

50 ways to tell a story

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50 ways to tell a story

Want to share some of these ideas with your staff?

Yearbookbesties.com

50 ways to tell a story

1. 5Ws (*who, what, when, where, why*)
2. Advice
3. Autobiography
4. Behind the _____
5. Breakdown
6. By the Numbers
7. Calendar
8. Chart
9. Checklist
10. Compare / Contrast
11. Dos and Don'ts
12. Facebook Posts
13. Fact box
14. Favorites
15. Glossary
16. Graph
17. He Said / She said
18. How to
19. Infographic
20. Instagram
21. List
22. Mad Libs
23. Map
24. Matching
25. Minute by Minute
26. Multiple Perspectives
27. Photo Diary
28. Polls
29. Profile
30. Pros and Cons
31. Q & A
32. Quiz
33. Quotes
34. Rating
35. Recipe
36. Roundtable
37. Scale
38. Schedule
39. Snap Chat / Illustration
40. Stats
41. Stem Completion
42. Step by Step
43. This or That
44. Timeline
45. Top 10 (*or 5 or 7....*)
46. Transcript of Conversation
47. Tweet
48. Who Knows Best
49. Word Association
50. Mod Mania

50 ways to tell a story

What **STORIES** do you want / need to tell?
(note: a story is not the same as a "topic")

What **INFORMATION** can you get?

Do you have good **CANDID PHOTOS**?
(Even if the yearbook staff didn't get pictures, is it possible that someone took some with their own cameras or on their phone? Will they share?)

ALL stories are made better with great candid photos.

Can we incorporate **STUDENT VOICES**?

getting **INSPIRED**

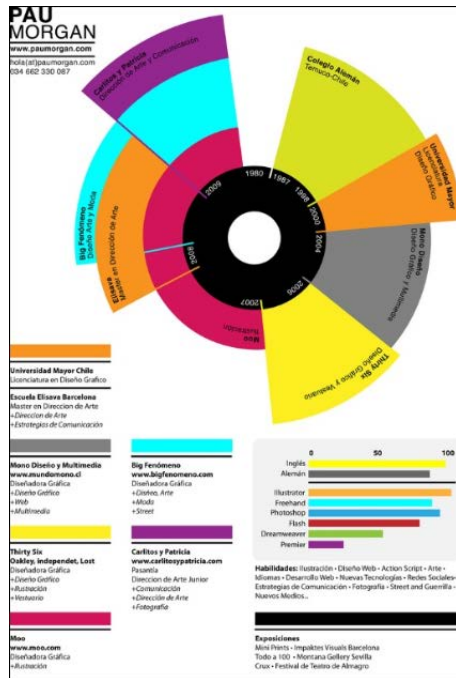


methods for COVERAGE

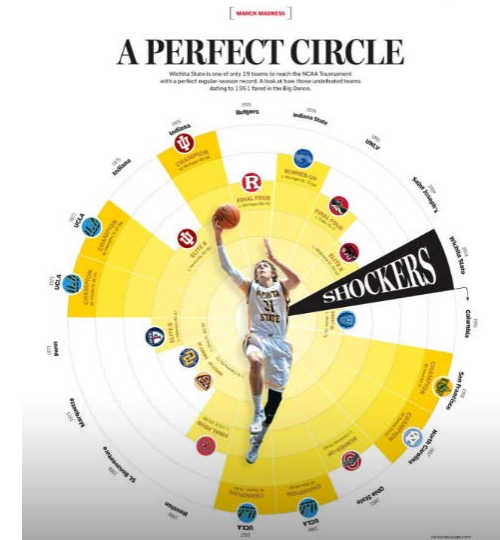
look to magazines and our inspiration folders for design ideas for mods.

NO REPEATS – if you already have a quote mod on one of your spreads this deadline, you can't have another. Get creative!

getting INSPIRED



CLIO Awards website - 2014



Boston Globe - 2014

Online portfolio – Pau Morgan -- 2014

Just the FACTS

You're journalists. You document the year.

5Ws (who, what, when, where, why)

I now pronounce you

junior Nardos lyob details her online ordination

Who: Reverend Nardos lyob

What: I have my certification of ordination, which means that I can perform marriages, preside over funerals, christen babies, and start my own church, and it's all official and legally-recognized.

When: November 21, 2011

Where: Once I decided to get ordained, I went on Google to find ministryoflife.com, the same website Conan O'Brien used to get ordained.

Why: I just woke up and thought I'd get ordained. Why not?



5Ws (who, what, when, where, why)



5Ws (who, what, when, where, why)

WHO

The admin,
staff, SGA &
friends

WHAT

ALS Ice Bucket
Challenge

WHERE

The baseball
field

WHEN

Aug. 26

WHY

"I thought it was a great idea because it allowed us to support ALS while bringing the community together. We had over 100 people on the field," Assistant Principal Mike Zook said. *photo by Shari Dairan*

FACT BOX

9 things you **didn't know** about Principal Ellen Reilly

she started work as a teacher at Mantua Elementary.

8 she is a sign language interpreter.

7 she studied at North Carolina State and George Mason University.

6 she goes to the White House Correspondents Dinner every year

5 she is working on her doctorate from VT.

4 she has a dog named Joy.

3 has signed for George Clooney and Barack Obama.

2 won the "Teacher of the Year" Award at Falls Church High School.

1

FACT vs. FICTION

JUSTICE IS SERVED

BY AUDREY HUANG

Honor Council members explains common misconceptions of the restorative justice process that they use. *Photo by A. Huang*



Sophia Moses, 11. Mina Nowroozi, 10. Numan Khan, 10. Kristin Meyers, 10. Peter Andringa, 11. Sahana Ramani, 11.

FICTION

The honor council is a group of people that votes on a verdict of innocent or guilty for every academic integrity violation.

FACT

The honor council uses the restorative justice process, instead of the traditional punitive one, to make amends," sophomore Kristin Meyers said.

FICTION

Questions asked during the restorative justice circles are related to possible punitive, disciplinary actions that need to be taken in order to settle the incident.

FACT

"We usually ask, 'What happened from your perspective?' And the second question is, 'What in your mind, needs to be done to make things right?' Then we discuss and flush out what needs to be done and how to resolve it," junior Sophia Moses said.

STATS

sleeping beauty

how many hours of beauty sleep
does each grade get on average?

freshmen

6.9

"We have a lot more work this year than we did in middle school so I don't end up getting as much sleep."

- Gwen Gagne

sophomores

6.1

"I usually don't get enough sleep because I have a lot to do and sleep is never my first priority."

- Christine Nassar

juniors

6.2

"There is so much homework in junior year that I only able to get around six hours of sleep a night."

- Brian Henderson

seniors

5.9

"Sleep's like getting hit by a bus. It doesn't happen often but when it does you finally get to stop dealing with life."

- Dylan Johnson

100 people polled

BY THE NUMBERS

IT'S YOUR
BIG MOMENT
FOR
OPPORTUNITIES
108 TO SPEAK UP

**WORTH THE
TIME AND
STRESS**

Public Forum debaters
lists stats and numbers
about prepping for debate
tournaments.

4-5
hours of sleep the night
before the tournament

16 fl. oz.
of coffee
per round
PEGAH MORADI, 12

Sudhamsh Tippireddy, 12
Pegah Moradi, 12



start research
2-3
weeks before tournament

17+
pages of research

40+
ballots when it's all
over
SAHANA RAMANI, 11

Kiran Girish, 11
Sahana Ramani, 11



45
minutes per
round
OPPORTUNITIES
109 chess, senior council, public
forum debate, volleyball

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TIME AND
STRESS**

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BY THE NUMBERS

TRASH *to* CASH

On Monday, Oct. 3, junior Harold Lee took leftover carnations from homecoming and succeeded in selling a few, but then started handing them out for free.

45

red and white flowers

"I thought it would be a waste to throw the flowers away, so I asked Ms. Truesdell if I could have them," Lee said.

5

flowers sold

"I started out selling flowers, but then I decided it would be more fun to just hand them out for free," Lee said.

2

hours spent after school



40

flowers given away

"I really enjoyed handing out flowers. People really seemed to enjoy them," Lee said.

\$5.50

made.

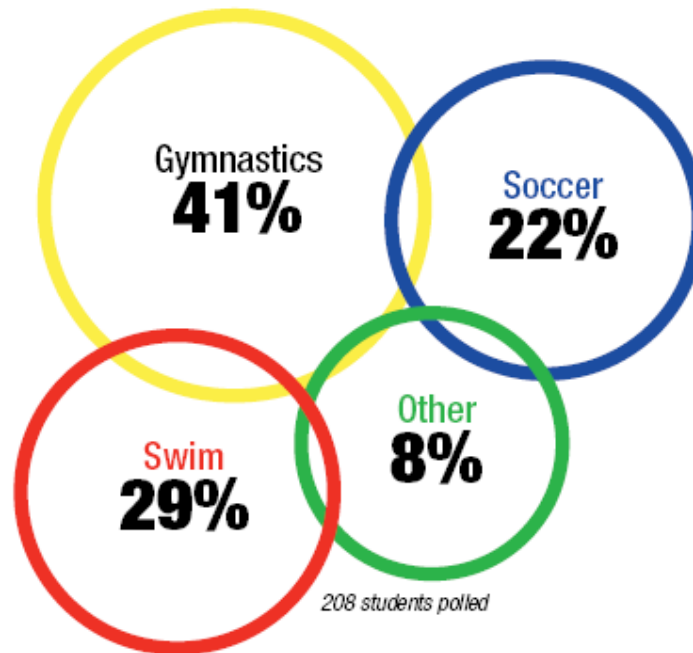
"People were willing to pay, so I told them it was a dollar per flower, and some people gave me donations," Lee said.



POLL

what's your **sport?**

popular sports to watch during the Olympics



Great stories come from great
CONVERSATIONS

Instead of an interview,
have a conversation

(or get your subject talking to someone else)

AUTOBIOGRAPHY



BREAKING POINTE

*junior Savanna Hunter shares the challenges and opportunities
she's experienced as a dancer*

"I started dancing at twelve and started training seriously in ballet at fourteen. Last summer, after performing with Ballet West at the Kennedy Center, I was invited to audition for the Ballet West summer program in Salt Lake City, Utah. I got into the program and then flew out for a month to train with the Ballet West Company, students and faculty members at the University of Utah. It was intensive; I trained for 8-9 hours a day in ballet, contemporary and pointe. We learned new variations every week and learned a piece called Pas de Quatre in our Repertoire class. During one of our rehearsals we learned a solo from

Sleeping Beauty, and our instructor was Allison DeBonda, a soloist with the company and one of my favorite dancers.

ONE DAY, I WAS DANCING BY MYSELF AND WAS DOING REALLY WELL UNTIL A SEQUENCE OF TURNS, WHEN I FELL FLAT ON MY FACE IN FRONT OF HER. I WAS EXTREMELY EMBARRASSED BUT ALLISON CONGRATULATED ME AND TOLD ME THAT IT WAS BETTER TO GO FOR IT AND FALL ON MY FACE THAN TO BE TIMID, AND THEN SHE APPLAUDED ME.

I got to take pictures with all of my teachers. It was really cool to be learning from dance "celebrities." They were very down-to-earth about being famous and they told us their stories and let us ask questions. We had an hour every week

called "Dancer Hour" where the company would invite a professional to come and talk to us. They gave us advice and told funny stories about their dance careers. Even though it was only supposed to last an hour, Dance Hour normally ended up being 2-3 hours.

On the weekends, when we had free time we would use the "train" which is the metro, and go to the zoo or the mall. One weekend, we went to the Great Salt Lake. It was disgusting. There were brine flies everywhere, the water was stinky, and when you got out of the water, you looked like a powdered doughnut. On the way back from the lake we were so tired and hungry that we made the bus driver stop at Wendy's so we could get water bottles and ice cream.

While I was in Utah, I made new friends from all over the country and we still talk and share pictures all the time. The other girl in the picture is Lina DeBianco, she's twelve and goes to my studio. We had a ton of fun rehearsing together.

Even though I've been dancing for a while I get nervous all the time, but more for auditions than performances. When I go on stage I'm more excited rather than nervous. It was an incredible opportunity for me. I loved the location, atmosphere and the people I shared it with. I'm super excited to be going back this summer, for two months this TIME," Hunter said.

50 ways to tell a story

#46 Transcript of CONVERSATION

Sisters, freshman Elizabeth Gilmer and senior Amelia Gilmer, describe their trip over the summer to Pennsylvania's Lake Gaston, where they went tubing.

IN THE SPLASH ZONE

short
STORY
LONG

ELIZABETH: I screamed. I mean, when you're on the edge of the tube, it feels like you might fall off.

AMELIA: You screamed a lot... like, a lot, a lot, and it wasn't just like "oh, I'm dying" screams.

E: Yeah, it was actually, like, roller coaster screams. I was scared, but really excited, too.

A: So was I, especially because we hadn't gone in a while and we were using a new tube. The scary part is that you have no control over the tube; we nearly hit a dock, like legitimately almost hit a ladder, too.

E: Also, if you think about it, you're going at about 20 miles per hour, so if you fall off, that you're basically being propelled into the really choppy water that fast.

A: Yeah, tubing is pretty dangerous. I had multiple battle wounds from when my toes rubbed against the side of the tube.

E: IT WAS FUNNY, THOUGH.

A: NO, IT WASN'T.

E: YES, IT WAS.

A: Whatever. Afterwards, I went on another tube with our friends Rachel, Kylee and Sam. You just left.

E: I didn't even know that you went on that special tube! I would have wanted to go if you had told me.

A: We told you!

E: No, I would've come if I had known. I was just reading in my room.

A: Well, anyway, we were basically lying down flat when we were on the tube.

E: Actually, we were sort of sitting up.

A: Yeah, and when you're on the tube, your legs tend to pop up when you hit a wave.

E: Amelia, you were, like, going in-between having your legs straight and being on your knees. And being on your knees hurts so bad.

A: And the whole time, I was like, struggling to keep my eyes open.

E: I couldn't see the motor and the cord that was attached to the tube, which kept bouncing up and down. I always used to be afraid that I would fall forward and land on the cord.

A: Me too. Sometimes it's fun to fall off but sometimes it just hurts.

E: But you can also see the waves and the white foam that goes out into them, which is nice.



Sisters, freshman Elizabeth Gilmer and senior Amelia Gilmer, describe their trip over the summer to Pennsylvania's Lake Gaston, where they went tubing.

photo courtesy of Amelia Gilmer

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A: We told you!



Transcript of CONVERSATION

DOWN THE HOBBIT HOLE

BY SVETA JAGANNATHAN

JRR Tolkien Fellowship invites students to explore
interests in the Lord of the Rings.

ALEX BOWMAN: It feels like no one's judging you. Many people who go to Tolkien club have an 'obsession' and they find their fellow fanboys and fangirls in the fellowship. They're just able to have fun and enjoy what they enjoy without being judged for it. We're all nerds at TJ. That's the truth.

LIAM NOLAN: Well, some of us are geeks.

ALEX BOWMAN: Yeah, some of us are geeks. It's just really wonderful to be able to enjoy something so much.

LIAM NOLAN: The trivia's fun but there's something with the trivia. I mean, if you're really obsessed with Lord of the Rings (cough cough Alex) you can do really well on the trivia because you know every single fact which is a little creepy.

ALEX BOWMAN: Hey! I don't know everything! Well I know almost everything.

LIAM NOLAN: Would you agree that you're mildly obsessed?

ALEX BOWMAN: You could say that, perhaps.



1. IN A HEATED ARGUMENT, freshmen Jadon Schuler and Liam Nolan make their points. In JRR Tolkien Fellowship, the fanclub for JRR Tolkien, random debates are a common sight. "It has been a great experience and I felt like I have found my 'hobbit hole'. It's a nice place to meet people who share the same interests while also having fun," Schuler said. **2. GETTING INTO CHARACTER,** senior Sam Veroneau pleads his case as seniors Jack Morris and Sammy Bennett follow on. JRR Tolkien Fellowship does choose-your-own-adventure games like this one often. "It was fun but very different from what we were expecting," Veroneau said.



ROUNDTABLE

in between the YEARS

math teachers and McLean alumni, Crissie Ricketts ('88), Beth Musick ('96) and Caroline Braswell ('04) share what life has been like at McLean throughout the years

Did you guys ever think you'd be at McLean after you graduated?

MUSICK: Yes.

Really?

MUSICK: Sadly, my life was very, very predictable.

RICKETTS: Never in a million years for me.

BRASWELL: I knew I always wanted to be a math teacher.

Has anything about the school changed since you were here?

MUSICK: Yes.

RICKETTS: Everything.

MUSICK: We were actually talking about this on the way down here about the locker situations and how it was called freshman hall and sophomore hall and junior hall and senior hall and now they're all colors, and I still don't know the colors.

RICKETTS: The whole foreign language wing didn't exist when I was here...but

then again I'm old. But yeah a lot has changed. My class put the Rock in. We bought the Rock and donated it because when I was here, and prior to when I got here, there was graffiti all over the school and so they were spending too much money taking graffiti off so we donated the Rock.

What was a major event that happened during your time at



McLean?

MUSICK: I guess the blizzard of '96 and '95' where we were out for a whole week.

RICKETTS: My senior year the Scottie Dog Costume was implemented. We all got to take turns wearing the costume. I worked for the field hockey state championship game. It was very cool because it was our first ever state championship. I wasn't on the team but I was in the dog costume doing the 'What What' cheer.

BRASWELL: I graduated at South Lakes High School. The class before us graduated at a nice place (Patriot Center). The class after us graduated at a nice place (Constitutional Hall). We got shafted.

What's been your favorite memory from McLean whether from student days or as a teacher?

BRASWELL: Well I played sports so I enjoyed that aspect... well parts of



that aspect. I played lacrosse and I did field hockey and I did gymnastics. My freshman year I did soccer instead. I did everything. I was all over the place, I really liked that for the most part. There were some not so nice occasions but the lacrosse team I especially liked!

MUSICK: For me, well, I married my high school sweetheart!

