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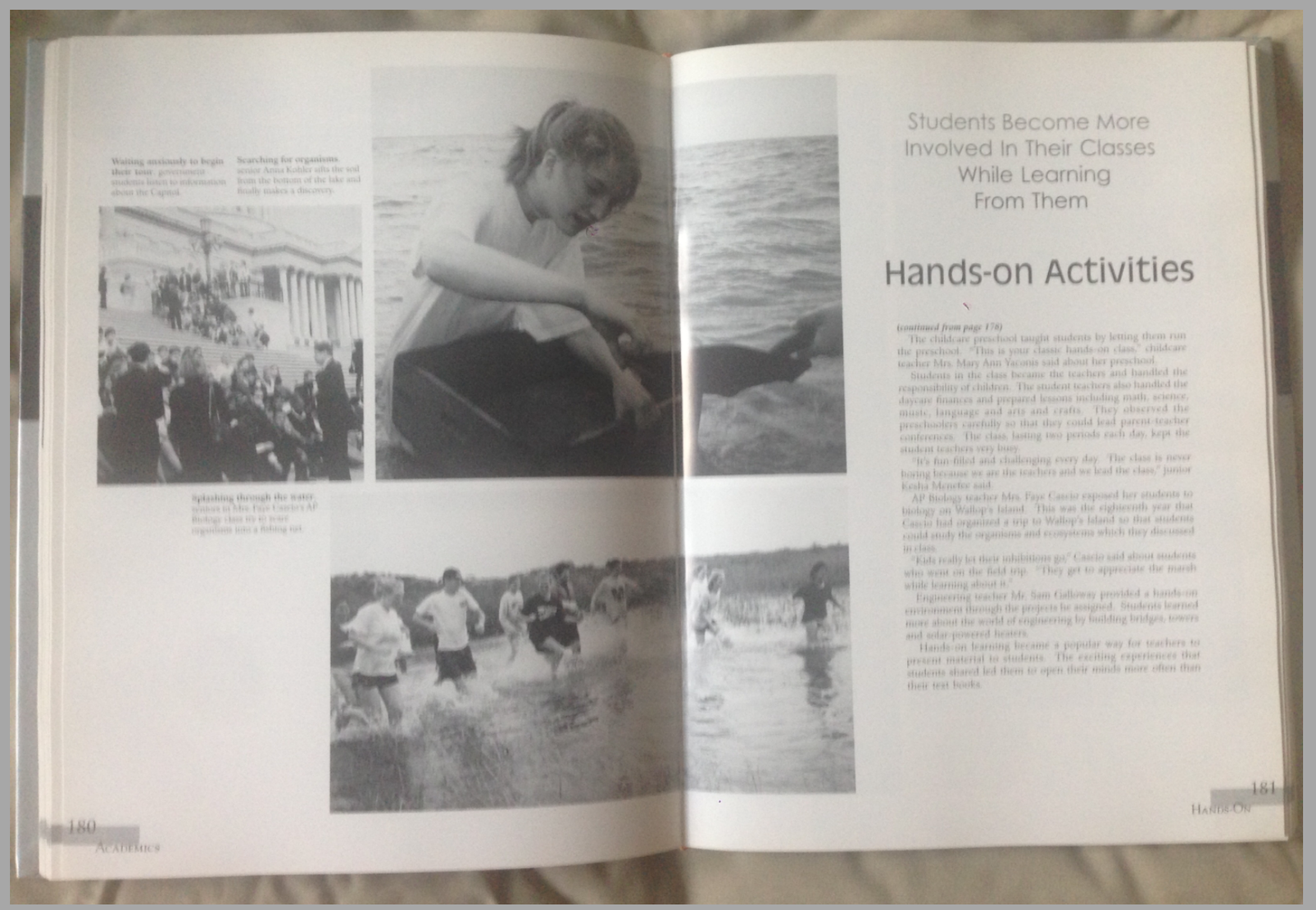
MAKE IT A THING

GETTING CREATIVE WITH YOUR COVERAGE

IN THE OLDEN DAYS OF YEARBOOK...

THERE WERE RULES.



Waiting anxiously to begin their tour, government students listen to information about the Capitol.

Searching for organisms senior Anna Kohler sifts the soil from the bottom of the lake and finally makes a discovery.

Splashing through the water seniors in Mrs Faye Cascio's AP Biology class try to scare organisms into a fishing net.

Students Become More Involved In Their Classes While Learning From Them

Hands-on Activities

(continued from page 178)

The childcare preschool taught students by letting them run the preschool. "This is your classic hands-on class," childcare teacher Mrs. Mary Ann Yaconis said about her preschool.

Students in the class became the teachers and handled the responsibility of children. The student teachers also handled the daycare finances and prepared lessons including math, science, music, language and arts and crafts. They observed the preschoolers carefully so that they could lead parent-teacher conferences. The class, lasting two periods each day, kept the student teachers very busy.

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Engineering teacher Mr. Sam Galloway provided a hands-on environment through the projects he assigned. Students learned more about the world of engineering by building bridges, towers and solar-powered heaters.

Hands-on learning became a popular way for teachers to present material to students. The exciting experiences that students shared led them to open their minds more often than their text books.

IN THE LATE '90s...

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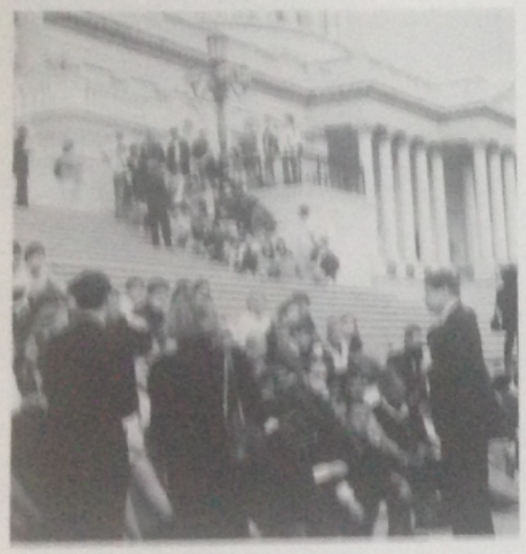
OPTIONS BECAME LIMITLESS.

1999



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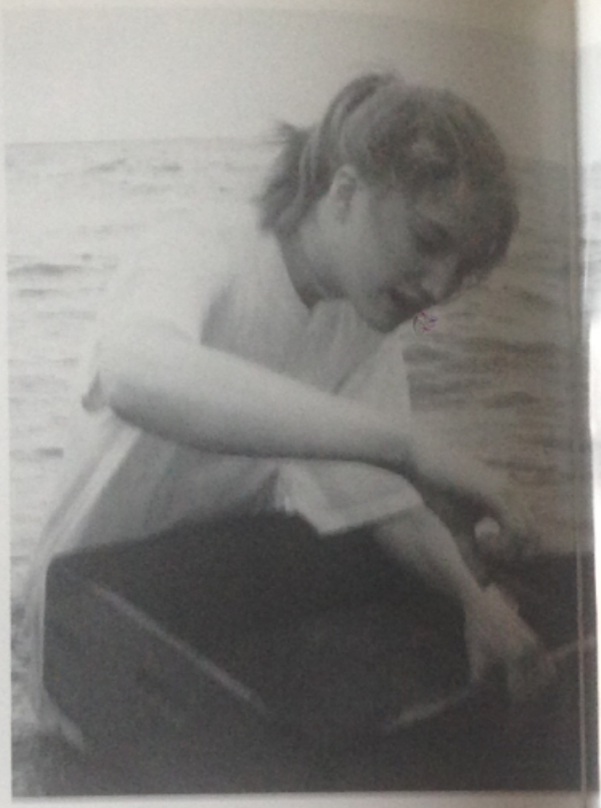

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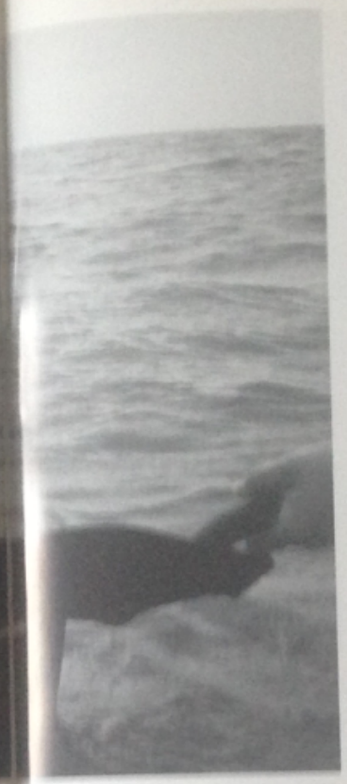

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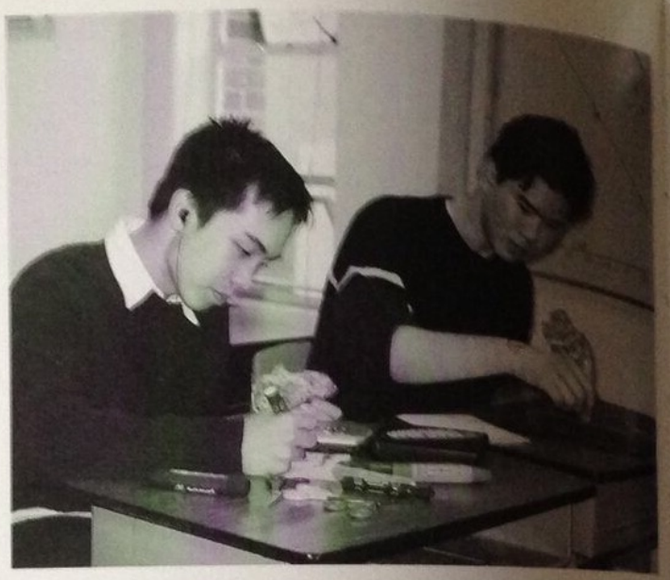
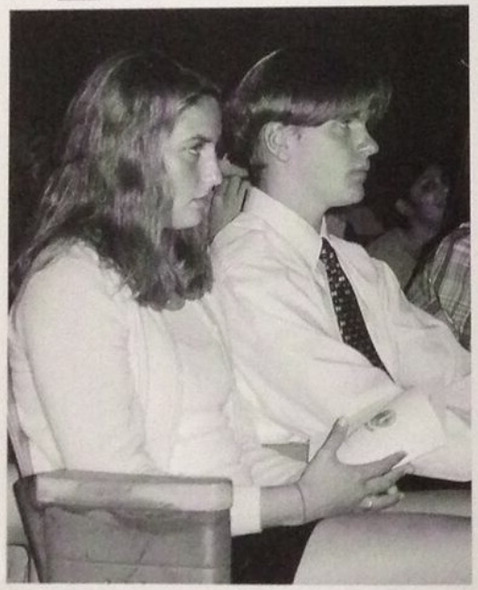
2002



Happy holidays. Sophomores Niccolo Paqueo and Philip To make colorful Christmas cards for kids in Argentina during an Interact Club meeting. Students in the club were sometimes treated with pizza at the meetings. *Photo by Melissa Cohen*

helping hands

reaching out to others



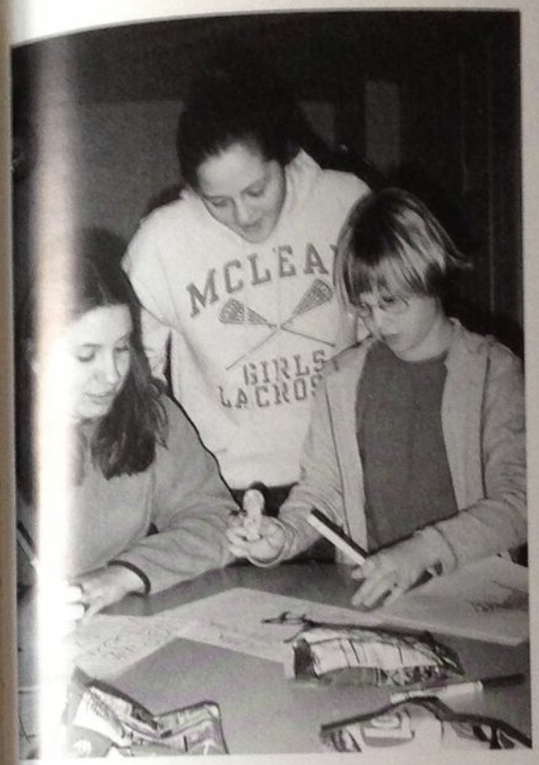
Listening attentively to what being a member of the NHS entails, juniors Meghan Hurlbut and Zach Huson look on. Hurlbut, Huson and other members were inducted at one of the two inductions, which were in the fall and the spring. *Photo by Dahlia Bouari*

The Key Club, Interact club and National Honor Society were organizations that were responsible for giving back to the community through service. They ran drives to collect items such as canned foods, clothing and school supplies. They visited nursing homes and centers for elderly people.

The Key Club required members to have a minimum of eight hours of service the first quarter and 10 hours during the second, third and fourth quarters. The biggest event was the annual Red Cross blood drive, which was held in January. At the blood drive, students who were 17 years or older and the faculty were able to donate blood. "As usual, the blood drive was a real success. Students and faculty were very willing to help out, especially with the circumstances still standing from September 11," junior Katelyn Logan said.

The Interact Club was involved with many charities in the community. "Throughout the year we collected canned foods and sent Christmas cards to other countries in need. Also for the UNICEF (United Nations International Children's Emergency Fund) we collected money," senior Kristen Berquist said.

The National Honor Society was for juniors and seniors who had an overall grade point average of a 3.5 or higher. Being in this club involved meeting the requirement of 10 hours of community service per semester. "I tutor two students in math. I enjoy it because it feels really good to help others," senior Amr Kouchouk said.





HE SAID SHE

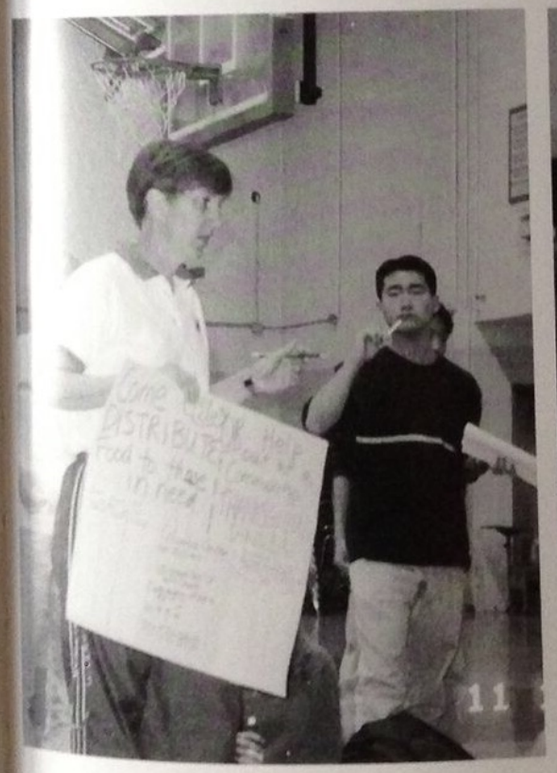
"One way I helped the community for Key Club was when I made cookies and gave them to a homelesss shelter."
Sophomore Alex Golland

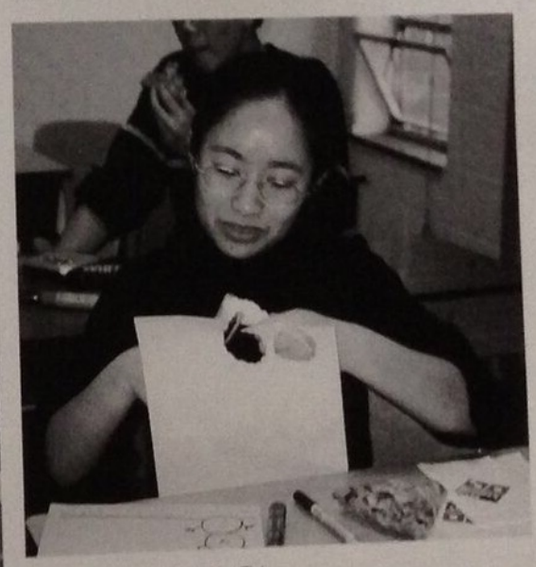


"In NHS, we have to do 12 hours of community service each semester. I volunteer at a children's shelter in Arlington. It's rewarding to help the kids out."
Junior Emily Hawkens

Helping out in the community, Sophomores Jill Huntley and Betsy Maglio color and play games with children while babysitting at Chesterbrook Elementary School. The two volunteered there the first Tuesday of every month along with other friends for Key Club. *Photo by Melissa Cohen*

Cutting away, junior Virginia Tung prepares to make Christmas cards by making snowflakes and drawing snowmen. This was just one of several activities the Interact club participated in throughout the year to help the community. *Photo by Melissa Cohen*





Encouraging all to sign up, Key Club sponsor Mrs. Gayle Doane explains about the Thanksgiving canned food drive the club was having for a homeless shelter as senior Anyu Fang looks on. A donation of two cans of food earned Key Club members two hours of service. *Photo by Emily Moon*

2007



how sweet it is

to be loved by you

happy valentine's day? love it or hate it, a day normally known to be full of affection was for some people full of annoyance

"I hate Valentine's Day! It makes all of the people who don't have a boyfriend or girlfriend feel bad and it just reminds them that they are single!" sophomore Kristine Keenan said. There was the usual idea of buying your significant other a box of chocolates or a teddy bear, but there was also the option of buying a candygram or a carnation. "I had a boyfriend on Valentine's Day when I was in middle school. He bought me like a teddy bear or something and it really wasn't anything special," Keenan said. Many of Keenan's friends also agree with her feelings about Valentine's Day. "I really just think that people shouldn't need a holiday in order to show the love that they have for someone," Keenan said. "They should show it on their own all the time."

"My boyfriend [senior Dane Johnson] took me to dinner at the Capitol Grill in McLean. He pulled out a jewelry box to trick me and when I opened it there were tickets inside to see my favorite band, Rascal Flatts, in concert for the next night. It was the best Valentine's Day ever!" junior Hannah May said. May and Johnson had been dating for a year and a half prior to Valentine's Day, but they celebrated the holiday together for the first time this year. "I was keeping the tickets to the concert, but because this was our first Valentine's Day together I didn't know what to expect. I was really excited when he got me flowers. I've never gotten flowers before," said though for some, Valentine's day is Hallmark's way of making money for others it's a cherished holiday that is to be celebrated.

"The snow affected my Valentine's Day because I couldn't go to dinner and I had to walk to the store to get my girlfriend flowers and then walk to her house to give them to her."

-Daniel Bader, 12

BFFS! Freshman Esther Ahn and juniors Do Yon Kwon and Minseung Kim all compare iFlurtz. There was also a section in iFlurtz that showed what people you could be good friends with. *Photo by Katie Phelan*

1. **Snuggle up.** Seniors Kelly Phelan and Jay Payne sit with each other at Starbucks on Valentine's Day. Due to the snow, the couple went out to get hot chocolate as a way to spend time together. *Photo By Katie Phelan* 2. **iFlurting!** Freshmen Phillip Bouchard and Maria Roa look at each other's iFlurtz during lunch. Iflurtz were meant to show potential matches for girls and guys. 3. **Sweet Treats.** Freshmen Elaina Kaiser and Anna Castle sell candygrams to Freshman Ben Carmody. The freshman class sold over 100 candygrams. *Photos by Lydia Mendelson* 4. **Carnation Sensation!** Junior Annie Beddoe hands out her valentines during fifth period. Beddoe made valentines for her entire class and shared candy, cards, and kisses. 5. **Shout for joy.** Sophomore George Kennedy gives Freshman Maddy Parkhurst her carnations. Even though George was allergic to the carnations, he toughed it out and passed them out anyways. *Photos by Katie Phelan*

teacherly

"I got up at 4 a.m. to make him breakfast and later he made a fire and we toasted marshmallows and made smores. He also sent me flowers except I didn't get them because he sent them to the school and school was cancelled on Valentine's Day."

- Catherine Guckenberger

"My family and I planned on going to the Outback Steakhouse but when we arrived the wait was too long so we decided to go across the street to a Chinese takeout restaurant. The evening ended well because I found two cookies in one fortune wrapper!"

- John Jones

"My wife and I had two friends over for dinner and we had crab artichoke dip, veal chops, mashed potato balls and a chocolate eruption cake. So instead of going out and spending money we spent it all at home. It was very nice and relaxing."

- Adam Shipman

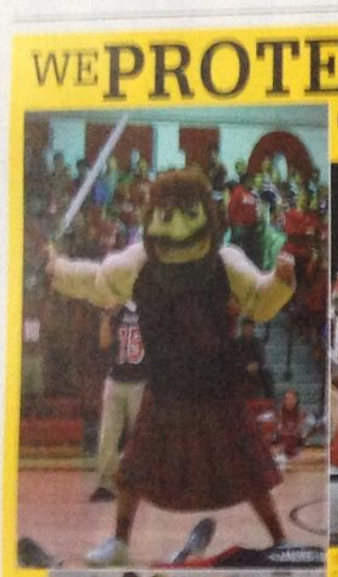
2013

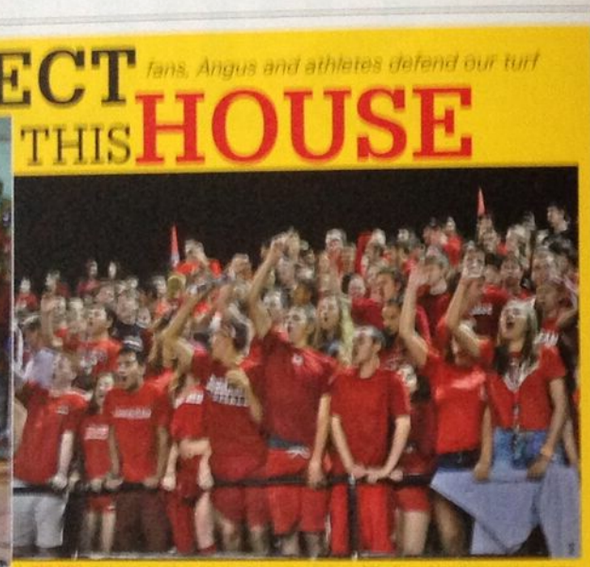
LONG STORY *short*

We're not like any other school. That's for sure. We freak out over beating Langley... at anything. We figure out shortcuts to get through crowded halls and to the trailers. We're obsessed with our mascot and his kilt and we've pretty much got an opinion about everything.

WE PROTECT THIS HOUSE

fans, Angus and athletes defend our turf





1 **BIG RED** With their hands in the air, seniors Joey Sullivan, Mike Berry, Matt Bellenavaico, Jaeda Dubic, Reid Slade, and other members of the senior class cheer on the varsity football team at the first home game of the season. "The only thing that got my friends and I through the first week of school was knowing we had our first home varsity football game on Friday," said Slade. "I always look forward to going to every game and losing my voice by the end of the night." photo by Shari Dvoro 2 **STUCK IN THE MIDDLE** With two defenders on her heels, freshman Caroline Lewis runs towards the goal. The JV team beat Marshall 1-0. One of her teammates, sophomore Maddie Wagner, said that home field advantage "pumps us up more since we have more fans and we're destined to do better." photo by Sara Lawrence 3 **HIGHLANDER NATION** Standing over the Madison Warhawk, Angus celebrates defeating our rival. Angus fought the Warhawk to raise school spirit before the homecoming football game later that day. photo by Shari Dvoro



play the game

As freshmen joined volleyball, football, field hockey, golf and cross country, they got used to a different atmosphere. "The guys on the team are a lot of fun and the coaches are hilarious and make around with you, but at the same time, they are serious enough to coach well," freshman Bobby Laird said. photo by Shari Dvoro

"IT'S AWESOME TO HAVE A MASCOT THAT WEARS A SKIRT."
ELLIE DUVALL, 12

McLean-isms

I am a Highlander *what does it mean to be a Highlander?*

OUTGOING "Highlanders go for their goals and are willing to take risks." Kaelyn Matthews, 11

PRIDE "When people ask me what school I go to, I don't respond shamefully. I proudly say I'm from McLean!" -Arjan Patera, 11

SUCCESSFUL "Being a Highlander helps students get ready for life after high school." -Kendall Taylor, 12

LOVE "You love your school, your team, and your peers, and you want them to succeed." -Katie Mahoney, 11

UNPREDICTABLE "Everyday is a different experience. I meet new people and learn more about myself." -Stephanie Beorlegui, 11

OF THE 400 POLLED...

36% think JAY-Z & BEYONCÉ should name their next child BEY-Z

59% WANNA LET MILEY BE MILEY

41% DON'T AGREE

20% 3 hours SOCIAL MEDIA

272 people 5-7 SLEEP

#BEAT LANGLEY is the most popular hashtag for **180** people

was **122** people's fave emoji, but was a close second

"BLURRED LINES" 2013 **227** people

55% of people do not know how to TWERK

academic trivia

take the quiz on academics and check your answers on the scantron



1. What percent of seniors don't have a job planned?
a) 0-5 b) 10-15 c) 20-25 d) >25
2. What percent of sophomores took AP this fall?
a) 10% b) 21% c) 44% d) 55%
3. How many juniors took a foreign language class?
a) 100 b) 204 c) 64 d) 400
4. What percent of freshmen participated in the science fair?
a) 99% b) 24% c) 64% d) 47%
5. Which was the largest grade?
a) freshmen b) sophomores c) juniors d) seniors



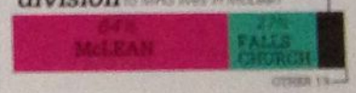
give me the money

cheer holds car wash

With her hands in the air, senior Ellie Duvall invites passers-by to the JV and varsity cheer car wash at the Sunoco gas station on August 25, with senior Kiersten Gillis and junior Jack Saunders. The cheer team held the car wash to raise money for new uniforms and football goodie bags. "Our car washes are usually a huge success and they are the biggest fund-raising activity we do as a team. We work hard to earn money but at the same time we bond as a team," Duvall said. *photo by Alexa Draper*

district division

not everyone who goes to MHS lives in McLean





"My bus driver is really nice and always greets me despite the early hour. It's nice that he's so cheerful when no one wants to be awake."
Allison Meakem, 10

best buddies barbecue

Best Buddy members celebrate the first home football game together



"As the tailgate I was drawing on myself while some of my friends were talking and one of the girls, Meg Brandt, saw me and asked me to draw the same thing on her. So, I did. And then Meg asked me to also draw on her friends, Erin and my best friend, Alex, so that we all matched each other. It was a lot of fun."
Sarah Beiroghei, 12



"Kelsi [Plist] and I have yearbook class together everyday and we've known each other since elementary school. We got to talk for a while and then we went around getting quotes for the yearbook together."
-Alex Zelle, 12

Daniel Pedraza, 9

"It's so annoying how the doors are constantly locked, because it's hard to get in."

"The trailers are sweet because the teacher can control the cooling and heating ventilation."
Adam Jebail, 11

trailer to trig

with 10 trailers most students had to head outside for at least one of their classes

"The trailers suck when it's pouring rain outside because my hair gets frizzy."
Shannon Belcher, 11

2016

SISTER STRIDES

freshman Caroline Howley talks about her experience being the only freshman girl on varsity cross country


photo courtesy of Caroline Howley

HOW DOES IT FEEL TO BE THE ONLY FRESHMAN GIRL ON VARSITY CROSS COUNTRY?

It's a lot of fun. I knew a lot of the seniors through Kathryn and I knew the coaches, but being on the team and practicing together is a different dynamic. We've all grown really close this the season.

WHEN DID YOU FIRST START RUNNING COMPETITIVELY?

I started running with Girls on the Run in third grade but I began running competitively in sixth grade.

DOES YOUR FAMILY INFLUENCE YOUR RUNNING?

Both my parents run with me and my sister, Kathryn, who's a senior and also runs cross country and track. My mom and dad first got me into running, and my mom coached me at GOTR until I started running competitively. They've always been really supportive, coming to all of my meets and adjusting their schedules so I can train.

HAVE YOU AND YOUR SISTER BECOME CLOSER BY BEING ON THE SAME TEAM?

Being on the same team and running together every day has definitely brought us closer. We know when one of us is struggling and we are able to pace together during races. It definitely makes it a lot more fun.

DEFYING GRAVITY

freshman Christina Eugensen lists five steps important for successful rock climbing

1. Get your equipment together and then check with your partner to make sure they are ready.
2. Tie into the rope and begin to make your way up the wall.
3. When climbing, don't forget to look down. Half the fun is seeing how far you have climbed.
4. Once you reach the top, don't forget to celebrate what you have accomplished.
5. Repeat these steps for each new climb you do and watch how you slowly get better.


photo courtesy of Christina Eugensen

"I'm jumping out of a plane for my 18th birthday." DON'T TELL MOM

senior Bora Zaloshnja describes her experience skydiving for the first time





FREE FALLING Falling from the sky, senior Bora Zaloshnja goes skydiving for the first time. "Five years ago, my cousin went skydiving and told me it was like riding a roller coaster but 100 times more fun. I really love roller coasters so I became obsessed with going skydiving, but I was too young. I did a bunch of research trying to find a place that would allow a minor to skydive with parental consent but no reputable place did that so I decided I'd do it as soon as I turned 18.

When I met my best friend, Nora Hashem, I found out skydiving was also something she really wanted to do and we've talked about doing it together for years now. Since her eighteenth birthday is only two weeks before mine, I thought a cool present would be to get skydiving lessons for the both of us. We went the weekend after my birthday on the tenth of October because skydiving is subject to weather conditions and it was rainy on my birthday weekend. We went to the most reputable and well known skydiving center nearby, DC Skydiving Center, which is actually in Warrenton, Virginia, about an hour drive from DC.

It's really tough to put in words how it feels. Even though the adrenaline rush is insane and you're flying towards the ground incredibly fast, it's also quite peaceful falling through the open sky. It's just one of those things you have to experience yourself to fully understand. The free fall was the really exciting part. After my instructor pulled the parachute, I got a little nauseous because we had to do a lot of spinning and maneuvering to land in the right place, but overall it was worth it. Because I was strapped to an instructor, he was the one who made the push out of the plane and he didn't give me any warning so the first thing I felt was shock, I couldn't believe I was actually falling. Once I got used to it, I was just happy and laughed a lot. I just kept thinking 'I can't believe this is actually happening', and as we got closer and closer to the ground I really didn't want it to end." *photos courtesy of Bora Zaloshnja*



SETTING THE RECORD STRAIGHT

feminist club members explain what feminism means to them

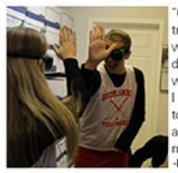
"Feminism gives people with similar ideas an opportunity to come together and discuss them. It allows for a safe and secure environment where regardless of how different your opinions are, they matter."
-Helen Bloom,11

"I've met a lot of guys that are mean to me and my friends and don't believe that we can do the same things that they can, and that bothers me. Feminism allows for a way for me to feel safe about it."
-Annie Pham, 9

"People confuse feminism with helping people more than men. For me, its about equality. That's what feminism really is."
-Sungyeon Yoo,11

it starts with GOGGLES

students from Erin Truesdell's AP Psychology class complete tasks while wearing goggles that distort their vision



"Cat Dolan and I were trying to high five while wearing goggles which distorted our vision. It was challenging because I thought her hand was to the left when it was actually right in front of me."
-Bethany Grocock, 11



"In psychology, we tried on goggles that inverted our vision which made it difficult to walk or move around. I had a lot of trouble trying to navigate down the ramp."
-Sammie Ferris, 11


photo by Samantha Kidd

"My task was to complete a maze while wearing distortion goggles. It was difficult because the goggles flipped everything upside down, but I was able to finish the maze."
-Josie Nolan, 11

MAKE IT A THING



Waiting anxiously to begin their tour, geosystems students listen to information about the Capitol.

Searching for organisms, senior Anna Kohler sifts the soil from the bottom of the lake and finally makes a discovery.

Splashing through the water, seniors Mia Faye Cassio's AP Biology class try to trace organisms into a fishing net.

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Hands-on Activities

(continued from page 176)

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"I'm jumping out of a plane for my 18th birthday." DON'T TELL MOM



senior Bora Zaloshnja describes her experience skydiving for the first time

FREE FALLING Falling from the sky, senior Bora Zaloshnja goes skydiving for the first time. "Five years ago, my cousin went skydiving and told me it was like riding a roller coaster but 100 times more fun. I really love roller coasters so I became obsessed with going skydiving, but I was too young. I did a bunch of research trying to find a place that would allow a minor to skydive with parental consent but no reputable place did that so I decided I'd do it as soon as I turned 18.

When I met my best friend, Nora Hashem, I found out skydiving was also something she really wanted to do and we've talked about doing it together for years now. Since her eighteenth birthday is only two weeks before mine, I thought a cool present would be to get skydiving lessons for the both of us. We went the weekend after my birthday on the tenth of October because skydiving is subject to weather conditions and it was rainy on my birthday weekend. We went to the most reputable and well known skydiving center nearby, DC Skydiving Center, which is actually in Warrenton, Virginia, about an hour drive from DC.

It's really tough to put in words how it feels. Even though the adrenaline rush is insane and you're flying towards the ground incredibly fast, it's also quite peaceful falling through the open sky. It's just one of those things you have to experience yourself to fully understand. The free fall was the really exciting part. After my instructor pulled the parachute, I got a little nauseous because we had to do a lot of spinning and maneuvering to land in the right place, but overall it was worth it. Because I was strapped to an instructor, he was the one who made the push out of the plane and he didn't give me any warning so the first thing I felt was shock; I couldn't believe I was actually falling. Once I got used to it, I was just happy and laughed a lot. I just kept thinking 'I can't believe this is actually happening', and as we got closer and closer to the ground I really didn't want it to end." photos courtesy of Bora Zaloshnja



SETTING THE RECORD STRAIGHT

feminist club members explain what feminism means to them

"Feminism gives people with similar ideas an opportunity to come together and discuss them. It allows for a safe and secure environment where regardless of how different your opinions are, they matter."
-Helen Bloom,11

"I've met a lot of guys that are mean to me and my friends and don't believe that we can do the same things that they can, and that bothers me. Feminism allows for a way for me to feel safe about it."
-Annie Pham, 9

"People confuse feminism with helping people more than men. For me, its about equality. That's what feminism really is."
-Sungyeon Yoo,11

it starts with GOGGLES

students from Erin Truesdell's AP Psychology class complete tasks while wearing goggles that distort their vision

"In psychology, we tried on goggles that inverted our vision which made it difficult to walk or move around. I had a lot of trouble trying to navigate down the ramp."
-Sammie Fenis, 11



"Cat Dolan and I were trying to high five while wearing goggles which distorted our vision. It was challenging because I thought her hand was to the left when it was actually right in front of me."
-Bethany Grocock, 11



"My task was to complete a maze while wearing distortion goggles. It was difficult because the goggles flipped everything upside down, but I was able to finish the maze."
-Josie Nolan, 11

MAKE IT A THING

IT STARTED WITH GOLF.

GOLF SPREADS

DRIVE TO SURVIVE

BY DEEPSHIKA DHANASEKAR

Traumatized by terrifying experiences, drivers share their most memorable stories. Photos by W. Ryu

"I thought my mom was being unnecessarily strict. Once I got a ride with a senior, I knew why. He **NEARLY HIT A PEDESTRIAN,** merged into another car, and swerved off the road." **ANJALI KHANNA, 12**



"One time I was picking up Laura Chu from the library and I passed her, but I didn't want to go all the way around so I had to stop in the middle of the crowded street and have her **NINJA JUMP** into my car." **CHERYL MENSAH, 12**



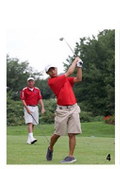
"We were driving in the mountains and we stopped to let a deer pass. [The deer] stops in front of the car, **KICKS OUR HEADLIGHTS** and bumper with all its might and then runs off. We had to get our bumper replaced." **PAULA JARAMILLO, 12**

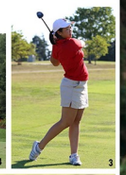


COURSING THROUGH THE GREEN

BY RUCHI MANJIK

Having experienced new courses when playing tournaments, golf players dicuss the pros and cons of each one.







1. TO WIN THE ROUND AT THE PINECREST GOLF COURSE, senior Millen Anand follows through on his swing. The golf team has to play on several courses throughout the year. "This is our home course, and just like other sports, there's no regulation court and every single course you play is a new challenge," Chuwait said.

2. FOLLOWING THROUGH WITH HER CUE, junior Christine Wang tracese the ball as it flies through the air. Wang has been playing golf since her freshman year."You wouldn't think so, but courses are actually very different from each other in their layout and speed of the greens," Wang said.

3. IN FRONT OF HIS COACH, Junior Aaron Gu takes his shot at the Pinecrest golf course. Gu has been playing golf for years and loves the sport, no matter the course he plays on."When I get my head in the game, every shot just feels natural and relaxing," Gu said. Photos by P. Dang



1.

IF YOU CHALLENGE?



I first figure out why I feel I'm being challenged and then I **BRAINSTORM** how I can solve this problem and work from there. **SAHITHYA VISWANATH, 11**



KEEP TRYING until it gets perfect, or I become exhausted with trying and ultimately give up entirely. It's kind of a problem for me. **JÉRIUS SAMRA, 11**



[I challenge] by looking at questions beyond what is asked in class, and I try to question other people's **PERSPECTIVES.** I challenge ideas by asking questions at the root of the problem. **SAI MADA, 11**



I will admit, I am slow to get stressed out very easily. However, I have learned to channel my stress into energy to power through a challenging situation and be more **PRODUCTIVE AND EFFICIENT** when getting things done. **AAZRIN MIR, 12**

HOME FIELD

PRO "[Pinecrest] is great for playing matches because we have a home field advantage and we really know the course." **CHRISTINE WANG, 11**

CON "The greens were tough, so the approach shots were really challenging." **CHRIS CAO, 11**

AWAY GAMES

PRO "We managed to handle unfamiliar courses really well this year and we didn't lose a match at all!" **NATHAN CHUWAIT, 12**

CON "When we are playing other schools, it is a little tough because golf isn't like football or basketball with a standardized cwourse regardless of the school." **CHRIS CAO, 11**

CONFERENCES, REGIONALS, AND STATES

PRO "The fairways were really wide, so the course wasn't as demanding as they could be." **NATHAN CHUWAIT, 12**

CON "The greens were tough, so the approach shots were really challenging." **CHRIS CAO, 11**

TO READ OR NOT TO READ

freshman Carla Cecchi discusses her expanding love for reading Shakespeare

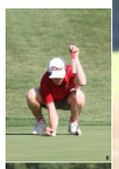


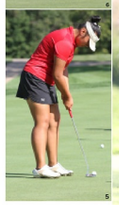
Photo by Leeban Elahi

WHAT MADE YOU TO BECOME A SHAKESPEARE FAN?
My uncle was a fan, so in the sixth grade he gave me a copy of Romeo and Juliet.

WHAT DO YOU FEEL WHEN READING A GOOD BOOK?
I know that when I'm reading a good book, I always feel excited and fully immersed in it. I should never want to stop if the book is good and there should never be a predictable ending.

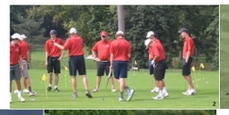
WHAT DO YOD DO TO IMPROVE YOUR READING SKILLS?
You read more books and you read some higher levels.





DRIVE TO IMPROVE

golf team falls to Madison 170-158 in a match on Aug. 31









1. SOLID STANCE Sophomore Sean Senft lines up his feet to prepare to putt. "The hardest aspect of golf for me is keeping my composure the entire time. Having my teammates around really helps because they give me quality advice on each hole and our coach, Richard Eyerly, really knows his way around a course," Senft said. *photo by Segail Mayeste* **2. HUDDLE UP** Members of the golf team huddle around their coaches for a team talk during warm-ups. Sophomore Duncan Green's favorite thing about golf is "trying to constantly better [his] scores." "My grandfather introduced me to golf when I was three but I didn't start playing it seriously until I was eight." *photo by Alle Babyak* **3. FOLLOW THROUGH** Sophomore Thomas Schilder follows through on his swing after he hits the ball. Teammate junior Brendan Grammes said, "My favorite moment of the season was the first match because it was my first match ever and I did a pretty good job. The best feeling when I play comes from getting a birdie or par because that means you took really good shots on every hole." *photo by Segail Mayeste* **4. CHIP SHOT** Sophomore Thomas Schilder fights flying sand as he attempts to chip the ball out of the sand trap. He was inspired to start playing golf "After I went to a golf camp when I was six years old," and says his favorite part of the season was "The match against Langley because it was my best round and a really nice course to play on," Schilder said. *photo by Alle Babyak* **5. TEE TIME** Freshman Cindy Tu lines up her stance before shes putts. "I started playing golf because it was a way to bond with my dad, and I immediately fell in love with the sport. Next year I hope to finish in the top five for girls in the state qualifier and shoot for 74 in 18 holes," Tu said. *photo by Segail Mayeste* **6. DOWN AND FOCUSED** Sophomore Reis Cleary lines up his shot. "My favorite part of the season was my teammates and practices. Hopefully next year with a bit of hard work we will be able to get a better record," Cleary said. *photo by Segail Mayeste*

WHAT'S WITH ALL THE BUZZ?

junior Natalia Gochez describes the improvements and faults of the new iPhone 6s

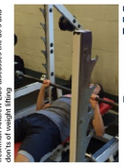
camera	color	consensus
"I was most excited about the new and improved camera.w I use it a lot because it's very accessible and really good quality."	"I didn't get the pink iPhone, I got silver. The only reason was because they sold out and I didn't feel like waiting."	"I personally think the iPhone 6s and iPhone 6 are basically the same. I don't see a huge difference."



PHOTOS BY MARIA SUAREZ

PUMPING IRON

freshman Andrew Liao discusses the do's and don'ts of weight lifting



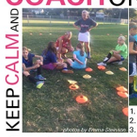
Liao pushes himself to increase his bench press in afterschool lifting sessions

DO:
Make sure you have a spotter (a spotter is a person who can help you lift up the weight when you can't) b/c no matter how strong you think you are, there is going to be a point where you overestimate yourself and need help."

DON'T:
"Never lift by yourself, if you do, your begging for injuries."

COACH ON

varsity field hockey players coach McLean youth field hockey twice a week



Photos by Reece Davidson



1. Bethany Grocock, 11
2. Karynne Baker, 12
3. Bridget Greenwood, 11



ARCHIVES / ICZASB

KEEP CALM AND

match the coaching style to the coach

A. "I like Steal the Bacon because kids love it and it's a game-like situation so it translates well into real games."

B. "I like running 3v2 scrimmages because it teaches important lessons about positioning and attacking."

C. "I like running shuttles because it helps to enforce important skills that they use all the time."

TODAY'S OPINIONS ON YESTERDAY'S NEWS

Today, August 26, 2015 two newscasters were shot and killed on air.

AIDAN HICKS
"When you really think about it, you realize that these people were just doing their jobs and the fact that they got killed doing what they love is just really sad."

EMILY WISE
"It was really upsetting to me because it was an awful thing that happened. It was just really hard, being a young journalist and knowing that hard things like that do happen in the world."



KELSEY LONG
"It made me realize how important journalists are and how much they really are unspoken heroes in this world, we bring the news even though it puts our lives in jeopardy."

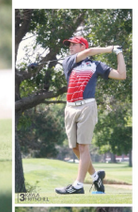
LINING UP FOR SUCCESS

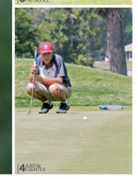
golfers concentrate on reaching their goals at Fitzsimons tournament

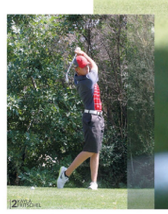
PHOTOS BY MARIA SUAREZ



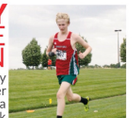
1. Focused on his shot, Jean Paul Cleveland watches his ball. "One of my goals for the senior golf season is to minimize mistakes like bogeys. It's important to save par whenever possible," Cleveland said. **2.** Post-swing, Coleman Johnson watches as the ball hits the course. "Any slight mistake can affect your entire day, any other golfer will tell you that, and as far as my future, I guess I'll just see where it goes with college offers," Johnson said. **3.** Searching for the ball, Kyle Colen, "As a team we did pretty good. We got 5th in our league. We should do good this season. I feel that I was happy that my other teammates did well but I was kinda disappointed that I didn't do as well as I could've done," Colen said. **4.** With golf season in full swing, Christopher Kennedy couldn't be more excited to start playing with his new teammates. "I like how everybody supports each other. When they putt or when someone hits the ball, people say 'nice shot' or when someone putts the ball toward the hole they say, 'get in that hole,' that's my favorite aspect," Kennedy said.











TODAY WE RUN
cross country athletes power through Aurora Sports Park course



1. Even though he has been running cross country for four years, Jeffrey Burkhardt finally got the chance to show off his skills on the varsity team at the Aurora Sports Park. "It was my first time racing varsity, so I did pretty good," Burkhardt said. **2.** Given the chance to lead the cross country team, Julie Eoff was able to push herself and her teammates toward the finish line. "I had to step it up and I really had to lead the team through to the finish," Eoff said. **3.** Nervous for his first Cross Country meet, Ayube Mueyen prepares by practicing his hardest. "I heard it was a fast course, so I expected to get a personal record. I have experience with other races, so I thought I was prepared but I was a little nervous," Mueyen said.

SPORTS

GIRLS GOLF 033

together THEY MAKE IT HAPPEN

With the new season issues are forgotten and friendships forged

STORY BY RILEY SCOTT

With another undefeated MMC record under their belt, the girls golf team's primary focus for the season was really working together. They let old issues fade away and made this seasons' team the strongest it had ever been.

"We all work well as a team and stay together," senior Alyse Padilla said. "We count on one another to be there, because as insignificant as it may seem, one person missing could ruin a match or tournament for the team."

"The team this year is extremely different from last years. We weren't united last year. We all stuck to our selves and rarely helped each other out or even other teams that didn't fully understand the rulings," senior Angela Pierce said. "We wanted to play with the correct edict, and regardless of a win or lose, be satisfied with how we played and how we helped each other."

"This year we've been a lot more supportive of one another. We actually talk to each other, give each other tips and help each other out when we're at practice. It's just helped us out individually and as a team," junior Katelyn Leonard-Peterson said. "This year we've been doing more 'team responsibility' work on the course. We'll play as a scrabble or as alternate shots so it affects more than just an individual. It really teaches you to be a better teammate and play your best every time so your team does better overall. It's more than just a personal score."

Despite its reputation as a slow, boring game that appeals only to old people, it is actually a very mentally taxing sport.

"Golf is a physical game but there are also many mental aspects to it, and one of the mental parts of golf is focus," Padilla said. "Focusing helps us understand the elements of our swing motion, the preparation for each shot, what club to use, and judging the distance to the hole."

"You have to think about every single shot you take. You have to take into consideration the distance you have left to the hole when choosing what clubs you use," Pierce said. "When you take a shot and it ends up not going how you expected it to, it can mess with you mentally."

For some that play, golf is just something to do to pass the time. For the girls' golf team, it is much more than that.

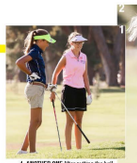
"Not a lot of new people join golf because it isn't a very popular sport so as a small team we grow close bonds with eachother," Leonard-Peterson said. "It's just a really inviting atmosphere where everyone is really friendly and supportive. I've just really fallen in love with it."

MAKE YOURSELF a stand out

HER TEAMMATES MADE THE SEASON SPECIAL

"Normally when you're golfing, you're all alone and so these are one of the only times you get to be with other people. I think being with other high school girls is cool because they understand what you're going through. Compared to when you're going with your family, like yeah they're fun to be with and all, but it isn't the same as going with people your age. You get to make jokes and talk about things you usually can't with your family. It's so hard for me to compare anything to it because it's so unique. In tournaments you get put in groups with people from other schools, and meeting new people and talking to them can be really cool. It's nice to have that one partner that you see during a tournament that you can say hi and talk to and make you feel like you're not alone. You create great relationships because you're with them for hours at a time, day after day. Sometimes you love them, other times you want to choke them. That's how it is with all of them. What I'll love about golf is all the great friends and friendships that I made."

