

# 50 ways to tell a story

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# 50 ways to tell a story

*Want to share some of these ideas with your staff?*

**Yearbookbesties.com**



# 50 ways to tell a story

1. 5Ws (*who, what, when, where, why*)
2. Advice
3. Autobiography
4. Behind the \_\_\_\_\_
5. Breakdown
6. By the Numbers
7. Calendar
8. Chart
9. Checklist
10. Compare / Contrast
11. Dos and Don'ts
12. Facebook Posts
13. Fact box
14. Favorites
15. Glossary
16. Graph
17. He Said / She said
18. How to
19. Infographic
20. Instagram
21. List
22. Mad Libs
23. Map
24. Matching
25. Minute by Minute
26. Multiple Perspectives
27. Photo Diary
28. Polls
29. Profile
30. Pros and Cons
31. Q & A
32. Quiz
33. Quotes
34. Rating
35. Recipe
36. Roundtable
37. Scale
38. Schedule
39. Snap Chat
40. Stats
41. Stem Completion
42. Step by Step
43. This or That
44. Timeline
45. Top 10 (*or 5 or 7....*)
46. Transcript of Conversation
47. Tweet
48. Who Knows Best
49. Word Association
50. Mod Mania



# 50 ways to tell a story

What **STORIES** do you want / need to tell?  
*(note: a story is not the same as a "topic")*

What **INFORMATION** can you get?

Do you have good **CANDID PHOTOS**?  
*(Even if the yearbook staff didn't get pictures, is it possible that someone took some with their own cameras or on their phone? Will they share?)*

ALL stories are made better with great candid photos.

Can we incorporate **STUDENT VOICES**?



# getting ORGANIZED

## - SPREAD PLANNERS

### spread PLANNER

team \_\_\_\_\_

deadline \_\_\_\_

page #s \_\_\_\_

must cover \_\_\_\_\_

### methods for COVERAGE

look to magazines and our inspiration folders for design ideas for mods.  
**NO REPEATS** - if you already have a quote mod on one of your spreads this deadline, you can't have another. Get creative!

#### QUIZZES

Did You Know?  
Can You Match...?  
Can You Remember?  
Game Shows  
True/False  
Self Appraisals  
Fill in the Blanks  
Multiple Choice

#### INFOGRAPHICS

Charts  
Tables  
Ratings  
Diagrams/Piecharts  
Maps  
Timelines  
Calendars  
Breakdowns

#### PERSONAL NARRATIVES

Quotes  
Q & A  
Transcript of Conversation  
Tweets  
First Person Story

#### LISTS

Glossaries  
Checklists  
By the Numbers  
Dos/Don'ts  
Hot/Not  
Top Ten (or Five or ...)  
How To's  
Pros/Cons  
Fact v. Fiction  
Tips  
Schedules  
Days of the Week  
Where to Go For ...  
Step by Step Guide  
Favorites

list secondary topics & method of coverage

#### GOT IT COVERED?

What are all the things that are happening this week? Make sure to cover student life and academics as well as sports and clubs. **WRITE THE NAME OF THE TEAM MEMBERS WHO WILL BE COVERING EACH EVENT** - all team members must contribute to your coverage week.

Monday Tuesday Wednesday Thursday Friday Sat. & Sun.

#### ISO RAIL

This is our space for theme-related coverage. Make sure whatever goes in here tells a **STORY** - an anecdote!

#### STUDENT LIFE

#### CLUBS

#### ACADEMICS

#### SPORTS

Must cover practices as well as games.

list names of people quoted or pictured

#### GUYS

#### GIRLS

9

10

11

12



# getting **INSPIRED**



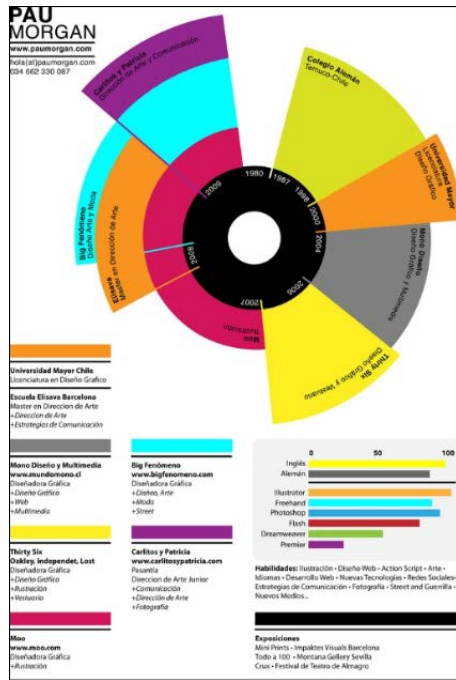
## **methods for COVERAGE**

*look to magazines and our inspiration folders for design ideas for mods.*

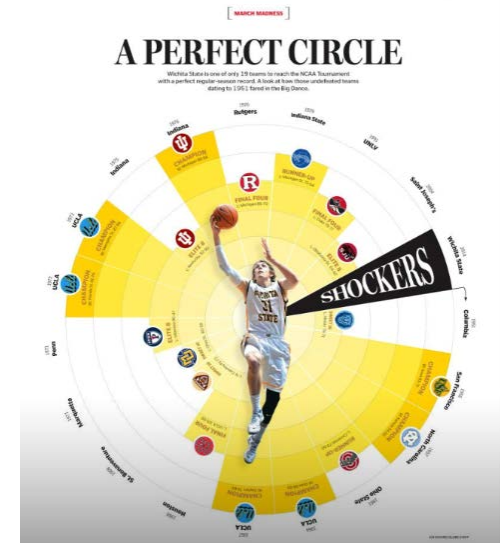
*NO REPEATS – if you already have a quote mod on one of your spreads this deadline, you can't have another. Get creative!*



# getting INSPIRED



CLIO Awards website - 2014



Boston Globe - 2014

Online portfolio – Pau Morgan -- 2014



# getting INSPIRED





# Just the FACTS

You're journalists. You document the year.



# 5Ws (who, what, when, where, why)

## I now pronounce you

junior Nardos lyob details her online ordination

**Who:** Reverend Nardos lyob

**What:** I have my certification of ordination, which means that I can perform marriages, preside over funerals, christen babies, and start my own church, and it's all official and legally-recognized.

**When:** November 21, 2011

**Where:** Once I decided to get ordained, I went on Google to find [ministryoflife.com](http://ministryoflife.com), the same website Conan O'Brien used to get ordained.

**Why:** I just woke up and thought I'd get ordained. Why not?





# 5Ws (who, what, when, where, why)

## food for fighters

*Red Cross Club thanks  
firefighters for their  
service*



*Nick Gray, 12, Gen Glista, 12, William Kemp, 12, Marc Hays, 12*

**WHO:** Red Cross Club

**WHAT:** Club members gave speeches and brought baked goods. The event was organized by club president, senior Liz Kazarian, who sent out emails and used the Facebook group to organize the meet up. About 25 club members attended and each member brought food.

**WHEN:** Sept. 11

**WHERE:** McLean Firehouse

**WHY:** To give back to the firefighters and honor their service; "I liked this because not everyone knew each other but through the club, and wanting to help the firefighters, we all became friends," Kazarian said.



# FACT BOX

9 things you **didn't know** about Principal Ellen Reilly

she started work as a teacher at Mantua Elementary.

8 she is a sign language interpreter.

7 she studied at North Carolina State and George Mason University.

6 she goes to the White House Correspondents Dinner every year

5 she is working on her doctorate from VT.

4 she has a dog named Joy.

3 has signed for George Clooney and Barack Obama.

2 won the "Teacher of the Year" Award at Falls Church High School.

1



# FACT BOX



LILLIAN VEST

I have 30 pairs of shoes.

I have six dogs, a cat and a leopard gecko.

My favorite store is Urban Outfitters.

My iPhone is like a child to me.

I love the color purple!

My favorite musical is Sweeney Todd.

I consider myself to be a Democrat.

I'd like to be a psychologist someday.

I lived in Florida for two years.

My favorite restaurant in town is Tropical Smoothie.

My favorite book series is the Mortal Instruments series.

I live with my two dads, so LGBT awareness is something important to me.



Jessica Waggoner Garcia  
Jesse Williams  
Jazmine Williams  
Jenna Webb  
Carter Webb  
Adrian Weir  
Jenna Weir  
  
Tara Whelan  
Hannah Whelan  
Katie Whelan  
Jenna Whelan  
Hannah Whelan  
Matthew Whelan  
Samuel Ward  
  
Tara Warren  
Shane Watson  
Eric Watson  
Laura Watson  
Evan Watson  
Elizabeth Watson  
Bella Watson  
  
Joshua Weaver  
Alexander Webb  
Katherine Webb  
Cody Webb  
Erik Webb  
Sage Webb  
Kara Webb  
  
Joshua Wiley  
Jack Wilson  
Sara Wilson  
Cora Wilson  
Eli Wilson  
Madison Wilson  
Mia Wilson  
  
Walter Wilson  
Jack Wolf  
Tara Wolf  
Jack Wolf  
Loren Wolf  
Joseph Wolfe  
Madison Wolfe  
  
Sara Wolf  
Brianna Wolf  
Brandon Wolf  
Ashley Wolf  
Zachary Wolf  
Chandler Wolf  
Kevin Wolf

not pictured:

Daniel Anderson  
Paul Bishop  
Bryan Bradford  
Christopher Clark  
Kathy Collins  
Preston Dyer  
  
Jessica Foster  
Zachary Fultz  
Liam Gannon  
Christopher Hargrove  
Matthew Hargrove  
Sarah Elizabeth Lee  
  
Mikhael  
Sean Korman  
Zoe Korman  
Joshua Korman  
Cora Korman  
Matthew Korman  
  
Jordan Rhodes  
Rachel Rhodes  
Mikhael Rhodes  
Katie Rhodes  
Bryce Rhodes  
Patty Rhodes



# FAVORITES



## love at first STRIDE

SENIOR ATHLETE  
ACCIDENTLY DISCOVERS  
PASSION FOR RUNNING

**HURRA! BATTLE** is a great at North Henderson, since Sean Rapp is up a hill toward the finish line. "I've never been so excited because I only have myself to rely on to do well in a race," Rapp said. "It's such a relief, I can't blame anyone else. All of the training I've done because I wanted to achieve it. It's the nature of the beast, as it were, because the runner doesn't have to work and push himself during practice."

**SEAN RAPP CHOSE THE BEND** line in the stadium at North Henderson High School. The crowd of parents and other spectators roared as he leaned over to catch his breath in exhaustion from his two-mile run in the last August heat. As a seventh-grader at Rapp's Middle School, Rapp had just won the very first cross-country meet he had ever competed in.

"I started running as a joke," Rapp said. "My friend wanted me to do it because they didn't have enough people to run. That's what everyone at my first meet."

As unexpected as it was, Rapp had discovered his passion. Running became an outlet that allowed him to release his stress and emotions. "I felt that I needed to make running my main priority instead of playing football or doing anything else," he said. "It was a relief, more than anything, I felt like I needed to take my natural ability and improve on it more now."

After his senior season on the cross-country and track teams, Rapp planned to attend an elite college. "I definitely want a scholarship, and I think I'm going to get one. I just don't know where yet," he said. "One school I'm looking at is Montana College, Mum Hill and Lewis-Clark — just small

schools. They have asked me to come out and visit multiple times. I know I'll get there."

Through his high school career, Rapp has developed a drive for success. "Of course I don't like losing," he said every day and having to make up and restart the next day, but with anything that you do in life you have to work it up through the pain to get the success," Rapp said. "It's not great to be the best. There's no point in being anything else."

As a team captain, Rapp is used to being a leader. At a Montana College race, he was closing in on a third and sixth place when he realized his teammate was right behind him.

"I made it a priority to motivate him," Rapp said. "I told him not to talk, but only to listen, and do everything I said. It continued on to tell him to stay right away and not to speed up or slow down unless I did. He ran what was arguably the best race of his high school career."

When running, Rapp lets his mind take control over his body.

"Success is not defined as being first, success is giving it everything you have every step of the way and never giving up," he said.

— SARAH WOOD

## before the MEET



- PRE-RACE PREPARATION**  
Practicing ultimate frisbee
- FAVORITE TIME TO RUN**  
4 a.m.
- FAVORITE FOOD TO EAT BEFORE A RACE**  
Capeknot
- FAVORITE BRAND OF SHOES**  
Nike
- SUPERSTITIONS**  
Sleep in uniform shorts the night before a race
- PERSONAL RECORDS**  
5 mile: 6:49 minutes, two miles: 10:30 minutes, 3K: 17:20 minutes
- MEET EXPERIENCE**  
Running in a competitive race in his senior year
- FAST FACT**  
To prepare for a race, Sean Rapp throws a frisbee to simulate a race. Practicing ultimate frisbee with his team before a meet was a tradition for the cross-country team. "Frisbee is a way to get your muscles warmed up without getting you too tired," Rapp said. "It's something you're going to push your hardest." (Photo by Sarah Wood)

Megan Case  
Sebastian Castellanos  
Amy Carlisle  
Charles Cleveland  
Brittany Childers

Isaac Christopher  
Andrew Clark  
T.C. Cook  
Brittany Crane  
Jacob Covino

Jonathan Green  
Suzie Gable  
Brooklyn Dean  
Aaren Delfink  
Anna Decker



Kayla Dickinson  
Bryanna Dickinson  
Andrea Dineen  
Jenna Dubicki  
Andy Duncan

South Duffinger  
Quinn Dural  
Will Dwyer  
Drew Edwards  
Savanna Edwards

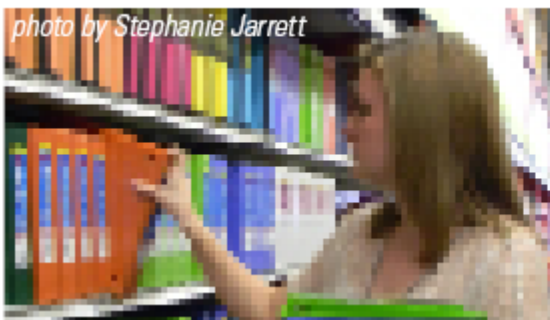
Josh English  
Juli Fazio  
Brittany Faltbaum  
Rachel Farmer  
James Fennimore

30 OF STAND PROUD  
SENIORS CASE TO FENNIMORE

31  
"I volunteer at the animal shelter because I'm looking forward to a higher expectation. It's something different."



photo by Stephanie Jarrett



Armed with her school supply list, senior Leah Buchman took on Staples on Sept. 7. "School supply shopping is so stressful because if you go within the first few days of school, it's pure chaos and really frustrating when they run out of items," Buchman said.

## **TOOLS** of the trade

Senior Leah Buchman  
shares her back-to-school  
shopping list

- |                                   |                   |
|-----------------------------------|-------------------|
| 1) 4, 1.5 inch binders            | 5) Pencils        |
| 2) Dividers & College Ruled Paper | 6) Highlighters   |
| 3) TI-84 Calculator               | 7) Pencil Case    |
| 4) Post-It Notes                  | 8) Plastic folder |



# STATS

## MATT HOBBY AND THE RALLY FOUNDATION BY THE NUMBERS





# STATS

## sleeping beauty

how many hours of beauty sleep  
does each grade get on average?

freshmen

**6.9**

"We have a lot more work this year than we did in middle school so I don't end up getting as much sleep."

- Gwen Gagne

sophomores

**6.1**

"I usually don't get enough sleep because I have a lot to do and sleep is never my first priority."

- Christine Nassar

juniors

**6.2**

"There is so much homework in junior year that I only able to get around six hours of sleep a night."

- Brian Henderson

seniors

**5.9**

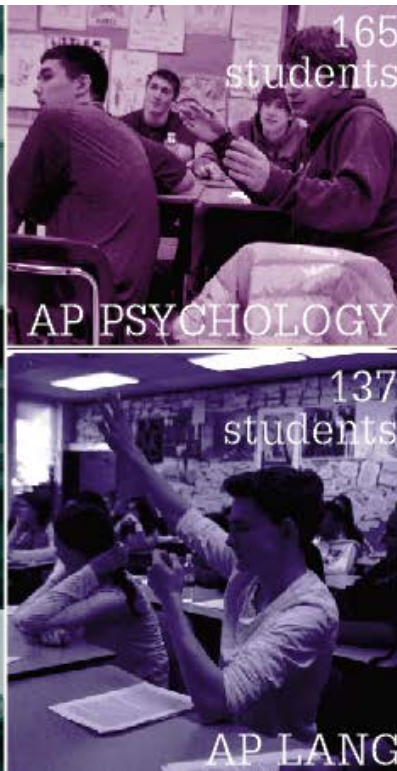
"Sleep's like getting hit by a bus. It doesn't happen often but when it does you finally get to stop dealing with life."

- Dylan Johnson

*100 people polled*



# STATS & QUOTE



## *ap* **mania**

*check out the top  
three AP's juniors take*

"All three of those APs warrant a lot of work but the work is actually interesting. They teach you about many things that you can apply in your everyday life."

-Mark Martinkov, 11

*photos by Ana Garvin*



# BY THE NUMBERS

## National Merit Finalists by the numbers

The breakdown of who makes up the Top  
10% in the country on the 2011 PSAT

**1.5 MILLION**

juniors took the  
PSAT in  
October 2011

**16,000**

semifinalists  
in the country

**229**

semifinalists in  
Fairfax  
County

**8,300**

scholarships  
available

**11**

finalists from McLean

Taylor Brown  
Shannon Chen  
Maia Foster  
Josh Higbee  
Annemieke Janssen  
Vivek Kunnath  
Lewis Millholland  
Madelyn Paquette  
Polina Tamarina  
Nivetha Vijayakumar  
Cedric Whitney



# BY THE NUMBERS

## TRASH *to* CASH

On Monday, Oct. 3, junior Harold Lee took leftover carnations from homecoming and succeeded in selling a few, but then started handing them out for free.

45

red and white flowers

"I thought it would be a waste to throw the flowers away, so I asked Ms. Truesdell if I could have them," Lee said.

5

flowers sold

"I started out selling flowers, but then I decided it would be more fun to just hand them out for free," Lee said.

2

hours spent after school



40

flowers given away

"I really enjoyed handing out flowers. People really seemed to enjoy them," Lee said.

\$5.50

made.

"People were willing to pay, so I told them it was a dollar per flower, and some people gave me donations," Lee said.





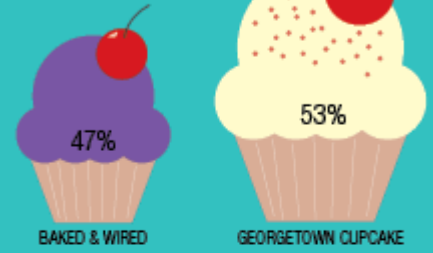
50 ways  
to tell a story

#28

# POLLS

juniors  
*200 juniors polled*

## FAVORITE place to get CUPCAKES



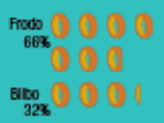
## favorite TV HORROR show



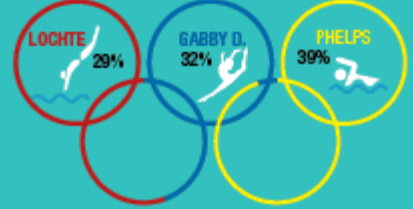
## SMARTPHONE showdown



## one RING bearer to rule them ALL



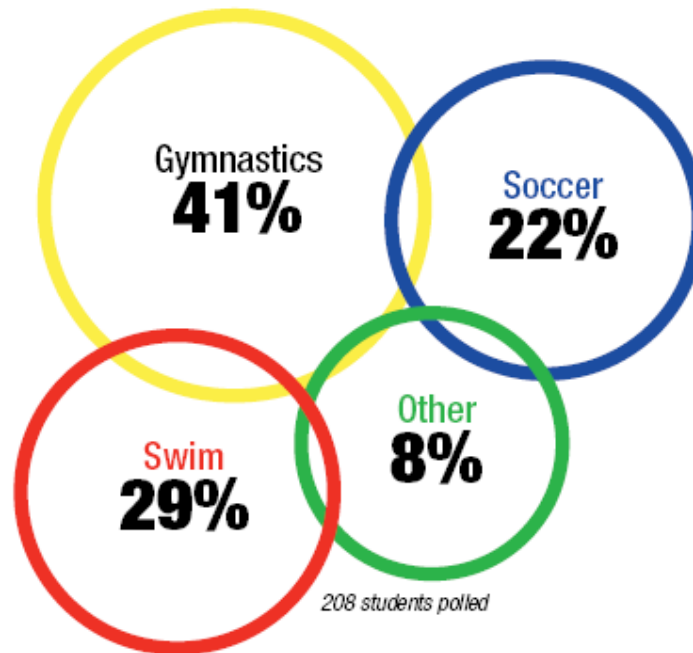
## CHOOSE an olympian





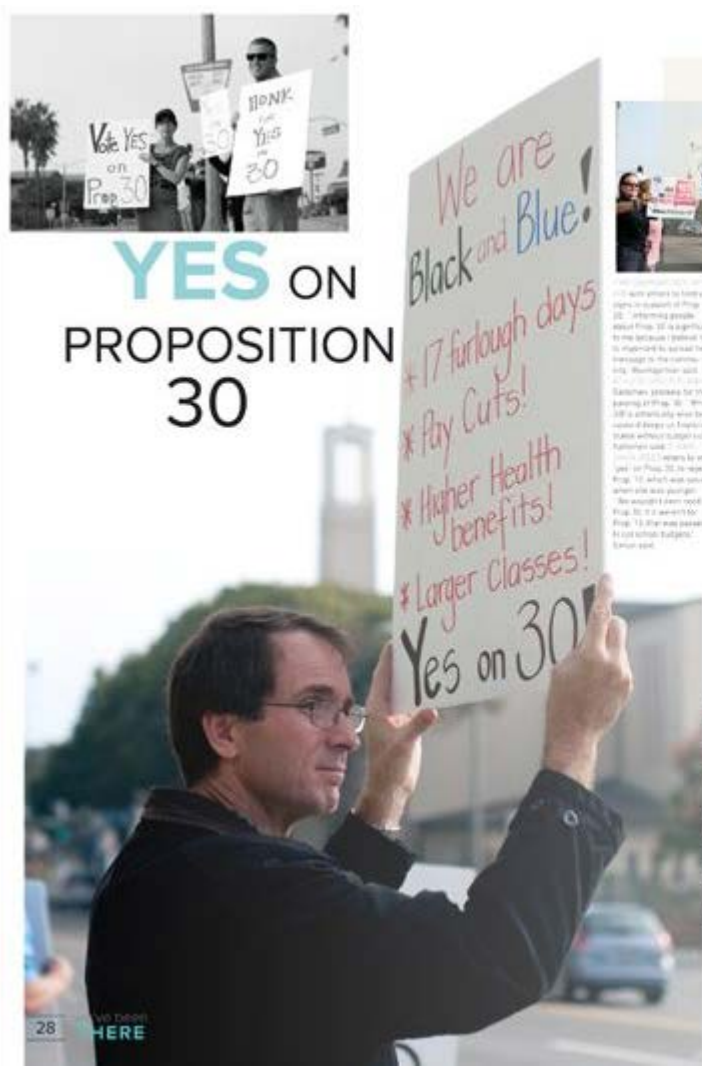
## what's your **sport?**

popular sports to watch during the Olympics





# POLL



**YES ON PROPOSITION 30**



REDONDO UNION STAFF MEMBERS, MR. BAUMGARTNER, MS. SIMUN, MR. SALSTMEN, AND MS. YI ARE SOME OF THE MANY WHO CAMPAIGNED FOR PROPOSITION 30

**W**hat would school be like with more furlough days but less time for education and teaching? Without Proposition 30, the Sales and Income Tax Increase Initiative, which was passed earlier this year, would have been shortened and less time for teaching and learning would have occurred. For most, this doesn't sound like it affects them, but for the teachers and school community, this would have substantially increased how much a student learns per day while destining money for the school. For teachers like Mary Simun, Prop. 30 would be dangerous for the school and students.

"We as people need to place a higher value on education and that means desting Prop. 30 and equating more money for education," Simun said. "Without Prop. 30, we would be ticking kids in classrooms forcing information onto them and basically incarcerating them."

Other teachers around campus, like Tim Baumgartner and Angie Yi, agree full-heartedly that the passing of Prop. 30 was necessary for the lives of students and the community.

"If the Proposition didn't pass, then we would lose

much needed education time, and gain 12 furlough days, which does not help teach the curriculum," Baumgartner said.

It believes that the passing of Prop. 30 was a definite milestone in helping education becoming a foundation in students lives by increasing money for the schools but believes that having to meet a prop to help education is.

"I believe that Prop. 30 was a definite help to education but we should not be gambling on our student's education like that," Yi said.

Without Prop. 30, more than just the teaching days would be cut, such as the extracurricular activities would suffer with less funding as well, as stated by athletic director Andy Salaman.

"Prop. 30 made our school year a whole lot easier. Without it, it would have been tough for the community, the students, and our student athletes. Less money would have been available to help the students and we would have had to watch our spending for the year.

Luckily, Prop. 30 was passed and with it, more money will come to the school and help benefit education.



"I believe that Prop. 30 was a definite help to education, but we should not be gambling on our student's education like that." -Ms. Yi

**WE'VE BEEN ACCOUNTED FOR: A SURVEY TAKEN BY MR. HENGES FROM A TOTAL OF 1076 STUDENTS**

PROPOSITION 30:	64.57% YES	35.43% NO
PROPOSITION 32:	44.94% YES	55.06% NO





50 ways  
to tell a story

#28

# POLLS

McLean HS YBK - 2014

OF THE  
**400**  
POLLED...

**36%**  
think **JAY-Z**  
& **BEYONCE**  
should name their  
next child **BEY-Z**

**59%**  
WANNA  
LET MILEY  
BE MILEY  
**41%**  
DON'T  
AGREE

**20%**  
spent  
more than **3 HOURS**  
on **SOCIAL** per  
**MEDIA** night

**272** people  
get **5-7** hours of **z z z**  
**SLEEP**  
a night

**#BEAT**  
**LANGLEY**  
is the most popular  
hashtag  
for **180**  
people

was  
**122**  
people's  
fave emoji,  
but was a  
close  
second

"**BLURRED**  
**LINES**" was the  
worst song  
of 2013,  
according to **227**  
people

**55%** of people do  
not know  
how to  
**TWERK**

**59%**  
WANNA  
LET MILEY  
BE MILEY  
**41%**  
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# POLL

**LEAVING TOWN.** Austin Ruppel '14 sits in the driver's seat, ready to leave the school parking lot to head home after school. "I spend about \$60 a week driving out of town to do things with my friends," Ruppel said. Photo by Payton Bortino **GUITAR HERO.** Zoe Salis '14 plays the new guitar game of the century, Guitar Hero, at the arcade. "It excites me to look for Guitar Hero because I am a beast at that game," Salis said. Photo by Payton Bortino **THROUGH THE GLASS.** Ali Kremer '14 tries to win an arcade game at Boondocks Fun Center, which has a lot to do with good timing. "When I am looking for good games to play whether it's at an arcade or Boondocks, I find a dancing game because I can't stop dancing, I definitely love to dance!" Kremer said. Photo by Payton Bortino

**A GOLF GAZE.** After swinging her club, Haley Kier her ball roll up the mountain at the Adventure Golf going miniature golfing. It's a fun thing to do on Kier said. Photo by Ashton Proctor **MAZE OF GAGON.** "I attempt to get through a maze of Fat Cats. "The Laser Maze was a ton of fun!" going back to Fat Cats soon," Gagon said. **J BORTINO ICE CREAM DELIVERY.** Dakota Vigil '13 eat ice cream at Fort Lepore's ice cream spot. "Ta Tasty Freez because they have a variety of soft favors," Vigil said. Photo by



**A BUMPY RIDE.** Molly Collins '14 races her friends while at Boondocks. "I like when the wind blows in my hair and the rush I get when I turn the corner, except for the fact that you're only going like five miles per hour," Collins said. Photo by Payton Bortino **COLLECTING SHELLS.** Mavens Reichow '14 attempts to kick the ball over her head from behind at the park. "I play competitive soccer outside of Brighton because I don't feel that Brighton has the best sports programs for what my goals are," Reichow said. Photo by Payton Bortino



**JUS'**  
Wha



## IF WE COULD... Student's Vote on Favorite Places

**62%** Prefer Water World over Elitch Gardens

"I like Water World more than Six Flags because there are more rides and more places to just hang out," Zach Dent '14 said.

