

# DESIGN

## DOESN'T END WHERE *TYPE* BEGINS



Carrie Faust, MJE  
Erinn Harris, CJE

# IN THE OLDEN DAYS...

"What are we here for?" The voice of Dr. Knox echoed through the campus on the first day of classes, as South Meck's students began the academic year.

The 1998-1999 school year was not, by any means, an ordinary school year. The Sabres pushed their limits in all areas of school, but they had fun, too. For the first time, Miss South was crowned in a pageant in preparation for the Carousel Parade. Students expressed their Sabre Pride at sporting events, such as football, basketball, and soccer games, and some even held down jobs in order to fund various weekend activities.

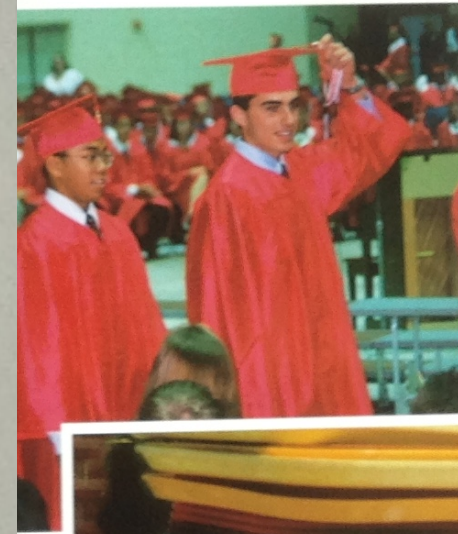
South's students expanded their horizons this year during their school days and free time. The Sabres proved themselves ready to roam.

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Student Life

and her friend  
a after hearing  
The Walk of a Lifetime: Anxious seniors from the class of 1998 wait in line to walk onto the stage and receive their diplomas from Dr. Knox.



The Foundation for our Landfill: By the end of C-lunch, the trash can on the senior patio is filled to the brim with leftover sandwiches and empty milk cartons.



Student Life 9

# ...CIRCA 1999.



# THEN WE TOLD YOU TO



THE THING WE TOLD YOU ABOUT BEING CREATIVE

AUSTIN KLEON

# THINGS WE "STOLE":

# A

**AH, THE GREAT outdoors.** It's where men morph into testosterone-fueled animals, taking summits by storm, conquering raging rivers, and flying down trails. At least that was the fantasy while you were loading up your gear. What happens instead: You fall out of your kayak, a slick rock leads to an ankle twist, or a tree branch spears you in your sleep.

But don't pull up the tent stakes just yet. You don't have to be Bear Grylls to hack it in the backwoods. All you need is this field guide, created with the help of Travis Stork, M.D., the *Men's Health* emergency-medicine advisor and host of *The Doctors*. After you've read it, go ahead and use the paper as kindling or as tear-out TP.

## STAKE OUT A SAFE CAMPSITE

Seeking shade should not be your priority.

► Worry less about bears and more about a tree limb impaling your ass. If you camp under a tree with large, broken overhanging branches and a storm blows in, these "widowmakers" could fall and turn your sleeping bag into a body bag, says Craig Morgan, host of the Outdoor Channel's *All Access Outdoors*. Ideally, set up camp close to a meadow but away from tall grass, where ticks thrive.



### MY WORST INJURY / HANS REY, 46, EXPEDITION MOUNTAIN BIKER

"I earned my nickname 'No Way' because I ride down trails that defy belief. My worst injury happened after a trip to Kenya—I was on malaria meds, which carry a 'don't operate machinery' warning. But I needed to practice a course. So I did. I lost control on a jump and fractured my tibia and fibula. That's when I learned the best riders know their limits. I always visualize my path down the trail, noting obstacles and escape paths. And during a ride, I switch between scanning 5 and 50 feet in front of me, and I hover over the back wheel for the gnarliest sections. Never sit on the top tube or lean your body forward—you'll fly over the handlebar."



## DROP LOGS IN THE FOREST

Extend the "leave no trace" ethic to personal hygiene with the help of Kathleen Meyer, author of *How to Shit in the Woods*.

### 1 / PLAN FOR POOPING

Pack toilet paper, sealable plastic bags, alcohol-based hand sanitizer, and a trowel, such as the 5-ounce U-Dig-It Stainless-Steel Hand Shovel (\$19, rei.com). "It's stainless steel, folds into a sheath on your belt, and won't bend or break," says Meyer.

### 2 / STAKE OUT A SPOT

Find a secluded area that isn't within 200 yards of a water source or right off the trail. Use your trowel to dig a hole 6 to 8 inches deep. "The best enzymes for decomposition are in that top layer of soil," says Meyer. Forgot TP? Hunt for soft fallen leaves that haven't dried up, or even a smooth stone.

### 3 / ASSUME THE POSITION

Squat in a surfer's stance: butt below your knees, arms extended for balance. Done? Bury the leaves or stone along with your waste, or if you used toilet paper, seal it in a plastic bag, carry it out of the woods with you, and flush it at home. And don't forget to sanitize your hands!



**TRAIL MIX**  
Dr. Stork suggests starting slowly to get used to uneven surfaces. Sprint if you hear something roar.



## AVOID A RUN-IN ON THE TRAIL

Trails pose an agility challenge whether you're a road runner or not.

Even if your vehicle proudly displays a "26.2" sticker, you're probably less prepared to tackle trails than you think. "Because trail running requires so much attention, it's more like mountain biking or skiing than running on pavement," says Dr. Stork, an avid outdoorsman. So when you hit the ground running, imagine that you're navigating an obstacle course, keeping your mind engaged and present rather than distracted by squirrels playing with their nuts. "Focus on a spot on the horizon where you can still see the undulations of the trail," he suggests. "And start off at a jogging pace so the little stabilizing muscles in your lower extremities can adapt to the unstable surface." That means taking it slow for your first several outings.

You should also consider investing in trail-specific footwear; the recent minimalist movement has resulted in running-shoe designs that provide little to no protection in the toe region. "Without that protection, one false landing can easily lead to a broken toe or worse," warns Dr. Stork. Check out The North Face Single-Track Hayasa (\$110, the northface.com), a trail shoe recommended by *Running Times*. It features a protective toe cap and a lightweight plate to shield your forefoot.

### 4 First-Aid Upgrades

YOU SHOULD ALREADY HAVE GAUZE PADS, BAND-AIDS, IBUPROFEN, AND WIPES IN YOUR FIRST-AID KIT. BOLSTER IT WITH...

#### 1 / Duct Tape

It's waterproof, super-sticky, and versatile. "Pack multiuse things that are hard to improvise," says Matthew Stauffer, M.D., a Wilderness Medicine Institute instructor.

#### 2 / Tegaderm

It's perfect for covering road rash, burns, and abrasions. Brian Webster, N.P., a fellow for the Academy of Wilderness Medicine, calls this stuff "Gore-Tex for your skin."

#### 3 / Safety Pins

They require next to no room in your pack—and are just as multipurpose as that duct tape. Use them to extract splinters, for example, or to turn a shirt into a sling.

#### 4 / 3M Vetrap

Vetrap is designed to wrap horses' ankles, but you don't have to be Seabiscuit to benefit. "It's like an Ace bandage that sticks to itself," says Dr. Stauffer.

# WHITE SPACE




# THINGS WE "STOLE":



THERE ARE A LOT OF PEOPLE COMPLAINING  
THAT UCONN IS "TOO GOOD".

THAT THEY'RE BAD FOR BASKETBALL  
AND BORING TO WATCH.

THAT'S LIKE COMPLAINING THAT HI-DEF TV IS "TOO GOOD"  
AND WISHING THE PICTURE WERE A LITTLE BLURRY.

78-0. JUST DO IT. 

[READ UP ON THEIR PERFECT ENDING](#) 

## PHOTO EFFECTS

# THINGS WE "STOLE":

**CONTRIBUTORS** MARCH 2012

**TIM GUNN**  
Tim Gunn is cohost of the 12-time Emmy Award-nominated *Project Runway*, a reality-based fashion design incubator. His latest book, *Gunn's Golden Rules*, reached No. 5 on *The New York Times* bestseller list.

**DIABLO CODY**  
Diablo Cody won an Academy Award for best original screenplay for her debut 2007 script, *Juno*. In addition to duties as writer/producer of 2011's *Young Adult*, Cody is currently at work on a big-screen version of *Sweet Valley High*.

**WALTER CHIN**  
A fashion photographer for more than 20 years, Walter Chin frequently contributes to *British Glamour*, *Allure*, *GQ*, *Italian Vogue*, *Vanity Fair*, and *Elle*. His first book, *Walter Chin: Work in Progress*, was published in 2001; a second is currently in the works.

**SKIP HOLLANDSWORTH**  
The 2010 feature-writing winner of the National Magazine Award, Skip Hollandsworth has interviewed everyone from serial killers to business titans. The 2011 movie *Born*, which he cowrote with Richard Linklater, is based on his story for *Texas Monthly* titled "Midnight in the Garden of East Texas."

**MARK ABRAHAM**  
A self-taught fashion and celebrity portrait photographer, Mark Abraham's self-titled volume of black-and-white portraits was just published by Damiani Editore. His work appears regularly in *GQ*, *V*, *German Vogue*, and *The New York Times*.

**KATE BETTS**  
Kate Betts is the author of *Everyday Love: Michelle Obama and the Power of Style*. She's currently at work on another book about breaking into the fashion business, based on her years in Paris at *Women's Wear Daily*.

**AUSTAIR TAYLOR-YOUNG**  
Austair Taylor-Young's first photography book, *The Photo Book*, shows what happened when he swapped his Hasselblad for a camera phone. When not focusing on beauty, fashion, or travel, he also directs commercials.

**LORA ZARUBIN**  
Lora Zarubin, author of *I Am Almost Always Hungry*, won the 2004 International Association of Culinary Professionals Julia Child prize for best first cookbook. She is the contributing Food & Wine editor for *Los Angeles Times Magazine*.

**DAVID HENRY HWANG**  
David Henry Hwang is the author of the Tony Award-winning *M. Butterfly*. His play *Silver Fox* won a 2008 OBIE Award and was a finalist for the 2008 Pulitzer Prize. He revisits the clash of cultures between East and West with *Chinglish*, currently on Broadway.

**AMEI WALLACH**  
Amel Wallach is an art critic and filmmaker who writes for publications ranging from *The New York Times* to *Art in America* and *Vanity Fair*. She also codirected the acclaimed film *Lucie Arnoux: The Spider, the Mistress and the Temperance*.

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GRIDS

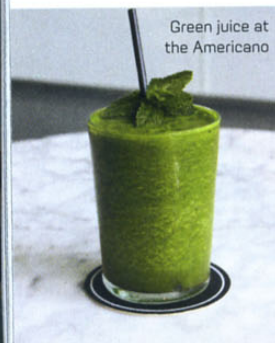


**BUT WHAT  
ABOUT  
TYPE?**

# THE PROS HAVE DONE IT FOR YEARS.

BOBBY FLAY  
MESA GRILL

"THE MEAL IS HAVING A REVIVAL—RESTAURANTS AND CONSUMERS ARE TAKING IT A LOT MORE SERIOUSLY. THE SAME ATTENTION TO DETAIL THAT'S BEEN PAID TO DINNER IS CARRYING OVER INTO PEOPLE'S EVERYDAY BREAKFAST IN A BIG WAY."



Green juice at the Americana

## NEW CLASSICS

### FAMILIAR FARE, REINVENTED

#### SCRAMBLED EGGS

**The Update:** **ESPRESSO-MACHINE STEAMED EGGS** at Buvette, New York City

At this all-day French gastropub in New York's West Village, the espresso machine makes macchiatos and eggs. "We crack two in a pitcher, add olive oil, butter, or crème fraîche, and steam them," says chef-owner Jody Williams about the country's softest, supplest scrambled eggs. [ilovebuvette.com](http://ilovebuvette.com)

#### BAGELS AND LOX

**The Update:** **THE MAVEN** at General Muir, Atlanta

"I'm really proud of my schmears," says chef Todd Ginsberg, whose punchy spreads (dill horseradish, scallion caper) accessorize the must-order platter of buttery lox, smoky sable, and seed-encrusted, crisp yet chewy bagels respectively cured, smoked, and baked in-house. [thegeneralmuir.com](http://thegeneralmuir.com)



ERIC RIPERT  
LE BERNARDIN

"WHEN YOU MASTER HOW TO COOK EGGS, YOU ARE ON YOUR WAY TO BECOMING A GREAT CHEF."

## GET JUICED

### 5 DELICIOUS WAYS TO DRINK BREAKFAST

**GREEN JUICE:** Kiwi, kale, mint, spinach, and Granny Smith apples give this tangy juice at the Americana (in the Manhattan hotel of the same name) its deep-emerald hue. [hotel-americano.com](http://hotel-americano.com) / **MAHALEPEÑO:** A Zen-like balance of spicy (jalapeño), cool (cucumber), vegetable (kale), and fruity (pineapple) kick-starts the day for Houstonians at Adair Kitchen. [adairkitchen.com](http://adairkitchen.com) / **MALTED CHAI:** Coconut water, bananas, dates, cinnamon, and maca make up this favorite of the Santa Monica runners who stop in at M.A.K.E. Out. [matthewkenneycuisine.com](http://matthewkenneycuisine.com) / **MANGO SHAKE:** Don't miss the exotic turmeric-and-cardamom-tinged mango concoction at the Middle Eastern juice bar Bliss in Philadelphia. [manakeeshcafe.com](http://manakeeshcafe.com) / **RED RUSSIAN:** Roost House of Juice in Portland, Maine, spikes its kale, cranberry, and lemon juice with ginger "booch" kombucha from a local fermenter. [roosthouseofjuice.com](http://roosthouseofjuice.com)



Fat Elvis waffles at Little Goat Diner

#### YOGURT PARFAIT

**The Update:** **YOGURT & GRANOLA** at Tertulia, New York City

"We make a slammin' bowl of yogurt and granola," says Spanish-food impresario Seamus Mullen. Both are crafted in-house; the granola has an Iberian twist, thanks to unusual grains (red and white quinoa, teff, flax), dried cherries, and Marcona almonds. [tertulianyc.com](http://tertulianyc.com)

#### WAFFLES

**The Update:** **FAT ELVIS WAFFLES** at Little Goat Diner, Chicago

Stephanie Izard's new-school diner serves waffles made with house baker Greg Wade's sour-dough starter. "We didn't want it to be too sweet," says Izard of the special batter. That innate tang (and salty bacon bits) keeps these banana-piled grids from feeling like dessert, even with the maple syrup and peanut butter. [littlegoatchicago.com](http://littlegoatchicago.com)

#### FRUIT SALAD

**The Update:** **SEASONAL FRUIT** at Early Bird, Orange County, California

At this breakfast hub, chef Frank DeLoach's seasonal fruit transcends its name: The fruits (like Ojai tangerines from DeLoach's farmer pals) are accessorized with nasturtium leaves, Mexican chili dust, and pomegranate molasses. [earlybirdoc.com](http://earlybirdoc.com)

#### EGGS BENEDICT

**The Update:** **THE BISCUIT & THE EGG** at SoBou, New Orleans

"This is the perfect dish for New Orleans," says

chef Juan Carlos Gonzalez about his neo-Benedict heaped with hog-house-made boudin sausage and tasso ham—and topped with eggs and charred-chili hollandaise. [sobounola.com](http://sobounola.com)

#### FRENCH TOAST

**The Update:** **CHOCOLATE CROISSANT FRENCH TOAST** at Seersucker, Brooklyn

"It started out as a way to use leftover croissants," admits Rob Newton, the owner of the southern-food spot, about his French toast made of pastries soaked in custard and cooked in a water bath like a bread pudding before being crisped to order. [seersuckerbrooklyn.com](http://seersuckerbrooklyn.com)

## RED AND BREAKFAST

### NEW HOTEL ROOM SERVICE WORTH CHECKING OUT

Nobu Matsuhisa's green-tea waffles with shiso syrup and pecans and yuzu-soba pancakes are delivered en suite at the luxe new **Nobu Hotel Caesar's Palace** in Las Vegas ([nobuhotels.com](http://nobuhotels.com)). Guests at the artsy **21c Museum Hotel** in Cincinnati ([21cmuseumhotels.com](http://21cmuseumhotels.com)) get their flapjacks with bananas and malt and their eggs with the Rust Belt city's breakfast meat of choice, German-style goetta, from Michael Paley's restaurant Metropole. And José Andrés designed the in-room menu for the glittering **SLS** in Miami ([slshotels.com/southbeach](http://slshotels.com/southbeach)), waking up well-heeled vacationers with Spanish-style French toast called torrijas, olive-oil pancakes, and tropical-fruit aguas frescas.

# COLOR



# THE PROS HAVE DONE IT FOR YEARS.

*Esquire* / SEPTEMBER 2012



GARRETT HEDLUND   ARMIE HAMMER   IDRIS ELBA   AARON PAUL   TAYLOR KITSCH   AARON JOHNSON

# GIANTS

**(THEY MIGHT BE)**

FOR GENERATIONS WE'VE LET MOVIE STARS INFLUENCE HOW WE WALK, TALK, FIGHT, FK, DRINK, DRIVE, AND DRESS, LIKE THE MEN WE WANT TO BE. NOW THERE'S ANOTHER GENERATION OF ACTORS ON THE VERGE OF BECOMING EXTRAORDINARY, AND OVER THE NEXT YEAR, IN FILMS LARGE AND SMALL, THE SIX MEN ASSEMBLED HERE WILL TRY TO PROVE THEY CAN OPEN A MOVIE, CAPTIVATE A NATION, AND FULFILL THE OTHER SACRED DUTIES WE REQUIRE OF OUR MOVIE STARS. BUT FIRST, A QUESTION...

**PHOTOGRAPHS BY YU TSAI**  
INTRODUCTION BY J. HOBERMAN

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# SIZE

# THE PROS HAVE DONE IT FOR YEARS.

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**T**he guard dog at the entrance to Baja Malibu takes his job seriously, though he doesn't look the part. He is small and clearly unrelated to a Doberman, or a Rottweiler, or any sentry animal with pure breeding. There are vague lines in his face and carriage that might come from an Australian cattle dog, or a Chihuahua, but if anything is certain about his ancestry, it is the purity of his impurities. He has been assembled from a thousand different breeds, a street dog of the finest order. He sits on the cobblestones near the restaurant and watches cars pass on the Cuota. He conducts his business with quiet competence, without resorting to the indignities of making a scene. He does not bark, he rarely growls, and never slobbers. Instead he simply follows his human down from the guard shack when it's time to raise the gate so a vehicle may enter. He sniffs the tires of the cars carefully before they pass, and trails the ankles of those on foot to gauge their intentions.

He rises and watches closely as I exit my truck to shake hands with local photographer Damian Davilla. He approaches with his canine inclinations but seems bored with my gringo-scented sneakers. It's a clear morning on the final Saturday of a weeklong holiday in Mexico, and there are other distractions to hold his interest. In addition to the locals wandering slowly up from the beach, with their sleeping bags and tarps and plastic sacks of shellfish, we can see a handful of older surfers checking the ocean, and hear English drifting from a block of American-owned residences.

The morning has the feel of a party that has paused for a breath near dawn, but is about to resume. And it's this final gasp—the promise of one last day and then night of celebration, after a week of similar comings and goings—that has the dog carefully measuring his energy. By midday, as his owner in the guard shack informs us, this place is going to be “fucking crazy.”

The area hasn't seen a tourism week like this in years. Mexican and foreign visitors essentially abandoned much of Northern Baja in 2007, when the narco wars erupted along the US/Mexico border. Human Rights Watch estimates that in the six or so years since, nearly 60,000 people have been killed, with an additional 25,000 missing. Details in the Mexican and American press—beheadings, kidnappings, tortured bodies, dead cartel enforcers, cops, and journalists decomposing in vats of acid—only deepened the sense of fear. To make matters worse, the narco situation was also neatly bookended by a wave of American-travel paranoia in the wake of 9/11, and the meltdown of the global economy.

The general sense now is that the violence and the recession are both easing, but the residual impact of these factors on the tourist trade remains obvious. Even on the busiest weekends, most of the clubs in Rosarito regularly operate at half capacity. Near the pier, the multiple-story building that once housed

Señor Frogs stands shuttered, the establishment long out of business.

As Damian and I drive south a few exits into downtown, the streets are undisputedly crowded. But as we park and walk up to the beach, it's also clear that most of the tourists are now visiting from other parts of Mexico—rather than from across the border. Unlike its sister cities of Tijuana to the north, which has always been adept at reinventing itself, and Ensenada to the south, which is now undergoing its own transformation, Rosarito is still a beach town, driven by an older model of tourism. The massive clubs on the oceanfront were built to fill gringo bodies with drinks and empty their pockets of dollars. Now, however, it's mostly a local crowd: tourists from Mexicali, Tijuana, and the Mainland, the U.S. contingent all but absent.