ANALYA CASILLAS 12



1. ANOTHER ONE After putting the ball, junior Hannah Walsh watches as she seeks another one. Walsh is looking forward to playing next season. "Golf is such a fun sport you get to spend time outdoors, and since you're on a team, you meet a bunch of new people," Walsh said. PHOTO BY MARTY BASS



2. LINE IT UP In preparation, senior Alyse Padilla lines up her shot. Padilla is one of the four seniors on the team this year. "It's awesome how far you can come after spending time and putting effort into something," Padilla said. PHOTO BY MARTY BASS



Golf is a really great sport. It creates a mental toughness that you can use in other aspects of life as well. -Moneka Mardya, 11

EYE ON THE PRIZE Junior Mbooske Mathys gazes down course following her opening drive. Mathys will play golf again next year. PHOTO BY MARTY BASS



3. THERE SHE GOES Senior Brittneygh Redfern chips the ball to reach the green. Redfern spent many hours practicing over the course of the season. "I love meeting new people and growing closer with my teammates that I've been playing with since freshman year," Redfern said. PHOTO BY MARTY BASS

4. TEE IT UP In preparation of her initial drive senior Angela Pierce blocks out everything else focusing intently on the ball. Pierce has played all four years while in high school. "This season has been going very well, we have worked extremely hard to remain undefeated throughout the season," Pierce said. PHOTO BY MARTY BASS





5. FORE! Following her first shot, senior Gaina Cylanowich steps in form as she keeps her eye on the ball. Cylanowich has gone to professional camps in the past. "I love being part of a team that is able to continuously win matches," Cylanowich said. PHOTO BY MARTY BASS

UNRIVALED RIVALS

"He'll be around for a long time," a prescient Palmer said after Jack grabbed major No. 1.







BEST SWING ON TOUR

AND 7 MORE BESTS

It's easy to make some seat-of-the-pants calls on who's the best on the PGA Tour in various categories, such as Jordan Spieth as the best clutch putter or Phil Mickelson as the short-game wizard. But what do the statistics actually say? We commissioned Dean Knuth, who developed the USGA's Course Rating and Slope systems, to calculate combinations of tour stats during the last two seasons. Take putting, for example: Knuth created a four-stat formula and went back to the beginning of 2014. In the end, we wanted to be able to definitively say who ranks as the game's greatest in eight skill areas. ▸ Some of the results won't surprise you, but others are less obvious. Jason Day might hit parabolic bombs off the tee, but he's the best at recovering from trouble, as evidenced by some clutch iron shots from the rough and bunker up-and-downs during recent wins. So then, who *is* the best driver? Best bunker player? Best finisher? Read on, and check out their tips. Last thing: We polled 50 PGA Tour players on the same categories. It's interesting to see what the pros think versus what the stats say. —WITH MATTHEW RUDY

WINNER ADAM SCOTT

▸ There might be no finer experience at a PGA Tour event than to park yourself behind Adam Scott at the practice tee and watch him make one syrupy swing after another. So it's hard to believe when Scott says he has bad swing days. The possessor of the tour's finest action, as measured by a variety of precision and distance metrics, struggles when his famously smooth swing gets quick at the transition from backswing to downswing. Scott's fix? Visualizing somebody else's swing. "When you really have to slow down, that can be hard to do out on the course," Scott says. "I think of the slowest rhythm I can when I'm out of sequence—[LPGA player] Inbee Park's backswing. Keep thinking about that, and you can start to get control over your rhythm again."

PLAYER PICKS

1 Adam Scott 2 Louis Oosthuizen 3 Justin Rose



BY BERNIE NAJAR WITH MATTHEW RUDY

GET YOURSELF A PUTT FOR PAR

1 DEEP-GRASS PITCH

Thick-rough lies often lead to one of two bad swings: (1) a wild chop at the ball or (2) a half-hearted effort that gets the clubhead tangled.

2 SUPER-TIGHT LIE

When the grass is mowed really short around the green, a lot of players reach for the putter. But you can hit pitches from firm lies if you follow one cardinal rule: Don't

3 LONG BUNKER SHOT

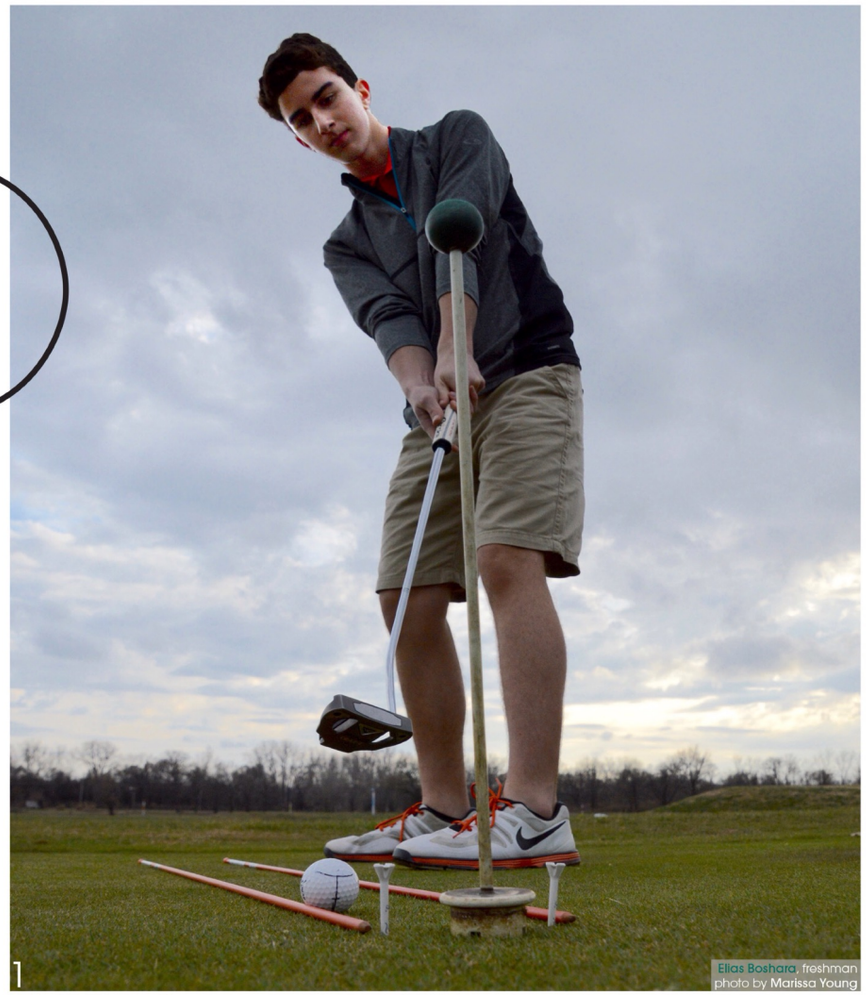
A 25- or 30-yard bunker shot gives most amateurs fits because the standard explosion with a 56-degree wedge goes only 10 or 15 yards. In-

3 BRUTAL SHOT-GAME SHOTS

Photographs by Dom Furore

for more see page 336
boys' golf

getting in the *swing* of things



1 **With his ball only 4 feet from the hole,** Eli Bosharo, freshman, uses his alignment sticks to make his practice putt more accurate.

Eli was only a few days away from the beginning of the team's season and said he knew how important his short game would be.

"The short putts matter the most," Eli said. "They slowly add up and the pressure gets higher as the round goes on, but golf is pretty (laid back) so it's still not as stressful (as other sports)."

Elias Boshara, freshman
photo by Marissa Young

2 **Using his alignment sticks to line up his 4-foot putt in practice,** Carson Postal, sophomore, takes another practice swing, preparing himself for his fourteenth practice putt.

Carson was the top player on the boys' varsity golf team, and he said a large part of that was his putting game. Carson focused on putting for about 20 minutes every practice. He started with 3-foot putts and gradually lengthened them to 40 feet. Carson said putting was the most stressful part of the game.

"(Putting) can boost your confidence or bring it down," Carson said. "(I use alignment sticks because) they help me have a consistent stroke. Putts add up and if you aren't playing well, you can have up to 38 putts in 80 strokes , so it's important to be consistent."



Carson Postal, sophomore
photo by Marissa Young

3 **After he feels the club head make contact,** Keith Schaezler, freshman, lifts his head to watch his shot sail through the air.

Keith was ranked second on the JV team, holding his spot over two sophomores, but Keith said none of that mattered.

"We don't judge ourselves based on our seeds," Keith said about the golf ranking system pairing opponents. "We know we are all about the same level (of skill). The seeds are based on our scores (in tryouts), not our current skill level, so we don't pay too much attention to that."



Keith Schaezler smith, freshman
photo by Marissa Young

story by Cort Roseman
design by Colleen Lee



photos by Rachel Hartman

what's in the bag?

Driver:
$300
Irons set:
$500
Putter:
$100



"(Different) clubs offer a variety of shots. Certain clubs give off different lofts, distances and spins."

- Drew Huertas, senior



Drew Huertas, senior
photo by Marissa Young



Jake Siegel, senior
photo by Rachel Hartman



Hunter Bickel, freshman
photo by Rachel Hartman



Joey Avery, freshman
photo by Marissa Young



Carson Postal, sophomore
photo by Rachel Hartman



James Anderson, sophomore
photo by Marissa Young



Brennan Davidson, freshman
photo by Rachel Hartman

MSHSAA Class 2 Girls' Golf State Championship

player	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	total
day 1 sophia	4	4	2	4	5	3	4	3	7	4	5	4	5	4	3	5	3	5	75
day 2	4	5	4	3	5	3	6	4	3	6	4	5	5	3	3	4	3	5	75
day 1 izzy	6	3	5	4	7	3	5	4	4	5	5	4	6	4	3	4	4	6	82
day 2	6	3	4	4	6	2	5	4	6	5	4	6	5	4	4	5	4	6	83



photo by John Kilian

WEDGE of glory

After traveling three hours the night prior to Springfield, MO, **Sophia Roth** and **Izzy Marten** woke up ready for their last tournament of the year Oct. 12-13. While the entire golf team qualified for state the past two years, these two were in the fight with only each other and **coach Shawn Owens**.

"(Coach) Owens had more time to focus on us two individually which benefitted us throughout the entire tournament," Izzy said. "He kept up a steady stream of advice and guidance which took some of the pressure off."

Sunny and 54 degrees, these two golfers took to the course competing for the Class 2 State Championship. Nerves fluttering, Izzy, junior, and Sophia, senior, said they approached the first tee with mixed feelings of apprehension and excitement. After the first day, golfers were split up depending on how well they performed that day. Sophia was placed in the top 10 for day two.

"Obviously I wanted Izzy to do well," Sophia said, "but it took some of the stress off knowing my score and performance only affected me and not the rest of my team. We were all competing but it was different the second day. I was grouped with the best players in the state which was intimidating because you knew they were out there to beat you."

Sophia finished 4th after shooting 75 both days; a mere five shots from the first place crown. Izzy placed 23rd after shooting 82 day one and 83 day two.

"It was relieving to be done but also sad," Sophia said. "It was amazing to know that something could mean so much to me that it would be hard to leave. Not everyone has that special something."

MAKE IT A THING
READER ENGAGEMENT

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detailsyearbook There are two tip-ins in the 2016 Details yearbook. You can still buy $2 tickets for the signing party. Seniors are free after the rally, everyone else at 2:40. Post by @madilynsindelar

Made with **Boomerang**

MAY 20

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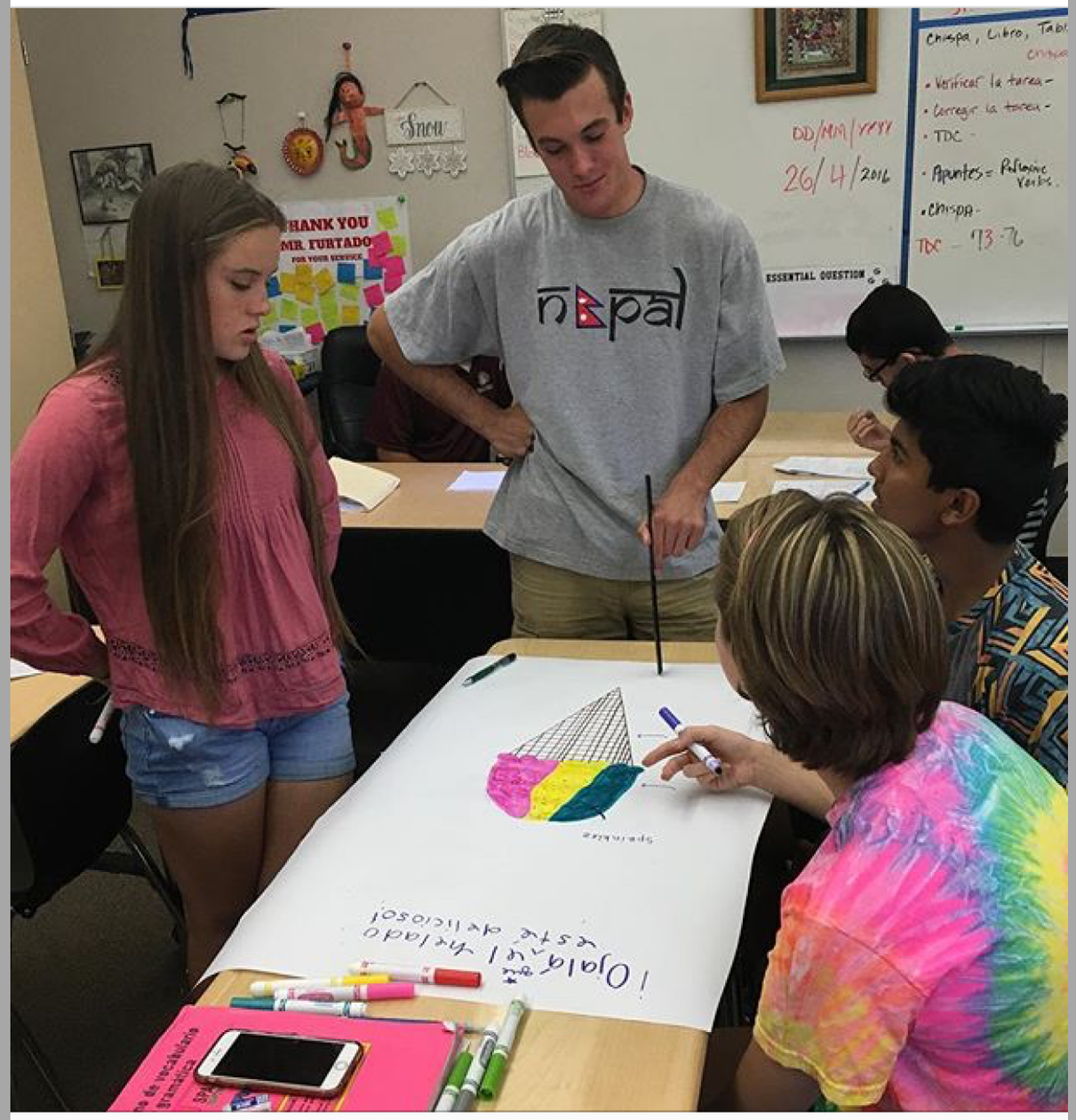
Photo

detailsyearbook



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detailsyearbook In Mr. Mark Snow's 1st period Spanish II class, students draw pictures to represent the three parts of the subjunctive in preparation for their final. Photo by @madilynsindelar

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aaron.snell @dannyliu22 wow Danny...

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detailsyearbook Samantha Garabedian and Isabella Barrientos pose at their 1950's booth for their Decades project in Ms. Nicole Ferguson's U.S history class. Photo by @morgan_hawk80

MAY 27

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detailsyearbook New principal Mr. Justin Cutts accepts spirit wear and a yearbook upon initiation by RUSD at the district board meeting. #RUSDproud Photo by Morgan Hawkins, post by Sierra Young

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APRIL 20

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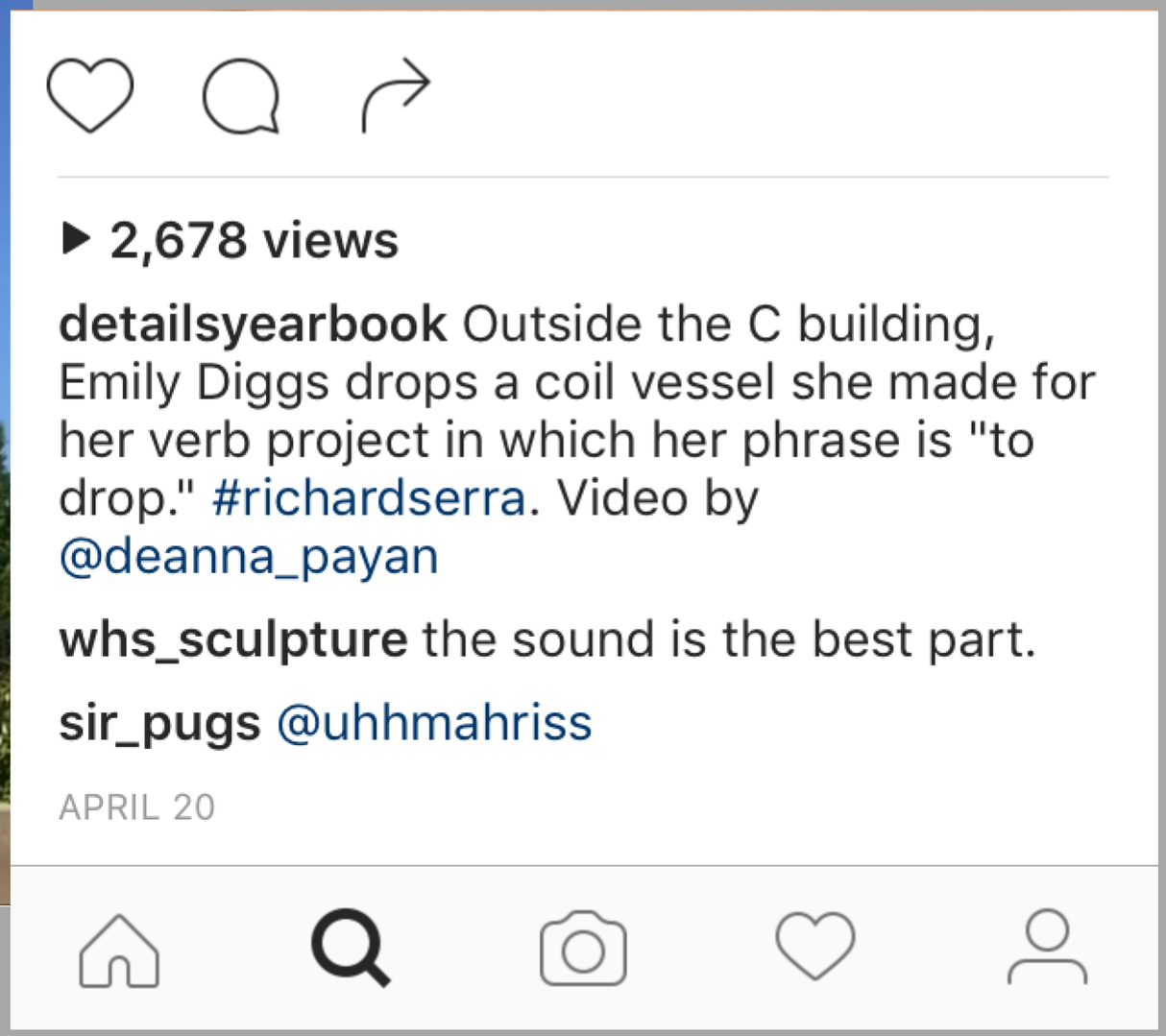

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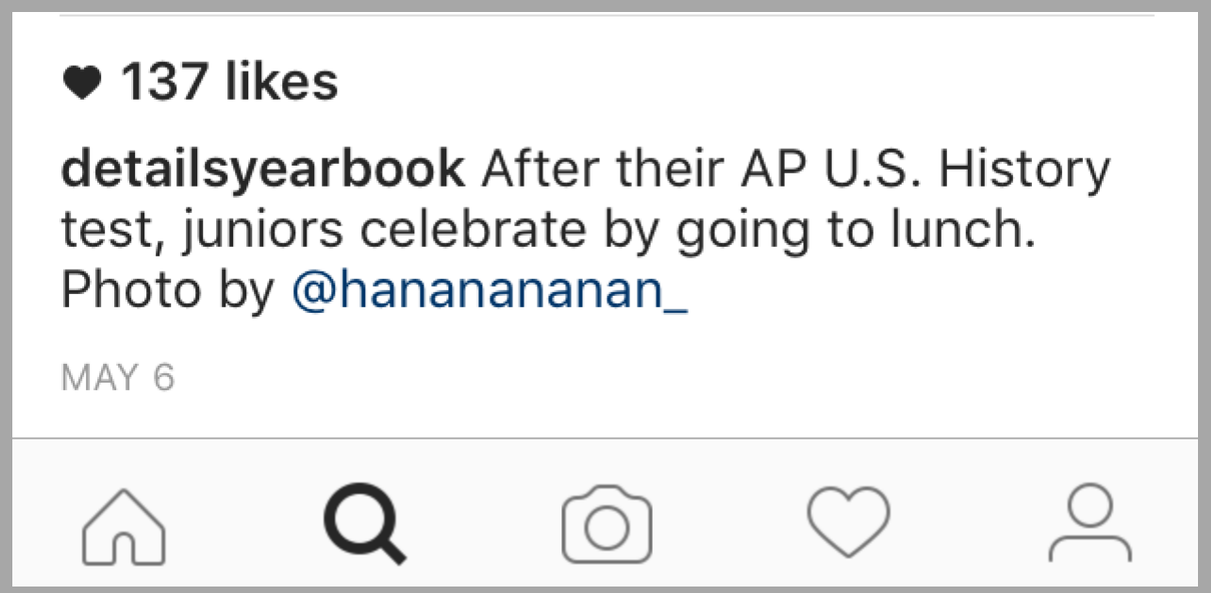


MAKE IT A THING
PHOTOGRAPHY

PURPOSEFUL PHOTO SELECTION

ONE IN THE [SAME]

Pole vaulter, senior Megan Godsey, discusses the disproportionate number of girls vs boys on outdoor team

On the outdoor track and field team, boys largely outnumbered girls. This may have been seen as something that could cause problems, however, senior Megan Godsey disagreed. "It doesn't affect the team at all. It's just very disproportionate, so it kinda intimidates us," Godsey said.

They may have felt intimidated, but that did not seem to have an effect on performance. "[If there were more girls on the team, then] I don't really think it would change the team's performance. I think it would help a lot scoring wise, but other than that, I don't really think it would change much," Godsey said.

Each athlete on the team was supportive of one another. Coach Jim Triemplar agreed. "I think we look out for each other. When kids are competing, the rest of the team is cheering for them or helping them in whatever way they can," Triemplar said.

Because of their sense of teamwork, Godsey did not feel that she would be more competitive if there were more girls on the team. "It would be more of a goal to get higher or get better than not necessarily the other person, but competing-wise," Godsey said.

THE FAST TRACK

Senior Darius Lacy and freshman Hasaan Oliver had different opinions on their favorite, least favorite events

FRESHMAN HASAAN OLIVER

"My least favorite event is probably the two mile; my favorite event is probably the 100 meter because I like to sprint."

SENIOR DARIUS LACY

"This year, my favorite event would be the 4x400 [relay] because it's me and 300 people, so the pressure isn't all on me. My least favorite would be the 55 because it's so short, and I don't have that explosiveness to run."



[3]

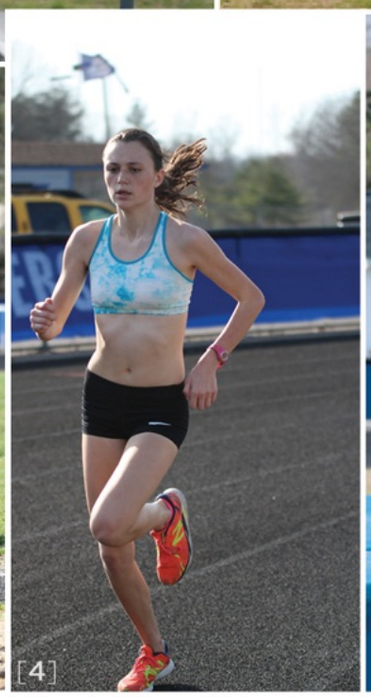


[1]

1. Jumping for Joy Beginning to run, pole vaulter, senior Megan Godsey, prepares to jump at practice in early March. "I decided to join track to get fit and thought I would try something new as a sport," Godsey said. The team's first meet was held on Saturday, Mar. 26 against Clover Hill. 2. Headed for Higher Places Practicing his high jumps, high jumper, junior Grant Gregory glides over the bar. "[I decided to join track because] I needed to get in shape, and my friends wanted me to," Gregory said. Gregory also took part in varsity indoor track in the winter and marching band in the fall. 3. Flying High Taking off, pole vaulter, sophomore Will Chapman, begins to launch over the bar. "I'm very competitive, and you have do a lot of training for pole vault. I just enjoy the training a lot," Chapman said. Chapman had only participated in track for one year. 4. Triple Jumping Triple jumper, sophomore Buddy Northington gets ready to jump at a practice in early March. "[My favorite thing about track is that] it's an individual sport, so you really focus on yourself instead of working on your team," Northington said. Northington participated in track for five years, competing for two years as a triple jumper. 5. Need for Speed Putting in her all, distance runner, junior Laney Owen practices her distance running. "I like seeing myself improve, and I really like the meets." Owen said. Owen was one of the top seven in cross country. Photos: Hannah Craft



[5]



[4]



[2]

BY THE NUMBERS

What is your favorite run and why?

1600 METER, FRESHMAN JACOB BARDEN

"My favorite run is the 1600 meter, or the mile, because I'm good at it."

PLAYER PROFILES

Three runners share their outdoor track & field experiences

400 METER, JUNIOR ALICIA LEROY

Years running: **4**

Hours spent practicing per week: **10**

"I run mid distance which is like 400. I'm not as good at 200 because it's more of a faster pace and a faster start-off time. I don't have the best endurance to do long distance."

HIGH JUMPER, SOPHOMORE NICK O'KEEFFE

Years running: **5**

Hours spent practicing per week: **10**

"My good areas are definitely jumping because those are my main events, and my bad areas are probably long distance and hurdles."

SPRINTER, SOPHOMORE CAMERON FOREMAN

Years running: **7-8**

Hours spent practicing per week: **10**

"[I don't think I'll ever stop track] so I can beat records, my own records, school records, and be a better person overall."

DESIGN BY JULIA BLEND
CONTENT BY AYDAN DRAKE EMILY BUTLER

PURPOSEFUL PHOTO SELECTION



photo by Brayden Clark, design by Jesse Olguin

PURPOSEFUL PHOTO SELECTION

From newspaper to magazine, tjTODAY and the broadcast team promote the new format.

BY CECE BROWER

THE TJTODAY OF TOMORROW

1. **MODERNIZED** look to layout and design elements
2. More student voices, focus and **REPRESENTATION** in our coverage
3. More focus on tjtoday.org for **DAILY EVENTS** and happenings
4. In-depth features that cover the **HARD-HITTING ISSUES** in our community
5. New ways to **INTEGRATE** print, online, social media and broadcast journalism





1. EAGER TO SHOW OFF THE NEW FORMAT, sophomore Katherine Du hands out the first copies of tjTODAY as a newsmagazine. At the time, Du is was a staff team leader. "I think the idea to switch to a magazine was very creative because it focuses on stories that are unique to the TJ community such as covering individual students in addition to news," Du said. Photo by A. Zhao. **2.CHECKING IN WITH HER TEAM MEMBERS,** junior Sharon Kim takes a look at a voiceover with freshman Lynn Nguyen and sophomore Alexa Nguonly. Nguonly was one of the Broadcast executive producers for tjTODAY. "Doing convergent pieces is good because while the magazine shows the story through words, you can show it in another way and get more personal with the people affected by topic," Nguonly said. Photo by E. Harris



TAKE A STAND

For her Gold Award project, senior Anjali Khanna takes a stand against sexual assault through education. BY CECE BROWER Photo by W. Ryu

WHY ARE YOU INTERESTED IN YOUR CAUSE AND WHY NOW?

"It all started after that UVA article was published. I was stunned that something so horrible could happen to someone, and no one would do anything about it. I finally found [a cause to be part of] with sexual assault. **I HAD NUMEROUS PEOPLE COME UP TO ME, AND THEY WERE LIKE 'I WAS ASSAULTED'** either at TJ or it had been adults and they were like 'I was assaulted in college.' It was so commonplace. I felt like it was something that I needed to continue, because **I WAS DOING IT FOR THESE PEOPLE."**

"A PROJECT LIKE THIS NEEDS TO BE CONTINUED BECAUSE IT'S NOT GOING TO BE SMOOTH SAILING IF YOU WANT TO INITIATE SOCIAL CHANGE."

WHAT ARE THE GOALS OF THE STAND AGAINST SILENCE MOVEMENT?

"My goal is to **CREATE A CONSENT EDUCATION PROGRAM** that no one has ever seen before in the sense that **KIDS WANT TO LEARN** about it. The programs that we have in place are kind of watered down. They seem boring, and not relatable for high school students, and that's something I want to change."

IS THERE ANYTHING ELSE YOU THINK SOMEONE SHOULD KNOW?

"I'm working with the FLE coordinator Liz Payne to develop curricula for the next school year. What they're doing is **DEVELOPING THIS CONSENT EDUCATION CURRICULUM** to take place during FLE for **ALL HIGH SCHOOL STUDENTS**. I'm helping to tell the coordinators what I think will resonate well with high school students. I'm hoping that that works out, but right now they're going to the board of supervisors to offer a proposal for the next school year."

WHAT IF YOU CHALLENGE?



I typically procrastinate until the last second. That changes when it's something I'm interested in, then I **RISE TO THE CHALLENGE** and take it head on.
JEFFREY XIA, 12

I love being challenged because it reminds me of how little I know, which means there is a lot of **ROOM FOR GROWTH** and that is what I love.
VIRGINIA SUN, 12

I take a couple minutes, identify my challenge, and **BREAK IT DOWN** into smaller pieces so it looks more achievable.
MEGHANA BOOJALA, 10

I try to ignore any feelings of fear and just **POWER THROUGH IT** and try my best without thinking about how unlikely my chances are because once you start thinking like that you're done.
CHERYL MENSAH, 12

With the new SAT, some students welcome the changes, while others prefer the original format.

BY CECE BROWER

ARE YOU SATISFIED



"[The new SAT] is much easier. The vocab is a lot more **CHILD FRIENDLY**. I like [the optional essay] but at the same time, if you don't take it, it looks bad." **ANDREW YODER, 11** Photo by D. Dhanekar





"The new SAT is **CONFUSING** the way I see it. No one understands it, and it's really frustrating that we have to be the transition year." **EMMA CUDDY, 11** Photo by C. Brower



"There's more material out there that I can study for [the old SAT], whereas the new SAT is **UNKNOWN TERRITORY**." **NAMITA DONGRE, 12** Photo by D. Dhanekar

PURPOSEFUL PHOTO SELECTION

BY AUDREY HUANG

THE REAL DEAL

From vertical farming to inhabiting Mars, senior Future Problem Solving members Jay Warrior, Julian Vallyeason, Isaac Iyengar, and Saroj Chintakrindi discuss potential future world problems and solutions.



RAISING THEIR HANDS TO ANSWER QUESTIONS, the members of Future Problem Solver's Club discuss the methods for doing Fuzzies, a name for the futuristic problem scenarios. Due to the increasing size of the club, they changed locations to the chemistry commons. "Brainstorming solutions for FPS requires out-of-the-box thinking and every ounce of creativity and imagination we can muster," junior Jessica Wang said. Photo by A. Huang

CHINTAKRINDI: Well the first issue I can think of right now is population growth. Would you agree?



VALLYEASON: Yeah, It's always an issue in all the fuzzies you read, either huge megacities or transportation, or whatever the issue is.

WARRIOR: Even right now you can see overpopulation becoming a rising issue in several areas.

CHINTAKRINDI: So what are some possible solutions?

VALLYEASON: In Dan Brown's book *The Inferno*, he limits the ability of certain humans who are given a drug, so only a third of the population is reproducing. It doesn't kill people off, but it prevents the population from increasing. That's similar to China's one child policy.

IYENGAR: There is the issue of ethics, restricting how many children people can have, it will lead to an issue of crime almost.

VALLYEASON: Because we are trying to find the least invasive thing, we could expand the available land, so that includes using oceans and using air space.



WARRIOR: Aquaponics as well, so you can get rid of farming taking up a lot of horizontal space and just go vertical.

CHINTAKRINDI: Guys, what happens when you fit more people into one space? Disease, crime; this solves one problem but it creates many more.



IYENGAR: Another way we could probably solve this is more space exploration.

WARRIOR: We could prevent disease in high population areas perhaps by implementing new technologies that could stop the spread of airborne disease.

CHINTAKRINDI: So what is the final action plan?

IYENGAR: The action plan usually focuses on how we're going to implement it in society. Say we had the idea of colonizing the moon, the action plan would need to determine who gets to go to these bases. Is it a lottery system? Is it pay to live on it?



VALLYEASON: We're not really solving the problem of overpopulation, we are just delaying its effects. The thing is, we only have to delay it, until like we said... Mars, or the Moon. So if we can survive until then, then we'll be set.

WHAT IF YOU CHALLENGE?



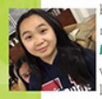
I like to take a deep breath and **REASSESS** the situation; one minute makes all the difference, and I'm ready to **TACKLE** whatever challenge is coming my way.
RICHA GUPTA, 11



I give it my **BEST SHOT** and live with the results.
MATT HUO, 12



When pushed, I push back **HARDER.**
MICHAEL TANG, 12



I find that my tasks become much more **MANAGEABLE** when I make lists or plan ahead. That way, I can decide how much effort I need to put into my tasks.
ANNE NGUYEN, 9



I figure out what needs to be done to overcome the challenge. Then, I either do those things in **SMALL STEPS** over time or finish other work early so that I have time to tackle the challenge all at once.
SHERRY XIE, 10



PROBLEM: FEELING DOWN
SOLUTION: "Our first move on court would be to **SHAKE IT OFF,** imagine the score was reset to 0-0, and give our teammates a hug and the greatest cheer." **SHIVANI MULLAPUDI, 10**



PROBLEM: COMMUNICATION
SOLUTION: "As the season goes on, we're more **COMFORTABLE** with each other and therefore communicate more."
SIMRA ALI, 10

BY THEA WANG

PROBLEM, SET SPIKE

As they run play through multiple games, JV volleyball team members discuss problems and solutions on the court.
Photos by A. Zhao

BY AUDREY HUANG

NO SLOUNGE, YES PROBLEM

With no slounge at the beginning of this year, seniors try to find an alternative.



"Slounge was something that I **LOOKED FORWARD TO** since my first tour of TJ. Taking it away means taking away **TRADITION;** slounge is **SYMBOLIC** of the unique and creative environment TJ promotes to **EMBRACE FREEDOM** for students. **GEETIKA MAHAJAN, 12**



"[Possible locations for slounge include] the new **SENIOR LINE** for lunch. That's really nice, senior only for the first ten minutes, And we kind of use a **COMMON SPACE** as one, the one outside the DNA commons." **ANDREW HUANG, 12**

PURPOSEFUL PHOTO SELECTION

block buster hit

Senior Nicole Paulson shares how her love of film developed through the film class by Ryan Cortez

She sits on the edge of her seat, her body tensed from the suspense, watching the classic horror movie ***Rosemary's Baby***. What is going to happen next? How will it end?

"Oh my god, this movie is so intriguing. It's one of my favorite movies because it has all the aspects of a horror movie but isn't too gruesome and bloody. I just love it so much," senior Nicole Paulson said.

She has always had a love for movies and films, whether it be documentaries, short films, etcetera. But the one genre she has always found fascinating are thrillers or any old horror movies. They brought her feelings of excitement, sadness, happiness and fear all at once.

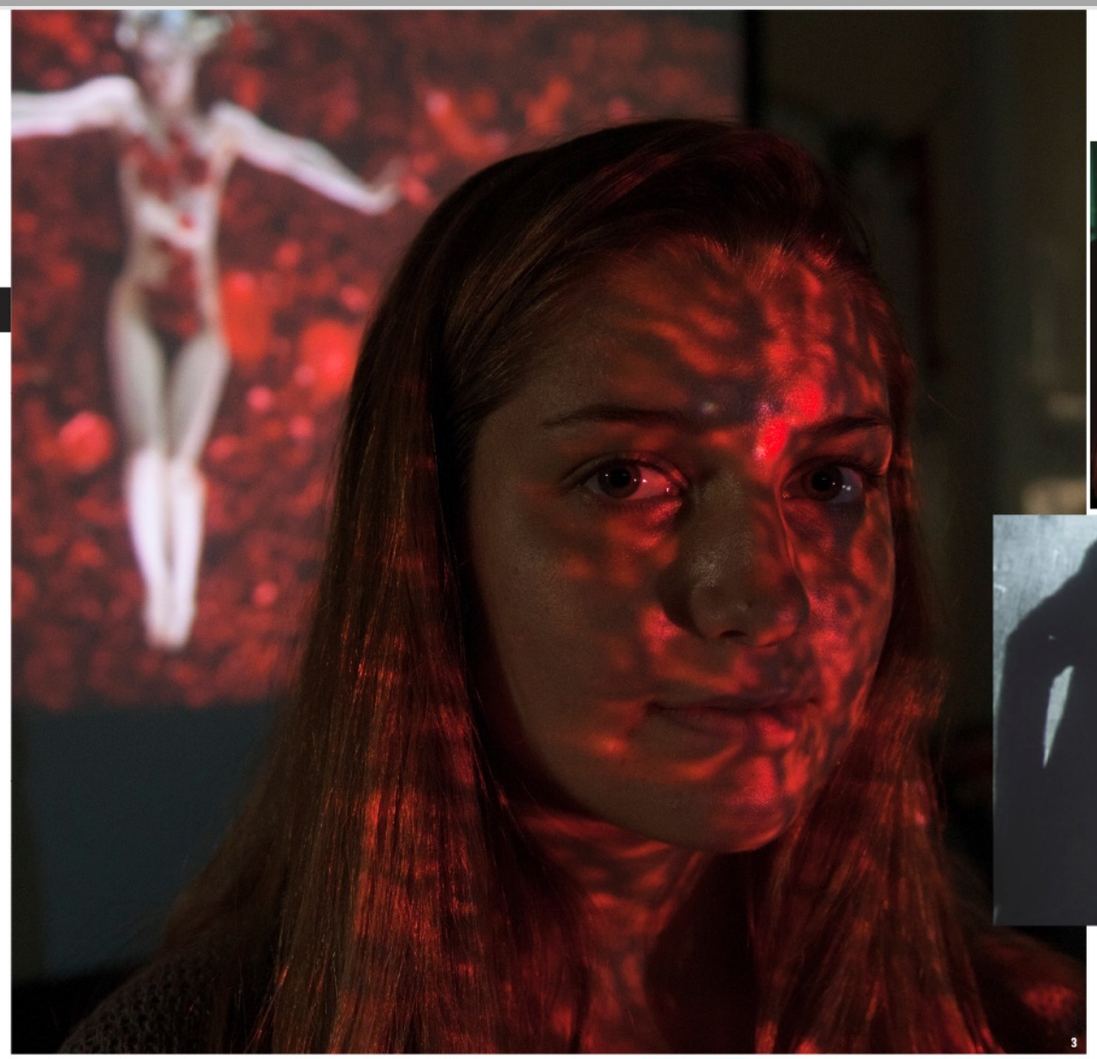
"I love being able to shut out all the problems I'm struggling with, along with the reality of this world and just watch something completely different every time that I could learn a thing or two from," Paulson said.

She emphasizes on how the director, Stanley Kubrick, has really been a role model for her. She values all the lessons and morals that his films display, the fact that so many of his movies focus on character traits, and that all his concepts and ideas are little bit odd.

"[Movies] give me an insight to all the people I will eventually meet in my lifetime," Paulson said.

She does not think her passion for movies and film will ever fade.

"There isn't just one movie that has influenced me and changed the way I am; the way I think–it's a collection of all the ones I have seen, because they have each taught me something different that I will be able take away and carry with me for the rest of my life," Paulson said.



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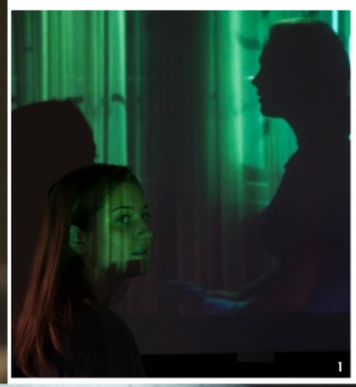


1

1. Senior Nicole Paulson *faces her personal favorite movie* Rosemary's Baby. *"Rosemary's Baby is a horror film about a married couple. The wife gets mysteriously pregnant and becomes paranoid about her new neighbors being devil worshippers," Paulson said. "Rosemary's Baby is my favorite horror movie because it instills fear and suspense for the audience while creating an interesting plot that is not a gory slasher film."*

2. Senior Nicole Paulson *stands in front of he movie,* Nosferatu. *"Film critique class has taught me how each different style of filming relates to the overall theme of the movie," Paulson said. "Ms. Molina teaches the film critique class really well, so when I watch different films, I can understand what each part of the movie means."*



2

that's a wrap

Film critique class students, seniors Andrew Morales and Raquel Tahvildari, describe their favorite genre of film and why they love it the most compiled by Jocelyn Lee



"Structuralism is my favorite. Structuralism is the film's language embedded in the shots of the movie combined with director's technique. Every shot requires a purpose and an investment. I can feel how it pays off."

Andrew Morales, 12



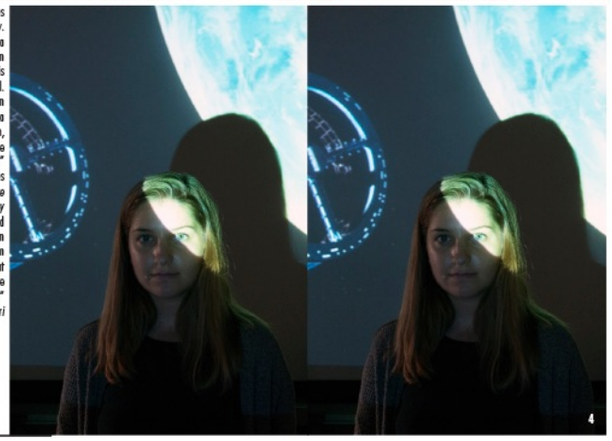
"One of my favorite genres is noir. From harsh lighting to the flawed protagonist to the femme fatale, noir films hold a special place in my heart. I often wish my life was a noir movie, but for now I live through them on the screen."

Raquel Tahvildari, 12

3. Senior Nicole Paulson *poses in front of the film* American Beauty. *"American Beauty is kind of like a dark comedy about a depressed man who falls in love with one of his daughter's friends," Paulson said. "It's an all-time favorite and Kevin Spacey does a great job creating a character with a twisted obsession, which helps set the dark tone of the whole movie."*

4. Senior Nicole Paulson *poses in front of the film,* 2001: A Space Odyssey. *"2001: A Space Odyssey is about a group of astronauts and their journey to space," Paulson said. "I really enjoyed the film because it does a really good job at showing the contrast between the future and the past."*

Photos by Raquel Tahvildari



4

behind the scenes

Senior Daniel Kelly shares his tips for formulating a good film critique

compiled by Jocelyn Lee

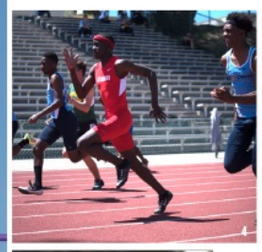
1. When watching a movie, Kelly says to "look at the style of the directors, the actors, the shots of the film, and the structure it's based on."
2. After that, Kelly says "there are different types of film based on genres that are broken into categories, and you kind of have to look at it though a scope that's relevant to that category."
3. "Look at a track record of a director or producer because it's like an author of a book, it tells you their style and other different things like how their message can be portrayed," he said.
4. "The most important part is not being biased in your opinions," he said.

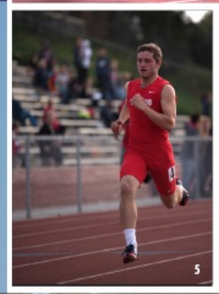
PURPOSEFUL PHOTO SELECTION













such great heights

Junior Tate Curran describes growing up in a family that has pole vaulted throughout generations

by Katherine Heuback

As he looks down the runway, junior Tate Curran takes a deep breath and thinks of his relatives before him who have done the same thing. He begins to run, and as he picks up speed and prepares to plant the pole into the ground, he only has one goal in mind: making it over the bar to break the record.

"I was 10 years old when I first tried pole vaulting. I remember my dad took me to UCLA, where he is the pole vaulting coach, and I got to watch him run his practice with all of his collegiate vaulters," Curran said.

Since then, Curran's extensive training has brought him a long way.

"I started competitively pole vaulting my freshman year of high school. My training consists mostly of pole vaulting, pulls-ups, and short sprints," Curran said.

Curran has been inspired by many of his relatives who pole vault. His older sister, Sara, is currently competing and pole vaulting at San Diego State University; his dad is a four-time All-American at UCLA; his uncle, Tom, pole vaulted and still holds the school record at University of Hawaii; his uncle, Tim, was the world record holder for jumping 15 feet at 15 years old; and his grandpa used to pole vault with bamboo sticks. Despite all this, Curran does not feel pressured by his family. Instead, he feels motivated and encouraged to pursue the sport.

"Being born into a family like this is somewhat intimidating at first, but now that I am older, having a family with such amazing accolades gets me more fired up and excited for what's next. I'm constantly trying to top all the different records set by my family," Curran said.

Just like his family members before him, Curran hopes to continue to pole vault in college and continue his family's legacy.

"I plan to compete for UCLA. I can't think of a better place to be than at the college of my dreams with my dad as my coach," Curran said.

1-3. Junior Tate Curran participates in the pole vaulting event at the Redondo Nike Invitational.
5. Sophomore Nick Prohaska runs the 200 at a tri meet versus Costa.
6. Senior Sean Suddoth leaps over a hurdle during the Mustang Relays at Mira Costa High School.
Photos 1, 2, and 3 by Michael Yoon

barely just passed

Boys' track members explain passing the baton step by step for both short distance and long distance relays compiled by Natalie Hardiman





short distance

1. The runner with the baton comes in fast, and once they are about fifteen feet away, the receiver takes off.
2. The baton is passed within a designating passing zone; the baton must be passed within this marked zone.
3. Once the baton is passed, the receiver continues as fast as they can.

long distance

1. Stand facing the inside of the track, and look at the person from whom you're receiving the baton.
2. Once that person is close enough, turn away and run three steps.
3. Look back at the person and hold your left hand out with your thumb pointing upwards.
4. Grab the baton, turn and go.

snack n' track

Seniors Nick J Elias and Harrison Fox both get Subway sandwiches before track meets

compiled by Warren Lopez and Natalie Hardiman





Nick J Elias

"Before meets I get a footlong Italian herbs and cheese tuna sub with swiss, spinach, olives, pickles, jalapeños, tomatoes, mayonnaise and honey mustard."



Harrison Fox

"I have a footlong tuna sub from subway on wheat bread with lettuce, spinach, tomato, provolone cheese, onions, mayonnaise, and salt and pepper."

PURPOSEFUL PHOTO SELECTION







gerika macalino

GENDER ORIENTATION: Gender Neutral
ADVICE : I'm the type of person who believes that people should be able to express themselves freely, especially when it comes to how they dress. The thing that is really restricting people from cross-dressing is the label put on clothes. So for the people who are afraid to cross-dress, just remember that society puts labels on clothes, and who cares what society thinks anyway? NOT YOU. If you feel more than glamorous cross-dressing, then DO IT. In the end, those people who judge you will not be the ones to ensure your happiness; you are! So do you! Make yourself happy! You have to live life to the fullest, and you can't do that if you aren't wearing what you want!

kate ripley

SEXUALITY: Bisexual
ADVICE: I'd be lying if I said coming out wasn't scary at all; it definitely was. I was terrified of people's opinions, but that doesn't worry me now. Even though I was nervous about telling people about my sexuality, identifying as bisexual has definitely been one of my best decisions. Being true to myself feels great, and I'm glad I can say I'm not hiding who I am. Some people find it difficult to understand and accept, but in general, they are kind about it. It gets a lot easier, and I think the struggle is definitely worth it! 10/10 would recommend coming out.