**54%** Prefer Qdoba over Chipotle

"Even though we don't have a Chipotle, Qdoba is of better quality and just over all tastes good," Joe Wilson '12 said.

**73%** Prefer the Aquarium over the Zoo

"I like the Aquarium better because it provides more of a variety of aquatic animals and they are way more interesting, and beautiful," Amanda Freshour '14 said.



## DRIVE by Their Spare Time

by, Austin Hudson, and Ashton Proctor

time because not everything here in town," Amanda Eckly  
  
s a big factor when it came to entertainment. To pay for these t of town, students had to i-time job. "I've been working n for two and a half years so tra money to go out. Working y inspired me to go into llege after I graduate," Chice aid.  
  
n grows, it will continue to fill i puzzle pieces. Maybe next, have their own Panda Express, voodies & Company, or even ooe. Until then, a distant drive in would continue.

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Great stories come from great  
**CONVERSATIONS**

Instead of an interview,  
have a conversation

*(or get your subject talking to someone else)*



# PROFILE

## PLAYER PROFILE



**AUSTIN SMITH**  
*Hours of practice per week: 7*  
*Number of meets attended: 100+*  
*Average number of miles run per week: 50+*

*Fast facts: Smith's favorite part of the team was the close, family atmosphere. In the summer he conditioned with long runs. His favorite part of the race was the final sprint.*





# PROFILE



## BREAK THROUGH with Cassidy Ford

Senior Ford signed a publishing deal with Young Guns Publishing who sells her music on iTunes; Ford's YouTube™ videos have received thousands of views

With the dedication to keep pursuing a career in the music industry, senior Cassidy Ford has made her longtime dream come true and is quoted to be "on up and coming artist". However, she has already experienced the stage in numerous performances the previous summer and has already released an EP, *Shine and Shine*, on June 20, 2012. While attending to Young Guns Publishing, not in Nashville, Ford maintains herself in her life by continuing her education in her pursuit to obtain her high school diploma.

"It is really difficult at times because I have to miss so much school, but you need to persevere and," said Ford, "I need to graduate for now. It definitely is a challenge sometimes."

Drawing in from other distractions in her life, Ford's music is reliable and makes every sense of music but can put any listener at ease. "Definitely a lot of my songs are about heartbreak. When I am

writing, I tend to draw in a lot of those emotions, mostly about love. But in the child "Taylor Swift" kind of way but the feeling of being appreciated is apparent." Since beginning her journey three years ago, Ford has gone from writing one or two songs to having a catalog of new songs. "My summer/publisher, Todd W. Apple, has been there from the beginning and the best advice he has ever given to me is to keep writing throughout the day because at one point, something is going to be successful if you write enough."

With her music career intact, Cassidy Ford continues to perform shows, write songs, upload covers on YouTube™ and believe her teenage life. "Right now I have most of a group of my closest friends when I first started," said Ford, "that I am excited to see where my music career takes me and how my group of friends develops."

BY JESSICA LEE, JESSICA LEE, JESSICA LEE










# AUTOBIOGRAPHY



## BREAKING POINTE

*junior Savanna Hunter shares the challenges and opportunities  
she's experienced as a dancer*

"I started dancing at twelve and started training seriously in ballet at fourteen. Last summer, after performing with Ballet West at the Kennedy Center, I was invited to audition for the Ballet West summer program in Salt Lake City, Utah. I got into the program and then flew out for a month to train with the Ballet West Company, students and faculty members at the University of Utah. It was intensive; I trained for 8-9 hours a day in ballet, contemporary and pointe. We learned new variations every week and learned a piece called Pas de Quatre in our Repertoire class. During one of our rehearsals we learned a solo from

Sleeping Beauty, and our instructor was Allison DeBonda, a soloist with the company and one of my favorite dancers.

ONE DAY, I WAS DANCING BY MYSELF AND WAS DOING REALLY WELL UNTIL A SEQUENCE OF TURNS, WHEN I FELL FLAT ON MY FACE IN FRONT OF HER. I WAS EXTREMELY EMBARRASSED BUT ALLISON CONGRATULATED ME AND TOLD ME THAT IT WAS BETTER TO GO FOR IT AND FALL ON MY FACE THAN TO BE TIMID, AND THEN SHE APPLAUDED ME.

I got to take pictures with all of my teachers. It was really cool to be learning from dance "celebrities." They were very down-to-earth about being famous and they told us their stories and let us ask questions. We had an hour every week

called "Dancer Hour" where the company would invite a professional to come and talk to us. They gave us advice and told funny stories about their dance careers. Even though it was only supposed to last an hour, Dance Hour normally ended up being 2-3 hours.

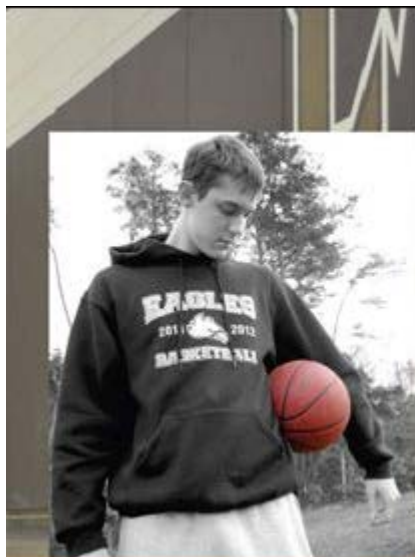
On the weekends, when we had free time we would use the "train" which is the metro, and go to the zoo or the mall. One weekend, we went to the Great Salt Lake. It was disgusting. There were brine flies everywhere, the water was stinky, and when you got out of the water, you looked like a powdered doughnut. On the way back from the lake we were so tired and hungry that we made the bus driver stop at Wendy's so we could get water bottles and ice cream.

While I was in Utah, I made new friends from all over the country and we still talk and share pictures all the time. The other girl in the picture is Lina DeBianco, she's twelve and goes to my studio. We had a ton of fun rehearsing together.

Even though I've been dancing for a while I get nervous all the time, but more for auditions than performances. When I go on stage I'm more excited rather than nervous. It was an incredible opportunity for me. I loved the location, atmosphere and the people I shared it with. I'm super excited to be going back this summer, for two months this TIME," Hunter said.



# AUTOBIOGRAPHY



davis  
**sharpe**

I fell in love with basketball when I came back from Africa and wasn't able to play there. When I came back, I started playing on an organized team and realized I was able to run faster than everyone else. It made my feet accomplished and more powerful, because for the first time, I felt I was finally good at something.

When I play, I feel like we are allowed to hard to get what we wanted and makes you feel like you're doing something that makes a difference, not only for you, but for your team that depends on you to do your best.

Without basketball, I would be shy and not open to change or talk, but the game changed that because you need to be able to take different roles or positions of each team. The game helped me grow into someone who can now face any challenge in their way. Without it, I wouldn't be who I am today.



debbie  
**anthony**

The incident I absolutely fell in love with lacrosse was at my first home game at school with my teammates and my amazing coaches. I knew I loved lacrosse when I first started playing, but my love grew for it at the first home game. Right when I walked on the field and the whistle blew for the first draw to start, my heart was racing because I could hear my coaches, coach Fitz and coach Murphy cheering for me and my teammates which built up my adrenaline to want to win the game. All the girls who were on my team or on our rivalry team last season, I 11-12 school year, influenced me to have such a strong love for the sport because the practices, games, bus rides, and team dinners with everyone was so fun and by the end of the season we were like a big family.

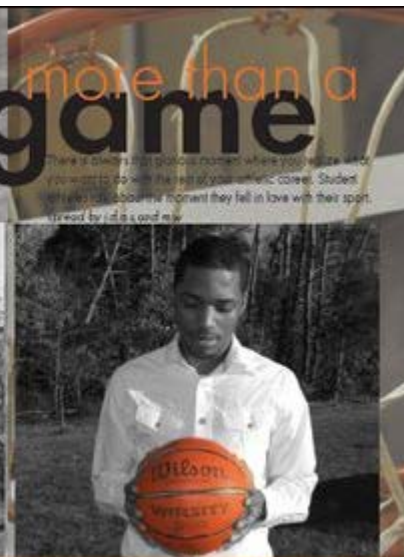


molly  
**manning**

I started swimming when I was five when my mom put me in swim lessons, and I regretted it until I realized swimming was my passion. When I am just about to race, I feel nervous and butterflies are in my stomach, but it's the feeling I have because it shows I'm working towards something I am truly passionate about.

The feeling you get after you beat your score or win the race is unbelievable and amazing because you know that you worked hard and your hard work paid off.

It's a team sport because you're cheering for your team, but when you are swimming, it's you against the clock. You really just look against yourself, and not against the people next to you. It's you and the clock.



jordan  
**dockett**

My friend was trying out for the basketball team and I was going to support him. The coach wanted me to go out too, so I did, and I made me work. I was shocked because I had no experience playing. The minute I got on the court, I felt like I was automatically attached to playing.

When I was fourteen, I missed a basketball game for a day that moment I was disappointed and realized how much basketball meant to me. I decided to work harder and really love it more.

I started working out three times a day and I loved the only the game, and it also inspired my cousin the basketball player. I was inspired because he was and on our basketball team, I did and the coach said that I was able to concentrate on the game.



# 50 ways to tell a story

# #46 Transcript of CONVERSATION

*Sisters, freshman Elizabeth Gilmer and senior Amelia Gilmer, describe their trip over the summer to Pennsylvania's Lake Gaston, where they went tubing.*

## IN THE SPLASH ZONE

short  
STORY  
LONG

**ELIZABETH:** I screamed. I mean, when you're on the edge of the tube, it feels like you might fall off.

**AMELIA:** You screamed a lot... like a lot a lot and it wasn't just like "oh, I'm dying" screams.

**E:** Yeah, it was actually, like, roller coaster screams. I was scared, but really excited, too.

**A:** So was I, especially because we hadn't gone in a while and we were using a new tube. The scary part is that you have no control over the tube; we nearly hit a dock, like legitimately almost hit a ladder, too.

**E:** Also, if you think about it, you're going at about 20 miles per hour, so if you fall off, that you're basically being propelled into the really choppy water that fast.

**A:** Yeah, tubing is pretty dangerous. I had multiple battle wounds from when my toes rubbed against the side of the tube.

**E: IT WAS FUNNY, THOUGH.**

**A: NO, IT WASN'T.**

**E: YES, IT WAS.**

**A:** Whatever. Afterwards, I went on another tube with our friends, Rachel, Kylee and Sam. You just left.

**E:** I didn't even know that you went on that special tube! I would have wanted to go if you had told me.

**A:** We told you!

**E:** No, I would've come if I had known. I was just reading in my room.

**A:** Well, anyway, we were basically lying down flat when we were on the tube.

**E:** Actually, we were sort of sitting up.

**A:** Yeah, and when you're on the tube, your legs tend to pop up when you hit a wave.

**E:** Amelia, you were, like, going in-between having your legs straight and being on your knees. And being on your knees hurts so bad.

**A:** And the whole time, I was like, struggling to keep my eyes open.

**E:** I couldn't see the motor and the cord that was attached to the tube, which kept bouncing up and down. I always used to be afraid that I would fall forward and land on the cord.

**A:** Me too. Sometimes it's fun to fall off but sometimes it just hurts.

**E:** But you can also see the waves and the white foam that goes out into them, which is nice.





*Sisters, freshman Elizabeth Gilmer and senior Amelia Gilmer, describe their trip over the summer to Pennsylvania's Lake Gaston, where they went tubing.*

photo courtesy of Amelia Gilmer

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# ROUNDTABLE

## in between the YEARS

math teachers and McLean alumni, Crissie Ricketts ('88), Beth Musick ('96) and Caroline Braswell ('04) share what life has been like at McLean throughout the years

**Did you guys ever think you'd be at McLean after you graduated?**

**MUSICK:** Yes.

**Really?**

**MUSICK:** Sadly, my life was very, very predictable.

**RICKETTS:** Never in a million years for me.

**BRASWELL:** I knew I always wanted to be a math teacher.

**Has anything about the school changed since you were here?**

**MUSICK:** Yes.

**RICKETTS:** Everything.

**MUSICK:** We were actually talking about this on the way down here about the locker situations and how it was called

freshman hall and sophomore hall and junior hall and senior hall and now they're all colors, and I still don't know the colors.

**RICKETTS:** The whole foreign language wing didn't exist when I was here...but

then again I'm old. But yeah a lot has changed. My class put the Rock in. We bought the Rock and donated it because when I was here, and prior to when I got here, there was graffiti all over the school and so they were spending too much money taking graffiti off so we donated the Rock.

**What was a major event that happened during your time at**



**McLean?**

**MUSICK:** I guess the blizzard of '96 and '95' where we were out for a whole week.

**RICKETTS:** My senior year the Scottie Dog Costume was implemented. We all got to take turns wearing the costume. I worked for the field hockey state championship game. It was very cool because it was our first ever state championship. I wasn't on the team but I was in the dog costume doing the 'What What' cheer.

**BRASWELL:** I graduated at South Lakes High School. The class before us graduated at a nice place (Patriot Center). The class after us graduated at a nice place (Constitutional Hall). We got shafted.

**What's been your favorite memory from McLean whether from student days or as a teacher?**

**BRASWELL:** Well I played sports so I enjoyed that aspect... well parts of



that aspect. I played lacrosse and I did field hockey and I did gymnastics. My freshman year I did soccer instead. I did everything. I was all over the place, I really liked that for the most part. There were some not so nice occasions but the lacrosse team I especially liked!

**MUSICK:** For me, well, I married my high school sweetheart!

**RICKETTS:** I actually wanted to leave after senior year, that's why I'm surprised I came back. I never really had the 'I love McLean, I want to be at McLean thing,' but now I definitely do!



# Q & A

## Q & A

with  
BRANDON CARRAWAY

freshman Brandon Carraway shares  
info on meets and his future



**Q:** What do you do at meets?

**A:** There is a lot of waiting around, but when it actually comes time to run, we huddle as a team and get pumped up and focused.

**Q:** What is the most unique thing that has happened at a meet?

**A:** One guy was carrying a boom box on his shoulder and he and his team were having a mini dance party on the sidelines while they were waiting to run.

**Q:** Do you plan on continuing cross country throughout high school?

**A:** Yeah. Even though it's a really hard workout and sometimes I want to cry, I have a really fun time and I get in really good shape and I love running.

**Q:** Do you see yourself running in college?

**A:** Of course I'll do it in college. I can't focus on studying unless I run, so I'll definitely keep doing it.

## leading the way

senior Aleah Robinson  
gains confidence as  
president of Interact Club

**Q:** What gave you the confidence to apply for Interact president?

**A:** Last year I decided to apply for a leadership role in Interact because I had been actively involved for three years. My experience and involvement gave me the confidence to apply and luckily I got it!

**Q:** Do you ever get nervous in your leadership role? What gives you the confidence to lead?

**A:** Yes, I get nervous being responsible for such an important club and cause. But, at the end of the day I have a really great support system from club members and that is where I gain my confidence.



Robinson and Nicole Rupprecht, 12, raise money for Stop Hunting Now.  
photo by Ana Lethes

## WHY HAVE YOU CONTINUED RUSSIAN SCOUTS THROUGHOUT THE YEARS?

I have continued Russian Boy Scouts because it takes me back to the culture I miss. My group and I all migrated from Russia so it's the closest we ever get to being back home. We also all hang outside of camp so it's fun.

## WHAT HAS BOY SCOUTS TAUGHT YOU?

Boy Scouts had of course taught me a lot of practical things such as making different types of knots, cooking water, making camp and many other survival things. Also, fundamentally I'm the oldest in my troop so I always get little kids asking me for advice. It has taught me to be patient because I have to teach them how to get by and be real scouts.

## FAVORITE MEMORY?

Every year we always have this very long hike centered around a field and in the past three years we have all either gotten lost as a group or it has rained. Last year, both things happened. We were completely wet from the rain and we stopped by a stream because we were freezing and cold. We all huddled together and had to make fire. At first we weren't getting anywhere so we got axes and got the entire camp to get as much wood as possible within 150 feet. It was so much fun with everyone working together. At the end we had this gigantic pile of wood and it lasted even after 12 hours of use.

## WHAT IS THE HARDEST PART OF BEING A SCOUT?

The hardest part is learning all the stuff. I have to keep up with Russian and speak it as well. We also have to learn the Russian religion and history which can be complicated at times

## WHAT HONORS HAVE YOU RECEIVED?

Our system is based on badges. You go up in rank - it took me two years to get to Scout level as a non-Russian speaker.

-Sebastian Zavoico



photo courtesy of Sebastian Zavoico



# Q & A

## Go BIG



*all in this  
together*

"I look at my cheerleading team as a second family. We all spend so much time together and go through many ups and downs throughout the season, but it makes us closer and pushes us to reach our goals, not only for ourselves, but for each other."

-Skyler Langa, 11

## RED!

*varsity cheer captain senior Becca Ho explains the ins and outs of varsity cheer*

**Q:** What is the team dynamic like?

**A:** We are all really close. Basically, we're just like a family.

**Q:** Who inspires you to perform?

**A:** My coach inspires me to always be the best that I can be.

**Q:** What do you like most about cheering with the other girls?

**A:** I completely love how in-sync we are. Everyone plays a huge part in our performances, which make us dependent on one another to do well.

**Q:** How much and how hard do you and the other girls practice?

**A:** Cheer is truly a seven-day sport. We have a saying that says "no breaks," because, even out of practice, you have to devote all of your time and energy to cheer, whether it's through memorization, stretching, or going to open gyms.

**Q:** Are the girls supportive?

**A:** Yes, definitely. Everyone is so close, and we all support one another whole-heartedly.

**Q:** What was your favorite part of the season?

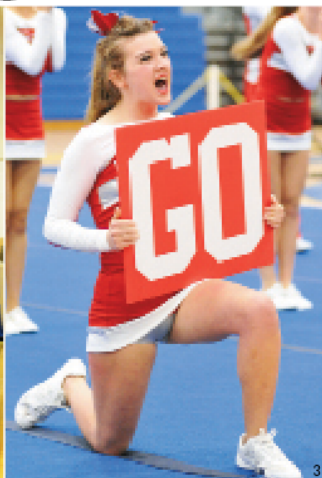
**A:** My favorite part of the season was placing third at the semi-finals because we all did so well.

**Q:** Do you get nervous before performing?

**A:** It depends. I definitely get nervous before competing, but not before games. Games are pure fun- there's no pressure for them.

**Q:** Can you describe the feeling that you get when you are mid-performance?

**A:** Yeah, I would use the word "energy" to describe performing. It's really nerve-wracking, but exciting, all at the same time.





# Q & A

## *capture it all* Caroline Watkins shares her passion for photography



*photos courtesy of Caroline Watkins*

**Q: How long have you been interested in photography?**

**A:** When I have traveled in the past, I always brought my camera with me to document my experiences but I have done it more seriously in the past three years.

**Q: What do you like taking pictures of the most?**

**A:** Landscapes and nature.

**Q: What was your most interesting photography experience?**

**A:** I worked with a photojournalist in D.C. for about three weeks over the summer. We went to Howard and Georgetown University to document street styles of local colleges. I personally assisted with lighting, worked on the H&M launch of their website and interviewed the people we were taking pictures of. I also sent the captions into Teen Vogue that talks about their students.

**Q: What about photography appeals to you?**

**A:** Photography is extremely important to me because you can capture and document emotions and moments in time through images without using any words. Whether or not I have a career relating to photography in the future, it's a hobby I will always have a passion for.



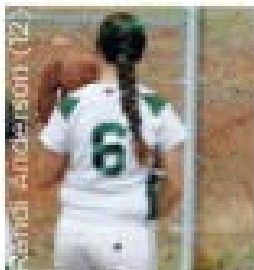
There's a story in the  
**STUFF**



# BEHIND THE \_\_\_\_\_

## What's in a Number?

Players share the story behind their numbers



**6**

"My number is 6, I chose this number because 16 has always been my favorite but is not available in high school."

**10**

"My number is 10, this is my number because it was my sister's number when she played at Colfax."



**5**

"My number is 5, and to be honest I do not know why, I just liked it."





# WHAT'S IN YOUR BAG

Amina Johnson, 10, talked about what she carries around with her everyday in her bag.



**Appearances:** Lately the 11 classmates brought in "Yasuko, 19, has a good debating the French," also called "Big Tuesday" to "I didn't make jump but I did a presentation what they want." Yasuko let's never celebrated this before, as it was a good once for her.

**Time** Playing a game, I am a 30-year-old man, and I am in the front of the "The game may slight, and the crowd," I believe

"My straightener is used to fix my hair after PE; there is always that one wave there."

**RESEARCH** The researchers used a series of experiments to test their theory.

Headphones are for listening to the music.<sup>17</sup>

■ My phone is used to have more control over my last driving study tool.<sup>3</sup>

**▶▶▶** Name my month and tell me how many days it has.

"I can't stand people that think that they're better than I am," he says.

“I use my calculator for math and science.”

**► "Remembering always, we're the black."**

**►** *How much time do you have to complete the assignment?*



# BREAKDOWN



## DISSECTION OF A DESK

On a desk, a desk also reflects its owner's personality



a bottle of coffee  
"I don't drink coffee!"



On his  
"I got it from Cleveland  
because it was funny"



Cockroaches from Vietnam  
"No one asked if I wanted, and he  
brought them back!"



Football helmet  
"I dropped it back and it broke at my  
right wrist."



Books  
"I got books from my dad."



Replica of a coin  
"I found it in the school and it was a coin  
for... my dad thought it was a museum!"



Random toys  
"You need a little toy!"



"That's the best" music box  
"No one thought it was a music box  
until I got it. It's the best!" ... (and it  
wasn't)



Painting from former students  
"I painted it and it's on the desk and  
now it's in the school for history!"

### A SHORT STORY



"The other day  
I was home at  
school with my  
three year old

daughter. She kept asking me  
where my (terrible) dad was. I  
told her that I was the weekend  
and that Mr. Nam was not here.  
that he was at home with his fam-  
ily. She continued to ask me  
where my dad was and I was nervous. Later  
in my classroom, I was writing  
at my desk and she was drawing  
at my desk. When I looked up,  
I noticed she had drawn a face  
using a variety of colors. When I  
asked her where she had gotten  
the paint, I told her I had told her  
Mr. Nam."



# BREAKDOWN





Show me the  
**MONEY!**

Good journalists know that good stories can be  
found when you follow the money trail.



# BREAKDOWN

## A YANKING PRICE TAG

A priceless trip that'll leave your wallet empty

• written by Alex Shuman  
• photo taken by Audrey Tarr

LIVING IN CURRENT-DAY MAJINO: "Tarr" wardrobe tend to be filled with summer staples and one or two winter jackets. But when a Man decides to go on the Yosemite trip, they know that a pair of pants and a sweater won't be warm enough for hiking through rocks. That means... shopping trip! Assembling a Yosemite wardrobe can really add up, here's how much it cost **Kenneth Lu** (\$25) to keep warm.



San Marino HS - 2012

## the tex-mex STYLE



Gabrielino HS - 2012



# BREAKDOWN





# BY THE NUMBERS

## step into the heels

Natalia Guel celebrates her quinceañera



For a majority of girls, turning 15 was just another teen birthday, but for Natalia Guel, it was anything but. Turning 15 in the Hispanic culture is a symbol of maturity and calls for a major celebration which is known as a quinceañera.

"The planning for my quinceañera took many months, and my mom and aunt helped me," said Guel.

Finding the perfect dress to wear for the day was a major component of the planning process.

"My dress was originally a wedding dress and I had to wear two corsets, but it was worth it," said Guel.

There were many quinceañera traditions to be followed.

"It is a tradition in my culture to wear flats and then switch into heels to symbolize a girl changing into a woman. Another tradition is when people give money to my dress to dance with me. We also go to the church to get a blessing from the priest," said Guel.

abby jackson and kelly collins



1. Dancing with Marcus Rivera, Guel poses for pictures before the party. This was a day to remember as many photos were taken.

2. With a girl on her back, Guel and Rivera dance to the music. The night was filled with music and laughter. 3. Sitting next to her mother in the church they celebrate the milestone being made, photos courtesy of Natalia Guel.

by the  
numbers

15

age of  
maturity

6 a.m.

time Guel  
woke up

2

number of  
corsets

150

number of  
guests at the  
party

\$1,250

cost of  
the entire  
party

14

members of  
the court



"The cake was great and tasted amazing. It was chocolate and had three layers, with white icing and purple hearts and designs all over it. It was almost too pretty to eat! It even had a little doll in a white dress," said Natalia Guel.



# CHART

**TYLER SCOROTCH**  
ERIC SMITH  
Landon Smith: DECA 10, 11,  
Lacrosse 9  
ERIE SPARK: Soccer 9, 10 Major  
High School; Lacrosse 9, 10 DPH



**HANNAH SPILLEY**: WB Water  
Women 12; Swimming 11, 12;  
Concert Band 9  
**JACOB SPILLEY**: Wrestling 9, 10, 11,  
12, Captain  
**BREANNA SPILLEY**: Art Club 10, 12;  
Key Club 12; Wild Water Women 12;  
Football Manager 11, 12  
**HEATH SPILLEY**: Drama Club 9;  
FCCLA 11, 12



**CONNOR ST. PIERRE**: DECA 11; Student  
Council 9, 10, 11, 12; Lacrosse 9, 10, 11,  
12; Ultimate Frisbee 9, 10, 11, 12  
**ANDREW STACCONI**: Academic Peer  
Coach 12; Cross Country 10, 11, 12;  
Track 9, 10, 11, 12  
**JULIE STARR**: FCCLA 10, 11, 12; Key  
Club 10, 11, 12; NAB 11, 12;  
Wild Water Women 12  
**ANALISE STARR**: ASAP 12; Chess Club  
12; FCCLA 11, 12; Key Club 12; Member  
Club 9; Warriors of the Word 12; Wild  
Water Women 12; Cross Country 9;  
Lacrosse 9, 10, 11, 12; Ultimate Frisbee 12



**ANDREW STICKA**  
**THOMAS STICKA**  
**CONNOR STICKA**  
**SARAH STICKA**: Drama Club  
10, 11, 12; International Thespian  
Society 11, 12; Link Crew Leader 11;  
Cross Country 9; Lacrosse 9; Woman's  
Chair 9, 10; Chess 11, 12;  
"Quintessence" (lead); "Butterflies" (lead);  
"Cinderella" (lead); "Warrior" (lead);  
"A Midsummer Night's Dream" (lead);  
"How to Succeed in Business Without  
Really Trying" (lead)



**BLAKE STOKES**  
**AARON STOKES**  
**ERIC STOKES**: Ultimate Frisbee  
9; Symphonic Orchestra 11, 12; Jazz  
Band 9, 10, 11, 12; Marching Band 9,  
10, 11, 12; Wild Water Women 10, 11,  
12; Symphonic Band 9, 10; "How to  
Succeed in Business Without Really  
Trying" (lead); "A Midsummer  
Night's Dream" (lead)



**HOPE SWEARINGEN**: PCA 12;  
Key Club 10; Link Crew Leader  
10, 11; Link Crew Coordinator  
12; NAB 11, 12; Warriors of the  
Word 11, 12; Wild Water Women  
12; DPH 10; Lacrosse 9, 10,  
11, 12; Captain; Special Olympics  
Basketball 12; Horseback  
Riding 10  
**NICOLE SULTE**



**AMY TAKAMI**: DECA 11;  
Remember Club 9; Warriors of the  
Word 10; Cross Country 9, 10, 11,  
12; Lacrosse 9, 10, 11, 12  
**CASSIE TAMI**



**DYLAN TELLER**: Basketball 9;  
Diving 11, 12; Football 12; Wrestling  
9, 10  
**TERESA THAYER**: Drama Club  
11; Soccer 9, 10; "A Midsummer  
Night's Dream" (lead)



**AMBER THIEL**: Link Crew  
Leader 11, 12; NAB 11, 12; WB  
Water Women 12  
**KRISTEN THOMPSON**:  
Academic Peer Coach 12; DECA  
10; FCCLA 12; Wild Water Women  
12; Basketball 9; Lacrosse 10;  
Swimming 10, 11, 12; Concert  
Chair 11, 12



**NICHOLAS TICE**: Republic  
Warriors 10, 11; Cross Country 9,  
10, 11, 12; Swimming 9, 10, 12;  
Track 11  
**RENEE TINKENS**: FCCLA 9, 10,  
11, 12; Key Club 9, 10, 11, 12;  
NAB 11, 12; Wild Water Women  
12; Cross Country 9; Soccer 9;  
Track 10, 11, 12; Chess 9, 10,  
11, 12

## STRESS for the future seniors stress over college

by Victoria Hoffman  
& Amelia Sundboe

As evaluating a senior year could be the next big step on a senior's mind was what to do after high school. For senior Hunter Johnson, one main concern was money. "I really want to go to Luther College in Decorah, Iowa to play Division 3 tennis but my biggest concern is money," Johnson said. "Another worry is hoping I make the right decision. I just want to pick a school that I love and hope it works out." No matter what college or university seniors chose to attend, they were all the next step to a possible career.