Still, things seem to be improving. On this Saturday before Easter, the zone is definitely going off. We're down by the

“ **FOREIGN VISITORS  
ESSENTIALLY ABANDONED MUCH  
OF NORTHERN BAJA IN  
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BORDER.** ”

waterfront and the restaurants are booming. We stand in line for 15 minutes to get lunch at Tacos El Yaqui. Afterward, we cut through the lobby of the massive Rosarito Beach Hotel, weaving through packs of young families. On the main deck by the pool, girls in elegant dresses sip mimosas. Damian, whose main photography influence is Clark Little, points to the water and tells me that this is where he learned to swim.

We pass through an empty banquet hall decorated for Easter brunch, then descend a set of stairs and emerge by the pier. A farmers' market is set up on a rare patch of grass at the edge of the sand, the vendors in the tents hawking everything from local produce to surf lessons. Just offshore, a few dark-skinned

(TOP) THE STATUE OF JESUS AT EL MORRO, WELCOMING VISITORS ON THE EVE OF EASTER. PHOTO: GLASER  
ANOTHER WELCOMING SIGHT  
NATIVE TO THE REGION. PHOTO: DAVILLA

# PULL QUOTES



# THE PROS HAVE DONE IT FOR YEARS.



# LAYOUT



# THEN WE FINALLY CAUGHT ON.



**THE SENIOR** ducked his head through the low-hanging doorway of Teri Broom's first grade classroom. He spotted the jubilant expression on the face of the boy he was searching for and slid ever so uncomfortably into the chair designed for a four-foot tall lower schooler.

"Hey, bud, let's split this apple pie."  
The six year old's eyes widened.  
"Cool, I'm starving."

It was early October – the first time seniors met their Lower School buddies. A day filled with connections, links and lasting impressions – some spanning decades, others lifetimes.

Six years earlier, another senior wanted to create something that would impact all Marksmen. His passion for writing led him to the idea of a literary festival to invite authors to campus to speak to the Upper School.

## xtraordinary things

Today, the lit fest is running strong, now bringing nationally acclaimed authors, poets and journalists – all thanks to the idea and persistence of one senior over a half-decade earlier.

Both of these Marksmen did something extraordinary – something we do every day here at 10500 Preston Road. It occurs in something as momentous as the creation of an entire literary festival and something as simple as sharing a slice of apple pie.

It's in the donations of two new, state-of-the-art buildings. And in the donation of two hours to help a struggling student with his calculus homework.

It's in the accomplishment of an undefeated football season of 10 years ago. In volunteering this fall as a waterboy for a seventh grade team.

It's in the 10 minutes we spend giving a chapel talk to lower schoolers and in the 21 years we serve to guide the community.

Our mark is in these actions – it is in these connections that guide us, these links that unite us, these impressions that inspire us.

It is what remains behind.



After rushing for a first down, junior running back **Justin Jones** (far left) catches his breath before the next play. At the end of Thanksgiving break, senior **Ben Wilson** (left) joins his classmates to decorate the campus for the upcoming holidays. At the Habitat for Humanity home-building project, senior **Daniel Seals** (right) carries a piece of plywood which will be used in framing.

# ST. MARK'S SCHOOL



# THEN WE FINALLY CAUGHT ON.

# yeah,

## I LIKE TO RIDE ALL THE TIME, OK?

by JAN MARGROWSKI

**"WHEN I DON'T HAVE SCHOOL, NOTHING GETS IN THE WAY OF CYCLING. IF I CAN'T RIDE, THEN I'M NOT HAPPY."**

**RACING THROUGH A CORNER** CHASE KLUG keeps his focus on the road. After finishing his first racing season ranked 32<sup>nd</sup> in state, he says he's everything. "It's been a long time since I've had a day where I can't ride, I'm not happy." When taking care of school is priority number one, it's his racing that's the most important. "When I don't have school, nothing gets in the way of cycling. My riding schedule is set in stone and other things are put around it," he said.

**WITH THE ADJUTANT GENERAL** "This year, 32<sup>nd</sup> is the year, but I'm hoping that number would be more impressive," Klug said. It's an all-in, all-out effort. Klug and I have a mentor who helps me a lot. Even though his coach tells him he's doing too much, Klug doesn't think about cycling at the time. "I'll think about how I might go about getting it a good position, how I should respond to what other riders are doing and how I will spend and pressure me enough throughout the race," he said. "I usually just let other people make mistakes, I know I'm a better rider, so it's best to let others do the attacking and chasing so I can have the energy to win the sprint at the end."

**At the moment**, Klug's focus is just on getting better. "I'd like to eventually go pro if I can but there is a lot of building up to that. Right now, I'm just focused on building up. The only way you get faster is by riding with people faster than you," he said. Cycling is a way of life for Chase Klug. "It's something I take pride in doing."



**IT'S NOT OUT** of the ordinary for cyclists to finish with their bikes. "I do whatever I have to keep my bike running. I always clean them the night before a race and I try to do other repairs and maintenance myself because I save money and I enjoy it. It's something I take pride in doing, but it's certainly not something all cyclists care about," Klug said as he fixed his bike.

**CRUISING DOWN A STREET** on his time trial bike, the focus is on speed. "I'm not a pro cyclist, I'm just a kid who loves to ride and to always try to improve. They say the only way you get faster is by riding with people faster than you," Klug said. "I started from nothing and I have improved a lot this year." He was ranked 4<sup>th</sup> in the state for the season of 2013. **WHEN RACING**, Klug usually lets people make their own mistakes. "I know I'm a better rider than most of my friends, so it's best to let others do the attacking and chasing so I can have the energy to win the sprint at the end," Klug said. If Klug can't ride he gets things done and hopes to go pro one day.



# SMOKY HILL HIGH SCHOOL



BUT IN 2014, NO ONE DID IT BETTER THAN

**FOR THE WIN** After days of drilling their dance routine, juniors Alex Jones, Graham Galloway, Marshall Berry and Sam Polovina nail their choreography to the Bruno Mars song "Treasure" for the junior class skit. The juniors surprised the student body by winning the annual homecoming skit competition. (photo by Steven Grayson) **IN AGREEMENT** Sophomores Sammi Stanley and Juliana Goudie laugh with their peers during the sophomore class skit. "I felt like we accomplished something, and I faced my fear of performing in front of the whole school," Stanley said. **TAKE THE LEAD** When student body president Chandler Danielson announces the judges' decision in the skit competition, junior class president Mollie Jones storms the court to claim the spirit stick. "I felt really proud and accomplished that we won. I was excited we came together as a class," Jones said. **CAMP OUT** In the senior class skit, senior Storm Edwards participates in the campfire scene. The skit included a fight scene to kill a bloodthirsty werewolf. "I was outraged by the fact that the juniors won. The seniors should have won by a landslide," Edwards said. (photo by Sarah Offshoot)



**#throwbackthursday** "I got my outfit from my church basement. My church used the Roman soldier costume for our Easter pageant. I chose my outfit because I didn't think anyone else would think to go way back to the height of the Roman Empire. I knew it would be unique and really convenient. It worked out perfectly without having to spend hours. I had decided I wanted to go all out my senior year and just have a blast while doing it. I was excited to see how many people participated." — Blake Hill, 12



"I wanted to branch out and be different. This year was the first time I went all out because I wanted to make the most of my senior year. My best friend Lara (Bannister) and I went the night before to Michaels and got all the supplies for our outfits. The night turned into crafts night quickly. We figured most people would do recent throwbacks, and we thought it would be fun to throw it way back. We were going for the Grecian goddess look, so we turned sheets into togas. Our headpieces were made from fake ivy and gold tinsel. It was interesting to see how creative the school got for Spirit Week." — Molly Evans, 12

# AMERICAN SPIRIT

JUNIOR CLASS SURPRISES SCHOOL BY WINNING SKIT COMPETITION — by Taylor Faulkner

Student body president Chandler Danielson walked to the center of the gym with a folded piece of paper in one hand and the spirit stick in the other.

The homecoming pep rally at the end of Spirit Week was about to end with her announcement of the winners of the class skit competition.

"And the winner of the class skit competition is..." Danielson said and then paused. "The juniors."

Junior class president Mollie Jones ran onto the court to claim the spirit stick for her class. After a few moments of stunned silence,

boom broke out in the senior section, and the juniors cheered to show their approval. In disbelief, the seniors stormed out of the gym.

In the past, the seniors had won whether or not their skit was really the best one.

**"Student government decided at the beginning of the year we wanted our pep rally competitions to be fair,"** Danielson said.

That didn't mean that the seniors wouldn't win the competition just to prove a point, but it did mean a win was possible for any grade level. It meant a tradition could end.

"I was expecting the seniors to win because they always have," senior Austin Leano said. "Although we lost, I'm actually kind of glad they did it the way they did. It was fair to have the skit that deserves to win win."

The junior's skit was a choreographed dance of the song "Treasure" by Bruno Mars.

"The junior guys did a great job," junior Tori Cole said. "Next year, if the rising juniors' skit is better than ours as seniors, then they deserve to win."

**MOMENT OF SURPRISE** A three-way tie in the senior class vote for homecoming court meant eight senior girls made the ballot for queen rather than five. They included Savannah Austin, Caitlyn Carl, Chandler Danielson, Vicki Kuznetsov, Grace Lee, Maria McMullen, Hayley Morris and Samantha Younger. **ROYAL CROWN** After the court is introduced at halftime of the homecoming game, Danielson and her escort, senior Matt Rick, start to the announcement that Danielson was voted queen. "I was in complete and utter shock," she said. "That night was unbelievable. It will definitely be something I will remember for the rest of my life." (photo by Patrick Sullivan/Times-Journal) **MAKE AN ENTRANCE** As seniors Melissa White and Payton Culler read the halftime script, sophomores Morgan Lindsey and her escort Garde Padilla look for their friends and family in the stands. "I felt amazing and honored. I wouldn't have rather spent it with anyone else," Lindsey said. (photo by Sarah Offshoot) **CHICK'S PLAY** A member of the junior homecoming court, Rutledge Cape, the granddaughter of media assistant Daniel Cape, presents a bouquet of flowers to freshman representative Mandi Ayers. Ayers was escorted by James Burnett. The other members of the junior homecoming court were Patrick Aulen, son of assistant principal Shannon Aulen, Sawyer Manuel, daughter of assistant principal Luke Manuel, and Roman Pearson, son of social studies teacher Ben Pearson. (photo by Ralph Rasmussen)



**What inspired your outfit for Spirit Week?**

"Legally Blonde — my friend and I wanted an outfit we thought no one else would pick." — Nina Brink, 11

"Tropical Tuesday was great. My outfit came from Goodwill and Hanes from Target." — Matthew Smith, 11

58 WITH ACTIONS

SPIRIT WEEK 59

WEST HENDERSON HIGH SCHOOL



**WHAT CAN  
YOU DO  
RIGHT NOW?**

# BASICS

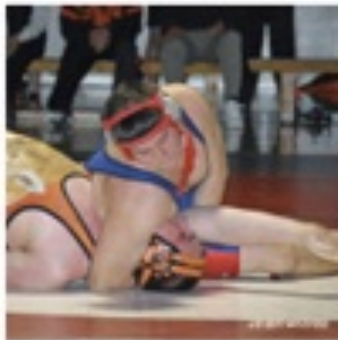
## MEANS ME



—Sara Ellington

*"It's a big deal. I always look forward to the season... except matching weight."*

**SARA'S GOING HOME** After losing to get the pin, sophomore Tina Delgado forces her opponent's head into the ground without hesitating in the stomach region of course. What should be the last thing she says? "Because I am going home this morning!"



**PINNING THE OPPONENT** All these hours in the weight room, pay off as junior David Dwyer is able to take down anyone in the path. "I usually am in the weight room when it's a week working out," David says to them.

**APPEAL AND BALLY** Fighting to get back the edge in his match, senior Keith Patterson uses his powerful arms and strong technique to do just that. "The opponent is 150," Keith explains. "When Coach Higgins stepped up, he worked with me. He wanted me to know what to do, to be prepared to state."



## Count To Three You Are Pinned

That's right, the wrestling squad came back the season ended and ready to take on any opponent with much of last year's team returning, they were poised for another winning season under the guidance of coach Nguyen. As the coach, on and off for 10 years, Nguyen knew how to motivate his wrestlers. "This year is definitely showing improvement over last year," he said. "There are a lot of youngsters on the team, but we are definitely doing better." Seniors Keith Patterson, Alex Adams, and Marshall A. Palmer all returned for their final year of wrestling. Each member of the team had one goal in mind: the state championship in the Taconic dome. Other formidable competitors on the team were juniors Sarah Gattuso, David Dwyer, and Trevor Dugan. This year the record showed that the team improved more than last year. Coach Nguyen said, "The past years were all about rebuilding, and we are no longer in the rebuilding mode; we are actually winning." After winning three of the four first matches, the team had already broken their record of the previous two years.

which was 3-5. There were some new freshmen added to the team this year, too, including Alex Carson, Josh Roper, David Chouhara, John Harris, and Rayon Smith. The newcomers were a bit worried about the freshmen in the back of the season, however, these freshmen quickly proved their worth. "I feel great because I am a freshman," said John Harris. The freshmen didn't feel the same pressure of wrestling people older than them, but they did feel the pain. "It just makes me tough," Roper Smith continued. There were many seniors on the team that had been wrestling for years since freshman or sophomore year, some of which wished to continue wrestling in college. Lawson in particular was planning to wrestle for three years. The wrestling team also knew a thing or two about dramatic finishes in perhaps the most exciting match in wrestling history, the state team olympic high school 11 to 11. It all came to the last match of the day. Trevor Dugan's opponent's name was called and he answered the call. Down by three, Trevor had to risk only one, but win by pin, it

very dramatic. Trevor got the Olympic wrestler in a head and arm, winning the match for Wilson. Moreover, the state was the reward for the winning attitude that the wrestlers adopted this year. It was a year of redemption and progress. The team showed the resilience and drive necessary to move them to the next level, with all the time and commitment each individual put into getting better, the team was poised to make a run at the state wrestling championships, and they seemed to be accomplishing this. The team appeared to have a few of their wrestlers qualify for state, which proved that all their hard work really paid off. The wrestling team didn't let their opponents threaten them. They never showed in the face of the competitor, they managed to keep their spirits high during each match. There were always improvements to be made, but the team took it in stride and proved that they were able to overcome many obstacles. Anything was possible with hard work, and this was the year to step back onto the mat with power and pride. Do you smell what's cooking?



**THEY'VE WON** In an exciting finish, junior Trevor Dugan pinned down the defender for going 11 to 11 in the match. Dugan's opponent felt that, "The hardest part of wrestling is to know, because you can't have anyone else for being 11 to 11 in your."

**YOUNG GUN** Alex Freshman, Nathan Carson has a long road to go to reach the top of his game. "He is a true warrior in wrestling," Carson admits. "I can't just go and take down the biggest guy. There is a whole lot in my own class."





# BASICS

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## making connections



## making connections



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# MOVE FROM COLUMNS TO GRIDS



# ORIGINAL

# REVISED

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# MOVE FROM COLUMNS TO GRIDS



# BASICS

**SPECTATORS:** The fire is already burning as students are still making their way to surround the warmth from the flames. "I didn't go last year, so I thought it was pretty cool to see, and it was also cool to see the football team get ready for their game," says Samara (12) and Luke Hettington (12) and Rosalinda Barrios (12) were just a few of the student body in attendance. *Photo by Arvada Fire Department*

**BOND:** The fire blazes as the football team speaks to the crowd about the upcoming game against Chatfield. "I think it pumps us up, gets us ready," says Thorne (12) and Thorne and Allen Martin (12) stood and watched as a fellow teammate spoke. *Photo by Arvada Fire Department*

**FIREY LEADERS:** Keenan Leary (12) was the first team member to give his speech. "The coolest part was the togetherness of the community around the circle," Mrs. Backlund said. Spectators listen quietly as the team relayed their anticipation for the homecoming game. *Photo by Arvada Fire Department*

**THE PROFESSIONALS:** Staff and students gathered early to see the Arvada Fire Department light the fire. "When the fire first started it was exciting to see how big it would get," Isabelle Perez (12) said. The fire started up quick as more and more people piled in. *Photo by Arvada Fire Department*

**THIS BOW IS ON FIRE:** The cheer team was easily spotted along the edge of the crowd, their bows "each team gets different bows, so it gives everybody their own personality," McKayla Campbell (12) said. *Photo by Arvada Fire Department*

**ATTENTION:** Mr. Anderson stood in the front of the crowd letting off the upcoming games. "It was inspiring and it pumped everyone up for the game," Blake Bachman (12) said. Students and staff listened, trying to figure out when their favorite teams were playing. *Photo by Arvada Fire Department*





Since its debut in 2009, the bonfire has established its significance in Arvada history

## spirit ON FIRE

There was a chill in the air before the firemen lit the blazing spectacle for the crowd of awaiting staff and students. In the fourth year of the tradition, the bonfire received many positive remarks. "It's really cool, you know, it's a big part of the homecoming tradition, gets you ready for the game on Friday," Keenan Leary (12) said. The standard was set in 2009, by being the first school in Jeffco to be approved for a bonfire. Since then, many other Jeffco schools have followed suit. "I do like anything that promotes positivity and brings people together for school spirit," Mr. Moore said. The Arvada Fire Department plays a huge role in the creation of the bonfire from year to year. However, the bonfire this year was different. The firemen only used one ring instead of three, a change no one was used to. Despite the changes from previous years, the bonfire is a tradition. "It was cool to see because I had never experienced that before," Sarah Hendrix (9) said. The night is all about recognizing athletic achievements for past wins, cheering on the volleyball team that always plays in the gym during the bonfire, and getting inspired for the football game the next night. The senior class attended the first bonfire their

## evolving matters

The football uniforms are one symbol of change in the schools history.

The football team was granted this year with brand new uniforms, though it came at a cost. Through much of the summer, the team had to fundraise in order to get the money to buy the jerseys. Claude Nelome (12) runs the ball against Chatfield, highlighting the uniform key features.

Marcus Cullane (12) and Garrett Pelicano (12) stride onto the field in a 2012 game displaying last year's jersey. "We worked hard for them, so I thought that was cool, they're fantastic," Pelicano said. There was a big change between this year's and last year's jerseys: for example, the stripes on

John Ouy (12) poses in a 1995 jersey before practice, to show the big changes that have accumulated since then. "I feel like it is a change in the football program, it sort of kick starts it," Tyler Lewis (12) said. The team has had many different uniforms but the glowing purple has always remained the same.

## THIS IS THE BIRTHDAY PARTY

A special birthday surprise awaited students at this year's homecoming assembly.

Special guest, Scott Staley, cut the ceremonial first piece of the cake, provided by Johnson and Wales University, after Savannah Wrenan (12), Matthew Epstner (9), Tyler Yamasaki (12), and Katherine Guzman (12) blew out the candles. "It represents 50 years of history and tradition and excellence at Arvada West," Wrenan said. "We're celebrating a monumental year and it's something cool for the students," Guzman said. Outside during food fest, students enjoyed their own piece of cake in celebration of 50 years.





"I think it's cool to learn about history because it can tell you a lot about significant and cool events that have happened."

History matters to Kora Dueno (11)

16

Arvada History

Arvada History

17

# TEXT FRAME OPTIONS: COLUMNS



# BASICS

## SWEETS AND SIXTEENS

With no school, juniors decide to throw sweet sixteen parties with their friends and family in attendance.



**WHILE LOOKING AT THE LYRICS**, juniors Joo Kang, Anugya Mittal and Bridget Park sing to a popular tune at Junior Sravani Korupolu's party. "The best part was definitely having all of my friends from TJ, my base school and family friends all in one place and being able to be with all of my favorite people at the same exact time," Korupolu said. Photo courtesy of S. Korupolu

**58** pounds of candy

The most popular food was candy at Junior Anugya Mittal's party. "I served four appetizers, five entrees, three sides and three desserts for the 70 people that attended," Mittal said.

**1. AS PART OF HER SUMMER ON AN ELEPHANT FARM IN THAILAND**, sophomore Katie Pruitt prepares to feed an elephant. From scuba diving to hiking, she found the experience enjoyable even without knowing Thai. "I would recommend staying in tourist areas; otherwise it's easy to get lost. No one in my family speaks Thai, so there were a few issues, but most people speak good English," Pruitt said. Photo courtesy of K. Pruitt. **2. NEAR A CORAL REEF**, sophomore Ella Deeken explores the Virgin Islands underwater. Deeken got her diving certification three years earlier in Hawaii. "I learned a lot about checking your [diving] buddy, and identifying aquatic creatures," Deeken said. Photo courtesy of E. Deeken. **3. HOLDING UP A DOLL**, senior

Nikhil Garg displays his craft of banana leaves. Garg's trip to Indonesia involved both leaders and children, none of whom spoke much English. "The language they spoke is one of the easiest languages to learn, so it wasn't that big of a problem. All of the students were treated like celebrities in Indonesia. It's actually quite shocking. We go to school with 2,000 Americans, and these people have never seen one," Garg said. Photo courtesy of N. Garg. **4. ABOUT TO SHOOT A BASKET**, junior Quintin Frerichs takes time off from tutoring children. Frerichs' trip to the Dominican Republic was led by the Spanish department. "It was a service trip, but it was kind of a vacation too," Frerichs said. Photo courtesy of A. Johns



Summer ended all too soon for these students who agree that traveling across the world is an eye-opening experience.