LGBTQ

Students share advice on coming out and what to do if you're questioning your sexuality. They stress the importance of being happy with who you and not to stress too much over labels

carmen hamm

SEXUALITY: Lesbian
ADVICE: If you're questioning, don't be too concerned with finding a label. Sometimes, they can be nice and help other people understand, but at the end of the day, your comfort is what matters most. Being comfortable with who you are is more important than whether or not everyone in the world understands you. It can be hard when people who are close to you don't understand or aren't comfortable, but you'll find people who are and that's the best feeling.

kenui moliterno

SEXUALITY: Gay
ADVICE: No one should be afraid to de who they are. Before I moved here from Brazil, I was always told to act differently or else people would judge me. I used to live in fear because of how negatively society would respond to my sexuality. After moving to the United States, I realized that I was the only one standing in the way of my happiness. Today, I am not ashamed of being who I am because this is my life and not anyone else's. My happiness does not depend on how others view me but how I view myself.





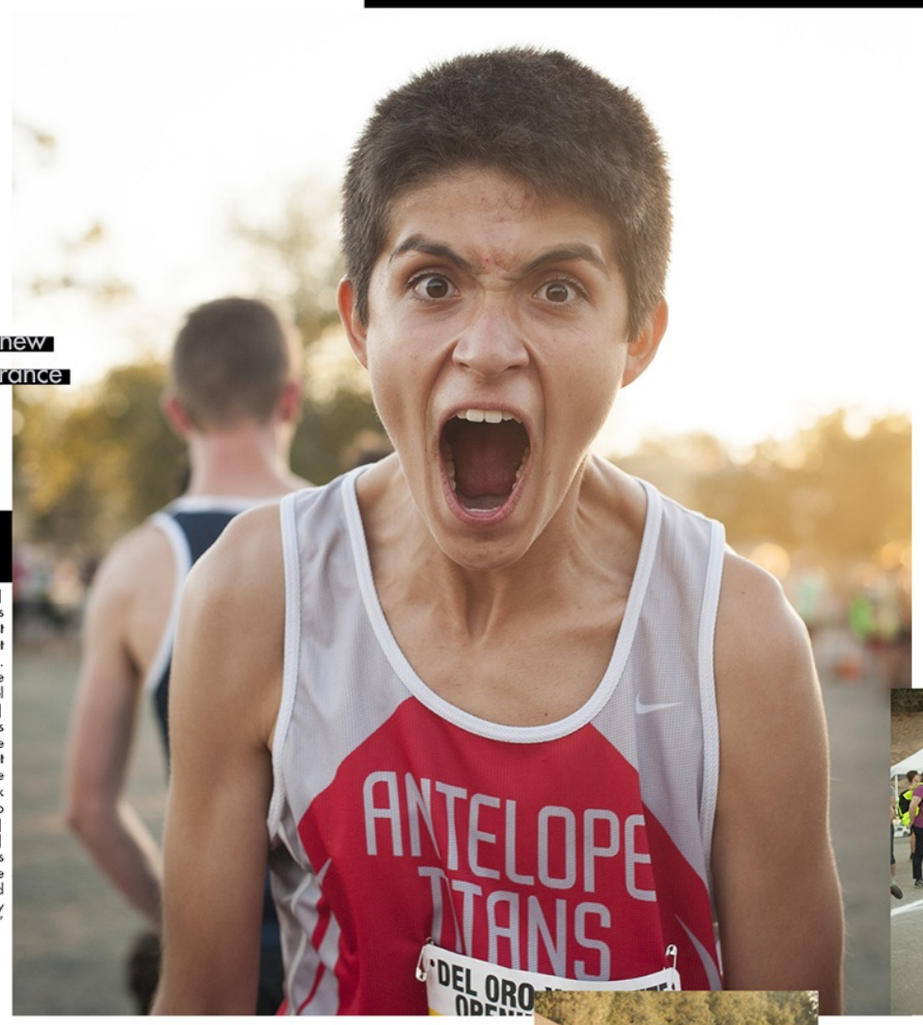
1. Senior Gerika Macalino, who is gender neutral, poses with the LGBTQ flag.
2. Freshman Kate Ripley poses with the bisexual flag painted on her cheek and holds up an LGBTQ flag.
3. Senior Kenui Moliterno poses with a California state flag that has the LGBTQ colors on it wrapped around him.
4. Seniors Carmen Hamm and Kenui Moliterno smile at each other while holding up a California flag supporting the LGBTQ community. "It took me awhile to be comfortable telling others my sexuality, but now, I wouldn't have it any other way," she said.
5. Students put their hands together with the flags that represent their sexualities painted on them to support accepting people for who they are.
photo by Raquel Tahvildari

PURPOSEFUL PHOTO SELECTION

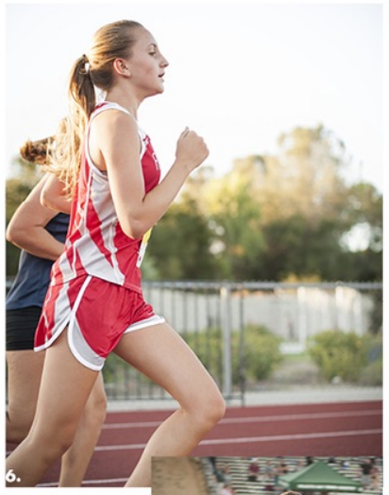
RUN WITH PRIDE

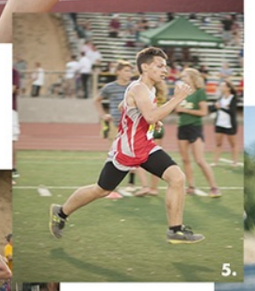
Cross Country conquers new challenges through endurance and teamwork

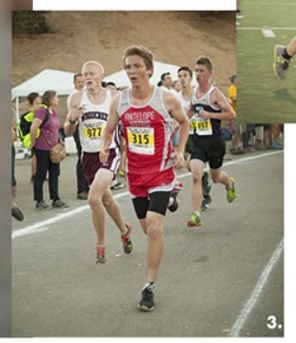
PHOTOS BY **ALISON LAWSON**

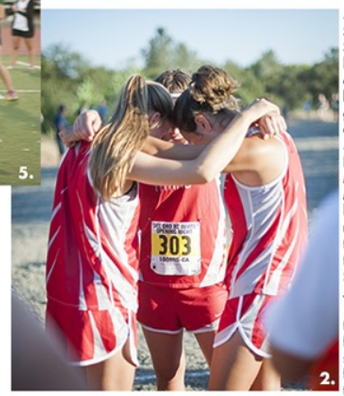


1. **GET PUMPED |** Del Oro High School| Junior Jonathan Chavez| Sept. 2 |Chavez gets excited and ready for the meet. | "We were just running and working hard, I was trying to get pumped up trying to get my adrenaline going. And I was just trying to maybe intimidate the other schools." || 2. **TIPS AND TRICKS|** Del Oro High School | Sophomore Paige Husary| Sept. 16 | Husary and her two teammates stand together before the run to talk about the upcoming race. | "This is before our first meet and me and my teammates were having a little prayer circle where we tell each other good luck during the meet and give each other heads up and tips on what to do while we're running." || 3. **PACK LEADER |** Del Oro High School | Junior Morgan Walser| Sept. 2 | Walser runs to keep the position he has at the front of the pack. | "This is halfway through the race and I'm just trying to keep my position trying to stay up near the front of the pack to finish strong."









Junior Morgan Walser finds his place and makes it to Sectionals in Cross Country

For most students, sports is an expression of passion, but for Junior Morgan Walser it was an opportunity to push himself and get closer to others.

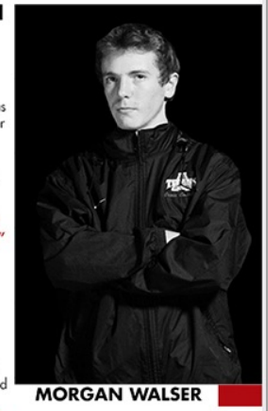
Starting out in Cross Country, Walser faced many social challenges with his other teammates. At the start of the season the team did not get along or talk much.

"Team bonding became a big part of our practices and made us a real team," said Walser.

As the season continued, Walser built relationships with his other teammates, and he started to have more fun going to practice. The season was coming to an end and Walser unexpectedly made it to the Sectionals.

Being surrounded by the other school's best runners, this motivated Walser to run his hardest. Through every challenge he faced, his family stood by his side and supported him.

"Before I would leave for every meet, my dad would tell me 'good luck, run fast, run hard,' and my mom was cheering for me every time she saw me," Walser said.



MORGAN WALSER

WORDS BY **MAX BRATAN**
PHOTO BY **KATELYNN KRYCIA**

4. **FUN RUN |** Del Oro High School | Junior Natasha Rogers | Sept. 2 | Rogers runs to the finish line excited to be done. | "It was our first meet and I was excited because I felt like I was doing good on my first run and I was excited to get to the finish line." 5. **WHAT ARE THE ODDS|** Del Oro High School | Senior Michael Maksimovich | Sept. 2 | Maksimovich gives it everything he's got. | "It was the one race my family came to. I didn't know they were in the crowd, but I heard them yelling." || 6. **THE LAST STRETCH|** Del Oro High School| Junior Natasha Rogers | Sept. 2 | Rogers races to the finish line tired and excited. | "I was almost finished with my three miles. I was so exhausted but excited to get to the finish line. I was waiting for it so I'm thinking in my mind, 'just keep your legs going, just keep going until you get there.'"

GOINGPLACES with the Varsity and JV Cross Country teams

NEVADA UNION INVITE
@ GRASS VALLEY SEPT. 12

"It was a pretty tough course and was really long. Because it was fairly early in the year it was kind of tough. I got a really good time somewhat under 25 minutes; I placed well. It was a really nice day and a good day to run."

SOPHOMORE **MARIO DUNN**

CVC LEAGUE MEET #1
@ MAIDU PARK SEPT. 30

"It was super hot outside. We were nervous because it was the first league meet. It's harder to stay caught up because of it being our first varsity race. It was rough as none of us placed."

JUNIOR **MIKAELA BLANGERES**

CVC LEAGUE MEET #2
@ ANTELOPE OCT. 30

"This course was mainly flat. It was one of my fastest times that I got because there are not as many hills. It was a normal day, not to hot and not to cold, just perfect weather for running."

SENIOR **MICHAEL MAKSIMOVICH**

FROGTOWN INVITATIONAL
@ CALAVERAS COUNTY FAIR SEPT. 19

"There were a lot of hills that were really steep and there were a lot of people running. If you got into the top 20 you got into Sections. I ran two miles and it was my best time of the season."

FRESHMAN **KAYA JOHNSTON**

WILDFIRE INVITATIONALS
@ FORREST HILL HS OCT. 3

"There were a lot of trees; it was high in the mountains. I didn't place too well as I was in the middle of the group. I didn't do too well; my time was around 20 to 21 minutes."

SOPHOMORE **EDGAR TAPIA**



NOW YOU SEE ME

Students look ahead to their future as Antelope Titans

FRESHMAN
CARMEN BARAJAS



"I'd like to do cross country all four years of high school because it was really exciting for me as a freshman just starting off. My goal is to get faster at the two- and three-mile runs."

SOPHOMORE
CAPPBELL SINGHASEMANON



"I want to run the rest of high school and in college. I see myself as a future role model for other students. Next season I want to break the 5:40 mile and I want to be under a 14-minute two mile."

SOPHOMORE
NATHAN LE



"By the time I'm a senior I hope I can be a role model for the new comers of cross country and inspire them to work harder everyday. I want to get better times and just work harder in general and have a good work ethic."

ENVIRONMENTAL PORTRAITS

2016 Corning Painted Post, NY

every little thing

he does IS MAGIC

For senior Peter Kane, being a magician is more than just smoke and mirrors

reporting • Jenna Morrisey photo • Aimee Spisak

We're getting older—that's a fact. But in a time where the world gets more real every day, senior Peter Kane has the talent to bring a little magic back into our lives.

Kane first decided to learn sleight of hand tricks after becoming fascinated with close-up magic on 'America's Got Talent.'

"I like the look of cards; I think it's, like, artistic. I love the backs of the Bicycle cards, and I love the feeling of the cards in your hand and the noises they make," Kane said. "Especially magic that I do—I like to do close-up street magic—I think that people generally enjoy that because it's right there, in their face. It makes them think, it stimulates them."

An active performer, Kane developed an act of card tricks for a dynamic audience of friends, peers and teachers. "I love performing for people who don't know me, and for people who I don't perform for often. When you do it for people who don't know you, there's that added mystery," Kane said. "Before a trick I feel super shaky and nervous, and I get all jittery because I really don't want to mess up, and when I'm done I'm like, 'That was awesome.'"

To Kane, the marvel of magic lay in the intricacies inherent in sleight of hand tricks. "The really interesting part is the fact that it's all physical," Kane said. "Watching people do certain sleight of hand moves that I haven't learned yet is super crazy to me, how smoothly people can do it and how it can seem easy after a while. That's where I want to get with the activity."

However, Kane believed the broad appeal of magic was becoming lost in a world where the phenomenal was no longer so impossible. "The problem is lately magic—like special effects in movies and stuff, magic—it just isn't really interesting anymore. It's sort of falling off the map," Kane said. "That's why people who I really look up to like David Blaine and Criss Angel and Dynamo, they're guys who try and reinvent magic so it can be an up-close-and-personal thing that people can really get into, not just big shows with huge disappearances and kind of chintzy stuff, but I think that the broad appeal is that it just takes you away from reality for a while, like any sort of movie or book or play."

"I like it because for me it's watching something that looks wonderful. And it's like art. And obviously it's what's not real, and most of the time I want to know what it is so I can do it, but if I know I can't do it I don't want to know how it's done because I just like being taken away. And for people I like taking them away, giving them a couple moments if they can just like not be stressed.

"If I can just make someone have a little wonderment for a little bit, I really like that," Kane said. "I think a reason why people need magic in their lives is, there's a lot of bad stuff happening in the world and in America, and magic, as simple as it is and everything, it's just something that you need to take you away from it all and think that something could happen and things may not be as as they seem."



1 • Know When to Fold Them With look of shock on her face, Natasha Guiles reacts to one of Kane's card tricks with fellow seniors Megan Stevens and Gianna Delgrosso in the cafeteria on Thursday, March 3. For Kane, performing the tricks was more than a casual pastime. "I appreciate it for what it is and for the art of it," Kane said. "It's like a performance art, not just a hobby or an act." photo • Reader Bradley **2 • More Than Meets the Eye** Just after track practice on Tuesday, March 1, Kane performs a trick for seniors Michaela Burrell, Liam O'Reilly and freshman John Cleary. "I've had some skeptics," Kane said. "To make it sort of gender-specific, a lot of the guys are skeptical especially if they're people who think they're very smart because they feel like it's making fun of them or saying they're dumb, but in reality it's just for people, you can be smart or stupid, it's good just to appreciate the trick for what it is." photo • Kailey Merrill



ENVIRONMENTAL PORTRAITS

2016 Antelope High School, CA

Titanium Photo by **Elizaveta Popova**

1. **YONCÉ** | Roseville Rail yard | Senior Gabi Adams | Sept. 16 | Adam's is on the train to stardom as she aspires to be like Beyoncé. | "I look up to Beyoncé because she is such a powerful individual who turns negative comments to meaningful songs or a killer performance. She motivates me to be as fierce as her. I see myself becoming someone that people look up to or run to when they are having a bad day and need that extra push in life to shine on their haters. When I get nervous, I think, 'Just do it like Beyoncé and make the people remember your name and who they come to see.'"



Idols inspire us every step along the way.

Superstars, models, athletes, scientists, geniuses, and yes, Beyoncés.

Who is your Beyoncé?

Who is the one person who inspires you to dream big and go far?

Inspiring you to make your splits, or hit that pitch.

But will you be ready when opportunity pulls up to the station?

Ready to dive in, take the internship, be the editor-in-chief?

Ready to jump on that train to a new adventure?

ON THAT **TRAIN**

ENVIRONMENTAL PORTRAITS

2016 Boone High School, FL

you just don't know us I was a majorette in high school • I was a dancer for 12 years • I like to sing • My right arm is longer than my left arm • I had a pet turtle and I ran him over you just don't know us I can ride a unicycle • I am obsessed with listening to Ariana Grande • I know how to break a combination

YOU NEED TO *KNOW*

CLAY DIXON

illustrator created a collaborative comic

In a far away galaxy where art block, similar to writer's block, plagued the minds of its inhabitants, four artists embarked on misadventures where they battled evil forces to restore creativity to their bleak world. This battle between creativity and unimaginative villains drove the plot of freshman Clay Dixon's comic.

In eighth grade, Dixon and three friends created the comic *Art Block*; the four artists called themselves Team N.O.I.C.E. (Not Overly Intelligent Comics Entertainment). The authors worked together to share ideas, contribute to story and character development and upload pages. Dixon ran the comic's website.

"We all kind of share the position of leading [the comic]. There are people who talk a lot more than others or stuff like that, but we are all in charge of [certain jobs]," Dixon said.

The team gathered concepts for the plot and prepared character profiles months before they posted the first page on March 4, 2015.

"We have different little chapters planned out, like places where we want [the characters] to go or what we want them to do. It's not perfectly planned out. We don't have a script saying every word that needs to be said, but we have a general timeline as to where we want to get [the plot] in a certain [time period]," Dixon said. "The theme we are trying to portray [throughout the comic] is growth as a person. We are so early in the comic, it's not fully developed yet, but we're trying to get towards the theme of getting better as you work harder, like self-improvement in a way."

By using constructive criticism, the team demonstrated this theme of self-improvement throughout their comic.

"I get a lot of support from my friends, but the actual helpful support [comes from my team]. Just being told you're good doesn't do much. My teammates are really the ones who help me get better and critique me," Dixon said.

Like the other authors, Dixon taught himself how to create the digital comic.

"All my skill practically comes from nine months of just taking it seriously. We practice all the time, artists constantly do that, but what's important is practicing the right way, not drawing whatever. Eventually, we get better just by doing stuff a lot, but the right way to practice is using references or getting critiques and really trying to work with a piece to make it better and not just putting it out there," Dixon said.

The comic's production process began with rough sketches. Once scanned into the computer, Dixon used a drawing tablet along with the program PaintTool SAI to add clean lines, color, shading, text boxes and finally backgrounds to the sketches. Through a Skype group chat, the authors sent screenshots of their work during the phases of development to receive feedback and perfect the final product.

"When you're drawing by yourself, either you critique yourself way too harshly, thinking 'This is absolutely horrible' when it's not that bad and can be fixed, or your eye tells you it's okay and there's nothing wrong with it. It's always important to get second opinions [to] be able to get better from other people's [input]," Dixon said.

Working with other artists allowed Dixon to obtain knowledge and opinions he would not have received on his own.

"The collaborative aspect and working so closely with a team to complete projects will definitely benefit him whether he ends up doing something professionally with drawing or if he decides to continue drawing for fun," Amy Dixon, Clay's mother, said. "He's already been able to use the drawing skills he's learning to benefit his other activities, like making the poster for the fall play this year."

Dixon illustrated posters and avatars by request. In the future, he aspired to work for an animation company, such as Disney or Pixar, to create films and shows.

"Personally, I would like to improve on my skills in anatomy and I would really like to go into 2D animation," Dixon said. "I really like the ability to just create anything I want and the fact that no matter how good I am, I can always get better."

CONTENT BY OLIVIA PAGE, DESIGN BY MATT CASLER, PHOTO ILLUSTRATION BY TYLER RISPOLI



lock • I am obsessed with eating pizza • I love my dog more than most beings that exist you just don't know us My father left me and told me he never wanted to see me again • I can wiggles my ears • I can drive stick shift you just don't know us I can stick both of my shoulder blades out of my back simultaneously and it looks like I have wings •

"I play the piano," freshman Clay Dixon said.

SEE THE UNSEEN

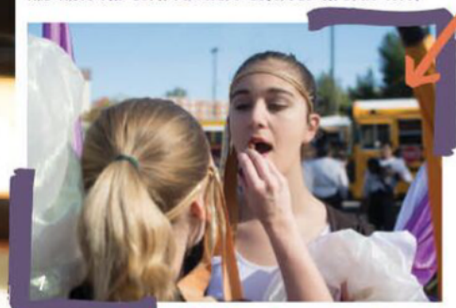
2016 Shawnee Mission NW, KS

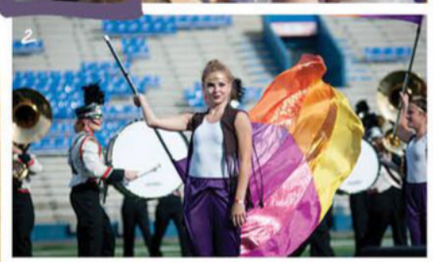


Junior Siena Radice performs a K-kick over senior Katie Ellis on Feb. 26 during drill team's halftime performance in the Main Gym. This was Cougar Classic's last halftime performance of the year. "I definitely felt like I had a lot of pressure on my shoulders andbecause it was our last time performing hip hop and lyrical dances," Radice said. *Photo by Bryce Rex*

1. Applying rum raisin lipstick to junior Daniela Silva's lips, senior Brittany Funk makes sure that drill team members' makeup was perfect before the marching festival at University of Central Missouri on Oct. 17. "[Getting ready together is] just as much as a ritual as circle or the team song for me," Silva said. *Photo by Bryce Rex* | **3. During the third song of the marching show,** junior Katie McCluskey executes a toaster with her flag on Oct. 3. "It's funny because there are parts of the dance where someone starts to cheer and then someone on the team and I look at each other. In that moment, there is a feeling that is hard to explain but you're really proud to be a part of the school and drill team," McCluskey said. *Photo by Chandler Bado* | **3. During the WPA assembly,** junior Alison Huddleston stands in formation during the drill team's performance. The hiphop dance was taught by senior Kelsey Nagel. *Photo by Shelby Beaumont*

WITH THE AURASMA APP OPEN ON YOUR DEVICE, HOVER OVER THIS PHOTO AND SCAN FOR EXTRA COVERAGE ON DRILL TEAM







"BRITTANY FUNK OR CLAIRE LAMMERS PUT ON MY LIPSTICK EVERY TIME. I'M NOT CAPABLE OF DOING MY OWN MAKEUP."
-junior Daniela Silva

Thought You Should Know

Drill Team's rituals and memories sometimes turned into ***inside jokes***

RUM RAISIN

Drill team's signature lipstick color. "Horner yells at us if we say 'Does anyone have rum?' To spectators, it sounds inappropriate, but, really, all we mean is lipstick," junior Siena Radice said.





THE PURPLE PANTS

"The officers had a choice of purple or yellow bellbottoms for the marching season," junior Daniela Silva said. "They picked the lesser of two evils."

"YOU PAID FOR THIS"

Coach Kelsi Horner said this to the girls everytime they whined while they were in Orlando for the Citrus Parade.





"LADIES, YOUR MUSIC IS ON"

Before every performance or practice, these words indicated that music was about to start playing.

It Just CLICKED

The drill team ***pressed play*** *before the school year began by starting rehearsals with their new coach*

The Cougar Classics stepped into place for the opening of their number. They waited for their senior captains to start the music.

Play.

Bill Chase music poured from the speakers and filled the gymnasium as the drill team began to move.

Pause. Rewind.

Five years ago, drill team captain Kelsi Horner would have never predicted that she would be teaching at Northwest, or that she would take over the role of drill team instructor after her own coach, Christin LaMourie, stepped down.

"She always joked that I was going to take it over, but I never really thought that was going to happen," Horner said. "It's a lot different, but it's a lot of the same, too. We brought on choreographers for the first time this year, but we still work with marching band. It's still a lot of work, and it pays off. In a way, it's the same as when I left it."

Fast forward.

Smiles beaming and steps syncing to the sound of the music, drill team girls in sparkling black tops strutted into the gym in front of the judges. After spending the bulk of third quarter participating in various competitions, drill team ended their season with the annual Spring Special performance.

"Last year, a lot of people were excited for drill team to perform at Spring Special," captain Kelsey Nagel said. "It's stressful because every girl has to learn at least five dances. It'll be worth it if people continue to be excited about drill team."

Too far. Rewind.

Multi-colored flags flew into the air, flipping end over end before landing back in the hands of the varsity drill team girls. Falling back into their lines beside the marching band, the Cougar Marching Pride finished their halftime performance.

Dances, such as the one performed at halftime, had been in the works before the school year had even begun. The team spent the last month of summer break in camps, bonding and practicing in preparation for the coming year.

"We spend a weekend at NDA, the National Dance Association, where you're dancing from seven in the morning until one in the morning," captain Reagan Almos said. "It's great because you get to connect with your team, but difficult getting people's motivation up since the school year hasn't started."

Stop.

As the drill team completed their dance, the last notes of Bill Chase's music echoed in the gym. Senior captain Claire Lammers nodded encouragingly at her team.

"All right, let's run it again."

Play.

STORY BY JONATHAN ALEXANDER

SEE THE UNSEEN

2016 Lewis-Palmer HS

24 days you don't wanna miss

So you really think you know everything that happened this year? Did you know before the first Friday night home football game your friends gathered to throw neon powder at the Color Bash? **p. 17**

Or that we had a fiesta-themed Homecoming Dance you could Taco 'Bout with all your friends? **p. 32**

And how about when the boys soccer team welcomed back Major League Soccer star, Bobby Burling, to retire his very own LP soccer jersey, number 19? **p. 45**

Can you imagine the heartache the French Club felt from 4,911 miles away because of the bombings in Paris? **p. 66**

Betcha' didn't know Mr. Smith turned 50 this year, so hopefully you were there to help decorate. **p. 68**

Hope you were there to see the girls swim and dive team defeat Cheyenne Mountain in a close 94-92 victory. **p. 89**

Another thing... the boys baseball team spent a day with terminally-ill children, and their only goal was to make them smile. **p. 112**

Out of all the things that happened during the year, did you miss any?



FORMING A CIRCLE of brotherhood, Joe DeCoud 12 and his varsity basketball teammates huddled with last words before their game against Discovery Canyon. "The team has laid in the circle since before I was on the team. It's a time when we repeat important things that our coach said, and we discuss strategies so we can play our best," DeCoud said. The Rangers beat DCC Thunder 69-40. *photo by arjun chugh*

SEE THE UNSEEN

2016 West Henderson H.S., NC



• DOWN THE RIVER At the Nantahala Outdoor Center in Bryson City, seniors Pedro and Ernet Gamez and Stephen Perron enjoy their ride through the whitewater rapids. "Going whitewater rafting with the Gamez brothers was a very fun experience. We all had a great time in Nantahala," Pinnon said.

a bumpy ride

SENIORS TAKE ON ADVENTURE

To continue a four-year summer tradition, senior brothers Pedro and Ernet Gamez arrived at the Nantahala Outdoor Center to whitewater raft on the Natahala River near Bryson City in June. Their friend and fellow football player, senior Stephen Perron, had joined them.

The trip down the river lasted almost three hours and ended at a waterfall.

"As we all went under the waterfall at the end of our ride, we bumped heads. We said together, 'Dude, we could have died today,'" Ernet said.

To end the outing, they ate at the River's End Restaurant.

hanging in there

TEAM MEMBERS COME TO THE CONCLUSION THAT 'FRIENDS DON'T LET FRIENDS DO STUPID STUFF... ALONE'

• by samantha byrd and dara towe

JAMES BURNETTE, 11: In August our coach had this idea that our men's and women's (cross country) teams could bond and learn to work together if we went to Pisgah Forest in Brevard for a team outing. Our teams had a lot of new people. We carpooled almost all the way up to the Blue Ridge Parkway, but instead we turned right and went to the Pink Beds. We all went on a run through the forest, and our coach jumped out of a tree to scare us.

DYLAN SHAMBURGER, 11: The trail we ran on was deadly. I got like 12 miles in and on the way back, one mile from the place where we finished, I tripped and fell all the way down the mountain. I got up, and I was covered in scrapes. I was like, "What's up,

BURNETTE: We then got back to the campsite where we started, we played football, Frisbee and soccer. Then we ate lunch. Coach (James Galloway) grilled hamburgers and hot dogs for us. People had brought desserts. Some of our parents even came to join in.

SHAMBURGER: Really, we ate everything you could imagine – anything and everything that could be grilled. After we ate, we started getting a little bored, but it was Olivia (Hegan) who said we should go to Skinny Dip Falls and jump off the rock into water. Once we got up to the falls, someone started talking about hanging off the bridge. Everyone was like, "Don't hang off of it."

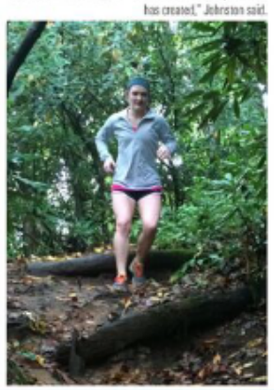
I did anyway. James was like, "Dylan, what the heck are you doing?" I thought he was worried about me, but he was thinking, "Dylan this is so stupid. Why did you do this without me?" Then he climbed out on the bridge with me. So we're both hanging there. Of course, Cody (Shamburger) couldn't figure out how to use James' phone.

BURNETTE: So we were just hanging there, and our arms were about to go out. But, Dylan, you're wrong. It was Jared who couldn't get the phone to work to take our picture, and it was Olivia who finally took it. The rocks under us went down in like a triangle, so the only safe spot we could see to drop into was about three feet deep.

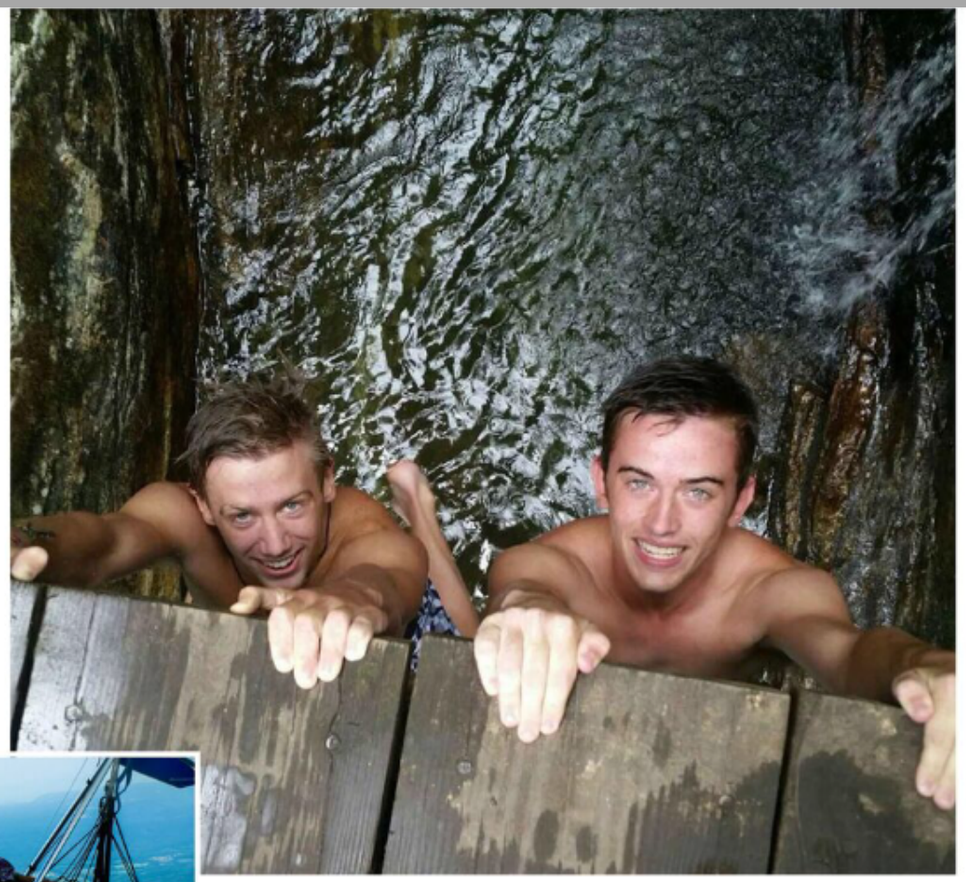
SHAMBURGER: Then I dropped off the bridge pretty hard. It felt like I broke my leg. I was limping, and everyone was asking if I was all right. Then James said his famous quote, "Friends don't let friends do stupid things. . . alone."

BURNETTE: After that, we found a rock that was twice as high and twice as far from the water. This one you had to literally jump five feet off the rock to get into the water or you were going to land on a bunch of rocks that weren't in the water. Me being me, I wanted to one-up everyone, so I went up to the top. I thought, "Oh, gosh, this is scary." Colby (Sousa) yelled some things at me, so, of course, I had to jump. I leaned forward to get ready to jump and and then all of a sudden I began to fall. I leaned back and caught myself at the last second. Then I felt my feet going, so I just pushed off as far as I could. I probably came about two inches from landing on Colby's shoulders.

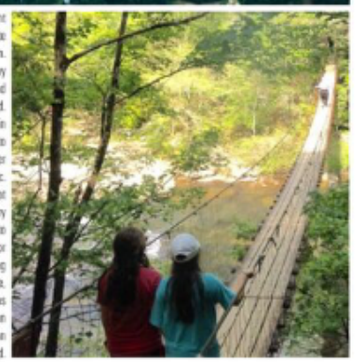
SHAMBURGER: You know it really wasn't safe at all. You knew that. Right before you jumped, you said, "It's a good day to die." When we left our team outing, we went 80 miles an hour down the Parkway and had this little convoy all the way down the mountain.



• ON THE TRAIL On Saturday, Sept. 26, senior Hope Johnston goes for a run on the Art Loeb Trail at the Davidson River Campground in Brevard. After an eight-mile run with her friend, senior Courtney Kanezoe, the pair swam in the river to cool off. "It's fun to experience the outdoors with others, and I love to see the beauty that God has created," Johnston said.

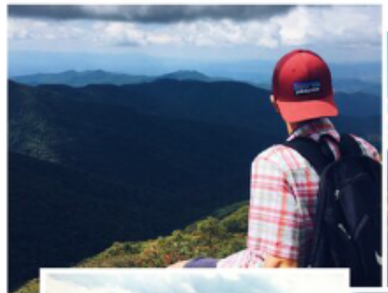




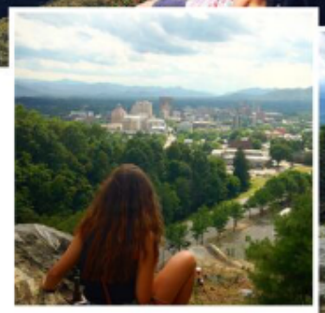


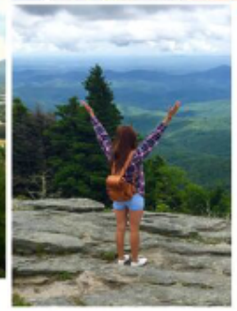
• HANG TIME On a cross country training run in DuPont Forest, juniors Dylan Shamburger and James Burnette take a break with their teammates to have a little fun. Shamburger and Burnette hung off a bridge over Skinny Dip Falls. "Some of my best friends are on this team, and we all got to go and bond on this trip," Shamburger said.

• FAMILY AFFAIR While on a hike with the family in May, junior Mary Elaine Bridges and her cousin come to a swinging bridge at Fall Creek Falls in Tennessee. After crossing to the other side, they stopped and had a picnic. "It was fun to cross the same bridge with my cousin that we crossed 10 years ago together. It actually wasn't scary to me even when some of my other cousins decided to go jump on it," Bridges said. • VIEW FROM ABOVE For summer break, junior Becky Reesor takes a hang-gliding lesson at Lookout Mountain in Chattanooga, Tennessee, because she did not meet the age limit to skydive. She was allowed to steer the hang-glider herself. "It was super fun and not scary. I can't wait until I can hang-glide without an instructor with me," Reesor said.









• HOME, SWEET HOME Scenic overlooks and Instagram provide students numerous opportunities to share their fascination with the Blue Ridge Mountains surrounding the school. Sitting on a rock looking out over the mountains, junior Trevor Laffin rests after his hike up the Craigy Gardens Pinnacle Trail on Sept. 26. "Looking out on all the mountains was spectacular, and the hike made the view very rewarding," Laffin said. • HEAD IN THE CLOUDS On an early fall weekend, senior Sarah Yarbrough and her friends take a break from school to hike to the top of Black Balsam Knob. The group enjoyed a picnic lunch with a fabulous view. "My favorite thing was going with my friends on a ride on the Blue Ridge Parkway and taking them on a hike they had never been on," Yarbrough said. • TOP OF THE WORLD Celebrating the Fourth of July, senior Jewaira Moo and her family go to the top of Grandfather Mountain. "It was a lot of fun except for how windy it was," Moo said. • ON THE EDGE Once junior Claudia Martin and her friends climb over a fence and hike up Beacarcher Mountain, Martin takes in this view of downtown Asheville from an area known as "The Cut." "It was my first time going up there, so it was really cool," Martin said. "The view was very pretty, and it was better than I expected."

What is your favorite thing about our mountains?



"There are so many different places to go hike and see how beautiful our surroundings are."
-alexis morse, 12



"Our mountains create beautiful sunrises and sunsets to look at."
-alessandra king, 11



"The mountains feel like home. They have a certain peace that comforts me."
-rebekah ritzler, 10



"I like to go hiking and camping. I love to see the waterfalls and views."
-garrett baffer, 9

SEE THE UNSEEN

2016 Casa Roble High School, CA



Learning happens when you MAKE MISTAKES

The only thing he has been warning about during 5 days of film study

TO LEARN is to make Mistakes.
It's halftime at the Rio game and the team down seven.
Because of you.
Coach Ryan is screaming at you for biting on that double move.
A safety's job is to stay home.
Not bite.
By the fourth quarter they are on the 30 and threatening.
You see their slot split wide.
Just like the film.
"Just stay home," you think.
You watch the QB's eyes as he pump fakes and you pretend to bite.—Not this time sucker
When the slot ~~turns~~ up, you cut underneath for a pick 6.
So you made a mistake in the first half.
You fixed it. And how!

AUG 28 - 7:26 p.m. Senior Bennet McGrane sits on the sideline of the Bella Vista Field after being removed from the game by Coach Norm Ryan for fighting. photo by Carson Burns

"I was praying that my mistake wasn't going to cost me the rest of the season like Mr. Ryan had threatened."
- Bennet McGrane, 12

SEE THE UNSEEN

2016 McKinney High School, TX



ready to drop

Side by side with their teammates, seniors Rickey Fantroy, Caleb Stricklin, Aidan Mulligan, and Mark Quillen meet up in the sain tuss at midfield. The rain didn't surprise the team since they knew about the possibility beforehand. "It was pretty exhausting," Rickey said. "Having to play a portion until midnight, coming to school the next day, then playing the remainder of the game."

show time

Backward in the air, senior Joseph Robinson misses a catch and slams to the ground. The two-day, crowdless game didn't reach his expectations. "It just took our focus away," Joseph said. "Our fans push us to do better, we put on a show for them."



Field Force

come rain or shine

Severe weather causes two-day football game

Ready for the district match-up that Thursday night, the varsity football team jogged onto the field. Greeted with the usual -- the band, Marquettes, and a roaring student section -- the team prepared to play under the lights. Well, at least, until the rain began to pour and lightning flashed, delaying the game.

"It looked like the weather was going to be there all night," varsity football coach Jeff Smith said. "So we pushed it to Friday during the day and Friday was a weird atmosphere. You could even hear someone on the Wylie side easily. It was just kind of an eerie feeling."

Barely 50 people lined the stands on the second day, and the team faced Wylie East with less energy and spirit than the night before.

"I've been in a few different games like this," Smith said, "and it's hard on both teams to have a wet uniform and play really late, and then get up the next day and pick up right where you left off. You know, on Thursday night, there's a lot of people there. When you come back on Friday, it's daytime, which is real different. The stands are real empty and it's real quiet. The band's not there, the cheerleaders aren't there, so it's just different. Wylie East didn't want to come back on Friday and neither did we. So, we waited as long as we could to try and get the game in, but we just couldn't do it."

"The first night felt like a real varsity football game. The second part felt like a peewee game, where no one was watching."

However, Coach Smith didn't see delaying the game as a complete disadvantage.

"We wanted to win the game and by Friday, we wanted to use that as an advantage," he said. "When you start talking about changes and in sports in general, we talk a lot about the process. We talk a lot about routine and doing things a certain way. We have the same meetings and same routines pre-game, post-game. Whenever that gets thrown off, it's usually the team that handles that the best."

Sophomore running back Matt Gadek was uncomfortable with the situation but tried to make the best of it.

"It changed the game because there was no intensity in the crowd," Gadek said, "so no momentum really shifted between the teams. Everyone was just drained of energy since the game was two days long, and no one really wanted to play. We just wanted to get it over with. I felt less motivated. The first night felt like a real varsity football game. The second part felt like a peewee game, where no one was watching."

by Neelam Bohra



Field Force

early releases

As the pouring rain hit the instruments, senior Jordan Justus enjoys the moment with his band family. The band left before the first half was over to protect their instruments. "I was very surprised," Jordan said. "We had never left so early during a game."



Shelan Zaheer

two on one

Ready on the snap, sophomore Freydell Griffin covers his side of the field on a play not intended for him. Focusing on a two-day game with no support was complicated for the sophomore wide receiver. "The rain beat us basically," Freydell said. "It affected us because we were not ready for a second day of game."



Field Force



Field Force

momentum run

In action through the field, sophomore Matt Gadek slips off defending players for a gain in yards. Without a student section present, Matt did his best to keep his energy going. "Usually where we get a good play the fans start cheering," Matt said. "Most of the time we get momentum from the support."

game time

Running through the inflatable lion, senior Kristian Mays carries the team flag at the original start time for the game. On the second day, the game started without the traditional run through. "It did not feel the same," Kristian said. "It felt more like a practice or a scrimmage."

SEE THE UNSEEN

2016 Boone High School, FL

BLOOD IN THE WATER

sophomore gets eight staples from wakeskating accident



photo courtesy/Joseph Ketchum

MAKE THE WAKE. Sophomore Joseph Ketchum jet skis on Lake Jessimine. "Jet skiing has made my life more thrilling in more ways than I could ever imagine. It gives me something to get my mind off stress and school," Ketchum said. In addition to riding jet skis, Ketchum repaired them as a hobby.

Memorial Day weekend rolled around and sophomore Jack Reddeck grabbed his wakeskate and jumped into Lake Gatlin along with sophomores Kara Gilbert and Jacob Bruno. Reddeck was wakeskating behind a jet-ski when he attempted to land a 360 spin and crashed. The board collided with his head as he tumbled head over heels across the surface of the water and sliced a three inch gash on the top of his skull.

"I felt a slight thumping on my head when I came up from under the water, but I didn't even know I had been cut," Jack said.

Bruno saw Gilbert turn white once she noticed the amount of blood gushing out of Reddeck's head. Judging by the amount of blood, Gilbert knew they needed to return to shore to see the extent of his injury.

"Jack was acting a little different and wasn't answering questions I had asked him, so we took him back," Gilbert said.

Gilbert and Bruno raced back to shore with Reddeck sitting on the back of the jet ski, clinging to Bruno's waist.

"I looked up just after noticing them and they were on the jet ski heading towards us quickly. I could see their faces and I knew something was not right," Jack's mother Teenie Reddeck said.

Once at the dock, Jack wrapped a beach towel around his head, and it quickly turned red, soaked with blood. Jack's mother and father Tony Reddeck took him to the hospital immediatley for urgent care.

"Being a mom you know that the ER could be a 12 hour experience if it is crowded, but it was empty and we were thankful for that. He was taken in right away," Tennie said.

At Arnold Palmer Hospital for Children, nurses put eight staples in Jack's head to close the wound. With every staple, Jack felt a burst of pain.

"The numbing gel didn't work. It hurt him so bad just to remove the hair on his head since the blood was dry. They gave [Jack] shots of lidocaine — seeing the shots in his head was hard to watch," Teenie said."Even though it was painful, we were lucky that [Jack] didn't lose consciousness. He was aware of it all."

After six days with the staples in, the wound healed and the doctors removed the staples before he left for a mission trip to the Dominican Republic 12 days after the accident.

"I was so worried that the staples were going to need to be removed while he was in a foreign country without his parents. We were fortunate, the cut healed quick enough," Teenie said.

Jack wasn't worried about what could happen to the cut as far as infections go, but he was more concerned about its appearance.

"It didn't really affect my life in any way other than if I ever end up going bald, then I will have a huge and ugly scar on my head," Jack said.

Jack refused to let the incident keep him off the water. He wasn't going to quit wakeskating because of a physical injury.

"I have been wakeskating many times since the incident because I couldn't prevent what happened. You have to keep doing what you love," Jack said.

CONTENT BY CHARLY REYNOLDS, DESIGN BY MATT CASLER

NEED TO KNOW

What is your favorite part about water sports and why



"[Paddle boarding in Hawaii was] something to get me out of my comfort zone."
JESSICA FORT
SOPHOMORE



"The feeling of riding the wave and being able to have some good times with friends."
BOB-VINCE NARANJO
JUNIOR

UNDER THE SEA. In Blue Springs, junior Cardinal Hastings snorkels with a Sailfin Suckerfish. "I have grown up around the water, it has always been there. Being in the water is truly a different world if you think about it," Hastings said. GAME WINNER. On his trolling boat, senior Daniel Tice casts his line. His best catch of the day was a six pound bass. "You always have to keep on fishing and wait for the best catch," Tice said. PADDLE LIFE. At Cocoa Beach, junior David Caplen paddle boards. "Water sports let me get out on the water with friends and family," Caplen said. Caplen's dad took him paddle boarding when he was a toddler.



photo courtesy/David Caplen



photo courtesy/Cardinal Hastings

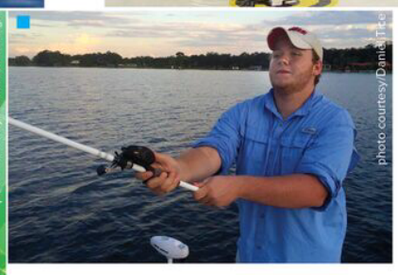


photo courtesy/Daniel Tice

"People think I'm a bad kid, but I'm actually friendly," senior O'Neill Reyes-Lopez said.

SEE THE UNSEEN

2016 Smoky Hill High School, CO

TODAY'S OPINIONS ON YESTERDAY'S NEWS

Today April 4, 2016, Villanova wins the final basketball game of March Madness.

JAMES BOWERS

"There were a lot of upsets. Nobody thought Michigan state was going to lose and that messed everybody up, nobody expected that to happen."

HUNTER MOSOON

"I was surprised Villanova did so well because they have a history of choking, but it was a strapless tournament. Everything that they were throwing up was going in so that was pretty surprising to me."



JAMES SMITH II

"My favorite thing about watching March Madness every year is just the whole thing were everybody was watching tv and having a good time."

REECE BAILEY

"I felt good the first day because my bracket was really, really good but then on the second day I was mad because of all of the upsets."

SCUBA DOOBA DOO

students learn to scuba dive in gym class and experience the underwater world

Blowing bubbles through her mask during scuba diving class, Sierra Gray swims around enjoying herself. "I am very amused with Scuba because it gives a different experience of what life is like underwater and the feeling of ability to breathe under the element so I remember kind of swimming but just trying to enjoy myself," Gray said. The semester long class prepares students to get their scuba diving certification. "My family and I go on vacations at least once a year to different islands and my dad always has been able to dive, while my stepmom and I hang back, so we decided to get certified," Gray said.









|1. Swimming around in the dive well, Sierra Gray practices scuba diving techniques. "I just enjoy the feeling of being able to breathe underwater, it's such a surreal and unique feeling to experience. My parents would always say that I was a fish out of water, so this is like a dream come true to me. I just can't wait to get out and into the ocean and see what life is like for all the creatures below," Gray said. |2. Submerged 12 feet underwater is very interesting for Kaylee Long. " One of my favorite things to do because you are at the bottom breathing 12 feet underwater and looking up and knowing you don't have to go back up for air. It's very interesting," Long said. |3. Bobbing at the surface, Noah Flaherty gets ready to go scuba diving. "Scuba diving is a very fun class and every one should take it and it's a great experience," Flaherty said, "I love to be able to go underwater and breathe and just have the experience." |4. For Grace Jones, scuba diving goes beyond the classroom. "I like the people and it's fun to go underwater and be able to breathe. I want to get certified and travel out of the country to go scuba diving. We're going to go to Mexico," Jones said. |5. Preparing to dive down into the water, Vincent Cella puts together his sucab gear. "We build our own BDC. A BDC is the little inflator thing that you connect all your gear on to. You connect your respirator, the back respirator, the thing that tells you how much air you have in your BDC," Cella said.

TO DAY'S GOALS

girl's soccer wins first game against Eaglecrest

"This was our first win, and in the previous games we had some trouble getting together and with this game we found our chemistry."