## COLORADO college costs Life after you leave the nest

Average Cost of an Academic Year	
*Based on average of 2012-2013 academic year. *Includes tuition, room, board, and books. *Excludes transportation, personal expenses, and other fees.	
Northeastern Junior College	\$1,365
Colorado Mesa University	\$3,819
Community College of Denver	\$3,540
Metropolitan State College of Denver	\$5,095
University of Northern Colorado	\$15,052
Colorado Mountain College	\$15,156
Western State College of Colorado	\$17,391
Colorado State University	\$20,928
Colorado School of Mines	\$26,075
University of Colorado Boulder	\$27,216
Colorado Christian University	\$32,800
Colorado College	\$51,450
University of Denver	\$52,770



# Ask the **EXPERTS**

Find the students at your school  
who are in the know.



# BREAKDOWN

TENSION  
IN HANDS  
lets a couple  
communicate

ABS TIGHT so there is no dead weight

LESS TOGETHER

Swing dancers support each  
other in complicated moves. **LEAN** on me



Sophomore Melissa Le and senior Ian Gardner practice  
the Hip Sit. Photo by Jeff Phillips



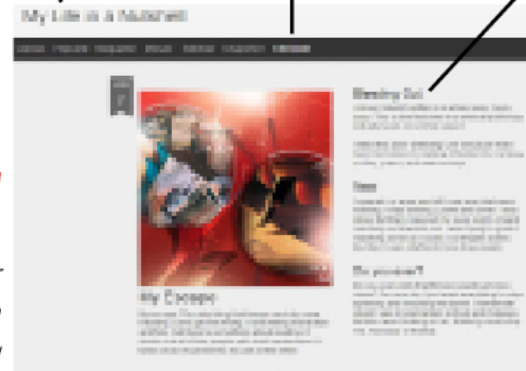
# BREAKDOWN

*my life in a  
**nutshell**  
sophomore Danielle Walker  
shares her passion  
for blogging*

"I started a blog because I love writing. I write about my life and my different thoughts and ideas."

"I try to make a post a few times a month and I post it to Facebook to get more people to read it."

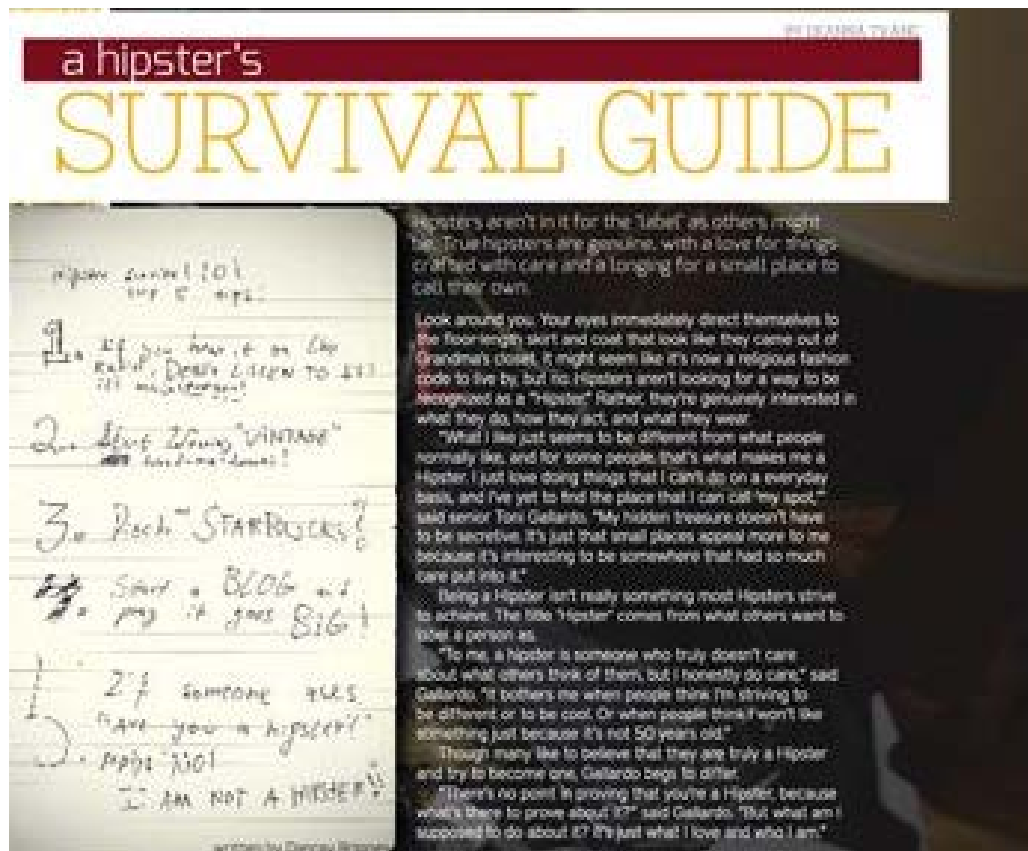
"Bleeding Out" is about how I feel when I write. I get to express myself by writing everything down and love having a blog to share it."



"I've always loved writing and a lot of my favorite authors have blogs. I also want to be a writer when I grow up, so this will help me get my work out there. I've been writing for a couple of months, it helps me get out what I want to say. I usually just write about whatever is on my mind at the time. My story with the most hits is the one about homecoming."



# LIST





# DOs & DON'Ts



## PICTURE perfect

junior Ariana Carter explains the do's and don'ts of taking a great picture

DO:

- Wear make-up to accent your features
- Wear a solid color shirt
- Remove your glasses
- Smile naturally
- Arrange your hair nicely
- Be prepared

DON'T:

- Wear crazy patterned shirts
- Wear a solid colored shirt that blends in with the screen
- Look too tense and unrelaxed
- Force a smile



# DOs & DON'Ts

## do's and dont's

freshman Autumn Brenner and junior  
Mary Nethery share tips for bringing in  
the holiday cheer with family

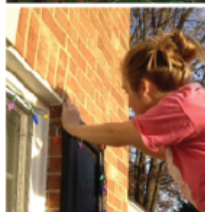
**"Don't** make your  
parents do all the  
work; it's the one time  
of the year you should  
give back to them."  
-Brenner



**"Don't** decorate  
alone because it takes  
all the joy and fun out  
of it and the holidays  
are about family  
bonding." -Brenner



**"Do** help by doing  
little tasks like  
hanging up lights,  
because the little  
things add up."  
-Brenner



**"Do** have your sister  
help you because it  
makes you enjoy it  
more and you have  
a blast doing it as  
well." -Nethery



photos courtesy of Autumn Brenner & Mary Nethery



# RECIPE

## giving thanks

junior Julia Tabackman makes her grandma's traditional Thanksgiving recipe for a cranberry casserole

### One

The first step is to cut the Granny Smith apples into small cubes.



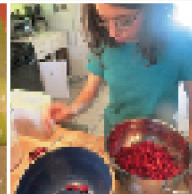
### Two

Then, melt a stick of butter in a pan.



### Three

In a separate bowl, mix together pecans, brown sugar, oats, white sugar, nutmeg and cinnamon.



### Four

Add cranberries to the mixture and then add the melted butter.



### Five

In a pan, add the oat mixture to the top of the apples. Bake in a 350 degree oven for an hour.

*photos by Lia Tabackman*

## JUST PEACHY

culinary club president, junior Sophia Yang, shares her peach bread recipe

"It's not too sweet and its texture comes out more like a coffee cake. If you don't like peaches you can substitute them with other fruits like bananas or blueberries. It's really easy to make."



Sophia Yang, 11

### Ingredients

2 eggs  
1/2 cup brown sugar  
1/2 cup white sugar  
2 teaspoon vanilla  
2/3 cup oil  
2 cup flour  
1 teaspoon baking powder  
3/4 teaspoon salt  
1/2 teaspoon baking soda  
2 teaspoon cinnamon  
1 teaspoon nutmeg  
diced peaches (however much is desired)

### Steps:

1. Preheat oven to 350 F
2. In one bowl put the dry ingredients together (flour, baking powder, baking soda, salt, cinnamon, nutmeg)
3. In another bowl mix eggs, brown sugar, white sugar, oil, and vanilla
4. Add the dry into the wet ingredients.
5. fold in diced peaches.
6. Pour batter into the loaf pan. Bake for 50 min or when a toothpick inserted in the center comes out clean.



# HOW TO

## lydia 101 *a how-to for sophomore Lydia Erickson's unique hair style*

**Background Info:** "I've worn my hair like this since the year 2007 when I asked my mom one day to do something different than a ponytail and this is what we came up with."

1. Get **LOTS** of hairbands.  
"I own 400 hairbands in total."
2. Put hairbands **0.5 INCHES** apart down the length of your ponytail.  
"My mom used to take a ruler and make sure each section was exactly .5 inches long. We got it down now though so we don't need the ruler anymore."
3. Adapt your **STLYE**.  
"I have 22 hairbands in my hair right now but as my hair grows I add more."
4. Have a **DAY** named after you.  
"One day there was a Lydia Day at Longfellow Middle School where everyone dressed up like me. It was kind of funny because I don't go there anymore."



*photo by Kacey Beckham*



# HOW TO





# HOW TO

## hand shakes

Two students show off their  
upgraded hand hugs.

1 "You've got to be excited about your handshake. Whatever you come up with has got make noise, too. A lot of people start with hi-five," Jack Kaplan (13) said.



2 "Once you have something cool figured out, it catches on. Everyone loves a little hand pizza in the hallways in between classes. It's really fun," Kaplan said.



3 "In seventh grade, my friends and I memorized the whole hand-shake in parent trap," Zach Goldberg (16) said.





# ADVICE

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## BETWEEN | the beats

---

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members offer pieces of advice for auditions

"To prepare for an audition, stretch daily to really loosen up your muscles. Show enthusiasm and smile throughout the audition."

-Tessa Dean, 10



"Come to technique classes. They really let you know the basics and prepare you for auditions. Bring your confidence."

-Eleonor Zavala, 10



"Give it your best shot and attempt everything. With practice you can move up fast. Just show off."

-Nora Huston, 11

*photos by Emily Halmi*



# ADVICE

DID YOU know

"I want to catch a 100 pound loss."  
Garrett Hunt (9)

"I want to go to a Readers game with Alex."  
Annette Isaac (9)

"I want to have lots of fun and get a scholarship."  
Vitaly Koschenko (9)

"I want my license so I can freely drive."  
Justin Jackson (9)

"I want to make lots of memories."  
Krystal Jackson (9)

"I want to start a group for special needs kids."  
Deshya Jacobs (9)

"I want to learn how to play guitar."  
Shontel Jameson (9)

"I want get a soccer scholarship."  
Jessica Jajka (9)

"I want to get a job that will make me rich."  
Clayton Jardine (9)

"I want to go to prom, fall in love, and sleep on a date."  
Jessica Jauriqui (9)

"I want to take an opportunity to see the world."  
Elaina Jean (9)

"I want to travel to Europe for fashion design."  
Blanca Jimenez (9)

"I want to be the best basketball player at Enoch."  
Chibunya Jimmy

## the Highschool survival guide

What every freshman needs to know to survive the high school experience...

COMPILED BY MADIE GAULT



"Don't let any opportunity pass you by because you never know when you'll get that chance again."  
Gina Saul (12)



"Pay attention during the first few weeks of school so you know the routine. Then have as much fun as you can!"  
Cody Roberts (12)



"Don't attract attention to yourself, you're not cool yet even though you want to believe you are."  
Roman Chikunov (12)



"Pay attention, be quiet, and conform... unless you're good at arguing or BSing your way through things, of course."  
Derek Brooks (11)



"Don't start problems and stay away from trash cans or you may end up in one."  
Andrew Russell (11)



"Just be yourself and don't let other people tell you what to do."  
Adam Blum (11)



"Don't screw up. Be original kiddo."  
Jose Angulo (11)



"Stay strong, be positive and brush off all the bad things people might say—their opinions don't matter."  
Kimberly Seibull (10)



"Never let anyone bring you down. Just stay confident about your school work, have a good attitude, and it never hurts to smile!"  
Alexsandra Vargas (10)



"The burnitos here are nasty! Don't buy them."  
Kathia Hernandez (10)

Kim pang Gao, 9  
Abel Garcia, 11  
Amador Garcia, 9

Brenda Garcia, 11  
Brianna Garcia, 11  
Cynthia Garcia, 10

Darrian Garcia, 10  
Dennis Garcia, 11  
Denzel Garcia, 9

Edwanda Garcia, 10  
Emily Garcia, 10  
Eugene Garcia, 11

Ivan Garcia, 11  
Jasmine Garcia, 9  
Jesica Garcia, 9

Jahannah Garcia, 11  
Juan Garcia, 10  
Karen Garcia, 9

Marcus Garcia, 9  
Marissa Garcia, 10  
Marionna Garcia, 10

Requel Garcia, 9  
Martin Garcia-Soto, 10  
Tyler Gamet, 9

Salvador Garcia, 11  
Hawie Gault, 9  
Mao Gerber, 11



Ashley Genan, 9  
Jackie Garcia, 10  
Emily Getreu, 10  
Sierra Gibson, 11  
Kyle Gies, 11  
Jessica Gilbert, 9  
Justin Gilbert, 11  
Gurneah Gil, 9

Harknot Gil, 9  
Powandee Gil, 10  
Michael Gillette, 9  
Ashley Gilliam, 10  
Marissa Glaserman, 9  
Sophie Glass, 10  
Rebekah Goldstein, 11  
Abel Gomez, 11

Adrian Gomez, 10  
Andrew Gomez, 10  
Felix Gomez, 9  
Fernando Gomez, 11  
Gracie Gomez, 9  
Elaine Gomez, 9  
Alyssa Gonzales, 10

Andrew Gonzales, 10  
Anthony Gonzales, 9  
Katherine Gonzales, 9  
Wayman Gonzales, 10  
Whitney Gonzales, 9  
Alexandra Gonzales, 11  
Allen Gonzales, 10  
Bryant Gonzales, 11

Catherine Gonzalez, 11  
Edgar Gonzalez, 9  
Ernesto Gonzalez, 11  
Fernando Gonzalez, 9  
Gabriel Gonzalez, 10  
Giancarlo Gonzalez, 11  
Juan Gonzalez, 10  
Julio Gonzalez, 10

Kayce Gonzalez, 10  
Mashyn Gonzalez, 10  
Margarita Gonzalez, 9  
Jenny Gonzalez, 10  
Vanessa Gonzalez, 10  
Brandon Goodwin, 11  
Victoria Goodwin, 10  
Cierra Goodwin, 11

Madeline Goulding, 11  
Natalie Goulding, 9  
Ryan Green, 10  
John Graham, 9  
Niles Graham, 10  
Austin Grant, 11  
Hayley Gray, 9  
Malcolm Gray, 9

Moli Gray, 10  
Michael Gray, 9  
Haley Green, 10  
Alexa Green, 9  
Barnak Griffin, 11  
Makela Grigsby, 11  
Rashley Grigsby, 11  
Mara Grimbale, 9

Ray Grimbale, 11  
Ethan Grimes, 11  
Aaron Grimm, 9  
Erik Green, 11  
Heather Green, 9  
Daniel Groat, 9  
John Gross, 11  
Nicholas Gross, 9



# STEP BY STEP

## IT'S IN HIS KICK



Step 1: "Before I kick the ball, I take five steps back and four steps to the left. It's an important rhythm I've gotten into."  
Step 2: "I strike the football a little under the middle for more power and to get it higher in the air."  
Step 3: "After I kick the ball it's important to follow through to keep fluid and fast motion."

*Charles Carter, 9*



# STEP BY STEP



**ZACH SLADE (10)**, offers up a bank at Herndon Skate Park. Zach said, "The best places are the ones where random people don't back you out." Photo courtesy of Josh Katz



**JACK VAN CAMP (9)**, and **Matt Phillips (11)**, show off their longboards as they wait for **Jonathan Nguyen (12)** to finish bombing Bennington Woods Road. Boards, which commonly cost about 200 dollars, range in flexibility, width, length, design. The two boards held by Jack are Dropthroughs, used for sliding, while the board held by Matt is a topmount, mainly used for downhilling or bombing. Photo by Emily Hiron



**3. AT THE LOCAL**, skate park **Josh Katz (30)**, completes an olive. With years of practice, Josh's dedication to skating has taken him many places. Unfortunately, there's one place it can't. "The worst part of skating is that it can't get me a scholarship," said Josh. Photo courtesy of Kegan Katschid 2. **REACHING FOR A** high-five from his friend **Jonathan Nguyen (11)**, **Matt Phillips (11)** speeds around a bend while carefully

pre-drilling on his orange wheeled deck. Matt has longboarded regularly, meaning he placed his left foot in front, since he began in eighth grade. Photo by Emily Hiron 3. **SQUANTING INTO THE SUN**, **Everett Zettersten (11)** completes a reverse Coleman down Bennington Woods Road while reaching speeds of 30 mph. Everett started longboarding three years ago. Photo by Emily Hiron



## Skating for the thrill of it

Skateboarders and longboarders share why hours of scraping, bruising, and sometimes breaking bones is all worth it.

Skateboarding and longboarding involve instinct, practice, and a whole lot of falling. Learning to land a trick properly can take days, even weeks, depending on the trick. Tricks range from a simple ollie to a 360 body varial. Practice makes perfect and while it takes a lot of focus and motivation, "The feeling of finally landing a trick and riding away is the most thrilling feeling in the whole world, and is what keeps me skating," said **Josh Katz (10)**. When it comes to attire, "I wear anything as long as it looks good," said **Everett Zettersten (11)** who longboards. But hot factor aside, equipment such as knee and elbow pads, helmets, and gloves can save lives. "I don't wear a helmet, but I probably should," said **Jack Van Camp (9)**, a longboarder. "I'm so dumb, people get hurt all the time while longboarding."

Of course, the danger doesn't stop people from trying new tricks. "The possibility of the speeds I can reach are crazy. You can bomb a hill going up to 152 miles per hour," said **Matthew Phillips (11)**. Scrapes, burns, broken bones and concussion are all results of longboarding and skateboarding. "When I was around eleven years old I got a concussion coming down my driveway because I picked up speed too fast and hit my head. After that I didn't longboard for a really long time. It scares you to think that just a small mistake can send you to the ER. When I started again, it was for that feeling of being free, forgetting everything, and just going with it. It's also pretty fun" said **Jonathan Nguyen (11)**. His friends nodded in agreement.

Story by Nayya Dev

## no pain no gain

**Sean McKibbin (11)** has a scar running across his collar bone and had his arm in cast for weeks. Sean explained his injuries, "I broke my collarbone, and I had two pins put in my wrist." Even the worst injuries don't stop people from getting out and bombing some hills. "I was back on my board just a week later, it's addicting," said Sean. Photo by Nayya Dev



## How we slide



**Jonathan Nguyen (11)**, performs a Coleman slide.

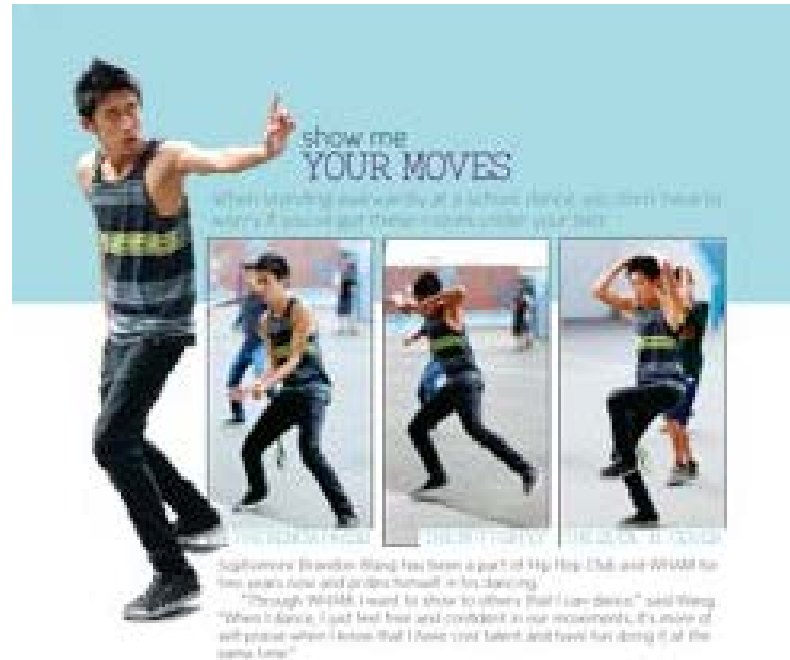
**1. Gain speed**, making sure you have enough room in front of you to perform the trick.

**2. Crouch**, into the dropped knee position.

**3. Put your hand down and kick out.**



# STEP BY STEP





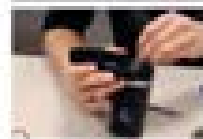
# STEP BY STEP

## now you know

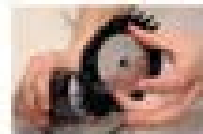
how to make a gear box with senior  
Robotics president Ryan Hannah



1. "You'll need a two millimeter Allen wrench and a 3/8 inch wrench. Not having the right tools, you'll waste time, and we don't like to waste time in Robotics."



2. "Take your STM box plastic plate and attach it to the STM motor with two screws."



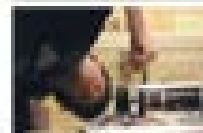
3. "Take the gear and place it in the center of the gear box."



4. "Place the metal mounting plate onto the STM box. There's grease, it's down and dirty."



5. "Insert screws into the holes and tighten them down with nuts."



6. "The last step is to mount it. Make sure everything is level, and put the bolts in. The gear box's purpose is to slow the motors down so they don't overheat or break."

Photos by Austin Barber



## bromantically INVOLVE

Lillian Bradford

"IT'S ALL ABOUT THE  
BRO LOVE. EVEN  
JESUS HAD BROS! HE  
LOVED HIS BROS!"

CHRISTIAN DAVIS



**THE BROS ARE BROS** Collin Callahan, Christian Davis and Jake Naman get into "Call of Duty" Dr Pepper and Little Caesars Pizza were staples of bro nights, until Jake Naman found out about his gluten allergy. (Photo: Megan Reade)

Zombie playing. Near-death experiences. Intense Youtube browsing. All in a day's work for Collin Callahan, Christian Davis and Jake Naman. (Or is it a night's work?)

"Our bro nights are an explosion of fun," Davis said. "They vary depending on whose house we go to. But they usually involve longboarding, video games, and copious amounts of Dr Pepper. We used to stay up all night, but we've gotten old and frail. Now we're asleep by 3 or 4 a.m."

"My house is the best for movie-watching," Callahan said. "We're kind of film critics. Our two genres are horror and anything from the '80s."

Davis' smirk grew into a full-on smile as he recounted their adventures.

"We and Austin Jorritsma almost got beat up while longboarding through the ghetto," he said. "I was ready to call 9-1-1, but we escaped - narrowly."

"I was on the other side of the street, so I pretended I didn't even know them," Naman said.

"Yeah, Jake's definitely the Judas of the group," Davis said. Naman shrugged.

Back at the "man cave," they get into heavy discussions ranging from girls to the zombie apocalypse. All within the confines of "bro trust," of course.

"Bro trust is the pinnacle of our friendship," Davis said. "Basically, it's the assurance that whatever you say won't be leaked to anyone. It's only been broken three times in history. Not too bad." Callahan and Davis became best friends in eighth grade. By freshman year, Naman joined the broship, too.

"Jake and Christian have become practically brothers," Callahan said. "Well, as close to brothers as biologically possible."

"One time, we hung out for a week straight," Davis said. "Then we had a bro sabbath. You know, a break from the bros. But we haven't gone more than three days without at least texting."

"I have a feeling we'll stay friends through college," Davis said. "We have too many good times to let them all go to waste."

### BROMENCLATURE

"When we saw 'Bed Intruder' on Youtube for the first time, I changed Jake's contact name in my phone to 'Antoine.' That's how it all started," Davis said.

From there, Disneyland trips, fascist dictators and caffeine-induced delirium inspired a series of unusual contact names.

"They change about once a month, now," Naman said. "There's a story behind each one."

**JAKE**  
ANTOINE  
ESQUIRE  
BROTHER JED  
BROSLEY STALIN  
RICKY  
TITUS  
MARILYN MARNOE  
FRANKLIN

**COLLIN**  
BRONETO MUSSOLINI  
CONDO QUEEN  
MS. COLLEEN CALLAHAN  
YANN  
THE FAT ONE  
GILDEROV

**CHRISTIAN**  
BOVICE  
THE INSPECTOR  
BROTHER JCM  
BRODOLPH HITLER  
HANNIBAL  
BRUDOLPH (THE RED-  
NOSED REINDEER)  
C-WASH  
BROBI WAN KENOBI  
CHRISTIAN MARIE



# GLOSSARY

## BROMENCLATURE

"When we saw 'BED INTRUDER' ON YOUTUBE FOR THE FIRST TIME, I CHANGED JAKE'S CONTACT NAME IN MY PHONE TO 'ANTOINE.' THAT'S HOW IT ALL STARTED," DAVIS SAID.

FROM THERE, DISNEYLAND TRIPS, FASCIST DICTATORS AND CAFFEINE-INDUCED DELIRIUM INSPIRED A SERIES OF UNUSUAL CONTACT NAMES.

"THEY CHANGE ABOUT ONCE A MONTH, NOW," NAMAN SAID. "THERE'S A STORY BEHIND EACH ONE."