RICKETTS: I actually wanted to leave after senior year, that's why I'm surprised I came back. I never really had the 'I love McLean, I want to be at McLean thing,' but now I definitely do!

Q & A

Q & A

with
BRANDON CARRAWAY

freshman Brandon Carraway shares
info on meets and his future



Q: What do you do at meets?

A: There is a lot of waiting around, but when it actually comes time to run, we huddle as a team and get pumped up and focused.

Q: What is the most unique thing that has happened at a meet?

A: One guy was carrying a boom box on his shoulder and he and his team were having a mini dance party on the sidelines while they were waiting to run.

Q: Do you plan on continuing cross country throughout high school?

A: Yeah. Even though it's a really hard workout and sometimes I want to cry, I have a really fun time and I get in really good shape and I love running.

Q: Do you see yourself running in college?

A: Of course I'll do it in college. I can't focus on studying unless I run, so I'll definitely keep doing it.

leading the way

senior Aleah Robinson
gains confidence as
president of Interact Club

Q: What gave you the confidence to apply for Interact president?

A: Last year I decided to apply for a leadership role in Interact because I had been actively involved for three years. My experience and involvement gave me the confidence to apply and luckily I got it!

Q: Do you ever get nervous in your leadership role? What gives you the confidence to lead?

A: Yes, I get nervous being responsible for such an important club and cause. But, at the end of the day I have a really great support system from club members and that is where I gain my confidence.



Robinson and Nicole Rupprecht, 12, raise money for Stop Hunting Now. photo by Ana Lethes

WHY HAVE YOU CONTINUED RUSSIAN SCOUTS THROUGHOUT THE YEARS?

I have continued Russian Boy Scouts because it takes me back to the culture I miss. My group and I all migrated from Russia so it's the closest we ever get to being back home. We also all hang outside of camp so it's fun.

WHAT HAS BOY SCOUTS TAUGHT YOU?

Boy Scouts had of course taught me a lot of practical things such as making different types of knots, cooking water, making camp and many other survival things. Also, fundamentally I'm the oldest in my troop so I always get little kids asking me for advice. It has taught me to be patient because I have to teach them how to get by and be real scouts.

FAVORITE MEMORY?

Every year we always have this very long hike centered around a field and in the past three years we have all either gotten lost as a group or it has rained. Last year, both things happened. We were completely wet from the rain and we stopped by a stream because we were freezing and cold. We all huddled together and had to make fire. At first we weren't getting anywhere so we got axes and got the entire camp to get as much wood as possible within 150 feet. It was so much fun with everyone working together. At the end we had this gigantic pile of wood and it lasted even after 12 hours of use.

WHAT IS THE HARDEST PART OF BEING A SCOUT?

The hardest part is learning all the stuff. I have to keep up with Russian and speak it as well. We also have to learn the Russian religion and history which can be complicated at times

WHAT HONORS HAVE YOU RECEIVED?

Our system is based on badges. You go up in rank - it took me two years to get to Scout level as a non-Russian speaker.

-Sebastian Zavoico



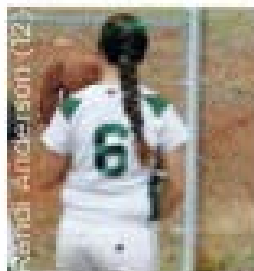
photo courtesy of Sebastian Zavoico

There's a story in the
STUFF

BEHIND THE _____

What's in a Number?

Players share the story behind their numbers

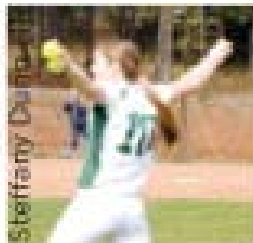


6

"My number is 6, I chose this number because 16 has always been my favorite but is not available in high school."

10

"My number is 10, this is my number because it was my sister's number when she played at Colfax."



5

"My number is 5, and to be honest I do not know why, I just liked it."



50 ways
to tell a story

#5

BREAKDOWN

SLOW AND

Take a look into Raksha
Pothapragada's study area. Photos
courtesy of R. Pothapragada

STUDY

BY KEVIN XU



1 CHAIR

"Well, it's a spinny chair. I don't know how else to explain its awesomeness. It's huge and cushiony and spinning in it is super fun. Plus, my behind doesn't hurt if I sit for too long."



2 PENCIL JAR

"I have multiple jars of pencils and usually I like to keep them organized. So I have one for colored pencils, one for sharpies and highlighters, one of pens, and one for actual pencils. I have a thing where color coding makes me really happy."



3 CABINETS

"Though when I am working I don't keep very organized, it really bothers me when things are messy. I like to organize things by type, so on my desk I have index cards labeling where stuff for certain classes goes so I know where to look for things."



4 WHITE BOARD

"I occasionally use my whiteboard to write down important dates when I know I'm going to have, what I like to call, "death week" coming up. I also like to use it to write To Do lists."



5 LAPTOP

"My laptop is my life. Basically, I can't do anything without it. It has everything in it; if it were to die, I don't think I could pass school. In all honesty, my laptop is everything."

BREAKDOWN

BY SARAH CROSSEN AND ANN MATHEW

GEARED FOR SUCCESS

Field Hockey players protect themselves in order to prevent injuries. *Photos*

by W. Ryu

WAITING FOR THE WHISTLE TO BLOW

the starting lineup gets ready. The whole team witnessed the effects of not wearing the correct protective gear. "As we learned this season, not wearing mouthguards and goggles can result in an ambulance ride and a face full of stitches," senior Raewyn Hines said.



CLEATS



GOGGLES

WHILE RUNNING DOWN THE FIELD, midfielder Sofia Kruska fights for the ball against Fairfax's starters. Kruska knows first-hand the importance of wearing protective gear, like goggles, after suffering from a

concussion half way through the year. "I actually think we should get more stuff so that kids don't get concussions because that means their whole season is over," Kruska said.



SHINGUARDS

TO RECOVER THE BALL, junior Katie Zechman hustles down the field towards the ball. Zechman especially values being in shape, and the value of her gear. "Shinguards are definitely essential to the game, because since the sticks are constantly hitting each other and the ball, are shins get hit a lot too," Zechman said.



STICK

SPRINTING DOWN THE FIELD, varsity captain, junior Maaik Blindenbach moves across the field. Blindenbach loves how field hockey combines different sports. "The stick is almost like a combination of a lacrosse stick and soccer since it's on the ground. It's definitely essential to the sport." Blindenbach said.

Show me the
MONEY!

Good journalists know that good stories can be
found when you follow the money trail.

BREAKDOWN

A YANKING PRICE TAG

A priceless trip that'll leave your wallet empty

• written by Alex Shuman
• photo taken by Audrey Tarkenton

LIVING IN CURRENT DAYS, MAKING "Taste" wardrobe tend to be filled with summer staples and one or two winter jackets. But when a Man decides to go on the Yosemite trip, they know that a pair of jeans and a sweater won't be warm enough for hiking through rocks. That means... shopping! That Assembling a Yosemite wardrobe can really add up, here's how much it cost **Kenneth Lu** (\$25) to keep warm.



San Marino HS - 2012

the tex-mex STYLE



Gabrielino HS - 2012

BY THE NUMBERS

step into the heels

Natalia Guel celebrates her quinceañera



For a majority of girls, turning 15 was just another teen birthday, but for Natalia Guel, it was anything but. Turning 15 in the Hispanic culture is a symbol of maturity and calls for a major celebration which is known as a quinceañera.

"The planning for my quinceañera took many months, and my mom and aunt helped me," said Guel.

Finding the perfect dress to wear for the day was a major component of the planning process.

"My dress was originally a wedding dress and I had to wear two corsets, but it was worth it," said Guel.

There were many quinceañera traditions to be followed.

"It is a tradition in my culture to wear flats and then switch into heels to symbolize a girl changing into a woman. Another tradition is when people give money to my dress to dance with me. We also go to the church to get a blessing from the priest," said Guel.

abby jackson and kelly collins



1. Dancing with Marcus Rivera, Guel poses for pictures before the party. This was a day to remember as many photos were taken.

2. With a girl on her back, Guel and Rivera dance to the music. The night was filled with music and laughter. 3. Sitting next to her mother in the church they listen to the scripture being read, photos courtesy of Natalia Guel.

by the
numbers

15

age of
maturity

6 a.m.

time Guel
woke up

2

number of
corsets

150

number of
guests at the
party

\$1,250

cost of
the entire
party

14

members of
the court



"The cake was great and tasted amazing. It was chocolate and had three layers, with white icing and purple hearts and designs all over it. It was almost too pretty to eat. It even had a little doll in a white dress," said Natalia Guel.

CHART

	COMPUTER GRAPHICS	AP STUDIO ART	STUDIO ART I	PHOTOGRAPHY
WHAT WE USE	Adobe Illustrator Adobe Photoshop	Cutouts from magazines/newspapers Pencil Acrylics	Pencil Charcoals Acrylics Pastels	Canon T5i Adobe Photoshop
WHY WE LIKE THE CLASS	"People don't realize the impact computer graphics has on CS. In the new mobile classes, we are meant to have vacuum tablets which we use in computer graphics." CLAIRE SCOBBS,	"I always liked to sketch in my notebooks, therefore I decided to go with more traditional media in AP Studio Art." COCO CHEN, 12	"I felt like studio art would cover a lot and I have access to computer graphics at home but in studio art there are a lot of supplies that I can't afford." ALYSSA LEE, 10	"My aunt was really into photography and offered to buy (my siblings and I) a nice DSLR camera. But I was the one to really get into it." ARIANNA CHEN, 12
SOURCES OF INSPIRATION	"I play around with shapes, large fonts, and solid colors." CHRISTOPHER KANG, 12	"I express my voice by drawing and look at others for inspiration, sometimes." COCO CHEN, 12	"Most of it really just comes from imagination." CONNOR JONES, 11	"I'm not as talented in drawing, if I want to capture the essence of it then I'll take the picture." JULIE LUO, 12

Ask the **EXPERTS**

Find the students at your school
who are in the know.

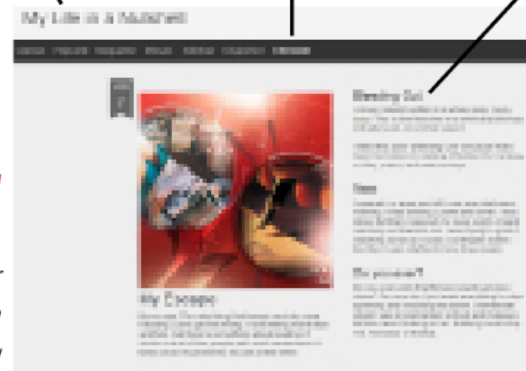
BREAKDOWN

*my life in a
nutshell
sophomore Danielle Walker
shares her passion
for blogging*

"I started a blog because I love writing. I write about my life and my different thoughts and ideas."

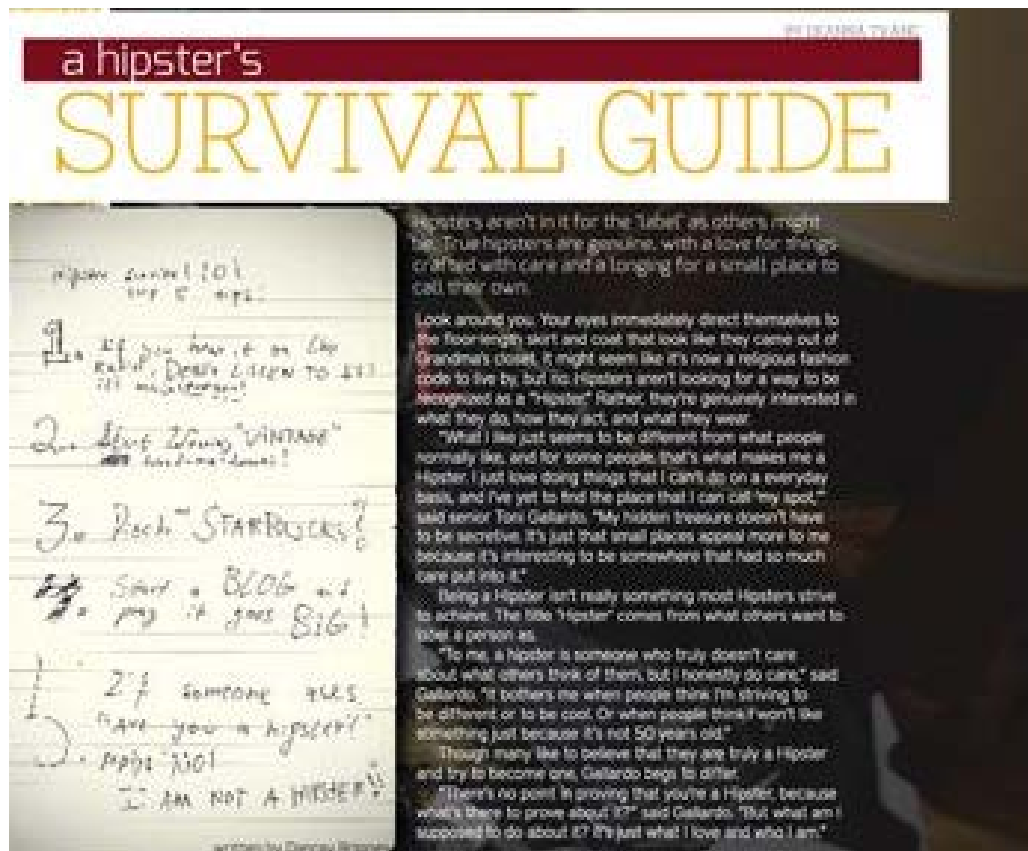
"I try to make a post a few times a month and I post it to Facebook to get more people to read it."

"Bleeding Out" is about how I feel when I write. I get to express myself by writing everything down and love having a blog to share it."



"I've always loved writing and a lot of my favorite authors have blogs. I also want to be a writer when I grow up, so this will help me get my work out there. I've been writing for a couple of months, it helps me get out what I want to say. I usually just write about whatever is on my mind at the time. My story with the most hits is the one about homecoming."

LIST



DOs & DON'Ts



PICTURE perfect

junior Ariana Carter explains the do's and don'ts of taking a great picture

DO:

- Wear make-up to accent your features
- Wear a solid color shirt
- Remove your glasses
- Smile naturally
- Arrange your hair nicely
- Be prepared

DON'T:

- Wear crazy patterned shirts
- Wear a solid colored shirt that blends in with the screen
- Look too tense and unrelaxed
- Force a smile

RECIPE

giving thanks

junior Julia Tabackman makes her grandma's traditional Thanksgiving recipe for a cranberry casserole

One

The first step is to cut the Granny Smith apples into small cubes.



Two

Then, melt a stick of butter in a pan.



Three

In a separate bowl, mix together pecans, brown sugar, oats, white sugar, nutmeg and cinnamon.



Four

Add cranberries to the mixture and then add the melted butter.



Five

In a pan, add the oat mixture to the top of the apples. Bake in a 350 degree oven for an hour.

photos by Lia Tabackman

RECIPE

2015
FREEDOM
034

Where do students
eat lunch?
**FINDING A LUNCH
SPOT ISN'T EASY**

WHERE? Outside by Trailer 36 or Gym 2
"I like to eat on the floor because it's out of the ordinary in high school and it's a freedom that only TJ kids have and it's to exercise it." **CJ WILSON, 11**



WHERE? Lounge benches
"I love to being able to just sit around the school, sit on the floor. Just one of those cool things I get to tell other people about." **CONNOR JONES, 11**



WHERE? Usually Alley or Auditor
"You can eat wherever you want and whenever you want so its more fun." **VAISHNAVI HARA, 9**

2015
FREEDOM
035



FUEL FOR FOR THE FIELD

BY ELIZABETH LUK
Indulging in a variety of food and drinks is essential to power Cross Country and Football athletes through their games and races.

FOOTBALL INGREDIENTS

DINNER:
2 big pans of **MEATBALL PASTA**
2 pans of **GARLIC BREAD**
1 pan of **SMALL MEAT PASTA**
"People generally eat **TWO PLATES OF PASTA**," **ARIANUGULI, 10**
"Football games are really **CHALLENGING** and it's good to eat a full meal beforehand." **Matt Gibbs, 12**
DESSERTS:
CUPCAKES
OATMEAL RAISIN COOKIES
CHOCOLATE CAKE
BROWNIES

CROSS COUNTRY INGREDIENTS

DINNER:
PENNE PASTA WITH CHEESE
"The pasta with just butter because I could just put cheese on it and it was really good," sophomore Nora Thompson said.
LASAGNA
SPAGHETTI WITH MEATBALLS
VEGETARIAN SPAGHETTI
"I'm vegetarian so I must go with the one without meat sauce," sophomore Caroline Cox said.
DESSERTS:
COOKIES
Chocolate chip
White chocolate chip
Fudge **BROWNIES**

TEAM-BUILDING ACTIVITIES:
MANHUNT
"It was really fun because we're all runners so its really **HARD TO CATCH PEOPLE**, and we did that until it got dark and that was pretty much it," sophomore Violet Felt said.
MOVIES
HANG OUT TIME
"It was like **AN OPPORTUNITY TO SPEND TIME WITH THE TEAM** not running," sophomore Nora Thompson said.



1. INDULGING IN PASTA AND BAKED GOODS, senior Matt Conway and senior Nora Thompson said the traditional pre-game meal before football. Conway related the food he had at the football dinner. "The pasta is good, but it's only a fair because it's just like I've eaten a lot of it so I'm kind of used to it, but it mixes well with the cookies and cake," Conway said. **Photo by E. J. Johnson**
2. AFTER FILLING THEMSELVES WITH ENOUGH PASTA, sophomores Violet Felt, Clara Connolly, Jennifer Steele, Caroline Cox, and Nora Thompson indulge in fruit and other snacks. The pasta party was at senior Chris Blagg's house and he made five different types of pasta. "I had four plates of the pasta," Thompson said. **Photo by E. J. Johnson**
3. AT THE CROSS COUNTRY PASTA PARTY, a group of Cross Country runners hang out with other team members. Besides eating, the runners also played games to let loose and get in the right frame of mind for their meet the following day. **Photo by E. J. Johnson**
4. AT ONE OF THEIR ROUTINE TEAM MEALS, sophomores Ryan Bolton enjoys the food along with the company of his teammates. The varsity football team has pasta dinners before every game. "I think it's not really about the food it's about being together and getting into the mindset and getting into the zone and prepare for the games," Bolton said. **Photo by E. J. Johnson**

EDIBLE ASSIGNMENTS



"This represents my research idea which is that **VITAMINS AND DIETARY SUPPLEMENTS**, an increased amount will cause apoptosis in cancer cells."