MAGGIE PEARSON



TODAY WE REMEMBER

balloons and written memories are released in honor of Asante Ray









|1. Watching the ballons float away, Alexia Leck grieves for Asante Ray. "The balloons were a beautiful way to say goodbye to Tay," Leck said. "He was a great friend to so many and I'm glad we got to honor him with notes and balloons." |2. Ready to release her balloon, Hannah Hilinski looks back on memories of Asante Ray. "I had gotten the amazing chance to know Tay for the last couple of years, and he was always a great person to talk to because he would always brighten your day, even when you were having one of the worst days," Hilinski said. |3. With dignity and respect, Alexandra Cox stands in silence to show support to those mourning for Asante Ray. "I didn't know Tay at all but I stood with them all to show all my care and support for them," Cox said. |4. Celebrating Tay's life, Daijenai Brown attends the balloon release. "Tay was like an older brother. He was so wise for how young he was and it sad to see him go." |5. "I have known Tay since the 5th grade, so it was personally extremely difficult to say goodbye and realize that he is gone" Arianna Gonzales said. "I will miss how courageous he was, how he was very opportunistic, outgoing, but most of all he was very loving."

283 balloons **&** **500** notecards

were prepared by AVID students and released Thursday April 7, 2016 by friends of Asante Ray



SEE THE UNSEEN

2016 Corning Painted Post, NY



SEE THE UNSEEN

2016 Corning Painted Post, NY



One and Won As freshman Jordan Haggard goes to the line for a foul shot on Senior Night, Friday, Feb. 5 against Binghamton, the pep band raises their arms in anticipation of Haggard's basket. Haggard and the team took down the Patriots, 69-51.

SEE THE UNSEEN

2016 Westlake High School, TX



brayden clark

small STEPS lead to BIG ACHIEVEMENTS

After hundreds of hours in the gym, a sophomore traveled to Salo, Finland, and claimed a gold medal at the Powerlifting World Championship on June 8. With the first touchdown against Southlake Carroll on Aug. 28, the varsity football team began a record-breaking season that would end in Houston's NRG Stadium at the State Championship game on Dec. 19. The varsity boys basketball players fought their way to the Regional Finals for only the second time in school history. In March, Westlake took the lead in the UIL Lone Star Cup standings after a third-straight State Championship in girls swimming and fourth-place overall at the Wrestling State Meet — the team's second-best finish ever. Clearly, focusing on the **small things** paid off with big results on the court, the field and the stage and in the pool and the classroom.

fresh kicks

After defeating Allen and advancing to the 6A Division 1 State Championship game, the varsity football team is surprised with a gift from Nike. Nike representatives delivered the one-of-a-kind cleats in a helicopter, Range Rover and a McLaren. Days before the game, the team chose to donate the cleats to a less fortunate team. "Our team felt blessed to receive the [golden cleats]," sophomore Keaton Jones said. "When Nike came to Westlake, we all knew that when we put in the hard work, it pays off."

MAKE IT A THING
STORYTELLING

KEEP IT CONVERSATIONAL

2016 Walnut High School, CA

So, You're the last one of your friends to ~~take~~ PASS the driving test?

DON'T SWEAT IT It'll happen before you know it.

Just like all of us don't expect to get past the pep rally ~~crowd~~ RAT RACE outside the gym after coming all the way from the B building, only to somehow squeeze into a front row spot. CARRYING A BACKPACK, 3 BOTTLES OF FACEPAINT, & A TON OF SPIRIT.

It's like how you didn't know your best friend would get voted onto Homecoming Court, even after you signed his name on the ballot. (I STILL DON'T BELIEVE IT...)

YOU THINK ✓ And no one knows the story behind your hipster Instagram photo when you kept your friend from eating her Afters Milky Bun just so you could get the perfect photo angle. #FWHSNOFILTER FOR 20 MINUTES

But the best thing is when Snapchat's rainbow filter reappears. AND NOT THAT CREEPY YELLOW FACE

Anything can happen.

YA NEVER KNOW

8 SUMMER
10 BACK TO SCHOOL
12 HOMECOMING
14 FRIENDSHIPS
16 FOOD
18 HOLIDAYS
20 FIRSTS
22 FASHION
24 WINTER FORMAL
26 SENIORS
28 JOBS
30 CELEBRATIONS
32 MULTICULTURAL ASSEMBLY







1 KNOW MOMENT > At the first pep rally, senior Paige Landry captures the moment in a selfie with senior Kristen Ilac. "We were all really hyped for it since it was our first senior rally," said Landry.

2 HALLOWEEN BIT > Freshman Bryan Ybarra poses in his friend's homemade shower stall Halloween costume. "My friend, Antonio Scott, didn't want to wear it, so he asked me if I wanted to," said Ybarra. "I ended up winning the costume contest, and I split the prize with him."

3 THE BEST (CHEER)LEADERS > Senior Ardel Langa cheers as the varsity football team enters the field at the Branding Iron game. "I was hyped, you know. It's a rivalry game," said Langa. "We should be louder than Diamond Bar to show our school spirit."

4 HELPING HAND > Senior Paul Song rests while helping senior Ben Zhang paint his senior parking spot. "That day was [my girlfriend's and my] three month anniversary, but I didn't have a ride," said Song. "I asked my friend if he could give me a ride, and he said he would if I helped him paint."



STUDENT LIFE

KEEP IT CONVERSATIONAL

2016 Corning Painted Post, NY



Cha-Cha Slide Arms extended and hands connected, senior Jonathan Maxim, cast as Bernardo, rolls out from sophomore Laura Kertcher during "The Dance of the Gym" at rehearsal for "West Side Story" on Saturday, March 5.
photo • Jacob Russell

what just
happened?
EVERYTHING.

you walk into the gym
—WAIT, FOREST—
to be enchanted at prom
(look at the lights,
THE STARS
after scooping ice cream
(rainbow or chocolate SPRINKLES)
with that?
for three of your teachers at
PEACHES *but not before cramming*
(SOH-CAH-TOA
not "SCRUBS" *reruns on* **netflix**)
for that trig regents retake
clear your calculator
NOT YOUR *mind during*
"WEST SIDE STORY" rehearsal
nail the hip spin **STRONG** arms
what were
ISAAC & VAL thinking?
graduation's
coming did you get your cap,
your gown?
BUT still you found a way to
make it all
WORK...

EVERYTHING closing
TR AC SP SL CG PR 316-317

KEEP IT CONVERSATIONAL

2016 Shawnee Mission NW, KS

DEAR Northwest,

You are the four years that everyone said would fly by. Your walls hold the stories worth remembering. Well... maybe a few I wish I could forget.

Years from now, when I read this again and again, maybe just to skim through, I bet I'll miss you and the things I never realized were so important:

- *my best friend who was honest with me, even when I didn't want to hear it.*
- *teachers like Mira Thomas, Amy Walker and Justin Stigge who pushed me way beyond what I thought I could do.*
- *that moment when I realized that nobody dies from a broken heart.*

But wait.
I'm getting ahead of myself.
Let's go back to the beginning.

I was greeted on the first day by your boarded-up doors and a spray-painted "Temp Entry" sign.

I GUESS YOU WEREN'T READY.
NEITHER WAS I.



After taking a test in Deborah Boren's sixth hour AP English 12 class, seniors Paden Chesney, Sam Oberbroeckling and Megan Dunn play on their phones. Oberbroeckling was replying to Dunn's Snapchat. "I was definitely Snapchatting her as she was sitting right next to me," Oberbroeckling said. "Snapchat is my go-to social media when I'm bored, along with Twitter." *Photo by Emilie Amunatigui*

KEEP IT CONVERSATIONAL

2016 Smoky Hill High School, CO





We say **TODAY**.

TODAY we will.
TODAY we will meet our Make-A-Wish kid,
Donate.
Donate more.
Donate $33,000 for Andalyn.

We will hear pump-up music from Stugo.
Good songs,
good people,
good morning. Oops, time to get to class.
TODAY we will attend our first AP class, U.S. GOV.
Take your book,
take some notes,
make a friend.
We will paint our senior overalls.
Get the paint.
Get the glitter.
Get a ride.
TODAY we will go to Chik-Fil-A for lunch to see Marsha.
Left turn.
Right turn.
Right again. Wait, it's a left.
We will create a lightbulb in Mrs. Weeks' class.
Which wire?
Don't get shocked.
Woah, that's bright.
We will fall on the ground in a crowded hallway to break social norms in AP Psych.
Step around?
Help them up?
Are they OK?
TODAY we will come together for the lip dub.
Memorize your lyrics.
Choreograph your moves.
Find your place.
We will, after four years, understand the difference between "I" and "we."
Between "Buffs" and "me."
TODAY is about honoring traditions of The Barrel Man, newspaper no-look and the sing off while starting the new tradition of The Chicken.
TODAY is our day.



MAKE DATA VISUAL

2016 Corning Painted Post, NY

a change is GONNA COME

Elected in 2008 with hopes of changing how Washington functioned, President Obama now faces another change as we elect his successor. Here's a look back at the eight years of the Obama presidency

reporting • Pranav Marala and Ken Dingel

1 Jan. 20, 2009
First Inauguration

"I think that Obama did a decent job in office. I believe this because he made some improvements to the country and didn't run this country into the ground unlike some former presidents. He was under a lot of fire for being the first black president and he still managed to improve the country. I think he could have took more time to improve his Obamacare because it was filled with many flaws."
Devon Tubbs·10

2 Oct. 9, 2009
Obama wins Nobel Peace Prize

3 March 21 2010
Comprehensive health care reform, dubbed 'Obamacare,' passes

"No, I don't think Obama has done a good job. He didn't do everything he could. I haven't seen very many improvements. College is still expensive, people are still being killed and abortion centers are being attacked when some people aren't fit for kids."
Shawna Dean·10

4 Dec. 22, 2010
Obama signs the Don't Ask, Don't Tell Repeal Act

5 May 2, 2011
Osama Bin Laden killed by SEAL team

6 Dec. 19, 2012
Named Time Magazine's Person of the Year

7 Jan. 20, 2013
Obama begins second term

"He did his job. He was able to lower the unemployment rate and get America out of the recession of 2008 caused by the housing bubble. Yet, due to his inaction in the Syrian Civil War, it helped groups like ISIS expand and grow both in numbers and in territory."
Benjamin Soulliere·12

8 Oct. 1, 2013
Federal government shuts down

"I feel that Obama was an amazing president and with his time in office has done many good things for us. He is a great person who is there for the people and fights for people's civil rights. One thing that he could have done in office would be to focus a little less on the people and more toward our economy and the country."
Matthew Messecar·11

9 Aug. 5, 2014
Approval rating hits all time low of 40%

10 June 26, 2015
Gay marriage legalized

11 Jan. 12, 2016
Delivers last State of the Union address



HEAD TO HEAD TO HEAD TO...

Six governors, five senators, a secretary of state, a brain surgeon, a tech CEO and one unapologetic billionaire—that's the field of candidates vying for their parties' nomination as of January. Forget about policy proposals and tax cuts—here are 15 things you need to know about the people who want your votes

reporting • Pranav Marala
photos • Gage Skidmore, via Flickr; Creative Commons license CC-BY-SA 2.0

Jim Gilmore
fmr. Governor, Virginia;
Was a band geek in high school, serving as drum major and section leader

Bernie Sanders
Jr. U.S. Senator, Vermont
Sanders worked as a carpenter, filmmaker, writer and researcher after moving to Vermont in the 1960s

"I would vote for Bernie Sanders because he actually cares about the 99% of America and not just the rich. He actually wants to make a change and is genuinely concerned for the future of America, unlike Donald Trump."
Kristine Brown·10

Jeb Bush
fmr. Governor, Florida;
his full name is John Ellis Bush, and his nickname derives from his initials, J.E.B.

Ben Carson
Retired Neurosurgeon;
directed the team that successfully separated twins conjoined at the head for the first time

Ted Cruz
Jr. U.S. Senator, Texas;
argued before the Supreme Court nine times, so he kept a painting in his office of himself arguing a case to the justices to remind him of what it's like to lose

Hillary Clinton
fmr. US Secretary of State;
Won a Grammy for Best Spoken Word or Non-Musical Album in 1997 for the audio version of 'It Takes a Village'

"I think her policies are all really good and she has a good plan for the future but some of the stuff still needs work if it were to be implemented in the next year or so."
Samuel Peck·11



The following issues were highlighted by Pew Research in January as the issues most important to the voting public; students were asked to rate the importance of each topic as if they were voting for president

Martin O'Malley
fmr. Governor, Maryland;
member of a Celtic rock band called O'Malley's March

Chris Christie
two-term Governor, New Jersey
he prosecuted more than 130 cases of corrupt elected officials and lost none

Rick Santorum
fmr. Senator, Pennsylvania;
his nickname in high school was "Rooster" because of a cowlick that stood up at the back of his head

John Kasich
two-term Governor, Ohio
tends to namedrop, referencing his "...good friend, Bono"

Rand Paul
Jr. US Senator, Kentucky;
is an ophthalmologist and still provides eye surgeries for free at home and abroad

Mike Huckabee
fmr. Governor, Arkansas;
owns more than 70 bass guitars

Marco Rubio
Jr. US Senator, Florida;
his favorite musical artist is Nicki Minaj

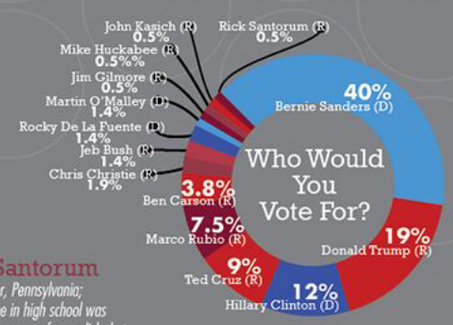
Carly Fiorina
fmr. CEO, Hewlett-Packard;
enjoys the heavy use emojis; her staff calls her "obsessed"

Donald Trump
Businessperson, Billionaire;
developed the Trump brand, which is used in multiple industries including real estate, ice cream, menswear, fragrance, model management, vodka and more

"I like Donald Trump because he is a good businessman. Our country is drowning in debt and it's not a powerful and resourceful as it used to be. Trump would regulate our spending, imports, exports and the amount of immigrants coming in the United States because why let new people in when we can't even take care of the people we have now? Trump will make America great again."
Garrett Dupree·11

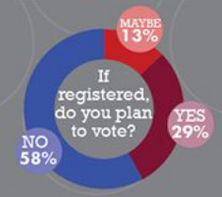
one person, ONE VOTE

The 2016 presidential election marks the first time that any students are eligible to vote for our commander-in-chief. With a flood of debates, endless campaigning and more Twitter trending topics than we know what to deal with, we polled 252 students about the aspects of the election that matter most to them









How would you rate your interest in following politics and this election cycle specifically?



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lucky LANES

Everyone plays favorites, even bowlers—varsity members explain how they picked their favorite lane to bowl at Crystal Lanes

reporting• Jacob Russell

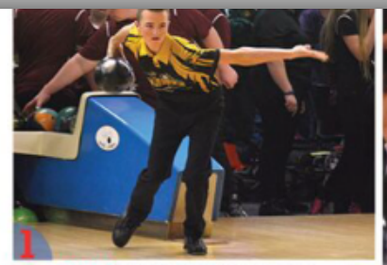
"Sixteen [and] 17 are my favorite lanes to bowl because they are near the middle and I find it easier for myself to stay consistent with my shots. Sixteen and 17 are my favorite numbers because those are the years I went through a lot of stuff with life and myself. I have come so far with that stuff and I'll never forget what I went through."
Ashleigh Benjamin•11

"My favorite lanes are 11 and 12 because I shot my first 700 on that pair and I'm one of the few freshmen to ever have a 700 their freshman year and my 730 is the highest ever by a freshman."
Derik Lisi•9

"I would want to bowl on lane 12 because that's my lucky number—that's the day my sister was born and it's always been my lucky number for every sport."
Kellie Abbey•11

"My favorite lane to bowl is lane number four because it's my favorite and lucky number and I want to do good."
Stephanie Wright•11

"I like lane three the best because it's where I got my first turkey which is getting three strikes in a row, which is good for me."
Brice Carr•9



1 • Super Bowl Arms fully extended, sophomore Hunter Crouch bowls for a perfect score on Wednesday, Dec. 16. "I've bowled since I was really little and it's always been fun. I love the people that I bowl with and there's always a new challenge when you bowl," Crouch said. photo provided • Eric Wenzel **2 • New Year, New Team** As two teammates bowl simultaneously, junior Kiana Lisi and freshman Paige Gethin keep focused on their technique to achieve a strike. "I joined bowling the beginning of the season which was in November. I joined because I had experience with bowling before and the people on the team seemed really nice," Gethin said. **3 • Close Knit** With the Elmira Express team waiting in the wings, sophomore Kaylyn Thomas throws her ball on Wednesday, Dec. 2. "My favorite thing about the team is all the time we get to spend together as a team. Also, since we are a small team we become very close and have a lot of time to bond," Thomas said. Thomas and the team dropped the match to Elmira, 1-4. photos • Margaret Hall **4 • The Fast Lane** With his dominant arm extended behind him, junior Dakota Glosser prepares to release the ball down the lane. "I bowl on the team because I love the team and it's fun," Glosser said. "It's an extracurricular activity that I do that can open up some college opportunities that I can do, like bowling club or join the team for college." photo provided • Eric Wenzel **5 • Thriller** Hand raised for the followthrough, junior Morgan White releases the ball at the Elmira match on Wednesday, Dec. 2. "I first started on my freshman year because one of my friends was joining it, so I just decided to join it and I stuck with it ever since. What gives me the thrill is when I actually have a good game," White said. photo • Margaret Hall



strike it UP

From team bonding to the thrill of the strike, varsity bowlers know that their sport is more than just a game

reporting • Jacob Russell







A LEAGUE OF their own

Every Monday night, you can find these faculty and staff members hitting the lanes for their very own bowling experience

reporting • Jacob Russell

1 • Monday Funday On Monday, Feb. 22, Mrs. Joni Fenderson releases her ball down the lane. "I used to bowl a long time ago and then I quit bowling, but when I got asked to join this league I thought it was a good way to get back into bowling and it's a lot of fun," Fenderson said. **2 • Social Hour** With a look of concentration, Mr. Benjamin Bowers follows through his release. "What I like best is having fun with friends. I joined because of something to do with colleagues; you get to know people in the district. I started at my very first year of teaching," Bowers said. **3 • Exercise Bowl** Arm bent after releasing the ball, Mrs. Joanne Belardini hopes to get a strike. "Bowling is fun and it's good exercise. Bowling with this league, I get to see a lot of people that I don't usually see around the buildings, or retirees, so it's just a fun time. I just started this year and I had Monday nights free so I decided to do it," Belardini said. photos • Jacob Russell







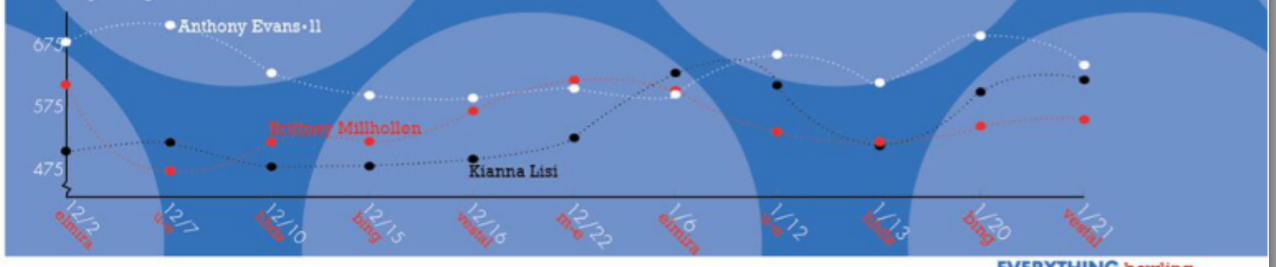
highs and lows

Over the course of the season, three varsity bowlers compare how their best series scores stack up

reporting • Marie-Laure Gollier

"During my best games, I have to focus a lot. I try to not get distraced. I have fun with my teammates, but once I get up to bowl I have to block everything out. I have to put all of my focus into it."
Brittney Millhollen•9

"During my best games, I try to stay focused on my next shot, trying to make sure I do everything correctly in order to strike and while doing that I try to stay as mentally stable as possible."
Kianna Lisi•11



EVERYTHING bowling
varsity highlights • favorite lanes
teacher bowling • best matches

TR AC SP SL CG PR 1

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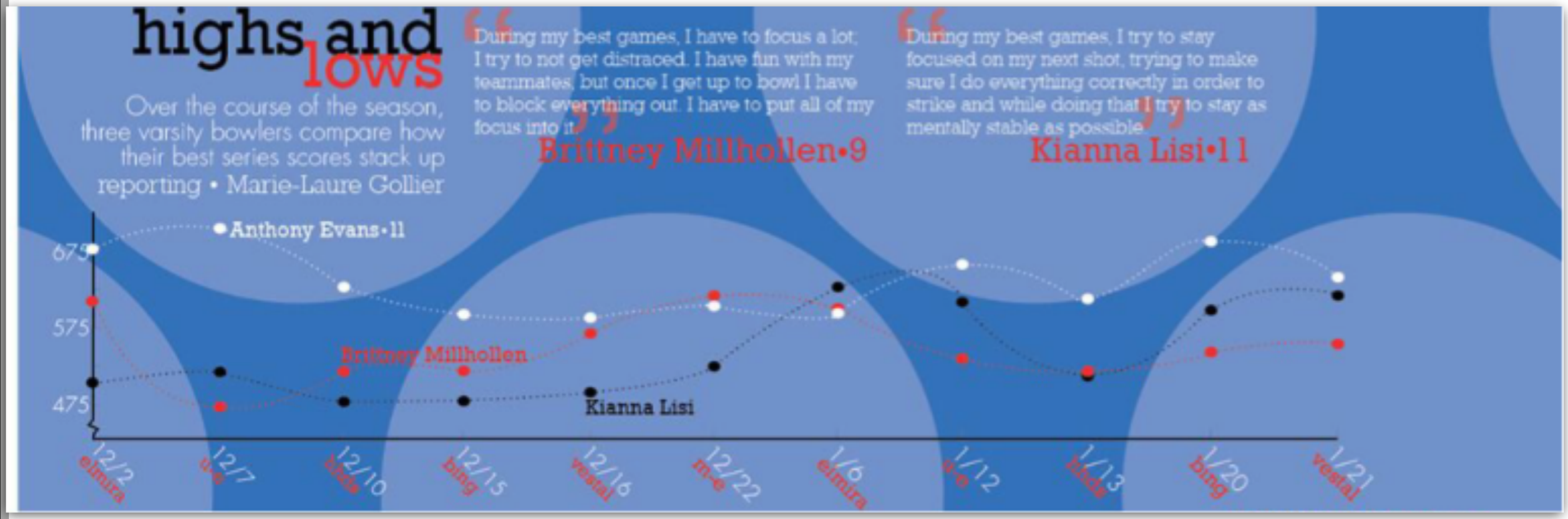

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2016 West Henderson H.S., NC





• STAY AFLOAT While putting floaties on the 3 year olds in her class, senior Caroline Ward prepares the children to practice swimming to her during their swim lesson. "All they have to do is put their feet through the sides, and this way if they were to get away from me they wouldn't drown," Ward said. • LEAN ON ME As Caroline Ward works with a child to help her learn to float, she puts the child's head on her shoulder. "Kids are usually the most afraid of this, and the hope is that one day they will be comfortable enough to float on their own," Ward said. *(photos by Ari Simi)*

make a SPLASH

SENIOR HELPS TEACH CHILDREN TO SWIM

"I've been life guarding at the Lelia Patterson Center since last August. I didn't start teaching swim lessons until last spring. I do group lessons Monday through Thursday after school for two weeks at a time. The lessons are from 45 minutes to an hour long. Private lessons are only 30 minutes. We spend a lot of time, especially with the little ones, getting them comfortable in the water. But then as they get older, we start doing more kick work and floating. I teach them some basic strokes, and we always play games because it helps them get more comfortable in the water. I have never had a child that was too afraid of the water. I've learned that games are important for little boys. If you make something into a game, they will listen a lot more and they learn better. The older kids are not as stubborn as the little ones. I really enjoy working with them. It is work, but it is also rewarding because you're teaching them something they will use for the rest of their life. I love going to work and seeing how happy they are to see me. It gives me something to look forward to after school every day."

• caroline ward, 12

behind the wheel

JUNIOR TAKES A JOB AS A CHAUFFEUR

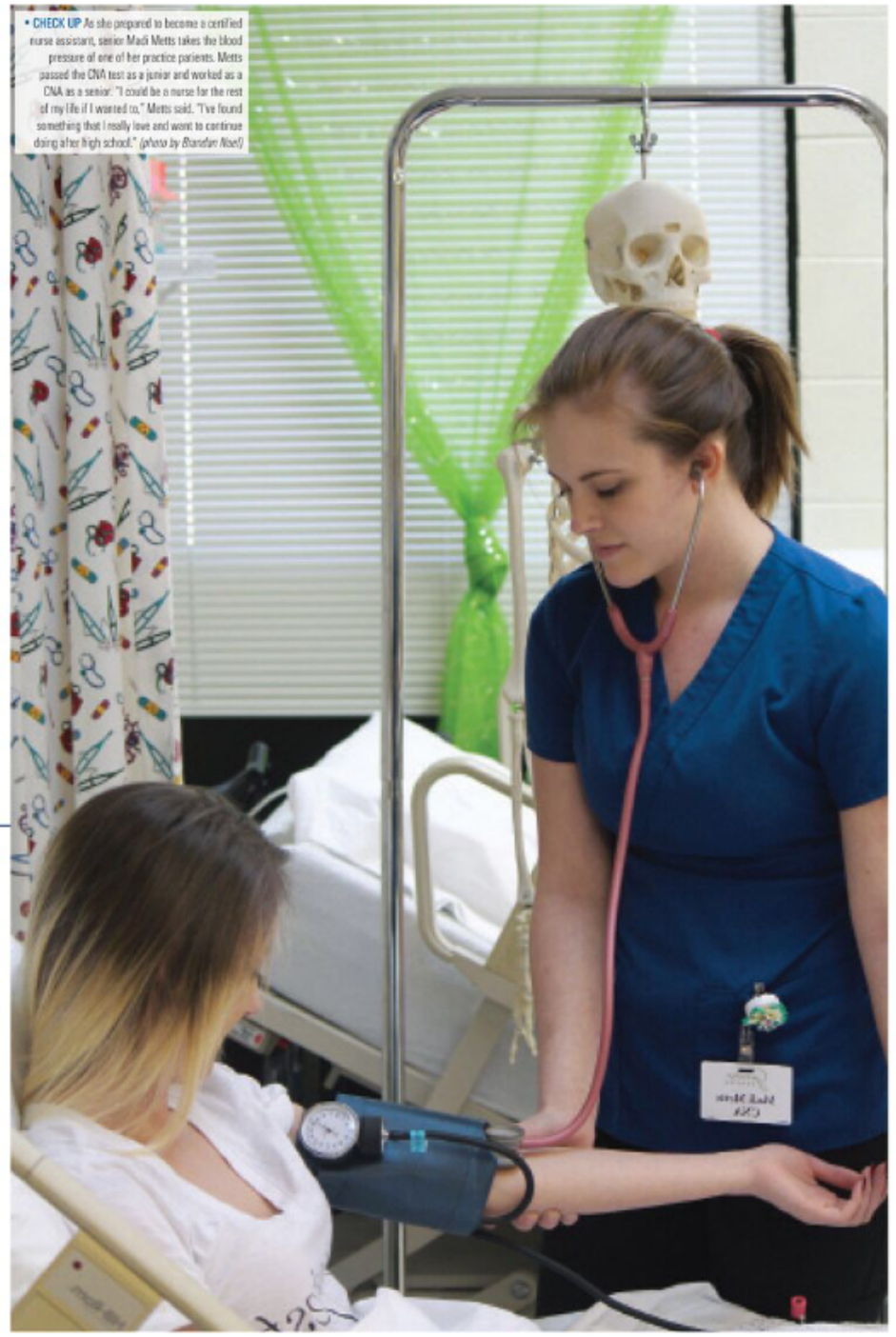


Chauffeur probably isn't the first job that comes to mind when thinking about the jobs teenagers typically take, but last spring, junior Caleb Beard started working as a chauffeur for Integrya LLC.

"Right now I'm a chauffeur and the right-hand man to an older man. He's extremely smart and used to work for NASA and fly fighter jets. He can't go out as much as he would like because bright sunlight makes him not see well and he can't walk easily," Beard said. "So I drive him anywhere he needs to go. I'll take him places to eat or do whatever he needs, like checking the mail."

Not just anyone can be a chauffeur, Beard said.

"You have to be more mature than others. There aren't many students who can do this job. You have to be trustworthy, responsible, and on time," he said. "I love my job. I get to wear whatever I want, and I mostly work on the weekends. I make $12 an hour."



• CHECK UP As she prepared to become a certified nurse assistant, senior Madi Metts takes the blood pressure of one of her practice patients. Metts passed the CNA test as a junior and worked as a CNA as a senior. "I could be a nurse for the rest of my life if I wanted to," Metts said. "I've found something that I really love and want to continue doing after high school." *(photo by Brandon Noel)*

purpose in life

SENIOR FINDS HER PASSION THROUGH HEALTH SCIENCE CLASS

• by anna allmond, skylar smith and samantha wilkie

QUESTION: Was it always your plan to take health science classes in high school and get your CNA?

MADI METTS, 12: I was one of four juniors in the CNA (Certified Nursing Assistant) class last year, and it was a lot of pressure being younger because I was 16 when I took the test. It's something that few people are able to do. I'm very honored to have that as one of my credentials. There's not a lot of places that will hire you at 16 or even 17. I was lucky enough to even find a job as a CNA, but I had no idea that that's what I was going to do. Now that I have done it, I can't think of anything else I'd rather do.

QUESTION: Are you glad that you had the opportunity to get your CNA as a junior?

METTS: Yes, definitely. I loved all the people I had classes with, and I loved being with the upperclassmen. I feel like I've benefited more because I'm closely connected with Ms. (Karen) Franklin, and she helped me personally become the best nurse I can be. She pushed me a lot harder than most of the other students because she saw my potential.

It's just really hard to see a patient at his or her lowest point, but I guess the most rewarding aspect of nursing is just being able to hold someone's hand when they need it. That's important to anyone who is wanting to go into the medical field because there will be moments when you are the only friend the patient has. You just have to know that and take everything with a grain of salt.

QUESTION: How have the health science classes you took in high school benefited you?

METTS: Taking the classes helped me know what to expect while working and doing clinicals. I know what the professional world is like and that nursing is not easy. It takes someone very special to be a nurse, and I feel like I've found my calling in life.

QUESTION: What do you like about being a CNA?

METTS: I love helping people. I have always liked helping others. My mom is really sick, so I've always had the role of helping people. Being able to have my CNA gives me the opportunity to legally help people. Making somebody smile is my goal every day.



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SPEARHEADING school spirit

As the student body gets fired up during the week of Sept. 28-Oct. 3, students take to Instagram to share how they kept it hot during the spirit week

reporting • Elanor Gehl



1 • Who Let the Seniors Out? As the first outdoor pep rally comes to an end, seniors Maryana Pivovarova, Olivia Clark, Cassidy Kenefick and Alexander Larsen pose for the camera. "It was interesting to see how our school's first outdoor pep rally would go," Clark said. photo provided • Olivia Clark (@olivia_clark) **2 • Good Day to be Gray** With their class sign raised high, sophomore Mitchell Bliss carries sophomore class president Grace Bickham on his shoulders, accompanied by sophomores Alexander Hartman, Keegan Smith and Zachary Drewno. "It felt awesome coming out with my friends and classmates," Bickham said. photo provided • Grace Bickham (@gracebickx) **3 • Guns N' Poses** Before attending the homecoming dance on Saturday, Oct. 3, seniors Audrey Howard and Samuel Peck pose for a picture. "Homecoming was great this year because we're seniors and we just went wild out on the dance floor," Peck said. photo provided • Audrey Howard (@audreyelizabeth8) **4• Feeling At Home** After a two-point varsity football win, sophomore Gabrielle Jankowski poses with junior Jarrett Wright. "The end of the game was really close and the student section was lit," Jankowski said. "After we won we made a tunnel for the players to the locker room." Wright and the team defeated Vestal 28-26. photo provided • Gabrielle Jankowski (@gabgirl99)





reporting • Jessaria Sakona

The energy is high on Thursday, Oct. 1 as students and staff participate in the first-ever outdoor pep rally, and they're

all FIRED UP



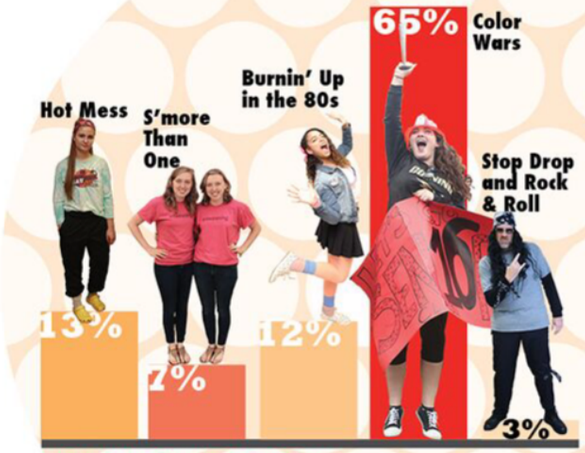
reporting • Jessaria Sakona

The homecoming dance is lit as students take to the dance floor on, Saturday, Oct. 3

BURN, BABY burn

1 • Catching Fire All eyes on him, senior Alex Wang shows off his moves in the field house on Oct. 3. "I had never been in the center of the dance circle, so I just went for it this year," Wang said. "10 out of 10, no regrets." photo • Jacob Russell **2 • New Flame** In the heat of the moment, sophomore Ian Howard rides the crowd during the homecoming dance on Saturday, Oct. 3. "It was very exciting and exhilarating," Howard said. "Near the end I began to fall and it was scary but people caught me and I realized how fun it was." photo • Mackenzie Geller **3 • Music Makers** At the head of the gym, Mr. Eric Griffin DJ's the homecoming dance with a playlist made and edited by students in his class. "I edited a song in Music Production class for it," senior Marissa Cavallaro said. "It only took a couple days because I was fortunate enough to choose a song with a small amount of explicit words." photo • Ken Dingel

1 • "Juniors" on Three Before competing against other grades in a game of Tug of War, the junior class gets pumped up from a group huddle led by junior Janelle Thomas. The junior class went on to sweep the competition by defeating the sophomore and senior classes but ended up losing to the faculty and staff in the last match. photo • Mia Belonger **2 • First Time for Everything** As the class of 2019 sports their class color on their march down the track, freshman Caroline Nevins rides on freshman Sydney Wood's back during their first pep rally parade. "It was a cool experience and having it outdoors was a fun change," Nevins said. photo • Jacob Russell **3 • Stomp 'n Pop** Along with his classmates, junior Liam Phelan competes in the Balloon Battle, which pitted the grades against each other to pop balloons tied around opponents' ankles. "Our first outdoor pep rally was better than I expected, but the outcome was as I assumed; the juniors were the superior class," Phelan said. photo • Mia Belonger **4 • Tug of Sophomore** With their plenty of help at his back, Zachary Jamison uses his sophomore classmates and their strength in a game of Tug of War against the freshman class on Thursday, Oct. 1 during the pep rally. "The sophomores annihilated the freshmen with me in front and then the juniors destroyed the seniors," Jamison said. photo • Aimee Spisak **5• All Black Everything** Decked out head to toe in black, seniors Carston Kopf (in red hat) and Nathan Pavlick show their senior pride by wearing their designated class color and cheering on their classmates during the first outdoor pep rally. "The administration ironically picked one of the coldest possible days to have an outdoor pep rally, but the cold didn't matter once we were fired up and moving around," Kopf said. photo • Aimee Spisak



WHAT'S HOT AND WHAT'S NOT

Students share which day of spirit week lights their fire

reporting • Gautam Vemury



NOTHING but fire

The cheers are louder, the hits are harder and the victory is a little bit sweeter as the varsity football team faces off against the Vestal Golden Bears at the homecoming game on Friday, Oct. 2

reporting • Aria Sakona

Coming Home Strong With their eyes glued to the field, varsity football players celebrate as the team makes their way to a 28-26 victory on Friday, Oct. 2. "On the last drive, despite how lackluster our defense has been at times this season, I knew we would get the stop and secure our victory and make our community proud," senior Andrew Novak said. photo • Paige Lamb

EVERYTHING spirit week
instagram • pep rally • homecoming
dance • dress-up days • v football vs vestal
TR AC SP SL CS PA **32-33**

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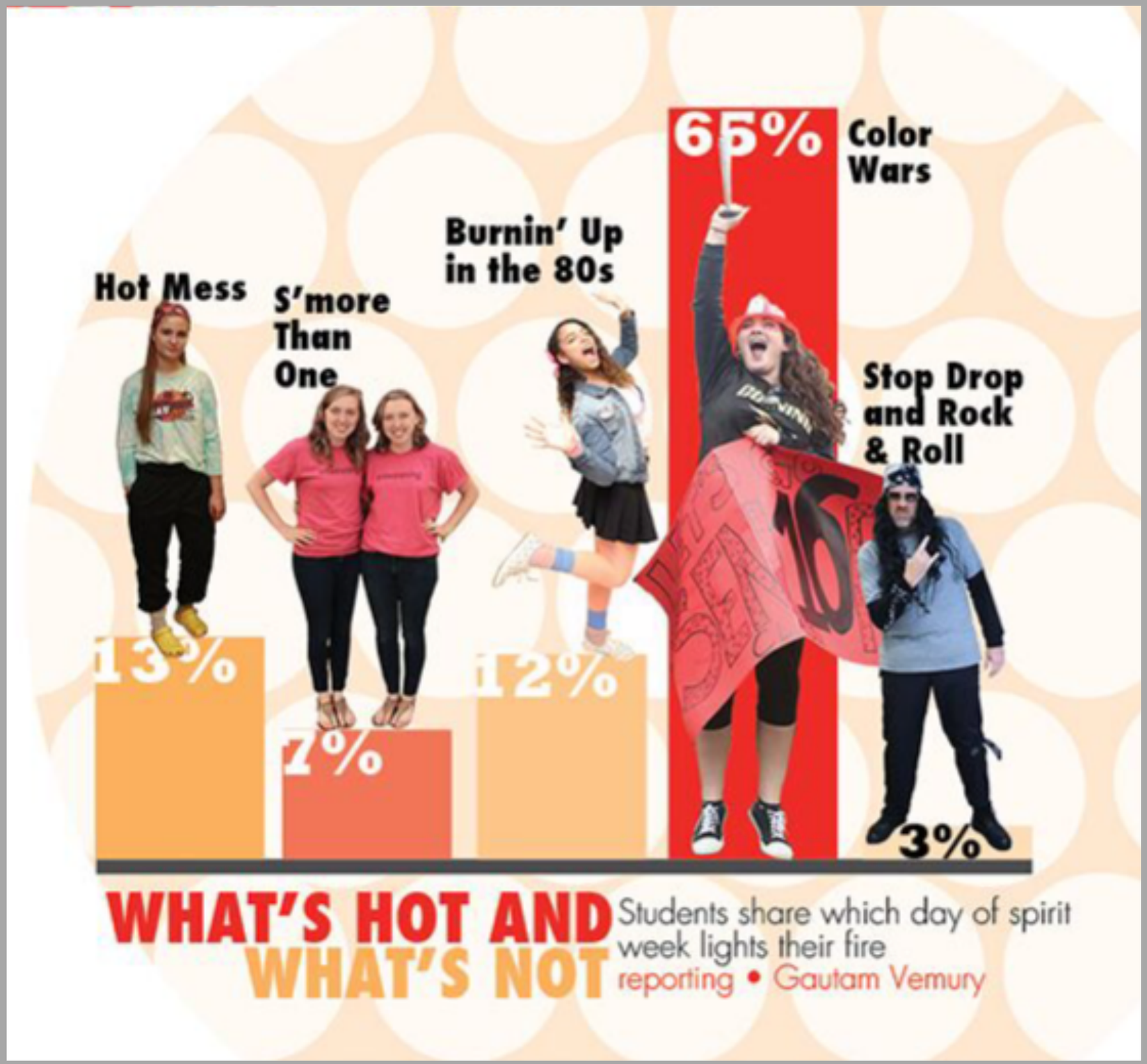

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more than A BAND

reporting • Laura Clough

"When I was a freshman and first joined band, I realized that I would be welcome there and it would feel like home," senior Brandon Suber said. "I feel like band's a big family. When you're in band, you bond with everybody and you care about them; they're your family"

Through the years of marching side-by-side, veterans recalled how they came to find a niche within the performance band. "I think you have to warm up to the family a little bit," sophomore Trevor Prutsman said. "Right when you come in as a freshman, you feel like the outcast, but then you kind of get going and you realize that it starts to become more connected."

A diverse makeup of personalities and perspectives made for an atmosphere for anyone and everyone. "It's really a cross-section of the community," band director Mr. Eric Griffin said. "Everybody participates. There's no feeling of 'I'm not important' because if you feel that way, then the band suffers. Sometimes we get down on ourselves, but if you lose sight of the fact that it's fun and we're good and it's fun to be good, then that's a problem. I want the students right now to look back in 20 years when the band's going strong and world-renowned and all over the place to say, 'I built that. I was part of that. It's better because of me.'"

Some families are small, but others are made up of 195 members. Over the course of the field season, the performance band bonds, developing a greater sense of unity within its diverse membership

1 • Take a Seat Arms stretched to the sky, performance band members balance upon one another in a trust exercise led by Mr. Eric Griffin. "It shows that everybody has to rely on everybody else in order to function. It shows how if one person messes up, everybody falls down in the circle. So it basically shows how important every person is individually," senior Brandon Suber said. photo by • Aimee Spicuk

2 • Selfie Master Perched on the conducting stand, senior drum majors Michaela Burrell and Stephanie Li pose with the band for a selfie. "Band is interesting in the fact that everyone is so supportive of each other," Burrell said. "I've grown really close to a lot of people in band that I know I wouldn't have ever met without it." photo by • Aimee Spicuk

3 • You've Got a Friend in Me Across the field, sophomore Trevor Prutsman clings to senior Beech Wayland's back during August's band camp. "Band is like a family, some people call it a 'bandmily'," Prutsman said. "It is kind of a family. I mean a lot of people are here to support you and we all have the same interest in music." photo by • Lindsey Sadley



BANDED together

Through the heavy rainfall and overcast clouds, the competition band prevails through any conditions to prepare for the state championships

reporting • Laura Clough





1 • A Cast of Hawks Dressed in raincoats, competition band members march to the next set of their show in their annual Bandtoberfest performance. "My favorite part is probably seeing all the hard work pay off at the dome at the end of the season," sophomore Alexander Bennitt said. **2 • The Path to Perfection** After their performance, seniors Alexander Flint and Sarah Bailey lead the competition band off the field at Bandtoberfest. "We were on the field that we had rehearsed on since the beginning, there were people cheering my name, and the band was the best they could have been. Everything combined made me more confident and Bandtoberfest one of the best times of my life," Flint said. **3 • Mellow Mellophone** Mellophone in hand and fingers on keys, sophomore Sarah Schmidlin performs with the band at their Bandtoberfest performance. "We play through all sorts of weather, we play in snow, rain, and mostly just the cold. One evening rehearsal we had, we played in the pouring rain for about an hour and a half," Schmidlin said. **4 • Riding Solo** Baritone in hand, senior Frederick Schmidlin practices his solo for the show opener at Bandtoberfest in a downpour. "I was feeling a lot of adrenaline when we walked out into the field, and excitement as we performed our show," Schmidlin said. **5 • Lend Me a Tenor** Drumsticks in motion, senior Adam Price keeps the tempo with his tenor drums. "A lot of people complained about the work and said that it wasn't worth it, but being fifth from top in the state and also putting forth the work to see what you can actually put out—yeah, it's worth it," Price said. photos • Aimee Spicuk

EVERY second counts

reporting • Tessa Neukirch



Although most only see the eight minute field show, members of the field band contribute many more hours throughout the season in prep, practice and performance

THE MEANING IN THE MUSIC

reporting • Laura Clough

From rookies to band room bums, band members share what role band plays in their life and their reasons for joining

I joined band because...

"It was where I could meet new people. As a person new to the school, I thought it was very important to meet others, and band did a really nice job of that."
Phineas Pambianchi·11

"Being in the band offers me an enjoyable way to mentally stimulate myself and express musical talent where it is appreciated."
Ryan Flick·12

"I did it throughout middle school and had fun doing it, and I was excited to get the opportunity to be in marching band."
Alexander Bennitt·10

Band is...

"Pain and torture and getting up early on the weekends, long Saturdays, and getting yelled at because I wasn't dressing or covering-down or I was out of step. But it's also when I get to spend time with friends."
Sarah Spencer·10

"Family. I've gained so many friends just being a part of it and I've grown so close with every single one of them."
Natalee Bostwick·10

"A way to relax in the morning and do something I love while expressing myself."
Nikitha Reddy·9

EVERYTHING field band
bonding·playing in the rain
time commitments·joining reasons
TR AC SP SL CG PR 44-45

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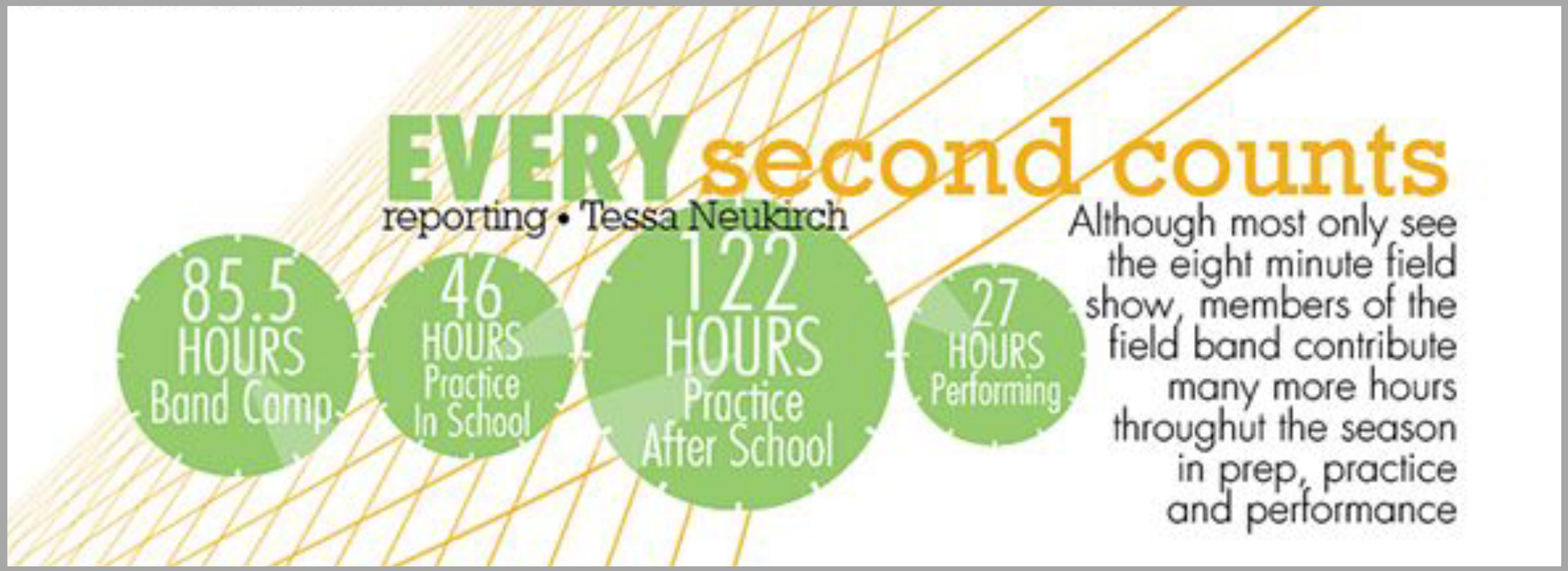
2016 Corning Painted Post, NY



MAKE DATA VISUAL

2016 Whitney High School, CA

MORE (OR LESS)

in a series of online polls, 359 students responded with opinions from more serious to the most trival for this by-the-numbers report

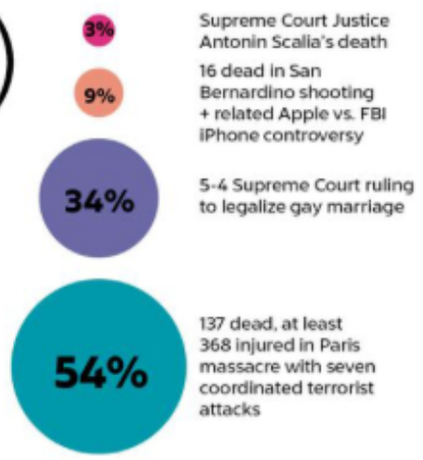
In June temperatures pushing 100 degrees, crowds lined the capital steps in Sacramento to protest the anti-vaccination bill under consideration and rally their cause in the marriage equality debates.