### JAKE

ANTOINE  
SQUIRE  
BROTHER JED  
BROSEF STALIN  
RICKY  
TITUS  
MARILYN MANROE  
FRANKLIN

### COLLIN

BRONITO MUSSOLINI  
CONGO QUEEN  
MS. COLLEEN CALLAHAN  
VANN  
THE FAT ONE  
GILDEROY

### CHRISTIAN

BOVICE  
THE INSPECTOR  
BROTHER JEM  
BRODOLPH HITLER  
HANNIBAL  
BRUDOLPH (THE RED-  
NOSED REINDEER)  
G-WASH  
BROBI WAN KENOBI  
CHRISTIAN MARIE



# GLOSSARY

## Say What?

The definition behind the language in the race



**Booster Strap** (Noun)

\Boo•ster strap\

1. A tight elastic strap that tightens the boot to the ankle. By doing so, it increases control of the ski.



**Shred the Gnar** (verb)

\Shred the gnar\

1. The act of being awesome while shredding through powdery snow.



**Yard Sale** (Noun)

\yard sale\

1. A specific type of crash when all of the skier's equipment falls off and is laid out like a 'yard sale' on the mountain.



# GLOSSARY

## ***McLean-isms***

**WORD** "It's a simple way to agree with something." -Fiona Zaloshjna, 12

**AMIGO** "We use the word when you meet someone and you start to become friends with them." -Daniel Martinez, 11

**JANX/JANX-TY** "If I'm eating a burger and it's really good, it's janx. If something is messed up, it's janx-ty. It could be either messed up or the greatest thing ever, it's a double paradox of a word." -Taj Rauch, 12

**OOH, KILL 'EM** "Terio and his dance on Vine are iconic and ooh kill 'em is a beautiful way to inspire others." -Angie Antezana, 10

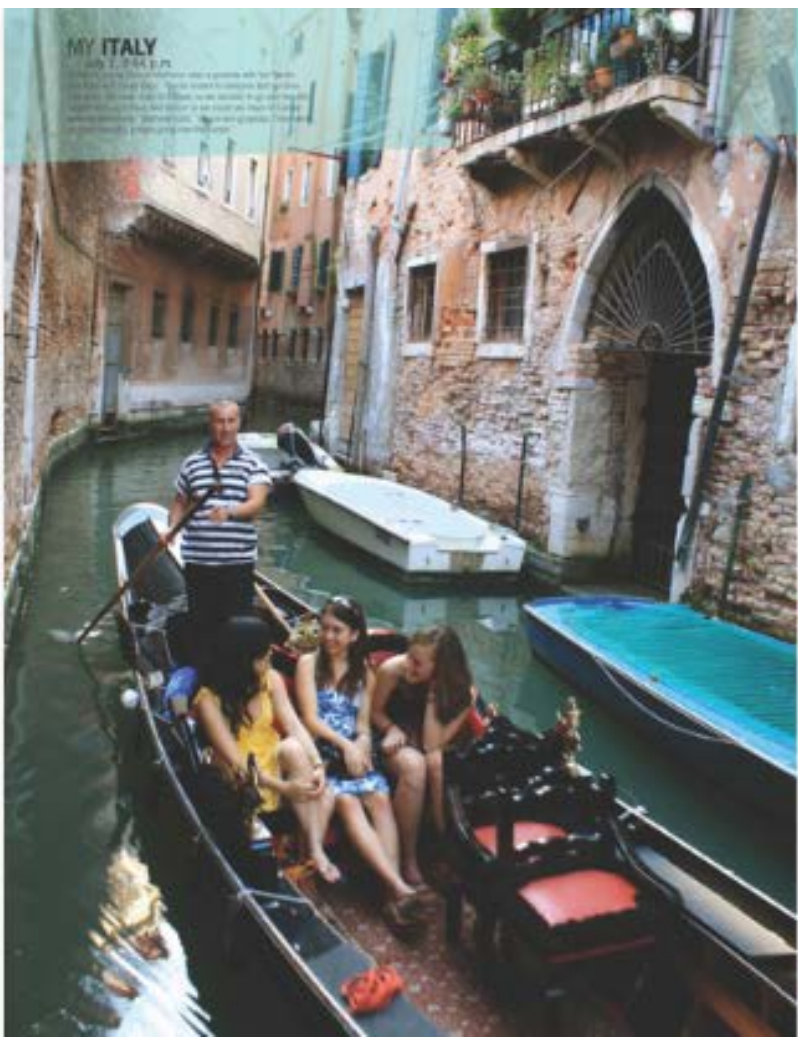


Stories happen  
**EVERYDAY**

Think chronologically.



# CALENDAR



## MY PLACE MY SUMMER

JULY					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
31					

AUGUST					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
31					

Special events, photos, and more! Includes a sidebar with a vertical list of dates and a small photo strip on the right.



# CALENDAR

17 PJ DAY

"If you don't go all out this isn't couple of days it does catch on. I was surprised to win second place but I was happy and it was a fulfilling experience."  
Taylor Crew, 11

18 PERFECT PAIR DAY

"My partner was Lizzy Helean and we were Thing 1 and Thing 2. Even though we didn't get called up [to the stage] we were just happy to be there."  
Kaitlyn Perkins, 9

19 USA DAY

"I was quite used to being up on stage. Getting the attention felt cool, though. I wanted to represent my grade."  
Dominic Peterson, 10

20 INITIALS DAY

"I was reading *National Geographic* and saw that someone had made [a meatball costume]. I decided to make one and it only took 45 minutes to create."  
Madison Brown, 9

21 SPIRIT DAY

"I figured it was the last time to go all out because next year I'll be wearing a towel so I might as well go all out while I'm still a junior."  
Jessica Littman, 11

22 DANCE

"I got my hair done at a salon because I could never figure out how to curl it myself. By the end of the dance it was wavy due to the heat, but I had a good time anyway."  
Mackenna Duke, 10

SHOWING

S P I R I T



# CALENDAR

## TOP FIVE

Students reveal the most memorable events and moments that occurred in August.

### LINK CREW

First-day-of-school

08/15/11

"My Friday starts. It has become the start of a special type of fun. Some of the staff was there, but I know a lot of people were excited about making this day, and it gave it a better feel. Having the teachers come a day earlier made it even cooler, without us having to even make a word either."

Ben Davis, 9

### LANCER DANCERS

Florida Bandfest

08/20/11

"We have been practicing all year so we can go to national. We do it every year on the Quarter. Good picture day for all sports because everyone is in a spirit, it is all white and the color banding team has just gotten back from a long trip, and it was just the best time to enjoy and see everyone of ourselves."

Lilly Rasmussen, 11

### CLASS PHOTO

Varsity Football

08/21/11

"I think it's fun that we have the pictures taken from every class that's ever been in that at the time I like having it because you can go through and point out people. I ordered the group picture so you can see everyone's personality and it will be fun to look back on and remember."

Ellie McHenry, 11

### PEP RALLY

First Day Assembly

08/25/11

"My favorite event in August was the pep rally. I really love when the whole school gets together like that at the same time. It sounds cheesy, but being in the gym with everyone makes it all of the school spirit."

Brennan Williams, 11

### LINK CREW

Football Game

08/26/11

"The Link crew game was a special link against football game. Link crew was in white and there were some special things, and Link crew, it was like to see all the new people and the opportunities of being together."

Kylee Phillips, 9



The student body comes together to show their spirit and support McLean in the home basketball games against Langley

## CLASH OF THE RIVALS

### GIRLS

**6:03:** Varsity McLean girls enter the gym.  
"Coming into the gym for the first time is really exciting. Personally, when I walk out, I feel exhilarated and get a rush of adrenaline." -Mia Lee, 12

**6:10:** Game starts.

**6:33:** Second half begins; Camila Prock makes the first point for McLean after halftime.  
"I think that the beginning of the game really sets the tone for the rest of the game. No matter who scores first, it gets us all going. When I make a shot, I feel more confident." -Camila Prock, 12

**6:34:** Crowd starts cheering and stomping, saying "Here we go, Highlanders!"

**6:52:** Elena Karakazoff makes both foul shots.  
"When making foul shots, it is crucial to clear your head and focus." -Elena Karakazoff, 12

**6:55:** McLean begins to chant "This is our house" while stomping their feet.

**7:03: MCLEAN WINS, 59-45.**

"We were so excited that we beat Langley and won the rotary cup. Everyone in the stands was cheering and yelling." -Elena Itinaguerra, 11

### BOYS

**7:14:** Langley players come in; McLean fans turn their backs to them.

**7:15:** Fans turn back around as the McLean varsity boys come into the gym.

"Coming out of the locker room is an awesome feeling. It's fun to see how loud and crazy the crowd is." -Spencer Warner, 12

**7:35:** Game starts; Alex Gleisman wins tip-off.  
"Winning the ball helps to increase your confidence in how you will play in the game. It's nice to start off strong." -Alex Gleisman, 12

**7:48:** Logan Legg makes 3-pointer; McLean leads Langley 8-5.

"There are many drills that I do in order to improve my three point shots. When playing, I saw the opportunity to shoot, and all of my practice paid off." -Logan Legg, 11

**7:51:** Joey Sullivan comes into the game; crowd chants his name.

**8:15:** "Defense" cheer.

"Throughout the game, we did all of the classic cheers, but it was definitely a lot louder this time. Everyone was really into the game." -Matt Gleismowitz, 12

**8:21:** Referee calls a foul against McLean; Coach O'Brien talks to ref; crowd boos.

**8:46:** McLean is one point behind Langley.

**8:50:** Game ends; Langley wins 47-50.





*The student body comes together to show their spirit and support McLean in the home basketball games against Langley*

short  
STORY  
LONG

## CLASH OF THE RIVALS

### GIRLS

**6:03:** Varsity McLean girls enter the gym.

"Coming into the gym for the first time is really exciting.

Personally, when I walk out, I feel exhilarated and get a rush of adrenaline." -Maia Lee, 12

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# TIMELINE

## 2011 IN REVIEW

important events of 2011

January 1, 2011

1/25

### START OF EGYPTIAN REVOLUTION

"I think it's important that people are standing up for their freedom and because of it, other countries, especially in the Middle East, have also been revolting against dictatorships."

-Tala Abouf, 10

2/27

### "THE KING'S SPEECH" WINS THE OSCAR FOR BEST PICTURE AT THE 83RD ANNUAL ACADEMY AWARDS

"Best thing ever. The movie was so inspiring."

-Will Kemp, 10

3/14

### MUSIC VIDEO OF "FRIDAY" BY REBECCA BLACK GOES VIRAL

"It's one of those songs that's catchy, but the lyrics and the singer are horrible."

-Laila Salamah, 11

5/2

### DEATH OF OSAMA BIN LADEN

"It was such a big accomplishment for America and it made me feel safe. I was really proud."

-Denise Saab, 9

7/15

### "HARRY POTTER AND THE DEATHLY HALLOWS PART II" PREMIERES

"It was the best thing ever. I'm so devastated that it's over. I was sobbing in the theater."

-Maha Malik, 10

7/25

### END OF 130 DAY NFL LOCKOUT

"That was stupid. It's an American pastime so they should comply. I love football."

-Nikid Lee, 10

8/21

### HURRICANE IRENE

"It was kind of anticlimatic because it was hyped up for nothing. I had a soccer game in the 'hurricane'."

-Grant Thompson, 12

9/17

### OCCUPY WALL STREET BEGINS

"I thought it was obnoxious because it caused problems and they didn't think logically about how to reach their goals."

-Lauren Osuch, 10

10/31

### KIM KARDASHIAN FILES FOR DIVORCE FROM KRIS HUMPHRIES

"72 days married and then divorced. What was the point?"

-Rawla Rosell Nunez, 10

2/6

### GREEN BAY PACKERS WIN SUPERBOWL XLV

"I wish the Packers didn't win because they're too good of a team and overrated."

-Brian Maffei, 9

3/11

### 9.1 MAGNITUDE EARTHQUAKE IN JAPAN AND A SUBSEQUENT TSUNAMI

"The earthquake was devastating, but it was surprising how fast they were able to clear the roads."

-JR Balmaceda, 11

4/29

### ROYAL WEDDING OF PRINCE WILLIAM AND KATE MIDDLETON

"It was so romantic and it was fun to feel like I was a part of such a big event even though England is so far away. And her dress was so beautiful."

-Sabrina Rezbicki, 9

7/1

### NBA LOCKOUT BEGINS AND ENDS DEC. 8

"I'm so glad it's over. The Bulls beat the Lakers by one point on Christmas day. It's so great."

-Marcus Buraugh, 10

7/21

### NASA'S SPACE SHUTTLE PROGRAM CONCLUDES WITH FINAL LANDING

"It was right before I went to NASA summer camp so I couldn't watch it, but I watched a preview and it was amazing."

-Ted Lin, 12

8/6

### LONDON RIOTS BEGIN

"They were really frightening and probably foreshadows what will happen in the U.S."

-Madison Gallagher, 10

9/11

### TENTH ANNIVERSARY OF 9/11

"The tenth anniversary programs on TV helped us understand the emotional impact of the attacks that we didn't quite get when we were younger."

-Yasmine Panah, 12

10/5

### DEATH OF STEVE JOBS

"It was a huge loss for the technology industry because he put pressure on other companies to do better."

-Matthew Choi, 10

12/15

### U.S. FORMALLY WITHDRAWS ALL TROOPS FROM IRAQ

"Obama kept his promise because he said he would do it and it'll get him re-elected."

-Aspen Spelman, 11

December 31, 2011



# TIMELINE

2/27

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-Sabrina Rozbicki, 9



# TIMELINE

worthwhile

A timeline of Redline from the perspective  
of a fireman





# TIMELINE

We live to express. WE LIVE TO THINK.  
WE LIVE TO EMPOWER. WE LIVE FOR THE EXPERIENCE.  
WE LIVE WITH OBSTACLES. WE LIVE AS WARRIORS.  
WE LIVE TO TRAVEL. WE LIVE FOR THE FUTURE.

the end of an ERA.

After 27 years and countless lives influenced, Principal Ron Booth announced his retirement on Nov. 17, 2011. He reflects on the culture of Arapahoe, on his pride for his school and his legacy.

One of the consistent highlights is the quality of our students, the strong spirit, the positive attitude and the impressive achievements.

Every day was a highlight – I looked forward to coming to work every day. I tell the administrative team that I can't wait to get here tomorrow to find out what's going to happen because there's always something going on – there's always something new and different every day. I see them as opportunities.

I've rarely been disappointed working with the teenagers or the staff or the parents. I find that one of my highlights is that the students have remained wonderful; they are refreshing, they are stimulating, they are innocent, they are thoughtful, they are caring, courteous, and patriotic. They respond to verbal controls and want to do well. And I like that.

So that was one of my highlights – to always work with and help nurture teenagers to do their best every day.

Another highlight for me is the memory that I hired everyone here. Mrs. Pramenko is the only one who reminds me that I didn't hire her. She was here when I first arrived in 1985.... I know the profile of an effective teacher at Arapahoe and if they're not an effective teacher, I don't renew them during their probationary years.

I think another highlight was in 1988 when President Bush came here – he was the Vice President at the time and he was running for the presidency. George Herbert Walker

Bush – to have him visit Arapahoe was a highlight. I remember President Bush visiting room W-105 and interacting with students during chemistry lab.

There are other highlights for me that I won't forget. I remember being in the hall where the library is located now. And it was between classes so the halls were really crowded and I was just standing there and this tall boy is walking through the crowd and I hear him call out loudly, "Give room. Higher-level private coming through." And the kids stopped – you know how crowded it is down there – they stopped, looked, and then they parted the hall and he marched through proudly with a big smile and all the students laughed. He must have been coming from AP Biology, and he thought he was really something when he marched through. It was funny; all of his buddies were pushing him after that; the kids were hysterical. That was funny to me; we all laughed. But that's the innocence of teenagers at Arapahoe. A memory forever for me.

What else? The Native American relationship, and our assemblies – all of those interactions have been strong memories. And one of the things I'm working hard on at this time is to maintain our special relationship with the Arapaho Tribal People.

So I'll help with the transition. I'm not going away. I will have a granddaughter here next year as a freshman and I'll have another granddaughter the year after that. My wife and I will return and attend events.

I won't go away permanently; I'll help with the transition, and definitely with the Native Americans especially.

I am both proud and very happy that Mrs. Natalie Pramenko will be Arapahoe's new principal. She and I worked closely for the past eight years and she is wonderful. Mrs. Pramenko is a Warrior through and through.

looking FORWARD.

Natalie Pramenko talks about her new role

Q: What are your thoughts on being named principal?

A: I am extremely excited, honored and proud to be selected to lead Arapahoe.

Q: How does it feel to follow Mr. Booth – who has been here for 27 years?

A: I think that's probably one of the challenges but certainly something I'm aware of. Almost everything I've learned I've learned from Mr. Booth. Because I've worked with him for 8 years, it'll be a smooth transition.

I come to work every day asking how I can do my job better – always looking to improve. I hope to continue the tradition of excellence and culture – continuous improvement.

Q: What plans or vision do you have for next year?

A: I'm not looking to make major changes. This spring, I want to sit down with stakeholders (teachers, students, administrators, parents) and ask them, "What do you value,

and not want to see change? And what do you envision changing?"

Q: How are you planning to keep the connection with the Arapaho tribe?

A: I'll do whatever it takes to keep our strong relationship with the Arapaho. I already have a good relationship with the principal at the Wyoming Indian High School.

Mr. Booth will also help with the transition with the tribe. He says he'll be a phone call away and I know that I can call him with any questions.

I really believe the relationship with the Arapaho is the piece that makes Arapahoe so unique. We have incredible school spirit. It's really something special to be a Warrior, and not just a Warrior, but an Arapahoe Warrior – and we know what that means.

**1988**  
Vice President and presidential candidate George H. W. Bush holds campaign rally in the main gym

**1997**  
A new east entrance (The Subble, designed by students, is dedicated

**1994**  
U.S. Dept. of Education recognizes Arapahoe High School as "Blue Ribbon School"

**2005**  
Construction of the auxiliary gym and the study center is completed

**2012**  
Ron Booth retires and graduates with the class of 2012

**1985**  
Ron Booth joins AHS as new principal

**1993**  
Booth establishes unique relationship with Arapaho Tribal Nation



# TIMELINE

## BREAK THROUGH with Allyson Kuhn

Like father, like daughter - senior Allyson Kuhn follows in her dad's footsteps by playing softball in college

Fastballs, change-ups, drop two balls, and curve balls are all common pitching terms Allyson Kuhn uses as a daily basis. Allyson has grown up with a glove on her right hand and the ball in the other. "I have played softball all my life with my dad as my coach," said Kuhn.

Allyson's dad plays a major part in her life. Mr. Kuhn doubles as a father and coach. Mr. Kuhn isn't just your normal parent volunteering his time just to help his daughter, he was a star athlete as well. "My dad played baseball in college and he also played on the minor league team for the Los Angeles Dodgers," said Kuhn.

Allyson has some big shoes to fill, but with the help of her family and the support they have provided over the past years, she has reached her

number one goal, which is to play in college. "I'm super excited because I feel like all of my hard work has paid off," said Kuhn.

Allyson wouldn't have accomplished any of her goals if it wasn't for all the obstacles and adversity she has faced during her softball career. "The Tuscarora softball program has taught me to push myself and how to become a leader," said Kuhn.

Allyson and the rest of the team have developed a strong work ethic through their many hours of conditioning and practice. The team gave Allyson the sense of becoming a family and putting differences aside to work together as a team that should continue to pursue in her future career as an Olympic at Tuscarora College, as well as being a smart student and leader in times.

MR. KUHNS PLAYED FOR LOS ANGELES DODGERS MINOR LEAGUE TEAM



**WINDMILLS (2004-05)**  
Age 9-11  
"I liked watching my dad throw and thought it was funny when she would occasionally mess up."  
- Ally Kuhn



**SPRING TIME**  
Age 1  
"We'd go together when starting softball so that I wasn't going to be the last."  
- Allyson Kuhn

**CHAMPIONS (SPRING 2007-08)**  
Age 12-14  
"I liked that my parents got to watch me play." - Allyson Kuhn



**LOUISIANA COUNTY HIGH SCHOOL (SPRING 2010)**  
Age 15  
"It was very fun to play on County and the three freshmen we really stuck together." - Allyson Kuhn



**TUSCARORA HIGH SCHOOL (SPRING 2011-12)**  
Age 16-18  
"I've played with Ally for a long time so I was proud that all of her hard work paid off."  
- Junior Mattie Lufkin



**COMMUNITY COLLEGE OF TUSCARORA (October 29, 2012)**  
"The exciting and quite an accomplishment to see her move on to play in college because all the hard work pays off."  
- Mr. Smith, softball coach means commitment to career move

Under Allyson Kuhn (center) is a general ball hit back to the pitcher. means  
- Mr. Smith





# TIMELINE

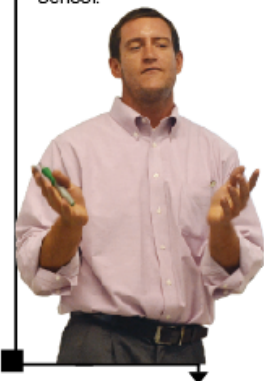
## a decade ago

*math teacher Jake Farmer explains of the ways McLean has changed in the last ten years*

**2000:** "As a freshman, the school seemed really big and I was scared of upperclassmen."

**2004:** "The school was under construction. There was no ceiling and there were pipes and wiring over our heads. As a senior I was named All Region for varsity football and I won the Angus Award for All District varsity baseball."

**2008:** "My first year teaching I taught World 1 at McLean and I also taught math at Longfellow Middle School."



**2013:** "The teachers that are still here that I had are Ricketts, Howell, Wolpert, McGinnis, Muskett and Ruff. Overall, the school seems to be smaller and the kids are louder. There is more social media and cell phone use now because back then our Internet was dial-up 56K."

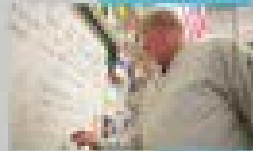
*photo by Takaaki Kato*



# SCHEDULE

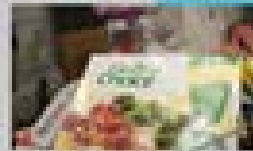
## DAY IN THE LIFE OF AN ENGLISH TEACHER

Compiled by Maria Braggs



7:30 AM

"By seven-thirty this morning, I search for a great quote from a novel that makes a connection to the lesson plan for the day in class."



9:50 AM

"After final period I make my way down to the teachers lounge for a quick snack, the millionth of a double, but the weight loss challenge."



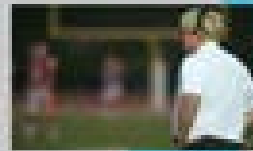
11:00 AM

"I am searching the AP English Literature list for the next unit with periods expertise because I get to teach the story later today and remember every word in class."



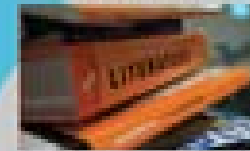
12:20 PM

"I'll jump out from the teachers lounge or just stay in the classroom and read a newspaper or call out my wife for a couple minutes."



3:55 PM

"I'll head down to the gymnasium, depending on when it's baseball or football season. I'll stay there until later than 4 PM coaching the team."



7:30 PM

"When I get home, I eat a healthy dinner, maybe a treat here and there on occasion. After I grade papers or watch the news."



# SCHEDULE

## TAGGING

along

freshman Kristine Yarnoff breaks down the band's fundraising event, Tag Day, on Sept. 17

### 8:30 a.m.- Meet up in band room

"It was hard getting up, but we had a job to do."

### 9 a.m.- Leave in groups to designated areas

"My group all got along with each other really well, we had a lot of fun walking to the different houses."



Elizabeth Peartree, 9 and Nick Brandon, 9

### 12 p.m.- Lunch at Subway

"I got a Spicy Italian sub from Subway; it's what I always get. It's very yummy."

### 12:30 p.m.- Ask for donations on Old Chesterbrook Road's side-streets

"We just walked up to various houses and asked for donations for band. Most people were really nice and gave us some money."



Elizabeth Peartree, 9

photos by Kacey Beckham

### 3:30 p.m.- Meet in band room and turn in donations

"I was happy I could go home and sit after walking around all day long."



# QUOTE ME

Get more students in your book.



# CHECKLIST



## PACKING LIGHT

Colin Callahan/Megan Reade

WHAT TO TAKE TO THE JEA/NSPA  
JOURNALISM CONVENTION IN SEATTLE  
(APRIL 11-15) WITHOUT TIPPING THE SCALES



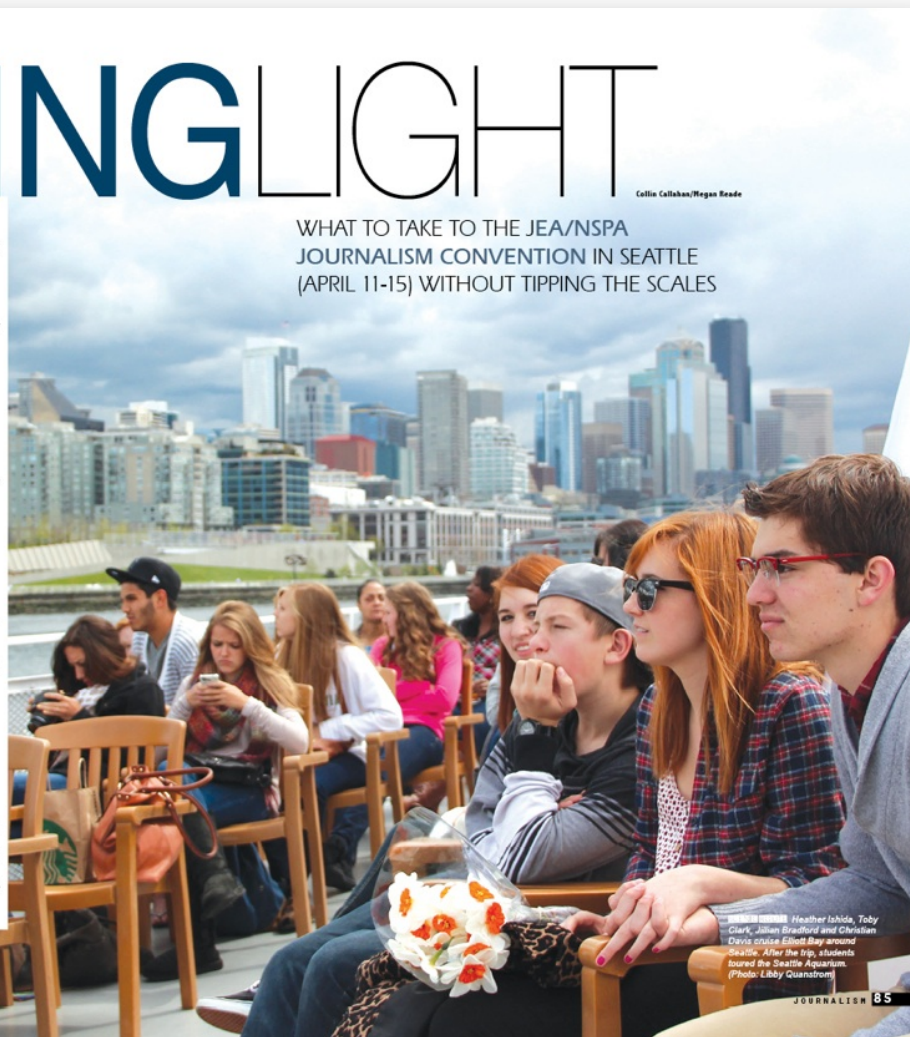
**WINGS 2011** The yearbook staff poses with their baby ("Wings 2011") on display at the Watkins Publishing booth. "Wings" won its 46th national Pacemaker award. (Photo: Greg Wojcynski)



### IF THE SHOE FITS

**Pack It** Four-day trip. Two girls. Ten pairs of shoes. One suitcase. \$40 round trip. "I couldn't fit everything into my carry-on," Libby Quastrom said, "so Megan Reade and I split the cost to check a bag. My clothes fit into my carry-on, but my shoes had to go in the checked suitcase. I wore every single pair of them - even three pairs in one day." So was it worth it? Absolutely. (Photo: Megan Reade)

- ☑ **COMFORTABLE SHOES** to walk around Pike's Place Market  
**Michael Veloz:** "The first shop I saw sold flowers. I bought some, because Christian Davis needed them to ask Jillian Bradford out. I laid my eyes on some daffodils and knew they were the right ones."
- ☑ **PAPER AND PENS** to take notes during sessions  
**Toby Clark:** "Kathy Daly's photography seminar was by far the best one. I learned about ISO, shutter speed and how to set a camera during different situations. Hopefully next year I can get better photos."
- ☑ **MONEY AND SUNGLASSES** (or an umbrella) for the harbor cruise  
**William Shaw:** "It was 'mist-ical' on the cruise. I was on the top deck of the ship the entire time. When we got on, I thought the weather would be nice. It was sunny out. Then it started to rain. It was cold and windy. But it was worth it to see Seattle."
- ☑ **FANCY DRESS/SUIT** to wear to Sullivan's Steakhouse  
**Kelton Murphy:** "Chandler [Stier] and I were about to put on our dresses, when we realized we had hairy legs. We didn't have time to take showers, so we started the bath, put on shorts, and shaved our legs together."  
**Connor Wilson:** "I ordered the asparagus bisque, but I didn't know it was soup. I expected a biscuit with asparagus on the side. When I got it, my exact words were, 'There's no way I'm eating this.' It looked kind of disgusting. Luckily we had Jason [Huang] at our table. He ate all our leftover food."
- ☑ **CAMERA** to take pictures of the EMP (Experience Music Project)  
**Chandler Stier:** "The EMP is a big museum dedicated to music and pop culture. It looked like we'd arrived in space. The buildings were all glistening and colorful and weird."  
**Julia Naman:** "They have guitar, piano and drum rooms where you can have a jam session. I was in one of them with Haley [Mulder], Heather [Ishida] and Chandler. They had chord charts and stuff on the walls, but we went our own way. I was beating vigorously on the drums when the stick snapped in half. I yelled, 'Run!' We got out there fast."
- ☑ **STARBUCKS CARD** to use at one of the 400+ Starbucks coffee shops  
**Jillian Bradford:** "At the first Starbucks, Christian and I argued about who would buy my coffee. Jake [Naman] said to let Christian pay, so I agreed. Julia wanted to take a picture outside, so I went with her. When I went inside I saw 'Turn to Page 28' on my cup, and I was confused. Christian handed me daffodils and 'The Great Gatsby' and said, 'Maybe you should turn to Page 28.' I opened it, and the words 'Will you be my girlfriend?' were highlighted along the next couple of pages. I said yes and still have the flowers. They're dried on Page 28."