## AROUND THE WORLD IN ONE MONTH

**INDONESIA, SYRIA, THAILAND, THE VIRGIN ISLANDS**. Whether it was for a family vacation or a volunteering effort, students chose to spend weeks traveling to numerous international countries.

Among the travelers was senior Nikhil Garg. He took a trip to two towns in Indonesia along with fifteen other American students and a group of Indonesian students who had previously come to America. "Going to a developing country like Indonesia and seeing poverty teaches you to be open with a different mindset. I learned about how fortunate we are, and how people in different countries may be much less fortunate," Garg said. The purpose of

the trip was environmental research but the group also met Indonesian leaders and spent time in rural Indonesia. More than 5,000 miles away, junior Mehmet Aslan also spent a summer with less privileged families. "At the refugee camp [I volunteered at] I got to meet and help a lot of people affected by the current situation in Syria. I saw that the people in the area didn't really care for families so close to them that were suffering more than they were," Aslan said. While many student spend summer in labs, others travel abroad to foreign countries, spending summer experiencing what the world around them has to offer.

**7 a.m.** "All 30 players trained together as a unit and then split into teams later. We woke up around 7 a.m., ate breakfast and went to the gym."

## SET UP AND SERVE

What's a day of playing volleyball on the Youth High Performance USA National Team like?

**1:30 p.m.** "Every day it was a different lunch (Panera, Chipotle, Moes, Tropical Smoothie, Subway, etc.) provided by the USA volleyball program."

**3 p.m.** "We went back to the gym and practiced more. As co-captain, I learned to not settle for any less than my best performance no matter who was on the court."



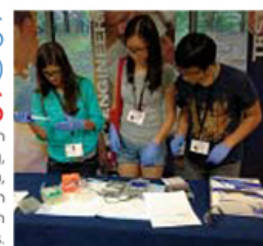
**SIDE BY SIDE**, the Youth Performance USA National Team stands showing off their medals. Velicu's team won silver. Velicu started volleyball six years ago and since then has bounced through three national championships, one international, 30 club tournaments and more. "For me, volleyball has

gone from a sport to a lifestyle. Going through this program, training and competing with players from all over the world, has given me a different grasp of reality. Being a competitive player is one thing, but keeping my place on a national team is another," said Velicu. Photo courtesy of M. Velicu



## TEXTS AND KINECTS

Working to find a solution to texting and driving, sophomores Matthew Sun, Raghav Ramraj, Valerie Chen and Jasper Treacle compete in eCybermission Nationals.

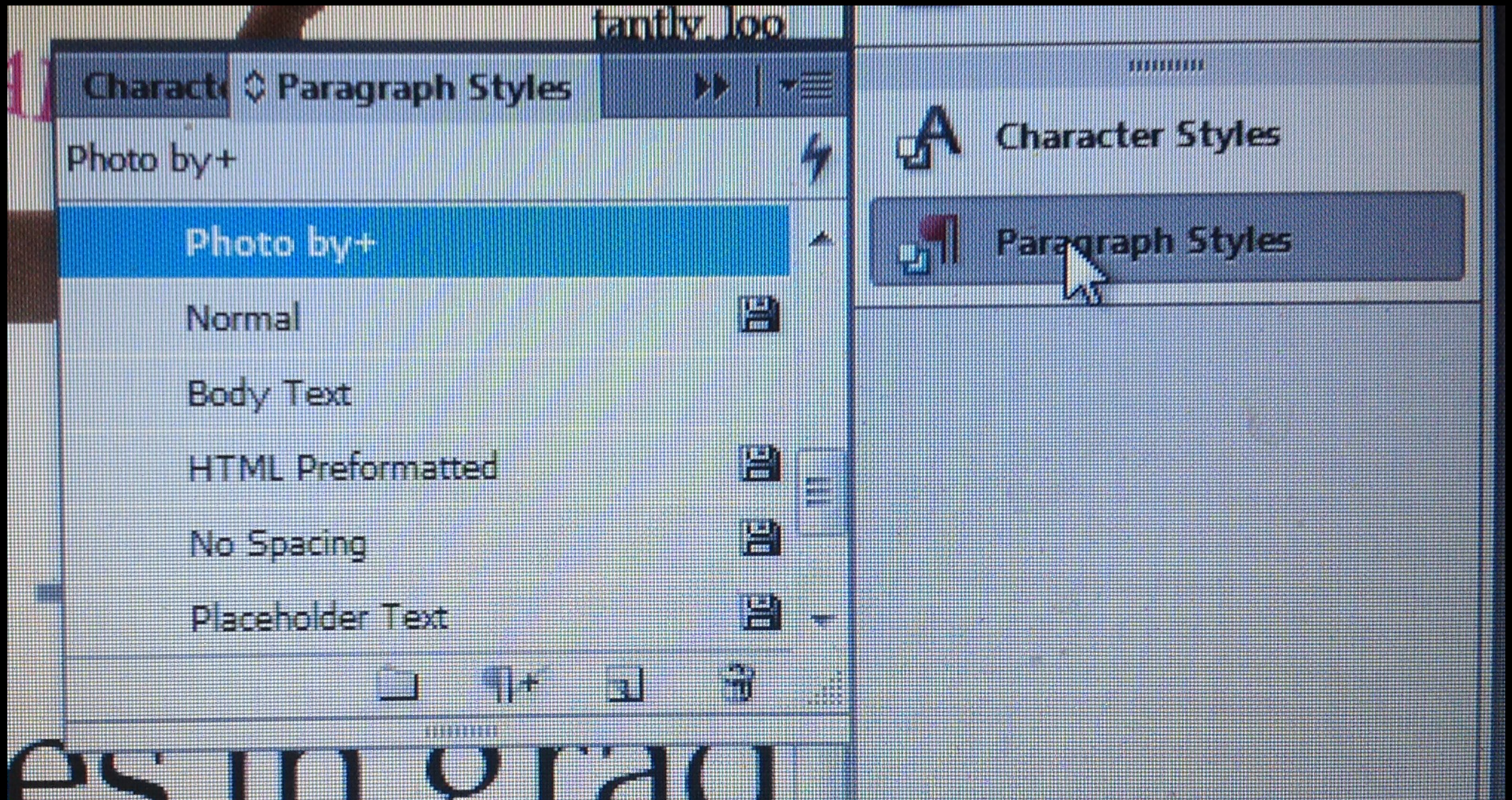


**AT NATIONALS, TEAM "TXT U L8R"** presents their eCybermission project. Most of the team had worked together before, with sophomore Valerie Chen being the new addition. "We programmed a Kinect to test whether or not a driver was distracted based on their head movement in space. For example, if a driver turned away from the road, our program would detect that. The coolest part was making something that I had no experience in doing before. It was really exciting for me," sophomore Matthew Sun said. Photo courtesy of K. Sanford

# "39 CHARACTER" RULE



# BASICS



CHARACTER/PARAGRAPH STYLES



# INTERMEDIATE

## give back SHS helps for the holidays

Millions of people around the world are unable to have a fulfilling Thanksgiving due to a lack of money. Luckily the Spanish Honor Society was there to help out. Students from the society gathered their sympathy and helping hands to give back to a family in need for Thanksgiving.

Through selfless acts, junior Lugman Chaudhry realized the unfortunate reality of local families. "It felt really good to deliver a Thanksgiving dinner to a family needing help because we also made a donation more giving," Lugman said. By going out of his way, Lugman and the other members displayed the true meaning of giving during a traditional holiday.

Knowing that one Thanksgiving dinner could provide a family happiness put a different perspective of life for the SHS officers. Junior Anrit Pal learned that helping one family needing help is an amazing deed,

but there are still thousands of people around who are in the same situation, but may not show it. "It's shocking to know that this stuff happens all around, but it makes me want to help out more families," Anrit said. From this lesson learned, the SHS members ended this experience feeling accomplished, but they were still aware of others who need help.

It takes a lot to satisfy one family in need; imagine all the other families around the world who beg for a miracle. It's a great relief to know that students don't take things such as Thanksgiving for granted, and that they care for the underprivileged. "It's difficult to change and impact the world, but starting with one family in the local area is a start. Every act of kindness goes a long way," senior Juliana Kim said. SHS officer Juliana lays down the truth about the conflicting issues around the world, and what it takes to improve them. Spread by Julie Billingsley



## they said they said they said

what does it take to be in an honor society?



**He Said:** "A person must be dedicated and of course interested in the society they are representing. It's also important to maintain good grades," junior Hanna (a) said.  
**She Said:** "It takes responsibility and a lot of time to be on an honor society. One must keep up with school work, plus do all the requirements for the society," junior Marissa Yakubov said. Photos by J. Billingsley



Photo by C. G'S



Photo by J. Billingsley



Photo by J. Billingsley

**1. While preparing a delivery for a family,** senior Angel Mendosa puts together a basket with a full Thanksgiving dinner. "We bought the food for the team to cook because it gives her a chance to enjoy making the dinner for us," Angel said. The SHS officers hand-delivered a Thanksgiving dinner to a family in need. **2. Taking the time to help one another,** junior Taylor Hollister and Megan Chiles stop after for a tutoring session. "It feels great to help friends out and then see that they're improving," Taylor said. Being part of the Science National Honor Society, Taylor tutored students who needed the extra help in science classes. **3. As students from the Math Honor Society participate in contests,** sophomore Kaplan Ravindra and junior Christine Chen and Jihun Duong concentrate

on their work. "It's challenging because I have to really think about each problem," Kaplan said. The MHS students attend at least three contests throughout the year to qualify for the society. **4. As the National Honor Society helps out for the holidays,** seniors Anne Newton and Vivian Zhang put together Thanksgiving baskets. "It was hard putting all the food in the baskets because there was so much to pack in one basket," Vivian said. The NHS members gave donations to the BCHO organization. **5. While working hard on their makeup class,** seniors Hyun Jung Oh and Kelly Ong and junior Lihua Duong from the National Art Honor Society make their banner for the homecoming parade. "It's hard work but I'm proud of what we created," Kelly said. Taking first place, the NAMS won the banner competition.



# INTERMEDIATE



## he first rule of mascoting is obvious: Don't take off your head in public (kids will freak out).

The second rule doesn't hit me until I'm sitting beside a 6'2" anthropomorphic seal on public transit. Don't forget people expect him, lots of it, at all times.

Today I'm escorting Lou Seal, a fuzzy gray mammal in king-size sunglasses and a San Francisco Giants jersey, to a charity drive, and we're running late—our train is stalled underground near AT&T Park. As commuters grumble, Lou does the Running Man, pops 'n' locks, and knocks out a few pull-ups on the train's overhead bar. When an off-duty Muni driver approaches holding up his cell phone like Lloyd Dobler and blasting "Gangnam Style," Lou puts one fist over the other, rocks his shoulders, and hops on each leg, mimicking Psy's signature move.

"Thank you for making my day!" the train's female driver squeals over the loudspeaker before we exit and scurry up an escalator onto the street. In the span of three blocks, Lou gives no fewer than 16 high-fives, five fist bumps, and one hug.

I'm already convinced this guy wearing 30 pounds of carpet has the best job in baseball. He rubs elbows with Hall of Famers, qualifies for the MLB pension plan, and earns a diamond-studded ring whenever the Giants take the pennant. In 2010 and '12, Lou rode on the lead car in the Giants' World Series victory parades.

Nevertheless the guy inside the Seal is mostly anonymous. Few fans know his name, let alone what he looks like.

Such is the nature of the beast. Most clubs like it that way—except the Yankees, Angels, and Dodgers, who don't have mascots. Many teams won't even let you talk to their performers out of costume,

preferring to maintain the illusion there aren't sweaty grown men inside. (Actually, I'm told two MLB mascots are played by women, but I can't reveal which.)

It's a tight community. After 10 years in the league, a mascot receives a commemorative patch at All-Star weekend. Lou Seal even moderates a private Facebook group for current MLB mascots. They talk smack daily, sharing links and screen grabs of their coverage. Whenever someone from their "furternity" makes it onto a televised broadcast or highlight reel, it's kind of a big deal.

The more the world of mascots starts sounding like a secret brotherhood—like Yale's Skull & Bones—the more I want in.

When we first met over lunch, I asked Lou Seal (a.k.a. Joel Zimei, a 41-year-old from Long Island, New York) whether I might give mascoting a try.

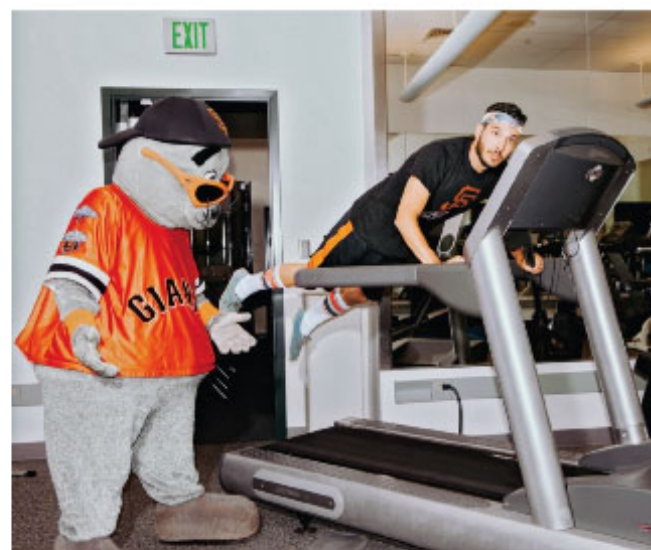
"I've gotta think about it," explained Zimei. "Just because I'm doing something that looks fun to you doesn't mean it's not a lot of work. A lot of fans will treat you like you're a wild animal. If something goes wrong..."

**L**OU SEAL DOESN'T have a locker. Zimei dresses in an unmarked utility closet at AT&T Park that's crammed with a menagerie of Seal gear: Four spare heads sit on a shelf beside a rack of assorted XXL jerseys, T-shirts, and one oversize orange wet suit. There are props galore, including a four-foot wooden bat and a two-foot

pink ice cream cone. Lou even has his own Darth Vader helmet and cape.

"I never planned this," Zimei says of his career. "It's just the way my life has unfolded." Unlike many pros, Zimei wasn't a high school mascot. He never attended clown school. And he didn't go through Dave Raymond's Mascot Boot Camp, which was created 21 years ago by the original Phillie Phanatic.

As a kid Zimei was a redheaded class clown. While his Uncle Manny, a mulleted disco DJ, fed Zimei VHS tapes of *The Three Stooges*, his dad kept urging him to become a lawyer. By 1993 Zimei had dropped out of college in Scranton, Pennsylvania, getting by with odd jobs like telemarketing and assembling pool tables. At night, though, he'd tear up dance floors performing in a hip-hop troupe. (Watching MTV helped him perfect the moves of MC Hammer, Bobby Brown, and Big Daddy Kane.) Everything changed one day in 1997



at a Scranton Wilkes Barre Red Barons minor-league game. Zimei spent all nine innings armchair-quarterbacking the club's lackluster mascot, an Oscar the Grouch look-alike named the Grump.

"He's not dancing! He's not doing anything!" Zimei groaned to his friend. "How does that guy get this job?"

After the game Zimei's friend introduced him to the Red Barons' GM, who gave him a shot at manning the Grump. "I didn't realize how physical the job was," Zimei says of his first time performing while wearing the Grump's 30-pound head. "Your body needs to adjust."

Zimei spent the season earning \$50 a game, stuffing his face with free hot dogs, and eventually performing alongside the Phillie Phanatic, who offered Zimei a job. The following season, after running the Phillies' pep squad, Zimei wrote letters to every other MLB team inquiring about their mascot positions.

He was invited to audition in San Francisco by the Giants, who'd whittled their list of 100 applicants down to 10.

At Candlestick Park, Zimei waited his turn with a hoodie pulled low, headphones blaring his routine music, and his head bobbing like Eminem's in *8 Mile*. "Mentally,"

he recalls, "I was like, 'This is mine.'"

Zimei nailed his 45-minute interview and 15-minute set in front of a panel of judges including S.J. Sharkie from the San Jose Sharks, Sourdough Sam from the 49ers, and Stomper from the Oakland A's.

Two weeks later Zimei got the call. He was going to the Show.

**B**EING A MASCOT CAN be physically brutal. In a widely publicized survey conducted in 2001 at Johns Hopkins University, researchers polled 48 pro mascots, who reported a litany of injuries to their knees, ankles, wrists, fingers, and ribs. Forty-four percent of the mascots had experienced chronic lower back pain. The most common ailment? "Heat-related illness." Half the mascots had been treated with intravenous fluids, including one who was hospitalized for dehydration.

A mascot costume is basically a fuzzy portable sauna. Inside, the heat can

**LEFT** Lou Seal had his money-maker (or lack thereof) at AT&T Park in San Francisco.

**BELOW** The author catching air before catching balls.

# READER ENTRY POINTS



# INTERMEDIATE



## READER ENTRY POINTS



# INTERMEDIATE

## CLUB PREVIEW

CAMPUS CLUBS WELCOME STUDENTS

### ■ GAY STRAIGHT ALLIANCE

"We provide a safe place for kids to be themselves and talk about their problems; we don't judge people for their sexuality. Our goal is to bring everyone together, gay and straight alike." Page Bell, 11

### ■ INDIAN STUDENT ASSOCIATION

"There have been negative thoughts and stereotypes made about Indians, so we are trying to spread awareness about our culture throughout our school and the community to prove them wrong." Ravender Brah, 11

### ■ PINKET

"Our club encourages teens to take the pledge to stay drug-free and let them the effects drugs have. We encourage sobriety and not to do drugs to be cool." Madison Druge, 10

### ■ WOOD ARTS

"It's not every day that teenagers get the chance to learn how to make movies in school for free. Anyone who's interested in a career in the movie business can get a taste of how it really works." Marcus Krosche-Alvarado, 11

### ■ PURA VIDA

"We're obviously trying to raise awareness about autism, but it goes deeper than that. Our goal is to open students' eyes to appreciate the good in their lives and help people who are less fortunate." Celine Omega, 11



■ **1. CREATIONS** Focusing on the look of hand, Tyler Costa paints faces at the freshmen booth. "Everyone who wanted to help out got a chance to do so. I got to paint one little boy's hand." Costa said. "Also, I got to have conversations with each person who came by."

■ **2. CLUB PRIDE** Around with a sign, No he fourth, the Black Student Union club at the Club Fair event. "Black Student Union stands out because it's not just about being black," Smith said. "It's a club that everyone is free to join and it embodies every culture and ethnicity."

■ **3. BALLIN'** Handing out balloons to the most student in the, Daniela Nance enjoys herself while encouraging the most participant to hit the mark. "My favorite memory had to have been when Kyle got started for the first time," Nance said. "He was totally out of sync and everyone was having a blast."

■ **4. K.A.T. ANAND** Along with the rest of the class, Gabriela Krosche-Alvarado, 11, went. "I had with me, for being in school, being on time and doing her homework."

■ **5. WE DON'T MAKE KEYS** At lunch on Club Fair day, Jonathan Apodol and Cindy Nguyen went around to promote Key-Club. "What I remember most was trying to convince people that we don't make keys in Key Club," Apodol said.

■ **6. FALLING FOR YOU** Nance being started several times, Kyle (her) will find the fun in the dance look. "I liked seeing how excited the kids get when they started to dance."

■ **7. LET'S TALK ABOUT FAITH** At the Eagles for Christ booth, Enoch's Wright talks amongst other club members. "Eagles for Christ allows me to fellowship and talk with people who follow the same things that I do," Wright said.



■ **THIS MEANS WAR** Playing at one of the outdoor booths, Jovanna Strong fights against another student in a game of tag of war. "It was a lot of fun playing against someone going to," Strong said. "I loved having the opportunity to meet and talk to people I had never had the chance to before."



"Straight and narrow!"



## ON THEIR WAY

RENAISSANCE KICKS OFF THEIR GPA-BASED REWARD PROGRAM

In America, only 76% of 9th graders who started high school in 2008 graduated last year, leaving the other 24% without a high school diploma. The Renaissance program wants to change those statistics. It is a club that offers incentives and rewards to students showing efforts to succeed.

"Renaissance is about letting students know we notice their accomplishments and see they are doing great things," advisor Bernadette Galvan said. "The club and teachers involved are aware of the hard work and dedication students put into their school work and agree that they should be rewarded for their actions with incentives."

Renaissance is already having an impact on students.

"It is a grade-based program so it definitely motivates me to get good grades and to be a good example for students around campus," junior Lindsay Nance said. "Being in Renaissance has taught me what kind of large impact a small group can have."

The program motivates students to stay on the right path.

"Renaissance has really motivated me to do better in school," Kaylee Gonzalez said. "It shows that good grades aren't overlooked, and that Enoch's loves to give back to the students who try hard."

