursue it and we come up with a final product." **ANANT DAS**, 12, www.uspto.gov

WHO is umbrella coverage for?

BEAMING INTO THE FUTURE

COMPUTER SCIENCE

"I interned at Modern Technology Solutions Inc., helping with a program known as SIES (Sense and Avoid Flight Encounter Simulation Toolset). I worked on modeling aircraft behavior around airways in the United States. I got a free reign on developing my code, as it was a soloやり项目"! - Hassan Almar, '12

PILBET PROJECT

"Sponsored by the Smithsonian Museum, I worked on determining paternity in a few hermaphroditic plant species. I used microsatellites, repetitive chunks of DNA, to figure out how the genetics varied from population to population. The cooler part was the Maryland lab. When you walked in, you saw garage doors on all the sides, leading into pods that were football field size, three storage units for everything from whale bones to ancient artifacts"! - Anya Vil, '12

VETERINARY HOSPITAL

I worked at a veterinary hospital program in Virginia Tech. I shadowed vets in radiology, surgery, nursing, and veterinary divisions. It gave hands-on experience with veterinary medicine. It was unique that there were not many large animal hospitals around. I saw a variety of equine problems, from lameness to colic. One of the neatest things was being in the surgery room while a procedure was being done!" - Ge Volbrecht, '12



4. **THE OCHALA CAMPAIGN** canvassing, training staff and meeting the president

B. FALK & CO. LTD. TO BUSINESS, BC COMMUNITY

Calling and registering electorates to vote
C. THE ROMNEY VS. OBAMA CAMPAIGN calling up voters and going door to door to convince them to vote for Romney. photo courtesy of: www.jcblog.org and www.romney.com



Photo courtesy of L. Smith / www.jcblog.org

OUT AT SEA

for a shore based research project, senior Julia Arthur spends her summer on the ocean. "I flew to Turkey and spent ten days doing ocean exploration

in the East Mediterranean Sea. There was nothing quite like ground beneath you moving all the time and getting used to sleeping tiring to the cracks. I got to work with samples that our French ally operated Vehicle Hercules brought up from the bottom of the sea. I found a lot of samples that people had never seen or had access to before. I also worked with Dr. Robert Ballard, an incredibly famous oceanographer who found the *Titanic*" - Julia Arthur, '12

performing cutting edge neurology research at George Washington University, senior Suhar Gondi is featured in the newsletter

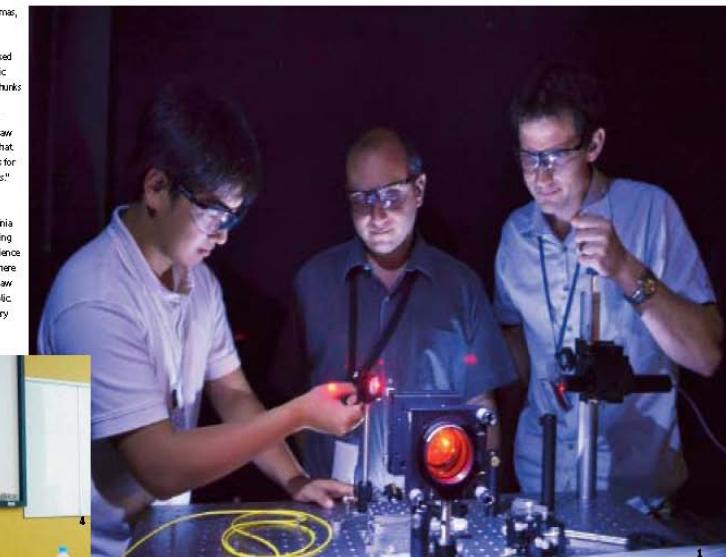
INSANE IN THE BRAIN

"My main topic was microelectro-neuroanatomy and developing fetal neurogenetics. Learning to image neurons showed me that in the practice of scientific research, I had to trudge on spite of frustration. If I wanted to be successful, it extended the neuroanatomy, genetics, and biology of the brain. I also developed my expertise in those disciplines from a laboratory perspective (as I was involved in actually writing textbooks instead of reading them)." Suhar Gondi, '12