**STARBUCKS** Heather Ishida, Toby Clark, Julian Bradford and Christian Davis sit on Elliott Bay around Seattle. After the trip, students toured the Seattle Aquarium. (Photo: Libby Quastrom)



# CHECKLIST

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50 ways  
to tell a story

#33

# QUOTES

hit me with your  
**best shot**

varsity talks about  
their favorite shot

## baseline jumper

"It's the shot I'm best at.  
Plus, it was the first  
varsity basket I made my  
sophomore year."  
-John Pascoe, 12

## free throw

"I like it because of all the  
cheering and if you make it,  
you get to hear the opposing  
side go quiet."  
-Milos Lesevic, 12

## three-pointer

"It's my favorite  
because it is a  
big momentum  
shifter."  
-Joey Sullivan, 11



photos by Segall Majestic



# QUOTES

## all **BOXED** in

"It's always raining when we go outside, so everyone gets wet. Plus the trailers are always cold."

-Fayez Jabboure, 9

ever wonder what it's like in the new trailers? these students share.

"I like that it's a nice break from the school environment."

-Joey Sullivan, 10

"On a sunny day, it is nice to be able to walk outside to class in the trailers."

-Lily Huffman, 12

"There is more of a team environment because the rooms are more compact."

-Jack Saunders, 9

*photos by Mara Corbett, Casey Hall and Emily Winchester*



# QUOTES

## TWISTS & TURNS

GYMNASTICS PULLS TOGETHER TO FACE CUTS IN COMPETITION

**SUBMERGED IN MUSIC**, the energy of the crowd and facing the nerves and excitement in her body, sophomore Jennifer Schleicher prepared to perform her favorite event: floor. Schleicher said she got the biggest rush from performing her back handsprings in front of the crowd.

"Nobody can look stupid while doing a floor routine because it's so much fun to do and watch," Schleicher said. "Anything looks easy in floor. I also think the audience enjoys floor the most because they get an idea of by clapping and cheering."

SM East gymnasts would come to SM North and practice in the Little Gym with the North gymnasts because the two teams shared a coach. In the previous year, North practiced at East. Even with the school rivalry, the girls treated each other like they were sisters.

"You would think that they are our biggest enemy," Schleicher said. "They are super sweet and everyone gets along and has a lot of fun together."

Coaching both East and North, coach Chuck Landfield, a former North grad and Kansas Gymnastics Association's Gymnastics Coach of the Year, got spread pretty thin, but with the help of his assistant coach, Haley Massey, a former North gymnast, he said things were much more manageable.

"I was a competitive gymnast at North and in college," Landfield said. "I have always enjoyed coaching and like to watch the girls improve. The look on their faces when they have a good performance is always nice to see."

Both teams would compete against each other, even though they practiced together. They would compete in a typical meet where there were four events: beam, bars, vault and floor.

"I'm definitely best on the beam out of the four events," sophomore Sarah Grandenrath said. "Although, I really love my floor routine this year, because I actually feel kind of graceful."

Due to cuts in the schools' budgets, the team didn't have as many meets as in past years.

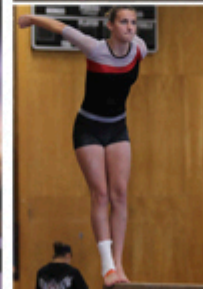
"I'm really disappointed that they cut down on our meets," junior Elaina Ziza said. "At least they didn't cut gymnastics completely out."

Despite having fewer meets, the team worked with the time allowed. Some girls had aspirations of competing at a higher level while others were participating for the time being.

"I plan on doing gymnastics for the rest of high school and learning new skills," Schleicher said. "Other than that, I'm not good enough to do anything crazy like the Olympics and whatnot."

By Andrea Myers

**TWISTED AT AN** angle, junior Jennifer Lannan completes a half-on-half-off landing on the vault. "Gymnastics teaches you how to work hard and be intense about something that you like," Lannan said. Photo by John Boyce



**KNEE BENT AND** arms outstretched for balance, sophomore Jennifer Schleicher prepares to perform a "heel stretch" on the balance beam. "Beam is extremely difficult to compete on," Schleicher said, "but that's what makes it exciting." Photo by John Boyce

**IN THE MIDDLE** of her beam routine, junior Jennifer Lannan performs a front walkover at the State competition. "Gymnastics is great because there are four very different events you get to compete in, so it's a different every day," Lannan said. Photo by John Boyce

### THE MAIN EVENT

WITH FOUR VERY DIFFERENT EVENTS, EACH GYMNAST HAD AN OPINION ON WHAT IT WAS REALLY LIKE TO COMPETE IN THEM



UNEVEN BARS

"I love the feeling of being able to swing, flip, and do all kinds of things that you can't do in other sports. It's really challenging." JUNIOR NAOMIE SCHLEICHER



FLOOR

"I love floor because there is so much about it that is fun and free, but still very challenging." SOPHOMORE JENNIFER SCHLEICHER



BEAM

"Beam is my favorite event because I like the challenge of having to stay on and it lets you show off your skills." JUNIOR JENNIFER LANNAN



VAULT

"Vault allows you to show off your power and it's nice you get two tries to stick your landing." JUNIOR ELAINA ZIZA

**RIGHT BEFORE HER** back flip, sophomore Sarah Grandenrath flexes on her arm bar. "Gymnastics teaches everyone that's better," Grandenrath said. "It always cheer for each other." Photo by John Boyce



**AFTER THE COMPETITION**, junior Maggie Schleicher gives a congratulatory high-five to her teammate junior Jennifer Lannan. "I'm talking to the girls and cheering them the whole time we get to see them do what they're good at," Schleicher said. Photo by John Boyce



# QUOTES

**THE MAIN EVENT**

WITH FOUR VERY DIFFERENT EVENTS, EACH GYMNAST HAD AN OPINION ON WHAT IT WAS **REALLY** LIKE TO COMPETE IN THEM.

**UNEVEN BARS**

"I love the feeling of being able to swing freely and being the difficulty of stronger things with it."

**JORDAN BLAYNE**

**FLOOR**

"I love floor because there is actually a lot of it that is fun and free, but still very challenging."

**JORDAN BLAYNE**

**BEAM**

"There is my favorite event because I like the challenge of being on top of that and how you show off your skills."

**JORDAN BLAYNE**

**VAULT**

"Vault allows you to show off your power and it's nice you get one more to show your landing."

**JORDAN BLAYNE**



# QUOTES

*I am a*

*Highlander*

*what does it mean to be a Highlander?*

**OUTGOING**

"Highlanders go for their goals and are willing to take risks."

-Kaelyn Matthews, 11

**PRIDE**

"When people ask me what school I go to, I don't respond shamefully. I proudly say I'm from McLean!" -Arjan Peters, 11

**SUCCESSFUL**

"Being a Highlander helps students get ready for life after high school." -Kendall Taylor, 12

**LOVE**

"You love your school, your team, and your peers, and you want them to succeed." -Katie Mahoney, 11

**UNPREDICTABLE**

"Everyday is a different experience. I meet new people and learn more about myself." -Stephanie Bourland, 11



# QUOTES

**Did you know...**

"I want to skydive so I can experience flying."  
Nicholas Lumbrales (12)

"I want to go camping with my close friends."  
Georgia Lynch (12)

"I want to go to my old neighborhood."  
Jacqueline Macdonald (12)

"I want to participate in the October Movement."  
Christine Mical (12)

"I want to make my mother proud."  
Ricky Mestas (12)

"I want to play a golf cart and go for a joy ride."  
Denise Magana (12)

"I want to get a cell phone."  
Jurnal Marin (12)

"I want to skydive in Mexico."  
Stephanie Manas (12)

"I want to graduate with long-lasting friendships."  
Kayla Mariscal (12)

"I want to make a difference in high school."  
Maranda Marple (12)

"I want to be noticed for my talents."  
Kyle Martin (12)

"I want to mend broken friendships."  
Christina Martinez (12)

"I want to enjoy my senior year."  
Jonathan Martinez (12)

**1. END OF RACE** After his race at the Gregori swim meet, David Saffar receives advice from his coach, a FRESHMAN STRONG Competing in the 200 IM. Justin Yee fights physical and mental fatigue. "I'm very competitive when it comes to swimming," said Yee. "I love the feeling of beating my own times and winning events."

**2. ROWING TIED** Between rows at the Munk swim meet, Joseph Sada manages to make a few laughs while waiting for his next heat. "I love my team because we can all joke around with each other," said Sada. "It's always a good time with them."

**3. TAKING A BREATH** Swimming breaststroke at the Munk swim meet, Christopher Brail competes with perfection. "I was never as serious about swimming as I am now," said Chris Brail. "The guy in the lane next to me pushes me to swim to my best ability."

**4. DEEP BREATH** Taking a deep breath before swimming his way to the finish line, Trent Williams gives it his all at the Munk swim meet.

**5. GOGGLES OFF** With goggles falling off after the start of the race, Josh Michaels isn't fazed at all. **6. HEELS TO GO** Andrew Gomez takes one final breaststroke before reaching the finish line.

## MAKING A splash

Swimmers put their talents to use

STORY BY SHAWNEE MARTINEZ • PHOTOS BY SHOOB PHOTOGRAPHY, SHAWNEE MARTINEZ & JON VAN HOEN

**knowing your STROKE**

Techniques for the perfect swim form...

**backstroke**

"In this stroke, I simply lay flat on my back and rotate my right and left arm through a pulling pattern and kick my legs. I probably kick anywhere between 4-7 times per stroke."  
Andrew Gomez (12)

**freestyle**

"I lay my body flat on my stomach with my face down in the water in. My palms are down and I push through the water lifting my head to the right for a quick breath after each stroke."  
Joshua Wilson (9)

**breaststroke**

"When doing this stroke, the steps are quite simple. I just pull my arms in as I inhale and bring my hands together while I thrust my legs, exhale and glide. Then I repeat the steps."  
Tyroner Orland (10)

**butterfly**

"I keep my legs together and kick in a fluid wave-like motion. I continuously move my arms in a big circular motion and bring my arms up out of the water like how a butterfly does it."  
Joseph Sada (9)

Separated by lanes, individual swimmers representing a variety of schools raced to be first in each event in order to score points for their team. Although points were essential for team victory, a small number of boys on the swim team weren't so worried about the racer in the lane next to them. Each swimmer was essentially competing against his own times—crunching down numbers.

In swim there's only one true competitor in the pool—it's each swimmer against himself.

"Swimming isn't an easy sport," said coach Keith Herring. "New members expect it to be simple, but most realize how tough it is on their body and how tough the competition is. You have to know the right techniques. You can't expect it to just come naturally."

For swimmers like senior Christopher Brail, veteran of the team all four years, it almost seemed second nature.

"I started swimming when I was a freshman," said Brail. "Once I began setting records for the school, I realized my potential. As of now, I hold four school records and hopefully I'll continue to gain more strength and endurance and beat my personal records."

Brail doesn't hold the reins alone, however. Sophomore Justin Yee and senior Alex Mastache have the same drive and motion in the pool.

"I'm really competitive in the pool. It always feels great when I beat guys in the lanes next to me. I think that is what pushes me to continue to

beat my personal times," said Yee. "I get excited whenever I compete in events because I know I'm the youngest boy on the team who plays for varsity at every swim meet. Sometimes it's really intimidating seeing older swimmers I'm expected to compete against, but I know what I am capable of and I know I can keep up."

"Chris and I were neck and neck throughout the season," said Mastache. "I have yet to hold a record, but when competing in meets I usually end up on top. It's really hard to explain—swimming isn't like any other sport. It's just you in the water, worrying about beating yourself and finishing just as strong as you started."

Aside from the competition, they all swim for one team and work hard to improve as a team.

"Sometimes I forget that I'm the youngest boy on varsity competing at the same level as seniors and juniors. But this is also my second year swimming at this level so it's not new to me," said Yee. "I think it's cool because the guys joke around with me all of time. I know they're kidding and it has helped me grow closer to the other swimmers and has made me care about the team more."

"When I'm in the pool I swim for myself and focus on me," said Brail. "But I play on a team and for my team. My experiences on the swim team the past four years has shaped the athletic swimmer I've become and will make me a better teammate when I compete at the college level."



# QUOTES

*knowing your*  
**STROKE**

Techniques for the perfect swim form...



The image shows four swimmers in a pool, each demonstrating a different swimming stroke. From left to right: a woman in a blue swimsuit and goggles performing backstroke with one arm raised; a man in a white swim cap and goggles performing freestyle with one arm extended forward; a man in a blue swim cap and goggles performing breaststroke with arms extended forward; and a man in a blue swim cap and goggles performing butterfly with arms extended forward. The background is a bright blue sky and water.

*backstroke*

"In this stroke, I simply lay flat on my back and rotate my right and left arm through a pulling pattern and kick my legs. I probably kick anywhere between 4-7 times per stroke."  
*Andrew Garcia (JCI)*

*freestyle*

"I lay my body flat on my stomach with my face down in the water in. My palms are down and I push through the water lifting my head to the right for a quick breath after each stroke."  
*Joshua Wilson (9)*

*breaststroke*

"When doing this stroke, the steps are quite simple. I just pull my arms in as I inhale and bring my hands together while I thrust my legs, exhale and glide. Then I repeat the steps."  
*Turner Orland (JCI)*

*butterfly*

"I keep my legs together and kick in a fluid wave-like motion. I continuously move my arms in a big circular motion and bring my arms up out of the water like how a butterfly does it."  
*Joseph Sorda (9)*



# QUOTES

## making mornings count

football players explain types of lifts done during zero hour



"[To do a straight leg dead lift] you need to pick up the bar, keep your head up, chest up, and legs straight with the bar in front of you. Bend forward until the bar hits the ground and then stand up straight. [Straight leg dead lift] is not my favorite lift, it's tough on my lower back."  
senior Wade Hanna



"[To do bicep curls you] pick up the weights and hold them at your sides. Then lift them with your inner wrists facing up, lift them all the way to your shoulders. [I like doing bicep curls] because it makes my muscles nice and big for the girls."

sophomore Ryan Smith



"[My least favorite lift is] hang cleans because I don't like technique based lifts. [To do a hang clean] you hold the bar a shoulder width apart in front of you, then shrug your shoulders while pulling your arms up. Then squat under it and flick your wrists, you're kind of catching the bar."

junior Coleman McCann

Photos by Eric Quisenberry



How does this  
**COMPARE?**

Give perspective & include more people.



# COMPARISON

## near or far

*students describe  
how long it takes  
to get to school*

---

### 700 ft

"I live really close so I walk to school. I don't leave my house until 7:05"  
- Daniel Furth, 12

---

### 1.3 mi

"I live pretty close so I leave my house around 7. I usually drive and by car it's about five minutes and walking it's about 15 minutes."  
- Alexa Stieg, 11

---

### 2.9 mi

"I used to take the bus until I got my license. Now I have more time in the morning to get ready because I don't leave my house until about 8:55"  
- Rochelle Sacks, 11

---

### 4.5 mi

"I live in Vienna and I usually take the bus and I have to leave at 6:40 to take the bus. To drive here it takes about 25 minutes because of traffic."  
- Sophia Keilholtz, 9

---

### 6.0 mi

"I live past Vienna and I take the bus but I have to wake up at 5:20 so I have time to get ready because my bus comes at 6:30. It's hard to hang-out with friends because most live super close to the school"  
- Sarah Kolyani, 9



# SCALE

the good, the bad and the

**IN BETWEEN**

everyone has a different first day back to school

**Miranda Creason, 9**

"I missed the bus in the morning and got on the wrong bus going to Longfellow. Then I had to get my schedule changed."

**Justin Reynolds, 10**

"On the first day of school all of my teachers were surprisingly nice!"

**Aceile Hammad, 9**

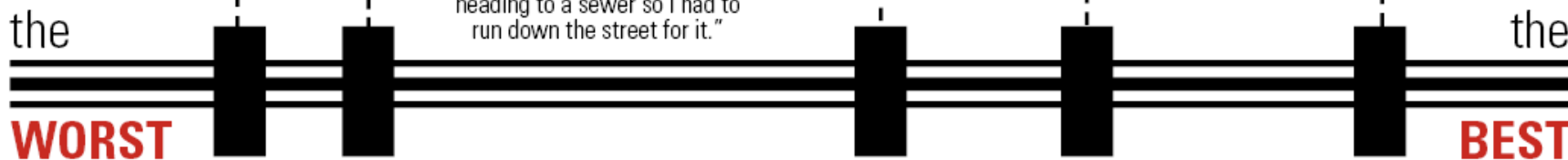
"It was raining really hard in the morning when I was walking to school. This huge stream took my shoe off my foot and it was heading to a sewer so I had to run down the street for it."

**Wells Jones, 11**

"I realized that all of my Red Day classes are pretty easy because they are mostly electives, so it turned out to be a lot of fun."

**Stephen Clark, 10**

"On the first day of school my mom brought me Chipotle for lunch. It was so delicious."





# RATING

## sweet thing

With colder weather students keep warm by drinking hot chocolate. On a scale of 1-5, they give their reviews.

"Starbucks hot chocolate is delicious, and you can get it 'kid temperature' so you don't burn your tongue. It deserves a score of 4."

-Connor Itani, 12



"My favorite hot chocolate comes from Greenberry's. They make it not too sweet and give it the perfect richness."

I think it deserves a 5."

-Ariel Chesley, 12



"McDonald's hot chocolate is cheap and sweet, which makes it convenient."

I would give it a score of 4.7."

-Nick Gray, 11



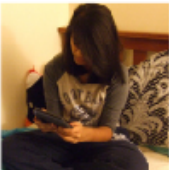







"7-11 is the best place to get hot chocolate when you're on the go. It is really milky, sweet and cheap, so I think it deserves a 4."

-James Duffield, 10





# COMPARE / CONTRAST

with		or WITHOUT	
junior Madhurika Ravichandran goes through her day with technology, in contrast to junior Anna Barratt's			
<p><b>MADHURIKKA RAVICHANDRAN</b></p>  <p>10 a.m. "The Kindle is so addicting. You can take it anywhere and download any book you want. It's also directly connected to my debit card so I can buy any book anytime."</p>	 <p>2 p.m. I am addicted to texting. It's the only way I get to keep in touch with friends and my phone is always with me. I would feel lost without it."</p>	<p>4 p.m. "MTV is so fun to watch! I am also in love with 'Gossip Girl', 'Vampire Diaries' and 'Modern Family.'"</p> 	<p>11 p.m. "I stay up late and always check on my Tumblr. I am always uploading photos and reblogging interesting stuff. It's my favorite website."</p> 
<p><b>ANNA BARRATT</b></p>  <p>8 a.m. "I can't get a phone until I'm 18, but I'm glad I don't have one so that I don't have a distraction when I sleep."</p>	 <p>11 a.m. "I actually love cooking. I try to cook breakfast when I wake up and still have enough time."</p>	 <p>1 p.m. "I like reading while I'm having lunch at home. It gives something to do other than watching TV."</p>	<p>4 p.m. "I usually hang-out with my friends. We do crazy and fun stuff together such as planking."</p> 
		<p>8 p.m. "During the evenings I write a lot. I love poetry and making poetry myself. Writing relaxes me and is one of my favorite pastimes."</p>	

Comparing the days of one girl who is addicted to technology, and another girl who cannot have a phone until she is 18



# COMPARE/ CONTRAST

*with the release of two  
new iPhones, students  
compare the two* **the *big*  
switch**

**iPhone 5c | iPhone 5s**

16 GB: \$99 **PRICE** 16 GB: \$199

"It's made out  
of plastic so it's  
harder to break."  
-Rose Castle, 11

**MATERIAL**

"It's made out of  
aluminum and glass  
so it's more fragile."  
-Jessie Bullford, 11

"It comes in five colors:  
white, yellow, green,  
blue and pink."  
-Michael Westheim, 12

**PROS**

"Apple does a good job  
with camera quality, it takes  
good pictures."  
-Jack Holland, 11

"I think it looks tacky  
that it's plastic."  
-Tatiana Vaz, 9

**CONS**

"It's not that different  
than the 5c and it's really  
expensive."  
-Andrew Cox, 11



# COMPARE/ CONTRAST

A male athlete in a red shirt and black shorts is running on a track. He is wearing a red shirt with "STADIUM" and "ATHLETICS" printed on it, and black shorts. He is captured in a dynamic running pose, with his right leg forward and arms pumping. The background shows a blurred crowd of spectators and a track barrier.

do you  
**KNOW**  
your  
**LIMITS**

# SCHOLARS and DOLLARS

Whether it is jobs or allowances from parents, students find different ways to pay for their expenses. Either way, they learn to live within their limited (or unlimited) budgets.

WIRE, CATHODIC PROTECTION, CORROSION, LIFE LIMITS 037



# COMPARE/ CONTRAST



JULIE VRABEL, 12

"I didn't have a job, my job was tennis."

OCCUPATION

"It was hard to say how much I spent weekly because I didn't spend money often. I spent around \$500 on gas, tennis lessons, art lessons weekly and on rare occasional dinners with friends like Homecoming or movies."

SPENDINGS

"I always tried to save money. For example, I always brought a lunch with me to school. Also, whenever I ordered in a restaurant, I usually only got water to drink (no cost and still good for you). I really didn't buy ridiculously priced items."

SAVINGS

MY PARENTS BOUGHT: "My Tiffany earrings and matching necklace. It was about \$450 total. I regretted getting it because I ended up losing one earring and the necklace on a plane."

MOST  
RIDICULOUSLY  
PRICED ITEM



NAVEED MOSTAGHIMI, 11

"Cold Stone Creamery."

"Over the summer, I probably spent like 70 buds a week since I drove around and went out a lot but now probably less than 50. I had to pay for my own gas all the time. It was pretty annoying since gas was so expensive."

\$0. "I didn't really save money since I worked so much in August and spent most of it. If I went out to eat, I liked to eat a lot since I didn't get many chances cause of school, and I loved driving so I'm going out somewhere. I didn't carpool."

I BOUGHT: "Other than gas? Homecoming dinner. We went to Finn and Porter. It was 70 buds for two people, but the food wasn't very good."



# PROS & CONS

are we there yet?

students weigh-in on the pros and cons of bringing versus buying lunch



photo by Sami Lawrence

## Buying Lunch:

**Pros:** "I don't have to wake up as early to make my lunch."

- Hayden Camp, 9

**Cons:** "I spend an average of seven minutes in the lunch line which reduces the amount of time I get to eat."

-Natalya Oveysi, 9

## Bringing Lunch:

**Pros:** "The lines are really long and when I bring lunch I have more time to eat. Also, the food quality is better and I get to choose the specific things I want."

- Sophia Abi-Najm, 9

**Cons:** "I prefer bringing my lunch, but my backpack gets all fat from taking my lunch box to school."

- Ryan Nader, 9

what is the difference between AP English Language and Composition and AP English Literature?

## WHAT'S REALLY WRITE?



### AP ENGLISH LANGUAGE

Interesting for people who like nonfiction and real world scenarios. It was a relatively vibrant, having the opportunity to get his Roman things as a teacher.

Very discussion based and not as many readings. In topics there were big projects that took up time.

### AP ENGLISH LITERATURE

Pros: Maya Gilbert is awesome, the class isn't as boring as it looks.

Group discussions in small classes means you actually have to say stuff, (there are) 40-50 pages reading for two days.

PROS

CONS



# HE SAID / SHE SAID

## BETWEEN rivals

students show their support for  
their favorite NFL team

"I have a giant Redskins clock  
in my room and a blanket. I  
never miss any game  
and I also always  
believe that the  
Redskins are  
going to win.  
They're also the  
first team I've  
ever seen play,  
and they're my  
hometown team."

-Steve Rhodes, 12



photo by Yasmine Panah

"I have a lot of family from  
Dallas so they really influenced  
me to root for them. I  
also have a Cowboys  
bag and I have a lot  
of jerseys that I  
love to wear. I  
love watching  
their games on  
Sundays. I always  
think they will win the  
Super Bowl."

-Gabriella Cornejo, 9



photo by Kacey Beckham



# HE SAID / SHE SAID



## He said/She said

with a Delta member and varsity cheerleader

### Favorite part of routine?

Dillon Meyer

Going up on the stand with people holding me. I called it 'The Flamingo.'

Hannah Feliz

Watching the boys dance and how they added their own stuff to the routine.

### Rally or game performance?

I had more fun at the rally. There was more people and energy.

The basketball game because there was a bigger reaction.

### Most difficult part of routine?

Learning the dance was hard. It took a lot of time.

The one-man sequence when there would be two guys under one girl.

rebecca taylor





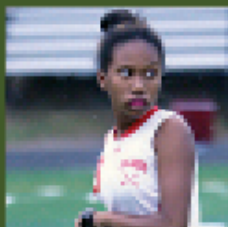
# SHE SAID / SHE SAID

## JV holds their **ground** players describe their positions



### GOALIE

"We're all important and I contribute by being the last line of defense before the other team can score."  
-Mary Carr, 9



### DEFENDER

"It was my first time as defender. My teammates helped me out the whole season."  
- Kayla Waysome, 10



### MIDFIELDER

"Being a midfielder you have to be quick to the ball and always ready to run the length of the field"  
-Elise Koehl, 10



### FORWARD

"You have to score so you don't disappoint the defense. It's our responsibility to win the game"  
- Shatha Salameh, 10

*photos by Kacey Beckam*



# Q & A



## GRAPHIC ASPIRATIONS

Creative students merge their masks and subjects together in Graphic Arts class.