On June 26, 2015, the U.S. Supreme Court legalized same-sex marriage, making one of the biggest news stories of the year.

Other news events involved violence and acts of terrorism, such as the Paris attacks Nov. 13, Dec. 2 San Bernardino shooting and Brussels bombing during spring break.

While the school year included multiple celebrity deaths (including musicians David Bowie and Glenn Freyl, the death with the greatest political impact was the Feb. 13 passing of Justice Antonin Scalia, leaving a vacancy on the Supreme Court and controversy over who would make the appointment.

What was the biggest news story of the year?



What's your favorite **Star Wars** movie?



The latest installment in the popular Star Wars series destroyed previous box office records with its Dec. 21 release. Within 12 days the film net $1 billion in ticket sales worldwide, according to CNN. The global box office opening of the film made $529 million.

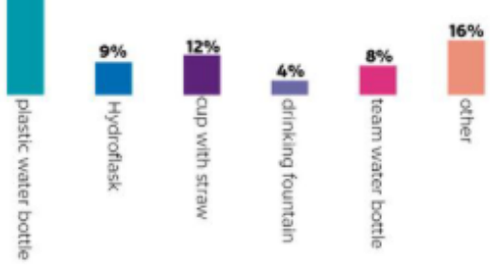
"'Revenge of the Sith' is my favorite because you get to see Anakin Skywalker become Darth Vader."
ENZO BIONDI

"My favorite film is 'The Force Awakens' because it brought me back to childhood and brought me a ton of happiness in a time where I needed it."
JESSI OLSON

"Empire [Strikes Back] because of the big twist and it was just overall really good."
AUSTIN DOLLAR

How do you hydrate?

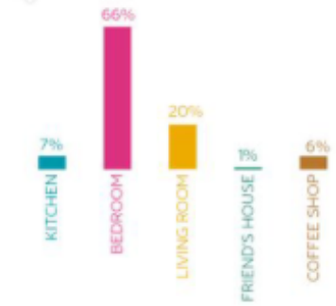
Carrying water on campus was an everyday habit for more than half the student body. To raise additional funds for the season, the women's soccer program sold Tritan Tumblers decorated in a Wildcat spirit theme during the first two weeks of March. While spirit cups with water were popular, carrying store-bought plastic bottles from Safeway, Costco and vending machines was most common.



How many glasses of water do you drink a day?

"I really don't hydrate because I'm a super-taster. I taste all of the minerals in water, and it just tastes disgusting."
MORGAN HAWKINS

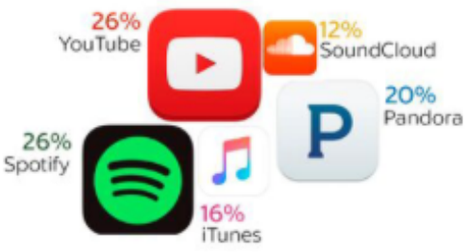
Where do you do your homework?



Where do you buy your gas?



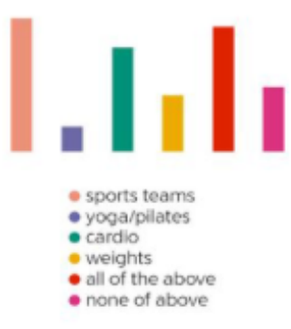
What app do you use **most often** for music?



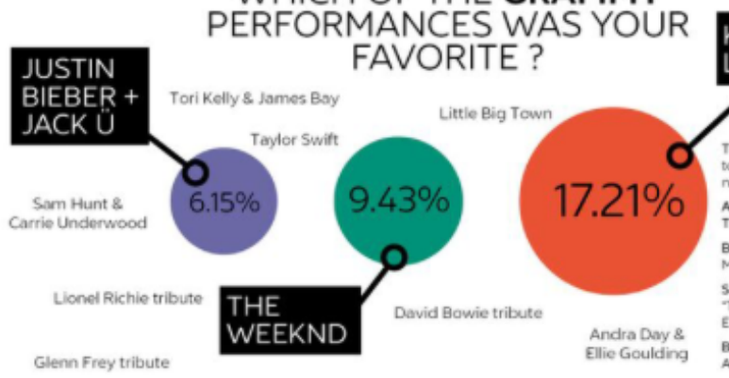
If you had a snow day, how would you use it?



How do you work out?



WHICH OF THE **GRAMMY** PERFORMANCES WAS YOUR FAVORITE ?



The 58th Annual Grammy Awards took place Feb. 15, airing on a Monday night (not Sunday) for the first time.

Album of the Year
Taylor Swift, 1989

Best New Artist
Meghan Trainor

Song of the Year
"Thinking Out Loud"
Ed Sheeran, Amy Wadge

Best Rock Song
Alabama Shakes "Don't Wanna Fight"

55

MORE OR LESS

H. BEGIC
C. O'BRIEN



"Not speaking up for myself."
EMILY GRIFFIN

ONE THING I REGRET

"Not realizing how amazing being a kid is."
MEGAN SOARES

"Doing an essay on the due date."
MATT WICKS

"Caring what people think."
ZACK HALL

"Not taking risks."
SIERRA YOUNG

"The way IT happened."
ELIJAH SHOWGREN

"Not watching Star Wars on opening night."
BRETT LINDSAY

"Not going to every varsity football game."
VANESSA OROZCO

"Being a procrastinator."
LUKE WETZEL

"My misspelled tattoo."
SPENCER SELTZER

"Procrastination."
JACOB McMULLEN

"Nothing. Everything happens for a reason, and I take a positive from every one of my life experiences."
RYLEA GILLIS

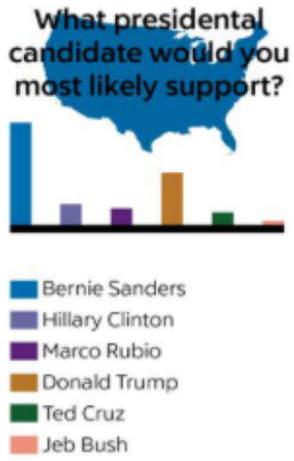
MAKE DATA VISUAL

2016 Whitney High School, CA

Which of these California teams is your favorite?

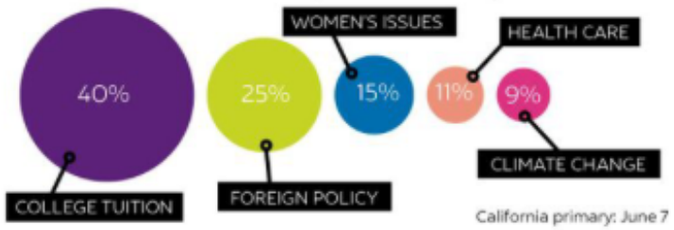


What presidental candidate would you most likely support?





Which issue in the upcoming presidential election is most important to you?



California primary: June 7

"I think that this election will be historic because there is a lot of antiestablishment feeling in the electorate, and for the first time our president could be someone without political experience."
TYLER KIM

"For the first time in modern history, millennials have the opportunity to make their voices heard on a large enough scale to take America in a fundamentally different direction."
KEVIN SANCHEZ

"In government, we learn the basics of how things work, and it connects me to today because I'm able to understand the debates and the campaign trail and the things that are happening."
CASEY BORGHESI

"Before [discussions in government class this year] I didn't know any background at all. But now I have reference for everything I hear about the presidential election and I get it."
LAVANDER SESODY

What's the best place/way to earn extra money?



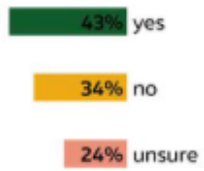
If you paint your nails or get them done professionally, which do you do more often?



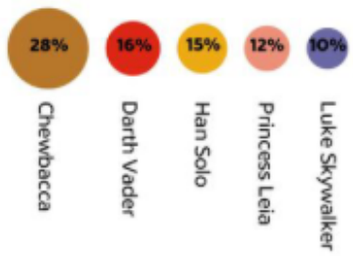
If you use nail polish, what brand do you prefer?



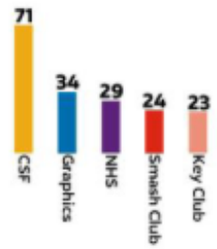
Do you support the legalization of marijuana in California?



Who's your favorite Star Wars character?

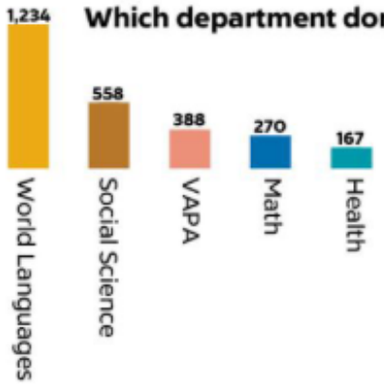


Most popular clubs*



*measured by member roster

Which department donated the most cans?

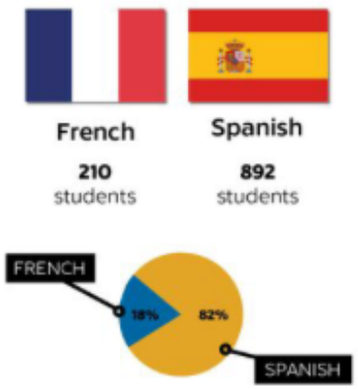


SOURCE: Activities Director Mr. Travis Mougeotte

As part of their community service efforts, ASB coordinated a school-wide canned food drive in partnership with KCRA, running Oct. 20-Nov. 13 using donation boxes in each classroom. The winning class, Mrs. Jennifer Reasner, earned a pizza and ice cream party for the 673 cans contributed to the school goal of 100 boxes donated. ASB also received 324 cans from outside donations.



Which foreign language are you studying?



Which school dance is your favorite?





Welcome Back Aug. 21
Homecoming Oct. 10
Sadie Hawkins March 18
Junior Prom April 16
Senior Ball May 14

"My favorite is Junior Prom because it was fun having a dance not at school."
MATT SANCHEZ

"I haven't had it yet, but I already know my favorite will be Senior Ball because it is the last dance ever, and it makes us think, 'Wow, four years flew by.'"
ISAAC BISLA

"Homecoming is my favorite because I love dressing up and going out to dinner before the dance."
ISABELLA BARRIENTOS

"The scene was adorable at the Welcome Back dance as a spinoff of Hawaii."
HAYLI PERA

"I don't go because I don't like the atmosphere, environment, the music or dancing. It is not the kind of person I am to go out and dance with people I don't really know."
RHYS ZIENTARA

H. BEGIC
C. O'BRIEN



"One thing I would never do is drugs."
SARA DONNELLAN

ONE THING I WOULD NEVER DO

"Wake up early on the weekend."
ADARSHRAJ RAVINDRAN

"Drugs."
NILES TUCKER

"Assault someone."
CRISTOBAL SUPULVEDA

"Purposefully be rude; that goes against who I am as a person."
CONNOR MERKLE

"Get enough sleep."
KELLY CARROLL

"Give up on something that mattered to me or to someone I care about."
JESSALIE GARCIA

"Jump off a mountain."
KAROLINA SOLOVYOVA

"Be anyone but myself."
REBECCA SPAHN

"Drugs."
RILEY CARROLL

"Anything involving heights like skydiving or going to the top of a building, bridge or moutain."
ERICKA GOMEZ

FIND A NEW ANGLE

life's a pitch

Connor Riley, Long Beach State bound, pitches his second no hitter of the season so far by Dana Esser



stepping up to the plate

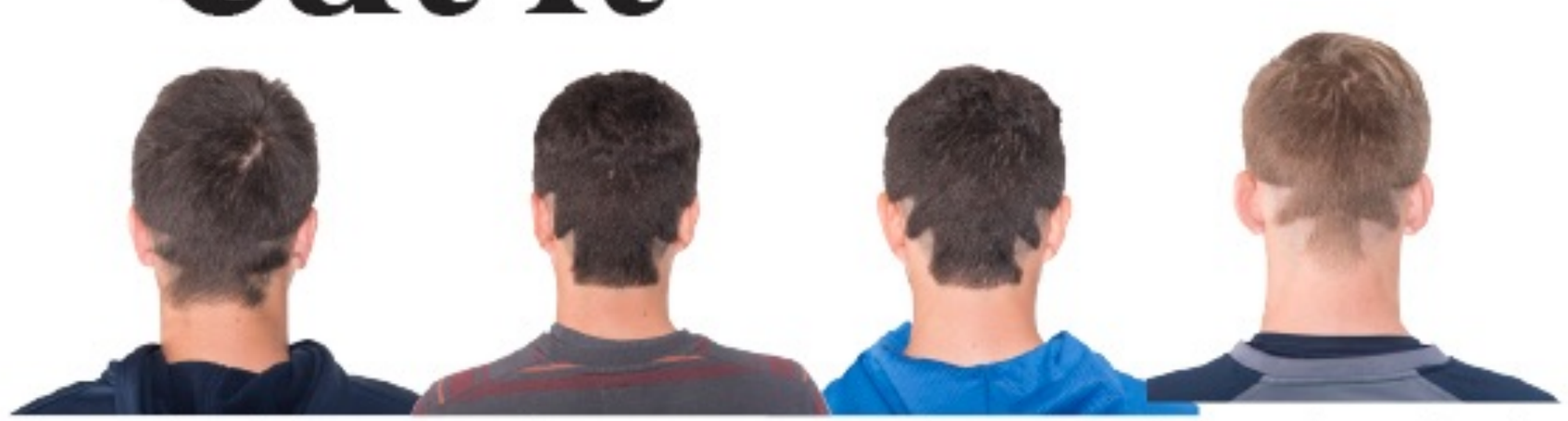


you need cut it to

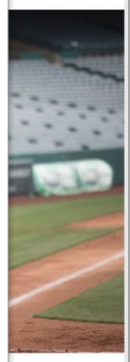
Varsity boys have a different kind of team bonding

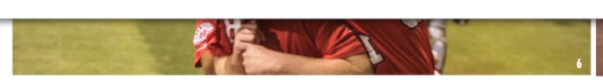
compiled by Taylor Rose





The varsity baseball team mimics the movie "Major League" by recreating the famous haircut done by Charlie Sheen. Seniors Sean Reynolds, James and Jacob Ramos, and Jacob Springman all laugh when explaining how the team decided on their haircuts. Each player first went into the barber shop to get their hair cut, and since then, they have been retouching their haircuts for each other.







FIND



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their regre

RON KOPP

"I can feel it coming in the a
And I've been waiting f
Can you feel it coming i
"In the Air Tonight" b
room, pumping the team
"My favorite tradition
took the field," quarterba
Yourself" by Eminem and
Silent, seated and with
things football in the pitch
"When the songs were
Kopp said. "It was our way
The team brought h
rushed back into the locke
My favorite memory
the win against North," K
fun for us."
Despite this game b
unspoken bond between t
"I've been with this gr
"I love all my senior team
season of football with an

TYLER HOLLAND

Middle linebacker Tyler H
"Football has been my
summer until the end of t
His passion propelled h
he knew the end was nea
"I stayed motivated th
one I'd ever play," Holland

their regrets, welcomed a new coach who

RON KOPP

"I can feel it coming in the air tonight, oh Lord.
And I've been waiting for this moment for all my life, Oh Lord
Can you feel it coming in the air tonight, oh Lord, oh Lord"

"In the Air Tonight" by Phil Collins echoed throughout the locker room, pumping the team up before game time.

"My favorite tradition was listening to the same songs before we took the field," quarterback Ron Kopp said. "The songs were "Lose Yourself" by Eminem and "In The Air Tonight" by Phil Collins."

Silent, seated and with his team, Kopp forced himself to focus on all things football in the pitch black locker room.

"When the songs were playing, we just sat in the dark and listened," Kopp said. "It was our way of zoning in."

The team brought home a win against S.M. North. The team rushed back into the locker room after the game.

My favorite memory was the celebration in the locker room after the win against North," Kopp said. "It was really rowdy and a lot of fun for us."

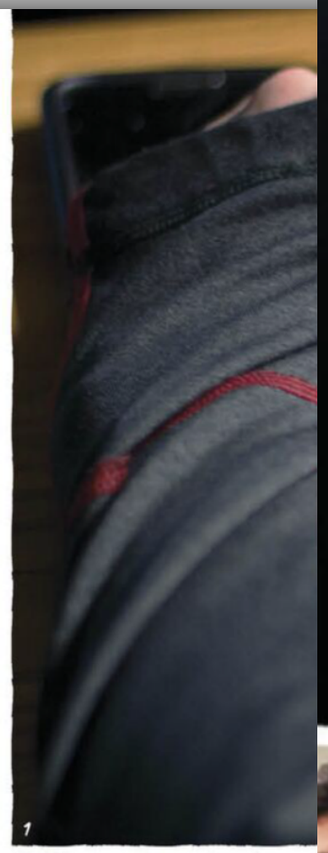
Despite this game being the team's only win, there was an unspoken bond between the seniors and other members of the team.

"I've been with this group of seniors all of high school," Kopp said. "I love all my senior teammates and wouldn't want to spend my last season of football with any other group." Kopp said.

2016 Shawnee Mission NW, KS

FIND A

ission NW, KS



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1. Scribbling notes on his paper senior Stephen Smith prepares for the upcoming test. The notes covered how to find the relative error of a detour. *Photo by Kevin Thompson* | 2. Senior Cami Payne works through an algorithm in the time given for homework. "Discrete is interesting because it gets you thinking about real life," Payne said. *Photo by Kevin Thompson* | 3. While playing the AirPlay lottery senior Carter Robinson smiles at senior Carson Vielhauer. The lottery could be used as extra credit on homework assignments or tests. "If you guess three or four numbers correctly you get extra points," Robinson said. *Photo by Kevin Thompson* | 4. Senior Gianni LaMartina does his math worksheet on Nov. 12. He has had Coopman for three years. "My favorite part about discrete was Coopman's sense of humor," LaMartina said. "He doesn't bore you to death with his power points which can be hard in a math class." *Photo by Kevin Thompson*

Side Note

*Teacher Dave Coopman shared the **essential equations** to know in discrete math*

Number of p
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*This is the numb
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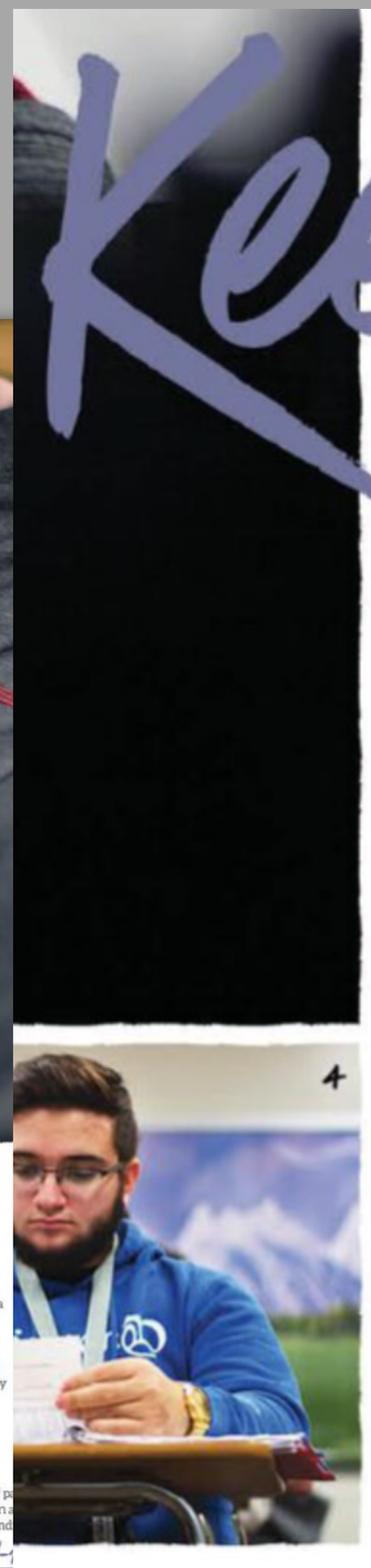
be in an election
than two can*



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OKE AND MAKE
YABLE, BUT STILL
. HE'S ALWAYS
IF YOU NEED IT."
n Gianni LaMartina

Keep it DISCRETE

*Discrete math was not only the name of a math class, but an **inside joke** to the students in it*

Conversations drowned out the sound of the bell for class to start as senior Jun Alcala passed a clear, red plastic container of chocolate chip cookies around Room 223.

Senior Faith Mora turned around in her seat to talk to me.

"He always brings food," Mora said.

"Alpha, go sit down!" math teacher Dave Coopman said.

Senior Alpha Hill-Spearman rushed to her seat, quickly smirking at senior Carson Vielhauer.

Coopman turned on Airplay and got ready to present Powerpoint notes. The number on the screen was 1817 — no one had won airplay lottery that day. Coopman typed in the Airplay code and a star-shaped symbol encased in a pentagon appeared on the screen, along with the words "The Cheapest Link Algorithm."

"Before I started the class, I had no idea what discrete math even was," senior Reagan Almos said. "Because it's called discrete, I kind of just pictured us doing math in secret."

Although most of the students entered the class not knowing the curriculum, they soon found out that the bulk of it was learning how polls and voting work, in addition to learning paths and circuits in graphs.

The door creaked open as junior Kevin Thompson walked in.

"'Sup, Coopman," Thompson said. "I need to shoot pictures for this class."

"No one's supposed to know about this class though!" senior Nate Jones yelled.

The classic discrete math joke. Almos nodded in agreement.

"Yeah, now they'll know all our secrets."

The pentagon on the screen expanded into more detailed sections. Numbers appeared at each of the five points. And then the screen froze, leaving Coopman to struggle with his IPad. Airplay disconnected.

"Coopman, have you ever thought of dropping your career and becoming an independent musician?" senior Nate Neufeld joked.

"Yes," Coopman said sarcastically. "But then I realize I like you guys, occasionally." When Airplay came back on and notes came to an end, Neufeld and others broke into groups to work on their homework.

Thompson walked out of the room after taking the pictures he needed. Jones leaned over and spoke into senior Jackson McCone's ear.

"He'd better keep it discrete."

STORY BY CAMRYN MCDONALD

AT THE BEGINNING OF THE YEAR, STUDENTS CHOSE A RANDOM FOUR DIGIT NUMBER. IF THEY GUESSED 3-4 DIGITS CORRECTLY THROUGHOUT THE YEAR, STUDENTS RECEIVED EXTRA CREDIT POINTS ON A TEST.

AT THE BEGINNING OF THE YEAR, STUDENTS CHOSE A RANDOM FOUR DIGIT NUMBER. IF THEY GUESSED 3-4 DIGITS CORRECTLY THROUGHOUT THE YEAR, STUDENTS RECEIVED EXTRA CREDIT POINTS ON A TEST.

FIND A NEW ANGLE

2016 Corning Painted Post, NY

a theory worth a thousand words

reporting • Nina Listopadzki, Ashlyn Amsden and Lindsay Bagley

On Tuesday, Jan. 12, 11 students participate in a roundtable discussion on topics ranging from the political to the ethical to the extraterrestrial

ALIENS

Do you believe in aliens?

Lee Charlier •11: "I don't believe in aliens because I've never seen anything that really proves they exist."

Lindsey Butler • 9: "I think that there is extraterrestrial life because if the universe is really endless like they say it is, I don't think it is really possible for us to be the only people out there."

MONSTERS

Do you believe in monsters or mythical creatures?

Stella Gregorski • 10: "I personally don't believe in monsters. I would like to believe that they are real, but logic tells me that they can't possibly be real. Like the Japanese, a lot of their interpretations of monsters and gods came from environmental factors. I believe that this happened in many regions of the world, and that's were a lot of our legends of monsters came from. So that's kind of the logical thing to jump to, and that it's just history, and we have kept the tradition going because we are not creatures of change."

Rebecca St. Clair • 12: "I don't believe mystical creatures are real. Based off evidence, I think they are just stories."

Hunter Erway • 11: "I do believe in monsters because there is still stuff out there that science can't explain, and I think that monsters could definitely be a logical explanation."

AFTER LIFE

What are your beliefs surrounding ghosts and the afterlife?

LB: "I believe in the afterlife, but not because it's real. Well, it might be real, but what else are you going to believe in? I don't really believe in ghosts—I believe in demons because I've talked to priests before who have done exorcisms, and their belief that it's real makes me believe that it's real."

Ethan Bratti•12: "I think the main reason that people believe in the afterlife is that it's comforting. Every person deep inside has a fear of death, and the fear of death is probably my largest fear. I would love to live forever and continue to experience all of the amazing things in this universe, and I'm afraid of just ending, and I think that the afterlife, whether it exists or if it was just invented, it dispels that fear."

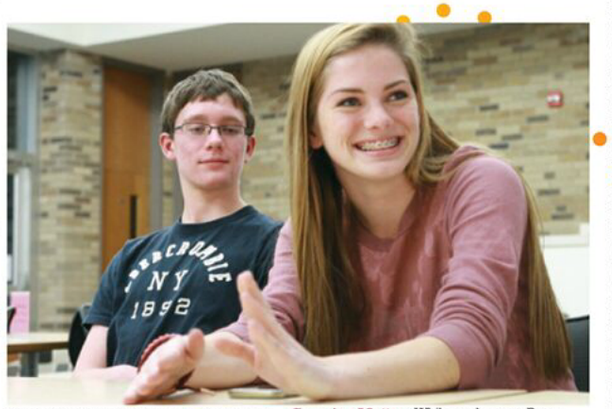
STANDARDIZED TESTING

Are the SATs and ACTs a fair way to test a student's abilities?

Emily Niu • 11: "I think standardized testing can definitely show how hard a student works. Obviously, if you study really hard, you'll do better. But also if you study really hard, but you don't have the correct material to study, then you're kind of screwed. As long as you do the correct studying and do the stuff you need, then you can get a good score and that probably means that your intelligence is quantified through that."

EB: "This country and our society is a system, right? No matter if you want to be part of the system or not, if you want to succeed in life, you have to fit the system's definition of success. So, the questions on these tests are all devised by the definition of success and intelligence, which was created by people who fit that definition and are in charge of the system. The system will set you up to fail if you do not fit the mold—their definition of success. Albert Einstein once said, 'Everyone is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.' Our system tests everyone on climbing trees and does not give anyone a chance to swim if they want."

"Our system tests everyone on climbing trees and does not give anyone the chance to swim if they want to."
Ethan Bratti •12



Covering Matters While sophomore Ryan Trice listens to the conversation, freshman Lindsey Butler shares her views at a student roundtable in the media center. "I was very interested in hearing the other people's opinions on the questions. It was fun to hear what people believed in because everyone has a different perspective," freshman Maxwell Hamilton said. photo • Nina Listopadzki

PAY GAPS

Why do pay gaps happen between different races and between men and women? How can we change this for the better?

Elizabeth Kleinschmidt • 12: "I think that the gender gap and the race gap stem from history, and in order to change that, it's the groups that are protesting it, it's the people that're setting laws that can change it; the midst of that we need to work harder to treat everyone fairly as well, and have the education that each of them receives be equal."

HE: "If we didn't have certain requirements for forms that we have to fill out in order to get a job or to be accepted into college or anything like that, then people would be going purely based on what they could do as far as raw talent and ability to learn and hard work and such. I definitely don't think that it's right that these inequalities are still there because we've been trying for generations to not have this issue, and it should be addressed by just making everyone's pay the same."

NSA

To what extent can you support surveillance by the National Security Agency (NSA), in light of Edward Snowden's leaked documents?

Ryan Trice • 10: "I feel like the NSA was doing their job, but they were doing it to such an extreme that it should be unlawful, and they don't have the right to go that far of a distance. I haven't really changed my lifestyle because of it; I don't feel like they're watching me, they might be, though."

Maxwell Hamilton • 9: "I think that they shouldn't spy, but you know, unless they actually think that you're a threat, then they should spy on you, but other than that, they should let people have their privacy."

POLITICS

Depending on your own political views, what are certain morals that you believe in and stand by?

William Cleary • 11: "I think that everyone should have a fair chance at being successful. I don't think that people who are born into rich white families should be the only people that have that chance. Also, I would say that my political views are probably democratic, and I think that way partially because of my morals, which are that everyone should have an equal chance of being successful, and also I find the Republican Party to be focused on rich white people, and I think that they shouldn't have the most say in the country. I don't really mind when people challenge my morals, so I don't really argue with them too much because I don't think that what I say will affect them anyway."

RT: "I stand by most of the stuff in the Constitution, that we should have equality for all. We should be allowed to own guns if we want to, but not like assault rifles—only for hunting. If my morals were challenged, I'd probably be like, 'Well, that's your opinion, but that's not my opinion and you're wrong,' and I'd leave it at that."

GAY MARRIAGE

What are your beliefs on gay marriage and homosexuality?

LB: "I don't agree with the church in terms of gay marriage. I don't think it should just be a guy and a girl; I mean, love is love. You can't tell a girl to like a girl if she's straight, so why should you tell a guy to like a girl if he's not straight?"

EB: "As far as gay marriage goes, or just the idea of homosexuality in general, I have a few short words, and they are that homosexuality exists in over four hundred animal species, but homophobia exists in only one, and that is your species, folks; that is our species. We are humans, and we are [jerks]."

ANIMAL TESTING

Is it ethical to kill an animal or subject it to tests for possible which benefits? Why or why not?

SG: " I believe that for any type of chemical that is not necessary and is not going to have a helpful purpose, it's use is completely unlawful. In terms of makeup and chemical compounds that are just going to be used for cosmetics, it shouldn't be allowed because it's torture to animals that have not done anything to us, and we're just using them. We preach and preach about inner beauty, but when it comes to makeup, we're sacrificing the lives of other creatures to just makes us outwardly 'beautiful.' However, if it's in terms of a life-saving drugs that could possibly save someone, I believe it's perfectly logical because it's something that will impact the lives of possibly millions [of people] for the lives of several animals who are arguably less sentient than we are, then it's completely fine."

MH: "I believe it's wrong in that if they are going to test it on the animals, they could test it on humans too. I believe that cloning things is a bad idea because we've all seen Jurassic World, and it ends in a really bad way."

ABORTION

What are your views on abortion? Should Planned Parenthood be supported?

WC:"I think that abortion is a really bad thing, but it should be legal in the U.S., because if you outlaw abortion, a lot of really bad stuff will happen. If Planned Parenthood is funded more, it might actually decrease the number of abortions because you're bringing out more contraceptives and stuff, which will logically make the abortion numbers decrease. I think that the mother should decide if the baby would be aborted. There is a lot of effort that goes into protesting against abortion, and if the same amount of effort was used to make adoption easier in the U.S. it would cut down the amount of aborted pregnancies here."

LB: "I am for abortion. When I was younger, I was raised to believe that abortion wasn't good, but then I started learning more about it, and I think that if it's in the circumstance where it was rape or incest, or it endangers their life, or even if you're young and you have your whole life ahead of you, I don't think that bringing a child into the world where they will be able to have the best life—I think that's an understandable situation to get an abortion. Also, I don't think that defunding Planned Parenthood should happen. Only a small percentage of Planned Parenthood is going toward abortion, and a lot of it is to birth control and things like that, and you wouldn't want to stop a good thing like that.

someting to TALK ABOUT

After 17 years living in Texas, senior Bridgette Tovar reflects on her experiences in upstate New York and provides a new perspective to how we could perceive and value one another

reporting • Ashlyn Amsden and Laura Clough

"I'm from Texas, so I came from a town where everything is mixed, but I went to a private school that had nothing but Hispanics, so I was moved here because my mother and my father and my family thought it'd be a good opportunity to have a different view on everything. That way, I could have a more open experience with people.

"I feel like here at this school, specifically in Corning, there isn't much diversity, and people don't really have the opportunity to see a multicultural place. I come from a place in Texas where Hispanics are really known for being hard-working, and people know that equality is a thing we strive for. We came from a town like that, and then I come here and I'm a minority, and I've never been in a place where I'm a minority. I know people joke about races because they hear things, and they think it's OK to do so. But I think that when they say things, they don't understand the consequences to come along with what is said.

"I feel as though people don't know what they're saying hurts other people, so they say it and expect everything to move on. The way that I can only explain it is that I don't see a person by the color of their skin. I see them by their character and who they are, and it's something we should be open to. You have to see more of other places, and I feel like you have to have more of a traveling experience.

"I've kind of changed my mind school-wise for college, so I kind of want to do something like counseling, just trying to help people go through this, because obviously happens a lot, and it's something that's unnoticed when it shouldn't go unnoticed. So maybe if I can do something because of my experiences and help other people who've had basically my experiences, maybe I can help them help make it come to a stop."



EVERYWHERE beliefs: discussion bridgette tovar

SL AC CO SP PR RF 92-93

FIND A NEW ANGLE

2016 Shawnee Mission NW, KS



Reminiscing on old times, social studies teachers Drew Magwire, Todd Boren and Matthew Wolfe recount their first years teaching at Northwest. Boren and Magwire had worked together for many years before Wolfe started teaching at Northwest. Wolfe soon joined in on the pranks. *Photo by Nate Thompson*

THE REST IS History

We know them for their loudness and their constant jokes, but here is the **real reason they teach**


Magwire


Boren


Wolfe

It might have happened in the middle of a lecture as European History teacher Todd Boren saw sociology teacher Drew Magwire walking down the hall.

"MAGWIRE!"

Well, actually, it did.

They are the loudest teachers in the building. And then there's economics teacher Matt Wolfe.

Between classes, Magwire and Wolfe stood in the hallway greeting students and yelling across the hallway to each other.

I asked the three of them to meet me in Boren's room to tell me about practical jokes, teaching and friendship.

As Boren and I waited in his classroom, there was yelling in the hall. Magwire and Wolfe burst in. The three gathered in the center of the room, talking loudly. Each pulled a desk up and sat down. Quiet for the moment.

"What's your favorite part of teaching?"

Magwire instantly leaned forward and answered.

"June."

Wolfe and Boren laughed.

"Definitely July," Boren said.

"And two weeks in August," Wolfe said.

"August used to be really popular," Magwire said.

"But not so much anymore," Boren said.

The laughter dwindled.

"Oh, let's see, my favorite part of teaching, I would say, is when you have those certain lightbulb moments," Boren said. "Where students, in a sense, 'get it.'"

"I think we call those epiphanies," Magwire said.

"Yeah, epiphanies," Boren said. "Where they can actually link what we're talking about in the past, in history, to the present."

"I would agree," Wolfe said. "I also just like having a daily interaction with kids, getting to know them, teaching them not only content but social skills. I just enjoy it."

"Life lessons," Boren said.

"Most important thing would be the social skills part," Magwire said. "We want kids to have experiences in our classroom that will mean something in the real world."

"Why did you decide to become a teacher?"

"Because of the pay," Magwire said smugly.

"Because I love to harass students," Wolfe said.

"Because of pay, harassing students, all of those are very good," Boren said. "I'll go ahead and kind of round it out and I'll say because I had a strong interest in history."

"Can you tell me about when Wolfe first came?"

"That was a long time ago," Wolfe said smiling. "I can barely remember."

"You know what I thought to myself?" Magwire asked. "He must be getting a bigger contract than me because he has to be putting millions into his hair product..."

Boren threw his head back laughing.

"...and I can't believe that a public school teacher can afford that," Magwire said.

"It was a nice part though," Boren said.

"It was ridiculous," Magwire said resolutely.

"As you've probably been in our office, at least on my side, I am the minority gender in that office," Wolfe began, "and so, when I started here, Magwire and Boren were on the other side in Room 125. Conversations would be taking place in my office that I wanted no part of."

Boren and Magwire laughed.

"So I would mosey over to their office where they had a big old table and I could sit down and be a part of other conversations," Wolfe said.

"What's your biggest pet peeve in class?"

"I have three rules," Magwire said. "Three general rules. Rule number one: don't be rude. I really don't like rude people, number two:"

Magwire pointed to Wolfe.

"Don't be a hypocrite," Wolfe said.

"Don't be a hypocrite," Magwire said. "I don't like hypocrites. Number three, and this is the one that I feel is really becoming more prevalent: Never, ever say the three words-"

Magwire pointed to Wolfe again.

"I. Don't. Care," Wolfe whispered.

"That's a big thing for me," Magwire said. "Saying that you don't care is both rude and hypocritical."

"Yeah," Boren said. "I mean you know, rudeness, and apathy. Yeah. IDK, apathy. Pet peeve."

"Yeah 'IDK' not only is that horrible, but it's misspelled," Magwire said.

Boren laughed.

"'IDK' is I don't know," Wolfe said, laughing.

"Oh yeah," Boren said. "Whatever."

"IDC," Wolfe corrected Boren.

"I know!" Boren said defensively, "I don't freaking text."

All three laughed

"Whoa, easy," Wolfe said.

"You basically just said 'I don't care," Magwire said. "That's what you basically just said. But you didn't say it!"

"I didn't say it," Boren said, smiling.

"I appreciate that," Magwire said. "I appreciate that."

"I don't text," Wolfe said, still chuckling.

STORY BY DANIELLE JOHNSON

To be Honest

In the early 2000s, before Wolfe came to Northwest, Boren and Magwire were the ***pranksters of the school***



THE PLASTIC FLAMINGOS

When there was an influx of students, Magwire's classes and Boren's classes were moved to portables which were used as temporary classrooms. In honor of being placed in trailers, plastic flamingos took up residence outside .

DESKS ON THE FOOTBALL FIELD

As a practical joke, Boren and his class stole Magwire's classroom: his desk, student desks and overhead projector, and moved it all to the football field. There they recreated Magwire's classroom, all while his class was at lunch.

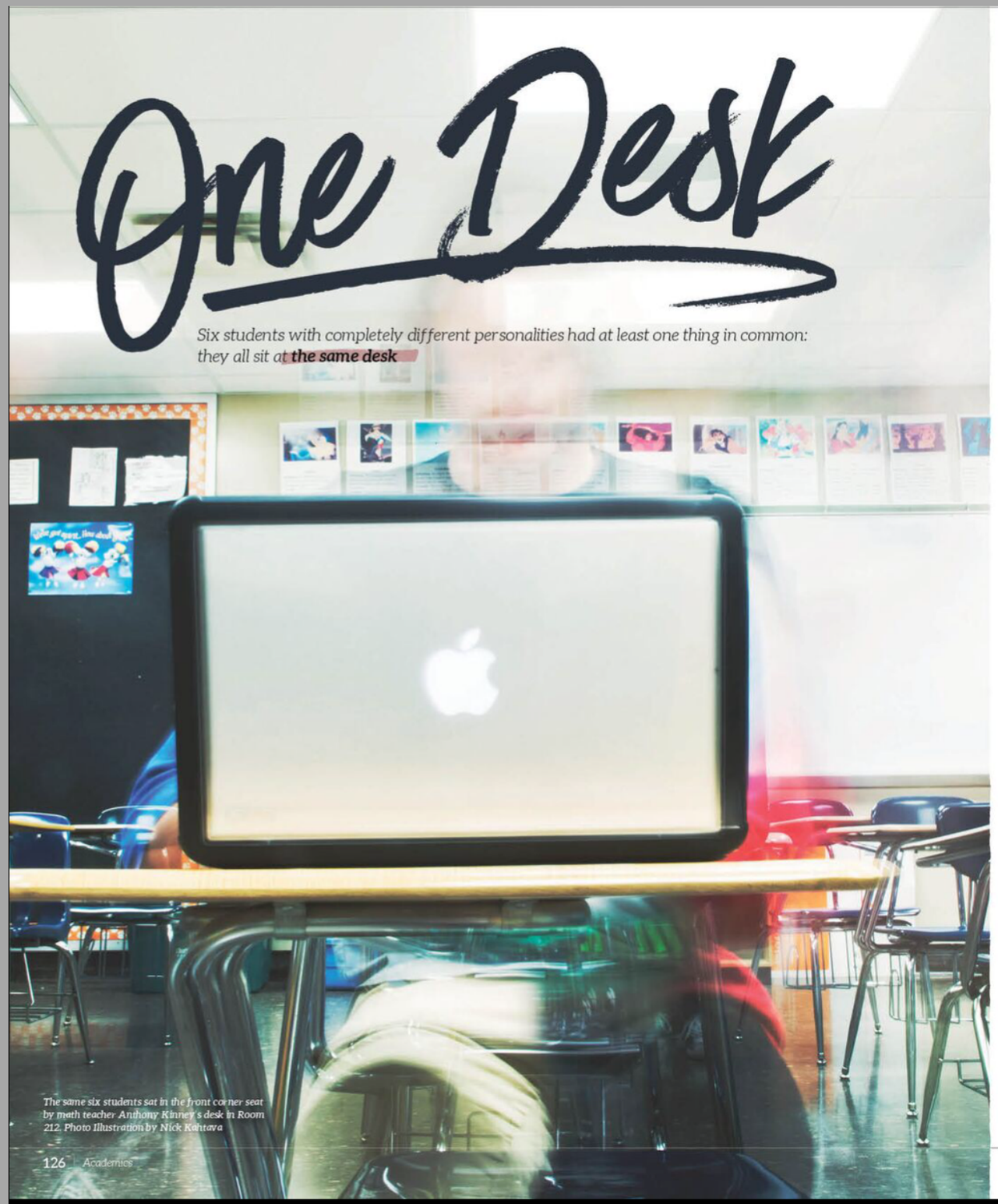


FIND A NEW ANGLE

2016 Shawnee Mission NW, KS

One Desk

Six students with completely different personalities had at least one thing in common: they all sit at ***the same desk***



The same six students sat in the front corner seat by math teacher Anthony Kinney's desk in Room 212. Photo Illustration by Nick Kahtava

It was 7:35 a.m. *The only noise in Room 212 was the clicking math teacher Anthony Kinney's keyboard made as he typed on his computer. The room started to fill as yawning students walked in. The desk in the front, next to the teacher's desk, remained empty for a while. Five students were going to sit at that desk on that day. At 7:39 a.m. the first one walked in.*



HOUR 1

Most of the class was already seated when sophomore Jordyn Pomerantz put her backpack on the floor next to her desk. Chewing her gum, Pomerantz faced the board as Kinney began teaching complex numbers.

"How many people finished completing the square worksheet?" Kinney asked. "I would use the rest of the time finishing that."

"Kinney, Imma pull my desk over," Pomerantz said.

The sound of the desk screeching against the floor broke the silence as Pomerantz dragged it closer to the teacher.

"Okay, will you help me with this one?" Pomeranz asked, staring at the worksheet.

Kinney was also Pomerantz's softball coach. He laughed and joked about assigning Pomerantz the desk closest to his.

"I make sure my softball players get good grades," Kinney said.

Studying math at 7:40 a.m., four days a week, wasn't the easiest way to start the day.

"We're never awake, we're all just tired," Pomerantz said. "Like zombies."



HOUR 2

The bell rang as junior Miguel Ruiz crossed the threshold of the door and entered the room, pointing at the window next to the teacher's desk.

"Can you open that window?" Ruiz asked. "Or can I open it?"

"No," Kinney said.

"Are you serious?" Ruiz asked. "It's hot in here."

When Kinney left the room for a while, Ruiz crawled under the table to open the window.

Kinney passed out factoring problems and explained the activity: each student would factor one problem and then share their work with other students.

Ruiz solved his problem with his phone's calculator. For the rest of class, Ruiz wandered the classroom, working with other students to complete all the problems.

As the bell rang, Ruiz walked out of the room, only to return three minutes later to get the laptop charger he had forgotten.

HOUR 3

That day, senior Alexander Sanchez was absent.



HOUR 4

Drawing numbers and letters on the board, Kinney explained that the letter 'i' represented an imaginary number.

"That looks like the symbol for lithium," senior Jada Roberson-Peoples said. "Except it's not a capital 'L,' it's a lowercase 'l,' you see. Chemistry with some math. So smart!"

Roberson-Peoples' laughter could be heard throughout the room. Arms crossed and pink pencil in hand, she answered all the questions Kinney asked.

Two minutes before the bell rang, Roberson-Peoples stood up and wrote the numbers 2 and 3 on the board. She was in charge of collecting money for the Adopt-a-Tot program that would occur in a few days. The class was supposed to donate at least $200.

"Okay guys, look, we have $23," Roberson-Peoples said. "That's not enough."



HOUR 5

The first thing junior Sydney White did after she came into class was put on her lipstick.

When they changed the seating arrangement the previous day, White was initially assigned to sit in the first desk in row 5, but a few students wanted to change seats and White ended up switching seats with sophomore George Specht.

"A lot of people get intimidated about it," White said. "But I like it."

White crossed her legs as Kinney wrote "Complex Numbers" on the board. She started copying the notes and filling out the worksheet.

When they were done with notes, White pulled another notebook out of her bag. It read 'Chemistry' on the front but the pages were also filled with Spanish and French homework.

At the end of class, Kinney and White had a short conversation.

"Last night, I went to this place called Breakout in downtown KC," White said to Kinney. "Have you heard of it? That was really fun."



HOUR 6

Shortly before the bell rang, three boys gathered around junior Davis Bradley's desk, talking and laughing. As Kinney began explaining imaginary numbers for the fourth time that day, they all went to their seats.

Bradley grabbed a calculator and a notebook from his backpack and placed them on his desk.

"We're not even close to being done," Kinney said after 10 minutes of notes.

"Yay," Bradley said.

After taking notes, students had time to complete their worksheets. Bradley and other boys talked about Fantasy Football with Kinney.

"[Kinney] helps me if I have questions," Bradley said. "It's a lot easier [to be in the front row]. I don't have to get up."

After completing half of the worksheet, Bradley put it in a folder, stuffed the folder in his backpack and rushed downstairs to U.S. History, his last hour.

HOUR 7

Kinney had taught in the room the previous six hours but now special education teacher Rebecca Cheatham was ready to start her class. When the bell rang, the desk on the front left side of the room was still empty. And it would remain empty, just like all the other desks in the front half of the room.

"We talk about learning styles," Cheatham said. "But mostly what we do is get homework done. Students can get help from me and the other special education teachers. We work on organization, time management, setting goals and prioritizing."

Cheatham only had nine students in her class, eight of whom were present. Each had an assigned seat in the back or in the middle of the room. Cheatham was sitting at the teacher's desk in the back instead of the one in the front.

"I like to sit in the back so I can see computer screens," Cheatham said.

After the bell rang, Room 212 was empty. The desk waited for the same six students to return the next day.

STORIES BY ELINA RAUVALA

FIND A NEW ANGLE

2016 Brighton High School, CO

YOU AND YOUR TRENDS

PLEASE DON'T STOP THE MUSIC



"I LIKE THE Weeknd's music because it's really calming and different from everyone else's. I have crazy hair, he has crazy hair—we can relate. I feel like he's my brother from another mother."

JUNIOR **MANREET JHATTU**



"I LIKE JUSTIN Bieber because he is very inspirational and beautiful. He has inspired me and thousands of other people. My favorite song at the moment is "Purpose" because it talks about his purpose and his life. I have been to two of his concerts and just recently met him."

FRESHMAN **TIFFANI COREY**

SHOE FREAK

From Nike to Yeezy, new shoes emerged for a more casual look



JUNIOR **ALENA MAJANOVIC**

"I LOVE MY Birkenstocks because they're so comfortable. A lot of people love them because they're durable and unisex."



Joogers are a hybrid of khaki's and sweats that can be found at stores like H&M, Hollister and Pacsun

"I LIKE WEARING them because they are nice and comfortable. I think they make me look like Superman and MC Hammer put toether. I style them with a shirt that matches and Converse or Vans."