As the program gained popularity, the club grew in population.

"Just last year there were five people in the club. It felt like I blinked and now we have around 20 members," Nance said. "Within a month of planning, we had the biggest event Renaissance had ever put on."

On September 15, Renaissance hosted its first annual carnival to spread awareness about the program. It included face painting, colorful snow cones, animal balloons, bounce houses and a dunk tank.

"We didn't think we were going to make it financially, but we actually profited from the event," Galvan said. "It was exciting to have money to purchase awards for student achievement."

Renaissance has the potential for growth and success.

"I hope as the club progresses and we earn enough to give larger prizes like movie tickets or Starbucks gift cards, a couple times a month," Galvan said. "Right now we give gold, silver, and bronze Renaissance cards. Each level has its own incentives. And it's for everyone—primarily the 90 percent of students rarely recognized. It aims to aid and motivate students to do their best academically throughout the year."

STORY BY KORIYANA DENVERLE ■ PHOTOS BY ALICE STICE, RENNA MATTAR, TITUS NEWMAN & BUCK SWAN

## NOW PRAYING

HAILEY ENGLAND KEEPS HER FAITH IN CHECK



"I moved here from Las Vegas last year and I wanted to meet new people. It was difficult leaving all of my old friends and coming to a new school, so the Eagles for Christ club helped me a lot. As a freshman, I really wanted to create a Christian club at my old school. So when I saw the sign up booth for Eagles for Christ at the club preview last year, I was naturally drawn to it. The members of Eagles for Christ represent the Christian community within Enoch's. We have people from all different churches—it's a very diverse group of people. Everyone in the club is accepting and open, keeping my faith in check. I never feel judged by other members; everyone is very forgiving. It's easier to have friends with the same beliefs as mine. They understand things I'm struggling with, say a prayer for me and help me get through it. Eagles for Christ has helped me build strong bonds with new friends and share my faith."

### STATUS update

Topical: "We're back and get some things done." — Hailey England, 11

The winning team who played in a game of basketball. — Hailey England, 11

Winning player: "I was the most popular." — Hailey England, 11

Clubhouse: "I was the most popular." — Hailey England, 11

Clubhouse: "I was the most popular." — Hailey England, 11

Clubhouse: "I was the most popular." — Hailey England, 11

Clubhouse: "I was the most popular." — Hailey England, 11

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Clubhouse: "I was the most popular." — Hailey England, 11

Clubhouse: "I was the most popular." — Hailey England, 11

Clubhouse: "I was the most popular." — Hailey England, 11

# ENOCHS HIGH SCHOOL



# INTERMEDIATE



## EATING IN MEXICO CITY LIBERATES YOU.

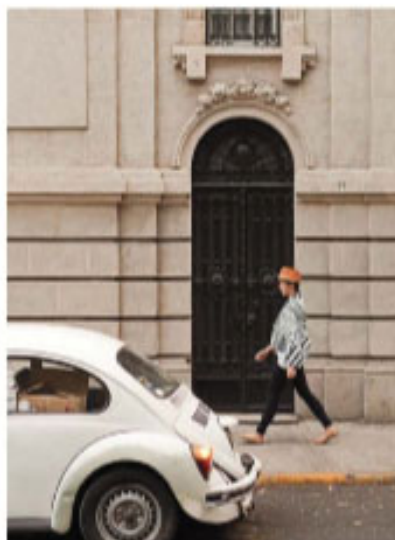
The sheer force of food, in its dizzying ubiquity and variety, frees visitors from the tyranny of "the best" that afflicts smaller, more provincial cities—you know, like Copenhagen, Paris, and New York. To locate, say, the top taco, you'd first have to decide which taco you mean—*al pastor*? *barbacoa*? *cabeza*? *compechano*? *camote*? *carritas*?—and then eat about a thousand versions from every last guy with a folding table and a griddle. Even if you were to pinpoint some marginally superior quesadilla, you'd be mad to traverse the vast city to eat it. There's never not traffic. And there's surely a quesadilla that's almost as great nearby. The question, then, isn't where to eat so much as where to start.

For me, that's in the *mercado* located in nearly every major neighborhood. These markets offer more than just a memorable lunch. By combining in one place all manner of vendors, they provide a sweeping look at the country's remarkable culinary culture.

I owe my affection for the city to native Roberto Santibañez, whom I've helped write two cookbooks and who has taken me on several whirlwind tours of D.F. (the local acronym for the city's official designation: Ciudad de México, Distrito Federal). He has a theory, borne out by decades of eating here, that finding "properly

seasoned" (read: spicy) food is harder than it has ever been. To blame is the culinary homogenization that besets any cosmopolitan city, and the persistent notion that spicy food is low class. His grandfather, a third-generation Mexican, always wore a suit and died without ever having eaten a chili. "Markets are one place where heat and pungency are alive and well," Roberto says. "They each tell their own story about the city."

They also tell a story about the people who grew them. I highlight here just three of dozens of brick-and-mortar markets (not to mention *fábricas*, the open-air culinary bazaars that pop up one day a week in nearly all of the city's scores of neighborhoods). They're the three I return to most often, because they represent three aspects of the city I particularly love: its connection to the past, its pockets of idyllic beauty, and its gritty urban reality.



Shop for produce and eat an octopus tostada, left, in the *mercado* Xochimilco.



### HOW TO GET THERE

Situated slightly south of central Mexico City, the Xochimilco neighborhood can be reached on public transportation. Take the Metro Line 2 (blue line) to Tasqueña, switch there (with a separate ticket) to the Tren Ligero (light rail), and ride to the last station on the line.

### WHAT TO EAT

Representative fare includes *moles*, tiny crayfish with lime and chili, and *chileable*, a hot green drink made with masa and spiced with achiote and fresh chili. The Mexican cheese quesadillas at *Puesto No. 200* are not to be missed.



THE PAST IS STILL PRESENT at the *mercado* in Xochimilco (so-chee-MEEEL-koh). I went for the first time with Ruth Alegria, who leads Mexico Soul and Essence tours to the city's markets and possesses an encyclopedic knowledge of the country's foods. As we reached the makeshift outdoor stalls encircling the market's two main structures, we caught snatches of a language I didn't recognize. "Nahuatl," she said, the language of the Aztecs.

Before the Spanish came in the 16th century, most of what is now the sprawling landmass of the city was underneath Lake Texcoco. The Aztec capital of Tenochtitlán was on an island city-state cut through by canals. Xochimilco was a separate town. The people there grew food on *chinampas* (floating gardens) built in the lagoons and took them by boat along the waterways to the markets of Tenochtitlán. The Spanish ultimately sacked the capital and drained the massive lake, but even today Xochimilco reflects the old culture. The *chinampas* still operate in the remaining lagoons, some supplying D.F.'s fine-dining establishments. Tourists flock to Xochimilco to ride colorful boats called *trajineras* on the canals, but the market is even more compelling.

Inside, narrow aisles hold foodstuffs reflecting the former lake cuisine—*acociles*, crayfish the size of Good & Plenty candies, seasoned with lime and chili, charred corn-husk parcels that resemble typical tamales but contain many dozens of tiny fish packed together, and fish roe cakes that look like otherworldly wheels of cheese.

As you navigate the distinct sections common to most markets, a swath of produce yields to stalls devoted to dried ingredients—chilies, *plátano* (unrefined cane sugar), and just-add-water mole pastes. There is nonedible stuff like colorful plasticware, live birds, kids' costumes, and piñatas. Revelations strike even hard-bitten travelers to Mexico. At the southeastern edge of the main building, a woman ladles a vivid pea-green liquid, spicy from fresh chili and pungent from the herb *epazote*, into Styrofoam cups. This is *chileatole*, a savory version of atole, the hot pre-Colombian drink made from masa (dough made from

# PULL COLORS



# INTERMEDIATE



Brandon Black (left), Justin Black (middle-left), Mary Agnew (middle-right), and sophomore football players (right).

Justin Black (left), Justin Black (middle-left), Mary Agnew (middle-right), and sophomore football players (right).

Mary Agnew (left), Justin Black (middle-left), Mary Agnew (middle-right), and sophomore football players (right).

Sophomore football players (left), Justin Black (middle-left), Mary Agnew (middle-right), and sophomore football players (right).

## a slice of summer

STUDENTS CHECKED OFF THEIR SUMMER TO-DO LISTS ONE BY ONE AS THE SCHOOL YEAR APPROACHED

Brad Meadows clicks the lock button on his phone as soon as it goes black. The time hasn't changed, and the school year won't be over for a few more minutes. After that, summer will be here, and he'll have two and a half months to check off his summer to-do list. "The main thing I wanted to do was get ready for football," he said. "I ran out of time and didn't do everything I planned to do. I didn't have time to sleep. I really wanted to sleep."

### Get out of town

All year long, students planned their summer trips.

### FUNDS IN THE SUN

#### BURGERS MADE, GETTIN' PAID

junior Sen Hyggren got his first job over the summer working at the new burger place in town, Moo-Nuts. "I got to pick most of the hours I worked so I still got to enjoy my summer," Sen said. "Now that I'm back in school and almost working, I do miss getting paid. I really liked having a summer job there."

on a mission trip with her church to England. "It was really amazing to meet the kids there and it was so beautiful. I would love to go back," she said.

Whether it was family vacations, mission trips, or get-a-ways with friends, students did everything they could to escape Texarkana.

"I went to New York and it was amazing to go sight-seeing and even though it was crowded and smelled bad, I loved the city," freshman Madison Howell said. Sophomore Megan Stanfill went

### Homework? Wait, it's Summer

Even in the summer, students were not completely free from the stress of school work. "I waited until the week before school began to start my summer reading for English so I didn't get to finish all of the work," sophomore Collins Donnelly. "I wish I wouldn't have waited so late."

### Deep Fried

Whether it meant working outside, or strategically planning which hour of the day had the best UV rays, girls and boys both changed one shade darker during the summer. "I worked at the water park over the summer and I got really tan," junior Tyler Fuhs said. "It was a huge perk of my job."

### Two a day Torture

While some students had two-plus months for doing whatever they wanted, other's freedom ended the first week of August. When two-a-days started, volleyball, football, drill team, and band members struggled to find time for anything but intense practice and sleep. "Just the word two-a-days irks me," senior Brenna Halley said. "We were on the floor crying, before, during, and after."

Page by Hannah Rainer



### For every bird out there



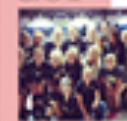
### PRACTICE

started for drill team, band, football and volleyball before July even ended. The Showstopper learned their dances for the year, the band practiced their marching routines, and football and volleyball had two-a-days. For these students, summer ended with hard work and blazing.

### SPITTING SEEDS

took a little talent, but it wasn't one of the talents featured in the Mass. State pageant. To see real talent, go to page 17.

### 8/31



Showstopper Alex Miller squeezes in with another drill team member while Jesse Gorse and other band members lead the bus



**1. Blandly to eat.** Slices of watermelon cover the table after the kick-off pep rally on Aug. 30. **2. Kicker on our shrimp.** Junior Nikk and senior Harley Wilmoth joke around at the annual Watermelon Supper. **3. Friends start.** Rump Superintendent Dr. Todd Williams greets students and teachers at his first Watermelon Supper. **4. The other place.** Senior Hayley Hardy enjoys a piece of watermelon after being introduced as a member of the varsity volleyball team at the pep rally (all Phipps photos).

The football team is already in Spring Hill when the caravan of band and drill team busses comes to a halt. The band bus has just broken down in the middle

of nowhere. Showstopper Alex Miller squeezes in with another drill team member while Jesse Gorse and other band members lead the bus

# PLEASANT GROVE HIGH SCHOOL



# INTERMEDIATE



# CAPTION STARTERS



# INTERMEDIATE

## RETURN OF A LADY EVE IS BACK IN THE KITCHEN: ARE YOU HUNGRY?

WORDS: SAFRA DUCREAY  
PHOTOGRAPHY: BELLA HOWARD  
FASHION: MADELEINE OSTLIE

EVE JIHAN JEFFERS is famously referred to as a 'pit bull in a skirt,' an epithet that suited her just fine years ago, but doesn't match up with the pristine megastar she is now. At nineteen, with her platinum blond S-curl and instantly recognisable paw prints, Eve was cute, particularly when she barked. "Let's talk about who I am / Blond bee, find me in the hood with my peoples" on the first track of her debut, 'Let There Be Eve...Ruff Ryders' First Lady'. But at thirty-four, she's is full-on gorgeous: manicured from head-to-stiletto heel with a silky-smooth finish, her presence emits the kind of perfection attributed to going 'Hollywood': "I'm a bossy, glossy mogul and worldwide my name is known," she spits on her recent single, 'E-V-E'.

If the person Eve is parlaying with is - let's say, hypothetically, the interviewer - is another female, she'll inject common nouns like 'girl' into her vocabulary, lending a homiegirl appeal to the conversation. Today, however, over the phone, her intonation, while convivial, is demure. She's guarded, rightfully so, especially since she's paid her dues to be on some next level shit. With just under ten million albums sold, and a reach spanning Africa, Australia and further still, there's probably not a single question she hasn't already been asked. Considering hip-hop's lugubrious nature, it's not uncommon for rappers to wear their hearts on their sleeves. But Eve, though cordial, is tight-lipped. So, it's no coincidence that her new album is called

'Lip Lock'. In such cases, the easiest icebreaker is, of course, to talk about the weather. It's late April, and in contrast to London's habitually murky skies, today's golden sunrays and mild spring breeze, from the Philly-born MC's view, is divine. "Oh my God, it's perfect," she says wistfully. "I don't want it to go away." She lives here with her boyfriend, Gumball 3000 founder Maximillion Cooper, and life is good.

The music video for the aforementioned single is a grainy portrayal of her return to rap after a ten-year hiatus, and features the East London landmark Boxpark, a pop-up mall minutes away from Shoreditch High Street. An American hip-hop chick in London, she'll usually hang out on the über-cool east side. "[This place] has inspired me for sure," she says. "Anything you do, whether you write, paint, or make music, I tell people it's easy to disappear here. It's easier to go on a long walk somewhere and pop in some place." Sounds nice. But with all her artistic incarnations, she's yet to venture into the hub of London's real gritty music scene. "Brixton is actually a place I need to hang out more. I was telling someone that, too."

Growing up in Germantown, a place on the north west part of Philadelphia, the Haitian-

American lyricist used to crash basement parties held at her grandmother's yard, where her biological father would spin tunes from hip-hop's fresh stack of vinyl. "My intro to rap was between him and my aunt, who was kinda like a big sister," she explains. "My aunt always played LL [Cool J] - that was her favourite. Salt-N-Pepa, Queen Latifah - she introduced me to that. I guess that would be my first encounter." She was part of the Dope Girl Posse, a wannabe R&B group with an aim of becoming the new En Vogue, but it was at Martin Luther King High School that her calling came into fruition. The early-'90s saw hip-hop become a free-for-all platform and a budding experimental ground for which she couldn't help but partake. "When [Atlanta

R&B/rap group] Another Bad Creation came out, we started thinking about rapping because we had never seen that before. I think that's when we changed over," she recalls. "Egypt was my group when I was in high school - me and this other chick, Jennifer. Then she decided she wanted to go to college and I wanted to keep rapping. So we broke up." Once out of school, she took a detour through the vocation of stripping, until Pastor Mason Betha, AKA Badboy Ma\$e, with his wise words encouraged her to leave the fast money and do better, as explained in a documentary about her life: "He was like, 'You're really talented, you know you're not supposed to be here.' It just woke me up." With the help of music exec Mike Lynn, she landed an audition for legendary beat maker Dr. Dre who, transfixed by her brand of smooth street poetry, signed her to Aftermath. The young novice left Philly to set up shop in Los Angeles, with the intent of honing her craft under the veteran's wing. The result was 'Eve Of Destruction', an underrated single that appeared on a soundtrack for the Warren Beatty flop, Bulworth, and the beginnings of an album. But it wasn't to be. "Budget cuts" sent Eve packing. Down but not desolate, she inked a deal with Ruff Ryders/Interscope and appeared on the seminal Swizz Beatz-produced 'Ryde Or Die Vol. 1' compilation. The single, 'What Y'all Want', had Radio DJs frothing. A salsa-tinged record, the



Text

# SEPARATE TEXT BOXES



WITH SADNESS AND A GREAT SENSE  
OF HOPE SENIORS  
JOINED THEIR HANDS TOGETHER

# RISING

## before the sun

STORY / DOMINIQUE INUBET / PHOTOS / SHOOT PHOTOGRAPHY BY MICHAEL SAKRIS

**STUDENTS  
REFLECT  
ON FINAL  
MOMENTS  
AS  
SENIORS  
AND  
MEMORIES  
THAT WILL  
REMINDE  
THEM  
OF THEIR  
HIGH SCHOOL  
JOURNEY**

Ms. McCarthy's class was my most memorable academic experience. The gift project had a huge impact on the whole class, and hearing each other's stories was touching. She made us think about something in our lives that helped define who we are as people—something we have overcome, a talent that reveals something we are passionate about, or an experience that caused us to see or understand life differently. Some were happy, some were sad, but all of them were meaningful."

BRANDON MCGEE, 12

"I'll have learned anything from the past four years of my life. It would be to never give up. High school has shown me that the harder I work, the more of a chance I'll have to succeed. No matter what anyone says, I don't doubt myself. High school has given me the chance to meet my best friends, incredible teachers, and amazing staff. When I leave this year, I will carry on all of the amazing memories I have made at Brooks Senior Sunrise especially the day I never forget. It was a tough day for all of us, from jokes to tears, but it showed that Eagles stick together and support each other through anything. We lost two beloved friends this year, but their memory is still with us. It showed us that tomorrow isn't certain here. It taught us to make the best of each day."

LEAH HEDDERMAN, 12

"The atmosphere of Senior Sunrise was positive, but bittersweet. I realized that this is it. I'm really going to graduate this year, and the next time we'll be together as a class will be at Senior Sunset, which is pretty much just before we all graduate and say goodbye. It's scary to think about the future after high school. Before we know it, that reality will really set in. I'm going to try to appreciate these events before they are gone forever."

ARIANA COOPER, 12

"Senior Sunrise is normally a time to reflect about our future, but to be honest, the week was shadowed by the fact that Kaylan was in the hospital fighting for his life. Instead of celebrating we reflected a lot on our memories of our lives together. I grew up with Kaylan. He was the first friend I made at Orchard Elementary. We imagined our future lives as professional athletes—his in the NFL and mine in sports medicine. It was a difficult day, but losing him brought us all closer together and made us appreciate the people in our lives in a new way. It's important for me to stay in touch with those I cherish because life is short and we need to appreciate how blessed we are. I've been told that everyone grieves in their own way, and I think this is true. The event someone you care about dies is the moment you feel compelled to do something."

SHARON DOMINON, 12

1. **2015 SENIOR SUNRISE** Senior Clayton Hernandez, Blaine Rogers, and Andy Rogers with a group photo with our bandmates. 2. **2015 SENIOR SUNRISE** Senior Clayton Hernandez, Blaine Rogers, and Andy Rogers with a group photo with our bandmates. 3. **2015 SENIOR SUNRISE** Senior Clayton Hernandez, Blaine Rogers, and Andy Rogers with a group photo with our bandmates. 4. **2015 SENIOR SUNRISE** Senior Clayton Hernandez, Blaine Rogers, and Andy Rogers with a group photo with our bandmates. 5. **2015 SENIOR SUNRISE** Senior Clayton Hernandez, Blaine Rogers, and Andy Rogers with a group photo with our bandmates. 6. **2015 SENIOR SUNRISE** Senior Clayton Hernandez, Blaine Rogers, and Andy Rogers with a group photo with our bandmates. 7. **2015 SENIOR SUNRISE** Senior Clayton Hernandez, Blaine Rogers, and Andy Rogers with a group photo with our bandmates. 8. **2015 SENIOR SUNRISE** Senior Clayton Hernandez, Blaine Rogers, and Andy Rogers with a group photo with our bandmates. 9. **2015 SENIOR 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# INTERMEDIATE

Ready to  
conquer the  
universe by  
disrupting  
an industry?  
TrueCar's  
Scott  
Painter  
was too.

A nation  
of car  
dealers  
decided  
to disrupt  
him back

## By Paul Keegan

Photograph by LeAnn Mueller

## MAKING IT TO THE OTHER SIDE

**Mont-Mensah** Someone "The future is here, it's just that we're not there yet." That's a great statement when you travel around the world and see things in other countries. "Why isn't that in England?" The future in different places.

### What comes next? How do you turn your eureka moment into a business?

The next step is research – you need to know what there is actually a market for. Are people who have the same idea as you want a solution for it. Are they willing to pay for it? Or is there a way to monetise that? I needed that early feedback. Working in the taxi business in London, I called an entrepreneur and told him my idea. He said, "That's a good idea, but you don't have a clue how to do it. Go and work, then come back to me."