— written by Lauren Galt — photos taken by Dariusz Tard and courtesy of Keith Lindsay — screen designed by YB Team

**A**FTER BEING GIVEN the assignment to replace any subject's face with a mask, students enjoyed the creative freedom and endless possibilities that accompanied the project. In order to express his belief that war "can sometimes be mindless killing," **Nicholas Ma** (11) decided to "use a Burger King mask and put it on the face of a German soldier from World War I." He thought "the end result would be hilarious." Using a "Greek god" type of mask because of the "dark style" quality of art, **Keith Lindsay** (12) loved adding color to his finished project and seeing "the image come to life."

When incorporating an ancient style mask of a Roman woman to "transform it with a modern day look," **Ellie Hansen** (10) enjoyed seeing "the ancient mask merging with the youthful face." **Jason Wong** (11) chose "a creepy Japanese mask" and gave it with a ninja because "it was trying to find something crazy to answer why ninjas wear masks." While fitting the mask onto the ninja's face, he "cracked up in the middle of class" because of the "comical looking outcome. This creative project is one of the many self-expressive assignments done in this unique class."

**NAME** **Ellie Patis** (12), **Jason Wang** (11), **Joshua Gorman** (11), **Maria Flores** (12), **Andrew Martinez** (12) and **Timothy Kautsch-Lee** (10) diligently design their masks. Photo taken by Audrey Tran. — **Keith Lindsay** (12) created a extraordinary mask for his project. Multiple previous projects colorfully decorate the room. — **Ellie Patis** (12) created a zombie like mask of comedian **David Byrne**. — **Ronald Chang** (10) works on a design for his new project. — **Charlie Martin** (12) concentrated on what to do next on his project. — **Mr. Andrew Walker** introduces a new project, "Stories for Design," to the class. — A previous graphic designer's project of a student is displayed on the walls of the room.

## AIMING HIGHER

Fresh Boys Basketball approach their last game of the season with hesitation.

— written by YB Team — photos taken by YB Team

**THE TENSION IN THE AIR** GREW AS FRESHMEN Basketball entered their last game against the Monrovia Wildcats with confidence. Co-Captain **Andrew Ng** (10) said that they were "not focused because it seemed pretty easy and we've played them before." The referee broke the silence as he blew his whistle signaling the start of the game. There came to a shaky start as the first quarter ended with a score of 4-11. With the score still down during the second quarter, the Titans comradely called time out, in hopes of breaking the Wildcats momentum. Despite having a fifteen point comeback during the second half, the game ended with an impressive final score of 34-39. Looking back on the game, Co-Captain **Blake Kautsch** (10) wished that they had better "defense, like scoring, and especially not missing."



## RISING AGAINST THE ODDS

JV Girls Soccer undulates the Monrovia Wildcats at the last game of the season, and recounts the top moments.

— written by YB Team — photos taken by YB Team

**"I**T WAS REALLY ANXIOUS and exciting. We did well in the beginning, so we ended up with a good note. We were excited because it was the last game of the season and we definitely had improvements." — Co-Captain **Kate Lukas** (10)



**"We** did really well early in the game to crush Monrovia's spirit. We had lots of encouraging support and hard work. I was thrilled that we could end the season and end it on a high note." — **Lindsay Salcher** (10)



**"The** game was pretty good. We came out strong and kept the lead and definitely had improvements on everything despite that most of the team are inexperienced freshmen who have never played before." — Co-Captain **Jessie Campbell** (10)



## ASKED AND ANSWERED

ROP students achieve an amazing experience during Career Week.

— written by Lauren Galt — photos taken by YB Team

**LOOKING INTO THE EXPERIENCES OF TWO ROP STUDENTS THAT RELATING TO MEDIA, Arts and Architecture, we are able to see the towering impact these classes have had on their lives.**

**Name:** **Hannah Vitale** (10) **ROP class:** Media Arts **What do you do?** "Our class films and edits movies and we also write scripts."

**Why did you join?** "It sounded like a fun class to take and I wanted to try something new. Also, it's a good experience if I were to become an actress."

**What does this class mean to you?** "Media Arts is really important to me. It's really hands on entertainment, where I get to film, direct and act."

**Name:** **Deek Yeh** (11) **ROP class:** Architecture **What is unique about this class?** "We have real life scenarios where we have to solve a city's problem by designing a solution with materials we have at home."

**What is your favorite part of the class?** "I get to design and create something of my own without being told back or influenced by anyone else."

**What does this class mean to you?** "The class lets me explore career options since I'm interested in design."





## ASKED AND ANSWERED

by Jennifer Spill  
photos by J.B. Hall

RQP students **achieve** an amazing experience during Career Week.

### LOOKING INTO THE EXPERIENCES OF TWO RQP STUDENTS THAT BELONG TO MEDIA

Arts and Architecture, we are able to see the life-changing impact these classes have had on their lives.

**Name:** Hannah Villaseñor (SO)

**RQP class:** Media Arts

**What do you do?** "Our class films and edits movies and we also write scripts."

**Why did you join?** "It sounded like a fun class to take and I wanted to try something new. Also, it's a good experience if I were to become an actress one day."

**What does this class mean to you?** "Media Arts is really important to me. It's really hands on entertainment, where I get to film, direct and act."



**Name:** Derek Yeh (B.I.)

**RQP Class:** Architecture

**What is unique about this class?**

"We have real life scenarios where we have to solve a city's problem by designing a solution with materials we have at home."

**What is your favorite part of the class?** "I get to design and create something of my own without being held back or influenced by anyone else."

**What does this class mean to you?** "The class lets me explore career options, since I'm interested in design."



## THURSDAY NIGHT LIGHTS

*different people in the game  
share their point of view*

### **longest** kick

*"My longest kick was a 40-yarder that I did in practice. Kicking is all about leg speed and flexibility since you can kick farther if you get a full extension, make good contact and follow through to your target. It's a lot harder to kick in a game because you have 11 guys running at you and it makes it hard to focus on the kick," sophomore Matt Amons said. photo by Shari Doiron*



There are three very distinct experiences to be had at a football game. Whether you're a player, fan, or coach, you all share the same hope: to get a victory. Every player on the field has to focus on their specific contribution to the team, every spectator in the stands has to cheer for the team and every coach has to train and lead their team.

#### **COACH:**

"Everyday I evaluate my players and try to put people in the right positions to best help our team. I also have a tremendous amount of trust in my players that they'll do what's asked of them to help win games," Coach Eric Stokes said.

#### **PLAYER:**

"I always feel a little pressure before games, but once I step out onto the field the adrenaline just starts pumping and I'm confident in our ability to win any game. The best feelings in a game are when you score, make a great block, or crush someone. In contrast, the worst is coming up short or knowing you let your teammates down," sophomore Tom Shue said.

#### **SPECTATOR:**

"Before a football game, I'm always really excited to go hang out with my friends and cheer for the team. When McLean's winning, the stands are always really pumped-up and it's a lot of fun to be a part of it. On the other hand, when they're down, there's a little more pressure, but that just makes everyone cheer more to pump-up the team so that they can play well and pull ahead," sophomore Grace Fabrycky said.





# MULTIPLE PERSPECTIVES

## ONE STORY 3 WAYS TO TELL IT



Some groups in the AP Biology class glowed with pride while others struggled during the P-glo Lab.

### 01 | Natalie McVey, 12

"I thought our group was doing really well on the lab, but we didn't even get any of the bacteria to glow. I even took the time to pour the solution in the shape of a heart. The most disappointing thing was that when someone else glowed and he hadn't even tried to make a decent design just yet. The rest of the lab was really cool though. It was definitely the best lab we did all year."

### 02 | Sam Luttrell, 11

"My group thought we had the 'best look' but our plate didn't end up glowing. Apparently the stuff we scooped up wasn't bacteria, but mold. After other groups watched their 'pinkie piglets glow,' we sat and tried to figure out what we had done wrong. Eventually Mrs. de Farcy came over and told us that we had no DNA, and that we should look at another growth plate. Despite the setbacks, we all enjoyed it."

### 03 | Mrs. Dana de Farcy

"I love teaching the lab since this is only my second time teaching the AP Biology course. It's still a learning experience that the plates with the bacteria all ready for the students when they get there, and they were able to stain the lab right at the lab. This lab is an awesome part of the course because it allows the students get to transform bacterial DNA by adding a vector of plasmid chromosome and."



# WHO KNOWS BEST?

who knows  
**RACHEL**  
best?



Rachel Leigh



Katie Mendenhall



Brianna Jennings

What's Rachel's  
favorite food?

Tacos

Tacos

Tacos

What's Rachel's  
favorite movie?

The  
Proposal

Twilight

Twilight

What's Rachel's  
favorite color?

Blue

Blue

Blue



## FINAL COUNTDOWN

Heather Ishida/Julia Naman/Chandler Stier



### LAST-MINUTE THINGS TO DO IN SPRING 2011



#### GET YOUR DRAWL ON FOR THE SPRING PLAY

Hairspray, accents and the colors 'blush' and 'bashful' filled the theater-in-the-round for the "Steel Magnolias" production May 18-21.

"While our stage girls were switching the sets, there were a few different songs that played in the background. We all danced backstage because we had so much nervous energy. Joanna [Sowell] had the funniest dance moves. It was good that the music was so loud because it covered up all the giggling going on! There was a song that always reminded us of flying birds, so we would flap our arms and act like birds. I'm glad the audience couldn't see that." Katie Elgersma

Joanna Sowell and Cameron Wilson try to comfort Bradlee Locke as she pushes them away. In the play, Locke's character, Shelby, suffered a seizure due to her diabetes. (Photo: Collin Callahan)

Joanna Sowell, Katie Elgersma, Haley Mueller, Bradlee Locke, Miranda Brown and Cameron Wilson pose for the camera, dressed in their costumes for the first time. The all-girl cast bonded through sleepovers, races down the mall, and practicing southern accents. (Photo: Jesse Maxwell)



Left to right: Matthew Sandoval, Chris Ishida, Ryan Reeves, Kirk Pearson, Matthew Jordan, Joel Gunn, Cody Laliberte and David Shippee lean on their canes for a snapshot before prom. (Photo: Janise Marvin)

#### WEAR A RAINBOW TUX TO PROM

Canes, top hats and eight color-coded senior boys added up to \$1,360 down the drain May 13.

"In order to go with my date I had to match him. David Shippee knew he was going to be in red, so I chose a black dress because I figured it matched. When we entered prom, the boys in the rainbow were in a single file line, but all of the dates had to stand behind them. They didn't let us walk in with them. Normally the guy has to match the girl, but I had to match the guy." Megan Reade



The yearbook staff takes a break from History Day to welcome the FedEx truck May 26. The staff unloaded the packed boxes containing 340 of their "babies." (Photo: Julia Naman)

Avery Poling and Robyn Barla flip through the yearbook for the first time on distribution day. Some paid an extra \$2 to get their yearbook early in Eagle Park. (Photo: Cody Laliberte)

#### SNIFF YOUR YEARBOOK

Packaged boxes, Subway sandwiches and Sharpie pens filled Eagle Park while students swarmed to get their yearbooks on distribution day May 27.

"Selling sandwiches at the yearbook distribution seemed like a good idea at the time, but it turns out that paying \$4 for each sandwich and selling two for \$3 doesn't make money. Keaton [Song]'s mom had to bail us out. Let's just say we won't be doing that again." Madi Harris



#### FIND A WHITE DRESS AND A PAIR OF PLIERS

Early morning practices, white satin gloves and eight trash bags stuffed with ivy wound their way to the graduation ceremony.

"It was so hard to find a dress for Daisy Chain. I had to go to about five different stores to find a white dress that went to my knees. It took me a couple of weeks until I finally found one at Kohl's." Kim Blakeslee

#### TOSS YOUR CAP IN THE AIR

A quirky speech made by Lori Breckley, bedazzled graduation caps and special handshakes with Greg Wojczynski added a lighthearted spin to the ceremony June 10.

"They were my sixth-graders. I was taller than them at one point. I had a hard year knowing that they were going to leave me. It was a blessing to see them go from snott-nosed sixth-graders to godly young men and women. When they tossed their caps in the air, I was thinking, 'This is the end,' but the amazing thing is that I'm still in contact with them either through Facebook, phone calls or their visits to ACA. Someday, I'll be going to their weddings and baby showers. The bond doesn't end." Lori Breckley



Sophomore girls walk the daisy chain down the aisle during graduation. Julie Frey led the girls throughout the year with events that helped them bond with the senior girls. (Photo: Michael Veloz)

Makenzie Sonos takes a flowered decoration to the stage the morning of graduation. Senior girls helped fill the letters of 'ACA' with carnations. (Photo: Julia Naman)

The graduating class of 2011 toss their caps in the air. Each student had rehearsed a special handshake with Greg Wojczynski for a last farewell. (Photo: Michael Veloz)

Air horns, confetti and silly string fill the air as seniors scream in celebration. They had thrown their old schoolwork off the balcony to mark the last moments of high school. (Photo: Collin Callahan)





## ADMINISTRATION 12 GYMNASTICS 14





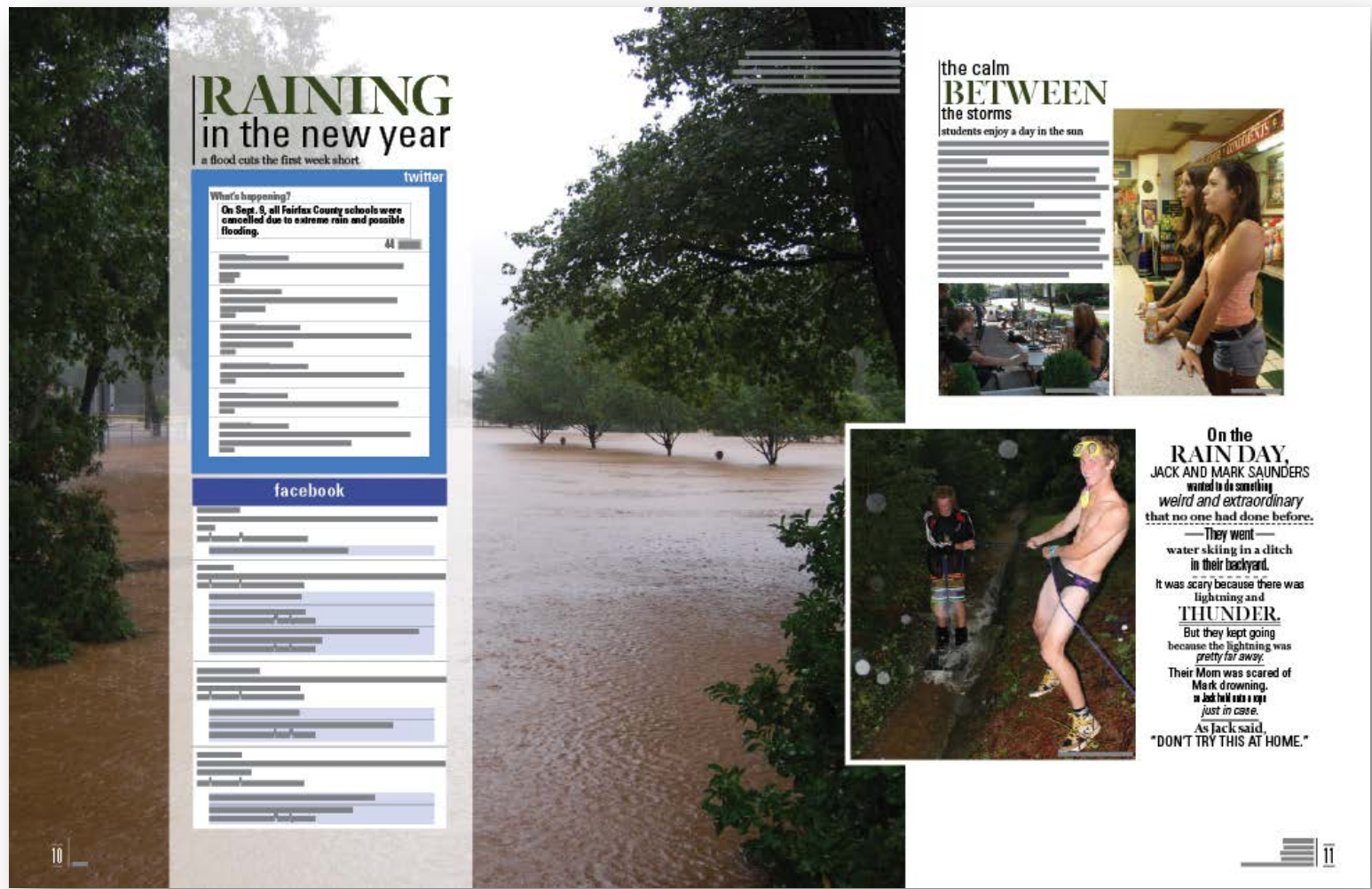
Utilize

# SOCIAL MEDIA

If people are talking about it on Twitter, Facebook,  
Instagram... you probably should be covering it.



# TWEETS





# TWEETS

twitter

## What's happening?

**On Sept. 9, all Fairfax County schools were cancelled due to extreme rain and possible flooding.**

44 Tweet

**ericleim** Eric Leimkuhler, 12

My ark cancelled school you fools. We need the Junior Parking Lot to build it.  
8 Sept

**RinHow** Erin Howard, 12

cool that we've already used one of our snow days and its the first week of school...  
8 Sept

**mereblume** Meredith Bloom, 12

basement is completely flooded...literally vaccuming up gallons of water with ben and pop... [#thelife](#)  
8 Sept

**LexBeFriends19** Lexie Shoaibi, 12

Drink up Earth. You never get to complain about being "thirsty" again.  
8 Sept

**kierhope** Kiersten Gillis, 10

rain, rain go away....wait just kidding, let's get out of school for this  
8 Sept

**Forrestieg** Forrest Stieg, 11

My basement flooded. I'm like aqua man with a push broom keeping the water at bay. [#watersucksitreallysucks](#) [#waterboy](#)  
8 Sept



50 ways  
to tell a story

#12

# FACEBOOK POSTS

## facebook

**Charles Stolze**

Earthquake, hurricane, and a flood? I'm expecting a swarm of locusts sometime in the near future.

Like · Comment · September 8 at 10:21pm

Chloe Benner, Elle Marie Choi and 7 others like this.

**Laini Taylor**

Looks like it's street water rafting time **Maia 'Papaya' Foster**, **Allie Meade** AND **Melissa Frazee**

Like · Comment · September 8 at 9:43pm

Allie Meade and 4 others like this.

**Allie Meade** be there or be square

September 8 at 9:17pm · Like · 1 person

**Melissa Frazee** or time to actually study for the ACT the day before I take it... maybe I'll get more than an hour in now....

September 8 at 9:44pm · Like · 4 person

**Catherine Schmelter**

UGH someone hacked the fcps system. guys, we do have school tomorrow. don't be the stupid one who doesn't show up. this sucks : {

Like · Comment · September 8 at 9:18pm

Erin Rogers and 4 others like this.

**Emma Michaelson** well jeez catherine, way to "rain on my parade"

September 8 at 9:17pm · Like · 2 people

**Julian Tamayo**

I love that I just got 12 people chatting me asking me if there is school tomorrow. I'm not Jack D Dale or anything...

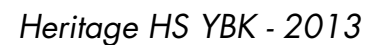
Like · Comment · September 8 at 9:16pm

Erica Shipley, Bijan Peters, Tina Anwyl and 18 others like this.

**Erin Howard** you're the closest thing we have to him

September 8 at 9:17pm · Like · 4 people







50 ways  
to tell a story

#20

# INSTAGRAM

## transformation Instagram users share old pictures with the hashtag #transformationtuesday **Tuesday**



claire\_roberts97

● 37w



"I thought it'd be cool for my friends to see what I looked like when I was little and to see how much I've changed."

-Claire Roberts, 11  
*photo courtesy of Claire Roberts*

12 likes



ottomatic8

● 11w



"The pictures were taken at very close spots and everything's different. I thought it was crazy how much has changed over ten years."

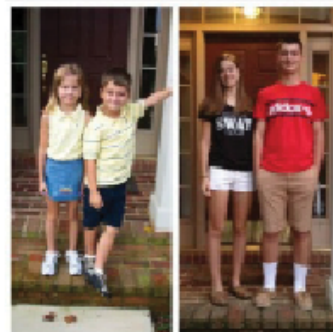
-Griffin Otto, 11  
*photo courtesy of Griffin Otto*

49 likes



catherineoverberg12

● 1w



"It's really cool seeing how people have transformed or sometimes they haven't changed at all. I'm sure as me and my brother get even older we will continue to grow and change together."

-Catherine Overberg, 12  
*photo courtesy of Catherine Overberg*

59 likes





# INSTAGRAM

## good eats

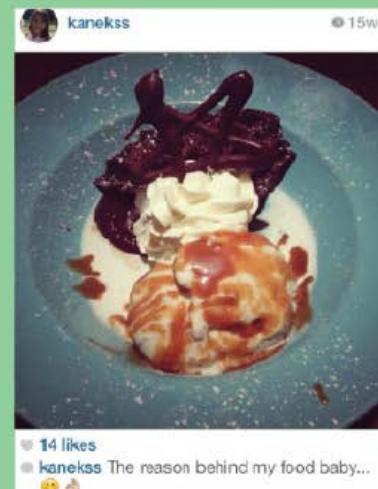
senior Kanika  
Malaviya  
shares her food  
experiences via  
Instagram



"Sushi is my favorite food and I got this Ichiban. I really liked the artsy set up of this so I decided to instagram it."



"I went to Silver Diner and got their chocolate chip pancakes. I decided to instagram it because it looked really classy for a breakfast food."



"I got ice cream for desert at Sweet Water Tavern. I was surprised it wasn't just a scoop in a cup like it is at a lot of other restaurants so I decided to share that on Instagram."



# INSTAGRAM





# INSTAGRAM

## #FAMOUS





What are your pet  
peeves?  
Photos by M. Phillips, photos  
Illustrated by A. Shi

## ON MY NERVES.



**"ARROGANCE, DEFINITELY,** and table manners. When someone is **bragging**, that just gets really annoying. Also, chewing with your mouth open annoys me a lot," sophomore Kenny Chen said.



**"WHEN PEOPLE TOUCH MY ELBOW.** I hate when [my friend] licks his fingers then touches my elbow because it is kinda gross. He thinks I can't feel it, but I usually can. I tell him that I felt it and that he is a **saucy bumpkin**," sophomore Jason Wei said.



**"WHEN PEOPLE YELL** [at you]. You know, the people who when you poke them, they yell really, really loud. Also, when you're about to scare somebody, they turn around and yell at you or **scare you back**," sophomore Abishek Ramakrishnan said.



**"ONE DIRECTION'S HAIR.** It was kind of a joke so it's not like something I think about all of the time or anything, but I guess it is one of my pet pees because it makes them hard to tell apart. I was drawing them, and I am a sucky artist. I needed them to be distinguishable, so you could tell who I was drawing. I guess I would just rather that their hair had its own **separate personality** for each of them rather than looking like different varieties of fire," sophomore Rebecca Unick said.



Whether it's food or trees,  
sophomores discuss their  
allergic reactions.  
Photos by AJ Lee, photos (illustrations) by AJ Lee

## avoiding allergens



"ONE DAY [IN 4TH GRADE] my eyes just started itching a lot and my nose got really stuffy. I remember going to dance class one Wednesday and because

of my swollen eyes they made me wear gloves so I wouldn't accidentally spread any diseases. Luckily it was just a pollen allergy," sophomore Nova Zhang said.



"I'M ALLERGIC TO ALL DAIRY, tree nuts, peanuts, eggs, penicillin, cats, and pollen. With milk I found out the hard way. I had a tiny bit of ice cream and got hives all over my body. Same thing

happened when I touched a cat. Everything else I found out at the doctors through an allergy test," sophomore Justin Radman said. Photo courtesy of J. Radman



"WHEN I WAS TWO YEARS OLD, I had my first severe reaction to peanuts. Later as time went on, my allergies developed more to pretty

much all pollen, seasonal allergies, any animals with fur, and most tropical fruits," sophomore Arthur Tisseront said.



Let's get

**VISUAL**

You are a visual storyteller.  
Use graphics to communicate information.



# GRAPHS

## biggest rivals

"Westfield High School was our basketball team's main rival, especially because Westfield also shares a Chantilly address. We just don't like them, and they have really ugly colors too."  
David Lyndee



"Field Hockey's first team was Chantilly. We didn't get to play them because of weather, but I guess it's because we went to school with them in middle school and elementary school and we grew up with them, so it's fun to compete with them, and they're also really good." Lili Iversen

Chantilly HS - 2012

## Where would **YOU** spend \$5?

Starbucks 35.6%

In-N-Out 33.9%

Chipotle 18.2%

Subway 13.3%

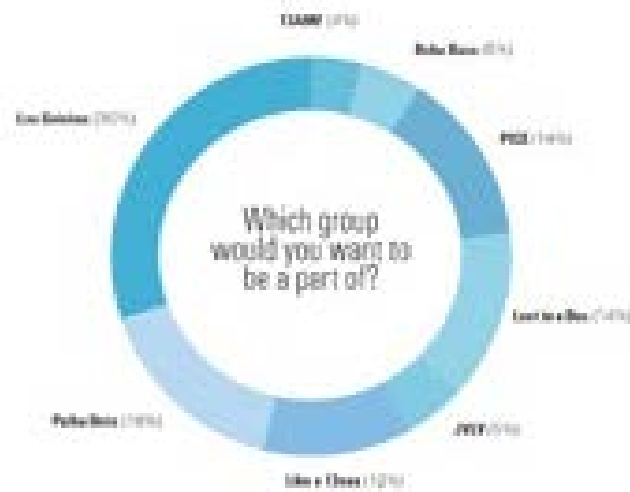
"Starbucks is 'supes' my fave. 'Totes' refresh. Green tea of course."  
nina casiple

out of 291 students on 10/24

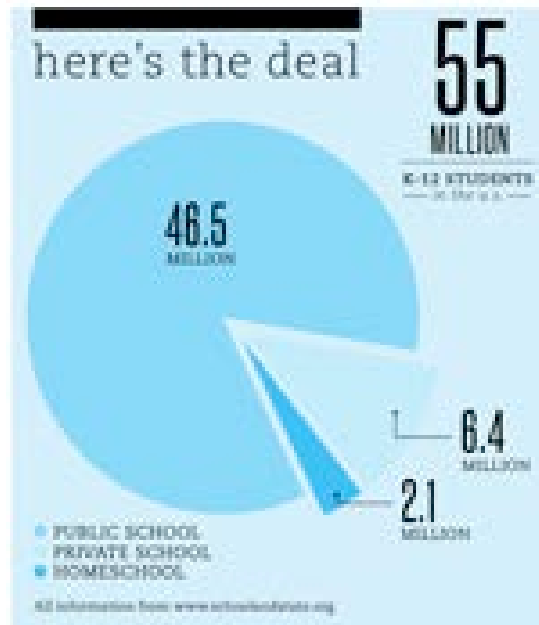
Rocklin HS YBK - 2012



# GRAPHS



Gabrielino HS YBK - 2012



Shawnee Mission NW HS - 2012



Rowland HS - 2012



# INFOGRAPHICS



1. In the middle of a pitch, **ALEXANDRA (Chloe Harrison)**, 9, jumps forward. Harrison started off on the junior varsity team, but when coach Krueger noticed how well she was pitching, she moved her up to the varsity level. Photo by Chelsea Central.