"This side represents the unnatural, so once you accumulate a lot of additional supplements, then that will cause **APOPTOSIS** you get from food."

"The left side represents the natural side of things or the **DIETARY NUTRIENTS** you get from food."



127 HOURS OF NETFLIX

Besides indulging in school work, students also binge watch Netflix. Match each person to their favorite show.



"What I love about Netflix is how much there is to choose from. When you're watching normal TV you're limited to only a few shows on at that time but with Netflix it's all there. It doesn't matter if I'm watching after school or if I'm watching at two in the morning I can always watch my favorite shows." **RHEA SARAI, 10**

- A. Chitra Kokkila 1. House of Cards
- B. Jake Nash 2. Burn Notice
- C. Rhea Sarai 3. Parks and Recreation

RECIPE

FOR HE FIELD

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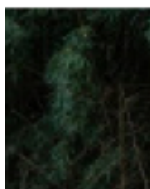
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VEGETARIAN SPAGHETTI

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Chocolate chip

White chocolate chip

Fudge **BROWNIES**

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MOVIES

HANG OUT TIME

"It was like **AN OPPORTUNITY TO SPEND TIME WITH THE TEAM**

not running," sophomore Nora Thompson said.

HOW TO

lydia 101 *a how-to for sophomore Lydia Erickson's unique hair style*

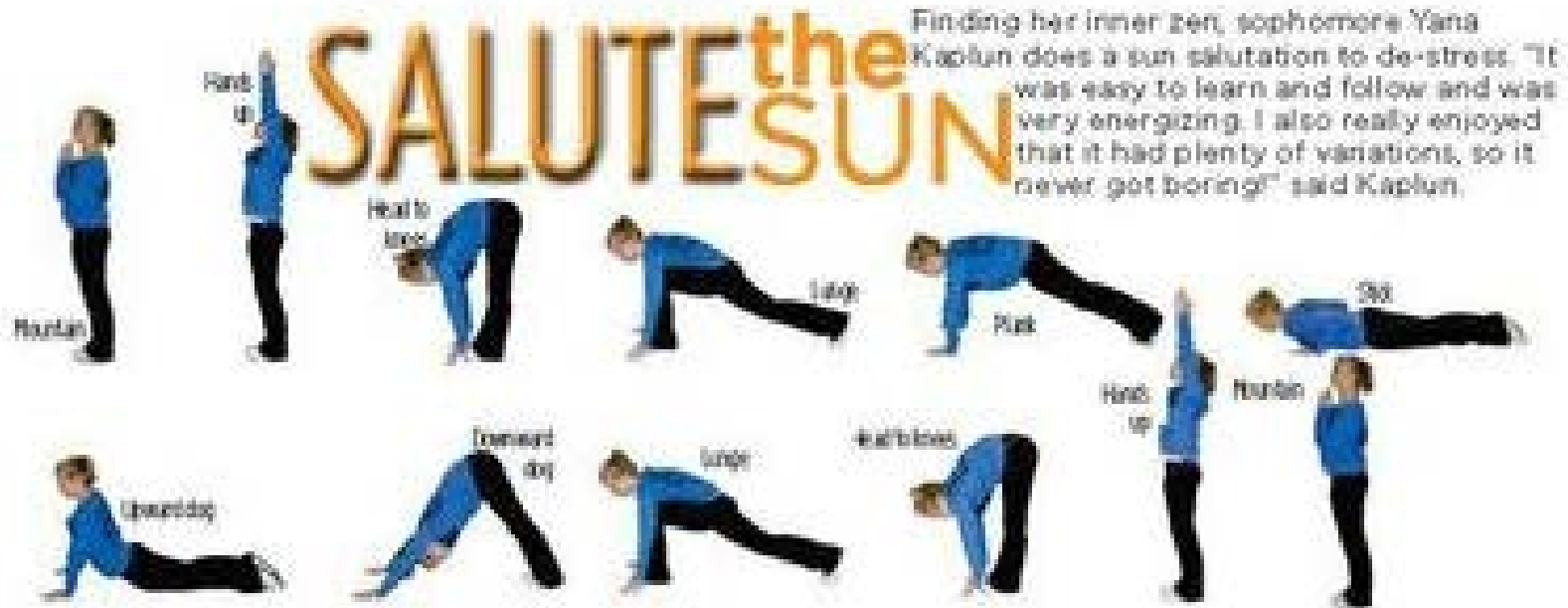
Background Info: "I've worn my hair like this since the year 2007 when I asked my mom one day to do something different than a ponytail and this is what we came up with."

1. Get **LOTS** of hairbands.
"I own 400 hairbands in total."
2. Put hairbands **0.5 INCHES** apart down the length of your ponytail.
"My mom used to take a ruler and make sure each section was exactly .5 inches long. We got it down now though so we don't need the ruler anymore."
3. Adapt your **STLYE**.
"I have 22 hairbands in my hair right now but as my hair grows I add more."
4. Have a **DAY** named after you.
"One day there was a Lydia Day at Longfellow Middle School where everyone dressed up like me. It was kind of funny because I don't go there anymore."



photo by Kacey Beckham

HOW TO



ADVICE



'The Front Page' cast give tips to putting on a successful show, from learning the lines, to rehearsals, to show time.

BE WILLING TO TRY NEW THINGS. "The biggest tip for acting is to go on stage and give it a shot. A lot of people get too shy, but let all of that go, clear your mind, go onto stage, and just give it your all," junior Jake Gonzalez said.

REALIZE YOUR LOVE FOR PERFORMANCE. "I went to a fine arts school and always did visual, dance, and music, but I never did drama because I thought drama was not my thing. I realized after this performance that it's a really great experience," junior Woorin Jang said.

MANAGE YOUR TIME WISELY. "Since I

had a minor role, I didn't have to go that often, but they usually had rehearsed three to four times each week," senior Daniel Suh said.

YOU MIGHT BE CAST WITH OPPOSITE GENDER ROLES. "I was an extremely rude newspaper man. We rehearsed the whole thing with the genders reversed, because we had a mostly female cast," sophomore Elise Holford said.

PREPARE FOR THE UNEXPECTED. "The people who owned the play emailed us at the last moment and said we couldn't change the pronouns, so we decided to do it in drag. It ended up working out and became really funny," sophomore Zara Batalvi said.

KNOW WHERE YOU'RE GOING. Common stage directions include stage left, stage right,

upstage and downstage. "In Shakespearean times, the audience was on flat ground, and the stage was angled, so towards the audience was called downstage," senior Misha Ryjik said.

TWO WORDS: PRODUCTION WEEK. "Hell week, also known as production week, is the week of the show, where all hell breaks loose. It's just really panicky, and so that's really fun," Misha Ryjik said.

AT THE END OF THE DAY, IT'S ALL TORN DOWN ANYWAY. The days following the show, the cast has Strike Day, where they tear down the set and paint over everything.

ADVICE

BETWEEN | the beats

members offer pieces of advice for auditions

"To prepare for an audition, stretch daily to really loosen up your muscles. Show enthusiasm and smile throughout the audition."

-Tessa Dean, 10



"Come to technique classes. They really let you know the basics and prepare you for auditions. Bring your confidence."

-Eleonor Zavala, 10

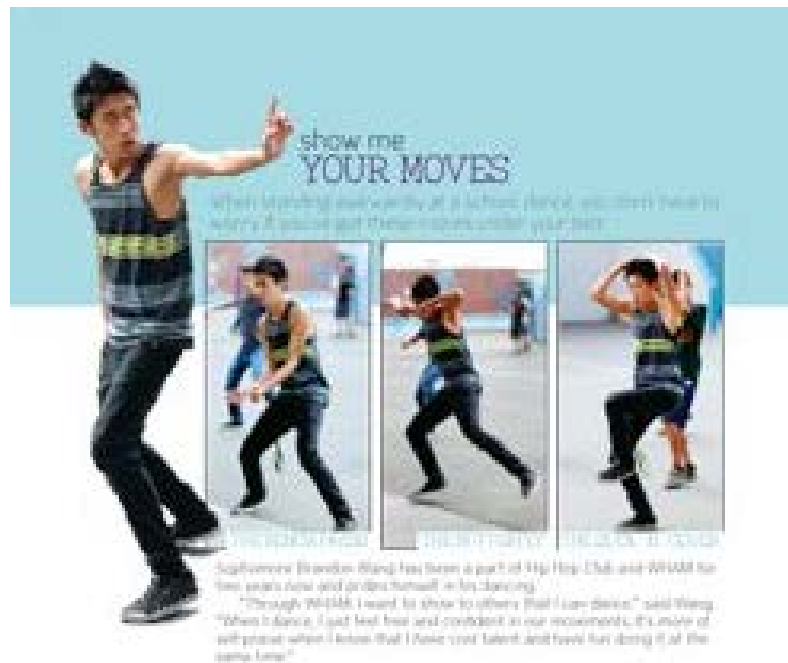


"Give it your best shot and attempt everything. With practice you can move up fast. Just show off."

-Nora Huston, 11

photos by Emily Halmi

STEP BY STEP



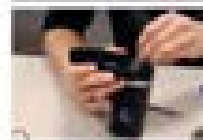
STEP BY STEP

now you know

how to make a gear box with senior
Robotics president Ryan Hannah



1. "You'll need a two millimeter Allen wrench and a 3/8 inch wrench. Not having the right tools, you'll waste time, and we don't like to waste time in Robotics."



2. "Take your STM box plastic plate and attach it to the STM motor with two screws."



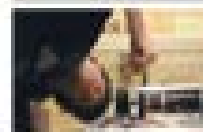
3. "Take the gear and place it in the center of the gear box."



4. "Place the metal mounting plate onto the STM box. There's grease, it's down and dirty."



5. "Insert screws into the holes and tighten them down with nuts."



6. "The last step is to mount it. Make sure everything is level, and put the bolts in. The gear box's purpose is to slow the motors down so they don't overheat or break."

Photos by Austin Barber

bromantically INVOLVE

Lillian Bradford

"IT'S ALL ABOUT THE
BRO LOVE. EVEN
JESUS HAD BROS! HE
LOVED HIS BROS!"

CHRISTIAN DAVIS



THE BROS. ARE BACK Collin Callahan, Christian Davis and Jake Naman get into "Call of Duty." Dr Pepper and Little Caesars Pizza were staples of bro nights, until Jake Naman found out about his gluten allergy. (Photo: Megan Reade)

Zombie playing. Near-death experiences. Intense Youtube browsing. All in a day's work for Collin Callahan, Christian Davis and Jake Naman. (Or is it a night's work?)

"Our bro nights are an explosion of fun," Davis said. "They vary depending on whose house we go to. But they usually involve longboarding, video games, and copious amounts of Dr Pepper. We used to stay up all night, but we've gotten old and frail. Now we're asleep by 3 or 4 a.m."

"My house is the best for movie-watching," Callahan said. "We're kind of film critics. Our two genres are horror and anything from the '80s."

Davis' smirk grew into a full-on smile as he recounted their adventures.

"We and Austin Jorritsma almost got beat up while longboarding through the ghetto," he said. "I was ready to call 9-1-1, but we escaped - narrowly."

"I was on the other side of the street, so I pretended I didn't even know them," Naman said.

"Yeah, Jake's definitely the Judas of the group," Davis said. Naman shrugged.

Back at the "man cave," they get into heavy discussions ranging from girls to the zombie apocalypse. All within the confines of "bro trust," of course.

"Bro trust is the pinnacle of our friendship," Davis said. "Basically, it's the assurance that whatever you say won't be leaked to anyone. It's only been broken three times in history. Not too bad." Callahan and Davis became best friends in eighth grade. By freshman year, Naman joined the broship, too.

"Jake and Christian have become practically brothers," Callahan said. "Well, as close to brothers as biologically possible."

"One time, we hung out for a week straight," Davis said. "Then we had a bro sabbath. You know, a break from the bros. But we haven't gone more than three days without at least texting."

"I have a feeling we'll stay friends through college," Davis said. "We have too many good times to let them all go to waste."

BROMENCLATURE

"When we saw 'Bed Intruder' on Youtube for the first time, I changed Jake's contact name in my phone to 'Antoine.' That's how it all started," Davis said.

From there, Disneyland trips, fascist dictators and caffeine-induced delirium inspired a series of unusual contact names.

"They change about once a month, now," Naman said. "There's a story behind each one."

COLLIN

BONITO MUSSOLINI
CONDO QUEEN
MS. COLLEEN CALLAHAN
YANN
THE FAT ONE
GILDEROV

JAKE

ANTOINE
ESQUIRE
BROTHER JED
BROSLEY STALIN
RICKY
TITUS
MARILYN MARROE
FRANKLIN

CHRISTIAN

BOVICE
THE INSPECTOR
BROTHER JCM
BRODOLPH HITLER
HANNIBAL
BRUDOLPH (THE RED-
NOSED REINDEER)
C-WASH
BROBI WAN KENOBI
CHRISTIAN MARIE

GLOSSARY

BROMENCLATURE

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FROM THERE, DISNEYLAND TRIPS, FASCIST DICTATORS AND CAFFEINE-INDUCED DELIRIUM INSPIRED A SERIES OF UNUSUAL CONTACT NAMES.

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JAKE

ANTOINE
SQUIRE
BROTHER JED
BROSEF STALIN
RICKY
TITUS
MARILYN MANROE
FRANKLIN

COLLIN

BRONITO MUSSOLINI
CONGO QUEEN
MS. COLLEEN CALLAHAN
VANN
THE FAT ONE
GILDEROY

CHRISTIAN

BOVICE
THE INSPECTOR
BROTHER JEM
BRODOLPH HITLER
HANNIBAL
BRUDOLPH (THE RED-
NOSED REINDEER)
G-WASH
BROBI WAN KENOBI
CHRISTIAN MARIE

GLOSSARY

Say What?

The definition behind the language in the race



Booster Strap (Noun)

\Boo•ster strap\

1. A tight elastic strap that tightens the boot to the ankle. By doing so, it increases control of the ski.



Shred the Gnar (verb)

\Shred the gnar\

1. The act of being awesome while shredding through powdery snow.



Yard Sale (Noun)

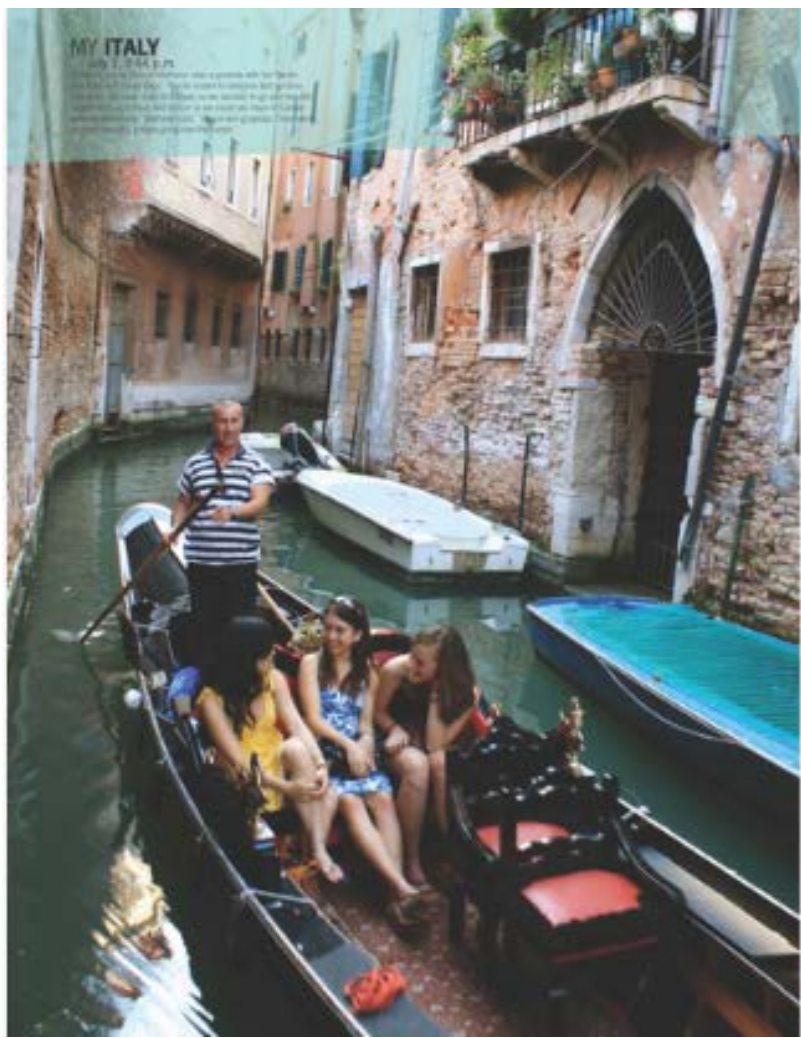
\yard sale\

1. A specific type of crash when all of the skier's equipment falls off and is laid out like a 'yard sale' on the mountain.

Stories happen
EVERYDAY

Think chronologically.

CALENDAR



MY PLACE MY SUMMER

JULY					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
31					

AUGUST					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
31					

Special events, photos, and more from the summer of 2010.

CALENDAR



**SEPTEMBER 8, 2014:
PRINCESS DAY**

"When you walk around school for an entire day in a princess dress or a onesie, you **GET A LOT OF STRANGE LOOKS**. But, then you see other people from the team looking just as ridiculous as you."

KATE EISERT, 10 Photo courtesy of S. Kruszka



OCTOBER 7, 2014: UNIFORM DAY

"Uniform day [is] our lazy [spirit day] for away games. It's not anyone's favorite but it's **EASY AND IT'S FUN** to see people in your uniform. It gets you thinking about the game while you're at school."