**SUCCESS IN TOW**  
WHEEL A FORTUNE  
INTO YOUR ACCOUNT

OVER 60% OF  
ENTREPRENEURS  
HAVE CITED  
NOT WANTING A  
BOSS AS THEIR  
KEY MOTIVATOR

I worked for a rival company for three months, just to understand the market. Afterwards I had the credibility of being able to answer investors' questions.

"You need grit to succeed. If you can be the kind of person who enjoys it when things go wrong, nothing will stop you"

**Henry** That's really smart... The first thing we did was patent the concept and get lots of intellectual property protection. But the strange thing is, I wouldn't counsel anyone else to go and get a patent. It's a common thing when people come up with an idea: "I don't want to tell anyone!" But you might spend £50,000 patenting something that's a complete sack of rubbish. Forget who not to tell. Go out and tell everyone you know what your idea is and don't be worried that somebody else is going to come up with it or steal it. The idea itself is 1%; the other 99% is execution.

**Edwin** Plus if you work in the digital space there's more leniency in just starting – trialling a beta version of your product. I tried to start two businesses at university and I got caught in paralysis by analysis. We had a 200-page plan, we researched the market, did lots of analysis. We did everything but actually start. Two years of development and we hadn't sold a thing. So when the idea for selling water bottles with GiveMeTap came, I abandoned everything I thought business was about and just started.

**Nick** You can do that now because you have the capability to learn anything online. In my case I wanted to do apps and code so I went about teaching myself. You have universities like Stanford, MIT and Oxford giving away free lectures that are of extremely high quality.

### What other resources can an entrepreneur get for free?

**Nick** YouTube is amazing for learning. And the lectures on iTunes university are a bit more formal, but you can get pretty much anything you want for free.

**Henry** For inspiration, I watch TED talks.

There is one in particular called "How great leaders inspire action" by Simon Sinek. It's the best video I've ever seen. **Edwin** Springwise is a great website. We talked about idea generation; it's a resource where a network of about 17,000 "Springspotters" around the world report the newest lightbulbs of the day.

### What kind of person do you have to be to succeed?

**Edwin** You have to be a doer. You need to get things done because you're going to have loads of ideas and if you stay in the "thinking stage" of a business idea then you just won't get started.

**Henry** You need adaptability, creativity... **Nick** And grit. Being the kind of person who enjoys when something goes wrong, to an extent. If you can enjoy it when it's going wrong then fear will never stop you.

### How do you stay productive?

**Nicko** Careful time management. Not giving too much of your day to things that aren't worthwhile. So many people want to talk and you have to be quite brutal about what you give your time to. **Ross** I'm not sure you can stay productive all of the time. Choose two or three core things that you need to do in a day and make sure that by the end of the day those things are done. Then if you get on to anything else, fine. Email control is a big one. I typically have no more than three sessions a day of checking emails.

### Is age actually important?

**Nick** I don't think it's age – it's mindset. Psychologically it's good to feel young because you are constantly adapting, changing and failing. It gives you an advantage over people who want things to remain the same.

**Nicko** The key thing is that you can take big risks. I was 22 when I started and you don't have a family or a mortgage, you don't have any of the things that would put somebody off starting a business.

**Edwin** You're fearless. You know that if it doesn't work out you can find a job or try something else.

**Henry** When you're a child you've got the desire to question everything, and as people get older they tend to lose that inquisitiveness.

ENTREPRENEURS TAKE  
AN AVERAGE 9 DAYS  
OFF WORK DURING  
THEIR FIRST YEAR

# ALIGNMENT OPTIONS



# INTERMEDIATE

## looking FAB in the lab

### about the AUTHORS

1. Everyone has a different and unique writing process, so find what works best for you.  
2. Use word counts to motivate yourself to write a certain amount every day.  
3. Don't worry about how bad your first draft is, even if it's horrible. All a first draft has to do is exist.



**BACK AT HER ALMA MATER**, when author Meagan Spooner answers questions about her books, publishing and the writing process with her friend and fellow author Cristin Terrill. Their science fiction and fantasy writers visited a special writing center meeting during eighth period on Friday. "I think some of the advice they gave was really helpful. Not so much in terms of the publishing process, because I think most of us are really far from that, but just in terms of writing your story," junior Isabel Ho said.

From Biotech to French, lab coats are common apparel in many different classes.

**WHITE LAB COATS** and closed-toed shoes are part of every lab day in Dr. Burnett's DNA 1 and 2 classes. The upkeep and maintenance of the lab coats are so important that Dr. Burnett uses a "lab coat lottery" as an incentive, giving prizes to lab coats that are correctly hung up in the right order. "The lab coat system is awesome! Except I've never, ever won," said junior Ivanay Balan. Similarly, in the Biotechnology and Chemical Analysis seniors also wear lab coats in the lab environment. Lab coats are just part of safety measures to keep students from harm, another rule is no eating in lab room, and some students also must also wear gloves depending on their experiments. "Not wearing a coat in the Biotech lab would be like Kanye not wearing his shades - it just wouldn't feel right," senior J.C. Panagides said. However, lab coats aren't always used for safety purposes in science labs. Dr. Osborne is frequently seen adorning his blue lab coat at school. "It creates an air of professionalism that encapsulates the atmosphere of the whole class. As soon as the lab coat is on, you know it's about to go down. It may be just a lab coat, but it elevates everyone's focus in the class so we can experience a whole new level of math," senior Irene Haas said. Madame Genevieve Defosse is another teacher who wears a lab coat, but she is not part of the math or science department. "Madame Van de Kamp bought these and it's a fun way to show that we're a team," said Defosse.



## no fear, SHAKESPEARE

A. Viola, Orsino, Olivia, Sebastian, Malvolio, Feste, Sir Toby, Sir Andrew Aguecheik, Antonio, Maria, Fabian, B. Rosalind, Orlando, Celia, Duke Senior, Jaques, Duke Frederick, Touchstone, Oliver, Silvius, Phoebe, Lord Amiens, Charles, Adam, Sir Rowland de Bois, Corin, Audrey, William, C. Prospero, Miranda, Ferdinand, Ariel, Caliban, Alonso, Antonio, Sebastian, Gonzalo, Trinculo, Stephano, Boatswain, Jeffrey M. (3 to 4) His, Jr. & Jeffrey going to university

**1. SEATED ON THE STAGE AFTER THEIR FINAL SCENE**, actors listen to the judge's critique. On Friday, March 7th, Shakespeare Troupe travelled to D.C. to perform an abridged version of Othello at the Folger. "It was my first time, so it was a little bit stressful, but honestly, it couldn't have been a lot worse. It was pretty great," freshman Josh Cummings said. **2. ACTING MURDEROUS WITH RAGE**, senior Ben Andre confronts senior Umi Zager onstage. The pair played Othello and Desdemona in the classic Shakespeare tragedy at the Folger on Friday. "It was interesting because I'm not black, so it became a lot less about 'racial tension' and a lot more about just the sexual jealousy. It was a great experience," Andre said. Photos courtesy of A. Rose



**1. EXAMINING IMAGE ANALYSIS RESULTS**, seniors J.C. Panagides and Yana Kaplan use gloves even to use the school laptops. Even though the pair are working on their senior Biotech lab project before school, the same safety measures applied. "The main purpose of the coats are to prevent the dust we bring in to the lab on our clothes from interfering with experiments, which, to anyone who has seen bits of debris falling from the ceiling, is a valid concern," said Panagides. **2. SHOWING OFF A TABLE**, Madame Genevieve Defosse shows off the lab coat she often wears. Defosse wears her lab coat because she uses her chalk board a lot. "Teachers in France used to wear coats like this," Defosse said. **3. WHILE TESTING THE EFFECTIVENESS OF SUNBLOCKING AGENTS** against UV radiation in DNA 2, juniors Aless, Jenkins and Kayvon Tabriz observe their yeast plates. Even outside of the lab room, since they were working with yeast, the students continued to wear



## downgrade or UPGRADE?

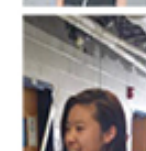
Students have mixed reviews on the changes made to the SAT by Collegeboard.



**"I THINK THE NEW SAT IS KIND OF USELESS** The SAT is meant to test students on three different subjects that are supposed to cover the essence of what kids are supposed to learn. Taking out one whole section just seems like a bad decision to me. Although I think it's worse, I still find it unfair that it's implemented after my time. Not having to study for one whole section means you can focus on the others and that makes things easier," junior Michele Namkung



**"I DON'T THINK IT'S UNFAIR** especially now that there's no penalty for getting an answer wrong, the greatly diminishes the point difference in getting a question right and getting a question wrong. Plus no one omitted answers anyway so I think this was a necessary change. I also think it's better because the new SAT will be geared to have more focus on science and social studies, which are two subjects that weren't reflected sufficiently in the old SAT," senior James Wong



**"I LIKE IT BETTER** because it seems easier and the writing section always seemed subjective to me. Also, it's hard to really grade everyone's writing styles on one rubric. The ACT has the writing as optional and a lot of people take that test, rather than the SAT anyways and get into good colleges," senior Amy Kim



# ADVANCED

## I KNOW WHAT WORKS

> Freshman football players need to know the plays in order to do their job on the field.

### WHAT WORKS FOR ANGELO COLE, 9



"When I do a 'Rocket,' I get into my receiver stance by standing to the right of the ball, while putting my left foot forward. I wait for the quarterback to call 'hike,' then I run by the bubble, prepared for the quarterback to throw the ball to me.

### WHAT WORKS FOR MATTHEW JOHNSON, 9



"When I execute the play, 'Oakland,' I begin by taking two steps backward then staking my arms out as far as I can. Next, the running-back sprints past, taking the ball from my arms, confusing the defense on who they should tackle.



> 1. Inderkum's outside running-back attempts to gain yardage, but is blocked by sophomore Jacob Padilla on September 13. > 2. Sophomores Danyiel Rich and Trevon Madrid stand attentively to the national anthem before the Inderkum game. > 3. Sophomores Mark Holcomb, Derek Bell and Danyiel Rich complete a tackle to prevent Golden Sierra from scoring. > 4. Derek Bell and Trevon Madrid high-five after tackling Golden Sierra's wide receiver.



> 5. Ripping away from the Broncos' defensive line, on October 13, sophomore Aaron Davis attempts to score a touchdown. > 6. Quarterback Curtis Boortz goes over a play with Coach Satchwell on October 18. > 7. After an injury, defensive end Ryan Rafferty rests with teammates Jonathan Chapman and Michael Hamilton.

## AKA ALSO KNOWN AS

Players are known for their quirks, nicknames, and accomplishments.

### > Dominic Ricci, 9

**AKA** the teammate who often gave speeches during halftime to pump up the entire team.

### > MaCaleb Gonzalez, 9

**AKA** the quickest player on the team, hence the nickname "Speedy Gonzalez."

### > Jacob Ericksen, 9

**AKA** the player who was rewarded with the offensive "Most Valuable Player" of the season award.



words by stephanie smith and rebecca rosca

## TALK TO THE HAND

> Numbers can tell a lot about the overall outcome of the game.



### DEL CAMPO Oct. 11

3 • 1 • 148 • 9

**3 Touchdowns.** Sophomore Aaron Davis received the ball for the first kick return. Davis faked right but broke left to the far outside and out-ran the defense for the first of three touchdowns.

**1 Recovery.** On the 33 yard line, Del Campo's quarterback fumbled the ball, letting Justin Holland recover it. Mark Holcomb rushed 31 yards to the five yard line for another touchdown.

**148 Passing Yards.** For third down and 10 to go, sophomore Charles Hubbard lobbed a pass to sophomore Jonathan Chapman for the longest run of the game, 47 yards.

> equals a 9 point loss to Del Campo.

### BELLA VISTA Oct. 18

28 • 3 • 6 • 1

**28 Tackles.** Bella Vista's center snapped the ball to their quarterback, who opened the defensive line, leaving Erik Garrett to sack the quarterback for the 13th tackle of 28.

**3 Kick Returns.** For the second kick return, Bella Vista returned the ball to Jonathan Chapman on the 25 yard line. He received it, and sprinted down the field for a 39 yard kick return.

**6 Blocks.** As BV's quarterback struggled to find a player, he tossed the ball into the endzone. Danyiel Rich leaped in the air and slapped it to the ground for the last block of the game.

> equals 1 league win for the Rams.

### CHRISTIAN BROTHERS Nov. 1

1 • 37 • 12 • 16

**1 Field Goal.** In field goal range, Charles Hubbard received the snap and quickly set the ball up for kicker Luis Reyes, resulting in a 3 point lead and the only field goal of the game.

**37 Seconds.** The Falcons' kicker, Jacob French, launched the ball to Danyiel Rich, who ran it, dodging the defense. Rich broke down the field for a 69 yard touchdown in 37 seconds.

**12 Carries.** Curtis Boortz handed the ball to Mark Holcomb who ran down the field, while getting tackled on the 32 yard line, for 30 yards. This was the first of 12 carries.

> equals a 16 to 35 loss against CB.



# ADVANCED

## THIS MAY BE A LONG GAME, BUT MICROSOFT NEEDS CHANGE QUICKLY.

And that recent rise in UK sales suggests price remains perhaps the biggest determining factor in a console's early success. Taking Kinect out of the box would certainly mean a more appealing price point for Xbox One, but it would be Microsoft's biggest admission of failure yet in a marketing campaign full of them. As such, it's little surprise to see the PR training kick in when we ask Spencer if a Kinect-free Xbox One is on the cards.

"We're always trying to match what consumers are asking for," he says. "I always want to make sure that we're in tune with what current or potential customers are asking for from us. Right now, [dropping Kinect is] not the number one request from people. Usually it's, 'Where are the great games?' That's where it usually starts. 'When am I going to get Skyrim?' I get a lot of people wanting old franchises to come back. But we'll always listen. I think we need to stay in tune with who our customers are, and react."

There was a time when Peter Dinklage would also have had the marketing department's ear, but these days, he of Microsoft's watchful eye at his indie studio 2D Cats, his tongue is rather looser. "I actually wish Kinect wasn't a requirement," he says. "It feels like an unnecessary add-on to me. Maybe it's because we're in England, and it doesn't really use the TV still, but it feels more and more like a joke. My son and I sit there saying random things at it, and it doesn't work."

Xbox One's problems in the UK aren't limited to its antisocial voice recognition: at launch, its TV functions didn't support the 50Hz standard. That, like so many other things, has been addressed now, but for Dinklage the removal of that underused camera is a no-brainer. "They could cut it out [by removing Kinect]. I'm sure they're going to release an Xbox One without Kinect. It would be unfortunate that they wouldn't."

Molyneux's feelings likely grew closer to the layman's, but Spencer makes a compelling counterpoint beneath the marketing shenanigans. While in the setup to launch Microsoft needed only to cater to potential

customers, now it must also satisfy existing owners, none of whom will be thrilled at the prospect of Kinect being discarded and the cost of entry slashed. Only one thing unites those two groups, and it's nothing to do with TV functionality, app snatching or media partnerships. Molyneux puts it best: "There's only one thing they need to do. Give us some good looking games and we'll forgive every sin."

Unfortunately, Xbox One doesn't seem to make life easy for game creators. While the console had a bigger, and arguably better, launch lineup than PS4, the months since have served only to raise worrying concerns about the system's power, with Xbox One versions of multiplatform games consistently performing worse than their counterparts on PS4 and PC. To third-party studios and the people who play their games, Xbox One means lower resolutions and frame rates. Microsoft may be playing a long game, but if a console cannot keep pace in the year-one sprint, what chance does it have of winning a marathon lasting a decade?

"Developers in the early years of any console generation are working hard on a platform that's emerging as they're trying to ship their game," Spencer notes. "Over the lifecycle of the generation, you'll see people getting closer to the metal, understanding exactly how the content and the pipeline works, what the consoles are capable of. And I'm confident that the resolution and fidelity of things that people will be playing on Xbox One will be top notch."

Fair enough, but it's early days for PS4, too, and Sony's console has already earned the perception of being the better system on which to play multiplatform releases. That disparity, it seems, is not only due to PS4's more powerful innards, but the quality of its tools and SDK, which have clearly benefited from the deftly hand-crafted Sony A recent update to the Xbox One SDK has helped, but Spencer speaks of development tools evolving as Microsoft works out what studios need from them. "You ship with a certain idea about what the profile of a game running on your box will look like," he says, "but you learn in terms of what people are really doing, and how you can make it most effective for developers." This might be the most telling indicator of why the gulf in performance between the two consoles exists: Microsoft is relying on having conversations that Sony has already had. If multiplatform performance parity is out of reach for the time being, Microsoft only has one option if it is to bolster Xbox One's software catalogue. Luckily, it's something it's always been very good at.

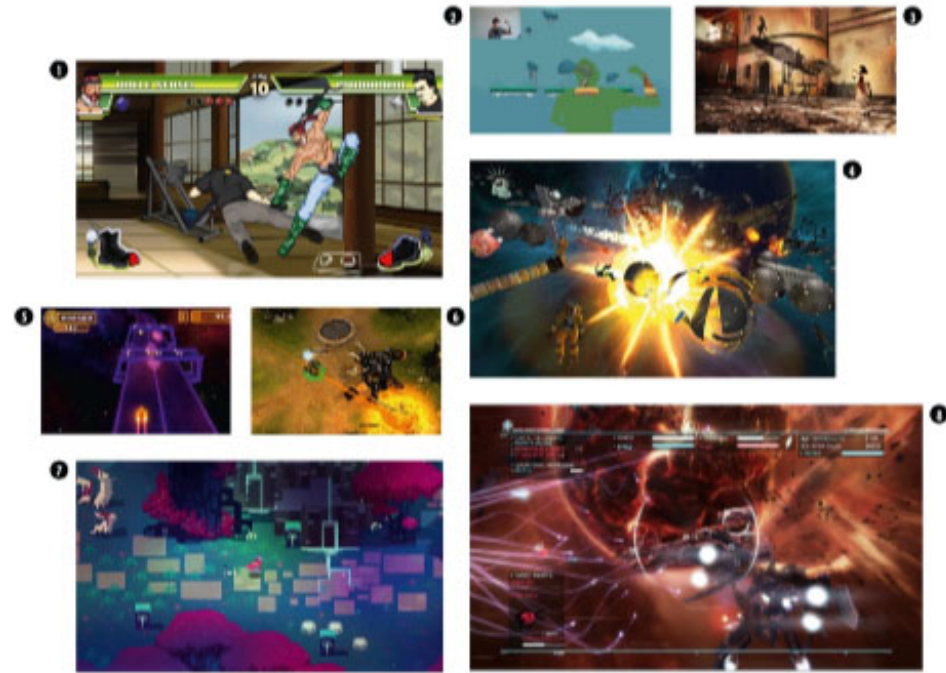


Ex-Microsoft employee Peter Dinklage founded a Kinect-free Xbox One in the future

Xbox 2.0 is far from the next improvement over the original that was promised



### XBOX ONE



## STRIKE FORCE ONE

The first wave of ID@Xbox games is coming. Here are ten of the highest-profile examples.



1. As with some of the other games on this list, two-button fighting game *Street Fighter X Tekken* is also coming to Sony's console. This version includes character stat tweaks and adds blind selection for round 2 matches.
2. *Blade* as part of this year's Global Game Jam, *Through Games* Kinect-based puzzle-platformer *Avi* enables players to use their own avatars to reveal a hidden world.
3. Another puzzle-platformer, though this time one that uses light and shadow to offer an alternative dimension, *Competition Games* Contrast is charming if you can ignore the cracks in its design.
4. A strategy game set in space, *Abolish* casts the player as an engineer who must build an orbiting space station for refugees, using junk ejected from an Earth-based by destructive nanomachines.
5. Gateway Interactive is working with Super Nintendo computer *Rush* developer, AAA *Clayton* to create *Spectre: 20th Century*, a procedurally generated race based on tunes from her latest album.
6. The ball world is bringing its co-op browser, *Farout*, over from Steam.

7. As class evolved in the "toughest fantasy gladiator school of them all", you battle for your freedom along with up to three other friends.
8. Another platformer for Xbox, *Proton*'s highly anticipated action-RPG *Hyper Light Drifter*. The game takes its inspiration from the 2D adventures that *Proton* enjoyed in his youth, and promises to offer a clean challenge.
9. *Strike Full Zero: Director's Cut* rehashes the much-duglister with a restructured campaign, all-new dialogue and improved graphics, as well as including the bonus *OF The Fleet* mission and two further *Strike Suits*.
10. *Blade* is a surprisingly difficult platformer. *Blade* ignites hordes of players with one life per state, so to make it through the game, that sounds generous, but this is *Blade*. *Dangerous* dialled up to 1,001.
11. *Handbook* tells itself as an "experimental driving puzzle game", but it's more useful to think of this as a time-themed *Kara Kara Avaran*. You move your rotating vehicle through cluttered streets while picking up passengers and trying not to flatten other pedestrians.



# WEIGHT



# ADVANCED

IT'S GONNA BE  
**WORTH IT.**  
002 OPENING

IT'S NOT GONNA BE **EXPECTED** What is the most unexpected thing that's happened to you at TJ?