2. Preparing to bat, **KARINA (K.C.) PERKINS**, 11, warms up at the first game against Grandview on Sept. 13. Although the varsity team did not end the season with a high record, they ended the season with high spirits - proud of their achievements. Photo by Chelsea Central.

3. Ready for the pitch, **MIA (Mia McKinnon)**, 9, prepares to swing. After a tough season, the team headed with a final practice full of goofy outbursts and plenty of laughs. Photo by Chelsea Central.

4. At the final game of the season on Sept. 24, **WATZ KERRIN**, 11, waits for the chance to run to third base. "The highlight of the season was beating Regis and me catching the final catch to win the game," Kerrin said. Photo by Victoria Hall.

5. Tossing her bat to the side, **KARINA (K.C.) PERKINS**, 11, makes her first base after a solid hit. "My favorite part [of softball] is that sometimes you get to wear shoes with mud on them," McKinnon said. Photo by Chelsea Central.

6. After catching the ball, **ALEXANDRA (Chloe Harrison)**, 9, watches the field to see where to send it next. "The highlight was hanging out with the girls and building friendships," Harrison said. "And beating Regis High School because a lot of my old teammates were on that team and it's always fun to win!" Photo by Chelsea Central.

## STEP UP TO THE PLATE

by Chelsea Central

varsity players strive for success during the season

The determined Warriors fought through a tough season. Although the team did not come out on top, the year was a good one. While some remembered the bitter weather at their game against Grandview on Sept. 13, others remembered their personal achievements during the season or the intense amount of teamwork in games.

For **ALEXANDRA (Chloe Harrison)**, 12, the best part of the season was the game against Regis. "We won 5 to 4 and we were super close the whole time. The most memorable part for me was also the Regis game because I had a diving catch into foul territory and without that out, we might not have won," Harrison said.

Co-captain **BAILEY COMINS**, 12, agreed with

**Five Arapahoe**

Captain Krueger describes on a tough season

"This season was a tough one, but it didn't go without its moments. As a team, we were able to accomplish some of the goals that I established for the season. One of those goals was to have a team batting average between .300 - .400. As a team we came in at .314. The girls also set individual player goals for the season. Many of those were able to accomplish their individual goals. Looking back on the season, I can proudly say that every single player on the team improved their game in some way," Krueger said.

Harrison about her most outstanding game. "The game against Regis was most memorable. Both our offense and defense were working well and we stayed together as a team and pulled out a win," Harrison said. Teamwork was a clear contributor to the team's overall attitude throughout the season.

For co-captain **KERRIN WILLIAMS**, 12, the greatest game was against Overland. "The best part of the season for me was when we were down by one against Overland and came back and won by one in the last inning," Williams said.

Rather than dwelling on their losses, the team reminisced about and valued team memories.

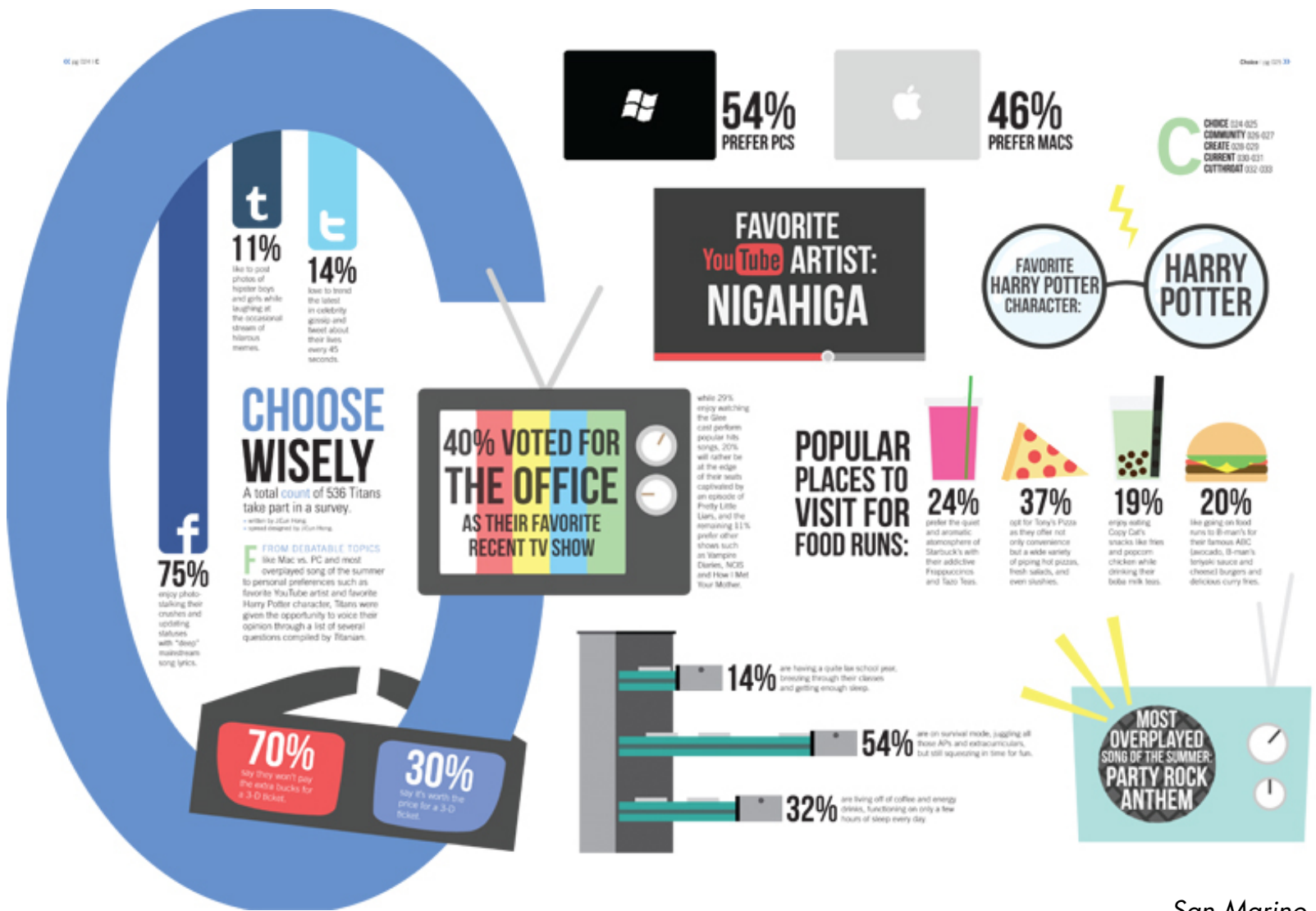






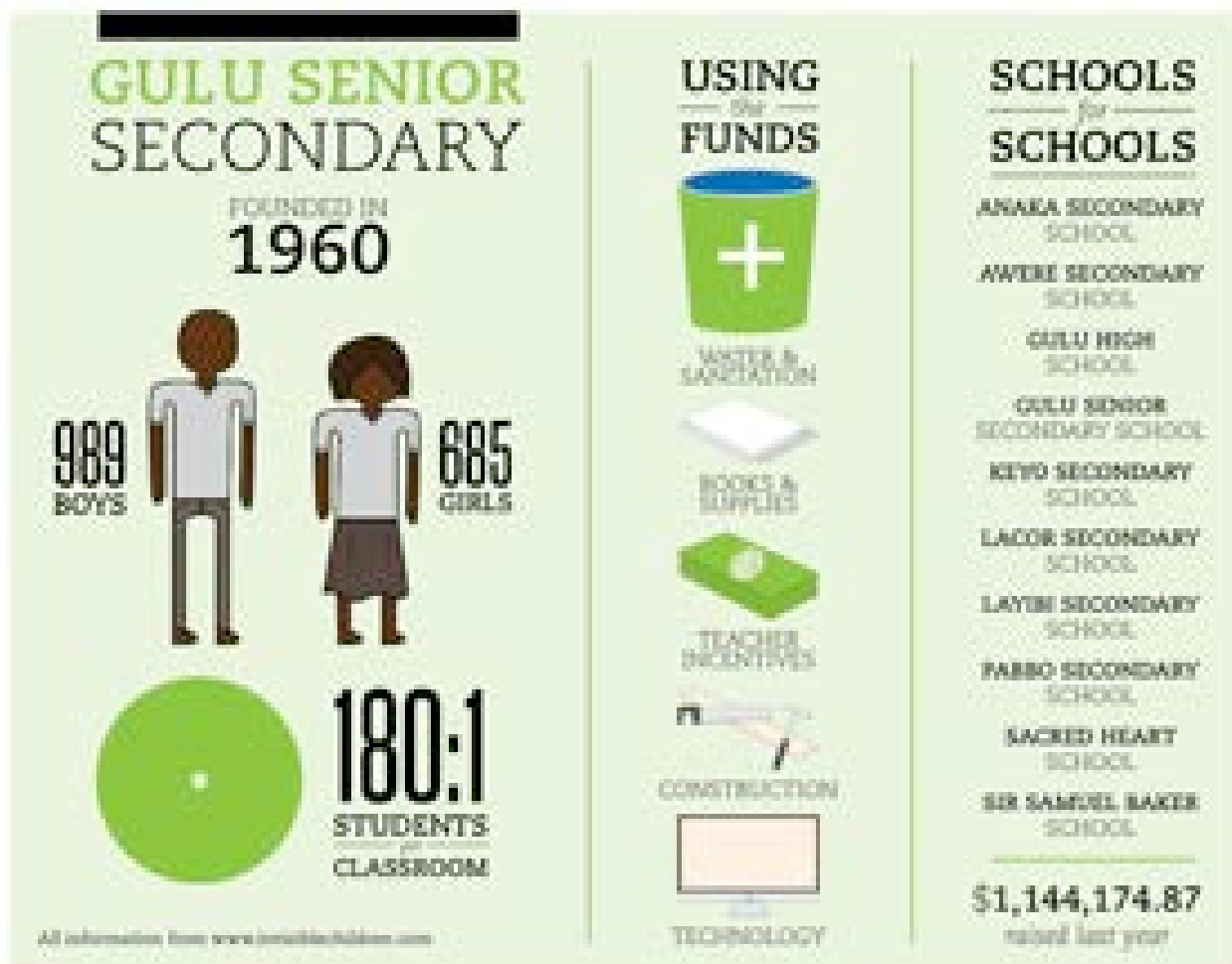


# INFOGRAPHICS





# INFOGRAPHICS





# MAPS





## BEEN THERE & BACK

THE AVERAGE AMERICAN MOVES ABOUT 11 TIMES IN THEIR LIFE. SENIOR KARRIN BRANSON'S HOME IN SHAWNEE IS HER 14TH

BY KESIAN WHITE

As she sat in the Mid-Continent International Airport, senior Karrin Branson picked at her chipped pearl fingernail polish and awaited her departure from Kansas City to Maryland. Baltimore was a familiar sight. One she once called her home.

"My best friend lives in Maryland," Branson said with a bright smile and a touch of nostalgia. "We still talk a lot, and it's really helpful [using] Skype. I miss her a lot, but I visit her in the summers. This last move was very different from the rest. In Maryland, I had most of my closest friendships, and I had really grounded myself there, thinking we would live there until I graduated. My best friend lived across the street from me and I loved my school."

Over the years, Branson has lived in six different states and 14 houses, leaving her well acquainted with the procedures of packing and saying goodbye.

"I must admit that making friends so quickly has become pretty much an unwanted habit at this point because I have done it so much. I love to meet new people and say I have friends all over the country; but, after a while, I wish I could say: 'Oh yeah, I grew up with these people,'" Branson said. "[The hardest part is] meeting

new people in an environment where no one knows you. I had more fun with [moving] when I was younger. I have a lot of friends and I really do like Kansas, but I still miss Maryland."

Although she had to leave her best friend and her home, there were some advantages to her journey across America. "I've gotten to see the country, so that's pretty awesome. When [my dad] goes on trips, we get to go," Branson said. She has gotten to visit much of the West Coast as well as New York and Hawaii.

Branson's father worked with the United States Coast Guard for most of her life. He retired September of 2009 and now works in biometrics. In this field, he would gather a person's traits and collect them with a machine to confirm identity by fingerprinting, retina scans and DNA testing. He also worked in forensics at Fort Leavenworth. When her father retired from the Coast Guard after 21 years of service, Branson was here to stay. She was even considering attending Kansas State University. After moving roughly every 12 to 18 months to military towns in Texas, Maryland, Illinois, Oklahoma, Missouri and Kansas, her family settled in Shawnee.

"I have adapted to Shawnee, I have a

lot of friends, and I really do like Kansas, but I still miss Maryland," Branson said. "The hardest thing is meeting people and getting used to them, but it's gotten a lot better."

Branson spent her freshman year at Urbana High School in Baltimore before making her final move to Kansas her sophomore year. Every place that Branson had called home forced her to learn about the area and adjust to the culture of the community.

"When I first moved to Texas, I didn't know how strict teachers were on the whole 'ma'am' and 'sir' thing. The first week I was in school there, my English teacher called my name, and I responded with: 'Yes?' She gave me this look of disapproval," Branson said. "Then the kid in front of me turned around and said: 'You forgot to say ma'am!' I apologized and explained myself to her. So the dialect is even important during school."

Despite the many moves, the changing friendships and the upheavals of life, Branson knew that the positives outweigh the negatives.

"I'll never know what growing up with all my friends feels like," Branson said. "But most of the time I am fine with that because I have had so many cool experiences of having a dad in the Coast Guard."



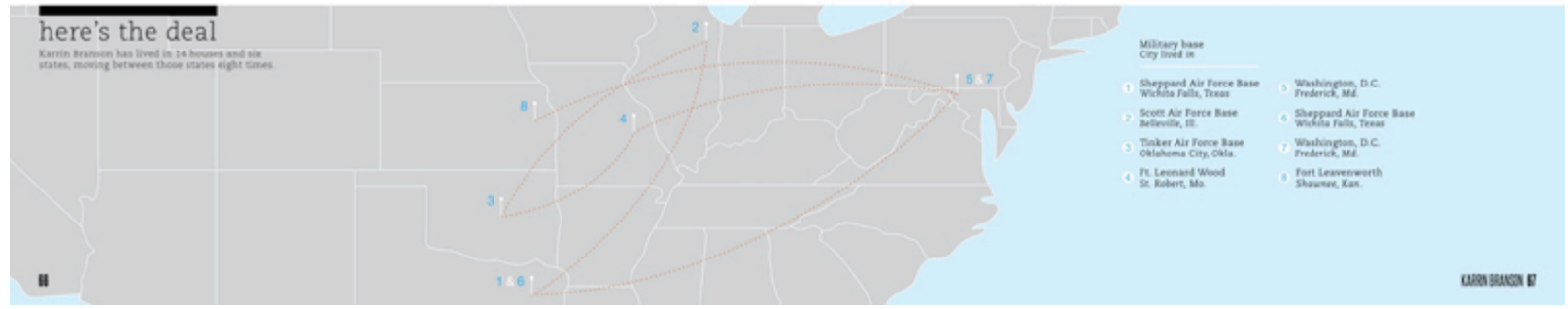
2 / Scott Air Force Base, Belleville, IL.  
"We only lived here for a few months because my dad got a new assignment."

3 / Tinker Air Force Base, Oklahoma City, OK.  
"We lived there during the biggest tornado ever on May 3, 1999."

Kansas City, Mo.  
"We never lived here. This is me visiting Grandma the first time I got to ride on an airplane."

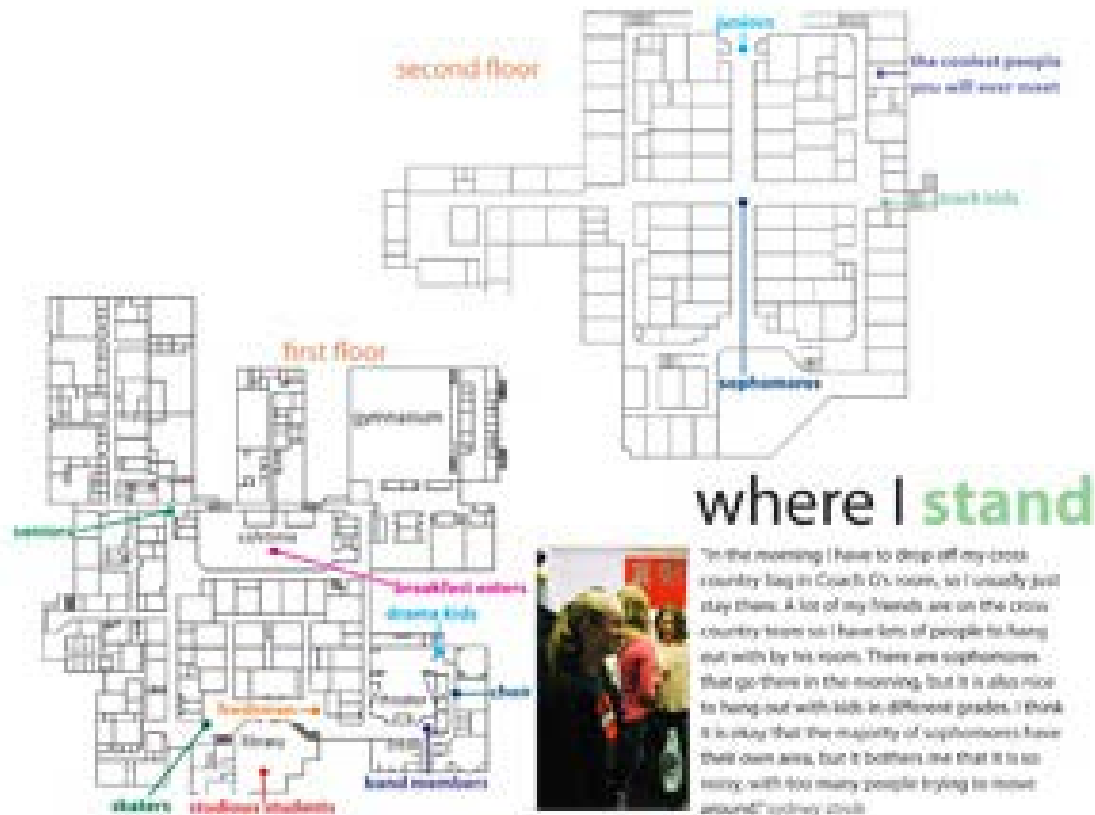
5 / Washington, D.C., Frederick, Md.  
"This is our first time on the East Coast. We went to North Carolina just before we moved here and then drove to D.C."

Sitting at the kitchen counter on Dec. 17, Kimberly Branson, senior Karrin Branson, Dennis Branson, and freshman Julie Branson read a message on Facebook. "We make sure to try eating dinner together as much as possible," Karrin said. "Everyone is always in the kitchen while my mom prepares the food and we help." PHOTO BY ALIX STOLL





# MAPS





# MAPS

10

10, 10

How far  
would you  
go from  
Corning for  
the perfect  
outfit?

MILES  
FOR  
STYLES



**Horseheads:** 18 miles — "I go to Lord & Taylor when I get new clothes because there's enough stuff here, and I don't really care that much about shopping."  
**Thomas Lintopadski, 10**

**Rochester:** 110 miles — "The mall doesn't have a wide selection of stores, so I go to the Rochester mall when I shop."  
**Taylor Brown, 10**

**Buffalo:** 140 miles — "I go to Buffalo to shop because there's much more variety than our local mall."  
**Taylor Stalbird, 11**

**New York City:** 205 miles — "I went to New York City to shop because there are more unique stores. The stores are bigger there, and you can find great deals."  
**Lindsay Cohen, 11**



# MATCHING

## pumpkin match

match the students to  
their Halloween  
jack-o-lanterns



1.C 2.A 3.B



# PHOTO DIARY





# PHOTO DIARY



A  
**PICTURE'S**  
WORTH A THOUSAND  
WORDS

*junior Bianca Rossell took a picture everyday for two years, and explains the significance of a few of her images*



mic  
check



the  
**club** climb

*club members talk about the different challenges they face*





# PLAY with WORDS

Find new ways to tell familiar stories.



# MAD LIBS

*Junior Niel Ketkar gives insight into the preparations for the holiday performance, how it all paid off and how a \$10 plunger helped set the tone.*

## LET'S TAKE THE PLUNGE

I wanted to join JAZZ BAND ever since I HEARD them in middle school. I love the LAX vibe they have when they perform. For the HOLIDAY CONCERT, we auditioned and began practicing in OCTOBER. We practiced 1 TO 2 times each week for two months. The HARDEST song to play was "MAKIN' WHOOPEE." It had the WORST combination of slow tempo and long high notes. Everytime I played the song, I had to STOP and wait 5 MILLION hours for the blood in my lips to begin circulating again. TRUMPET PLAYERS utilize PLUNGERS during the holiday concert because it changes the STONE of our instruments. It is IMPORTANT to note that our plungers have never seen the TOILET.





*Junior Niel Ketkar gives insight into the preparations for the holiday performance, how it all paid off and how a \$10 plunger helped set the tone.*

# MAD LIBS \*

## LET'S TAKE THE PLUNGE

I wanted to join JAZZ BAND NOUN ever since I HEARD VERB them in middle school. I love the LAX ADJECTIVE vibe they have when they perform. For the HOLIDAY CONCERT, NOUN we auditioned and began practicing in OCTOBER MONTH. We practiced 1 TO 2 NUMBER times each week for two months. The HARDEST ADJECTIVE song to play was "MAKIN' WHOOPEE." SONG TITLE It had the WORST ADJECTIVE combination of slow tempo and long high notes. Everytime I played the song, I had to STOP





# MAD LIBS

## A MUSICIAN'S TALE

by musician

Standing in  
the sun and  
getting  
unique  
tanlines  
during the  
summer is  
a tradition  
that takes  
place during  
band camp



The best part of band camp  
was the music, was the  
water balloons, and the best  
things to do, at a section  
and music shows are the worst  
things to do. Each section  
then moved out to its designated  
area, where no other section  
would interfere. During this  
time, sections held their own  
rehearsals and practiced their  
songs until the musician's song  
could play no longer.

LUCAS DILLARD of  
LIVING QUARTER



# STEM COMPLETION

*marching band members reminisce about the past season*

## **THE HARDEST INSTRUMENT TO PLAY IS...**

"The sousaphone because it weighs almost as much as the people playing it." -Rebecca Deitch, 10

"The euphonium because its huge, like a trumpet on steroids, and we have to hold it up for really long periods of time." -Sarah Siegel, 10

"The French horn because it's really complicated and hard to play and involves a lot of technique." -Hannah Aronson, 10

## **THE WORST THING THAT COULD HAPPEN DURING PRACTICE IS...**

"Not paying attention to the conductor and messing up."

-Alexander Yuan, 10

"Listening to the woodwinds complain about how hard marching band is when my baritone weighs 15 pounds!" -Frederick Zwirb, 10

"If someone tripped while everyone is marching backwards and causing a massive pile up of injured marchers." -Jack Sahlin, 12

## **THE FUNNIEST THING THAT HAPPENED THIS SEASON WAS...**

"Mr. Weise had a voice crack while yelling at the trombones for not playing loud enough." -Desmond Curran, 11

"When the drum line preformed 'Cymbal Ladies' in the talent show, it was hilarious." -Michelle Ma, 10

"Definitely when a senior from last year came to a rehearsal painted green and made fun of one of the marching band teachers." -Rachel West, 11



# STEM COMPLETION

## THAT AWKWARD *moment* WHEN...

students finish the phrase with their  
own embarrassing moments

"... you're talking to the  
person next to you and you  
realize they are no longer  
there."

-Danielle Wertz, 12

"...when you call your representative a senator."  
-Shaokyi Amdo, 10

"... you get hit by a lacrosse ball and you're  
standing 30 feet away."  
-Mashana Sangdee, 10

"...you stop at a red light and look  
at the person in the car next to  
you and they're already looking at  
you."

-Darren Goers, 11

"...Mr. Click stands behind you for 10 minutes  
and you don't realize it."  
-Flavia Rossell, 10

"...when you say 'Hi' to someone but it's not  
actually your friend."  
-Nak Won Choi, 12

"...when I'm about to buy lunch and I realize I  
don't have enough money on my account."  
-Soon Yoong, 12

"...you become emotionally invested in a TV  
show, only to realize that it was cancelled  
three years ago."  
-Jason Sprouls, 9

"...you ask your friend for a girl's name and  
number when your friend is her older brother."  
-Martin Kim, 12

"...your English teacher tells you to take out an  
essay you haven't written."  
-Wes Pagnotta, 10

"...three of your students are outside of your  
classroom and you bust them."  
-Melvin Barrow, marketing teacher

"...someone sees you're crying and they  
ask you why, but it's really only because of  
allergies."  
-Hannah Park, 10

"...you're walking in the hall  
and you accidentally touch  
hands with someone."  
-Maryanne Fix, 11



# STEM COMPLETION

## WE'VE BEEN...

GRUENSTADT SENIOR HIGH SCHOOL HAS THOUGHT UP THE FEELINGS HIGH SCHOOL THAT HAVE CHANGED THE WAY THEY SEE HIGH SCHOOL.

Compiled by Mike Geller

### Disciplined



"ROTC has taught me to become more disciplined, to take things into my control whenever necessary, and to be the strongest version of myself."

—Jesse R. Camp



### Uncomfortable

"I'm terrified of people, because interacting with them is more uncomfortable than it needs to be."

—Liam Geller

### OVERWHELMED

"Thinking that I wanted to swim for the rest of my 2 years at Redondo, made my decision to quit Water Polo clear. I was overwhelmed with my classes and the three hour long practices, and missed the time with my friends and family."

—Liam Geller



### ecstatic

"My first track meet, I was filled with so much emotion, I was ecstatic. I wanted to jump up and down, cry, and punch a wall at the same time."

—Liam Geller



### overjoyed

"Staying up all night, hours in the library, and all of my effort was finally paid off with an A on the AP Chemistry practice exam. My dedication was worth the joy I felt as Mrs. Dillard handed back our scores, I did it!"

—Liam Geller



### triumphant

"A freshman on varsity? I couldn't believe it. My first tryout for swim team and I had made varsity. I knew that it was going to be hard work, but the triumph I had overrode any other doubts."

—Liam Geller



### UNCERTAIN

"Struggling with Honors English last year led me to be uncertain about taking AP English. I ended up taking AP English and I love it. English is now one of my strongest subjects and overall one of my favorites."

—Liam Geller





# STEM COMPLETION

## i really hate when...

Nails on a chalkboard, improper grammar, and drivers that never signal. Among others, these are things worthy of annoyance and imitation. Here students and teachers reveal what they consider to be their biggest pet peeves, spread by a.m. and m.s. photo by a.m.