1. **BEAMING INTO THE FUTURE** senior Lajuan Smith and sophomore Shantell Price experiment with a telescope at the US Goddard Space Flight Center. "Putting a huge vacuum tank over our telescope and a vacuum system is not an easy process," says Smith. 2. **OUT AT SEA** senior Julia Arthur spends her summer on the ocean. "I found a lot of samples that people had never seen or had access to before. I also worked with Dr. Robert Ballard, an incredibly famous oceanographer who found the *Titanic*" - Julia Arthur, '12

Photo courtesy of L. Smith / www.jcblog.org
Photo courtesy of A. Smith / www.jcblog.org
Photo courtesy of A. Smith / www.jcblog.org
Photo courtesy of A. Smith / www.jcblog.org



2

how can you get involved in the political process? junior Amwar O'meara, senior Kyler Blodgett and sophomore Lindsay Williams have different duties as campaign interns.



A. **THE OCHALA CAMPAIGN** canvassing, training staff and meeting the president
B. **FALK & CO. LTD. TO BUSINESS, BC COMMUNITY** Calling and registering electorates to vote
C. **THE ROMNEY VS. OBAMA CAMPAIGN** calling up voters and going door to door to convince them to vote for Romney. photo courtesy of: www.jcblog.org and www.romney.com

WHEN is it time to try umbrella coverage?

know
your
staff

WHEN is it time to try umbrella coverage?

know your **staff**

- what are your staff's STRENGTHS?
- what are your staff's WEAKNESSES?
- how many EXPERIENCED STAFFERS will you have?

HOW do we make umbrella coverage happen?

it starts with a
concept

HOW do we make umbrella coverage happen?



How do we make this relevant to TJ?

What types of people live outside of their comfort zone?

Motivated	Outspoken
Dynamic	Fearless
Creative	Quirky
Innovative	
Resilient	

HOW do we make umbrella coverage happen?



What goes in each of those sections?

Leaders	Scientists
Artists	Scholars
Colonials	Tutors
Fighters	Foodies
Comedians	Presidents
Runners	Captains

HOW do we make umbrella coverage happen?

there's no such thing as a bad idea

pre-planning

It's that time of year again! The following is a list of spreads that will appear in our 2013 book. Under each spread topic, put your ideas for what stories we can cover there. Refer to our google doc "2013 Yearbook Coverage Ideas" as well and see where those stories fit! Also try to remember our must-haves (academic classes, Homecoming, basketball, etc.) and see where those can go. The more ideas we have now, the easier deadlines will be! Let me know if you need access to the following google docs: "2013 Yearbook Coverage Ideas", "2012 Yearbook NV", "2013 Verbal and Conceptual Ideas"- all three have some notes on things we can cover!

A note about profiles: each section will have a profiles spread. Think of people you believe would have good stories to cover there.

HOW do we make umbrella coverage happen?

there's no such thing as a bad idea

pre-planning

- Resilient- **springing** back; rebounding, returning to the original form or position after being bent, compressed, or stretched, recovering readily from illness, depression, adversity, or the like; buoyant **In all things in this section, what will we take a picture of? What form with the copy take? You don't want an entire Debbie Downer section, and right now, it kinda sounds like that. . . You bring up a good point. What do you think of covering the winning football game after a streak of losses? The sophomore who receives an academic excellence letter after a rough first semester? The mural club that beautifies ceiling tiles after not being allowed to paint a new wall? These are just random ideas, but I hope it makes a little sense...let me know what you think. -Priyal**
 - what do you do AFTER your fail?
 - when you're tired?
 - when you're depressed?
 - "What if I can't?"
 - the problems freshman have when coming to tj. The I'm no longer a big fish thing.
 - sport defeats
 - Homecoming losses; maybe asking rejections if anyone would want to talk about that?