RAEWYN HAINES, 12 Photo courtesy of R. Haines



OCTOBER 9, 2014: PJ DAY

"I wore blue pajamas with white polar bears on them for PJ day. We have spirit days on **EVERY GAME DAY**. We have a certain theme we dress to, we take pictures, and eat bagels and fruit."

REBECCA LINNICK, 11 Photo courtesy of S. Kruszka

ALL The field hockey teams enjoyed participating in spirit days during their season.

DOLLED UP

BY SVETA JAGANNATHAN

The student body comes together to show their spirit and support McLean in the home basketball games against Langley

CLASH OF THE RIVALS

GIRLS

6:03: Varsity McLean girls enter the gym.
"Coming into the gym for the first time is really exciting. Personally, when I walk out, I feel exhilarated and get a rush of adrenaline." -Mia Lee, 12

6:10: Game starts.

6:33: Second half begins; Camila Prock makes the first point for McLean after halftime.
"I think that the beginning of the game really sets the tone for the rest of the game. No matter who scores first, it gets us all going. When I make a shot, I feel more confident." -Camila Prock, 12

6:34: Crowd starts cheering and stomping, saying "Here we go, Highlanders!"

6:52: Elena Karakazoff makes both foul shots.
"When making foul shots, it is crucial to clear your head and focus." -Elena Karakazoff, 12

6:55: McLean begins to chant "This is our house" while stomping their feet.

7:03: MCLEAN WINS, 59-45.

"We were so excited that we beat Langley and won the rotary cup. Everyone in the stands was cheering and yelling." -Elena Itinaguerra, 11

BOYS

7:14: Langley players come in; McLean fans turn their backs to them.

7:15: Fans turn back around as the McLean varsity boys come into the gym.

"Coming out of the locker room is an awesome feeling. It's fun to see how loud and crazy the crowd is." -Spencer Warner, 12

7:35: Game starts; Alex Gleisman wins tip-off.
"Winning the ball helps to increase your confidence in how you will play in the game. It's nice to start off strong." -Alex Gleisman, 12

7:48: Logan Legg makes 3-pointer; McLean leads Langley 8-5.

"There are many drills that I do in order to improve my three point shots. When playing, I saw the opportunity to shoot, and all of my practice paid off." -Logan Legg, 11

7:51: Joey Sullivan comes into the game; crowd chants his name.

8:15: "Defense" cheer.

"Throughout the game, we did all of the classic cheers, but it was definitely a lot louder this time. Everyone was really into the game." -Matt Gleismowitz, 12

8:21: Referee calls a foul against McLean; Coach O'Brien talks to ref; crowd boos.

8:46: McLean is one point behind Langley.

8:50: Game ends; Langley wins 47-50.



The student body comes together to show their spirit and support McLean in the home basketball games against Langley

short
STORY
LONG

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TIMELINE

2011 IN REVIEW

important events of 2011

January 1, 2011

1/25

START OF EGYPTIAN REVOLUTION

"I think it's important that people are standing up for their freedom and because of it, other countries, especially in the Middle East, have also been revolting against dictatorships."
-Tala Abouf, 10

2/27

"THE KING'S SPEECH" WINS THE OSCAR FOR BEST PICTURE AT THE 83RD ANNUAL ACADEMY AWARDS

"Best thing ever. The movie was so inspiring."
-Will Kemp, 10

3/14

MUSIC VIDEO OF "FRIDAY" BY REBECCA BLACK GOES VIRAL

"It's one of those songs that's catchy, but the lyrics and the singer are horrible."
-Lalith Salamiah, 11

5/2

DEATH OF OSAMA BIN LADEN

"It was such a big accomplishment for America and it made me feel safe. I was really proud."
-Denise Saab, 9

7/15

"HARRY POTTER AND THE DEATHLY HALLOWS PART II" PREMIERES

"It was the best thing ever. I'm so devastated that it's over. I was sobbing in the theater."
-Maha Malik, 10

7/25

END OF 130 DAY NFL LOCKOUT

"That was stupid. It's an American pastime so they should comply. I love football."
-Nikid Lee, 10

8/21

HURRICANE IRENE

"It was kind of anticlimatic because it was hyped up for nothing. I had a soccer game in the 'hurricane'."
-Grant Thompson, 12

9/17

OCCUPY WALL STREET BEGINS

"I thought it was obnoxious because it caused problems and they didn't think logically about how to reach their goals."
-Lauren Osuch, 10

10/31

KIM KARDASHIAN FILES FOR DIVORCE FROM KRIS HUMPHRIES

"72 days married and then divorced. What was the point?"
-Rawla Rossell Nunez, 10

2/6

GREEN BAY PACKERS WIN SUPERBOWL XLV

"I wish the Packers didn't win because they're too good of a team and overrated."
-Brian Maffei, 9

3/11

9.1 MAGNITUDE EARTHQUAKE IN JAPAN AND A SUBSEQUENT TSUNAMI

"The earthquake was devastating, but it was surprising how fast they were able to clear the roads."
-JR Balmaceda, 11

4/29

ROYAL WEDDING OF PRINCE WILLIAM AND KATE MIDDLETON

"It was so romantic and it was fun to feel like I was a part of such a big event even though England is so far away. And her dress was so beautiful."
-Sabrina Rezbicki, 9

7/1

NBA LOCKOUT BEGINS AND ENDS DEC. 8

"I'm so glad it's over. The Bulls beat the Lakers by one point on Christmas day. It's so great."
-Marcus Buraugh, 10

7/21

NASA'S SPACE SHUTTLE PROGRAM CONCLUDES WITH FINAL LANDING

"It was right before I went to NASA summer camp so I couldn't watch it, but I watched a preview and it was amazing."
-Ted Lin, 12

8/6

LONDON RIOTS BEGIN

"They were really frightening and probably foreshadows what will happen in the U.S."
-Madison Gallagher, 10

9/11

TENTH ANNIVERSARY OF 9/11

"The tenth anniversary programs on TV helped us understand the emotional impact of the attacks that we didn't quite get when we were younger."
-Yasmine Panah, 12

10/5

DEATH OF STEVE JOBS

"It was a huge loss for the technology industry because he put pressure on other companies to do better."
-Matthew Choi, 10

12/15

U.S. FORMALLY WITHDRAWS ALL TROOPS FROM IRAQ

"Obama kept his promise because he said he would do it and it'll get him re-elected."
-Aspen Spellman, 11

December 31, 2011

TIMELINE

2/27

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FOR BEST PICTURE AT THE 83RD ANNUAL
ACADEMY AWARDS**

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3/14

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-Laith Salameh, 11

5/2

DEATH OF OSAMA BIN LADEN

"It was such a big accomplishment for

-Brian Maffei, 9

3/11

**9.1 MAGNITUDE EARTHQUAKE IN
JAPAN AND A SUBSEQUENT TSUNAMI**

"The earthquake was devastating, but it was
suprising how fast they were able to clear
the roads."

-JR Balmaceda, 11

4/29

**ROYAL WEDDING OF PRINCE
WILLIAM AND KATE MIDDLETON**

"It was so romantic and it was fun to feel like
I was a part of such a big event even though
England is so far away. And her dress was so
beautiful."

-Sabrina Rozbicki, 9

TIMELINE

BREAK THROUGH with Allyson Kuhn

Like father, like daughter - senior Allyson Kuhn follows in her dad's footsteps by playing softball in college

Fastballs, change-ups, drop two balls, and curve balls are all common pitching terms. Allyson Kuhn wears as a daily lesson. Allyson has grown up with a glove on her right hand and the ball in the other. "I have played softball all my life with my dad as my coach," said Kuhn. Allyson's dad plays a major part in her life. Mr. Kuhn doubles as a father and coach. Mr. Kuhn isn't just your normal parent volunteering his time just to help his daughter, he was a star athlete as well. "My dad played baseball in college and he also played on the minor league team for the Los Angeles Dodgers," said Kuhn. Allyson has some big shoes to fill, but with the help of her family and the support they have provided over the past years, she has reached her

number one goal, which is to play in college. "I'm super excited because I feel like all of my hard work has paid off," said Kuhn. Allyson wouldn't have accomplished any of her goals if it wasn't for all the obstacles and adversity she has faced during her softball career. "The Tuscarora softball program has taught me to push myself and how to become a leader," said Kuhn. Allyson and the rest of the team have developed a strong work ethic through their many hours of conditioning and practice. The team gave Allyson the sense of becoming a family and putting differences aside to work together as a team that they will continue to pursue in her future career as an Olympic at Tuscarora College, as well as being a smart student and hard worker in the classroom.

MR. KUHNS PLAYED FOR
LOS ANGELES DODGERS
MINOR LEAGUE TEAM



PERSONAL LIFE
Age 9-11
"I liked watching my dad throw and thought it was funny when she would occasionally mess up."
- Ally Kuhn

LOUISIANA COUNTY HIGH SCHOOL
(SPRING 2010)
Age 15
"It was very difficult to play on County and the three freshmen as evenly stacked together."
- Allyson Kuhn



COMMUNITY COLLEGE OF TUSCARORA
(October 29, 2012)
"It's exciting and quite an accomplishment to see her move on to play in college because all the hard work pays off."
- Mr. Smith, softball coach
"I'm excited to see her move on to college."



SPRING 2012
Age 17
"We together when starting softball as that I wasn't going to be the best."
- Allyson Kuhn

LOUISIANA COUNTY HIGH SCHOOL
(SPRING 2012-2013)
Age 12-14
"I liked that my parents got to see me in action."
- Allyson Kuhn



TUSCARORA COLLEGE
(SPRING 2013-2014)
Age 18-19
"I've played with Ally for a long time so I was proud that all of her hard work paid off."
- Coach Mike Lafferty

Under Allyson Kuhn's family, she is a great ball hit back in the pitcher's mound.
- Mr. Smith



SCHEDULE

ASK AWAY

BY JOANNE LEE AND PATRICK TOULME

When and where did askings happen during homecoming Asking Week?

MONDAY

12 P.M. J.LOUNGE: Junior Rushi Shah asks junior Nikki Kothari.
"Friends brought me there. One of them kept me distracted while Rushi set up for the first few minutes of lunch. I was surprised at the idea, but I knew it was going to happen Monday," Kothari said.

TUESDAY

11:45 A.M. AUDLOB: Senior Raymond Yang asks senior Anna Tsutsui.
12:30 P.M. ALLEYWAY: Sophomores Chris Cao, Steven Li, Tim Cho, Sishaar Rao ask sophomores Gloria Chen, Michelle Cao, Patty Vitsupakorn and Jana El-Sayed.

WEDNESDAY

12:10 P.M. J.LOUNGE: Senior Kevin Wan asks senior Kira Becker.
2:20 P.M. OUTSIDE GYM 2: Freshman Sean Ji asks freshman Jade Wang.

THURSDAY

12:10 P.M. J.LOUNGE: Junior Eric Phan asks junior An Smith.

"My friend took me to the location of my first clue where one of Eric's friends was waiting with a **SOFTBALL THAT HAD A CLUE ON IT**. The clue led me to another softball and another, and I pretty much walked around the whole school," Smith said.

12:15 P.M. J.LOUNGE: Juniors Abhishek Karkar and Nathan Chuwait ask Annie Abraham and Sarah Kim.

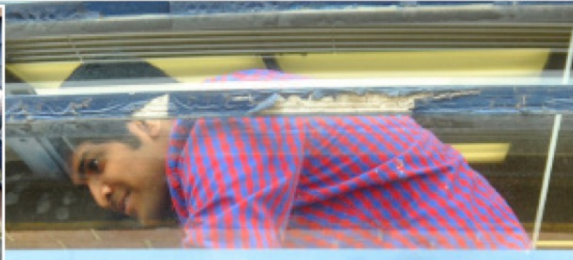
"It was **DIFFICULT** to plan because so many of my friends' askings were around the same time," Karkar said.

12:30 P.M. ALLEYWAY: Sophomore Justin Lee asks sophomore Roma Chitko.

2:10 P.M. J.LOUNGE: Senior Mustafa Bai asks senior Rebecca Clark-Callender.

FRIDAY

12:10 P.M. J.LOUNGE: Sophomore Anoop Kaira asks sophomore Pranavi Nara.
2:10 P.M. CONCESSION STAND: Senior Brandon Kim asks senior Maria Bobbett.



1. EXITING THE WINDOW: Junior Abhishek Ramakrishnan asks junior Angela Wang to homecoming. His asking was based off of a popular Life Alert commercial. "There were three windows, my friends came out of the first two windows, and I fell out the third window. My line was 'I'm falling for you and I can't get up,' and then I called her and asked for Angela Alert," Ramakrishnan said. *Photo by A. Zhao*

2. FOR HIS HOMECOMING ASKING FOR JUNIOR CHRISTINA WEI: Junior Kunal Naik performs "Singing in the Rain." Naik's asking required the help of many of his friends because Naik had a cast on his arm. "My favorite part of the asking was definitely the umbrella and the song because I wasn't expecting it and I thought it was really creative," Wei said. *Photo by W. Ryan*

HIS PROSPECTIVE DATE: Junior Andrew Huang uses "The Lion King" as the theme for his homecoming asking. Huang got a lot of friends involved in his asking to junior Thay Vi Nguyen, which incorporated music. "I had a lion mask on, and I had a friend put red paint on the forehead. 'The Circle of Life' was playing and a guy lifted me up Lion King style. Then I said, 'Will you be my lion queen?'" Huang said. *Photo by W. Ryan*



BY JOANNE LEE

QUOTE ME

Get more students in your book.

CHECKLIST



PACKING LIGHT

Colin Callahan/Megan Reade

WHAT TO TAKE TO THE JEA/NSPA
JOURNALISM CONVENTION IN SEATTLE
(APRIL 11-15) WITHOUT TIPPING THE SCALES



WINGS 2011 The yearbook staff poses with their baby ("Wings 2011") on display at the Watkins Publishing booth. "Wings" won its 46th national Pacemaker award. (Photo: Greg Wojczynski)



IF THE SHOE FITS

Pack It Four-day trip. Two girls. Ten pairs of shoes. One suitcase. \$40 round trip. "I couldn't fit everything into my carry-on," Libby Quastrom said, "so Megan Reade and I split the cost to check a bag. My clothes fit into my carry-on, but my shoes had to go in the checked suitcase. I wore every single pair of them - even three pairs in one day." So was it worth it? Absolutely. (Photo: Megan Reade)

☑ COMFORTABLE SHOES to walk around Pike's Place Market

Michael Veloz: "The first shop I saw sold flowers. I bought some, because Christian Davis needed them to ask Jillian Bradford out. I laid my eyes on some daffodils and knew they were the right ones."

☑ PAPER AND PENS to take notes during sessions

Toby Clark: "Kathy Daly's photography seminar was by far the best one. I learned about ISO, shutter speed and how to set a camera during different situations. Hopefully next year I can get better photos."

☑ MONEY AND SUNGLASSES (or an umbrella) for the harbor cruise

William Shaw: "It was 'mist-ical' on the cruise. I was on the top deck of the ship the entire time. When we got on, I thought the weather would be nice. It was sunny out. Then it started to rain. It was cold and windy. But it was worth it to see Seattle."

☑ FANCY DRESS/SUIT to wear to Sullivan's Steakhouse

Kelton Murphy: "Chandler [Stier] and I were about to put on our dresses, when we realized we had hairy legs. We didn't have time to take showers, so we started the bath, put on shorts, and shaved our legs together."

Connor Wilson: "I ordered the asparagus bisque, but I didn't know it was soup. I expected a biscuit with asparagus on the side. When I got it, my exact words were, 'There's no way I'm eating this.' It looked kind of disgusting. Luckily we had Jason [Huang] at our table. He ate all our leftover food."

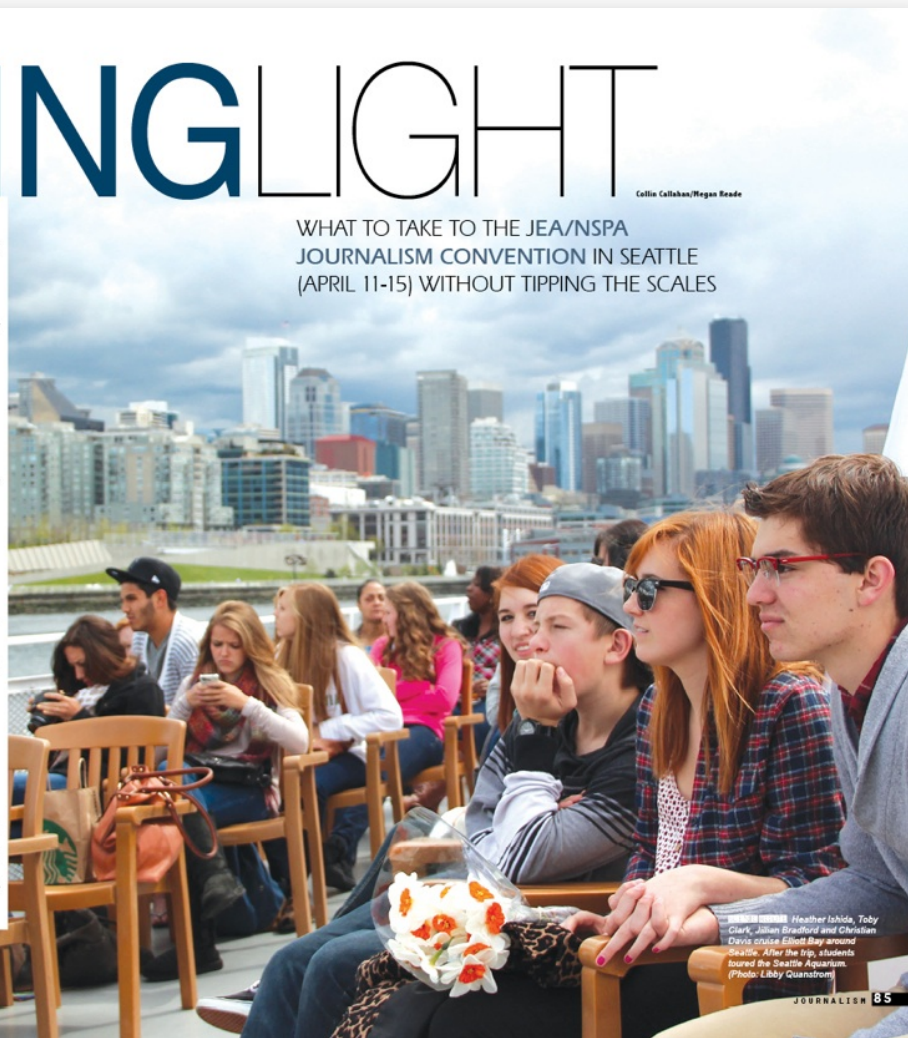
☑ CAMERA to take pictures of the EMP (Experience Music Project)

Chandler Stier: "The EMP is a big museum dedicated to music and pop culture. It looked like we'd arrived in space. The buildings were all glistening and colorful and weird."