I'm talking and, in midstream, someone interrupts me. [Helen Jasper, 10]

bugs crawl on me, and I get that tingly feeling. [Yan Huang, 12]

when someone assumes I fit a certain stereotype because of how I look. [Emily Kim, 9]

people tend to repeat things and act like they said it for the first time. [Hannah Doskey, 10]

my friends slap me for being annoying. [Erin Cassidy, 9]

people bring up things that happened in the past. [Brett Fusaro, 9]

people ask you what the homework is and what the answer is. [Jackie Coates, 10]

people are good at stuff, but think they are terrible and vice versa. [Jonathan Wilson, 12]

I feel someone else's recently chewed bubble gum under my desk or chair. [Elaine Koo, 11]

people lie to me. [Bilal Omar, 9]

teachers give too much homework. [Kayleigh Lanan, 10]

I can hear people chewing food. [Maddison Raba, 11]

I smell a fart and I can't tell who it is. [Christopher Cote, 12]

when my friends don't come in early to school and I sit by myself for a long time. [Brittany Harris, 9]

the lunch line is so long. [Yelani Martin, 10]

I have this magical memory and brilliant idea, but I can't seem to remember it. [Izza Qureshi, 12]

there are algebra horrors and when students are "drugged" with calculators. [Mr. Carl Giesy, Math]

my teacher gives me a project due in two days. [Brigham Galbreath, 9]

I walk into the bathroom when two girls are having a heart-to-heart. [Jordan Breedlove, 12]

somebody I love moves away. [Matthew Hooper, 9]

the fire alarm goes off and I almost say a really bad curse word. [Ms. Shelly O'Foran, English]

people tap their fingers on the table. [Valerie Tran, 9]

people chew obnoxiously. [Kevin Andrade, 12]

people try to cheat off of me on a test. [Sanam Solanki, 12]

I walk into a class and everybody looks at me. [Kyle Wilkerson, 9]

people bump me in the hallway. [Michael Calvelli, 10]

people stop in the middle of the halls to do those incredibly long "bro-hugs." [Cassie Turberville, 10]

people spread rumors to ruin someone's reputation. [Kelsie Garringer, 9]

people crack their knuckles. [Ingrid Yun, 10]

teachers hide documents and other things on vision. [Bethlehem Gebre, 11]

people walk too slowly in the hallway. [Madeleine McCafferty, 9]

people chew gum with their mouth open and champ on it. [Nicole Romagnoli, 11]

people don't ask to use my stuff. [Madeline Sugg, 9]

people attempt to annoy me to be funny. [Haira Gidwai, 10]

you're writing on a packet and your pencil or pen bleeds onto the back paper. [Rebecca McCarthy, 11]

my sister is annoying. [Brennan Lesner, 9]

people mumble whole conversations during class. [Maria Vera, 12]

my parents leave my room without closing the door. [Jeanie Lam, 9]

people do not cover their mouths and noses when they sneeze. [Abigail Lee, 11]

people mess up my name. [Yui Jenkins, 12]

people say "like" every other word. [Michael Haber, 12]

I go to get something from a different part of the house and forget what I came to get. [Alisha Gulati, 12]



# STEM COMPLETION\*

Michael McGee Alex McKinney Myra McLanahan Mia McLanahan Caitlin Mills Michael Mitchell												
Anna Mae Emmalee Blanton Adam Moore Cody Moore Daniel Moore Malissa Moore Brinley Moore												
Joan Morgan Laura Wilson Jeremy Muller Ramon Munoz Jr Vivian Murray Brandon Nave												
Michael Nelson Ashley Nelson Elizabeth Nickollett Adam Varnado Brenda Nims Ligen O'Brien												
Lauren Ogden Michael Peden Natalie Peley Kunal Patel Daniel Patterson Gene Proffens												

THE BEST ADVICE I HAVE EVER RECEIVED IS...

That figuring out what you didn't want to do is just as important as what you want to do.  
SAYANNAH FOOS

You have to do something you haven't done, to get something you don't have.  
FERNANDO LOZANO

Don't try to be who you aren't.  
CODY MOORE

IF I COULD DO HIGH SCHOOL ALL OVER AGAIN, I WOULD...

Not focus on all the small things, be more involved, and enjoy my friends and not focus on the drama!  
LINDEY HERRICK

Audition for more meetings!  
ADAM RATHJEN

Key Club! I really like volunteering. I just don't have as much time during the school year.  
CASHA MILLS



# STEM COMPLETION

## THE BEST ADVICE I HAVE EVER RECIEVED IS...



*That figuring out what you didn't want to do is just as important as what you want to do.*  
SAVANNAH FOOS



*You have to do something you haven't done, to give something you don't have.*  
FERNANDO LOZANO



*Don't try to be who you aren't.*  
CODE MOORE



*Not focus on all the small things, be more involved, and enjoy my friends and not focus on the drama!*  
LUNDY HERRICK



*Audition for more mainstage!*  
ADAM RATHJEN



*Key Club! I really like volunteering. I just don't have as much time during the school year.*  
CASHA MILLS

## IF I COULD DO HIGH SCHOOL ALL OVER AGAIN, I WOULD...

200 really

seniors.201



# WORD ASSOCIATION

C  
172

Clubs  
Theater-YuGi-Oh

12 words  
that describe

DRAMA



Kaitlin McDowell

"I really enjoyed my part because I got to interact with Robin Hood (Jason Hughes) a lot. The toughest part of the role was maneuvering in the dress and how dramatic I had to be. But I was important because I betrayed Robin. Overall, I really enjoyed the show and the dramatic part I got to play."

hayley davis, Princess of Kirkless

"I didn't really know my role at first but eventually I learned it. I didn't really like wearing the black cape because whenever I walked I stepped on it. I actually liked talking in a British accent. When I realized that my character was important, I started to like it, mostly because my character was a traitor to Robin."

maddie felgentreff, Princess of Kirkless

Front: Belle Maikou, Landon Shaffer, Brandon Wallberg, Michael Carpenter, Carlos Hernandez, Sydney Stephens, Alex Crossland, Kendall Chambers, Warren Cain, David Kelly. 2nd: Jordan Mata, Jason Hughes, Logan Mays, Sam Bank, Garrett Bank, Tara Gi. 3rd: Olivia Lawrence, Spencer Peterson, Hayley Davis, Anna Walsh, Teddy Flanagan, Maddie Felgentreff, Tyler Leung, Monica Hanke, Tucker Gandy, Dani Brockberger, Neil Brinckerhoff, Austin Dudley. 4th: Alexandra Schaller, Whitney Davis, Kayce Tynan, Natalie Perna, Rachael Lowen, Lauren Russo, Abby Babin, Alex Crossland, David Kelly, Bailey Walatka, Warren Cain, Natalie Perna, Stephanie Obrowski. Back: Garrett Bank, Haley Belfamy, Melissa Sartain, Danielle Eslinger, Alexis Biber, Maddie Lowell, Alison Meagher, Caitlin Bagnell, Dan Keane, Carly Dwyer, Lauren Janewsky, Amy Lowell, Baylee Hall, Kyle Mehus, Michelle Wengler, Savannah Harrison, Naomi Tewodros, Winona Vigil, Taylor Bosch.

"Watching Garrett Bank and Tara Gi was funny because they're both really small and they worked perfectly together." Alexandra Schaller

## Fall Play Sherwood



Front: Danielle Eslinger, Kayleigh Williams, Kathi Hershey, Natalie Magik, Lauren Russo. 2nd: Kayce Tynan, Dani Keane, Anna Walsh, Naomi Tewodros, Kaitlin McDowell, Hayley Davis, Michelle Wengler, Ashley Brown, Kyle Mehus, Kyle Madi, Hannah Kelley, Dani Perez, Jade Cahill. 3rd: Kianna Hudgens, Alexis Biber, Melissa Richards, Amanda Pether, Olivia Lawrence, Sean Dum, Spencer Peterson, Andre Tolley, Winona Vigil, Maggie Herlock, Daniela Prassl, Monica Hanke. Back: Chelsea Spirit, Jason Hughes, Kayla Elliot, Teddy Flanagan, Josh Madison, Daniel Bennett, Neil Brinckerhoff, Declan Hertel, Colin Chambers, Stuart Boshnagel, Tyler Leung, Amir Gennini.

## Fall Play Nottingham



Front: Danielle Eslinger, Kayleigh Williams, Madi Crossland, Sam Bank, Lauren Russo. 2nd: Bailey Walatka, Dani Keane, Callie Walters, Naomi Tewodros, Ali Monopoli, Maddie Felgentreff, Michelle Wengler, Savannah Harrison, Kyle Mehus, Dani Perez, Jade Cahill. 3rd: Kianna Hudgens, Alexis Biber, Melissa Richards, Ashley Cochran, Melissa Sartain, Garrett Bank, David Kelly, Alex Crossland, Dani Brockberger, Winona Vigil, Daniela Perna, Monica Hanke. Back: Chelsea Spirit, Sean Dum, Kayla Elliot, Jordan Mata, Josh Madison, Daniel Bennett, Logan Mays, Colin Chambers, Brandon Wallberg, David Cannon, Amir Gennini.

## Winter Musical Opening



## Yoga Club



Front: Angela Rabe, Delaney Cummings, Nick Dahlia, Ty Modd, Ellie Lyle, Tucker Gandy, Brooke Sutton, Briley Haskins, Brandon Wallberg, Zach Dahlia. 2nd: Maddy Lyle, Janessa Lopez, Jennie Lyle, Lane Butler, Matt Steiner, Ariana Salazar, Bryelle Sorenson, Jenna Green, Gonna Androski. 3rd: Levi DeChryse, Eddie Lyle, Ian Mackall, Riley Rosenberg, Isaah Dastie, Eddie Vega, Justin Edgecomb, Julie Schwarzkopf, Antonia Grieco. 4th: Caelia Kim, Elizabetha Bezman, Haley Sorenson, Brianna Moore, Abby Brown, Whitney Davis, Chaeleah Gardner, Stephanie Diffeenderle, Erin Hopkins. Back: Aloha Michael, Katelyn Lopez, Adrianna Pfaff, Cass McLaughlin, Ian Farnes, and Scott Walsh.

What we're all about  
"Austin Benny and I did aerobic yoga to demonstrate to the other members. Austin held me up and I fell on him. No one wanted to do that pose anymore."

zach dahlia



## Unite to Fight World Hunger



Front: Mr. Paul Warner, Maddie Lowell, Michelle Tan. 2nd: Ryan Cornik, Taylor Hedblad, Warren Cain, Jeremy Babin, Connor Hershey, Mia Ellsley. 3rd: Fabia Oliveira, Melanie Mabry, Lizzy Rainey, Zach Dahlia, Sarah Davis, Julia Hitt, Delany Chis. Back: Kaitlyn Clark, Julia Hall, Jenna Green, Audrey Harper, Sam Hall, Annie Ellis, Rachel Kim, Kaitlyn McKibben, Shelby Sanders.

## Yu-Gi-Oh



Front: Michael Kosinski, Danny Oiler, Brandon Boli, Kelly Gruber, Matt Oiler. Back: Sean Bowers, Jacob Watson, Nick Armstrong, Aristotle Aman.

"We meet every Wednesday during lunch, talk about rules, trade cards, and duel in the corners of the classroom at the end."

Danny Oiler

## Winter Musical Closing



Front: Belle Maikou, Landon Shaffer, Brandon Wallberg, Michael Carpenter, Tyler Leung, Carlos Hernandez, Sydney Stephens, Alex Crossland, Kendall Chambers, Teddy Flanagan. 2nd: Spencer Peterson, Jordan Mata, Alex Jacobson, Kristina Dixon, Jason Hughes, Logan Mays, Sam Bank, Garrett Bank, Tara Gi. 3rd: Olivia Lawrence, Spencer Peterson, Hayley Davis, Anna Walsh, Teddy Flanagan, Maddie Felgentreff, Tyler Leung, Monica Hanke, Tucker Gandy, Dani Brockberger, Neil Brinckerhoff, Austin Dudley. 4th: Alexandra Schaller, Whitney Davis, Kayce Tynan, Natalie Perna, Rachael Lowen, Lauren Russo, Abby Babin, Alex Crossland, David Kelly, Bailey Walatka, Warren Cain, Natalie Perna, Stephanie Obrowski. Back: Tucker Gandy, Haley Belfamy, Melissa Richards, Melissa Sartain, Danielle Eslinger, Alexis Biber, Maddie Lowell, Alison Meagher, Caitlin Bagnell, Dan Keane, Carly Dwyer, Lauren Janewsky, Amy Lowell, Baylee Hall, Kyle Mehus, Michelle Wengler, Savannah Harrison, Naomi Tewodros, Winona Vigil, Taylor Bosch, Maddie Felgentreff.

"My favorite song from the musical Grease was 'We Are Together.' I really enjoy dancing so I thought this musical was really exciting."

alison meagher



50 ways  
to tell a story

#49

# WORD ASSOCIATION

12 words  
that describe  
DRAMA



kaitlin modevitt

"Expressive"

kaitlin modevitt

"Enlightening"

david kelly

"Superb"

garrett bark

"Illusion"

amir ginsberg

"Ridiculous"

glenn holler

"Absurd"

mina copley

"Mean Girls"

olivia murray

"Annoying"

collin chambers

"Pathetic"

amanda sculman

"Chaotic"

dominique

jake



# Make it **INTERACTIVE**

Give your readers more reasons  
to stay on the page.



# MATCHING

wacky weird  
traits match the person to their  
quirky actions

- |  |                           |
|--|---------------------------|
| 1. "Sometimes when I'm bored in class<br><b>I connect the moles on my arm</b><br>with a pen."                      | A. Patricia de Guzman, 10 |
| 2. "I <b>color code my fruit snacks</b> , line<br>them up and count them. I have to<br>eat them so they are even." | B. Sade Bowers, 12        |
| 3. "I <b>alphabetize my apps</b> on my<br>phone."  | C. Siri Fredriksen, 9     |
| 4. "I <b>raise my eyebrows</b> every<br>time I try to emphasize something<br>consciously and subconsciously."      | D. Bora Zaloshnja, 9      |
| 5. "I like to <b>peel grapes with</b><br><b>my teeth</b> ."  | E. Harris Singh, 11       |

1 C, 2 D, 3 A, 4 E, 5 B



# QUIZ

## ZONING IN ON YOU.

As times it may have seemed that you were just a grain of sand among the 2,024 students who attended Columbus North (as of Jan. 10). You spent the last 107 pages of this book zoning in on the stories of other students, but now it's your turn. Our goal on the yearbook staff was that you would fill out this page with memories and events that you want to keep forever.

Place a picture of  
yourself here.

NAME: \_\_\_\_\_  
GRADE: \_\_\_\_\_

A QUOTE I LIVED BY

“  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### SONGS

Not everyone had the same taste in music. A segment on the Jan. 11 ENN magazine show revealed that the top music listened to by students here was pop followed closely by country. This year brought many new artists and songs. What did you listen to? List your favorites here.

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_  
6 \_\_\_\_\_  
7 \_\_\_\_\_

### MOVIES

"Harry Potter and the Deathly Hallows Part 2," "Sherlock Holmes" and "Cowboys and Aliens" were some popular movies hitting theaters this year. What were some of your favorites?

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_  
6 \_\_\_\_\_  
7 \_\_\_\_\_  
8 \_\_\_\_\_  
9 \_\_\_\_\_  
10 \_\_\_\_\_

### CRUSHES

The cute boy from second period English class. The girl you had your eyes on in the halls. Whether it was "just a little crush" or "for real love," cupid's arrow hit many here. Who were you crushing on? List their names and something that will jog your memory about them.

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_

### FRIENDS

Friends were there for us through the best of times... and the worst of times. They were our comfort zone and support system throughout the stressful, seemingly endless school year. List the friends who made the biggest impact on your life this year.

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_  
6 \_\_\_\_\_  
7 \_\_\_\_\_  
8 \_\_\_\_\_  
9 \_\_\_\_\_

### ALL ABOUT YOU

Some may say "a new year brings a new you." But the core of what makes you unique will always stay the same. List 12 things for 2012 that defined you and set you apart from others at North.

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_  
6 \_\_\_\_\_  
7 \_\_\_\_\_  
8 \_\_\_\_\_  
9 \_\_\_\_\_  
10 \_\_\_\_\_  
11 \_\_\_\_\_  
12 \_\_\_\_\_

## BENEATH YOUR SURFACE

Of the 2,024 students who go to North there is no one else like you. You are the only one who looks the way you look, talks the way you talk. There is only one you! So what we want to know is... what lies beneath your surface?

## INSIDE YOUR HALLS

100 days of class from 7:45 a.m. to 3:15 p.m. An educational, exciting, tiring and life-changing seven and a half hours. The normal class load for students was eight classes although some had fewer and some had more. What was school like for you this year? What happened inside your halls?

### LOCKER

Construction brought new lockers for many. Did you have a new locker? Write down your locker number and combination.

LOCKER NUMBER: \_\_\_\_\_  
COMBINATION: \_\_\_\_\_  
How many times did you visit your locker?

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_  
6 \_\_\_\_\_  
7 \_\_\_\_\_  
8 \_\_\_\_\_

### CONSTRUCTION

Construction consumed our school experience. Some days dealing with the construction meant putting up with multiple fire drills. Other days the banging and sawing was so loud it was hard to focus at all. Write about your construction experiences here the good, the bad... and the ugly.

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_  
6 \_\_\_\_\_  
7 \_\_\_\_\_  
8 \_\_\_\_\_

### CLASSES

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_  
6 \_\_\_\_\_  
7 \_\_\_\_\_  
8 \_\_\_\_\_

### MEMORIES

It was a teacher. A classmate. A meeting place. A favorite class. Every day at school was filled with memories and events which made the year special. Write down your favorite memory inside the halls this year.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## OUTSIDE YOUR WALLS

When the bell rang at 3:15 p.m. every day 2,024 students flooded out of their eighth period class. Some traveled out the school doors and walked on a path to sports practices, theater rehearsal or North Campus. Some took a different way of spending time after the bell. What did you do? Be it this season or remember what happened outside your walls.

### WEEKEND PLANS

While Columbus was not known to be the best place to make weekend plans, fun was still had around the town. What did you do on the weekends? Did you spend most of your time with family? Friends? At work?

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_

### BREAKS

Breaks provided students with the relief of forgetting about the busy school weeks and the stressful work loads. What did you do for your breaks? Did you stay in town or travel?

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_

### EXTRACURRICULAR

Whether it was an after-school sports practice or theater rehearsal, students have found ways to spend their time outside the halls. What did you do?

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_  
6 \_\_\_\_\_

### LUNCH PLANS

Every day during lunch, students walked from class to their favorite lunch spots. Where you among them, or did you choose to stay on campus? If you were off, list your favorite places.

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_



# QUIZ

## is that your **FINAL ANSWER?** in between team teachers

### Scorecard: Celina Morgan's Answers



Question/Answer	Guess	Correct/Incorrect
Q: What kind of car does Mr. Bickel drive? A: Red Toyota	Red Toyota	✓
Q: What month was he born in? A: July	July	✓

### Scorecard: Lonnie Bickel's Answers



Question/Answer	Guess	Correct/Incorrect
Q: What kind of car does Ms. Morgan drive? A: Blue Honda	Green SUV	✗
Q: What month was she born in? A: January	No idea!	✗



# QUIZ

## AND THE TEST IS HISTORY

AT THE END OF EACH UNIT, MR. JOHN STRUCKS APUSH CLASSES WERE GIVEN A UNIT EXAM WHICH HE CALLED A CELEBRATION OF KNOWLEDGE.

1. The Articles of Confederation were finally approved when:
  - a. Agreement was reached on who would be president
  - b. States gave up their right to coin money
  - c. All states claiming western lands surrendered them to the national government
2. In interpreting the Constitution, John Marshall:
  - a. Favored "loose construction"
  - b. Supported "strict construction"
  - c. Set few precedents
3. One of the major problems facing farmers in the 1920s was:
  - a. Overproduction
  - b. Passage of the McNary-Haugen Bill

11/27/21/2009



COMPARING NOTES, juniors

Sengbum Lee, Maxwell

McLaughlin, Niko McLean and

Beth Haskins study the American

Revolution in Mr. John Struck's

APUSH class. "Personally, I didn't

see much took place when it

came to testing," said Lee.







# THIS or THAT



Don't wait any longer. Play the game: it starts right now.

Sometimes it's seeing *Harry Potter*, *Diary of a Wimpy Kid*, or *Twilight* over the weekend with your friends, or finally getting your group assignments in science. Everybody is waiting for something. It might be a roll of the dice or something you've been planning for, but life is full of decisions that define you.

Here you go. It's your turn to start playing the game of life. Do you spend more time on Facebook than sleeping? Are you more likely to play a video game than take a walk outside? Well, it's time to make some choices. Ready, set, play!

there is a party...

You're hosting.	Going with friends.	Staying home.
"Because I can tell people what to do." -Brian Kumar, 4C	"It's like a big playdate." -Jared Gadow, 4G	"I do not like social things." -Mikhae Lapersonne, USA
a	b	c

friends describe you as...

Funny.	Caring.	Serious.
"I like making jokes and making people laugh." -Jesse Bussell, 3D	"If there is a problem, I'm always there for my friends." -Anthony Kim, USA	"I like to remain serious because it's just who I am." -Howard Dushong, USA
a	b	c

in class you...

Listen to music.	Study and talk with friends.	All work, no play.
"It's creatively stimulating and helps you get through a boring class." -Sarah Ashdown, USA	"Because we enjoy each other's company." -Catherine Katz, USA	"If you don't want to do a lot of homework, you need to be diligent." -Cyrus Tancore, USA
a	b	c

your schedule is...

Packed with Fun.	Wiggle Room.	ISSE Prep.
"I take dance, and then I hang with friends, see a movie, maybe have a sleepover." -Alex Daniels, USA	"I have wiggle room because I finish my HW. When I have free time, I do art." -John Kimball, USA	"I really want a better grade on the ISSE so I can get into a good high school." -Griffin Fritsch, USA
a	b	c

you can't wait to watch...

Jersey Shore.	CSI	Spongebob.
"It's funny because they're not supposed to." -Jared Patino, USA	"I like the forensic stuff." -Will Turner, USA	"It's hilarious. Me and my brother watch it all the time." -Candice Moss, 3J
a	b	c

looking forward to...

Driving.	College.	A Nobel Prize
"Because I want to go to the mall with my friends." -Abraham Goldstein, USA	"I'm going to be in SAS school." -Joe Meyerson, USA	"I would like the prestige that comes with it." -Jenna Prince-Greenough, USA
a	b	c

when you get home you...

Check your facebook.	Read a book.	Do your homework.
"The social and like being with people." -Adam Goodman, USA	"It gets me focused before I start my HW." -Benjamin Beckman, USA	"I want to get it done." -Ana Mills, USA
a	b	c

on the weekend you...

Hang with friends.	See a movie.	Study.
"Just me and I play MW's over the weekend." -Ben Kofman, USA	"I just decide to hang with my friends. It's a great way to relax." -Miles Severino, USA	"I try to get ahead so I don't have as much to do during the week." -Brandon Pang, USA
a	b	c

you can't wait for summer...

Sleepaway camp.	Sleeping in...	Robotics camp.
"I don't have to be home by my uncle and all day." -Adam Goodman, USA	"I like sleeping in because it reminds me I don't have school." -Sophia Stills, USA	"You learn physics, science and electronics." -Kurt Yamamoto, USA
a	b	c

	<b>social butterfly</b> monthly 5★ Your phone is constantly beeping with new texts and calls, and at social gatherings, you're the life of the party. During the weekends, your schedule is packed. You're never spending time at the mall or the movies with friends. You aren't following the trends, you create them.
	<b>happy medium</b> monthly 4★ You have found the balance between your academics and social life. While you make sure to finish your work on time and study for that upcoming history test, you aren't afraid to hang out with your friends on the weekend and relax.
	<b>mirmanite</b> monthly 3★ Who has time for Facebook when there are Latin's? Gotta be home and YoGLOU cards to trade. Math is one of your passions and balancing your social activities along with your academics is not a priority. On the weekends you would prefer to study your Latin vocab cards instead of going to Six Flags.



# THIS or THAT





**Put it all together for  
MOD MANIA**

Quick reads are fun, pack a lot of info  
and get more people in your book.







# MOD MANIA

## LONG STORY short

We're not like any other school, that's for sure. We freak out over basting Langley... at anything. We figure out shortcuts to get through crowded halls and to the trailers, we're obsessed with our mascot and he kit and we've pretty much got an opinion about everything.

**WE PROTECT THIS HOUSE** fans, Angus and athletes defend our turf

play the game

"IT'S AWESOME TO HAVE A MASCOT THAT WEARS A SKIRT."  
-ELLIE DUVALL, 12

**McLean-isms**

WORD \_\_\_\_\_

AMIGO \_\_\_\_\_

JANX/JANX-TY \_\_\_\_\_

OOH KILL 'EM \_\_\_\_\_

I am a **Highlander** what does it mean to be a Highlander?

**OUTGOING** \_\_\_\_\_

**PRIDE** \_\_\_\_\_

**SUCCESSFUL** \_\_\_\_\_

**LOVE** \_\_\_\_\_

**UNPREDICTABLE** \_\_\_\_\_

**OF THE 400 POLLED...**

36% think **JAY-Z & BEYONCE** should name their next child **BEY-Z**

59% WANNA LET MILEY BE MILEY

41% DON'T AGREE

20% spent more than 3 HOURS on SOCIAL MEDIA per night

272 people get 5-7 HOURS of SLEEP a night

#BEAT LANGLEY is the most popular hashtag for 180 people

was 122 people's fave emoji, but was a close second

"BLURRED LINES" was the worst song of 2013, according to 227 people

55% of people do not know how to TWERK

**academic trivia**

take the quiz on academics and check your answers on the scantron

1. What percent of seniors didn't have a first period?
2. What percent of sophomores took AP World?
3. How many juniors took a foreign language class?
4. What percent of freshmen participated in the science fair?
5. Which was the largest grade?



**give me the money** cheer holds car wash?

With her hands in the air, senior Ellie Duval invites passers-by to the JV and varsity cheer car wash at the Sunoco gas station on August 25, with senior Kiarstan Gills and junior Jack Saunders. The cheer team held the car wash to raise money for new uniforms and football goodie bags. "Our car washes are usually a huge success and they are the biggest fund-raising activity we do as a team. We work hard to earn money, but at the same time we bond as a team," Duval said.

**district division**

64% **McLEAN** 36% **FAILS CHURCH**



"My bus driver is really nice and always greets me despite the early hour. It's nice that he's so cheerful when no one wants to be awake."  
-Allison Meakem, 10

**best buddies barbecue** Best Buddy members celebrate the first home football game together

**trailer to trig**

"It's so annoying how the doors are constantly locked, because it's hard to get in."

"The trailers suck when it's pouring rain outside because my hair gets frizzy."

"The trailers are sweet because the teacher can control the cooling and heating ventilation."

Shannon Belcher, 11

Adam Jebell, 11



# MOD MANIA

## GET YOUR PRIORITIES IN ORDER

with their busy schedules, students strive to make time for what's important to them



### dress for success

junior Isabel Zapata explains why she chooses to dress up for school



"STICKING TO MY PRINCIPLES ABOUT BEING A VEGETARIAN IS MORE IMPORTANT TO ME THAN GETTING A BIG MAC IN THE DRIVE THRU. BUT NOT THE FRIES."

-NARDOS IYOB, 12



### PIERCING PRINCESS

senior Marjan Wagner works 20 to 30 hours a week to save money

"I PLAY BASKETBALL EVERY DAY WITH A REGIMENT OF WEIGHT-LIFTING."

-JALAL KHAN, 9

### caffeine crazy

how do you take your coffee?



"I TRY TO KEEP GOD IN MY LIFE EVERY DAY."

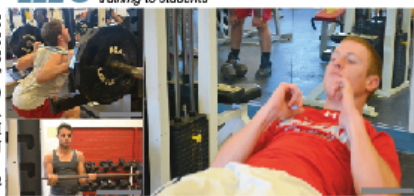
-ZACH GLENN, 12

### fit for life

personal fitness brings strength training to students

"IT'S NICE BECAUSE IT ALLOWS ME TO DO THINGS AT SCHOOL THAT I WOULD HAVE TO GO TO A NORMAL GYM TO DO ON MY OWN TIME."

-JOEY SULLIVAN, 12



### graduation and beyond

seniors share their priorities for after graduation

### good eats

senior Kavika Manera shares her food inspirations via Instagram



of the 200 PEOPLE POLLED...

88 people work on HOMEWORK as SOON as they get HOME

6% go to WORK at a PART-TIME JOB

after the 7th period bell rings 29% go to a SPORTS practice

21% SLEEP after school

### solve the case

students share why their phone case suits them



### four by four

- CHARACTER
- LEADERSHIP
- SERVICE
- SCHOLARSHIP



50 ways  
to tell a story

# THANK YOU!

*Want to share some of these ideas with your staff?*

**Yearbookbesties.com**

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