-junior **Jade Harriel**

JOGGERS

WHIP MY HAIR

Students change their hair to match what is in



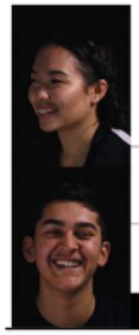
BET YOU CAN'T DO IT LIKE ME

Students dance their favorite dance moves

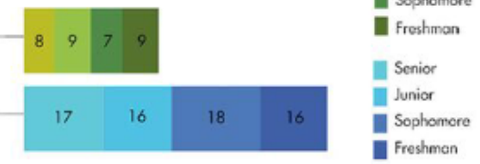


#WHATSTRENDING

Fashion, music and style changes create student culture in 2015-16

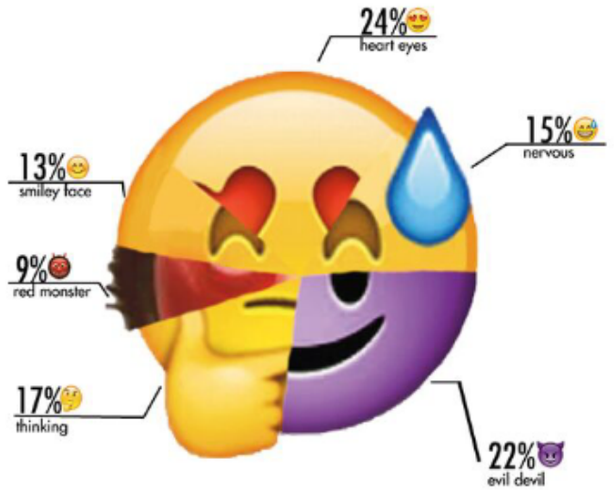


Students vote on whether eyebrows or contour are more important



ON FLEEK

Surveyed 100 students



EMOJI-CEPTION

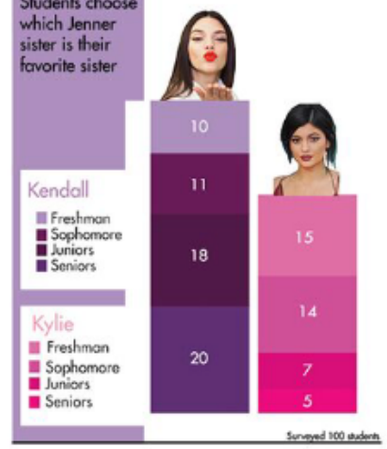
Students take a poll as to which emoji they like the best

Surveyed 100 students

JENNERS

BATTLE OF THE JENNERS

Students choose which Jenner sister is their favorite sister



Surveyed 300 students

[THROWBACK THURSDAY]

Students used to wear rubber bracelets called Silly Bands that came in various shapes



"I WOULD LINE my whole arm with it to the point where it cut off the circulation of my arm. I wore them because it was just the trend at the time and were fun to collect."

SENIOR **MEGAN SULLIVAN**



"I LOVED SILLY bands back in middle school. My friends and I would spend so much time just looking at them and trading them. Personally, my favorite were the dinosaur ones."

SOPHOMORE **FELICITY SAHR**

FIND A NEW ANGLE

equipped *for the* job

The various pieces of equipment used in order to produce the broadcast are shown

as told to by Mr. Sheehey; compiled by Carmen Hamm









"We have three teleprompters; they're about 12-inch teleprompters. We [also] have about a 20-foot green-screen cloth as a backdrop that we've folded over and stapled to the wall."

"The computers are 21-inch iMacs, one terabyte hard drives in them, 16 gigs of ram. We are editing with Final Cut Pro 10.2.3."

"As far as cameras, we are using Panasonic HD cameras; I believe they're hcv 750s for the cameras we're using to record outside on the field. In the studio, we're using professional Panasonic cameras."

teleprompter, I try not to sound monotone and boring. I try to make it more conversational. I feel like theatre prepared me to have the ability to remember lines easily. When I interview people, I try to prepare questions and brainstorm ideas before going up asking them. With broadcasting, it is always in the moment, and you will not always be prepared no matter how much you think you are.

Stephen Cromphton: My job is to run the tricaster. It's located behind the area of where we film. It takes the video from all three cameras and allows you to switch between them.

Spencer Heltsley: I do lights and sounds; what else do I do [chuckles]?

SC: You are also a floor director, and you go and record things.

drone. [I'm] not sure if [the microphones are] bluetooth or radio.

SH: I'm pretty sure it's radio.

SC: Once we get all the footage, we export it to a hard drive, and from there, I edit it to the final cut using a Mac. The longest part about creating the broadcast is writing the script. It takes about four hours right?

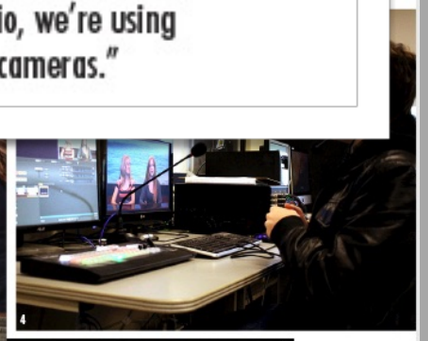
SH: Yeah, I would say it takes about four to five. It really just depends.

SC: Yeah, whatever is going on around school is usually what we select to put in the script.

SH: When we have everything ready, it takes about 30 to 45 minutes to create and assemble the broadcast.









FIND A NEW ANGLE

LET'S PUT OUR
HARD WORK IN THE SPOTLIGHT

DRAMA STUDENTS
THESPIAN CONFER
PERFORMANCES T
AND FRIENDS WH
CONSTRUCTIVE FE

YOU SAW
Sevrin Reynolds '16 and Hannah Clyker '18 perform an act about a southern mother, with a diabetic daughter who confessed to being pregnant.



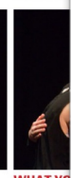
WHAT YOU DIDN'T KNOW
"We chose a scene from the play, 'Steel Magnolias.' We decided to do it because once we read it, we knew we wanted to do that scene. We had to do a lot of research on diabetics and the warnings of them getting pregnant. We also had to practice. Practice helped us a ton, so we were ready for the showcase," Reynolds said. *photo by emma pierce*

YOU SAW
Devan Green performing the role of Bonnie, a careless girl who travels with a murderer, from "Bonnie and Clyde". She sang the song, "Dyin' Aint So Bad."



WHAT YOU DIDN'T KNOW
"To get to the full performance, I had to cry a lot. It was a hard process because I had never played a part like this before. I had to sit down and really think about the role," Green said. "When you are preparing for a role like this, you have to search deep within yourself to find those emotions to convey them to the audience." *photo by emma pierce*

YOU SAW
Wednesday
Trujillo '16 p
musical, "He
love as a rea



WHAT YO
"To get the fi
to meet with
teacher, a fe
each other a
blocking and
said. "It took
our performa
be vulnerable
by emma pierce

YOU WANT HEADS OR TAILS?
GREG NUANES AND ARLENE MARQUEZ RAISE MONEY FOR MAKE-A-WISH FOUNDATION AT BASKBETBALL GAME





IN CREATING A PROJECT TO HELP OTHERS in the community, Greg Nuanes '17 and Arlene Marquz '17 raised a total of 300 dollars to donate to the Make-A-Wish Foundation. With less than 24 hours to create and carry out the project, Nuanes created a game of heads or tails to be played during half-time of a home basketball game. As a coin was tossed, participants had to predict if it would land on heads or tails by putting the card on their head or behind their back. "It was so humbling to know that I was able to provide joy and hope to a child who needed it most and that is a memory that will forever stay with me," Nuanes said. *photo by abby overstreet*

JAKE FITZGERALD '16 AND TAVIA WEIS '16 WRAP UP A WEEK OF STATISTICS DURING GAMES

CHECK OUT THESE STATISTICS

WITH A WEEK FULL OF GAMES, both Jake Fitzgerald '16 and Tavis Weis '16 earned a combined total of 56 points. With three basketball games each over the five days of the week, both Fitzgerald and Weis were able to help their teams win some games.

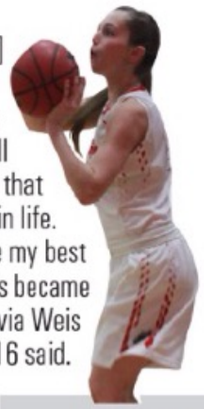
"One way that I am able to rack up the points is by shooting all those three pointers for my team. When I'm on a roll, the points can really add up," Fitzgerald said.

BOYS
Jacob Fitzgerald '16



"Basketball means a lot to me. It has been a part of my life since I can remember. It has taught me to be competitive, passionate and has taught me many life lessons," Jacob Fitzgerald '16 said.

GIRLS
Tavia Weis '16



"[Basketball] is my getaway from all the stuff that happens in life. It's where my best friends became family," Tavia Weis '16 said.

BOYS		GIRLS
30	POINTS	26
7	REBOUNDS	8
1	ASSISTS	1
3	STEALS	3
5	TURNOVERS	0
7	FOULS	4

FIND A NEW ANGLE

WE HOLD THE ROPE FOR EVERY SINGLE GAME

BASEBALL TEAM PLAYS FOUR SCRIMMAGES IN ONE DAY AFTER ATTENDING A LEADERSHIP COURSE

"AS WE APPROACH THIS SEASON, I want you guys to remember that we hold the rope for every single game," Joe DeMers, Assistant Coach, said.

This phrase from DeMers was something that the baseball teams repeated and remembered all year as they began their season. They heard it during fall ball.

For their first big game, the team invited Monarch, Heritage, and Chatfield High Schools to play four scrimmages.

"Playing four scrimmages can be tough," Andrew Bugarin '17 said. "I love the journey that we get to go on. It's amazing to see how throughout our season, we all get a little closer, and we all become friends for life."

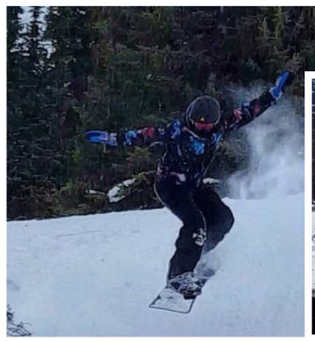


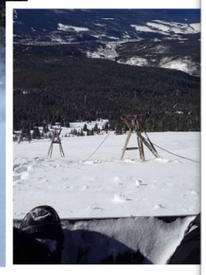
High-fiving his teammates, Liam Eddy '17 celebrates after scoring a run. Eddy and his teammates played four scrimmages and they still cherished every run. "Every run does matter. Even though I'm a pitcher, I still have a job to do on the basepaths, and if that job is to score a run and help my team win, then I'm all for it," Eddy said.

The boys and their coaches even took a leadership course to help become better teammates. The course taught the team how to deal with adversity and how that could make individuals better and the team overall more successful.

"When we play, we have to hold the rope for each other," Alec Garcia '18 said. "The day of the class really brought my teammates and I together closer. Now I believe that we all play for each other, not just for ourselves."

The season quickly approached, with their first game coming on March 12th versus Fossil Ridge, where they would start their journey as hopeful state champions.







RUNNING DOWN THE LINE, Dylon Stricklett '18 hustles through first base after getting a base hit. "Hustling down the line is important to me. I know that I can always stretch a single into a double because I have the ability to run fast," Stricklett said. *photo by sami demers* **ANTICIPATING THE PLAY,** Jose Treto '17 stands at second base to make a double play."I anticipate a double play before it even happens. I can see in my head what is going to happen but I always have to be expecting something different, " Treto said. *photo by sami demers* **MAKING A TAG AT SECOND BASE,** Cody Beck '17 gets the out tagging out the base runner to end the inning with Jacob DeMers '16 backing him up. "Being the guy that has to dig out the balls and tag the runner isn't always easy. It's scary seeing the runner come in at full speed, but I have to do my job like the other eight guys on the field with me," Beck said. *photo by sami demers*







I'M DANIEL PRICKETT' 16 AND I HIT BOMBS...

WITH THE CRACK OF THE BAT, a baseball lands outside the fences at Duke White Baseball Field on a chilly Saturday afternoon. It was number twenty-four, Danny Prickett '16, known as "The Panda." He has just hit another home run, one of the most exciting plays in baseball.

"Baseball has taught me about failure," Prickett said. "I've learned that you can't let it affect you because it will consume you. I have also learned a lot about responsibility and the value of a friendship."

Most of the baseball team had been playing together since they were little. Prickett has played with Gavin Gifford '16, Cruz Ramirez '16, Cole Farmer '16, and Jacob DeMers '16 since he was young, and he even called them "his brothers."

"I could never thank them enough for making my life so happy. It's affected the way I think and live, because I learn a lot from them," Prickett said.

It's Prickett's last year of playing baseball at the high school. Him and his brothers cherished every last second together, especially after every home run, and traveled together to San Diego one last time to play baseball.

"It's amazing to hit bombs when you are at bat. There's not many feelings like it, but I will for sure take a win over a bomb every single time," Prickett said. *photo by sami demers*



WHAT IS SO GREAT ABOUT OUR STATE?

STUDENTS CELEBRATE MARCH 3RD, 303 DAY, WITH THEIR PICTURES FROM TWITTER

ON MARCH 3, which was 3-03, was the day that students from the high school went to social media to celebrate why they loved living in the "303," the area code of the state of Colorado.



SIERRA MORRISON '16

"I love the mountains, the sunsets, and the sunrises the most. But honestly, I love it all. The snow, the rain, and the sun. We have it all, and I really just love this great state of Colorado," Morrison said. *photo courtesy of sierra morrison*



CORBIN PETTY '18

"The sunsets are pretty cool here. I like to snowboard, and when you're on top of the mountain and get to see the view, it's one of the best things you'll see here,. I wouldn't want to live anywhere else," Petty said. *photo courtesy of corbin petty*



KAITLYN FULMER '18

"I love how there's so many different things to do, whether it's in the mountains or downtown. I also love how in Colorado, people embrace every season and all the different things you can do in Colorado in each season," Fulmer said. *photo dcourtesy of kaitlyn fulmer*



HALLE BELL'18

"How could you not love a state with a great view day in and day out? Sunsets, sunrises, and anything to do at anytime anyday," Bell said. *photo courtesy of halle bell*

EXTENDED SUBHE

WHAT IF YOU CHALLENGE?

I look toward other successful people that I want to be like. I draw **INSPIRATION** from them as I realize only **HARD WORK** will get me there.

SHASHANK OJHA, 12



I try to participate in activities that allow me to **EXTEND LEARNING** beyond the **TRADITIONAL CLASSROOM.**

RACHEL ALEXANDER, 11

I challenge myself to open up to **NEW IDEAS.** I also take every day as a new chance to learn and grow from my **PAST MISTAKES** and struggles.

SHAWIN VITSUPAKORN, 9

BY NALI HUYNH

WEEP FOR SLEEP

Staying up late and cramming may seem like a good idea, but from these students' experiences, it doesn't actually help.



LESS SLEEP

For my first debate tournament in 7th grade, I **STAYED UP UNTIL TWO IN TH MORNING** the night before. I got **THREE HOURS OF SLEEP** and wound up losing half the debates just because I couldn't think straight. [I also] **ARGUE FOR THE WRONG SIDE** at one point.

YUKTA CHIDANANDA, 9

MORE SLEEP

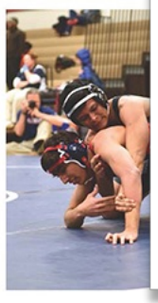
I **BROUGHT MY TEST AVERAGE UP.** Although I kn less since there was less studying, there were also **FEWER SILLY MISTAKES.** I also got more A's on t because I got more sleep [8 hours], versus C's on tests when I didn't get a lot of sleep [5 hours].

ETHAN WU, 10

Photo by F. Ding



1. HOLDING HIS ARMS IN PLACE, senior Vikram Gupta pins his opponent. Gupta enjoys the individual aspect of the sport. "All the glory of a victory and the all the shame of a defeat fall on one person: myself. The onus to succeed lies on the individual wrestler," Gupta said. **2. AFTER LOCKING HIS HANDS ON TOP OF ANOTHER WRESTLER,** sophomore Owen Barnett receives a penalty. Although there are slip-ups, Barnett keeps all the penalties in mind as he competes. "The position is legal, but once you go to the mat, when your knees touch the ground, then you can't lock your hands," Barnett said. **3. AS HE TRIES TO GET OUT OF THE LOCKED POSITION,** junior Devarsh Modh makes sure the opponent doesn't gain control. In order to ensure a clean win, wrestlers have to think carefully about their next moves. "It's very hard to think about your moves in advance. You have to think about what not to do so you don't get penalties," Modh said. **4. MOVING OUT OF HIS OPPONENTS HOLD,** sophomore Clay Reppert crawls away. It's important to follow the rules to make sure that no one gets hurt. "Every move to get away from an opponent must be made carefully, as one wrong move could result in a penalty," Reppert said.



Sometimes, penalties are unavoidable. The Wrestling Team shares stories of their most common penalties and how they got them. Photos by A. Zhao

MILAN BHARADWAJ, 12

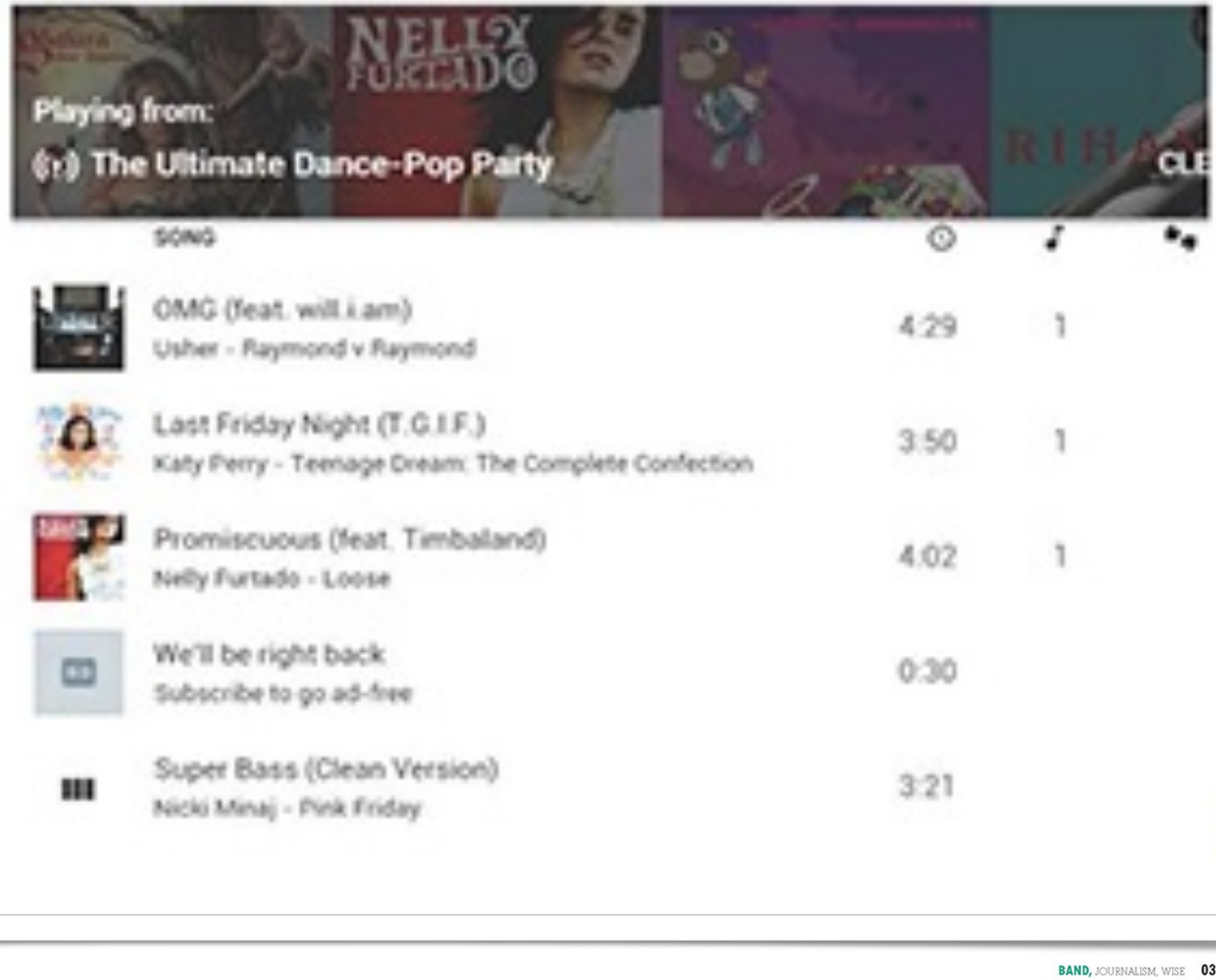
EXTENDED SUBHEADS

JOURNALISTIC JAMS

BY ALY LUCKETT

Photo illustration by A. Luckett

In Ms. Harris's trailer, there is always music playing for Journalism students to enjoy. Take a look at one of their playlists.



EXTENDED S



Senior labs can be confusing. Underclassmen share their expectations and seniors show the reality of being in their lab.

SENYO

CHOI

BY GOPIKA RAJANIKANTH

BY SAM LIU AND RHEA SAHAI

To show off their dogs, students have made social media accounts that portray their pets's lives

PETS TAGRAMS



BELLATRIX

29 POSTS

35 FOLLOWERS

"I decided to make an instagram for my dog because I'm in love with my pup and I WANTED TO SHOW OFF HOW CUTE SHE WAS. I always caption the photos with WHATEVER I THINK SHE WOULD SAY IF SHE WAS HUMAN. I try to post at least once a week." MICHELLE CAO, 11

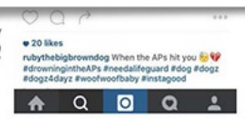
RUBY

8 POSTS

46 FOLLOWERS

"My COMIN just use th lot. My her is a CO

RIA CHAKRABATI, 12



tuck is very similar whether you're about to jump into water or not."

which is a problem for some other people when they first start diving,"

AJAY IYER, 12

SHAKE UP YOUR PRIMARY

#PROVIDE

HONOR

BY OJASWI UPRETY AND EVELYN HUNTER

A PROMISE

EACH SOCIETY HAS ITS OWN STORY FOR ITS MEMBERS. HERE, MEMBERS TELL THOSE STORIES.

LANGUAGE OPPORTUNITIES
"SNHS follows the same guidelines as the other honor societies, except it allows members to specfically help Spanish based communties. During December, we helped gather gifts for two Spanish families in need through the giving cactus. We are also working on a big project to help raise money for several villages in Ecuador."
-CATHERINE LIGGETT, 12

WE HEART ART "A few weeks ago NAHS members went to the musuem of contemporary art in Denver, I had never seen that type of art in a public display before. There was just a sense of awe that our entire group felt, there is no way to describe it. That is what's different about this society, the environment is totally different and it has taught me how to work with people in a better way." -GILLIAN MERRITTS, 12

CREATIVE VOLUNTEERING "National Honor Society has the most members and the highest volunteer requirements, so we have more opportunities to give back. Being an officer has taught me to be more generous and has also given me communication skills for the future. I have made so many memories by attending the creative volunteer events like making dog toys for the Dumb Friends League."
-RYAN EOM, 12

ACCURATE ANSWERS
"Most of what Mu Alpha Theta is is competition events, such as the Calculus Bowl. It is not exaclty like Jeopardy, but there is one question on the screen and whoever answers it the fastest wins. My favorite part about it is the tutoring; we get to help the lower math kids and hopefully they can be in this society in the next year or so."
-NEAL DANIELS, 12

1. SPREADING JOY, ART, AND CANDY leading the National Art Honor Society truck in the homecoming parade Gillian Merritts, 12, shows off one of the products students created. "We all donated peices of art and sat in a room to create different masterpieces. We were decorating and spicing them up, because everybody in this honor society excels at what they do and this talent deserves to be shown off," Merritts said. PHOTO BY ELLIE WELLENSIEK **2. HALLOWEEN HUNTING** Picking up trash on the day of ghosts and goblins, Taj Mitchell, 12, and NHS members walk around O'Brien Park and clean up their community. "I dressed up as Cookie Monster during this event. A few people came up to us and said thank you for your help; this made me feel really good that people appreciate hard work and true effort to make our society a better living place for all," Mitchell said. PHOTO BY OJASWI UPRETY





3.COMBINING COMMUNITIES Making a friendship bracelet, Bethany Violett, 10, plans to sell it and help benefit struggling families in Ecuador. "We spend about an hour making them each time. I really enjoy this event because it's actually quite fun, and at the same time it feels awesome to know we are helping Ecuador. I love volunteering and helping out others; it shows that even as kids we can make a positive impact on the world. I love being in SNHS because it combines my love of Spanish with helping out the community," Violett said. PHOTO BY HANNA STOTT **4. ALL AROUND THE WORLD** Creating a French Flag with paint, Nathaniel Page and Sebastian Peralta, 12, find a way to support France after the terrorist attacks. "It was Mrs. Pickles idea to do a tribute and the French National Honor members helped make this possible. We ended up just putting hand prints on poster board and hanging it outside the library," Page said. PHOTO COURTESY OF MRS. PICKLES

TRUELIFE
"I have realized that there are people out there who need just some extra assistance and knowing I can help is the biggest difference. There is a sense of honesty with the community."
Ryan Eom, 12





5. START OF SOMETHING NEW Inducting about 100 kids into the nationally recognized math honor society, president Jacob Granley, 12, gets ready to launch another successful year. "When I first came to Legend we did not have a chapter, so last year me and a few students, along with Mrs. Henderson, formed Legend's very own chapter of Mu Alpha Theta. Last year I was a charter member and Vice President, and having that experience was crucial to being elected this year. Through this continued membership we will have access to things like scholarships and mathematics research and articles," Granley said. PHOTO BY TARA DILTZ

TRUECONFESSIONS ABOUT ART

HOW DOES NATIONAL ART HONNOR SOCIETY SPREAD THE JOY DURING THE TIME OF SCREAMS AND TERROR?
PHOTO BY ELLIE WELLENSIEK



ENTER AT YOUR OWN RISK Decorating the hallway for the annual Pumpkin Palooza, Logan Shipman, 12, the National Art Honor Society (NAHS) President, was there to help out. "It's always one of the most successful events of the year, and families always return, along with new families, allowing it to grow. We didn't have enough pumpkins. It was great that we had way more people than expected, but we wanted to be able to offer the carving for everyone," Shipman said.

This event brings a fun and safe way to get involved with Halloween in the Parker community. The National Art Honor Society had free activities such as pumpkin carving, snacks, and more for children and their families to participate in.

"We give back by offering families a fun art influenced experience to enjoy within the community," Shipman said.

#HELPING OUT

WHAT ARE THE MOST POPULAR NATIONAL HONOR SOCIETY EVENTS?

20
CANDYLAND TRICK OR TREAT

"We decorated our room like the board game Candyland and had kids roll the dice to move forward. We got a lot of positive feedback and I enjoyed passing out the candy and watching the kids, they were adorable."

NIKETNA **VIVEK, 11**
AP STUDENT



30
HABITAT FOR HUMANITY

"We were helping the residents build new homes in Denver. This was unique, because we could make an actual noticeable difference."

ADAM **MUNEKATA, 12**
AP STUDENT



80
HOLIDAY CELEBRATIONS

"We had a Christmas party right after the last day of finals. It was just a time to relax and hang out with friends after a stressful week of finals. It was a great kick off to winter break."

EMILY **SMITH, 11**
AP STUDENT



SHAKE UP YOUR PRIMARY





1. **SEPT24.** Enjoying the opportunity to prove his talent on the trumpet, freshman Cameron Leslie plays the "Jurassic Park" theme song for the crowd. photo by Angela Saladine 2. **SEPT24.** Sophomores Julia Swartout and Avonlea Oglesby ask each other knock-knock jokes for their comedy act just before getting "gonged" off the stage. photo by Stephen Taylor 3. **SEPT23.** Joshua Jordan searches for an open pass to hole set the ball in a boys water polo game against Mira Loma. photo by Stephen Taylor 4. **SEPT23.** Naum Josan scores the twelfth goal of the match at point while Jacob Shultz blocks Mira Loma's player. photo by Stephen Taylor 5. **SEPT24.** Sophomore Kaylee Butts claims, "I just didn't want anyone to see how nervous I really was," as she recalls her heart-felt performance singing "Numb" by Marina and the Diamonds. photo by Joshua Jordan

WAS IT WORTH THE RISK

With only a short time to react and make a decision, junior Naum Josan takes risks to improve his game.

Situation (intense)

During the third quarter, Mira Loma wing, Issac Boe, tried for the shot, but Naum Josan was able to block it by mirroring Boe's shooting arm. Josan immediately picked the ball up from the water and started the Casa possession.

Options (what to do)

Josan could either swim the ball down the pool himself, pass it to goalie Zach Stevens, or throw it 19 yards down line, where his teammate, Jacob Schultz treaded on the left pole of the goal, undefended.

Was it Worth it (definitely)

After turning Boe to get open water, Josan treaded high and followed through with his shot. This allowed the ball to get to Schultz before a defender did, creating an easy goal for Casa, making the score 1-8.





6. **SEPT24.** Despite having questioned his costume choice, Junior Adonis Huston dramatically points to the audience while singing "Married Today" from the musical "Company." photo by Stephen Taylor 7. **SEPT25.** Sophomore Makenzie Sherrill and junior Greg Richie cheer on the varsity football team playing against Paradise, by yelling "Go Rams." photo by Marissa Cardoso 8. **SEPT25.** Senior Brendon Mcleod yells "Lets go Casa!" after the varsity football team scores a touchdown against Paradise. photo by Marissa Cardoso

PITCH perfect

Students share what tips they use to make the Talent Show successful for themselves.

words by cassidy peterson and riley peterson

No. 1

We had an entertaining MC.

THE MOTIVE: An engaging MC keeps the audience interested in between acts.

THE METHOD: Having Mr. Hasdovic as the MC worked well because he made jokes with the audience and worked the crowd.

- Grace Geniella, 11

No. 2

Use gossamer as the curtain

THE MOTIVE: It's more efficient to use a thin material for the curtains.

THE METHOD: The gossamer cloth allowed the curtain to be opened and closed easily.

- Leonie Barber, 12

No. 3

Interact with the crowd.

THE MOTIVE: Reaching out to the audience makes them feel like they're apart of your performance.

THE METHOD: Gesturing towards the audience and judges while I rapped made my performance exciting.

- Phil Hesse, 12

No. 4

Be prepared to start your act.

THE MOTIVE: Starting your act right away will keep you from sitting embarrassed on stage.

THE METHOD: I tuned my guitar before I went on stage so I could begin playing when the curtain opened.

- Lauren Cutts, 9





STEP BY STEP

Students in Physiology explain steps used to dissect a chicken wing.



1 cut it
Cut off the skin to expose the muscle, being careful not to cut too deep.



2 separate it
Detach one end of the muscle, separating it from the other muscles.



3 sketch it
Sketch the cut open wing and label the points of origin and insertion.



4 pin it
Pin down the outer muscles so the detail of the inner muscles is visible.

what did you LEARN TODAY?

DAY 27 9/21/15
"I learned what a complex sentence is and how the water cycle operates."
→Robert Krei, 11

DAY 28 9/22/15
"In Physics class I learned how an airplane turns in the sky while in motion."
→Nicholas Rosko, 12

DAY 28 9/22/15
"I learned about the difference between transverse and longitudinal waves."
→Alexis Tuch, 9

DAY 29 9/23/15
"I learned not to bring Nectarines to school because they get mushy."
→Connor Mabary, 9

DAY 29 9/23/15
"I learned that people clearly don't know how to walk in the halls."
→Destiny Nguyen, 10

DAY 30 9/24/15
"I learned that in order to succeed you have to work hard."
→Cameron Marquez, 12

DAY 31 9/25/15
"I learned that Jonathan Chapman didn't know how to tie a tie until I taught him."
→Corrie McKee, 12

SHAKE UP YOUR PRIMARY

WHAT IF YOU'RE HUNGRY?



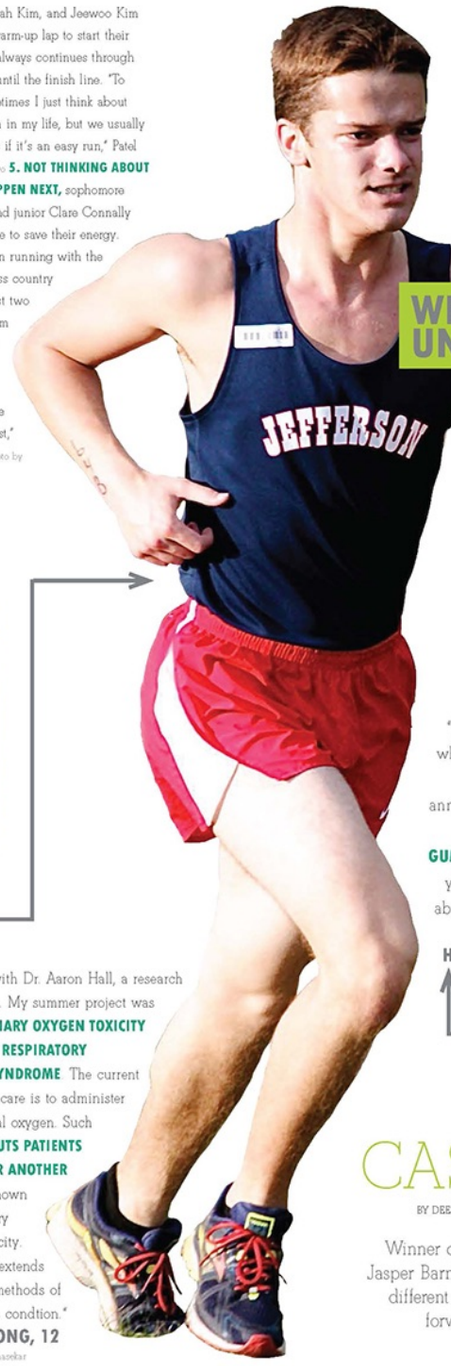
"After races there's usually a lot of food at the tent so you can **REFUEL**, but during the race you just have to stick it out."
LYNNE BAI, 10

WHAT IF YOU'RE TIRED?



'I DON'T THINK AT ALL, I just sort of run. Keep on chugging if you're really tired. I also listen to people's conversations around me. They actually talk about really weird stuff."
AKHIL MADHUGIRI, 11

1. TO START THE SEASON ON A GOOD FOOT, senior Andy Charbonneau runs his first race of the season. Charbonneau has been a dedicated member of the cross country team for many years. "This is the start of the race at Burke Lake Park, and I was so ready to win," Charbonneau said. Photo by W. Ryu **2. BEHIND THE FRONTRUNNER,** senior Sarah Kim powers through until the end. Kim always focuses on getting to the finish line while she is running. "It's hard to describe, but after a good race, I can clearly recall every detail, but I almost never remember having specific thoughts," Kim said. Photo by W. Ryu **3. TO IMPROVE THEIR TIME,** juniors Jennifer Steele and Nora Thompson run around the track during an after school practice. In order to stay hydrated, the team usually makes sure to drink plenty of fluids."Usually we prepare well and hydrate during the day," Steele said. Photo by S. Do **4. AS THEY RUN AROUND THE TRACK,** seniors Maitri Patel, Sarah Kim, and Jeewoo Kim finish the last warm-up lap to start their stretches. Patel always continues through the entire race until the finish line. "To be honest, sometimes I just think about what's going on in my life, but we usually talk on our runs if it's an easy run," Patel said. Photo by S. Do **5. NOT THINKING ABOUT WHAT WILL HAPPEN NEXT,** sophomore Anna Lulushi and junior Clare Connally steady their pace to save their energy. Lulushi has been running with the high school cross country team for the past two years. "When I'm running I think about how much I have left, ignoring the hunger and thirst," Lulushi said. Photo by W. Ryu



JUST KEEP RUNNING

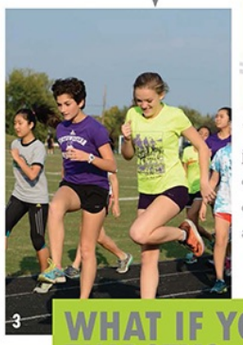
From exhaustion to hunger, cross country runners explain their thoughts and actions while running the race.
BY RUCHI MANIAR

WHAT IF YOU'RE UNMOTIVATED?

"Your body just turns off all bodily functions when you start moving **I HAVE NEVER STOPPED RUNNING** during a race and neither have most other runners. The race isn't over until you cross the finish line and you can't afford to give up."
JONAH CASEBEER, 12



"You don't think when you run, you just run. 'You never pull out.' That's one of our number one mottos in cross country. **NEVER PULL OUT** of a race." **DANIEL SKEEN, 11**



"Being thirsty while on a run is just really annoying. Your mouth gets **GUMMY** and all you can think about is water," **ALEX HOGANSON, 12**

WHAT IF YOU'RE THIRSTY?

WHAT IF YOU CHALLENGE?



I become motivated to succeed more in that same area. The only problem with this is you **NEED TO BE MOTIVATED** to succeed at first.
ALEXA NGUONLY, 10



Success is temporary. [It's] true that it goes with you over time, but **FOCUSING ON A WIN ISN'T AS USEFUL** as learning from a loss.
MICHAEL YOU, 12



I first remind myself not to **INFLATE BY EGO** too much, then make note of the study habits I used, so that I can do the same next time.
VAISHNAVI NARA, 10



When I fail, I'm bummed out at first. Then, I take time to **LOOK BEYOND** what happened and think about the ways I can cheer myself up.
SUZIE BAE, 11

CASTING A WIN

BY DEEPSHIKA DHANASEKAR
Photo by A. Zhao

Winner of Thursday's spirit day, junior Jasper Barnett, describes how he created different parts of his outfit and moved forward in the spirit competition.



"It was a wizard robe that I bought online. I don't really know where I got the idea, but I felt like it fit with the **BEDTIME STORIES** theme well."

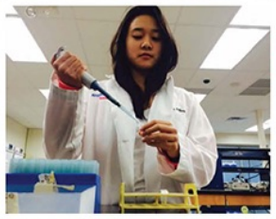
POI "[It's] a string attached to an **LED** light that I swung around."

WIZARD'S HAT "I wore it because it matches the sleeping and wizard theme."

HIP TO MENTORSHIP

Continuing from their summer internship, seniors describe how they improve their project.
BY DEEPSHIKA DHANASEKAR



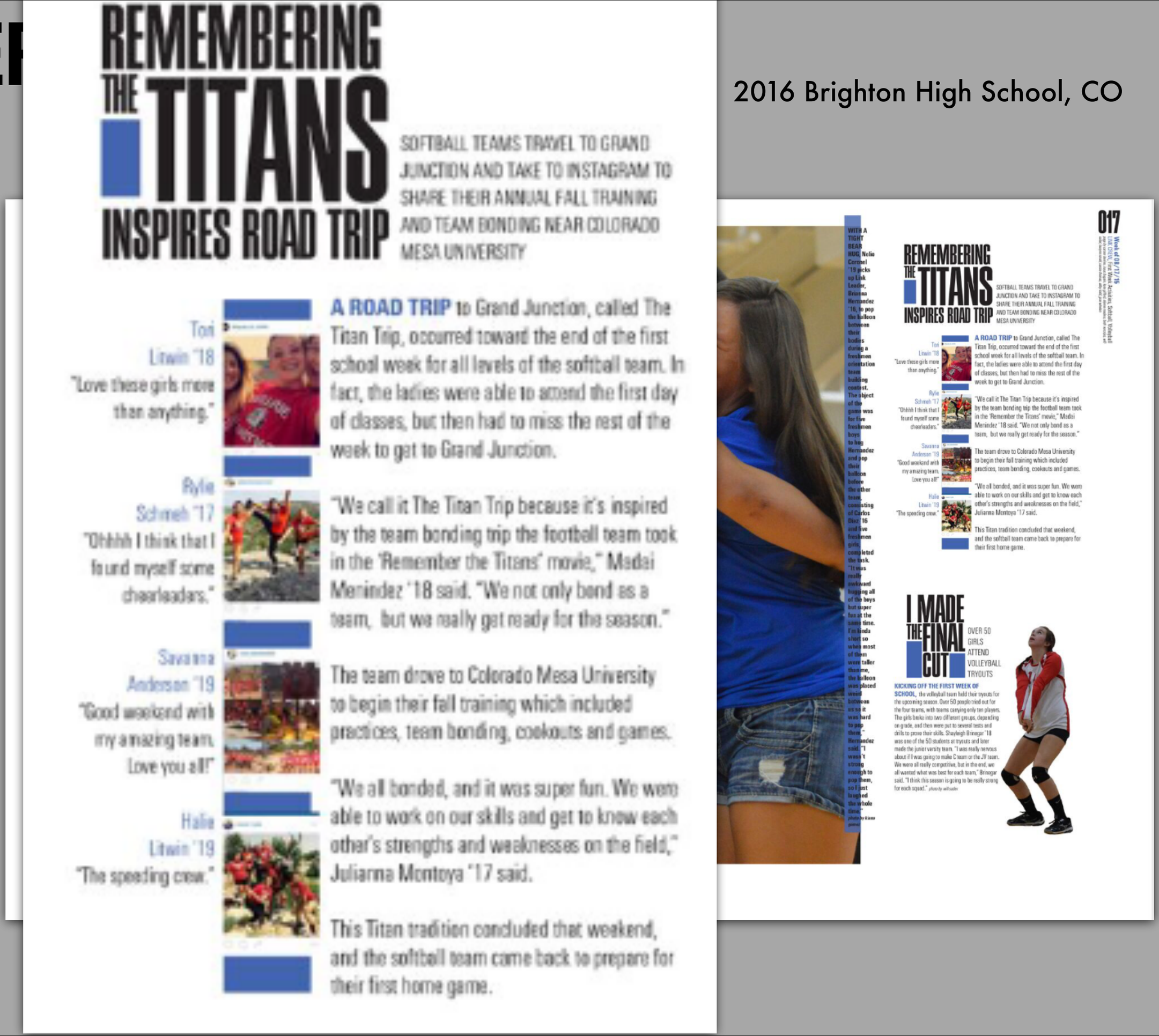


"I've been working on this project since the summer before junior year. It's a lot of challenging work, but **NOW THAT I'M GETTING RESULTS IT'S DEFINITELY WORTH IT.** The only downside I would say is having to **WORK ALONE** most of the time. Overall ten out of ten, would recommend though! I'm researching **COMPUTATIONAL APPROACHES TO PROTEIN FOLDING** which is cool. Knowing the structure of a protein helps us design drugs to thwart disease."
ROHAN PANDIT, 12
Photo by R. Manaar

"I worked with Dr. Aaron Hall, a research physiologist. My summer project was on **PULMONARY OXYGEN TOXICITY AND ACUTE RESPIRATORY DISTRESS SYNDROME** The current standard of care is to administer supplemental oxygen. Such treatment **PUTS PATIENTS AT RISK FOR ANOTHER DISEASE,** known as pulmonary oxygen toxicity. My project extends upon new methods of treating this condtion."
CLAIRE DONG, 12
Photo by D. Dhanasekar

COVER

2016 Brighton High School, CO



REMEMBERING THE TITANS INSPIRES ROAD TRIP

SOFTBALL TEAMS TRAVEL TO GRAND JUNCTION AND TAKE TO INSTAGRAM TO SHARE THEIR ANNUAL FALL TRAINING AND TEAM BONDING NEAR COLORADO MESA UNIVERSITY

Tori Litwin '18
"Love these girls more than anything."

Rylie Schmeh '17
"Ohhhh I think that I found myself some cheerleaders."

Savanna Anderson '19
"Good weekend with my amazing team. Love you all!"

Halie Litwin '19
"The speeding crew."

A ROAD TRIP to Grand Junction, called The Titan Trip, occurred toward the end of the first school week for all levels of the softball team. In fact, the ladies were able to attend the first day of classes, but then had to miss the rest of the week to get to Grand Junction.

"We call it The Titan Trip because it's inspired by the team bonding trip the football team took in the 'Remember the Titans' movie," Madai Menindez '18 said. "We not only bond as a team, but we really get ready for the season."

The team drove to Colorado Mesa University to begin their fall training which included practices, team bonding, cookouts and games.

"We all bonded, and it was super fun. We were able to work on our skills and get to know each other's strengths and weaknesses on the field," Julianna Montoya '17 said.

This Titan tradition concluded that weekend, and the softball team came back to prepare for their first home game.

WITH A TIGHT BEAR HUG, Nelio Coronel '19 picks up Link Leader, Brianna Hernandez '16, to pop the balloon between their bodies during a freshmen orientation team building contest. The object of the game was for five freshmen boys to hug Hernandez and pop their balloon before the other team, consisting of Carlos Diaz '16 and five freshmen girls, completed the task. "It was really awkward hugging all of the boys but super fun at the same time. I'm kinda short so when most of them were taller than me, the balloon was placed weird between us so it was hard to pop them," Hernandez said. "I wasn't strong enough to pop them, so I just laughed the whole time." photo by Kiana gomez

017

Week of 08/17/15
LINK CREW, First Week Activities, Softball, Volleyball

REMEMBERING THE TITANS INSPIRES ROAD TRIP

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Halie Litwin '19
"The speeding crew."

A ROAD TRIP to Grand Junction, called The Titan Trip, occurred toward the end of the first school week for all levels of the softball team. In fact, the ladies were able to attend the first day of classes, but then had to miss the rest of the week to get to Grand Junction.

"We call it The Titan Trip because it's inspired by the team bonding trip the football team took in the 'Remember the Titans' movie," Madai Menindez '18 said. "We not only bond as a team, but we really get ready for the season."

The team drove to Colorado Mesa University to begin their fall training which included practices, team bonding, cookouts and games.

"We all bonded, and it was super fun. We were able to work on our skills and get to know each other's strengths and weaknesses on the field," Julianna Montoya '17 said.

This Titan tradition concluded that weekend, and the softball team came back to prepare for their first home game.

I MADE THE FINAL CUT

OVER 50 GIRLS ATTEND VOLLEYBALL TRYOUTS

KICKING OFF THE FIRST WEEK OF SCHOOL, the volleyball team held their tryouts for the upcoming season. Over 50 people tried out for the four teams, with teams carrying only ten players. The girls broke into two different groups, depending on grade, and then were put to several tests and drills to prove their skills. Shayleigh Brinegar '18 was one of the 50 students at tryouts and later made the junior varsity team. "I was really nervous about if I was going to make C team or the JV team. We were all really competitive, but in the end, we all wanted what was best for each team," Brinegar said. "I think this season is going to be really strong for each squad." photo by will sader

MAKE IT A THING
REINVENTION

ACDs



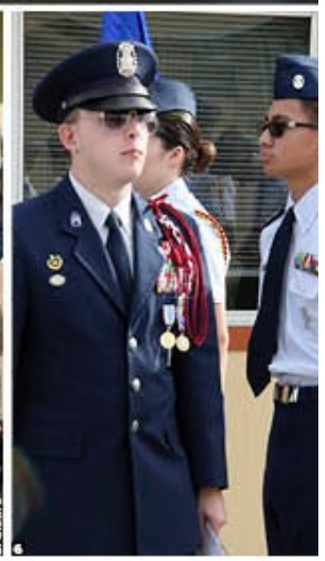
EXTRA

is just part of the routine

No one but us knows what it's like to prep for the "Hamlet" mock trial or spend six hours staring at a screen working on student media deadlines to finish a spread or a broadcasting PSA. We go the extra mile to make sure that Homecoming floats are perfect and stay at school until 2 a.m. to run through the rally. We gather in 48 different clubs so everyone can find their place. It's the time we spend planning kindness lessons and the heart we put into every scene at rehearsal that makes us so much MORE.