"When I did an **INTERNSHIP** at **TORC ROBOTICS** over the summer, because I didn't think that I would actually be able to get in."  
**ROHAN SURJ, 10**  
ROBOTICS



Abhishek Ramakrishnan, 11  
Andreea Tan, 11  
"I started **DANCING** and playing a few **INSTRUMENTS** again and just started doing some **EDITING** last week."  
**ABISHEK RAMAKRISHNAN, 11**  
PHOTO BY S. SPINER



"I didn't expect the **NEW BUILDING** to be so pretty and open so soon."  
**CATHERINE IM, 11**  
PHOTO BY S. SPINER

IT'S GONNA BE  
**WORTH IT.**  
003

## IT'S KIND OF A **LOVE-HATE** **RELATIONSHIP.**

Sometimes we have to walk from Weyanoke R to Trailer 32 (in the rain). We look forward to seeing "Mockingjay" with our friends for two months, only to find out that there's a Physics Quest on Monday (not to mention TWO WebAssigns). The list goes on. I mean, **the struggle is real.**

Waking up at 5:30 in the morning for an hour-long bus ride (depending on the traffic on the interstate) is tiring, **to say the least.** But hey, we've made our closest friends on the bus.

**SO,**  
WHEN PEOPLE ASK US IF  
WE'RE GLAD TO GO HERE,  
WE ALWAYS RESPOND:  
IT'S GONNA BE



**1. AS THE CHARACTER THOMAS DIES,** junior Kevin Chaplin performs the color guard's choreography in the Marching Band show about Thomas and his best friend Liam, who work on the railroad. "I met my best friend through marching band and I don't think there would be any way of meeting her otherwise," Chaplin said.  
**2. TEACHING A CHILD HOW TO SWIM,** senior Joe Gonzales helps him float on his back at a children's camp he runs in Cabrera, an impoverished part of the Dominican Republic. The

kids do not speak English and did not know how to swim even though they lived on an island. "Other than a few crazy incidents where we had people leaping out of the building to get into the pool, it went off without a hitch," Gonzales said. **3. STRUMMING THE GUITAR,** freshman Zahir Faruque practices at Guitar Club during eighth period. As a pianist and singer, Faruque does not get to play the guitar much. "I feel like music cannot be expressed through words but [only] with music itself," Faruque said.  
Photos by W. Rju

# WORTH IT.

And then during lunch we make our way through the **ONE** crowded hallway (it's the only one left) to pick a spot to sit on the floor (**we know, it's kinda gross**) and eat.

Gotta pack up early to rush to the biotech lab and start an incubation. We'll make a difference though, if we can find a link between **epigenetics and induced pluripotent stem cells.**

**BUT DON'T GET US WRONG,** we can't imagine being anywhere else.

Going to MEX practice every JLC for a month isn't easy. but when it all comes together, nothing beats a **homecoming win.**

We get the weirdest looks from the bus driver when we wear **trash bag dresses** during cross country spirit week. **Doesn't matter; we gotta uphold our reputation for QUIRKINESS.**



**1. CELEBRATING WITH THEIR CLASS,** juniors Abby Peterson and Sydney Parks cheer when Parks wins Best Dressed on Dress Your Best day. In addition to winning Mex, the Class of 2016 placed first in Float and Money Wars. "Other schools have similar things, but at TJ there's more freedom to do whatever you want to. I've heard that there's judgment that takes place when you go all out at other schools, but that doesn't really happen here," Parks said. **2. SPRAYING WATER FROM A WATER BOTTLE,** juniors Abhishek Karkar, Akash Raju, Srikar Kosuri and Sahej Sharda simulate rain for an asking. Junior Kunal Naik asked junior Christina Wei to homecoming with a "Singing in the Rain" themed asking. **3. SERVING**

**THE BALL,** senior Dorothy Wang plays in the Dig Pink volleyball game, which the varsity volleyball team won over Lee High School 3-0. "We were not allowed to sell as many baked goods throughout the day but we had pledge sheets that we started this year and they worked out pretty well," Wang said. **4. INSTALLING A SERVO MOTOR,** sophomore Robert Velasco assembles a robot. Velasco had been interested in robotics since middle school and was able to take the class this year. "There are a lot of restrictions at first since we're only given specific parts and a basic instruction book to build that robot. Later in the year we're building one from scratch," Velasco said.  
Photos by W. Rju



# TJHSST



# ADVANCED



## THE GAMEPLAN

BY KATHLEEN KIM,  
SHWETA MOHANTY  
AND ARTEMIS VEIZI

Basketball coaches and players innovate during the game by changing plays as the game progresses.

**DRIBBLING DOWN THE COURT**, freshman Matt Maribojoc carefully strategizes who to pass the ball to next. The boys on JV have been using plays from 20 years ago and spent lots of time running them. "We practice the play until we are comfortable running it in games," Maribojoc said. *Photo by A. Luckett.*

"Coach usually **MAKES CHANGES** based on the way the other team is playing, like if the offense is **ESPECIALLY STRONG** or if they have one player that we need to **COVER MORE**. It isn't changes to the plays, it's actually **CHANGES TO OUR FORMATIONS**."

**CHASE BROWN, 10**



# ADVANCED



TONE



# ADVANCED

## a world of memories

experiencing the first day of seniority and looking back on the old days

### brand new start

"Starting at a new school in a new country, I noticed a lot of differences. The size of the school and number of students made it diverse. I did not know where to go, so I got lost a couple of times. I was also late to almost all of my classes. My school in Germany was much smaller, but now that I have been here for a while, I feel a lot more comfortable."

-Julian Fuchs, 11

It was the day she had been looking forward to for the past four years. The last day with new teachers and new students. The last first day of high school. For Haley Charlton, 12, her last first day was one to remember.

"My first day was very fast. It seemed like the summer had flown by, and the first day of school seemed surreal. I never really felt like a senior until my first day. It was weird not seeing the people who graduated, but it's fun being the top of the school," Charlton said.

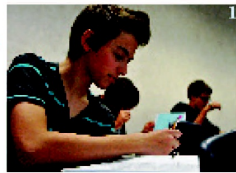
Although the first day of school was pretty old news to a senior, there were certain events that would be missed more than others.

"I will miss seeing the people who have been my classmates since elementary school, several of whom are now my best friends. The people here are amazing, and they will definitely be missed. We live in such a small town that everyone living here has basically grown up together, and a lot of us will be leaving in a year," Charlton said.

Remembering those who have been learning along side her for the past several years and those who have already left, Haley Charlton joined the people who have already moved on from Monument.

#### 1. starting with a laugh

Steven Sutton, 9, works with friends in study hall. "I convinced my study hall classmates that I was really a sophomore. One person was in my Spanish 2 class, so she really did believe me," Sutton said. *photo by kaylee heer*



**2. raging against rules** Struggling to pay attention, Ethan Liss, 10, and Cody Leeper, 10, endure the procedure of reading class rules. "Going over class regulations is my least favorite part of starting school," Liss said. *photo by catherine witt*



**3. plagued with senioritis** Cayla Vitro, 12, stands at the locker she chose. "I'm happy I got to pick my locker this year because I am closer to my friends and can talk to them between classes," said Vitro. *photo by kaylee heer*



#### pass to leave

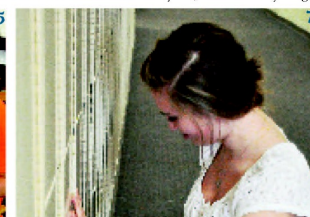
Kaitlyn Clark, 10, and Jericho Sathre, 10, swipe their bus passes and make their exit. "At first, I thought having to use the passes was tedious. But now it's a very routine process," Clark said. *photo by catherine witt*



**9. entering on top** Haley Charlton, 12, walks into school on her first day as a senior. "I walked in with a great sense of excitement about going to college in just a such a short time. But I was also slightly melancholy because high school is almost over," Charlton said. *photo by samantha seffers*



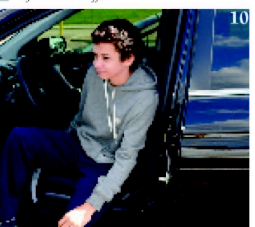
**4. appreciating greatness** Emma Clothier, 10, stops to admire the school's motto *Expect the Best*. "To me, this phrase means students should expect greatness in all fields, not just in academics," Clothier said. *photo by samantha seffers*



**5. early bird** Working on assignments before class begins, Megan Brandes, 9, gets a jump start in school work. "I would always get to class early to avoid being late. It was kind of awkward being the first one in class, but I got a head start on my work," Brandes said. *photo by samantha seffers*



**6. a friendly face** Greeting fellow volleyball player Michaela Moss, 12, in the hallway, Nicole Montgomery, 10, feels a sense of belonging. "I enjoyed this year's first day so much more because last year I didn't know anyone, and now everything is a bit more familiar. The girls I play volleyball with always say hello to me in the halls, and I feel like I fit in a lot more," Montgomery said. *photo by samantha seffers*



#### late on first day

Emma Thompson, 9, attends the wrong lunch on the first day of school. "I thought I had first lunch, but I really had second. I ended up walking into my third period class thirty-six minutes late. Mrs. De understood, but it was still embarrassing," Thompson said. *photo by samantha seffers*





# ADVANCED



**TOYOTA'S BEST CHANCE YET**

The Japanese firm's latest Le Mans contender has almost 1000bhp and the squad is better prepared than ever before. **GARY WATKINS** talks to the main architects behind the project

**T**oyota grabbed the headlines with the power figures of its new TS040 HYBRID. Yet the revelation that its new car is knocking on the door of 1000bhp when you combine the power of its engine and its hybrid systems isn't the most significant fact to emerge from last week's launch of the Japanese manufacturer's bid for the 2014 World Endurance Championship. More important is that it will be ready when the series kicks off at Silverstone later this month – and ready, perhaps, to win the title and the Le Mans 24 Hours for the first time.

A two-car assault is set in stone – something that wasn't the case last year – and the Toyota Motorsport GmbH squad will begin the eight-race season on April 20 with both configurations of the TS040 ready to go. Again, that wasn't true in 2013, its first full year back at the very pinnacle of sports car racing.

**BETTER PREPARED**

"Our mission statement, and it couldn't be more simple," says TMG operations manager Rob Leaper, "is to win the Le Mans 24 Hours and the WEC."

That, combined with a firm two-car entry, suggests that 2014 was always the year set down in the Toyota masterplan to go for twin honours at Le Mans and in the world championships. Leaper insists it's more complicated than that. "We also had some expectations last year," he says. "We would like to have won Le Mans and we were disappointed to only get two wins in the WEC."

Leaper does admit, however, that TMG has greater resources available to it for this, the first year of the new energy-based LMP1 regulations.

"We found some extra money and resources to enable us to run two cars for the whole season, which was always planned and is what you need to win," he explains. "Last year, it was one plus two at Le Mans and two for preparation [for the 24 Hours]."

That is confirmation, if any were needed, that

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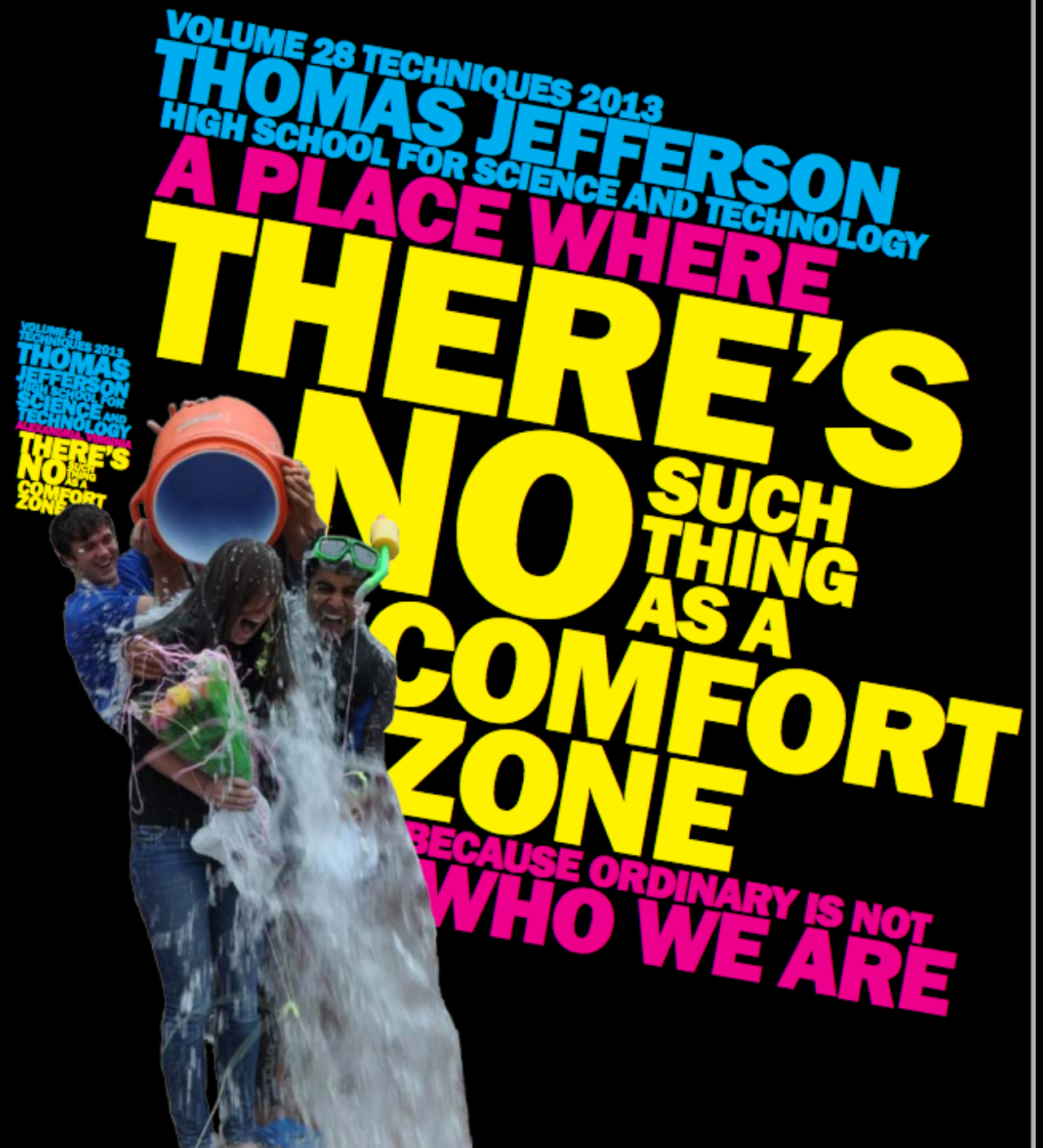
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TONE



# ADVANCED



TJHSST



# ADVANCED

**UNEXPECTED JOURNEY**  
*Evans' pragmatic route to stardom has made him one of the most bankable British leading men*

**01** **2010 CLASH OF THE TITANS**  
His part as Apollo in the Sam Worthington vehicle was always planned as a stepping stone.

**02** **2011 IMMORTALS**  
A beefed-up role and body as Apollo's dad, Zeus. This grossed less than half of what *Clash* did, but Evans was on the up.

**03** **2013 FAST & FURIOUS 6**  
The bafflingly popular franchise added Evans to the cast as the antagonist Owen Shaw. It took \$788 million. Honestly.

**04** **2013 THE HOBBIT**  
Playing Bard in modern cinema's most-lucrative licensing deal cemented Evans as a British star.



# GRAPHICS



# ADVANCED



# GRAPHICS



# ADVANCED

## Maslow's Hierarchy of Needs

American psychologist Abraham Maslow theorized that the most basic needs must be met before putting energy into higher-level needs. Will the smart home let you level up?



# GRAPHICS



# ADVANCED



## GET A GRIP

words by Joshua Jordan

Players familiarize themselves with opponents to strategize a way to win.

### > NEED TO KNOW

**"The Switch,"** Mira Lema has been known for tricking their opponents by switching their players' positions on a regular basis to keep the other team on their toes.

### > WHO TO KNOW

**Mira Lema's hole set.** Angus Martinez is known for his deadly aim and fast shots. He looks different ways to confuse the goalie, then shoots the other.

### > HOW'D IT GO?

Down 3-8 with three minutes left, Casa was a man up. Seeing the ball poorly guarded, senior Collin Sparks stole it, sprinted to the other side, and scored. With three more steals, Casa made four goals. Senior Steven Hermanson got the ball and took a shot but the ref called it a dead ball, ending with a 7-8 loss.

### > NEED TO KNOW

**Left handed.** Rio Linda is known for having multiple left handed players who can easily maneuver and trick their opponent, making them "secret weapons."

### > WHO TO KNOW

**Rio Linda's left wing.** Junior Westley Jacob can execute precise cross cage shots, which are difficult to block because of the angle at which they are thrown in the goal.

### > HOW'D IT GO?

At the Rio Linda game, Casa was up 6-3 in the first quarter. Rio Linda's defense was tiring out, giving senior Josh Boughton a chance to swim down. Guarded by two opponents, senior Lucas McLean called for the ball. Boughton lobbed it to McLean, who shot it and scored. Casa was undefeated 22-6.

### DID YOU KNOW?

The water polo team performed more feats than you realize.

> **Kiernan Oglesby** made twenty-one blocks against El Dorado on August 29.

> **Josh Holtz** scored five goals against Christian Brothers on October 3.

> **Kobe Kahler** stole the ball against Mira Lema to make the winning goal on September 26.

## HOW THEY KNOW IT

THE POOL MAY BE JUST CONCRETE AND WATER BUT TO PLAYERS IT IS WHERE.

>> The missing tile marks the center of the pool. >> The concrete deck is used for lunges during the workout "long beaches." >> The diving pool is used for relentless sets of treading water. >> The Gatorade jugs are the break hangout for hard-working players to rehydrate. >> Coach Berrios shouts, "Get out of my pool!"



>> 1. On September 17, sophomore Joshua Jordan holds the ball as he looks for the wet pass into hole set. >> 2. The team asks Coach Berrios how they can stop Oakmont's offense on October 29. >> 3. Zeroing out his target, junior Joshua Holtz pulls his Oakmont opponent down to make a goal on October 11. >> 4. Trying to get the ball moving, sophomore Jacob Schultz passes the ball to his teammate on September 26. >> 5. On November 20, seniors Josh Boughton and Lucas McLean meet with the referee. >> 6. Senior Jordan McLean slides away from his Bella Vista defender on September 24.



## AKA ALSO KNOWN AS

Players are known for more than their name; each are unique in their own way.

> **Kiernan Oglesby, 11**

**AKA** the loudest and rowdiest player who earned the title of "Loose Cannon."

> **Brian Bedford, 10**

**AKA** "Minnie Mouse" named after his older brother Greg Bedford, "Mouse."

> **Joshua Jordan, 10**

**AKA** "JJ" the only Josh out of the three on the team who was given a nickname.



# ADVANCED

IT'S GONNA BE AN  
**FUN**  
064 OBSESSION

IT'S GONNA BE AN  
**OBSESSION**  
Students share their favorite things.  
*Photos courtesy of Wikimedia Commons*

I am obsessed with  
**EATING BANANAS.**  
**JOHN KRAUSE, 9**



I love **SUSPENSEFUL TELEVISION SHOWS** and  
can easily binge-watch multiple seasons if I have time.  
**ETHAN LOWMAN, 12**

"I am obsessed with **SAYING 'OMAR.'**  
We created a tutoring company called  
'Omar' and it is so fun to say."  
**CHRIS HOANG, 11**

"I am obsessed with **DANCING**  
because it makes me feel beautiful."  
**ANNA KLAUSSEN, 11**



"**LAX** is love, lax is life."  
**NICK LEE, 10**

I'm obsessed with **VIDEO GAMES**  
because they're entertaining.  
**IAN SUTCLIFFE, 9**

IT'S GONNA BE AN  
**FUN**  
065  
fmc, latin, jr Tolkien Fellowship

## DOWN THE HOBBIT HOLE

BY SVETA JAGANNATHAN

JRR Tolkien Fellowship invites students to explore  
interests in the Lord of the Rings.

**ALEX BOWMAN:** It feels like no one's judging you. Many people who go to Tolkien club have an 'obsession' and they find their fellow fanboys and fangirls in the fellowship. They're just able to have fun and enjoy what they enjoy without being judged for it. We're all nerds at TJ. That's the truth.

**LIAM NOLAN:** Well, some of us are geeks.

**ALEX BOWMAN:** Yeah, some of us are geeks. It's just really wonderful to be able to enjoy something so much.

**LIAM NOLAN:** The trivia's fun but there's something with the trivia. I mean, if you're really obsessed with Lord of the Rings (cough cough Alex) you can do really well on the trivia because you know every single fact which is a little creepy.