Julia Naman: "They have guitar, piano and drum rooms where you can have a jam session. I was in one of them with Haley [Mulder], Heather [Ishida] and Chandler. They had chord charts and stuff on the walls, but we went our own way. I was beating vigorously on the drums when the stick snapped in half. I yelled, 'Run!' We got out there fast."

☑ STARBUCKS CARD to use at one of the 400+ Starbucks coffee shops

Jillian Bradford: "At the first Starbucks, Christian and I argued about who would buy my coffee. Jake [Naman] said to let Christian pay, so I agreed. Julia wanted to take a picture outside, so I went with her. When I went inside I saw 'Turn to Page 28' on my cup, and I was confused. Christian handed me daffodils and 'The Great Gatsby' and said, 'Maybe you should turn to Page 28.' I opened it, and the words 'Will you be my girlfriend?' were highlighted along the next couple of pages. I said yes and still have the flowers. They're dried on Page 28."



HEATHER ISHIDA, TOBY CLARK, JILLIAN BRADFORD AND CHRISTIAN DAVIS stroll about the rooftop terrace. After the trip, students toured the Seattle Aquarium. (Photo: Libby Quastrom)

CHECKLIST

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50 ways
to tell a story

#33

QUOTES

hit me with your
best shot varsity talks about
their favorite shot

baseline jumper

"It's the shot I'm best at.
Plus, it was the first
varsity basket I made my
sophomore year."
-John Pascoe, 12

free throw

"I like it because of all the
cheering and if you make it,
you get to hear the opposing
side go quiet."
-Milos Lesevic, 12

three-pointer

"It's my favorite
because it is a
big momentum
shifter."
-Joey Sullivan, 11



photos by Segall Majestic

How does this
COMPARE?

Give perspective & include more people.

SCALE

the good, the bad and the

IN BETWEEN

everyone has a different first day back to school

Miranda Creason, 9

"I missed the bus in the morning and got on the wrong bus going to Longfellow. Then I had to get my schedule changed."

Justin Reynolds, 10

"On the first day of school all of my teachers were surprisingly nice!"

Aceile Hammad, 9

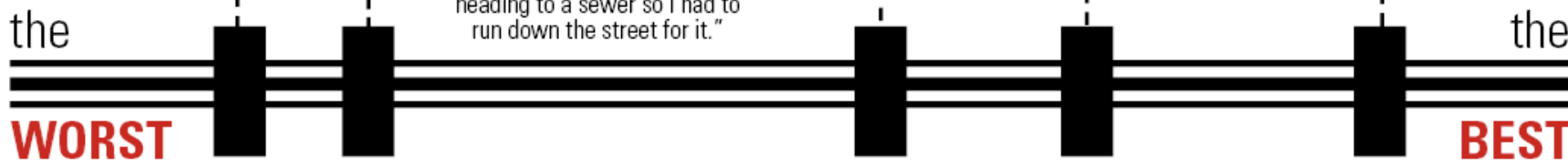
"It was raining really hard in the morning when I was walking to school. This huge stream took my shoe off my foot and it was heading to a sewer so I had to run down the street for it."

Wells Jones, 11

"I realized that all of my Red Day classes are pretty easy because they are mostly electives, so it turned out to be a lot of fun."

Stephen Clark, 10

"On the first day of school my mom brought me Chipotle for lunch. It was so delicious."



RATING

sweet thing

With colder weather students keep warm by drinking hot chocolate. On a scale of 1-5, they give their reviews.

"Starbucks hot chocolate is delicious, and you can get it 'kid temperature' so you don't burn your tongue. It deserves a score of 4."

-Connor Itani, 12



"My favorite hot chocolate comes from Greenberry's. They make it not too sweet and give it the perfect richness. I think it deserves a 5."

-Ariel Chesley, 12



"McDonald's hot chocolate is cheap and sweet, which makes it convenient. I would give it a score of 4.7."

-Nick Gray, 11



"7-11 is the best place to get hot chocolate when you're on the go. It is really milky, sweet and cheap, so I think it deserves a 4."

-James Duffield, 10



RATING

rate that gift

students rate the gifts they
received over the holidays

5

CRASH AND NIBBLES

"I got a couple of gerbils. It was pretty exciting because they're the first pets I've ever had. They're so cute, small and furry. I named them Crash and Nibbles"
-Howard Charles, 11

4

SEASONAL SOCKS

"I got an awesome pair of socks for Christmas. They were super colorful and comfy. Now, I practically never take them off"
-Sophia Abi-Najm, 10

3

BLIZZARD BOOTS

"This Christmas I got riding boots from my parents. They were cute, but I had asked for them for a while so they weren't a surprise,"
-Rita Awad, 10

2

HANDLELESS

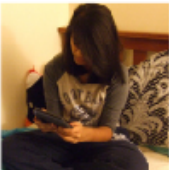







"My dad got me a puzzle. And I also got an apple peeler that doesn't work because it's missing the handle,"
-Josephine Oakley, 11

1

COCOA CRAZY

"My parents put chocolate in my stocking. I wasn't a huge fan because I hate American chocolate. British chocolate is so much better,"
-Emma Litster, 12

COMPARE / CONTRAST

with		or WITHOUT	
<p>junior Madhurika Ravichandran goes through her day with technology, in contrast to junior Anna Barratt's</p>			
<p>ANNA BARRATT</p>  <p>8 a.m. "I can't get a phone until I'm 18, but I'm glad I don't have one so that I don't have a distraction when I sleep."</p>	<p>MADHURIKKA RAVICHANDRAN</p>  <p>10 a.m. "The Kindle is so addicting. You can take it anywhere and download any book you want. It's also directly connected to my debit card so I can buy any book anytime."</p>	 <p>2 p.m. I am addicted to texting. It's the only way I get to keep in touch with friends and my phone is always with me. I would feel lost without it."</p>	<p>4 p.m. "MTV is so fun to watch! I am also in love with 'Gossip Girl', 'Vampire Diaries' and 'Modern Family.'"</p> 
<p>ANNA BARRATT</p>  <p>4 p.m. "I usually hang-out with my friends. We do crazy and fun stuff together such as planking."</p>	<p>11 a.m. "I actually love cooking. I try to cook breakfast when I wake up and still have enough time."</p> 	<p>1 p.m. "I like reading while I'm having lunch at home. It gives something to do other than watching TV."</p> 	<p>8 p.m. "During the evenings I write a lot. I love poetry and making poetry myself. Writing relaxes me and is one of my favorite pastimes."</p> 

Comparing the days of one girl who is addicted to technology, and another girl who cannot have a phone until she is 18

COMPARE/ CONTRAST

WHO CAN **JAMES CARVER** JUMP OVER?

with a personal
best of 6'4",
James Carver has
the capability to
jump over multiple
celebrities

6'4"

Michael
Phelps

6'3"

Prince
William

6'2"

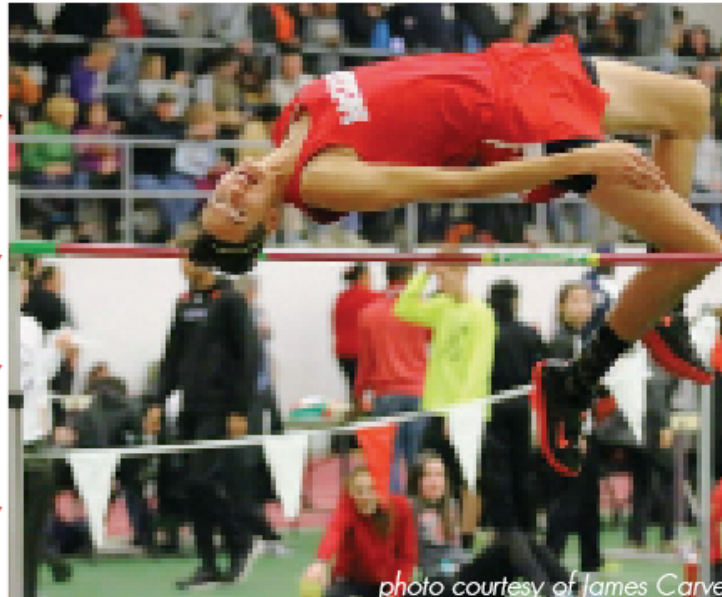
Jay-Z

6'1"

Barack
Obama

6"

Leonardo
DiCaprio



PROS & CONS

are
we
there **yet?**

*students weigh-in on the
pros and cons of bringing
versus buying lunch*



photo by Sami Lawrence

Buying Lunch:

Pros: "I don't have to wake up as early to make my lunch."

- Hayden Camp, 9

Cons: "I spend an average of seven minutes in the lunch line which reduces the amount of time I get to eat."

- Natalya Oveysi, 9

Bringing Lunch:

Pros: "The lines are really long and when I bring lunch I have more time to eat. Also, the food quality is better and I get to choose the specific things I want."

- Sophia Abi-Najm, 9

Cons: "I prefer bringing my lunch, but my backpack gets all fat from taking my lunch box to school."

- Ryan Nader, 9

what is the difference between AP English Language and Composition and AP English Literature?

WHAT'S REALLY WRITE?



Liara Ali, AP English

AP LANGUAGE

Interesting for people who
read nonfiction and read
workdiscourses. It was a
relaxation from me. Having
the opportunity to get his
Romans things as a teacher

Very discussion based
and not as many readings
in topics there were big
projects that took up time

AP LITERATURE

Pros: Maya Gibert is
awesome, the class
material is not more
interesting than Lang

Group discussions in
small classes means
you actually have to
say stuff, (there are)
40-50 pages reading
for two days

PROS

CONS

HE SAID / SHE SAID

BETWEEN rivals

students show their support for
their favorite NFL team

"I have a giant Redskins clock
in my room and a blanket. I
never miss any game
and I also always
believe that the
Redskins are
going to win.
They're also the
first team I've
ever seen play,
and they're my
hometown team."
-Steve Rhodes, 12



photo by Yasmine Panah

"I have a lot of family from
Dallas so they really influenced
me to root for them. I
also have a Cowboys
bag and I have a lot
of jerseys that I
love to wear. I
love watching
their games on
Sundays. I always
think they will win the
Super Bowl."
-Gabriella Cornejo, 9



photo by Kacey Beckham

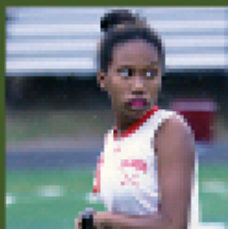
SHE SAID / SHE SAID

JV holds their **ground** players describe their positions



GOALIE

"We're all important and I contribute by being the last line of defense before the other team can score."
-Mary Carr, 9



DEFENDER

"It was my first time as defender. My teammates helped me out the whole season."
- Kayla Waysome, 10



MIDFIELDER

"Being a midfielder you have to be quick to the ball and always ready to run the length of the field"
-Elise Koehl, 10



FORWARD

"You have to score so you don't disappoint the defense. It's our responsibility to win the game"
- Shatha Salameh, 10

photos by Kacey Beckam

THURSDAY NIGHT LIGHTS

*different people in the game
share their point of view*

longest kick

"My longest kick was a 40-yarder that I did in practice. Kicking is all about leg speed and flexibility since you can kick farther if you get a full extension, make good contact and follow through to your target. It's a lot harder to kick in a game because you have 11 guys running at you and it makes it hard to focus on the kick," sophomore Matt Amons said. photo by Shari Doiron



There are three very distinct experiences to be had at a football game. Whether you're a player, fan, or coach, you all share the same hope: to get a victory. Every player on the field has to focus on their specific contribution to the team, every spectator in the stands has to cheer for the team and every coach has to train and lead their team.

COACH:

"Everyday I evaluate my players and try to put people in the right positions to best help our team. I also have a tremendous amount of trust in my players that they'll do what's asked of them to help win games," Coach Eric Stokes said.

PLAYER:

"I always feel a little pressure before games, but once I step out onto the field the adrenaline just starts pumping and I'm confident in our ability to win any game. The best feelings in a game are when you score, make a great block, or crush someone. In contrast, the worst is coming up short or knowing you let your teammates down," sophomore Tom Shue said.

SPECTATOR:

"Before a football game, I'm always really excited to go hang out with my friends and cheer for the team. When McLean's winning, the stands are always really pumped-up and it's a lot of fun to be a part of it. On the other hand, when they're down, there's a little more pressure, but that just makes everyone cheer more to pump-up the team so that they can play well and pull ahead," sophomore Grace Fabrycky said.



WHO KNOWS BEST?

who knows
RACHEL
best?



Rachel Leigh



Katie Mendenhall



Brianna Jennings

What's Rachel's
favorite food?

Tacos

Tacos

Tacos

What's Rachel's
favorite movie?

The
Proposal

Twilight

Twilight

What's Rachel's
favorite color?

Blue

Blue

Blue

FINAL COUNTDOWN

Heather Ishida/Julia Naman/Chandler Stier



LAST-MINUTE THINGS TO DO IN SPRING 2011



GET YOUR DRAWL ON FOR THE SPRING PLAY

Hairspray, accents and the colors 'blush' and 'bashful' filled the theater-in-the-round for the "Steel Magnolias" production May 18-21.

"While our stage girls were switching the sets, there were a few different songs that played in the background. We all danced backstage because we had so much nervous energy. Joanna [Sowell] had the funniest dance moves. It was good that the music was so loud because it covered up all the giggling going on! There was a song that always reminded us of flying birds, so we would flap our arms and act like birds. I'm glad the audience couldn't see that." Katie Elgersma

Joanna Sowell and Cameron Wilson try to comfort Bradlee Locke as she pushes them away. In the play, Locke's character, Shelby, suffered a seizure due to her diabetes. (Photo: Collin Callahan)

Joanna Sowell, Katie Elgersma, Haley Mueller, Bradlee Locke, Miranda Brown and Cameron Wilson pose for the camera, dressed in their costumes for the first time. The all-girl cast bonded through sleepovers, races down the mall, and practicing southern accents. (Photo: Jesse Maxwell)



Left to right: Matthew Sandoval, Chris Ishida, Ryan Reeves, Kirk Pearson, Matthew Jordan, Joel Gunn, Cody Laliberte and David Shippee lean on their canes for a snapshot before prom. (Photo: Janise Marvin)

WEAR A RAINBOW TUX TO PROM

Canes, top hats and eight color-coded senior boys added up to \$1,360 down the drain May 13.

"In order to go with my date I had to match him. David Shippee knew he was going to be in red, so I chose a black dress because I figured it matched. When we entered prom, the boys in the rainbow were in a single file line, but all of the dates had to stand behind them. They didn't let us walk in with them. Normally the guy has to match the girl, but I had to match the guy." Megan Reade



SMELL YOUR YEARBOOK

Packaged boxes, Subway sandwiches and Sharpie pens filled Eagle Park while students swarmed to get their yearbooks on distribution day May 27.

"Selling sandwiches at the yearbook distribution seemed like a good idea at the time, but it turns out that paying \$4 for each sandwich and selling two for \$3 doesn't make money. Keaton [Song]'s mom had to bail us out. Let's just say we won't be doing that again." Madi Harris

The yearbook staff takes a break from History Day to welcome the FedEx truck May 26. The staff unloaded the packed boxes containing 340 of their "babies." (Photo: Julia Naman)

Avery Poling and Robyn Barla flip through the yearbook for the first time on distribution day. Some paid an extra \$2 to get their yearbook early in Eagle Park. (Photo: Cody Laliberte)



TOSS YOUR CAP IN THE AIR

A quirky speech made by Lori Breckley, bedazzled graduation caps and special handshakes with Greg Wojczynski added a lighthearted spin to the ceremony June 10.

"They were my sixth-graders. I was taller than them at one point. I had a hard year knowing that they were going to leave me. It was a blessing to see them go from snott-nosed sixth-graders to godly young men and women. When they tossed their caps in the air, I was thinking, 'This is the end,' but the amazing thing is that I'm still in contact with them either through Facebook, phone calls or their visits to ACA. Someday, I'll be going to their weddings and baby showers. The bond doesn't end." Lori Breckley



FIND A WHITE DRESS AND A PAIR OF PLIERS

Early morning practices, white satin gloves and eight trash bags stuffed with ivy wound their way to the graduation ceremony.

"It was so hard to find a dress for Daisy Chain. I had to go to about five different stores to find a white dress that went to my knees. It took me a couple of weeks until I finally found one at Kohl's." Kim Blakeslee



Sophomore girls walk the daisy chain down the aisle during graduation. Julie Frey led the girls throughout the year with events that helped them bond with the senior girls. (Photo: Michael Veloz)

Makenzie Sonies takes a flowered decoration to the stage the morning of graduation. Senior girls helped fill the letters of 'ACA' with carnations. (Photo: Julia Naman)



The graduating class of 2011 toss their caps in the air. Each student had rehearsed a special handshake with Greg Wojczynski for a last farewell. (Photo: Michael Veloz)

Air horns, confetti and silly string fill the air as seniors scream in celebration. They had thrown their old schoolwork off the balcony to mark the last moments of high school. (Photo: Collin Callahan)



Utilize

SOCIAL MEDIA

If people are talking about it on Twitter, Facebook,
Instagram... you probably should be covering it.