5 O. GRAHL



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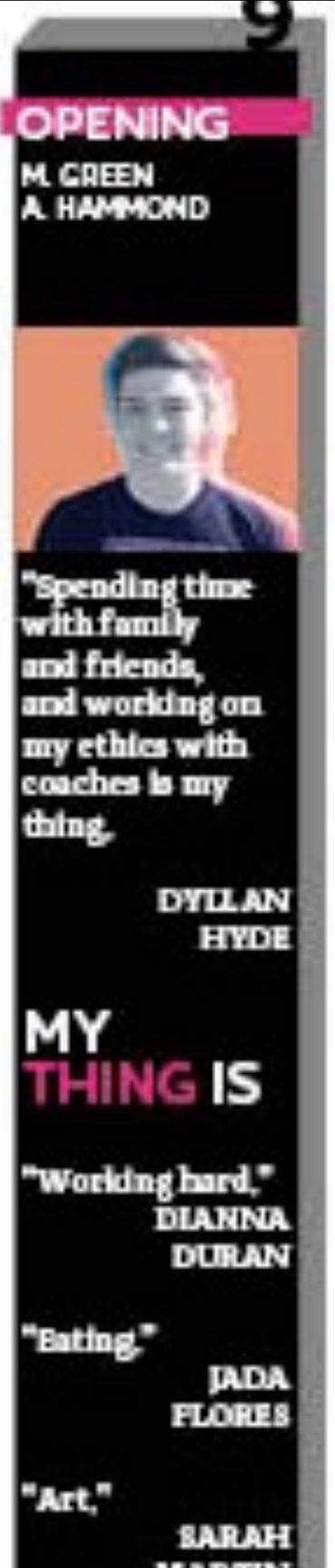


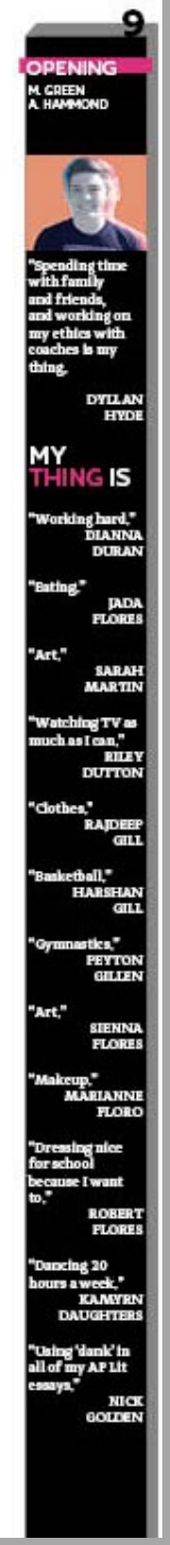


A. HAMMOND K. HAMMOND



H. GREEN

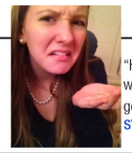
1 During halftime at the varsity football game, Jade McVay twirls baton for the crowd. 2 After donating blood in the auxiliary gym on Feb. 26, Matthew Marks drinks water before returning to sixth period forensics class. 3 Volunteering at junior float construction at Camryn Good's house, Shelby Johnson, Matt Sanchez and Myles Macias tape paper onto a blow-up ball to make it look like the bolder from the Indiana Jones movies. 4 The cast of "Thoroughly Modern Millie" conducts its first dress rehearsal for the musical on Feb. 25. 5 To get to know their group members better, Rachael Marquardt, Brenden Smith and Rachel Larson play a game building towers with balloons. 6 As part of his ROTC duties, Thomas Easter inspects Anthony Laurente for uniform and basic commands. 7 Working with professional photographers from Dallas, Texas, Morgan Hawkins learns how to change her f-stop from Mr. Derek Gower and Mr. Mike McLean.



ACDs

NO, IT'S **NOT EASY** 016 PHYSICS

What's the most frustrating part of physics? **PHYSICS IS NOT EASY**



"How long you can spend working on a problem while getting nowhere." **SYDNEY PARKS, 11**



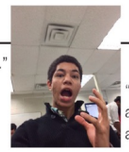
"How you have to integrate very often." **DANIEL SUH, 12**



"When I am doing exactly what I am supposed to be doing on WebAssign literally everything is correct and then it's wrong because of some decimal point." **CHERYL MENSAH, 11**



"Memorizing the formulas." **ADRIEN BERNARD, 12**



"When I do a problem ten times and get ten different wrong answers." **ALEX HOGANSON, 11**

NO, IT'S **NOT EASY** physics, cross country 017

"I FEEL LIKE IT'S A BLUR. Every time there's a quiz or test, I can say goodbye to my sleep for the week." ASHA KRISHNAKUMAR, 11

1
10 people

"NOT NEARLY ENOUGH GOES ON DURING CLASS, and especially during junior year, self studying massive amounts of material is very hard to make time for." ANDREW HUANG, 11

2
12 people

"PHYSICS IS HARD, but it gives me a sense of accomplishment whenever I complete problem." VIRGINIA PAN, 11

3
20 people

"IT'S FUN WHEN YOU UNDERSTAND IT, but when you submit a question in WebAssign four times and it's wrong, that's when you start detesting physics." AAZRIN MIR, 11

4
25 people

"PHYSICS IS REALLY FUN. Although it can be challenging, the best part is when you have that 'ah-ha' moment and it gives you so much confidence about yourself." PATRICK BECK, 11

5
30 people

BY RUHEE SHAH

NOT A PIECE OF CAKE

On a scale of "hate it" to "love it," 97 students respond to the question: "How do you feel about physics?"





1. SETTING UP TO TAKE DATA, juniors Chelsea Li and Katie Shen test out different heights for the friction lab. Shen thought that the only difficult part was solving for the friction coefficients. "I find physics fairly straightforward as it really only uses formulas that you manipulate, but it can be tricky at times," Shen said. *Photo by A. Luckett* **2. CALIBRATING A MOTION SENSOR,** juniors An Smith and Augene Park work on a physics lab. Physics wasn't as difficult as Smith had anticipated. "Physics is hard if you don't do the work. If you study outside of class, it's not that bad," Smith said. *Photo by W. Ryu*

BY RUHEE SHAH

What are some dos and don'ts for surviving physics according to current physics and AP physics students?

HOW TO SURVIVE PHYSICS



WHILE USING A SENSOR, junior Shritika Dahal tries to recreate a velocity-time graph during physics class. The lab required students to walk a certain path in order to reproduce the graph that was given to them. "It was really difficult getting the timing for these graphs right, because just tripping over your feet for a millisecond would skew your graph results and we only had one chance to get it right to get an A," Dahal said. *Photo by W. Ryu*

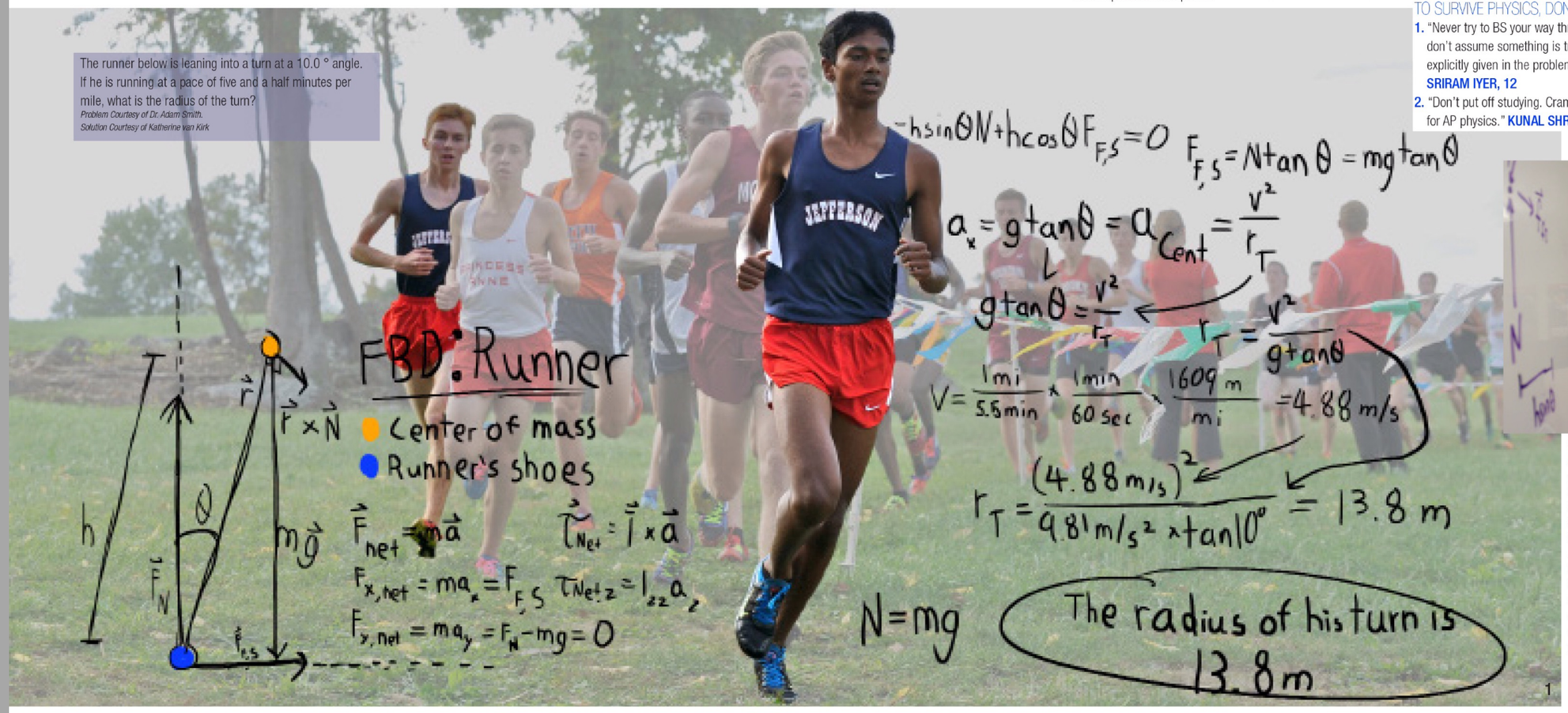
TO SURVIVE PHYSICS, DO:

1. "Do the webassigns on time, but not two hours before they're due." **ABHA AGRAWAL, 11**
2. "You should read the textbook and do practice problems. That's the only way to truly grasp a physics concept." **ABHISHEK BHARGAVA, 11**
3. "Go to different teachers during eighth periods to get help; if one teacher can't help you, another one can. **ANDY CHARBONNEAU, 11**
4. "Spend a lot of time doing the practice problems in the book besides just WebAssign and look at past AP free response problems." **ANUGYA MITTAL, 12**

TO SURVIVE PHYSICS, DON'T:

1. "Never try to BS your way through a problem, don't assume something is true unless it's explicitly given in the problem or derived." **SRIRAM IYER, 12**
2. "Don't put off studying. Cramming never works for AP physics." **KUNAL SHROFF,11**
3. "Don't sit in the back of the class. Even if you don't do the reading." **MISHA RYJIK, 12**
4. "Don't memorize the formulas. It's usually better to find a few formulas you can remember and derive the rest quickly from there." **KASHISH JAGGA, 12**

The runner below is leaning into a turn at a 10.0 ° angle. If he is running at a pace of five and a half minutes per mile, what is the radius of the turn?
Problem Courtesy of Dr. Adam Smith.
Solution Courtesy of Katherine van Kirk



1



2

1. AT THE BEGINNING OF THE REGIONAL CROSS COUNTRY RACE AT GREAT MEADOW FARMS, sophomore Saurav Vellellath leads a pack of runners as junior Nate Foss follows. Foss used physics to help him become a more efficient runner. "Any force that isn't directed forward is wasted. If your arm is crossing your body you're putting force side to side which doesn't help at all; your arms should go forward to backwards," Foss said. *Photo illustration by A. Shi. Photo courtesy of Lifetouch* **2. WORKING AT THE WHITEBOARD,** senior Katherine van Kirk solves a banked turn problem. Van Kirk knew she was interested in learning about how the world worked prior to taking physics, but the course got her interested in astrophysics. "I was having interesting conversations with my classmates about what happens when you move at the speed of light and black holes and it just kind of spiraled into liking special relativity," van Kirk said. *Photo by R. Shah*

ACDs

THE WAIT IS OVER, SENIORS





CLASS MEETING AND SENIOR PHOTOGRAPHY TRADITION







A SPECIAL SIDE TO HOME







SUPERLATIVES

SENIORS

predict their futures, submit self-superlatives

"Most likely to be deported by Donald Trump's immigration reforms." JONATHAN GUERRERO "Most likely to travel space and time in a police public call box." ADAM KINSEY "Most likely to join 'Calculus: The Musical.'" JADE McVAY "Most likely to throw the One Ring into the fires of Mount Doom." NICK VAILLANCOURT "Most likely to have a lot of pets." VICTORIA KOZELKA "Most likely to not know what to write for this 'most likely' shindig." SIENNA FLORES "Most likely to adopt 20 dogs." LINDSAY ZELKO "Most likely to marry a rapper." SONALI PRASAD "Most likely to find a fabulous Middle Eastern guy." PAVAN SEKHON "Most likely to marry a sugar daddy." SARAH MARTIN "Most likely to ask too many girls to Homecoming." GEORGE AWAD "Most likely to become the next Ian Rapoport." ISAAC BISLA "Most likely to ride a bicycle without training wheels." LUKE ZUMPANO "Most likely to get fired for drawing at work." RILEY MEIXNER "Most likely to never make a decision about my most likely quote." JESSICA SHORT "Most likely to prosecute you." ASHLYN SYSUM "Most likely to be a Real Housewife of Orange County." KAYLA ALLWARDT "Most likely to disappear." ITALY OVERTON "Most likely to stay in a relationship for the free food." YASMIN PASHMINEH AZAR "Most likely to use an expired coupon at McDonald's and get away with it." NICHOLAS FUCCI "Most likely to engineer what you only dream of." RANDALL CHENG "Most likely to command the courts." MIGUEL ENZO C. JIMENEZ "Most likely to be the next Dr. Oz." MAIA TIK HOLGUIN "Most likely to make you laugh." HANIN SALAH "Most likely to wear mom jeans." ANNA FELKER "Most likely to be crying while watching 'Grey's Anatomy.'" BRIANA SANCHEZ Most likely to rout you." DEVIN BROCCHINI "Most likely to retire in his '40s." MALACHI TURNER "Most likely to not tell you what he's most likely to do." JACOB NIVINSKI "Most likely to fall out of a swing." MEGAN GREEN "Most likely to keep clothes from high school because they'll be vintage when we're 80." SARAH MACBRIDE KARVER "Most likely to be watching 'The Office' on a Friday night." PATRICIA OROZCO "Most likely to just wing it." RHONDA DORAN "Most likely to have pugs, not drugs." MAKENZIE PIERCE "Most likely to be confused." TAYLOR GRIFFIN "Most likely to get in a car crash." THERESE PEREZ "Most likely to not be able to come up with a most-likely." JORDAN RAINE ORPIA "Most likely to not be able to buy Yeezys." ANDREW NGUYEN "Most likely to still have long hair like Rapunzel." GURPREET KAUR "Most likely to express her knowledge to young children on the soccer field." CHEYANNE FOSTER "Most likely to be binge-watching 'VeggieTales.'" LEVI ZUMPANO

"Most likely to work in a hospital." RACHEL LAMKIN "Most likely to climb Mount Everest (while eating cheese)." ANNALISE ACHACOSO "Most likely to change the lives of others by enlightening them with the vegan lifestyle." TAYLOR GILLESPIE "Most likely to get ID'd when they're 30." CHRISTIAN OH "Most likely to have a bunch of kids." ASHLEY CARPENTER "Most likely to open up a camel ranch." NOWAF SANIF "Most likely to wear a Speedo when I'm 60 years old." ZACKARY SCHALL "Most likely to travel the most." ANNIE JOOST "Most likely to start her own magazine." OLIVIA GRAHL "Most likely to become a decorated Airman in the Air Force." BLAKE BUTTS "Most likely to be in a serious or awkward situation." JENNIFFER KLAMAN "Most likely to cook with Walter White." JACKSON DIBACHI "Most likely to be out because somebody stole my car radio." BRETT SNOW "Most likely to lose my phone when it's in my hand." SARAH MARTINEZ "Most likely to be a ... super hero." CHANDRA GEORGE "Most likely to save the world." JOE PARKER "Most likely to be a workaholic. When there is something meaningful and can make a difference in my community, or if I can hear people's stories, I tend to take it up. I have dedicated my childhood to try to make a difference in this world, and I'll work hard." NATHAN STROUD "Most likely to go after her dreams." ZIO "Most likely have summers off I am going to be a teacher me!" ALEXIA MORRISON "Most likely to laugh during the most inappropriate times." MARIAH KAMAUOHA "Most likely to stay home and study." EW MARKS "Most likely to do homework 10 minutes before JA "Most likely to run a company by age 30." BRENNON likely to be mistaken for Clark Kent." JAMES MARTINEZ "Most likely to live abroad." ALANA LOPEZ-KOEN "Most likely to marry a United RACHEL MESKIMEN "Most likely to tell a joke that needs OZORA CHEEK "Most likely to soar through the uniglobular iating extragalactic cosmic tear gas with pink-smelling fuzzy g from her unicorn horn." JILLIAN TOURVILLE "Most likely own jokes." ISABELLA GALLI "Most likely to use my offs to GE COVENEY "Most likely to marry Herman Dhillon." PARIS st likely to marry Paris Keighley." HERMAN DHILLON "Most our dog and not eat your dog (because I want to be a vet)." "Most likely to code the next Snapchat." ALLSTON FOJAS work in a war zone." KYLE DOWD "Most likely to become a rn." RHIANNON JONES "Most likely to be a celebrity makeup H LEWIS "Most likely to trip at graduation." HANNAH KANIK become a member of the Jabbawockeez." RYAN MOFFITT travel." KATELYN BENDER "Most likely to become a teacher in up with the latest memes." JOSEPHINE DOUTHAT "Most likely NBA." ASHLYNN PESICKA "Most likely to adopt a pet koala." MOND "Most likely to trip at a major award show." ANGELA ely to reach the top shelf." EVERETT ANTHONY ROBERTS have his mom make his lunch." TRAVIS ELMONT "Most likely han 100 dogs." ALANAH BROWN "Most likely to be Peter Pan CONNER GASPAR "Most likely to save the whales." KAYLA likely to make that doe." ANTONIOUS FARIS "Most likely he brick." LINDSAY OLSEN "Most likely to not break 5 in the LAPEER "Most likely to get married underage." JOSHUA kely to try to bring her dogs to college." JILLIAN SEMPLE be deported by Donald Trump." MEGAN SANCHEZ "Most tabilize a Nigerian kingdom." NICHOLAS GOLDEN "Most likely Brani and Riley." VIYALETA KACHAN "Most likely to become e ministry of magic." ALANNA KIEFER "Most likely to own the f cool socks." MARISA RODRIGUEZ "Most likely to cry during movie." EMILY DECOSTER "Most likely to eat off the floor." "Most likely to be the next voice of Spongebob." MELLANY likely to be your boss." TYLER KIM "Most likely to be a FLORES "Most likely to go on 'The Bachelor' for the food MARIYA SHTEVNINA "Most likely to become a wild child." ANO "Most likely to be a cotton headed ninny muggins." DEZ "Most likely to survive an underwater grizzly bear L LARSON "Most likely to integrate himself into Beyonce's ler." TERRY PHAM "Most likely to fight an Alaskan bull worm Bottom." EDGAR GRANADOS "Most likely to own the legal EVIN WHITE "Most likely to kidnap Ed Sheeran." SELENA Most likely to be teacher of the year." BRAEDON HORN "Most our man." NAJAH ABDULLAH "Most likely to be found at the igma house." KARISHMA PATEL "Most likely to enter 'The MARIA SABU "Most likely to make America great again." LY "Most likely to be the fun mom." MIDORI GARMAN "Most neless by choice." SAMANTHA RAEY GONZALES "Most likely gh a natural disaster." KAYLA DAUGHTERS "Most likely to go wearing phase." HENRY TRAN "Most likely to carry pepper l. #safetyfirst" CAELI SOLIS "Most likely to create a new type A GILL "Most likely to swoop." ISAIAH TAYLOR "Most likely llaborating with Givenchy in 2025." MAIA DORE "Most likely first-born child to pay off my student loans." KAYLA DUFFY never stop going to school." ALEXANDER GLOUDEMAN name his first-born child Jonathan Toussaint." ETHAN likely to name his first-born child Ethan Nelson." JONATHAN lost likely to be at Taco Bell." EMILY STOLE

PULL NARRATIVES



minimum, in a nation whose terrain makes grown mountaineers cry. There would have to be inspectors hired and trained for thousands of affected villages—a whirlwind of paperwork and opportunities for bribery.

"Yes, it needs a lot of people," the World Bank official conceded. "Next year, Nepal needs to train 50,000 masons. It's a massive undertaking." He could hear my skepticism but insisted the model was "piloted and tested." The lights went out in the middle of our meeting, but even that didn't phase him—he kept talking in total darkness.

From the Myanmar cyclone to the Indonesian tsunami, we've seen equally ineffective responses to national disasters, the unhappy marriage of a weak or corrupt state to a brief, social-media-driven spasm of foreign attention. The model was already broken when we choppered it into this impoverished old carpet kingdom, delivering a package predestined to fail.

IF THE EARTHQUAKE WAS NEPAL'S ONLY PROBLEM, THEN PEOPLE WOULD BE FINE, IN THE WAY OF BEING FINE WHEN YOU LIFT STONES ALL DAY TO REBUILD YOUR HOUSE AND WATCH YOUR CHILDREN DIE OF DISEASE.

"I WAS JUST having my first spoonful of *dal bhat*," Megh Ale said, describing the moment when the aftershock hit last May. The lentil stew never made it to his lips. "It started and we ran outside," he said. "You could see the wave moving through the beach and the clouds of dust from collapsing houses. Everything was shaking."

We'd driven up into the mountains of Sindhupalchok, stopping for lunch at the same riverside place he'd been when the quake hit. I thought he meant he saw a wave of water. He shook his head. No, the shock waves had been moving through the stones on the beach, millions of pounds of rock shivering on the skin of the earth. He'd heard a weird rustling sound, too, from tens of thousands of trees slapping against each other, and then the deafening noise of landslides. We'd already seen where, in 2014, one slide, half a mile long, had buried 80 people and filled the riverbed, creating a dam of silt that stayed in place for 13 hours. When the water flowed out, houses emerged, half-buried in gray mud.

Ale, 55, the Nepali owner of a rafting company called Ultimate Descents Nepal, needed to check on the Borderlands Resort, his camp alongside the raging Bhotekosi River, which offers some of the steepest whitewater in Nepal. He had agreed to accompany me up from Kathmandu in a hired Land Cruiser if I paid the driver and sprang for the tank of black-market gasoline. Two months into the fuel crisis, smuggled gas and diesel were selling for ten and twenty times the normal price.

That afternoon, Ale had dropped me at the camp, a collection of comfortable thatch-roofed cabins, and the next morning I began my roundabout walk up to Gati. (It was his group, Namaste Nepal, that helped build the temporary school.) I was there just a few hours. Somehow, the walk down from the village felt harder—a direct drop on precipitous stairways and muddy paths into the Bhotekosi valley, slipping and sliding on eroded bluffs that overlook thousand-foot plunges. I lost altitude so fast my ears popped, as did my knees. Twice we encountered teams of villagers working to repair stone stairways. A Norwegian NGO was paying them with food: a month of part-time labor earned 130 pounds of lentils and 90 pounds of rice, enough to keep a family alive for the coming winter.

It was sunset when I limped back to Borderlands. Like most of the country, it had been empty of foreign tourists when I arrived. But now I saw that the camp's tiny meadow was covered in orange tents. The camp manager, a wiry Nepali named Jit Tamang, told me that a relief mission had arrived, a group of foreign medical experts. I thought he said something about Doctors Without Borders. Finally, someone was here to help.

I rushed down to the dining area and found Acupuncturists Without Borders. The New Mexico–based group had brought a dozen practitioners from the U.S., Belgium, Ireland, and China to treat earthquake victims. Acupuncture is a credible treatment, tradition in Asia for everything from chronic pain to indigestion, but I couldn't help but look around for a team of engineers carrying rebar.

MAP BY Mike Reaga

IF THE EARTHQUAKE WAS NEPAL'S ONLY PROBLEM, THEN PEOPLE WOULD BE FINE, IN THE WAY OF BEING FINE WHEN YOU LIFT STONES ALL DAY TO REBUILD YOUR HOUSE AND WATCH YOUR CHILDREN DIE OF DISEASE.

PULL STATISTICS



While I've basked in the pleasure of simply running again, it's my surprise return to form that has helped push the misery, despair and uncertainty of the last year firmly into the past. I'm no longer too scared – or superstitious – to tempt fate by proclaiming myself 'back'. With that shift in mindset I have sensed myself letting go of something – an insidious tension that I hadn't realised was there all this time. Inside, I now feel how Jessica Ennis-Hill looked when she crossed the finish line to claim gold at the London Olympics – her face plainly etched with joy, disbelief and relief.

Becoming a runner second-time round has some unexpected payoffs. You know when you look back at something in your life and wish you'd behaved or reacted

Speedy stat

1.5

Inactive women are this many times more likely to develop hypertension during pregnancy than women exercising three times a week

While I may have less tal
my entire body than Jess h
now-healed foot, my sensit
are the same as hers. So no
always make time for stret
training and ensure I have
sports massage every mon
I don't leave my rehab exe
until tomorrow. I haven't
cross-training just becaus
run again. And I do listen
body – really listen to it. (
test of this? Going out for
realising that even after a
10-minute warm-up you'
slightly off – and turning
The ballet dancer Mikh
Baryshnikov once said, 'T
injuries you get, the sma
get.' It's true – but we are
always fortunate enough
the opportunity to put th
newfound wisdom to goo
I'm making the most of m
chance. As I ran along th
Sussex lanes this mornin
the primroses were just
to bring a splash of colou
verges, I thought, 'So he
again. Pretty much back
I left off.' Slightly older a
wiser, but infinitely mor
for being able to run. Lik
it's good to be home.

Sam Murphy tweets @SamMurphyRuns

Speedy stat

1.5

Inactive women are this many times more likely to develop hypertension during pregnancy than women exercising three times a week

MAKE IT A THING
COVER EVERYTHING

COVER EVERYTHING

2016 Walnut High School, CA

AROUND THE WORLD IN 12 Foods

So, what's on the menu? EVERYTHING. Dinner here is a global buffet line with everything from Greek lemon rice soup to good ol' Mexican tacos. Order up!

COMPILED BY MELISSA KIM, ANGELA CAO, AND SAMUEL COMPOLONGO

1 INDONESIAN SATAY

"I'm Indonesian and Chinese. My favorite food is Satay because the meat is normally tender and very flavorful. Satay is special in a way that it first originated from Java, Indonesia and is something that a lot of people like," said freshman Kayla Widjaja.

2 KOREAN TTEOKBOKKI

"Tteokbokki is like comfort food. Say you have to go somewhere, and you're feeling homesick for food. Whenever you eat Tteokbokki, it just makes you happy. You can go to any stand in Korea, and they have it for you," said sophomore Alexandria Yu.

3 ITALIAN PASTA

"I'm from Spain and Italy, so I eat a lot of grains. In my culture, a lot of food is prepared naturally and grown from farms. The unique flavor that Spanish and Italian food have is really hard to replicate with other types of ingredients," said freshman Gianluca Melloni.

4 BURMESE MOHINGA

"It's basically fish paste soup. It's special to me because I haven't seen it in any other cultures, and my family has been making it for the longest time now, so I really like it," said freshman Noble San.

5 GREEK AVGOLEMONO

"My grandma made it when she was alive. She died a couple of years ago, and now we eat it in memory of her. It's my grandma's recipe, and it was passed down to her by her mom, and she passed it down to my dad," said freshman Julianna Christofi.

6 INDIAN CHICKEN

"It's a little spicy. Without the sauce, the chicken still has a lot of flavor to it. We would make it if it were someone's birthday or any holiday or just any special stuff like that," said sophomore Madihah Rasheed.

7 FILIPINO ADOBO

"I really like Adobo, which is basically like chicken. I don't know, I can't describe it. I just know that it's really, really good. I think it brings people together. I'm not born in the Philippines, but it gives you a sense of culture of where your parents are from or where your ancestors are from," said junior Loreta Camacho.

8 JAPANESE OZONI

"We eat Ozoni traditionally on New Year's Day. I'm actually not sure why it's important to my culture, but it's a tradition in my house to eat it on New Year's, so I look forward to it all year," said junior Taylor Yamaguchi.

9 MEXICAN TACOS

"I'm half Mexican and part Italian. I like the tacos that my mom makes because she makes them a certain way. I don't know how to explain it, but if someone else made it, it wouldn't be the same. I like how it brings my family together," said senior Justin Bowler.

10 ARGENTINIAN CHORI PAN

"You get the meat, put it on the barbeque, and let it cook. You also toast the bread, and then put it together and eat! In Argentina, what we do is get together. We eat and just talk. It's a very social country. Everyone from my town, where my parents are from, knows each other," said sophomore Roger Utz.

11 THAI YEN TA FO

"Thai are known for their food and probably the good taste. I think in Thai food the difference is that there is a lot of flavoring and a lot of salt that is involved," said senior Alan Tantiwassadakran.

12 EGYPTIAN KEBDA

"There's this one dish called Kebda that we eat about once a week, and it's just a rib eye steak marinated in lemon juice, onions, peppers, and cucumbers. The recipe was passed down through many generations. Egyptian cuisine definitely is my favorite because I feel that the uniqueness of the taste and culture behind Egyptian food can't be found in any other food," said senior Philop0ater Fanous.

YOU ARE WHAT YOU EAT

WHAT FOOD REPRESENTS YOU?

"Korean BBQ. The flavor of KBBQ is sweet, exotic and feisty." [illegible]

"There's a variety of chocolate you can get, and there's a variety of moods I can be in." [illegible]

"Basko. I grew up eating it and whenever I do eat it, it makes me feel happy and at home." [illegible]

COVER EVERYTHING

2016 Walnut High School, CA

THE PERFECT STUDY PLACE

BY MEGAN WU

The fastest internet, fanciest coffee, coziest seats, best music—what do you look for in the perfect study place? It's hard to choose among the cafes scattered around the area, but here are a few that some students find themselves returning to time and time again.

HIDEOUT CAFE

"They have pretty good food, so it's a good place to work if you get hungry. It closes around 11, so it gives me some time to work, which I usually wouldn't do if I went home. When I go with other people we can keep each other accountable and make sure both of us are on task."





ALAN WONG, 12

STARBUCKS







SAGE MONTOYA, 11

"It's easier for me because at home I just have all these distractions. The best thing about Starbucks is the coffee, and it just forces me to study more. Everyone's working, and it's just more happy and more lively—at home I'm just like dead."

PANERA CAFE

"The atmosphere is not too busy, but there's always people around. Background noise and conversation are soothing to my ears. The color scheme here is also really calming. It feels very cozy, and I feel at home here."





AMY MCNALLY, 9

MJ CAFE

"It started when I had to tutor my friend for the math test coming up—[MJ's] was somewhere we can eat and study. Because the test was the the day after, we stayed there till 12 at night drinking boba, snacking on the side dishes that they serve."







VALERIE FENG, 11

EVERYONE HAS THAT ONE PLACE WHERE THEY STUDY BEST.

WHAT'S YOUR FAVORITE PLACE TO BE?

"I like going to the beach; it's really **relaxing. Surfing is a** way to get away from everything."
KATRINA MARTINEZ, 11

"Pieology. There are so many [pizza] combinations you can make there."
JOSHUA BAN, 10

"I like to be at home. I usually study and do homework, then go to my neighbor's house during my free time."
BRIGITTE MARTINEZ, 11

WHAT'S GOOD AT THE LIBRARY?

Libraries have always been one of the best places to study, with books, seating and computers at one's disposal. Check out what the one at Walnut High School has to offer.

UP-TO-DATE BOOKS

"There are a lot of books in the back that I didn't think that we had. The fiction ones that you would see online—we actually have them. Normally, I don't see other people checking out those kinds of books because they wouldn't expect the library to carry it," said senior Melanie Kuo.



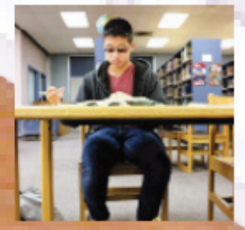
NO SHORTAGE OF TUTORS

"My tutor is a pretty cool guy and helps me do the problems that are hard for me and overall just helps me understand things a little better. A lot of people take tutors for granted. They don't think they need help and just want to do things on their own," said senior Angel Avalos.



PEACEFUL AMBIENCE

"It's pretty quiet there. The best thing about the library ambiance is that it's good for studying because there's not many distractions. It's at school, so I can go to my locker to get books, and there's people there if I get stuck on my homework," said freshman Daniel Le.





THE RIGHT KIND OF COMPANY > "I look for people who actually take the time to sit down and study, rather than most people during tutorial who just go on their phones. I like people who actually want to do their work, bring their books in and sit down quietly in the corner and don't disturb anyone."

Hayden Lee, 10

CAFFEINE > "The flavor keeps me awake and focused. Caffeine is a stimulant, and the more worked up I get, the more focused I am. It also drives away any kind of sleepiness. I've been drinking coffee and tea on a regular basis since I was in eighth grade. The best thing about coffee is the aroma; just walking into a Starbucks relaxes me."

Carol Li, 12

FOOD > "I get hungry sometimes, and it's my only option to snack while I'm studying because I can't take too much time doing other stuff. I multi-task to save time. Sometimes I eat sweets and kind of get rejuvenated or am able to stay awake while doing homework. It keeps you concentrated, especially during all-nighters."

Jackie Chen, 9

MUSIC > "It's always nice to have some form of background noise to do something. I usually pick a theme song and put it on repeat. It helps me concentrate to have the same song on over and over again because if I change the song, I'll have my mind set on changing the music constantly, and then I won't be able to focus on my work."

Chris Lara, 9

GOOD 'OL PEACE & QUIET > "It's important that the study place is peaceful and that it's quiet, so I have more focus on my stuff because if it's noisy I can't really work in peace. My favorite study place is actually here at school."

Leslie Dominguez, 11



STUDYING MUST-HAVES

Always listening to beats when you're studying? You're not alone. A good set of headphones, a bowl of cereal, just good 'ole peace and quiet. Everyone has study necessities they can't do without.

COVER EVERYTHING

2016 Westlake High School, TX

NOTso silentSOLO

Senior Stephanie Blais reflects on her opportunity to carry on the tradition of singing the famous song at the Winter Concert

Almost every choir kid and parent knows about *The Lord Bless* song that everyone holds hands for and sings together at the end of every concert, but the *Silent Night* solo, performed only during the Winter Concert every year, was a cherished tradition held in the Westlake choir program.

In December, senior soprano Stephanie Blais was thrilled to be selected to sing the familiar song.

"It's a beautiful solo that was really fun to perform," Blais said. "The audition was very comfortable. One day during class, Mr. Snouffer just asked anyone who wanted to try out to gather around the piano."



Stephanie Blais, 12

madi maurice

Choir members who auditioned sang the song as a group with director Ed Snouffer accompanying them and then sang the solo individually.

"All choir tryouts are generally not stressful because everyone supports and encourages one another," Blais said. "When you feel comfortable, it's easier to sing confidently."

Once the directors decided on Blais, they recognized her in class.

"I immediately got congratulated by my peers," Blais said. "My friends were really excited for me."

Even though senior Catherine Kent also tried out for the solo, she showed lots of love toward Blais once the soloist was announced.

"Catherine really put herself out there and sounded great, and when they announced I had gotten the solo, she was happy and excited for me instead of being disappointed that she didn't get it," Blais said. "She's very selfless and is always putting others first."

Because of the fame of the piece of music, the senior believed she had a lot to accomplish with the solo.

"People expect to be blown away by this solo, so I had to bring a lot to the table," Blais said. "In the end, I did my best and made my mom cry, so I guess I did all right."



sydney imhoff

sing it loud
While waiting for the underclassmen to show up, junior Lana Picone strums her guitar and sings with her squad, Squad Famous. The upperclassmen arrived at Mo Ranch a day early and prepared for their "buddies." "Our squad was super fun," Picone said, "and we had a great theme and fun people that were into it."

season's greetings
Sporting a Santa hat, senior Walker Register grabs the microphone and belts the song *Winter Wonderland* at the Winter Concert on Dec. 4. "I felt a lot of motivation to really sell the performance," Register said. "I mean, I'm Walker."



racio fernandez

& some MORE

fresh sounds

"I was put in classes with people who I wouldn't be in classes with otherwise, and I've met some of my closest friends."
Andie Giles, 9

"Choir has allowed me to make new friends and has taught me to work hard for what I want."
CC Gruber, 10

"Choir has helped me make a lot of friends I never would've expected to be friends with."
Chase Ernst, 9

"We get to really bond with the girls in our sections. We know when to be serious and when to joke around and have fun."
Julia Flowers, 10

"I have made a lot of friends in choir, and it has helped me grow in my singing abilities."
Emerson Stack, 9

"The choir room is full of trust and friendship, not to mention wonderful music. Music is magic, especially with Westlake."
Lucas Revering, 10



audrey sutter

all-stars
With All-Region Choir auditions coming up, sophomores Varsha Gopal, Tara Kyaw and freshmen Emma Booth and Sanjana Likki rehearse the song *Gloria in Excelsis*. "I had a great time doing choir this year," Booth said. "It was fun to be around others who have the same passion."



sydney imhoff

MO COMPETITION

it's our THING

Fighting in a game of tug-of-war, junior Cal Ussery and senior Charly Hibler lead Squad Ninja to victory against Squad Lifeguards at Mo Ranch. "This was my third year at Mo Ranch, and it's great because every underclassman is paired with an upperclassman so everyone gets to know each other," Ussery said. "My favorite part about being in Squad Ninja was having an awesome group with cool costumes."

all for one
1 Given the opportunity to sing a solo at the Winter Concert on Dec. 4, senior Eugene Gase performs *Celebrate Me Home* by Kenny Loggins. "As you can imagine, I was pretty terrified," Gase said, "but knowing that the choir teachers put their trust in me was really awesome. It was one of the most fun experiences of high school for me." 2 During one of their holiday season public appearances, the Madrigals perform carols in the Texas State Capitol rotunda. Both the Madrigals and Chamber Women took time to sing in venues all over Austin during the holiday season. "The acoustics were amazing in the Capitol, which made the music sound even more beautiful than it already was, and there was a really cute group of little kids touring the Capitol who stopped to listen to us for a little while," senior Nicole Jefferson said. "I felt really happy to be a part of such a special event." 3 Partners senior Ellise Johnson and junior Ben Roberts dance together while singing *Almost Like Being In Love*. "I really enjoyed being a part of Madrigals," Roberts said. "I love the jazz songs we perform, but we also get to do contemporary chamber music, Christmas carols and songs in other languages."



1 racio fernandez 2. audrey sutter 3. racio fernandez

COVER EVERYTHING

2016 Corning Painted Post, NY

all decked

If you're taking the court, you accessorize where you can

OUT reporting • Abigail Krol



1 • Glam Slams While talking to Coach Tim Ball, junior Sophie Herrmann sports sunglasses and buns during the pre-season tournament in Oneida. "Tennis is super chill so you could do and wear whatever you want and no one would care," Herrmann said. photo • Aimee Spisak **2 • Classy on the Court** Dressed in her uniform and her signature visor, sophomore Madeline Wozniak plays with her partner, senior Bridget Collins, during their match against the Horseheads Raiders. "I like wearing my Vineyards Vines visor because it adds an accessory and some color to my tennis outfit," Wozniak said. photo • Kayla Kline **3 • New Confidence** Getting ready to start her match, sophomore Megan Pesansky sports a new hat in her game against the Notre Dame Crusaders on Friday, Oct. 16. "After having a bad week I wanted to make a fresh start, so I decided to go out and buy a new hat for a match the next day hoping for better luck," Pesansky said. "I wore it to the match the next day and we won, and my season just went uphill from there. I guess it brought a bit of good luck." photo • Kayla Kline

the good, the bad AND EVERYTHING IN BETWEEN

On and off the court, these teammates know that it's the little things that count reporting • Kelsey Taylor



Sectionals Loss:
"Losing sectionals sucked a lot, but I don't think I would've had it any other way now. Being able to speak to my friend from Horseheads was an awesome opportunity I didn't think I'd have."
Connie Hou • 10

Cold Matches:
"In the moment it sucked because of the freezing cold, but we made some memories as a team that were unforgettable. Getting the hot chocolate helped the team bond."
Jenna Stark • 10

Team Pep Talks:
"Before all the matches we liked to have a doubles pep talk and we would pretty much just talk about how we knew that we could beat the other team."
Holly Boersen • 10

Summer Camp:
"I'd say my experience was probably a nine out of 10; it was just so much fun. I loved working with the kids and teaching them. You could just tell they were having so much fun."
Megan Pesansky • 10



1 • Order on the Court In the midst of their match, senior Anne Wozniak gives her partner, senior Bridget Collins, a pep talk. **2 • Courtside Connection** Supporting their team, sophomores Olivia Colonna, Holly Boerson and Nicole Dunlap pay attention to a sectional match to show their support. "We are a very close team and we all feel it's important to support one another," Colonna said. "When one of us wins, we all win." **3 • Kiss My Ace** On Thursday, Oct. 16 at Ithaca High School, junior Aimee Spisak serves the ball to her opponents from Binghamton during her first sectional game with her doubles partner, sophomore Madeline Wozniak. Spisak and Wozniak beat Elmira in their first stage of sectionals 2-0 with straight sets. "Going to sectionals with my partner for my first year was a lot of fun," Spisak said. "I think we exceeded the expectations we had set for us, and I think we as a team will go further next year." **4 • Starting a Racket** With a look of determination, junior Marie-Laure Gollier competes on Thursday, Oct. 16 in her first sectional game against Binghamton. "Only being my second year on the team, it was awesome to play singles while my team was supporting me on the court," Gollier said. Gollier ended her time at sectionals with two wins and one loss. photos • Megan Pesansky

it's more THAN LOVE

reporting • Ashlyn Amsden

For the girls tennis team, going on the road to sectionals meant taking team support to a new level



Baby Got Backhand With her mind on the game, senior Anne Wozniak competes in her last sectional games. "I loved having my whole team there to cheer me on," Wozniak said. "I wouldn't have changed a thing." photo • Megan Pesansky



What was your experience like at sectionals? "The buildup and anticipation before sectionals really made it an exciting event. I placed fourth overall for singles, playing three total matches. During my match, I was sick and having trouble breathing and thinking. For the previous two years, I had made it to states. Making it to states was my goal again this year, which I unfortunately did not reach." **Connie Hou•10 What is like having your whole team coming and supporting you?** "It's great because it helps to push you and when you're feeling down or you just lost a point because of a stupid mistake or something they make you feel better and it's just really nice to see everyone support you. Some people feel a lot of pressure but I think it's fun and cool." **Marie-Laure Gollier•11 Did you make it as far as you wanted to?** "My doubles partner, [senior Anne] Wozinak, and I definitely did not go as far we were hoping at the Section IV Tennis Sectionals in Ithaca. We had a bye the first round and were the third seed, giving us confidence going into our game—but just a little too much. We played Ithaca's third and fourth singles, came out strong in the first set and then things took off on a downward spiral after. Because Ithaca's courts are located next to a busy highway, there was extra wind and noises. She and I both weren't used to the change in court setting, causing us both to make unnecessary mistakes and not play our usual way. We ended up losing 1-2, ending our tennis career. It was awesome to be able to play with her, yet devastating because they were a very beatable team." **Bridget Collins•12 What would you have done differently?** "One thing I would change about sectionals is I would have liked to have been more prepared personally and with my partner. Our first match at sectionals was the first time we've played with each other ever. For being our first time with each other, I think we played well but if we had more practice with each other I think we could have performed a lot better and have gone a lot further." **Aimee Spisak•11 Why do you go and support your teammates?** "I like to cheer for my teammates and support them whether they win or lose because I know they would do the same for me." **Gina Landry•10 What's your favorite part of going to Ithaca?** "My favorite part is being able to hang out with my team and cheer everyone on. It's a really fun day because we go out to eat and get to miss school for something fun with the whole team." **Nicole Dunlap•10**

From an ideal partner to a game where everything 'just clicked,' the squad gives their take on

THE PERFECT MATCH

reporting • Ashlyn Amsden

"My favorite match was Senior Night. I got to play with one of my best friends and we won; the team decorated the courts and then we all got cake—it was just great."
Victoria Price•12

"It was definitely a very stressful match because the entire team was watching me and I was playing a fairly tough opponent but once the match was over I felt really relieved because I knew I had to win the match to get the win for the team."
Erin Vargo-11

"It's more fun to play tennis with friends you can have a good time but also WIN with. I like playing with the same partner all season."
Lindsey Webb•12

"I really like to work with someone that knows my strengths and weaknesses and is willing to help me and tell me when I'm doing something right or wrong; someone that encourages me to do your best."
Brooke Smith•10

COVER EVERYTHING

2016 Westlake High School, TX

& some MORE

collab with labs

"Hands-on activities definitely help you understand the material better because it helps you make sense of everything you're learning."
Aurora Zemborain, 9

"Labs affect my learning in science because they give me real-life looks of what we're learning."
Hannah Pool, 10

"I feel like labs make science bearable, and they give me hope that this is not a boring class."
Major Oswald, 10

"Applying what we learn in class to a hands-on activity helps get rid of a sort of mental disconnect; it helps me understand and remember the lecture material."
Selina Eshraghi, 11

"I think it's really helpful when you do labs because it is a great collaborative project with a partner to determine stuff."
Khoa Pham, 11

"Labs were a good way to get the class to interact with each other and apply the information being taught."
Colin Kalomiris, 12



suva saghafi

just hanging
Juniors Olivia Osborne and Nicholas Ammons complete the ballistic pendulum lab during seventh period in physics teacher Bob Witowski's AP class. "My favorite thing is probably watching the chemical reactions and doing real-world experiments," Osborne said.

it's lit
In Chemistry, sophomore Sebastian Williams lights his hands on fire during the infamous fire lab. "The fire lab was my favorite lab because it felt like I was controlling fire with my bare hands," Williams said.

eyes on the prize
Pouring chemicals into a graduated cylinder, senior Audrey Brown works on her Chemistry 2 AP lab. "My favorite lab we did this year was an airbag lab," Brown said. "I thought this lab was cool because not only could I see the baking soda and HCl reacting together, I could see the effect it had on the plastic bag."



elena puccetti



jesse olgain

SCIENTIFIC METHOD

it's our THING

With their peers, junior Nick Hummel, sophomore Elizabeth Hand and junior Ben Thompson participate in their science classes. "My favorite lab was when we were titrating acids because I like how Mrs. Rosier yelled at us to not break anything and then immediately afterwards someone broke a test tube," Hummel said.



photos by elena puccetti and brayden clark







team it up
1 In AP Environmental Science, seniors Olivia Lynch and Molly Stotts plant saplings in Bastrop State Park to replace pine trees lost in the 2011 wildfire. "My favorite part about the APES field trip was being able to actually feel like I was helping to solve an environmental problem we had learned about in class," Lynch said. 2 Attempting to pick up Goldfish with straws, junior Raine Lipscher and senior Megan Rizzi take part in an APES lab. "My favorite part about APES is that each class is creating a non-profit organization to help out in our community," Rizzi said. "It allows us to make a change that we can actually see." 3 Junior Diego Nieto attempts to catch a water balloon without letting it pop to better understand conservation of momentum in AP Physics. "It's cool to apply all the algebra I've learned in the past," Nieto said. "It's a lot of fun."

1 mary beth burns 2. suva saghafi 3. brayden clark

CHEMO FOR DEMO

Community comes together to support chemistry teacher as she fights cancer

The diagnosis: Stage 2 invasive ductal carcinoma. Breast cancer. And science teacher Denise DeMartino's life was changed forever.

"I was scared beyond words. It was the worst few days of my life," DeMartino said. "I lost my brother and sister-in-law to cancer and assumed that would be my fate, too."

Immediately after the diagnosis, DeMartino started treatment, which included expensive chemotherapy, to rid her body of the cancerous cells.

When chemistry teacher and friend Jenna Nelson Scott found out about this issue, she came together with senior Natalie Walker to create a fundraiser called Chemo for Demo, which would later turn into a T-shirt drive that ran through youcaring.org. Parents, current students, Westlake alumni and friends and family of DeMartino donated money to help pay for medical treatments. In doing this, they collected a fund that was large enough to pay for all of DeMartino's hospital debts. After the goal was met, collection ceased, but its positive effects lingered.



"[Chemo for Demo] has changed my life 100 percent," DeMartino said. "It's put a new perspective on everything I do. I'm still in the battle, but I've learned to focus on getting well and to not sweat the small stuff."

After chemotherapy and a double mastectomy on Jan. 19, the cancer went from macroscopic to microscopic. Despite the treatments and surgeries, DeMartino continued teaching at Westlake. She said she found strength in seeing her students every day.

"I am a single adult, and I do not have the luxury of leaving work for a year," DeMartino said. "I also found that even though it was hard to come to work when I was chemo sick and exhausted, being with my students kept me smiling. Teaching gives me purpose, and when a person is faced with such a desperate situation, purpose in living is what keeps them going."

COVER EVERYTHING

2016 Pleasant Grove High School, TX

THAT IS SO ABSOLUTELY, POSITIVELY NOT LAST SEASON

With trends, what goes around comes around, then sometimes it comes around again

TALK TO THE WRIST

Phones weren't the only things distracting students in class. Apple Watches arrived in spring 2015 and started showing up on students' wrists, making communication even more instant.

WHO WALKS ANYMORE

While hover boards may have looked impossible to ride, there were experts who made hover boarding seem easier than it actually was.

"I sold my hover board two days after I got it when I fell on my face, senior Morgan Schaefer said. "I never want to get back on one."