**ALEX BOWMAN:** Hey! I don't know everything! Well I know almost everything.

**LIAM NOLAN:** Would you agree that you're mildly obsessed?

**ALEX BOWMAN:** You could say that, perhaps.



**1. IN A HEATED ARGUMENT,** freshmen Jadon Schuler and Liam Nolan make their points. In JRR Tolkien Fellowship, the fanclub for JRR Tolkien, random debates are a common sight. "It has been a great experience and I felt like I have found my 'hobbit hole'. It's a nice place to meet people who share the same interests while also having fun," Schuler said. **2. GETTING INTO CHARACTER,** senior Sam Veroneau pleads his case as seniors Jack Morris and Sammy Bennett follow on. JRR Tolkien Fellowship does choose-your-own-adventure games like this one often. "It was fun but very different from what we were expecting," Veroneau said.

**1. ON A BREAK FROM BAND PRACTICE,** sophomore Nicholas Yoon and his friends form a depiction of the tragedy of the Transcontinental Railroad. Breaks like this help students relax between practices. "Mainly we went [to Orkney] to get away from distractions and focus solely on marching band," Yoon said. *Photo illustration by A. Sh.* **2. THE WIND IN THEIR DAMP HAIR,** freshman Nina Chung and sophomore Dylan Seng play trumpet in the pool. For twenty years, the trumpet section has played their instruments in the pool at camp. "It was really fun because who wouldn't want to play an instrument underwater?" Chung said. **3. THE SUN ON THEIR BACKS,** junior Alex Rudin dumps a bucket of water on senior Arthur He. As one of the many famous activities, the marching band went around dumping water on each other. "It's sort of satisfying seeing someone get soaking wet from you dumping water on them," Rudin said. **4. CAUGHT IN THE HEAT OF THE MOMENT,** seniors Coco Chen and Edward Danaalache reenact a scene from a movie. Senior night is a fancy dance at Orkney made just to connect and have fun with fellow senior friends. "We're really close. We're like family basically," Chen said. **5. RUSHING TO GET TO PRACTICE,** sophomore Saloni Bhargava unties her shoelaces from the shoe-pile. At Orkney, tying people's shoes together at night was one of the pranks pulled. "We're always practicing and preparing our show but there's a lot of fun things," Bhargava said.

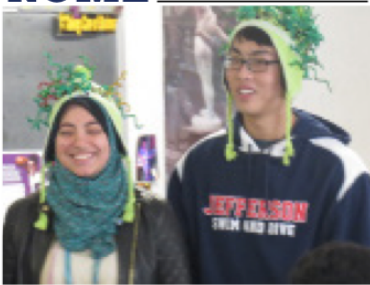


## WHEN IN ROME

BY ANKITHA YANAMANDRA

Latin students list the dos and don'ts to achieve success in Latin.

**DO**  
**DO:** Stay on task.  
**DO:** Study everyday for about 15 minutes.  
**DO:** Participate in class.  
**DO:** Stay on task.  
**DO:** Know the expectations.  
**DON'T**  
**DON'T:** Just take Latin for the awards.  
**DON'T:** Talk in class.  
**DON'T:** Be unprepared for class.  
**DON'T:** Miss Latin Club events.



**PREPARING FOR STATE LATIN CONVENTION,** seniors Reem Mohamed and Peter Kim teach the Medusa-themed school cheer. Mohamed loves laughing in class. "When it comes to the teachers, be yourself, I love both Ms. Lister and Ms. Conklin. They have great stories to tell and I love spending time with them," Mohamed said. *Photo by A. Luckett*

"We have traditions at Orkney. There is a day [when] **EVERYBODY IS FORCED TO STAND STILL AND THE SENIORS DUMP WATER ON EVERYBODY**. The next day, they do the same thing except they spray you with silly string and saran wrap and wrap weird things on you. There's also this one day where every time they [the juniors] hear [a certain] word being said, they have to perform an action that's completely random," sophomore Sydney Dayyani said.

**[AT ORKNEY] BAND IS PRETTY MUCH ALL YOU DO ALL DAY LONG.** You do this for like five or six days and by the end because you've only been thinking about band and doing band, it pretty much becomes ingrained in you. But it's not all work- there are also other fun things that are part of Orkney that make it special," sophomore Sanji Bhavsar said.

"One of the senior pranks was that they told everybody [to] leave a pair of shoes outside and then **THEY TIED EVERYBODY'S SHOES TOGETHER.** That was a really bad prank because some of them were really hard to untie for fundamentals in the morning and so everybody got up early in the morning to go find their shoes because **THEY**

**HID THIS GIGANTIC NET OF SHOES AND WE HAD TO GO FIND THOSE**" Bhavsar said.

"It's really physically strenuous but it's really worth it because you learn all these things about what it means to be a team player, having other people depend on you and **TRULY PUSHING THROUGH WHAT YOU THINK YOU CAN'T DO IN ORDER TO BE PART OF SOMETHING HUGE.**" Dayyani said.



# MAJOR FUN

Orkney is a one week intensive marching band camp where students gear up for the season, sharing not only music, but also other unique activities. *Photos courtesy of A. Rudin.*

BY SVETA JAGANNATHAN

# FUNCTION



# ADVANCED

## DOWN THE HOBBIT HOLE

BY SVETA JAGANNATHAN

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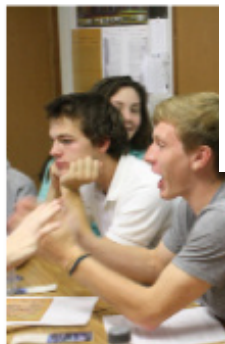
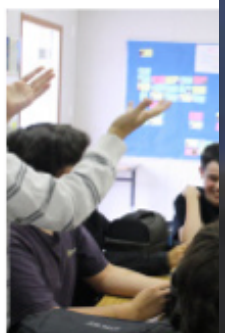
Alex) you can

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**ALEX BOWMAN:** Hey, everything.

**LIAM NOLAN:**

**ALEX BOWMAN:** You



2

Fellowship does choose-your-own-adventure games like this one often. "It was fun but very different from what we were expecting," Veroneau said.

There is a day [when] **TO STAND STILL** **JUMP WATER ON** the same thing except in wrap and wrap weird where every time they

### PREPARING FOR STATE LATIN

**CONVENTION**, seniors Reem Mohamed and Peter Kim teach the Medusa-themed school cheer. Mohamed loves laughing in class. "When it comes to the teachers, be yourself, I love both Ms. Lister and Ms. Conklin. They have great stories to tell and I love spending time with them," Mohamed said. *Photo by A. Lockett*

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**TRULY PUSHING THROUGH WHAT YOU THINK YOU CAN'T DO IN ORDER TO BE PART OF SOMETHING**



Orkney is a one week intensive marching band camp where students gear up for the season, sharing not only music, but also other unique activities. *Photos courtesy of A. Rudin.*

BY SVETA JAGANNATHAN

# TJHSST



**PRETTY IS  
AWESOME.**



**BUT PRETTY  
DOESN'T  
MATTER...**







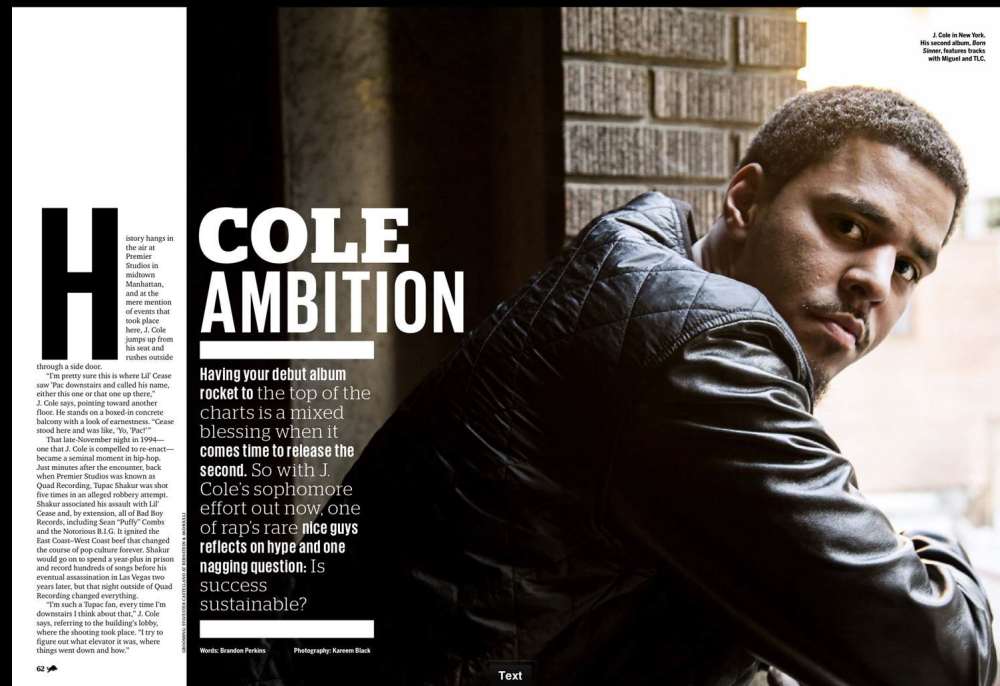
**YOUR NUMBER  
ONE  
CONSIDERATION**



**IS READABILITY.**



# READABILITY CONCERNS



TYPE ON PHOTOS



# READABILITY CONCERNS



**on**  
**STROKE**

**I FOLLOWED MY OLDER BROTHER.** He was in track but then he had a tumor in his leg so right after the surgery, the doctor told him to stop track for a little while and swim. So I joined swim since he was in it as well. We started in the summer team and joined club a year or two after that.

I swim for Nation's Capital; it's in Tysons. I practice 10 times a week, six days that are three hours in the afternoon and three in the mornings.

Achieving Olympic-sized dreams, junior Andrew Seliskar swims his way to victory not only as a member of the Jefferson swim and dive team, but also as a prospective member of Team

that are hour and a half. The practices are really hard. There's a huge difference between going to each practice and swimming and going to each practice and pushing yourself in all the sets. So that's something I try to work on, but when it gets to be the middle of training season, when the big meet's so far off, and we're nowhere close to finishing, just keeping up is really hard.

I swam at AT&T Nationals two weeks ago and then we have Junior Nationals in the spring which we'll probably go to. Our big meet this summer will be the US Open and I swam in Junior Worlds in August, in Dubai, which was cool.

[I swam at the Olympic Trials] a couple years ago. It was pretty scary because it was the first meet I went to in a stadium. I did pretty well, I got 10th in [the 200 Individual Medley] but I didn't make semifinals. But, I was pretty satisfied with my swims.

It's definitely hard [to balance TJ and swimming]. I don't take stuff like Neurobio or anything like that but I'm learning how to manage my time a lot better. Studying, I think I got it down to a science now.

The reason I love our high school team is that the team has such great people and Coach Ian [Handerhan] is awesome. I like spending time with them and doing all the spirit days which is super fun.

**AWARDS WON**  
Junior Worlds in Dubai:  
GOLD MEDAL  
CHAMPIONSHIP RECORD  
for 200 Butterfly;  
NATIONAL HIGH  
SCHOOL  
RECORD in  
the

100  
Breaststroke;  
US National  
Team (all ages) in  
the 200 Butterfly;  
National Age Group  
Records in the 15-16 400m  
Medley Long Course  
Relay (butterfly leg); 15-16  
200m Individual Medley  
(formerly held by Michael  
Phelps); 15-16 100y Breast,  
15-16 200y Breast; 15-16  
200y Individual Medley

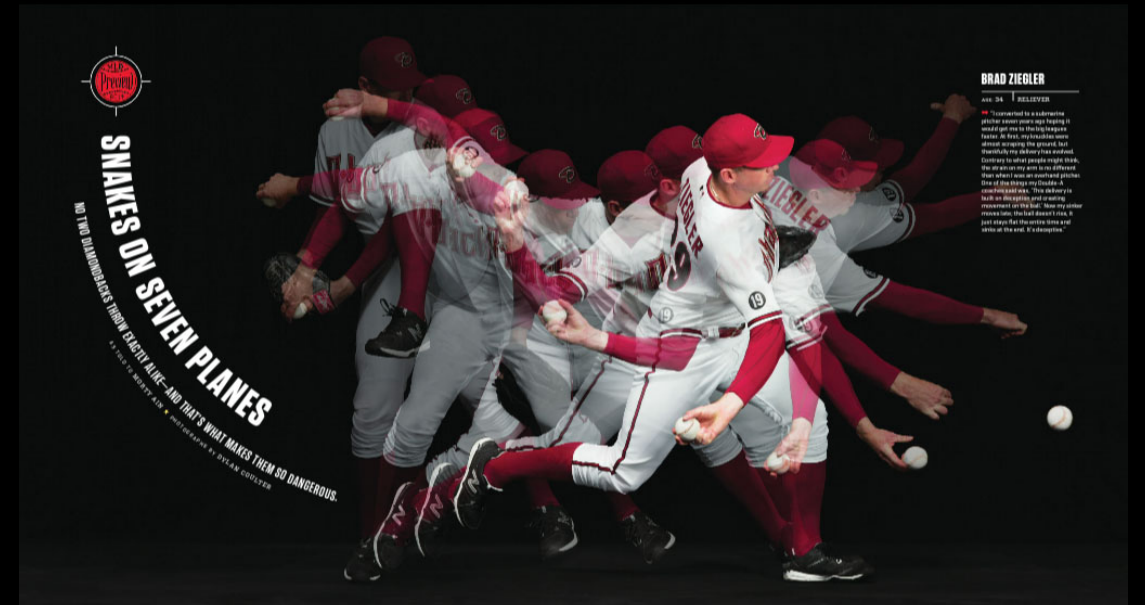
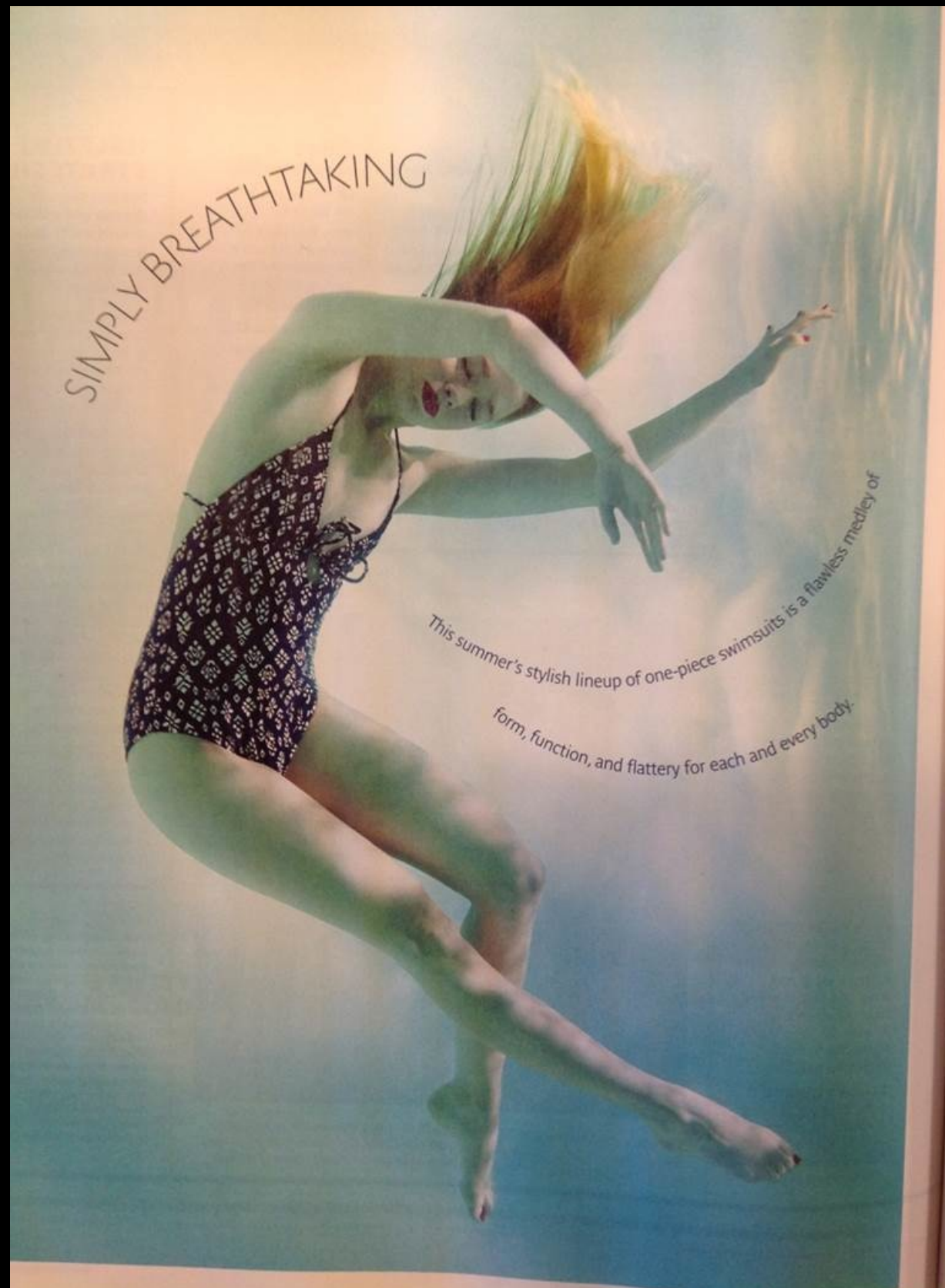
**ONSTROKE**  
By Jeffery Kessler, Matthew Phillips and  
Andrew Seliskar. Photos by Andy Chan

andrew seliskar **081**

TJHSST



# READABILITY CONCERNS



## TYPE ON A PATH



# READABILITY CONCERNS

11/14 MONEY & HAPPINESS



**NUTRITION**

**P44 AN HOMAGE TO FROMAGE**  
A health snob's guide to eating cheese with no consequences. Pass the crackers

**P51 SCULPT CUBED ABS**  
From DIY watermelon slushies to iced coffee, this is the coolest new way to lose weight

**P77 NOT-SO-DIRTY DOGS**  
Take home a slice of Oktoberfest with the best brats and the beers to pair them with



**MUSCLE**

**P41 YOUR SIX-PACK SPEC OP**  
Draft military move The Swoop into your



VERTICAL TYPE



# READABILITY CONCERNS

## SIMMER DOWN AND STRETCH

Yoga Club provides an environment for students to relieve stress.

What inspired you to sign up for Yoga Club in the first place? "I saw the announcement and I was like, 'Oh, maybe I want to do this,' then two of my friends were really interested, so I [thought] maybe I'll tag along with them, because I don't have any classes with them, so I [said], 'Let's all hang out and do yoga.'" What do you like most about Yoga Club? "I think besides the fact that I'm with all my friends, it's very stress-relieving and it's a nice break from T3 and [unlike] a lot of other fifth period clubs which are like another class." What makes Yoga Club unique and different from other clubs? "Because it's a restricted activity, there's not as many people, so it's more personal and it's like an actual program, we're not just frolicking around, we have an actual instructor." Why do you want to attend again? "My back has been bothering me lately, and I noticed that stretching helps, so I figured that [yoga club] would be a good way to help it."

senior Hana Chan

AFTER A DAY OF SCHOOL, seniors Hana Chan and Jennifer Du stretch. Yoga Club was created to improve the emotional condition of students. "It's stress relieving at the end of the day," Chan said.



Photos by S. Jagannathan and E. Zheng

## MARCHING MAN

After four years of marching, senior Caleb Goertel is chosen as one of 125 seniors to perform at the All American Bowl.



ACCOMPANIED BY SEVERAL HIGH-RANKING U.S. ARMY OFFICERS, senior Caleb Goertel recites a short speech at a ceremony commemorating the accomplishment. "Marching started out as just something I did, but quickly evolved into my passion and main extracurricular activity," Goertel said. Photo courtesy of D. Weiner

BEING A MARCHING BAND MEMBER entitled a free entry to football games and the chance at an all-expense-paid trip to the All American Bowl in San Antonio. In addition, all 125 chosen members will learn a field show in a week and march. After an extensive audition and selection process, senior Caleb Goertel represented TJMC in preparing and marching in the

U.S. Army All American Bowl in January 2014. "I've been marching all four of my years [at TJ]. I enjoy the music, the high-octane rush of performance and becoming part of a unit in sync with everyone around me. [Auditioning] wasn't easy but I told myself I wouldn't make it, so it was an incredible surprise when I made it," Goertel said.

## SWEET DEAL

WHAT HAPPENS WHEN GIRLS HAVE THE POWER TO CREATE ASKINGS FOR GUYS FOR THE SADIE HAWKINS DANCE? The askings involved props from posters to sumo wrestler costumes as the girls tried to make their Sadie's askings more extravagant than those during Homecoming Week. "It was a fun to try to one up the boys' homecoming askings, and my peanut butter chocolate cupcakes were a big hit. I rapped, which is a hobby of mine, so it was the obvious choice. I changed the lyrics to a song we both liked," junior Maddie Meyers said.

Other girls decided to do more laid back askings for their dates. "I didn't have the guts to do an extravagant asking, but I also thought I should at least do something small like a poem. My friends and I started coming up with some funny acrostic poems, and that combined with the idea of using hashtags. That ended up becoming the idea for my asking," sophomore

Joyce Duan said.