TWEETS

TACTICAL TWEETS

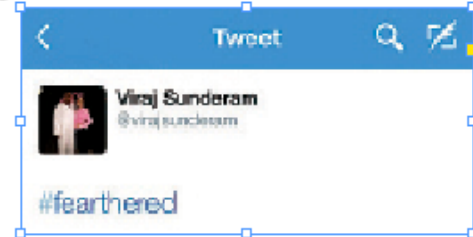
twitter users share their favorite hashtag to psych out their competition for the annual rivalry football game



"My favorite part of the rivalry week is Friday at school, and getting the band to march around the halls because it's such a classic high school experience."
-Anna Campion, 12



"I love McLean-Langley rival week because all my friends from Langley and all my friends from McLean compete to be the most spirited towards our favored schools."
-Diana Suk, 10



"The McLean vs Langley football game is my favorite game of the year because it is so much fun to see people from both schools come out and go crazy for their team."
-Viraj Sunderam, 10

TWEETS

Construction at TJ led to junior
Cheryl Mensah and senior Kayleigh
Vance to tweet their gripes.

GRUMBLE



cherizambha menstugu
@cherylmensah



Following

I AM NOT EVEN GOING TO SCHOOL I AM
GOING TO TRAILER



Kayleigh
@kayleighbvance



Following

Today's one of those days I'm really grateful
I go to a school that's essentially a muddy
trailer park. I love TJ

TWEETS

students tweet their anger about the snowstorm on Jan. 6 when there was no delay or cancellation

#closefcps

 <p>#closeFCPS 36.6K Tweets about this trend</p>	
 <p>julia lemunyon @julialemunyon</p> <p>halfway out of my neighborhood and already saw someone stuck in the snow</p> <p>1/6/15, 7:04 AM</p>	 <p>Meredith Harris @harris_wheel_</p> <p>10 emergency stops. 7 hydroplanes. And 82 minutes that I'll never forget. Good call @fcpsnews. Seriously, good call.</p> <p>1/6/15, 8:18 AM</p>
 <p>Rachael Wright @RachaelMWright 10m</p> <p>I love how all fcps students come together on snow days, I feel such a sense of unity 🤔</p> <p>👤 🗨️ ⭐</p>	 <p>Grace Davis @gdav1508</p> <p>My car is now stuck in the snow and a bus just crashed behind us. Thanks fcps</p>

50 ways
to tell a story

#12

FACEBOOK POSTS

facebook

Charles Stolze

Earthquake, hurricane, and a flood? I'm expecting a swarm of locusts sometime in the near future.

Like · Comment · September 8 at 10:21pm

Chloe Benner, Elle Marie Choi and 7 others like this.

Laini Taylor

Looks like it's street water rafting time [Maia 'Papaya' Foster](#), [Allie Meade](#) AND [Melissa Frazee](#)

Like · Comment · September 8 at 9:43pm

[Allie Meade](#) and 4 others like this.

[Allie Meade](#) be there or be square

September 8 at 9:17pm · Like · 1 person

[Melissa Frazee](#) or time to actually study for the ACT the day before I take it... maybe I'll get more than an hour in now....

September 8 at 9:44pm · Like · 4 person

Catherine Schmelter

UGH someone hacked the fcps system. guys, we do have school tomorrow. don't be the stupid one who doesn't show up. this sucks : {

Like · Comment · September 8 at 9:18pm

[Erin Rogers](#) and 4 others like this.

[Emma Michaelson](#) well jeez catherine, way to "rain on my parade"

September 8 at 9:17pm · Like · 2 people

Julian Tamayo

I love that I just got 12 people chatting me asking me if there is school tomorrow. I'm not Jack D Dale or anything...

Like · Comment · September 8 at 9:16pm

[Erica Shipley](#), [Bijan Peters](#), [Tina Anwyl](#) and 18 others like this.

[Erin Howard](#) you're the closest thing we have to him

September 8 at 9:17pm · Like · 4 people

50 ways
to tell a story

#20

INSTAGRAM

transformation Instagram users share old pictures with the hashtag #transformationtuesday **Tuesday**



claire_roberts97

● 37w



"I thought it'd be cool for my friends to see what I looked like when I was little and to see how much I've changed."

-Claire Roberts, 11
photo courtesy of Claire Roberts

12 likes



ottomatic8

● 11w



"The pictures were taken at very close spots and everything's different. I thought it was crazy how much has changed over ten years."

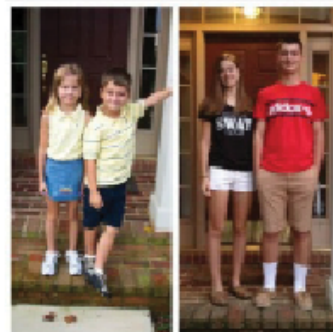
-Griffin Otto, 11
photo courtesy of Griffin Otto

49 likes



catherineoverberg12

● 1w



"It's really cool seeing how people have transformed or sometimes they haven't changed at all. I'm sure as me and my brother get even older we will continue to grow and change together."

-Catherine Overberg, 12
photo courtesy of Catherine Overberg

59 likes



INSTAGRAM

good eats

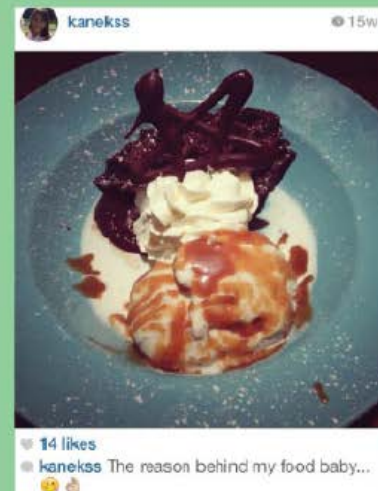
senior Kanika
Malaviya
shares her food
experiences via
Instagram



"Sushi is my favorite food and I got this Ichiban. I really liked the artsy set up of this so I decided to instagram it."



"I went to Silver Diner and got their chocolate chip pancakes. I decided to instagram it because it looked really classy for a breakfast food."



"I got ice cream for desert at Sweet Water Tavern. I was surprised it wasn't just a scoop in a cup like it is at a lot of other restaurants so I decided to share that on Instagram."

SNAPCHAT

(photoillustration)

IT'S SUMMER
BEACHES &
PARTIES
RELATIONSHIPS
078 FRIENDS

WORTH THE FRIENDSHIP

Photos courtesy of Z. Batalvi

Through snapchats, sophomore Zara Batalvi tells the story of her friendship with sophomore Joyce Tian.



"This is probably one of the only completely normal, cute pictures of us. It's all downhill from here."

"We bond through making taking extremely unphotogenic pictures way too early in the morning."



"I don't care how stupid I look around her because chances are she's acting just as stupid."



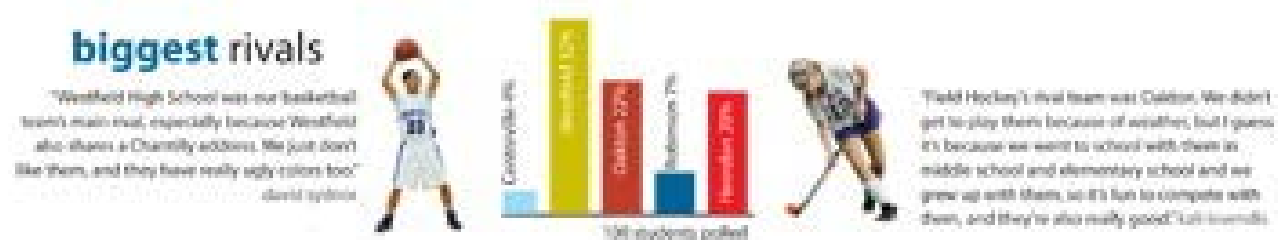
IT'S SUMMER
BEACHES &
PARTIES
RELATIONSHIPS
Best friends, photojournalism, snapchat, summer **079**

Let's get

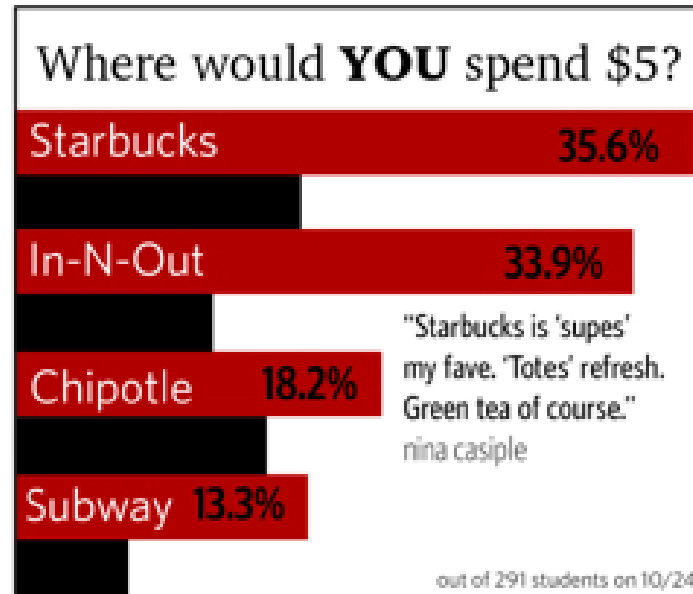
VISUAL

You are a visual storyteller.
Use graphics to communicate information.

GRAPHS



Chantilly HS - 2012



Rocklin HS YBK - 2012

GRAPHS

FASHION FORWARD

400 people were polled about
their favorite things to wear
during the fall season

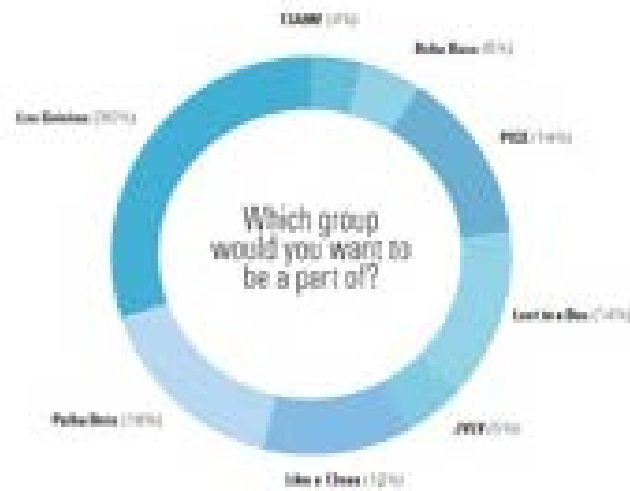
girls



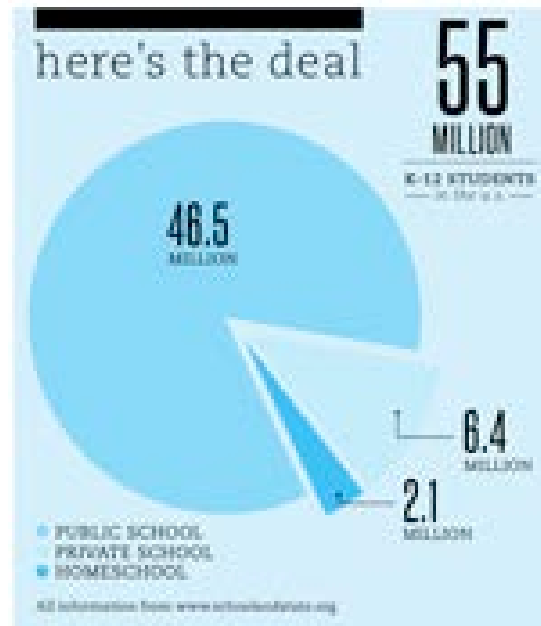
boys



GRAPHS



Gabrielino HS YBK - 2012

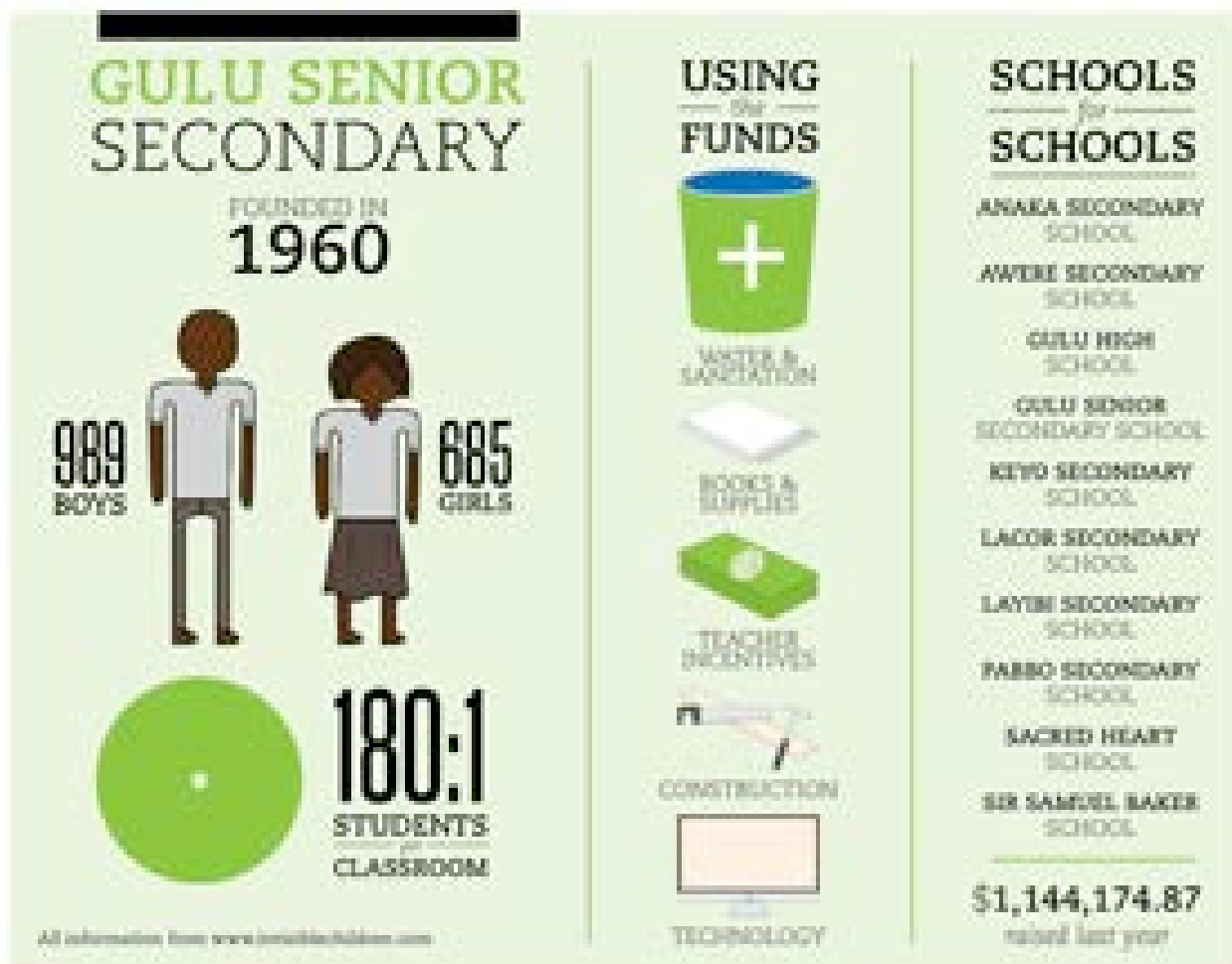


Shawnee Mission NW HS - 2012



Rowland HS - 2012

INFOGRAPHICS



INFOGRAPHICS



DREAM

"I had a dream where all of classmates were camels. Like they were replaced by camels but with the same names and everything. Just one day they were suddenly camels instead of people."

BAILEY KNIGHT, 10



"I once had a dream where I was visiting the Statue of Liberty and I got lost because the Barney & Friends theme song was playing and I was trying to find the source."

NIHAR GUDISEVA, 12

DOODLES

BY YASH MAKKENA *Photo Illustrations by A Shi*

In our sleep is when we are most free to dream, some weird dreams are detailed and illustrated.



"I went to bed and woke up in a magical land full of CareBears, rainbows, clouds, sparkles and stars. There was a roller coaster ride and all the CareBears were cartoonish and said, 'Get in the roller coaster.'"

So I got in the scary roller coaster with the CareBears. Basically we were on the roller coaster ride for a while and then we were back where we started. Finally, there was this creepy photo of a man me, but I can't hear him and it was really creepy. And then I wake up and look at the wall across from

me and the man in the photo frame is still there and he's still talking to me. Then I wake up again and I realized it was all just a dream."

SHREYA MEDEPALLI, 10

"The weirdest dream I've ever had was probably when I dreamed I was Roger Federer's pet dog and that I always used his trophies as a toilet." **RISHIT ROY, 9**



BEEN THERE & BACK

THE AVERAGE AMERICAN MOVES ABOUT 11 TIMES IN THEIR LIFE. SENIOR KARRIN BRANSON'S HOME IN SHAWNEE IS HER 14TH

BY KESIAN WHITE

As she sat in the Mid-Continent International Airport, senior Karrin Branson picked at her chipped pearl fingernail polish and awaited her departure from Kansas City to Maryland. Baltimore was a familiar sight. One she once called her home.

"My best friend lives in Maryland," Branson said with a bright smile and a touch of nostalgia. "We still talk a lot, and it's really helpful [using] Skype. I miss her a lot, but I visit her in the summers. This last move was very different from the rest. In Maryland, I had most of my closest friendships, and I had really grounded myself there, thinking we would live there until I graduated. My best friend lived across the street from me and I loved my school."

Over the years, Branson has lived in six different states and 14 houses, leaving her well acquainted with the procedures of packing and saying goodbye.

"I must admit that making friends so quickly has become pretty much an unwanted habit at this point because I have done it so much. I love to meet new people and say I have friends all over the country; but, after a while, I wish I could say: 'Oh yeah, I grew up with these people,'" Branson said. "[The hardest part is] meeting

new people in an environment where no one knows you. I had more fun with [moving] when I was younger. I have a lot of friends and I really do like Kansas, but I still miss Maryland."