HOW do we make umbrella coverage happen?

there's no such thing as a bad idea

pre-planning

- D4- Storytellers- possibly alternative 62-63
 - Humanities
 - Avanti writes a children's book for GME:
<http://www.youtube.com/watch?v=QzWYvHsM0a0&list=UUI92ObB0zFur9AcB5jeMUVA&index=1&feature=plcp>
 - tjTODAY/Journalism
 - drama
 - Yena Seo got chosen to participate in Washington Post's Young Journalists Development Program, she also has an internship for WUSA 9 and is the high school sports person
 - Sam Desmarais interfaith trip
- D3- Judges 64-65
 - law and society
 - biased homecoming week judging
 - AP gov singleton mock trials
 - judging people (after a mistake, on first impressions, etc.)
 - 1st day of school impressions
 - talent show
 - **AP stat- judging bias**

HOW do we make umbrella coverage happen?

a list of what
has to be
covered

STUDENT LIFE: Did We Cover It?

Summer	Viennese Ball
Summer	Talent Show
Summer	Talent Show
Back-to-School Bash	Asking Week
Back-to-School Bash	Asking Week
Back-to-School Bash	Asking Week
Homecoming Week	Weekends
Homecoming Week	Weekends
Homecoming Week	Weekends
Homecoming Friday	Senior Lounge
Homecoming Friday	Technology
Homecoming Dance	Music
Homecoming Dance	Movies
Fall Play	Books
Fall Play	
One Acts	Video Games
Powderpuff	Froshfest
HNight	
HNight	
HNight	

HOW do we make umbrella coverage happen?

a very complete & constantly updated ladder

get & go	even	odd	Topic	Events	Clubs	Sports	Academics	Student Life	Assigned	Deadline
	0	1	Title Page	Preperation for Pep Rally, Pep Rally Dance					EiCs	1
	2	3	get it- opening		marching band practice, Project Enlightenment dancing practice	cross country practice, football game vs. south lakes	AP biology and oceanography field trip preparation	surfing preparation	EiCs	1
	4	5	GO WITH IT- opening	marching band halftime show	Project Enlightenment reenactment	cross country meet Sept 8 at Burke Lake	AP biology and oceanography field trip on Sept 8.	paddling out to surf	EiCs	1
links to 118	6	7	GET IT DIVIDER					Danielle Wyerman hanglider	EiCs	1
Jack Ferguson (8) as transfer to 133	8	9	get introduced	First Day Of School (8), Freshmen Fling (9)	Pro-Life Club meeting	freshman discuss their first season		Transfer Students	green	1
links to 124	10	11	GET A NEW PRINCIPAL INTERRUPTER					9 things you didn't know about Ms. Ellen Reilly	EiCs	1
Volleyball Dig Pink (12) to 248	12	13	get spirited	London Olympics Rosh Hashanah	French Club playing petanque	Volleyball Dig Pink t-shirts		Senior Cars	blue	1
powder puff (14) goes to 126	14	15	get spirited	Pep Rally (14)		Volleyball Senior Night & Tennis carwas & powderpuff preparation		Spirit Week	blue	1
JV football (17) go to 250	16	17	get traditions	McLean Idol Cartoon Day	marching band marches the halls	JV football captains pregame rituals	study practices of Amelia Gilmer		mango	1

HOW do we make umbrella coverage happen?

Ensuring equitable coverage



Powder Puff Football
Practice 8 times, 1 game

7 pictures and captions



Varsity Football
Practice for 3 months, 10 games

1 picture and caption
(+ small mods on other spreads)

HOW do we make umbrella coverage happen?