Asking that happened in classrooms had the potential to be just as creative as large, outdoor group askings. Senior Monica Crover did a creative asking that was different from the others. "My asking was simple: I was trying to come up with ideas throughout the week, and I knew that we had a big Global presentation. So I asked his group members to call on me for a question beforehand, and then I asked him through that. It was cute and I think we both liked it," Crover said.

Whether girls were into planning large or small askings, they all made it their own. Although the Sadie Hawkins dance wasn't as formal as the Homecoming dance, some girls created askings that were just as big and attention-grabbing.



The Sadie Hawkins Asking Week sees flowers, chocolate and sumo suits.



## PANCAKES AND SERVES

Do you think you're volleyball-savvy? If so, can you match the following commonly used volleyball terms with their definitions?



PREPARING FOR A PASS, sophomore Katie Pruitt lunges forward to hit the ball while junior Allana Cuncor waits for her turn to bump. The girls prepared for their game by practicing quick plays. "I've only played senior at school, but I feel like this year was the first year I really worked on setting, like putting the ball up in different positions and plays," Pruitt said. Photo by E. Calk

- TERMS
1. Pancake
  2. Quick Play
  3. Dink
  4. Spot Serve

- DEFINITIONS
- A. Choose a spot to serve and try to hit it
  - B. Dive to stop the ball from hitting the ground
  - C. Set a short ball so the hitters can get there quicker
  - D. Lightly tap the ball over the net

1. DANCING ALONG, sophomore Vivian Fang, Cecil Kuo, Stella Soto, Juliana Bain and Claire Scoggins sing to Justin Bieber's "One Time." They choreographed a dance and baked together. "The best part about the asking was that I got to spend time with my friends planning," Kuo said. Photo by A. Vermeulen

2. HOLDING THEIR POSTERS, sophomore Sarah Kim asks her date using a basketball theme, which included inside jokes and basketball pickup lines. "I incorporated his interests and our past experiences together so it could be special," Kim said. Photo by E. Zheng

3. WEARING A SUMO WRESTLER COSTUME, junior Julie Luo asks junior Justin Serh. Luo saw the sumo wrestler costumes online. "I was incredibly nervous, but I knew I couldn't back out. Once I started the asking, I saw everyone else laughing along," Luo said. Photo by E. Zheng



# READABILITY CONCERNS



# CROSSING THE GUTTER



# READABILITY CONCERNS

IT'S SORRY  
TO SAY  
FOR THE

RELATIONSHIPS

072 DIVIDER

BEING A TWIN IS

WORTH IT

Photo courtesy of O. Lu

"(Having a twin) can be  
annoying and fun at the  
same time. We're best  
friends." OLIVIA LU, 9



[We met when] I was sad one day and  
he gave me a fist bump in the hallway.

I [sometimes] buy  
COOKIES AND JUICEBOXES  
during lunch, and give  
them to him. I would eat  
lunch with him  
if I could.

I know a lot about his  
family because we  
spent an hour [talking  
once], and we just talked about his family.

Once, [senior] Soobin [Moon]  
and I bought him SHOES  
for his birthday.

I just like him. It's a way to get  
away from the world. He's just  
open to anything you'll say, so you can tell  
him anything.

JAVED SHAIK, 12,  
on his relationship with  
custodian Mr. Quang Du



THE



1. BEFORE GOING OUT ON THE FIELD  
IN THE GAME AGAINST LANGLEY,  
senior Maddie Zug high-fives her field hockey  
teammates juniors Katie Zechman, Maddie  
Min, Sofia Kruska, and seniors Rhea Sharma  
and Carolina Hatanpaa. The field hockey  
team got close to each other by going out  
to eat together and having team sleepovers.  
"It's the same way you can get really mad at  
your siblings or be annoyed with them [but]  
deep down you love them. Sometimes in the  
heat of the game you're telling someone 'Hey  
you gotta get back,' but at the same time you  
love them," Zug said. Photo courtesy of LifeTouch.

2. AFTER SPRINKLING THE GROUND  
WITH HERSHEY KISSES, junior Matthew  
Guo asks junior Kiran Girish to Homecoming.  
Guo and Girish had been close friends since  
5th grade, but the asking was completely  
unexpected for Girish. "I love it when I'm  
surprised so all of my good friends didn't  
tell me what was happening. It was a huge  
surprise, and I couldn't stop smiling," Girish  
said. Photo by W. Ryu

RELATIONSHIPS

ARE WORTH IT

Relationships and friends are the heart  
and soul of TJ behind all the academia  
and tests. You're always gonna  
remember the friends you had here.  
The biggest recommendation that I give  
to anyone entering highschool is join a  
club or a sport. Immerse yourself in any  
extracurricular so you can relate with  
your peers. TOMMY ROGERS, 12

FAMILY 074

COMMUNITY 076

FRIENDS 077

TEAM 080

PEERS 082

OPPONENTS 084

IT'S COMPLICATED 086

LOVE-HATE 088

LONG-DISTANCE 090

MENTORS 092

PARTNERS 094



3. AS A PART OF THE JUNIOR HOMECOMING COURT,  
Juniors Alex Cintron and Ella Deeken wave to the crowd. Cintron  
and Deeken had been dating since freshman year. "Being able to  
do Homecoming Court with her was one of the best experiences,  
and I am happy we did it because it made her feel like the  
princess she is," Cintron said. Photo by W. Ryu.

4. COMMITTING  
TO DIVISION ONE SCHOOLS FOR VOLLEYBALL AND  
SWIMMING, seniors Maria Velicu and Andrey Seliskar are  
accompanied by their parents Mrs. Irina Velicu, Mr. Daniel Seliskar,  
and Mrs. Fontaine Seliskar at the signing ceremony. When Velicu  
first began playing volleyball six years ago, her mom wanted her to  
concentrate on school instead of sports. "My sophomore year she  
saw that when I was stressed out I would go to the volleyball court  
and she saw how happy that made me. She's pushed for me to  
strive to achieve my dreams and her seeing me all the way to the  
finish line meant a lot," Velicu said. Photo by S. Cho.



IT'S SORRY  
TO SAY  
FOR THE

RELATIONSHIPS

073

TJHSST



# READABILITY CONCERNS



A black and white portrait of Maliha Zavin, a young woman with dark hair, looking slightly to the side. She has a large, intricate henna tattoo on her right shoulder.

MALIHA ZAVIN

Henna has always been a passion of mine. When I was thirteen, I started doing henna because I used to work at a salon and people always wanted me to do henna for them so I said to myself, 'why not just start my own business?' My family is proud of me for having my own business, but they always make sure I am still prioritizing school then just having fun and doing henna on the side. I started out practicing a lot, and from there I just kept getting better. I purchase my henna from Bangladesh, so it's difficult to get but it's a good price. Most of the time I do the tattoos at my house. I have people that message me on Facebook, friends of friends, or people at events and birthday parties. Having a business will help me develop as a young entrepreneur and it's a fun job. I am going to continue doing henna tattoos because I love being able to show my skills and it's a tradition. -emily wise

EXACTLY THE RIGHT OCCUPATION

ALISON SU

Every picture is different depending on the person and how they incorporate their style and personality. I love photography because I'm able to express a concept through photography. I've gotten to photograph several fashion shows hosted by Denver Fashion Week. I love going there and taking the action shots because it gives me inspiration on being creative with my photos. I like working with different people and building that relationship with people. I began photography the summer before high school; my friend and I entered a contest. Ever since that summer I've been doing many senior pictures. I did my sisters senior pictures along with her friend's, I guess the word just got out. I have a Facebook page where I get most of my business from. My biggest accomplishment would be winning two gold key's and an honorable mention in the Scholastics Art and Writing contest. -taylor gault



A black and white portrait of Alison Su, a young woman with long dark hair, smiling and holding a Canon camera up to her eye. She is wearing a dark top with a patterned strap over her shoulder.



# READABILITY CONCERNS



**CONTRAST**



# READABILITY CONCERNS



**THEY MAY BE UNDEFEATED. OUR BEST PLAYERS MAY BE INJURED. OUR CHANCES MIGHT BE SLIM. BUT WHEN WE PLAY, WE PLAY FOR KEEPS**

despite a string of injuries mid-season, the football team rebounds and makes it to playoffs, finishing with a record of six wins and five losses.

**PHOTO: CHERISHING THE BALL** From the opposing team, senior Rashad Lahar plays in a scrimmage against Edison High School. As captain, Lahar had to especially motivate the team during games when a lot of their starting players were injured. "We had to emphasize not focusing on the negative and making sure that the people who were stepping in as substitutes realized that they were just as much a part of the team as the starters were, and they really had to step up for this week," Lahar said. Photo courtesy of J. Pang

**FALLS CHURCH** First game. Senior and captain Patrick O'Connor rushes to the end zone with the first touchdown of the season. By the end, it's 28-12. Win.  
**LANGLEY** 26 seconds in. Junior Nathan Kim runs 86 yards for a touchdown. Daffins holds Langley back, but they make an extra touchdown and the score is 6-14. Loss.  
**WAKEFIELD** Back to School Bash - the whole school's watching. Colonial dominates 45-6, the most points scored in a single game since 2005. Win.  
**STUART** Colonial's season on roll. Daffins shuts down Stuart, and the score is 42-0. The season record is now 3-1, the best starting record since 2005. Win.

**STONE BRIDGE** First quarter. Junior Down Kim suffers an injury and is rushed off to the hospital. The rest of the team faces multiple D-1 injuries. 7-42. Loss.  
**MARSHALL** Three starters out. Seniors Patrick Marboce and Selim Najjar step in. Daffins limits Marshall to 127 yards of total offense, the lowest of the season. But it's not enough. 3-17. Loss.  
**FAIRFAX** Eight starters injured. It's the toughest game yet. 6-28. Loss.  
**MARSHALL** Homecoming game. Coach Michael Asarbach riles up the crowd at the pep rally. Running back doesn't top the fans from showing up. Colonial's comeback and the Stateman are crushed. 42-18. Win.

**MGLEAN** 26-16 and on a tie closer to the playoffs. Win.  
**SOUTH LAKES** Last game. -onis 42-0 and it's off to the playoffs, the first time since 2008. Win.  
**YORKTOWN** It was going to be tough. They were the #2's and undefeated, and we were #7 with a record of 6-4. O'Connor answers Yorktown's first touchdown with one of his own, and junior and kicker Ben Campbell adds an extra point. But in the end, Yorktown moves on. 7-27. Loss.  
**BACK HOME** The season's over. The record is 6-5. Back to school in 2008. Only the third time Colonial has made playoffs, ever. Daffins win.



#### THE COACH

There were many games that we could dominate teams physically the way other teams had grown accustomed to dominating us. Our ability to run the ball, and other teams not being able to stop us [was a big change]. -Michael Asarbach, Head Coach, 12



#### THE INJURED PLAYER

I was going to buy pants for the winter, but I didn't know how long I was going to wear a knee brace. So I didn't get any pants because of my knee injuries. [It was a] usually wore three tanks and two pairs of shorts. -Weldon Burrow, 12, photo courtesy of J. Pang



#### THE MOM

We are an immigrant family, so we didn't have many relatives around. Coaches, trainers, parents and players were praying and supporting us. I cannot thank them enough. -Hyunhee Lee, Photo: Down Kim, 10 and Daniel Mich, 10, photo courtesy of J. Pang



#### THE CAPTAINS

It was an opportunity for the guys that didn't play as much to get a chance to see the spot or prove their worth on the team. -Patrick O'Connor, 12



#### CONCESSIONS ARE SOGGY

The first game [after recovery] I was kind of nervous before the game, but once the game started going, I felt the best that I had in weeks. -Jack Brown, 12



#### THE SUPERSTAR

We set two goals: one to have a winning season, and two, to win a playoff game. We met one of the goals. I was just most proud that we gained respect among other teams. -Nathan Kim, 11, photo courtesy of J. Pang



#### THE SUBSTITUTE STARTER

[When] there was no one at practice you felt like there was no way we could do anything, but then you realized that's the point of the ball, to just go out there and get it done. -Selim Najjar, 12, photo courtesy of J. Pang



#### THE MANAGER

I remember my freshman year just winning Homecoming was amazing, and that's what was going on every game. We crushed some teams, and some games hadn't gone so well, but it was awesome. -Jenna Walter, 12, photo courtesy of J. Pang



#### THE ATHLETIC TRAINER

I think we were actually pretty lucky with the number of injuries that we had that they were not a lot, and compared to some of the other schools, we really had a pretty easy season as far as keeping our kids healthy. -Ms. Heather Murphy, photo by E. S. Arce



**WHEN IN  
DOUBT, THINK  
"USED"**







**SCALE**

**S**



# EMPHASIS



WELCOME

## THE INSPIRATION CHRONICLES

**I**N EVERY ISSUE of *Inc.*, we try to serve up a variety of feature articles. Some offer direct, practical how-to advice, like this month's Know How cover story. Others address big issues that affect entrepreneurs, such as crowdfunding. And some are just great yarns. Right now I'd like to call your attention to one of the yarns—senior contributing writer Burt Helm's inspiring piece about Gabriel Bristol (page 98)—because of what it says about entrepreneurship in general.

Not to give away too much, but Bristol's life was grim—he was abused

But the built-in drama of entrepreneurship isn't the whole story. What makes Bristol's narrative so inspiring—and so similar to those of other entrepreneurs—is that it's about character triumphing over adversity. Not every entrepreneur is dealt as bad a hand as Bristol was, but no entrepreneur gets to cruise to success. Even this month's cover subject, Jessica Alba—who, it's safe to say, never faced a smoothie moment—had to stare down doubters (some of her friends, she says, were the worst) who refused to take her seriously as a company founder.

The fact is, character does matter in business. It's no accident that *Inc.* 5000 honorees scored



# EMPHASIS

Not long ago, she was a virtual unknown outside her native Canada. Now **Tatiana Maslany** is an awards contender with fans worldwide raving about her multiple roles in BBC America's *Orphan Black*.

## WELCOME TO HER WORLDS

BY MIKE FLAHERTY

ON A LATE-WINTER'S DAY IN TORONTO'S SPRAWLING CINEVILLAGE,

the cast and crew of BBC America's sci-fi smash *Orphan Black* are just days away from wrapping season two — a couple of those days being makeups for time lost when Tatiana Maslany had to fly to L.A. for the Golden Globes, where she was nominated for best performance by an actress in a drama series.

That's what's known in the business as a luxury problem. It's also just the most recent plaudit for a star and a series that have been awash in them since the show's debut last March.

Last summer Maslany won a prestigious individual achievement award from the Television Critics Association, and while she didn't prevail at the Globes, in her case it truly was an honor just to be nominated. After all, not that long ago Maslany was a virtual unknown outside her native Canada, and historically science fiction has struggled to be recognized by the industry's most prestigious awards.

But in its first ten-episode season, *Orphan Black* became a breakout hit for BBC America and soon was airing in the U.K. on BBC Three. In February its distributor, BBC Worldwide, sold broadcast rights to the show in several European and Latin American countries as well as Australia, New Zealand and Korea. It also became a go-to show for Space, its Canadian broadcaster.

Now, as *Orphan Black* approaches its second-season U.S. debut — April 19 on BBC America — it is more than clear that it has joined those relative few sci-fi series — *The X-Files*, *Buffy the Vampire Slayer*, *Lost* — that have aroused significant interest outside genre enthusiasts. Like those shows, *Orphan Black* presents a juicy premise — a young woman caught in a curious conspiracy — but ultimately deals with issues outside its literal plot purview, including the very nature of personal identity.

In the series' unforgettable opening scene, Sarah, a drifter and con artist, sees a woman who looks just like her on a train platform — and seconds later watches that woman leap to her death in front of an arriving train. The suicide victim, a Toronto detective named Beth, has left her wallet behind, and Sarah steals it and assumes her identity. Eventually — and to her horror — Sarah discovers that she and Beth are two of a seemingly ever-expanding cohort of clones being monitored and exploited in a diabolical nature-versus-nurture experiment... or maybe something worse.

PHOTOGRAPHS BY MATTHEW LYN

STYLING BY GLENNA DELFINO  
HAIR AND MAKEUP BY KRISTEN HAYES  
TORONTO SHOOT PRODUCTION BY PITABASSUK  
PRODUCTION ASSISTANT EMILY FORDY  
PHOTO ASSISTANT SAMUEL DINGLIKING  
DRESS BY HANA HOFFMAN AT RAC BOUTIQUE  
SHOES BY ALDO

24 EMMY





Photos by J. Wegalm  
**IT'S GONNA BE WORTH IT**  
AN INNOVATIVE PROJECT We asked five Intel Science Talent Search semi-finalists to explain their project in ten words or less.

"Analyzed cell cycle anomalies of fission yeast mimicking cancer cells."  
**SHREYA NANDI, 12**

"The benefits of a sintering route to processing transparent ceramics."  
**RICHARD OH, 12**

"Characterized the activity of population of neurons using mathematical equations."  
**LUCAS LIN, 12**

"Developing a new way to diagnose concussions."  
**POOJA CHANDRASHEKAR, 12**



How do students deal with the problems they face in the prototyping lab?

## CAN WE FIX IT?

BY SARAH CROSSEN



**1**  
**PROBLEM:** Machines were broken when they were transported to the new room and the fabrication progress was halted.  
**SOLUTION:** Focus more on computer models and planning while trying to make repairs.

"During the moving process a lot of the machines broke or got offset. A lot of the time we actually spent in the lab was spent putting stuff back together to make sure it could work."  
**JOSHUA CUMMINGS, 10**



**3**  
**PROBLEM:** Losing time that would be devoted to learning the basics of prototyping.  
**SOLUTION:** The prerequisite class is now a year long so if they work fast for the rest of the year they can learn all the basics.

"The problem we had this year was getting the lab ready in time. We had to start doing things that we would've usually done much later in the year, like using CAD. The biggest thing for us was working quickly and trying to catch up on our projects."  
**MARC McDONALD, 11**

**2**  
**PROBLEM:** Not able to meet goals in the planned time, and possibly not able to complete projects.  
**SOLUTION:** Change goals to make them more reasonable and achievable in the shortened time frame and working very quickly.

"When we finally managed to move into the new lab it was being used as a storage room for all the new furniture that would go throughout the school."  
**SUMVED RAVI, 12**

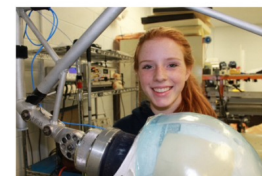
**4**  
**PROBLEM:** The power outlets didn't work and couldn't handle the machinery and a junction box blew up causing sparks to fly.  
**SOLUTION:** Identify problems before they cause more; be aware of them so you can safely continue.

"During the moving process a lot of the machines were broken or offset. A lot of the time we actually spent in the lab was spent putting stuff back together to make sure it could work."  
**DOUGLAS ANDRE, 11**

## PREPARING YOUR PATENT

BY DEEPSHIKA DHANASEKAR

Junior Juliana Bain explains the steps to being granted a patent.



1. Learn about provisional patent applications on YouTube.
2. Write a provisional patent application with claims.
3. Write a heavily

detailed disclosure in the description section of the provisional.

4. Write a non-provisional application, which is the one that gets examined by the USPTO.

5. Get final claims reviewed by a patent attorney.
6. If the claims around the invention are unique, non-obvious, and useful, a patent is granted.

## LITTER

First Robotics explains components of its challenge.  
BY ANN MATHEW

## LIFT

**THE CHALLENGE:** Six weeks to build a robot for the Recycle Rush competition where students have to stack totes and garbage cans and place them in a scoring zone.

**ELEVATOR:** Lifts the totes and garbage cans  
**ELECTRONIC SYSTEM (ROBORIO):** Contains the processors for the brain of the robot

**WINCH:** Consists of a horizontal mounting plate that will have a cord attached to a motor  
**CHASSIS:** Holds the rest of the robot, such as the wheels motors electronics and all attachments



**WORKING ON THE ELEVATOR,** which will be added to the robot, are juniors Austin Riopelle and Patrick Ryan. Since this part is intended to lift the totes and cans, multiple methods were tested to have the best way to accomplish the challenge which these

students learned from their robotics classes. "Rather than just building small scale interactive based robots we solve much more complex problems that are much more applicable to the real world," Riopelle said.



## THE GAMEPLAN

BY KATHLEEN KIM, SHWETA MOHANTY AND ARTEMIS VEZI

Basketball coaches and players innovate during the game by changing plays as the game progresses.

**DRIBBLING DOWN THE COURT,** freshman Matt Maribojoc carefully strategizes who to pass the ball to next. The boys on JV have been using plays from 20 years ago and spent lots of time running them. "We practice the play until we are comfortable running it in games," Maribojoc said. Photo by A. Luckett.

"Coach usually **MAKES CHANGES** based on the way the other team is playing, like if the offense is **ESPECIALLY STRONG** or if they have one player that we need to **COVER MORE**. It isn't changes to the plays, it's actually **CHANGES TO OUR FORMATIONS**."

**CHASE BROWN, 10**



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