Although she had to leave her best friend and her home, there were some advantages to her journey across America. "I've gotten to see the country, so that's pretty awesome. When [my dad] goes on trips, we get to go," Branson said. She has gotten to visit much of the West Coast as well as New York and Hawaii.

Branson's father worked with the United States Coast Guard for most of her life. He retired September of 2009 and now works in biometrics. In this field, he would gather a person's traits and collect them with a machine to confirm identity by fingerprinting, retina scans and DNA testing. He also worked in forensics at Fort Leavenworth. When her father retired from the Coast Guard after 21 years of service, Branson was here to stay. She was even considering attending Kansas State University. After moving roughly every 12 to 18 months to military towns in Texas, Maryland, Illinois, Oklahoma, Missouri and Kansas, her family settled in Shawnee.

"I have adapted to Shawnee. I have a

lot of friends, and I really do like Kansas, but I still miss Maryland," Branson said. "The hardest thing is meeting people and getting used to them, but it's gotten a lot better."

Branson spent her freshman year at Urbana High School in Baltimore before making her final move to Kansas her sophomore year. Every place that Branson had called home forced her to learn about the area and adjust to the culture of the community.

"When I first moved to Texas, I didn't know how strict teachers were on the whole 'ma'am' and 'sir' thing. The first week I was in school there, my English teacher called my name, and I responded with: 'Yes?' She gave me this look of disapproval," Branson said. "Then the kid in front of me turned around and said: 'You forgot to say ma'am!' I apologized and explained myself to her. So the dialect is even important during school."

Despite the many moves, the changing friendships and the upheavals of life, Branson knew that the positives outweigh the negatives.

"I'll never know what growing up with all my friends feels like," Branson said. "But most of the time I am fine with that because I have had so many cool experiences of having a dad in the Coast Guard."



2 / Scott Air Force Base, Belleville, Ill.
"We only lived here for a few months because my dad got a new assignment."

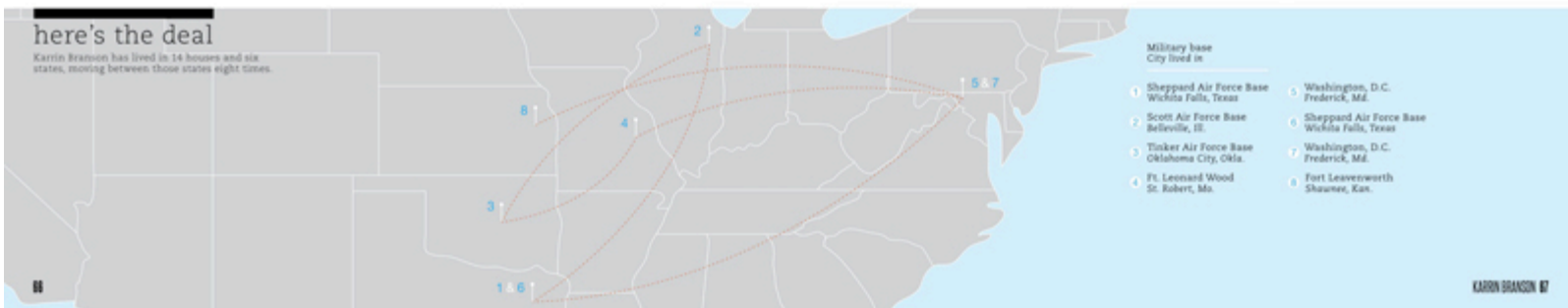
3 / Tinker Air Force Base, Oklahoma City, Okla.
"We lived there during the biggest tornado ever on May 3, 1999."

Kansas City, Mo.
"We never lived here. This is me visiting Grandma the first time I got to ride on an airplane."

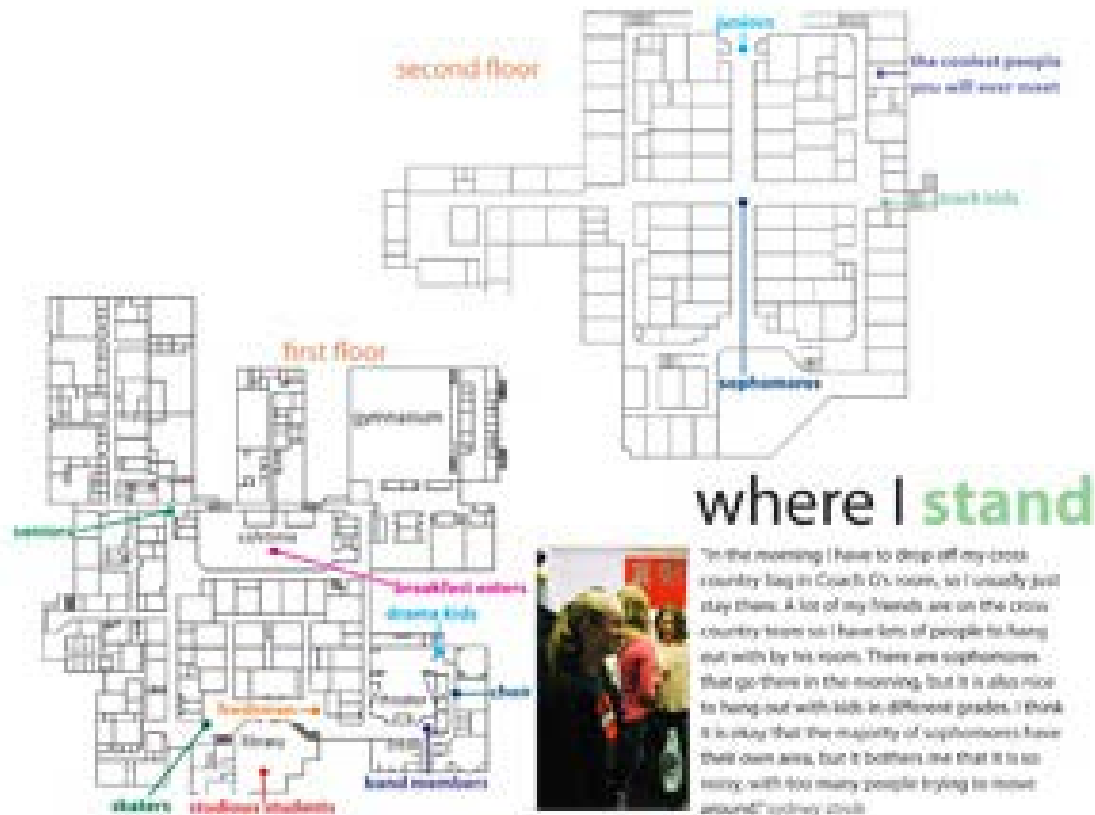
5 / Washington, D.C., Frederick, Md.
"This is our first time on the East Coast. We went to North Carolina just before we moved here and then drove to D.C."



Sitting at the kitchen counter on Dec. 17, Kimberly Branson, senior Karrin Branson, Dennis Branson, and freshman Julie Branson read a message on Facebook. "We make sure to try eating dinner together as much as possible," Karrin said. "Everyone is always in the kitchen while my mom prepares the food and we help." PHOTO BY ALIX STOLL



MAPS



MATCHING

pumpkin match

match the students to
their Halloween
jack-o-lanterns



1.C 2.A 3.B

MATCHING

ALL ABOUT THAT CASE

Can you match the sophomores to their phone cases? *Photos by P. Vitsupakorn*

BY PATTY VITSUPAKORN



A



B



C



D



E



F



1. PRATHIK NAIDU

Price of case: \$1



2. LAURA CHU

Price of case: \$5



3. SAHANA EPARI

Price of case: \$1



4. SANIA ALI

Price of case: \$10



5. NORA THOMPSON

Price of case: \$2



6. DYLAN CATHAPERMAL

Price of case: \$10

Answers: 1.D 2.A 3.E 4.F 5.B 6.C

MATCHING

MOUSTACHE

Which moustache belongs
to which faculty member?

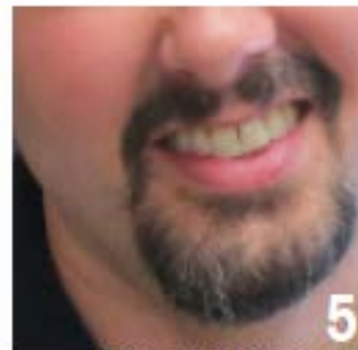
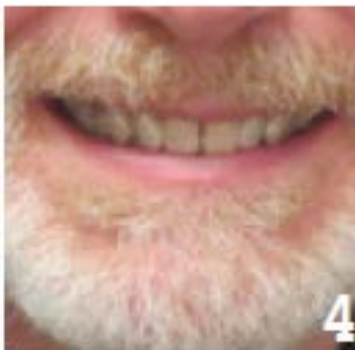
Photos by A. Li BY KEVIN XU AND DISHA JAIN

MATCH



MOUSTACHE STASH

- A. Mr. Scholla
- B. Mr. Piccione
- C. Mr. Kosek
- D. Dr. Larson
- E. Mr. Laffey



Answer: 1A 2C 3E 4D 5B

PHOTO DIARY



PHOTO DIARY

What is your
favorite thing
in the world?
Students
photograph
and
describe
objects that
they couldn't
live without.



PLAY with WORDS

Find new ways to tell familiar stories.

MAD LIBS

Junior Niel Ketkar gives insight into the preparations for the holiday performance, how it all paid off and how a \$10 plunger helped set the tone.

LET'S TAKE THE PLUNGE

I wanted to join JAZZ BAND ever since I HEARD them in middle school. I love the LAX vibe they have when they perform. For the HOLIDAY CONCERT, we auditioned and began practicing in OCTOBER. We practiced 1 TO 2 times each week for two months. The HARDEST song to play was "MAKIN' WHOOPEE." It had the WORST combination of slow tempo and long high notes. Everytime I played the song, I had to STOP and wait 5 MILLION hours for the blood in my lips to begin circulating again. TRUMPET PLAYERS utilize PLUNGERS during the holiday concert because it changes the STONE of our instruments. It is IMPORTANT to note that our plungers have never seen the TOILET.



Junior Niel Ketkar gives insight into the preparations for the holiday performance, how it all paid off and how a \$10 plunger helped set the tone.

MAD LIBS *

LET'S TAKE THE PLUNGE

I wanted to join JAZZ BAND NOUN ever since I HEARD VERB them in middle school. I love the LAX ADJECTIVE vibe they have when they perform. For the HOLIDAY CONCERT, NOUN we auditioned and began practicing in OCTOBER MONTH. We practiced 1 TO 2 NUMBER times each week for two months. The HARDEST ADJECTIVE song to play was "MAKIN' WHOOPEE." SONG TITLE It had the WORST ADJECTIVE combination of slow tempo and long high notes. Everytime I played the song, I had to STOP



STEM COMPLETION

marching band members reminisce about the past season

THE HARDEST INSTRUMENT TO PLAY IS...

"The sousaphone because it weighs almost as much as the people playing it." -Rebecca Deitch, 10

"The euphonium because its huge, like a trumpet on steroids, and we have to hold it up for really long periods of time." -Sarah Siegel, 10

"The French horn because it's really complicated and hard to play and involves a lot of technique." -Hannah Aronson, 10

THE WORST THING THAT COULD HAPPEN DURING PRACTICE IS...

"Not paying attention to the conductor and messing up."

-Alexander Yuan, 10

"Listening to the woodwinds complain about how hard marching band is when my baritone weighs 15 pounds!" -Frederick Zwirb, 10

"If someone tripped while everyone is marching backwards and causing a massive pile up of injured marchers." -Jack Sahlin, 12

THE FUNNIEST THING THAT HAPPENED THIS SEASON WAS...

"Mr. Weise had a voice crack while yelling at the trombones for not playing loud enough." -Desmond Curran, 11

"When the drum line preformed 'Cymbal Ladies' in the talent show, it was hilarious." -Michelle Ma, 10

"Definitely when a senior from last year came to a rehearsal painted green and made fun of one of the marching band teachers." -Rachel West, 11

STEM COMPLETION

WE'VE BEEN...

GRUENSTADT SENIOR BENEDICTA BARKER ABOUT THE FEELINGS HIGH SCHOOL HAS BROUGHT UPON THEM AND MOMENTS THAT HAVE CHANGED THE WAY THEY VIEW HIGH SCHOOL.
Compiled by Mike Givens

Disciplined



"ROTC has taught me to become more disciplined, to take things into my control whenever necessary, and to be the strongest version of myself."

—BENEDICTA BARKER

Uncomfortable

"I'm terrified of people, because interacting with them is more uncomfortable than it needs to be."



OVERWHELMED

"Thinking that I wanted to swim for the rest of my 2 years at Redondo, made my decision to quit Water Polo clear. I was overwhelmed with my classes and the three hour long practices, and missed the time with my friends and family."



ecstatic

"My first track meet, I was filled with so much emotion, I was ecstatic. I wanted to jump up and down, cry, and punch a wall at the same time."



overjoyed

"Staying up all night, hours in the library, and all of my effort was finally paid off with an A when I got an A on the AP Chemistry practice exam. My dedication was worth the joy I felt as Mrs. Dillard handed back our scores, I did it!"



triumphant

"A freshman on varsity? I couldn't believe it. My first tryout for swim team and I had made varsity. I knew that it was going to be hard work, but the triumph I had overrode any other doubts."



UNCERTAIN

"Struggling with Honors English last year led me to be uncertain about taking AP English. I ended up taking AP English and I love it. English is now one of my strongest subjects and overall one of my favorites."



C
172

Clubs Theater-YuGi-Oh

12 words
that describe
DRAMA



Kaitlin McDowell

"I really enjoyed my part because I got to interact with Robin Hood (Jason Hughes) a lot. The toughest part of the role was maneuvering in the dress and how dramatic I had to be. But I was important because I betrayed Robin. Overall, I really enjoyed the show and the dramatic part I got to play."

hayley davis, Princess of Kirkkiss

"I didn't really know my role at first but eventually I learned it. I didn't really like wearing the black cape because whenever I walked I stepped on it. I actually liked talking in a British accent. When I realized that my character was important, I started to like it, mostly because my character was a traitor to Robin."

maddie felgentreff, Princess of Kirkkiss

Front: Belle Maakoul, Landon Shaffer, Brandon Wallberg, Michael Carpenter, Carlos Hernandez, Sydney Stephens, Alex Crossland, Kendall Chambers, Warren Cain, David Kelly. 2nd: Jordan Mata, Jason Hughes, Alex Jacobson, Logan Mays, Olivia Lawrence, Spencer Peterson, Hayley Davis, Anna Walsh, Teddy Flanagan, Maddie Felgentreff, Tyler Leung, Monica Hanke, Tucker Gandy, Dani Brockberger, Neil Brinckerhoff, Austin Dudley. 3rd: Alexandria Schaller, Whitney Davis, Kayce Tynan, Natalie Pina, Rachael Lowen, Lauren Russo, Abby Babin, Alex Cahill, Taylor Riles, Natalie Pina, Stephanie Obrowski. Back: Garrett Bank, Haley Bellamy, Melissa Sartain, Danielle Eslinger, Alexis Biber, Maddie Lowell, Alison Meagher, Caitlin Bagnell, Dan Keane, Carly Dore, Lauren Janewsky, Amy Lowell, Baylee Hall, Kyle Mebus, Michelle Wengler, Savannah Harrison, Naomi Tewodros, Winona Vigil, Taylor Bosch.

"Watching Garrett Bank and Tara Giri was funny because they're both really small and they worked perfectly together." Alexandria Schaller

Fall Play Sherwood



Front: Danielle Eslinger, Kayleigh Williams, Kaitlin Hershey, Natalie Magik, Lauren Russo. 2nd: Kayce Tynan, Dani Keane, Anna Walsh, Naomi Tewodros, Kaitlin McDowell, Hayley Davis, Michelle Wengler, Ashley Brown, Kyle Mebus, Kyle Madi, Hannah Kelley, Dani Perez, Jade Cahill. 3rd: Kianna Hudgens, Alexis Biber, Melissa Richards, Amanda Pether, Olivia Lawrence, Sean Dum, Spencer Peterson, Andre Tolley, Winona Vigil, Maggie Herlocker, Daniela Prassl, Monica Hanke. Back: Chelsea Spirit, Jason Hughes, Kayla Elliot, Teddy Flanagan, Josh Madison, Daniel Bennett, Neil Brinckerhoff, Declan Hertel, Colin Chambers, Stuart Bushnager, Tyler Leung, Amir Gennini.

Fall Play Nottingham



Front: Danielle Eslinger, Kayleigh Williams, Madi Crossland, Sam Bank, Lauren Russo. 2nd: Bailey Watika, Dani Keane, Callie Walters, Naomi Tewodros, Ali Monopoli, Maddie Felgentreff, Michelle Wengler, Savannah Harrison, Kyle Mebus, Dani Perez, Jade Cahill. 3rd: Kianna Hudgens, Alexis Biber, Melissa Richards, Ashley Cochran, Melissa Sartain, Garrett Bank, David Kelly, Alex Crossland, Dani Brockberger, Winona Vigil, Daniela Pina, Monica Hanke. Back: Chelsea Spirit, Sean Dum, Kayla Elliot, Jordan Mata, Josh Madison, Daniel Bennett, Logan Mays, Colin Chambers, Brandon Wallberg, David Cannon, Amir Gennini.

Winter Musical Opening



Yoga Club



Front: Angela Rabe, Delaney Cummings, Nick Dahlia, Ty Modd, Ellie Lyle, Tucker Gandy, Brooke Sutton, Briley Haskins, Brandon Wallberg, Zach Dahlia. 2nd: Maddy Lyle, Janessa Lutz, Jennie Lyle, Lane Butler, Matt Steiner, Ariana Salazar, Brylie Sorenson, Jenna Green, Gema Androski. 3rd: Levi DeChryse, Eddie Lyle, Ian Mackall, Riley Rosenberg, Isaah Dastie, Eddie Vega, Justin Edgecomb, Julie Schwarzkopf, Antonia Grieco. 4th: Caelia Kim, Elizabeth Bezman, Haley Sorenson, Brianna Moore, Abby Brown, Whitney Davis, Chaeleah Gardner, Stephanie Diffeender, Erin Hopkins. Back: Aloha Michael, Kaitlyn Lopez, Adriana Pflaff, Cass McLaughlin, Ian Farnes, and Scott Walsh.