Ensuring equitable coverage



Powder Puff Football
Practice 8 times, 1 game

7 pictures and captions



Varsity Football
Practice for 3 months, 10 games

1 spread w/1 picture and caption
&
1 spread w/ 7 pictures & captions
(+ small mods on other spreads)

HOW do we make umbrella coverage happen?

carefully considered **deadlines** spread topic: “SWING”



MARCH



AUGUST



DECEMBER



OCTOBER

swing dancers
at talent show

golf

jazz band

new principal
getting “in the
swing” of things

HOW do we make umbrella coverage happen?

complete spread planners

spread PLANNER

team _____

deadline _____

get or go section? _____

page #'s _____

must cover _____

list secondary topics

GET / GO MOD

list names of people quoted or pictured

GUYS

GIRLS

STUDENT LIFE	CLUBS	EVENTS
SPORTS	ACADEMICS	

total the number of people in each grade pictured or quoted

9	10	11	12

HOW do we make umbrella coverage happen?

complete spread planners

spread PLA	team	deadline	page #s	
DOMINANT assigned to <u>Ady</u>				
potential sources				
<ul style="list-style-type: none"> - Dance - Homecoming • Asking - Hip Style • Dance • - Spanish - Spanish - Name • STH - 1-Nite - Ballroom - Swing - Hip Hop 	MUST HAVES IDENT LIFE talent Show, Vietnamese ball, life			
SECONDARY				
assigned to _____				
Type of mod: _____				
Potential Sources				
Asking W				
• Gangnam				
Mob				
HC week				
	JOBS Hip-Hop Roots Ballroom dance, Swing, Name, Spanish Honor Society			
	ACADEMICS Math Classes			
	ORTS Once team ever			
	list names of people quoted or pictures			
	PLAYS			
	IRLS			
	Indicate the number of people in each grade pictured or quoted			
	9	10	11	12

HOW do we make umbrella coverage happen?

A complete table of contents

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THERE'S NO SUCH THING AS A COMFORT ZONE

because since when does anything ever stay the same? But that doesn't even matter. We're **MOTIVATED** enough to adapt. With every action we take, our steps are **DYNAMIC**, our voices **OUTSPOKEN**. Taking the usual approach isn't good enough. Instead, we're **INNOVATIVE** and **CREATIVE**. And yeah, we admit we're a little **QUIRKY**. But who said we're shy about it? Rather than taking the easy way out, we accept the risks. We're **FEARLESS**. Most of all, we'll come back and try again, because we're **RESILIENT**. That's who we are.

ON THE COVER

Front, center: Lucy Barker and Raquel Lauer. Inside together: an senior Patrick O'Connor (right). Five gallons of water on them. Inspiring the Super Bowl. Outside, a cancer took a contradiction approach. Building their *House* in a school. *U*nerested. Barker to Homecoming with an ocean-themed plan, party planners and a well. That's "when the setting, the atmosphere and someone was going to pour water on me and we'd take a bucket. It was like 'Oh my god, it's so technically cool.'"

HOW do we make umbrella coverage happen?

A complete table of contents

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ge



GO WITH ITPAGE 118

HOW do we make umbrella coverage happen?

Mini Table of contents (on division pages)



get it

It's getting excited for your trip on the basics of hang gliding. It's about getting into the exhilarating 20 second flight.

It's to the Outer Banks. It's sitting through a training class and getting instructed. It's about practicing how to get into the harness and take off and, of course, hang glider, ready to be launched into the air and get terrified as you go for an **get introduced, get crazy, get experience, get it.**



© 2010 get it magazine

HOW do we make umbrella coverage happen?

Mini Table of contents (on division pages)



HOW do we make umbrella coverage happen?

Mini Table of contents (on division pages)

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JAMMING ON HIS GUITAR, junior Gio Jimenez jumps around the band room. Jimenez started playing guitar in seventh grade and was in marching band, jazz band, winter drum line and a rock band. "We were experimenting with different genres to get an album recorded. It was fun expanding our limits and seeing what we were capable of as a group," Jimenez said. Photo courtesy of A. Agarwal, background photo by L. Revere, photo illustration by J. Woglor

WE MAKE DRESSES OUT OF PLASTIC CUPS. WE CHOREOGRAPH INFINITE. WE THINK UP CLEVER TITLES FOR OUR SCIENCE FAIR PROJECTS. WE EXPLORE CINEMATOGRAPHY FOR OUR LATIN VIDEO. WE WRITE WITH MIGHT! WE COMBINE OUR PASSION FOR PHOTOGRAPHY WITH MUSIC WE'RE

CREATE

109 DIVIDER

HOW do we make umbrella coverage happen?