What we're all about
"Austin Benny and I did aerobic yoga to demonstrate to the other members. Austin held me up and I fell on him. No one wanted to do that pose anymore."

zach dahlia



Unite to Fight World Hunger



Front: Mr. Paul Warner, Maddie Lowell, Michelle Tan. 2nd: Ryan Cornik, Taylor Hedblad, Warren Cain, Jeremy Banks, Connor Hershey, Mia Ellsley. 3rd: Fabia Oliveira, Melanie Mabry, Lizzy Rainey, Zach Dahlia, Sarah Davis, Julia Hitt, Delany Choi. Back: Kaitlyn Clark, Julia Hall, Jenna Green, Audrey Harper, Sam Hall, Annie Ellis, Rachel Kim, Kaitlyn McKibben, Shelby Sanders.

Yu-Gi-Oh



Front: Michael Kosinski, Danny Oiler, Brandon Boli, Kelly Gruber, Matt Oiler. Back: Sean Bowers, Jacob Watson, Nick Armstrong, Aristotle Aman.

"We meet every Wednesday during lunch, talk about rules, trade cards, and duel in the corners of the classroom at the end."

danny oiler

Winter Musical Closing



Front: Belle Maakoul, Landon Shaffer, Brandon Wallberg, Michael Carpenter, Tyler Leung, Carlos Hernandez, Sydney Stephens, Alex Crossland, Kendall Chambers, Teddy Flanagan. 2nd: Spencer Peterson, Jordan Mata, Alex Jacobson, Kristina Dixon, Jason Hughes, Logan Mays, Sam Bank, Garrett Bank, Tara Giri, Madi Crossland, David Kelly, Bailey Watika, Warren Cain, Natalie Magik, Neil Brinckerhoff, Austin Dudley. 3rd: Alexandria Schaller, Whitney Davis, Kayce Tynan, Natalie Pina, Rachael Lowen, Lauren Russo, Abby Alexander, Jade Cahill, Taylor Riles, Natalie Pina, Stephanie Obrowski. Back: Tucker Gandy, Haley Bellamy, Melissa Richards, Melissa Sartain, Danielle Eslinger, Alexis Biber, Maddie Lowell, Alison Meagher, Caitlin Bagnell, Dan Keane, Carly Dore, Lauren Janewsky, Amy Lowell, Baylee Hall, Kyle Mebus, Michelle Wengler, Savannah Harrison, Naomi Tewodros, Winona Vigil, Taylor Bosch, Maddie Felgentreff.

"My favorite song from the musical Grease was 'We Are Together.' I really enjoy dancing so I thought this musical was really exciting."

alison meagher

50 ways
to tell a story

#49

WORD ASSOCIATION

12 words
that describe
DRAMA



"Expressive"
kaitlin modevitt

"Enlightening"
david kelly

"Superb"
garrett bark

"Illusion"
amie ginns

"Ridiculous"
jessie holler

"Absurd"
mimi copley

"Mean Girls"
olivia murray

"Annoying"
collin chambers

"Pathetic"
amanda sculman

"Chaotic"
dominique

jake

Make it **INTERACTIVE**

Give your readers more reasons
to stay on the page.

MATCHING

wacky weird
traits match the person to their
quirky actions

- | | |
|--|---------------------------|
| 1. "Sometimes when I'm bored in class
I connect the moles on my arm
with a pen." | A. Patricia de Guzman, 10 |
| 2. "I color code my fruit snacks , line
them up and count them. I have to
eat them so they are even." | B. Sade Bowers, 12 |
| 3. "I alphabetize my apps on my
phone." | C. Siri Fredriksen, 9 |
| 4. "I raise my eyebrows every
time I try to emphasize something
consciously and subconsciously." | D. Bora Zaloshnja, 9 |
| 5. "I like to peel grapes with
my teeth ." | E. Harris Singh, 11 |

1 C, 2 D, 3 A, 4 E, 5 B

QUIZ



BATHROOM OPTIONS

BY KANVI SHAH
Photos by A. Lockett

It's the middle of class and you need to use the bathroom. What do you do?

Option

A **USE A PORT-O-POTTY**
"It's actually pretty sanitary for what it's given. Everyone's so scared of it that it's actually pretty clean."
TONY BAEK, 12

Option

B **WALK INTO THE BUILDING**
"I use the one at school because port-potties don't have sinks"
AUDREY FIFER, 12

Option

C **HOLD IT IN**
"The smell [in port-o-potties] is so pugent I cannot stand it."
JACK FANG, 12

QUIZ

Which Hunger Games character are you most like? Take this quiz and find out

1. What is your best skill?

- A. Designing would be my best skill and the thing I love most because I can funnel all my emotions into it.
- B. I'm pretty good with a knife, but I'm also very fit and strong.
- C. I'm good with a knife, but if I have a bow and arrow in my hand, then you had better watch out.
- D. I'm great with camouflage, but I can also use a knife.

2. What do you do in your spare time?

- A. Design clothes and outfits.
- B. Keep in touch with nature.
- C. Spend time with friends and family and see if anyone needs help with anything.
- D. Get creative and start decorating and painting things.

3. What do you do when at a party?

- A. Go around sampling all the food and mingle with people that have high reputations.
- B. Stay close to the people I know and trust.
- C. Stay on my own where I don't have to talk to anyone.
- D. Walk around slowly taking everything in.

4. How do you relax?

- A. Creating and designing clothing.
- B. Spending time in nature.
- C. Spending time with family.
- D. Baking and decorating.

5. What would you do if you were drawn out of the reaping ball?

- A. The odds are completely in my favor, so I would never be drawn out.
- B. Silently walk up to the stage and wish that I had spent more time with my family.
- C. Tremble with fear but somehow make it up onto the stage.
- D. I would slowly walk up onto the stage and try desperately not to cry.

Mostly A's: Effie Trinket

"I think Effie and I are both very girly and fashionable. I am happy with my result."
-Cristina Martinez, 10

Mostly B's: Gale Hawthorne

"Like Gale, I have a strong sense of what's right, and I stand up for others."
-Syed Kamal, 12

Mostly C's: Katniss Everdeen

"I am happy with my result because Katniss is my favorite character."
-Devika Shankardass, 12

Mostly D's: Peeta Mellark

"I'd like being Peeta in real life, he's always overlooked but is the real hero."
-Debby Daniel, 11

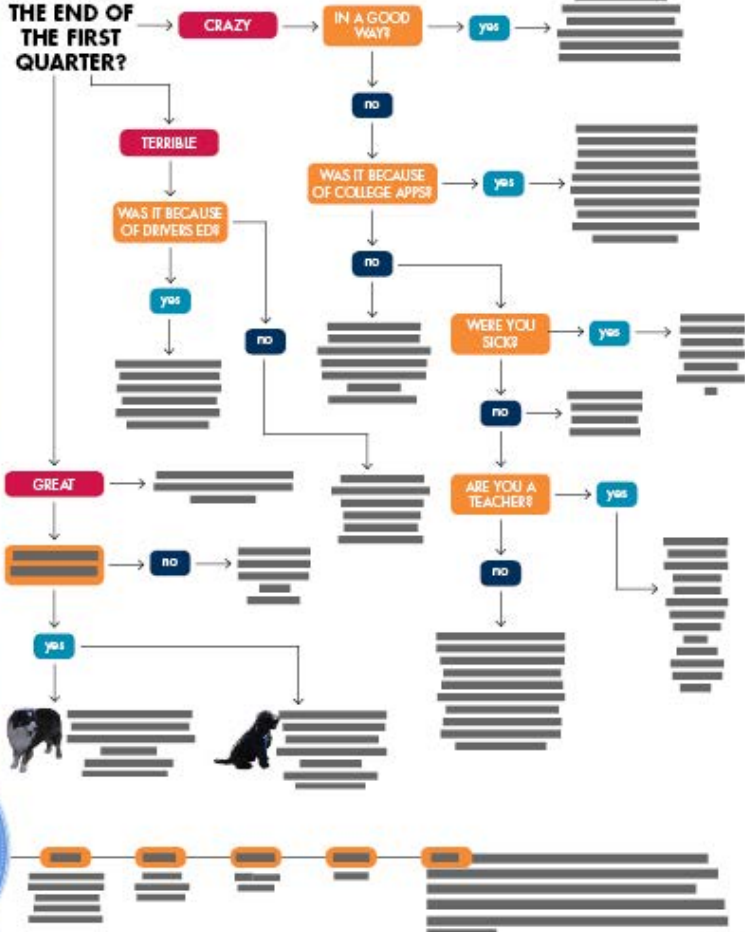


THIS or THAT



58

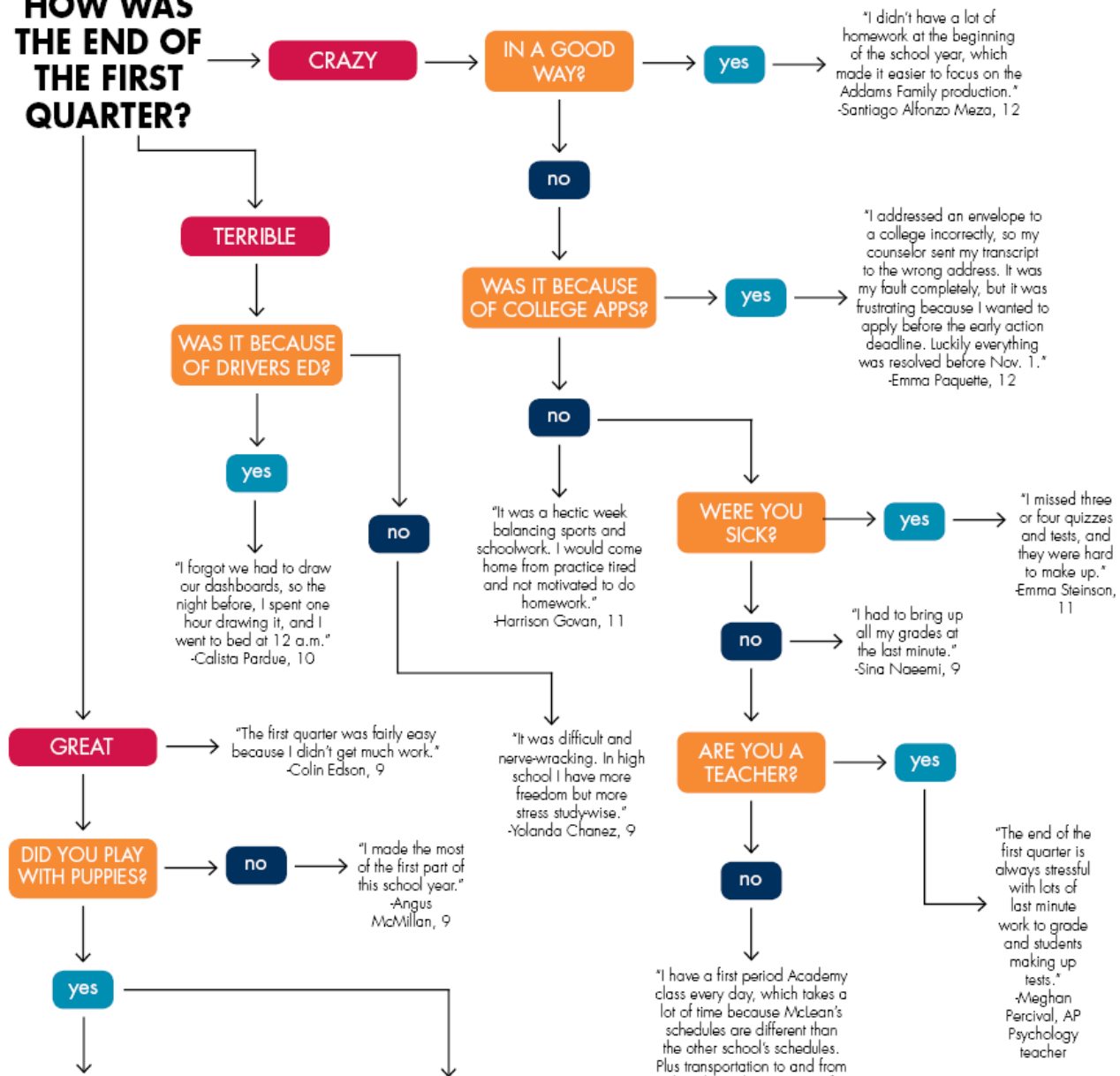
HOW WAS
THE END OF
THE FIRST
QUARTER?



59

THIS or THAT

HOW WAS
THE END OF
THE FIRST
QUARTER?



Put it all together for **MOD MANIA**

Quick reads are fun, pack a lot of info
and get more people in your book.

MOD MANIA

OFF TO THE PROMISED LAND

BY DEEPSHIKA
DHANASEKAR

At the pep rallies,
sophomores finally show off
their new spirit cheers.

Photos by W. Ryu and A. Zhao



WHO: Kirubel Akilu.
WHAT: Moses parting the Red Sea, Spirit Stick, Remote
WHEN: Homecoming Week 2014.
WHERE: Gym 1, Sophomore Bleachers.
WHY: "One of my friends found this video of a cheer done by a high school and thought it would be cool to try it. He showed our President, sophomore Laura Chu, and she thought it was great. Everything just took off from there. It was really fun to see our entire class come together, and pitch in ideas," Akilu said.

MOD MANIA

LONG STORY short

We're not like any other school, that's for sure. We freak out over basting Langley... at anything. We figure out shortcuts to get through crowded halls and to the trailers, we're obsessed with our mascot and he kit and we've pretty much got an opinion about everything.

WE PROTECT THIS HOUSE fans, Angus and athletes defend our turf

play the game

"IT'S AWESOME TO HAVE A MASCOT THAT WEARS A SKIRT."
-ELLIE DUVALL, 12

McLean-isms

WORD _____

AMIGO _____

JANX/JANX-TY _____

OOH KILL 'EM _____

I am a **Highlander** what does it mean to be a Highlander?

OUTGOING _____

PRIDE _____

SUCCESSFUL _____

LOVE _____

UNPREDICTABLE _____

OF THE 400 POLLED...

36% think **JAY-Z & BEYONCE** should name their next child **BEY-Z**

59% WANNA LET MILEY BE MILEY

41% DON'T AGREE

20% spent more than 3 HOURS on SOCIAL MEDIA per night

272 people get 5-7 HOURS of SLEEP a night

#BEAT LANGLEY is the most popular hashtag for 180 people

was 122 people's fave emoji, but was a close second

"BLURRED LINES" was the worst song of 2013, according to 227 people

55% of people do not know how to TWERK

academic trivia

take the quiz on academics and check your answers on the scantron

1. What percent of seniors didn't have a first period?
2. What percent of sophomores took AP World?
3. How many juniors took a foreign language class?
4. What percent of freshmen participated in the science fair?
5. Which was the largest grade?

give me the money cheer holds car wash?

With her hands in the air, senior Ellie Duval invites passers-by to the JV and varsity cheer car wash at the Sunoco gas station on August 25, with senior Kiarstan Gills and junior Jack Saunders. The cheer team held the car wash to raise money for new uniforms and football goodie bags. "Our car washes are usually a huge success and they are the biggest fund-raising activity we do as a team. We work hard to earn money, but at the same time we bond as a team," Duval said.

district division

64% MCLEAN 36% FAILS CHURCH

"My bus driver is really nice and always greets me despite the early hour. It's nice that he's so cheerful when no one wants to be awake."
-Allison Meakem, 10

best buddies barbecue Best Buddy members celebrate the first home football game together

trailer to trig with 10 trailers most students had to head outside for at least one of their classes

"It's so annoying how the doors are constantly locked, because it's hard to get in."

"The trailers suck when it's pouring rain outside because my hair gets frizzy."

"The trailers are sweet because the teacher can control the cooling and heating ventilation."

Shannon Belcher, 11

Adam Jebell, 11

MOD MANIA

GET YOUR PRIORITIES IN ORDER

with their busy schedules, students strive to make time for what's important to them

dress for success

junior Isabel Zapata explains why she chooses to dress up for school



"STICKING TO MY PRINCIPLES ABOUT BEING A VEGETARIAN IS MORE IMPORTANT TO ME THAN GETTING A BIG MAC IN THE DRIVE THRU. BUT NOT THE FRIES."

-NARDOS IYOB, 12



PIERCING PRINCESS

senior Marjan Wagner works 20 to 30 hours a week to save money

"I PLAY BASKETBALL EVERY DAY WITH A REGIMENT OF WEIGHT-LIFTING."

-JALAL KHAN, 9

caffeine crazy

how do you take your coffee?



"I TRY TO KEEP GOD IN MY LIFE EVERY DAY."

-ZACH GLENN, 12



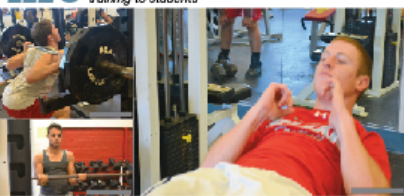
play ball

fit for life

personal fitness brings strength training to students

"IT'S NICE BECAUSE IT ALLOWS ME TO DO THINGS AT SCHOOL THAT I WOULD HAVE TO GO TO A NORMAL GYM TO DO ON MY OWN TIME."

-JOEY SULLIVAN, 12



graduation and beyond

seniors share their priorities for after graduation

Seniors share their priorities for after graduation. The list includes various career and education goals.

good eats

senior Kavika Manera shares her food inspirations via Instagram



of the 200 PEOPLE POLLED...

88 people work on HOMEWORK as SOON as they get HOME

6% go to WORK at a PART-TIME JOB

after the 7th period bell rings 29% go to a SPORTS practice

21% SLEEP after school

solve the case

students share why their phone case suits them



four by four

- CHARACTER
- LEADERSHIP
- SERVICE
- SCHOLARSHIP

50 ways
to tell a story

THANK YOU!

Want to share some of these ideas with your staff?

Yearbookbesties.com