Complete Folios

SING YOUR HEART OUT

GOING UP TO THE FRONT
YOUR SINGING DAY IS NOW

VALENTINE'S DAY SPURS ACTS OF KINDNESS



ADOPT A MISSION student support

DECA students held a Valentine's Day bake sale to raise money for the Adopt a Mission program. The students sold cookies, brownies, and cupcakes to raise money for the mission. The students are happy to help others.

GO WITH KINDNESS

DECA students held a Valentine's Day bake sale to raise money for the Adopt a Mission program. The students sold cookies, brownies, and cupcakes to raise money for the mission. The students are happy to help others.

GALA

GO WITH KINDNESS

DECA students held a Valentine's Day bake sale to raise money for the Adopt a Mission program. The students sold cookies, brownies, and cupcakes to raise money for the mission. The students are happy to help others.



HOW do we make umbrella coverage happen?

Complete Folios

in order to focus on the message of mental wellness, Active Minds holds a week long event focused on raising awareness.

HONING IN ON YOUR HEALTH

Stuck? Stressed? Stopped in your tracks? Active Minds was a club focused on reducing stigma and mental illnesses. They sponsored the event Mental Wellness Week which they promoted by having people sign a banner and passing out "Don't Stress" stickers during the day. "I've been talking to people about being stress free and taking things a day at a time. Stressing out is something I definitely experience, but I don't let it take over me," junior Tarun Prabhash said.

On the last day of Mental Wellness Week, Jordan Burnham talked to students about his own personal story of depression and suicidal thoughts. He spoke about setting high standards for himself and becoming depressed when he couldn't reach those standards. "He really taught me how to set appropriate goals in the long run that I could actually fulfill rather than expecting too much from myself," junior Jooahn Kim said.

Mr. Gregory Myers, the school psychologist, was always there to help in times of stress. By definition, he did short term therapy, but was available whenever a student needed him. "There are definitely days when I can say, okay what I did actually made a difference. Some days I can actually say that what I did saved a life," Mr. Myers said.

Ms. Rae Kobren helps send messages from students to colleges and places where students wanted to intern by sending out transcripts.

JUST FOR THE RECORD

A group of young people in a dance studio performing a synchronized pose. The image features a large, stylized graphic on the left side with the letters G, N, R, and H in blue, green, red, and orange respectively. The people are in a dynamic, bent-knee pose, some with arms extended. The studio has a polished floor and fluorescent lighting.

DRASTICALLY DIVERSE DECISIONS.

in order to increase diversity at TJ, students like senior Ben Hs

WHAT IS THE PURPOSE OF SDI? We were trying to increase diversity at TJ because there were a high percent of Asians and less of underrepresented minorities. We talked to the middle schools who had perspective applicant about why they should apply to TJ. We focused on schools where not many people were getting in or were applying from.



DO YOU GO TO SCHOOL AROUND TJ ONLY: V
Fairfax county, but Loudoun, Prince William, But it's mainly in T



SHINE A LIGHT. the Little Sunshine Project raises hope in disadvantaged children.

Well, I T-Mobile 10:45 PM Deepika Mu... **SET FIRE TO THE EMOJI.**
I let it fall, my **HEART**. And as it fell, you **ROSE** to claim it. It was **DARK**, and I **LOVED** it. I **LOVED** it all. **MISSING** MIDS

can you decode
the lyrics of
Adele's "Set Fire
to the Rain,"
recreated by

Mental Wellness Week, health, transcript office, Student Diversity Initiative, Little Sunshine Project, emoji

078 OUTSPOKEN BY RAVI/GODH

MESSENGERS 079 STUDENT LIFE, ACADEMICS, CLUBS

HOW do we make umbrella coverage happen?

A reader-friendly index

Mini-index by topic
(sports, clubs, events, academics)

Alpha indexed as well

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you can stand under my UMBRELLA

the what, when, where, why and how of umbrella coverage



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