JUST HANGIN' OUT

Instead of napping on the couch, taking rest and relaxation to to the outdoors was another option. Fishing at Bringle park quickly turned into hanging in eno hammocks among the trees.

TRUE GRIT

The cold was no match for fuzzy True Grit jackets. They kept students in style while staying warm, but made it hard to stay awake in class.

"True Grits are comfy and good for naps," sophomore Reagan Franks said.

WEATHER PROOF

On any given morning, you probably saw a parking lot full of students getting out of their cars with Yeti cups in their hands. The cups kept their coffee warm to sweet tea cold all day.

YOU CAN NEVER HAVE ENOUGH KENDRA

The iconic Kendra Scott jewelry dangling from necks and ears of girls was impossible to miss. As new collections were released, students purchased more yellow boxes and blue bags filled with Kendra.

"Her jewelry is perfect because it's dainty and goes with everything," sophomore Katelyn Pipes said.

SWEET TREAT

The signature pink boxes contain everything from strawberry to wedding cake flavored cupcakes. If you saw someone carrying one of these, it meant they had just come from SmallCakes, a cupcakery featured on Food Network.

IF THE SHOE FITS, WEAR IT

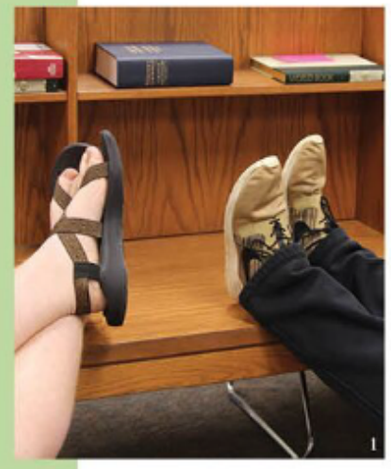
With a sea of Converse and New Balance Shoes in the halls, it was obvious that shoes from the '90s had made a comeback.

"Although trends always come back around, it's weird seeing kids wear what I wore when I was in high school," Mrs. Monica Smith said.

SHAKE IT LIKE A POLAROID

Despite having a million pictures on your phone, students enjoyed taking a picture they could hold in their hand just ten seconds after snapping it.

Page by Danielle Davis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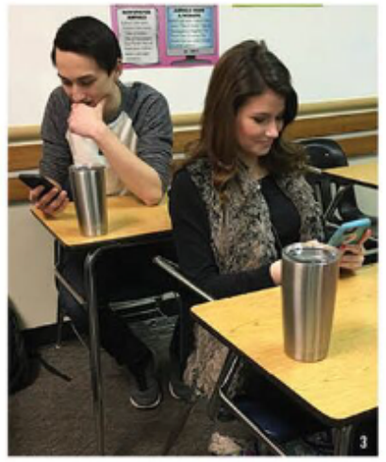
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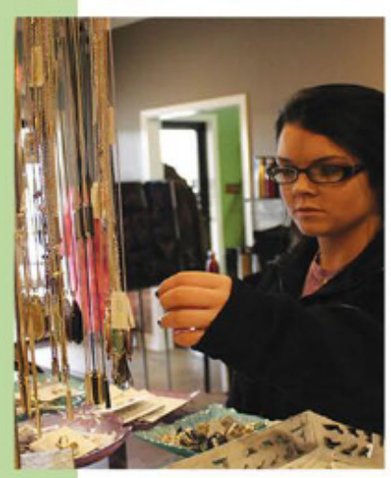


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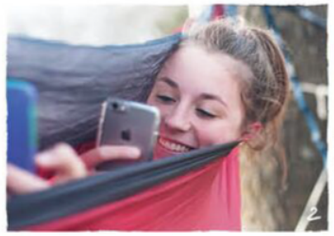
NOW TRENDING

1. "I wear my Chacos all year long even when it's cold." junior Jesse Jenkins said. "They're my favorite shoes." (DDavis) 2. "It took me a while to get used to wearing a watch everyday, but once I did, it turned out to be something I really like and use frequently," senior Chris Yates said.(AClark) 3. "Yeti cups are really convenient, because I can put ice in it before school and by the time I get home, it's still there." senior Reagan England said. (CCrain) 4. "My true grit feels like a blanket and makes it easier to sleep in class," junior Sarah Wiltshire said. "I wear it all the time." (AClark) 5. "Out of all of the different kinds of cupcakes Small Cakes has, strawberry is my favorite." freshman Haley Hearn said. (DDavis) 6."I like having a hover board because if I don't feel like walking, I can just get on my hover board and ride." junior Jennie Reamer said. (LDavis) 7."I have 26 pieces of Kendra Scott and I'd say I wear it at least three times a week," senior Haley O'Keefe said. (DDavis) 8. "I like using my Polaroid to take pictures because your picture prints out right then and they're the perfect size to put on the dash in my car," senior Kylee Bunger said. (DDavis) 9."My daughter and I usually set our ENO up by the lake and use it for our girl bonding time." Coach Amy Colvins said. (AClark)

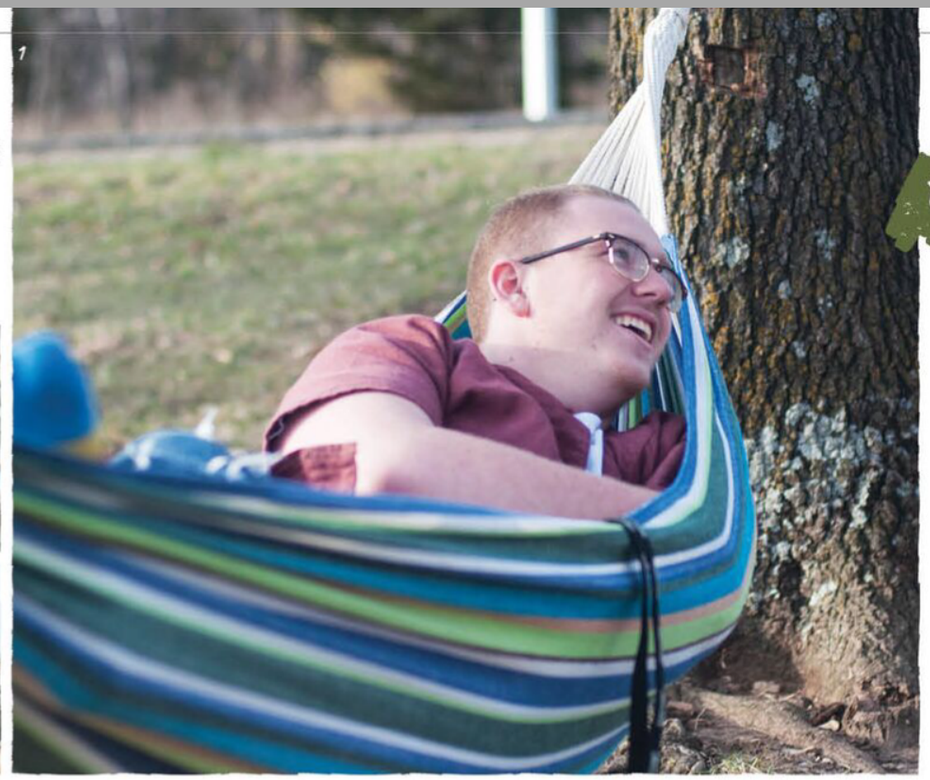
COVER EVERYTHING

2016 Shawnee Mission NW, KS

1. After setting up to hang at Shawnee Mission Park, senior Connor McClain relaxes with his friends on Dec. 11. "My favorite moment was when Katy Terry showed up, looked at my hammock and said, 'What is that?'" McClain said. "I immediately fell out of it and laid on the ground for about 20 minutes." *Photo by Chandler Bado* | **2. Hanging in a hammock,** senior Kelsey Nagel takes a photo on an iPhone. *Photo by Chandler Bado* | **3. Co-president Addison Sherman smiles** at her fellow club members. "I started the club because I love hammocking and I want to hangout with friends," Sherman said. *Photo by Chandler Bado*







HAMMOCK CLUB

Presidents: *seniors Addison Sherman & Katy Terry*
Sponsor: *Morgan Moberg*

Five students hid from the cool November winds bundled up beneath blue and purple blankets, drinking hot chocolate.

Even though the temperatures hovered around 40° F, Hammock Club members still met every other week. Around 3:30 p.m., students met near the tall pin oak trees on a hill overlooking the lake at Shelter 5 of Shawnee Mission Park. They hung their pink, blue, and yellow nylon hammocks around the bark of the trees, ready to climb in and relax with friends.

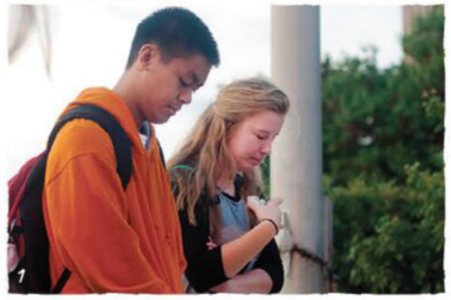
"This club is all about friendship," senior Addison Sherman said. "That's why we made it, so we could create new bonds and friendships with people we didn't have classes with who also loved being outdoors and hammocking."

The club was a fun way for students to chill with friends at the end of the week. The students hung out in their hammocks munching on popcorn, Sour Patch Kids and Fruit Snacks for around an hour venting about the pop quiz they had in English or the mean substitute they had in Chemistry. The students could meet new people while hanging out with long-time friends, too.

"The idea of the club is to bring old and new friends together," Sherman said. "I think we have accomplished it."

When the cold was too much for the students to handle, they took down their hammocks, rolled them up, put them into their bags, and wandered up the hill to their cars.

1. At See You at the Pole, seniors Mateo Balino and Shelbie McLain listen to people reciting bible verses. See You at the Pole is held once a year to get people involved in Club 121. *Photo by Chandler Bado* | **2. While senior Noel Fridley plays the guitar,** junior Abbey Lewis sings at the flag pole before school. *Photo by Chandler Bado*





CLUB 121

President: *senior Isaac Bedasso*
Sponsor: *Susan Nagel*

President Noel Fridely was sitting on the stage in the Little Theatre along with junior Camryn Coffelt talking about their Christmas plans while waiting for the other Club 121 members to arrive. Once the members were all there, Fridely started with a prayer. Then she read a verse from the Bible and began talking about how they could relate the lesson from the verse to their everyday lives.

Members of the club met to connect with God and spend time with people that had the same beliefs.

"We always welcome people, whether you are a Christian or not, or if you aren't sure, we accept everyone," freshman Hope LaMartina said. "It is a great way for me to find what's really important to me and realize what kind of a person I want to be."

The students also met Tuesdays at a member's house where they had a more casual meeting and hung out.

We were at a Tuesday night meeting, and we were all sitting in a group singing How He Loves Us and listening to being on fire for Christ," junior Camryn Coffelt. "I just remember feeling so happy surrounded by my friends and knowing God was with us."

They would talk about their lives and anything personal they wanted to share. President Isaac Bedasso strives to make the club an accepting environment.

"When you get more people talking, it's always a great conversation," Bedasso said. "You learn a lot through others."

BREAKFAST CLUB

President: *junior Morgan Seiter*
Sponsor: *Sarah Frederickson*

At 7 a.m. on a random Thursday, tired Breakfast Club members gathered in family and consumer sciences teacher Sarah Frederickson's foods room to make chocolate chip pancakes. The students grabbed the necessary ingredients from the cabinet. Between adding ingredients and stirring, they talked about the different techniques used to make pancakes. The group tackled more difficult recipes as well.

"I've never taken a foods class before and I still thought it was really fun," freshman Anna Madrigal said.

President Morgan Seiter organized the club because he wanted students to be able to try new recipes while getting to know new people.

"I want people to have a fun place to chill and learn how to cook breakfast foods," Seiter said.



Freshman Ederia Thompson flips the bacon that was served to her fellow friends at Breakfast Club on Thursday morning in Room 229. *Photo by Alexa Styers*



Making the final touches on her shirt, sophomore Melanie Ebner spells out 'YOLO' with bedazzling beads. *Photo by Nick Kahtava*

Presidents: *sophomore Melanie Ebner & junior Molly Jewett*
Sponsor: *Tara Maske*

Sparkling, blue, green, red, orange and silver jewels were scattered across the desks in social studies teacher Tara Maske's room Mondays after school.

Bedazzling Club members could add bling to anything. They brought their items to bedazzle at club meetings. Jewels and glue were supplied for them.

As a group they added sparkles to a stocking for Adopt-A-Tot, a program that allowed NW students to help HeadStart children and their families have a nicer Christmas.

"I'm really into helping the kids. A while ago, one of my dad's best friend's daughters, who was four at the time, was a part of the program and received a lot of cool toys," co-president Molly Jewett said. "I love helping out an organization that a family we knew directly benefitted from."

COVER EVERYTHING

2016 TJHSST, VA

WHAT IF

YOU'RE BROKE?

BY MORGY HANG



AP PINECREST GOLF COURSE, junior Chris Cao makes a three-foot putt on the ninth green. Cao uses golf as not only a sport but also a way to bond with teammates and be motivated."If budget cuts removed our golf season, we wouldn't have that sense of community," Cao said.

SPORTS



AT THE END OF THE DAY, senior Joey Li heads the bus. His school time ends on the last ride home. "If bus transportation got cut, it would be very hard for my parents to bring me home every day," Li said.

BUSES



BANDING TOGETHER, juniors Bailey Knight and Max Judah participate in Ballroom Dance Club. Judah joined because he was interested in, INTE "Activities would be forced to happen after school if eighth periods were cut," Judah said.

8TH PERIOD

"We have courses you can't take elsewhere, but **8TH PERIODS** really **SET TJ APART.** They're unique and the fact that we have time built into our schedule for [clubs] is really special." **WON SEOK SONG, 11**

"I do not believe sports should be cut all because they're a **VITAL PART OF A HIGH SCHOOLER'S LIFE.** They relieve stress and allow students to have fun and participate in a healthy activity." **BISHIT ROY, 10**

"I'd be okay with cutting [buses] because if you are able to stay after school, **YOU SHOULD BE ABLE TO GET A RIDE."** **ANDREEA FOARCE, 10**

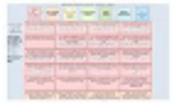
"I'd rather have less than 30 people in my class than have options or classes that **NOT ENOUGH PEOPLE TAKE ADVANTAGE OF."** **ALY LUCKETT, 12**

WHAT SHOULD WE CUT?



ORCHESTRA & BAND
$4.5 MILLION
LATE START TIMES
$3.6 MILLION
HIGH SCHOOL JV SPORTS
$2.3 MILLION
STUDENT ACTIVITIES
$4.2 MILLION
ATHLETIC TRAINERS
$2.2 MILLION
8TH PERIODS
$1.2 MILLION
ELECTIVE OFFERINGS
$26.0 MILLION
AFTER-SCHOOL TRANSPORTATION
$0.7 MILLION
VARSITY
$5.5 MILLION

CUT THE BUDGET



SEPTEMBER – OCTOBER: Enrolled Budget recommendations sent to the Superintendent; Budget Tool released

JANUARY 7: Superintendent releases proposed Fiscal Year 2017 budget

APRIL 5-7: School board presents budget to County Board of Supervisors (BOS); County BOS holds hearings

MAY 26 School board adopts approved FY 2017 budget.

SEPTEMBER
AUGUST
AUGUST: Superintendent gathers input on budget priorities.
OCTOBER
NOVEMBER
NOVEMBER: School Board and Board of Supervisors meet to discuss fiscal forecast
DECEMBER
DECEMBER: Proposed budget developed
JANUARY
FEBRUARY
FEBRUARY 4: School board adopts FY 2017 advertised budget
MARCH
APRIL
APRIL 26: County BOS approves adopted FY 2017 budget.
MAY
JUNE
JULY
JULY 1: FY 2017 begins

MAKE IT A THING
COVER EVERYONE

COVER EVERYONE

2016 Chaparrel High School, CO

Having to have 4 years of English when all the other core classes are 3. **FR. KALYN KOSMISKI**

The fine art credit. **FR. PAIGE DAVIDSMEYER**

Practical arts. **SOPH. LUCAS STAIR**

Two years of a language. **SOPH. ANNALYNN CAMERON**

The year of P.E. because a lot of student do varsity sports and they require a lot of attention and work. **SR. JOEL MEYERS**

(We need) less hours of community service because a lot of kids don't have time to do it **JR. GABRIELLE SMITH**

2 years of Spanish. **SR. COLTON HARKINS**

Having to have 2 years of a language to graduate and more to get into a college. **JR. AUSTIN GARCIA**

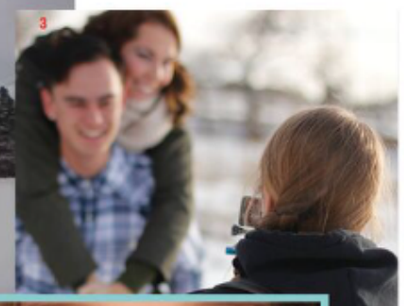
what graduation requirement doesn't make sense?

you don't have to be a pro TO GET THE PERFECT SHOT

JESSIE TIGGES TOOK UP FILMMAKING AS A HOBBY OVER SUMMER. SINCE THEN, SHE HAS BEEN EXPERIMENTING WITH DIFFERENT SUBJECTS FROM JEEP ADVENTURES TO MUSIC VIDEOS. by taylor.



"IT'S JUST A GREAT HOBBY. BEING ABLE TO LOOK AT WHAT YOU DID FROM A DIFFERENT POINT OF VIEW. IT'S A LOT OF FUN." -SR. JESSIE TIGGES







1. WALKING ALONGSIDE HER ACTORS, Tigges films her first music video. "I think it was probably one of the best ones I've done so far," Tigges said, "It's cool because I was actually able to hear the music before he released it." photo by m. brockman. **2. IN NEGATIVE TWENTY-DEGREES** wind chill, Tigges films herself while snowboarding. "I filmed on a super cold day...my hands were frozen. I was holding the GoPro and I was just like, 'I can't do this anymore.' So I was like 'Dad your turn!'" Tigges said. photo courtesy jessie tigges. **3. FILMING HER CO-WORKERS,** Tigges captures a sweet scene. "She had the bright idea to get on his back and I was behind them at first," Tigges said. "So I ran in front of them and I was walking backwards (through) snow and mud." photo by m. brockman. **4. TIGGES' YOUTUBE AVATAR** is her posing with the GoPro logo. To take it, she used a lighted cosmetic mirror and put her GoPro in the center. Tigges said, "It took me like 50 tries." photo courtesy jessie tigges. **5. DODGING SNOWBALLS,** Tigges hides behind her actor. She said that the moment she found out she was doing the video, she wanted her co-workers who were dating to pose but didn't know if they could both get off work. Luckily, they shot on a holiday and were able to be free. photo by m. brockman.

SR. JESSIE TIGGES: "I started filming this summer, it was probably late summer. But I always wanted a GoPro when we would go on vacations because we went on so many vacations. I actually started out with a selfie stick with my phone and I showed my mom what I can do on just a like a free GoPro software with my phone and she's like 'Okay, I think you can get a GoPro now.' so it was a lot of fun. It put a nice little dent in my bank account.

I started making a couple new videos, and my snowboarding one is my most popular one, but I used this guy's music from Canada. He actually commented on my video and he added me on Facebook and we started talking and then the next thing I knew, he was all like, 'Hey, you wanna make a music video for my new song that's coming out?' and I was like 'Yeah!' it's just so cool being able to connect with people from across the world.

The Song was called 'XOXO', so he wanted it really romantic and cliché. So we went out to the field and just started. I was like 'Okay, you guys just be a cute couple,' and they did it all.

In the video, there was one part where they go over me when they're holding hands and I was standing right underneath them. I had to crouch down into the snow and hold the camera up because I didn't have a tripod, I had to hold it just right and when they walked over, I was like 'Ooh, don't hit me.'

So while filming the music video, we [were] out in the field for about an hour and a half and then I went home, downloaded it all into my computer, which took quite a while. And then, I put it all in the software and fully edit it, it took about two weeks.

But really, it's the reaction that's great. I don't care if I get a thumbs down on Facebook. I love it, my parents love it, my friends love it.

COVER EVERYONE

2016 TJHSST, VA

ADAPT AND DEFEND

BY VAISHNAVI MANTHA

After great success during the State Championship last year, the Swim and Dive Team explain the ways in which they plan to defend their title.



GOALS

BEFORE: "Last year, I wanted to do well and have fun, but I wasn't really sure as to the specifics." **MILITSA SOTIROVA, 10**

AFTER: "Because of the win last year, we really want to have an undefeated season. Also, we are hoping to do really well at conferences, regionals, and states, although we know that the really fast swimmers from last year left, so we don't know if we can be the same as last year." **FIONA CARCANI, 9**

SWIM ROUTINES

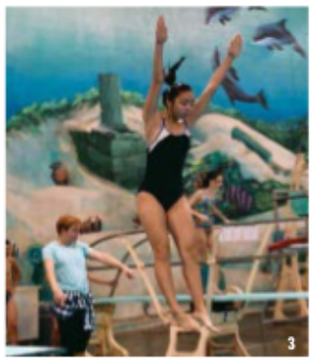
BEFORE: "Previously, swim practice was basically optional and fairly easy." **HENRY ZHANG, 10**

AFTER: "Compared to last year there are more workouts we have to do, like we have to do more sets. The swim season just started and they are pushing us harder at practice." **EDWARD SHEN, 10**

PRACTICE LENGTH

BEFORE: "Last year, or I guess before championship, practice started at 4:30." **CASSANDRA QUACH, 10**

AFTER: "I feel this year, our coaches were stricter when it came to practices. They were more strict on what time we needed to get into the water, and what time we needed to get in the pool." **NEIL PARIKH, 11**







1. PUSHING THE WATER BEHIND HER, senior Sophia Moses swims butterfly. Moses has been swimming since she was six years old, always having swim as part of her life. "It was difficult to follow up last season since we lost so many great swimmers, however the team really stepped up to try to fill in those gaps as best we could; people swam outside of their typical events and everyone still brought tons of spirit," Moses said. Photo by W. Ryu **2. BETWEEN STROKES,** senior Daniel Oh breathes to recover. Oh started swimming when he was only seven years old and was on TJ Swim for all four years of high school. "All the boys knew that it would be harder to repeat this year because we lost a lot of good swimmers, but we were all still really motivated," Oh said. Photo by W. Ryu **3. CONCENTRATING ON THE PERFECT DIVING POSITION,** freshman Tiffany Zhang is about to dive in. This was Zhang's first year on the TJ Dive team, but she plans to continue next year as well. "For one thing, diving is fun and it provides a sense of community. We help each other and give tips," Zhang said. Photo by A. Zhao **4. IN ORDER TO BUILD UP SPEED FOR THE PERFECT DIVE,** senior Blake Daniels gets ready to spring off the board. Daniels's favorite part has been the traditions built around the sport. "Through numerous spirit days and group activities the team works to create a culture unique to TJSD and unwavering dedication to diving and to our fellow team members is what makes TJ Dive special to me." Daniels said. Photo by A. Zhao

PUTTING GRADES TO THE TEST

BY CHRIS OLIVERA

Are grades really a necessary part of the high school experience? Photo by A. Zhao



"I'M TRYING TO GET AS FAR AWAY FROM GRADES AS POSSIBLE. Grades encourage cheating, they damage the relationship between a student and the teacher and even between other students. It's polarizing. I think some students buy into it, I think some students don't." **MR. MICHAEL MILLER**

"From Mr. Miller's class, I've learned to focus more on **PRODUCING AN INTERESTING IDEA** than on writing a piece that has no grammatical errors. Something that is special about his class is that we get to **DISCUSS OUR WRITINGS** with each other after writing them. I enjoy these discussions because I get to know my classmates better through them." **RACHEL LEE, 11**

DEFENDING BELIEFS DIFFERING

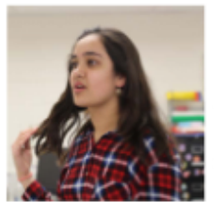
BY SEOWON CHOI

Along with discussing religion, members of Muslim Student Association inform others when confronted.

Photos by F. Diaz



"I don't usually argue with people about Islam, but I sometimes get into discussions about the relationship between science and religion. Many people don't realize that Islam is a very logical religion and that it is deeply intertwined with science, so I use logic and facts to defend my religious beliefs." **ABDALLA OSMAN, 11**



"I have actually argued about my religion a lot. I like debating generally, but as I see that Muslim discrimination is an important issue in the world today, I feel the urgency to defend the Islamic community. I get very defensive if someone is offending Islam, especially if it's based off of misinterpreted language." **MARIAM KHAN, 10**

WHAT IF YOU CHALLENGE?

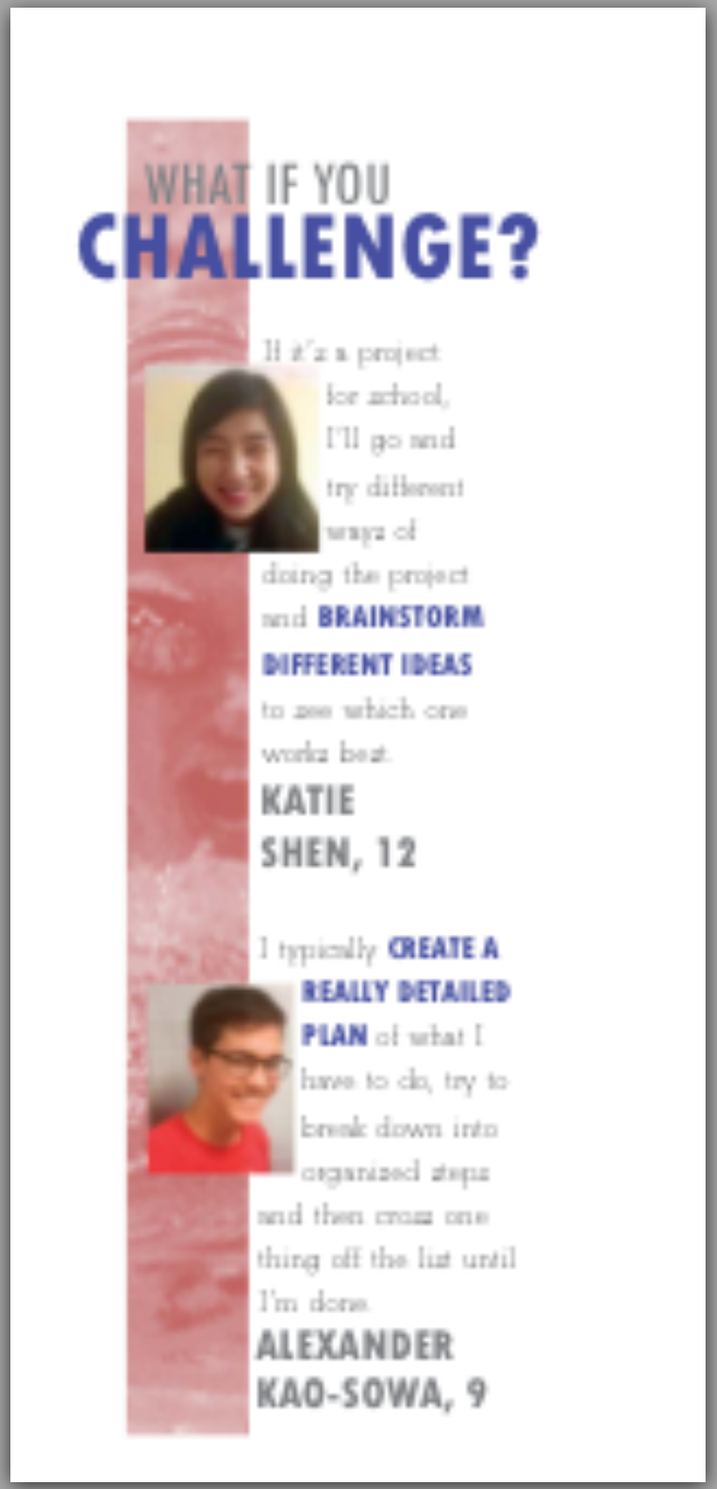


If it's a project for school, I'll go and try different ways of doing the project and **BRAINSTORM DIFFERENT IDEAS** to see which one works best. **KATIE SHEN, 12**



I typically **CREATE A REALLY DETAILED PLAN** of what I have to do, try to break down into organized steps and then cross one thing off the list until I'm done. **ALEXANDER KAO-SOWA, 9**

COVER EVERYONE



2016 TJHSST, VA

COVER EVERYONE

2016 Whitney High School, CA

SEPT

1 JONATHAN MOY plays the violin during Club Rush on Sept. 23.

6,300 QUARRY BOWL TICKETS WERE SOLD

2 HANIN SALAH gets interviewed for senior mock interviews in the library on Sept. 17

3 CHRIS HERMANSKY leads The Pride during the whiteout game.

4 MICHAEL SILVEIRA, TANNER LANGBEIN AND ZACH MONSON line up for ROTC inspections on Sept. 10.

5 ANGELA THAPA AND JOEL TIMMS use Chromebooks in U.S. history on Sept. 15.

6 DEVIN NEWSOM AND ALEX ROMANOV celebrate Romanov's birthday.

7 FRANCISCO NAVARRO completes a Mole practice sheet in chemistry class.

8 SENIORS chant during Fight Song Friday.

9 ISABEL KURTZ AND SELENA MARTINEZ pose at the whiteout game.

10 KACIE NICHOLSON passes out candy on Constitution Day to students who know the five freedoms of the First Amendment.

11 MARIELLE COCUZZI takes a selfie with Wildcat on Sept. 4.

25 BOOTHS AT CLUB RUSH ON SEPT. 23

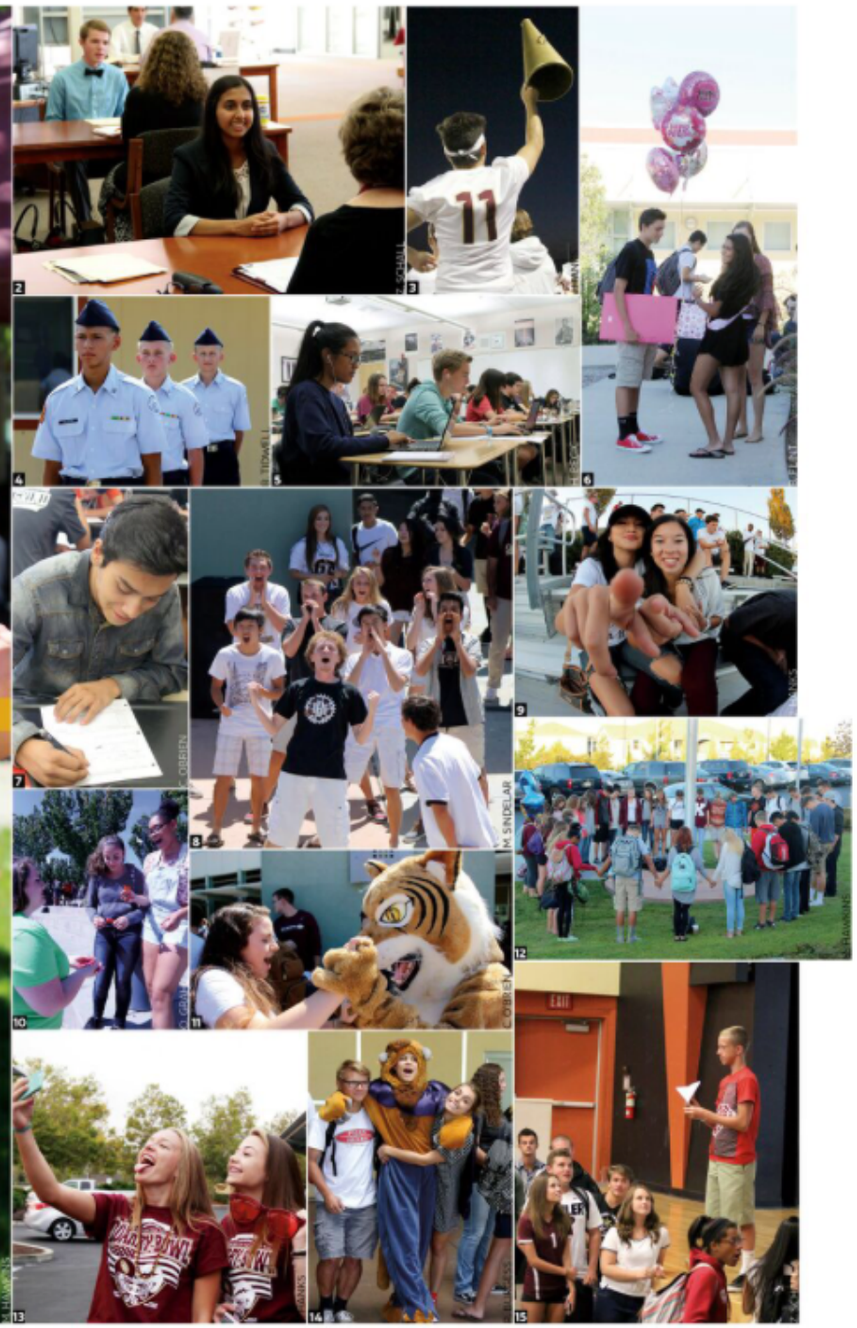
12 SEE YOU AT THE POLE attracts students to pray before school.

13 AMANDA ROWE AND BRYNN BLATNICK attend the morning tailgate on Sept. 11.

14 MATT DAZEY, JORDAN SIENKIEWICZ AND SYDNEY BRANDT pose on Disney Day.

15 JACKSON PRITCHARD makes a paper airplane during study hall.





19

SEPTEMBER

M. KAMAUOHA
L. SALVATO



"My purse handles broke, so I have to use weird clamps to hold it together."
ALI COTTON

THINGS THAT HAVE CHANGED SINCE THE FIRST DAY OF SCHOOL

"AP World is easier."
ALEX AMRINE

"I know where all my classes are."
RHYS ZIENTARA

"I got my new ROTC outfit."
PETER STANBERRY

"My work ethic has gone up in my classes."
ADAM O'BRIEN

"I've started studying a lot more."
GRACE POSTON

"My pre-calc. grade."
MASON PAPENFUSS

"Working harder at basketball."
ERIN CARPENTER

"I started managing my time better."
HALEY CHAMBERS

COULDN'T CARE LESS

"My classes and my love for school."
JASHON LEWIS

COVER EVERYONE

2016 Mountain View HS

clubs & organizations



CUT THE DRAMA

"When we make friends in drama, we tend to be very trusting. Acting requires a lot of personal, emotional honesty and vulnerability, so being friends with other actors means our emotions are almost always running high, which can mean a lot of highs, but also a lot of lows," Cassandra Williams (12) said.



KING OF THE BOARD

"Chess has different pieces, unlike checkers, and each piece can make different moves. There's a lot more strategy than in any other game. Chess makes you think outside of the box, and it helps you to be able to think of different solutions," Gavin Hales (9) said.



CULINARY ARTS

Not your average class or club, the culinary arts programs on campus allowed students to put their cooking skills to the test. For those passionate about the subject, the club 'Cooking with the Bulls' stemmed from students' love for food and created an opportunity for members to further their skills.



WHISK IN HAND, Sandy Romero (12) prepares a batter for a French toast recipe. "I joined culinary because I wanted to learn more about cooking techniques and important tips," Romero said.



TOP: FOCUSED ON THE task at hand during culinary arts class, Sandy Romero (12), Berenice Esparza (12) and Leah Wild (10) mix eggs into a heated pan as they prepare the coating for a French toast recipe. "I joined culinary arts because I love cooking," Wild said. "My favorite moments are whenever we are in class." **RIGHT: AS EXCESS CHOCOLATE** drips into a plastic container, Saidie Shelley puts the finishing touches on her handmade cake-pop during culinary arts.

inspired by a love of food, driven by future success

"Cooking with the Bulls is a culinary club that let's you cook different things that most people would not normally get the chance to. It has given me the opportunity to try different foods. It has also furthered my education on what I actually want to do after high school," Saidie Shelley (11) said.

a combination of dedication, pride and passion

GUITAR CLUB

"I joined guitar club to meet other people who play the guitar and to learn some new things about guitars. I've been able to see people play a lot of things I never knew how to play and I've made some friends," Gabriel Madrid (10) said.

TRIPLE TAKE

"I joined triple take because I like to dance. We are close, like family. We joke around a lot and when we meet up to dance, we relieve our stress and enjoy the moment," Neydishah Carter (12) said.



EUROPEAN CULTURE CLUB

"European Culture Club helped me branch out and get to know a lot of people. I met the exchange students and learned about their culture," Cole Driggs (10) said.

AMERICAN SIGN LANGUAGE CLUB

"ASL club is a blast. It's so fun to be with hearing kids and even deaf kids. I love signing with the deaf students here and getting to know them and be their friend," Shalise Uchytil (12) said.

auto club

DEWEY PEARSON (11)

"Auto Club is unique because it is really hands-on, and I can collaborate in whatever is going on. I like to attend because I enjoy the things we do, and there are doughnuts."



GAVEN CLASCO (12)

"I am currently enrolled in a trade school, where I work on today's advanced vehicle systems. Auto club has allowed me to discover what I am capable of and decide what I want to do for the rest of my life, and I have found a love for all things fast and loud."

a love of words



Dumbledore's Army

Wand in hand, Christopher Yakerson (10) spends time with his fellow wizards. "It's always a good time at Dumbledore's Army. We are the epitome of weirdos and nerds," Yakerson said.



Newslab

"I've loved writing since second grade, and I write novels, so I thought Newslab would be a fun way to expand what I already do and allow me to grow as a writer," Angel Davis (12) said.

millennial teens don't care about politics? think again

With a focus on registering teens to vote, Inspire U.S. ran the state wide organization Inspire Arizona. Melissa Imperial (12) joined the club with a purpose.

"Our goal is to register 80% of our senior class, which is about 650 kids," Imperial said. "We currently have 250."

The on-campus club partnered with other schools in the Mesa district, like Westwood, in order to raise awareness of social issues and promote their Civic Action Program.



ONE AT A CLUB event, Ilyanna Yates (12), Melissa Imperial (12), Julia Li (12), Brandon Ng (11), Janie Reavis (12) and Inspire Arizona members from other Mesa district schools join in a circle for a club photo. The club spent a weekend at a convention at ASU, learning how to register students to vote.

NATIONAL HONOR SOCIETY

"My favorite part of NHS is the service projects. I love helping people, and NHS makes it so easy to do so. NHS has made me a more outgoing and friendly person. It has also made me really love serving others," Rebekah Baird (11) said.

SKILLS USA

"Skills USA is an amazing class. I have learned so many life skills and a lot about engineering. If it wasn't for Skills USA and the people in the class, I never would have become the person I am proud to be today," Elena Castillo (12).

HOSA

"I do HOSA because I am interested in studying Forensic Medicine. My favorite part is going to big events where we get to meet people with the same interests; I have learned different career paths and it has really helped me decide where I want to go with my life," Kennedy Yardley (12) said.

club squads

FRIENDSHIPS FORMED THROUGH SHARED INTERESTS AND EXPERIENCES



Common Ground: Haylee Adams, Daniel Olivas, Mrs. Brandy Cook, Kelsey Wilkerson, Kazi Biggott **Kazoo Ensemble:** Zane McCracken, Cami Bienz



STEM: Hajime Sakamoto, Summer Higbee



Venture Out: Blake Tetlow, Tanner Martin and other members





Academic Decathalon: Frankie Ramesh, Ian Carver





Math Guild: Paulina Vasquez, Keith Martindale **The Hiking Club:** Samantha Chow, Mr. Randall Kirby



Ping Pong: Tommy Hatfield, Matthew Clark, Ellie, Lewis, Wilson Lewis

mentoros



"I think Mentoros is awesome because I'm thinking about becoming a teacher after college. Mentoros helps give me a glimpse of what it might be like. It's just helped me see if teaching is something I'm good at and if I enjoy it," Kelton Winger (11) said.

native american club



"Native American Club has shown me the Native American community at Mountain View and the people who can relate to my Native struggles. It makes me feel included in a community," Christina Tesarek (10) said.

student involvement



"We are able to help serve our school which is great because there are a lot of things we can do to improve it. One of my favorite memories was cheering at the Toro 5K. It was so fun to help the school raise money for charity," Marissa Gibbons (10) said.

speech and debate

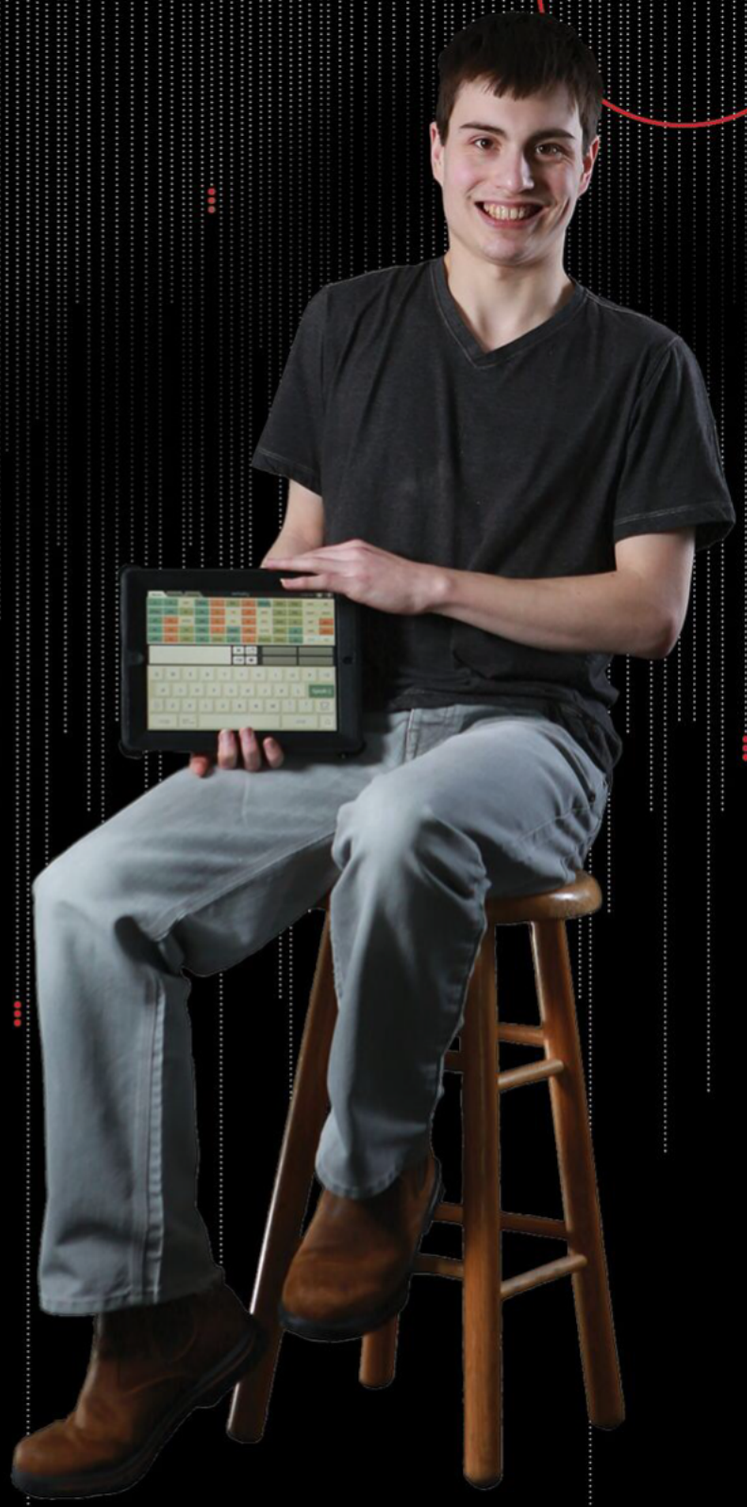


"My favorite part of Speech and Debate are the other people on the team. They are there to help me practice and give me support. We're all in this together and have to help each other out," Max Gau (10) said.

PAGE BY JULIA TATOM AND KAYCEE PALMER/PHOTOS BY BELLA BARANSKI, KRISTI NELSON, MCKENNA NORTON, KAYCEE PALMER, JULIA TATOM, EMMA WHEELER, ZOE ZAHARIS AND COURTESY OF FEATURED STUDENTS

COVER EVERYONE

2016 Corning Painted Post, NY



Technological innovations help bridge the gap for students needing help to find their voice—senior Joshua Jordan's iPad provides him the means to communiate with his peers and teachers, and

they know that

communication IS EVERYTHING

reporting • Anna Williams photo • Kayla Kline

Smartphones and tablets have gone from luxury to near necessity for many students in the last four years, yet some would argue these devices are taken for granted. For senior Joshua Jordan, an iPad provided a gateway to communication at school.

"Josh's app is basically just like if you were texting back and forth. He just types things in and then he hits a button and [the iPad] will speak for him," Mrs. Jennifer Snyder, Jordan's teacher, said. "Josh gets very nervous around new people. With that app, it makes it easier for him to answer because he can type it versus having to speak it."

"Josh has autism and Tourette's Syndrome," Mrs. Julie Jordan, Josh's mother, said. Both disorders limited his ability to communicate verbally. "He used to be more fluent, but everything has slowed down for communication—something's changed, and we're not really sure what it is," Julie said.

At home, Jordan's mother and father encouraged verbal communication despite changes in his abilities.

"It's hard to get a conversation flowing because communication is so slow, but once people have rapport with him, the conversation can really get going," Julie said.

However, Snyder and Jordan's other teachers were happy to have the app as a resource.

"He gets so frustrated that he won't talk. So if you tell him, 'Go ahead and use your iPhone or iPad, Josh,' the communication can stay open and he will continue to communicate with you. Without that, we would lose Josh and he wouldn't communicate with us," Snyder said. "He can usually construct a pretty intelligent conversation with you."

"I like the people—students and teachers. I like working in class, and writing sentences and drawing. I like the work experience. Sometimes [my iPad] makes it easier to communicate with writing or pictures rather than speaking. I want to be more comfortable with communicating," Josh said.

Students with a range of needs, including communication disorders, rely on assistive and adaptive technologies such as Josh's app, *Verbally*, and other apps and hardware. Adjusting to constantly changing technologies proved a challenge for Snyder.

"Technology sometimes moves so fast that only certain people know how to use it and there's just so many new things out there; you never know which one is the best to use," Synder said.

Snyder recognized that the utilization of technology helped bring Josh closer to his peers. "Josh walks through with an iPad to go through lunch—think about how many people are playing on their phones and you wouldn't know, 'Is he using that for communication?' or, 'Is he just a normal kid playing games and just going with the day?'" Snyder said. "I like that perspective. [My students] fit in just like everybody else."

As Jordan prepared for graduation, Snyder was eager for him to make a positive transition with increased communication and self-sufficiency. "I don't know if [his verbal communication] is or isn't there, but at the least we have the iPad that we can rely on so he can express his wants and needs," Snyder said.

In the future, Josh and his family had plans to work away from using the app, but they could still appreciate its benefits at school. "[We want Josh] to be more comfortable with communicating, be self-sufficient and get a job. But the more tools he has the better," Julie said.



Santa's Helper On Thursday, Dec. 10 at the Arnot Mall, senior Joshua Jordan meets Santa Claus after volunteering to ring the Salvation Army Red Kettle bell with his classmates. Mrs. Jennifer Snyder's class greeted shoppers by the center court in front of American Eagle. photo • Alana Spear

COVER EVERYONE

2016 Shawnee Mission NW, KS



Senior Anna Lewis demonstrates the progression of applying two different types of stage makeup on herself. *Photo illustration by Nick Kahtava*

Behind THE BRUSH

Senior Anna Lewis' passion for ***stage makeup*** *gave her the opportunity to transform actors into characters*

An hour before the curtains opened and the show began, senior Anna Lewis worked to prepare senior Elise Dorsey's face for the chin that would transform her into the witch for *Into the Woods*. She spread spirit gum, a quick drying adhesive, in a ring around Dorsey's chin, then carefully positioned the false chin before pressing it firmly in place. Dorsey remained completely still, making sure not to disrupt the process.

"I have to make sure the person is mentally prepared. They can't move [during the process]," Lewis said. "They have to be completely still."

While a lively group of actors practiced their lines for the show, Lewis stopped, leaned back to look at what she had done, and took a drink of the Monster Energy Drink sitting on the counter. Satisfied, she called for the next person.

"It feels cool when people are seeing my work," Lewis said. "There are a lot of people seeing it."

During Act 1, Dorsey's prosthetic chin began to peel away. She improvised by covering her face with her staff until the scene was over and then hurried off stage to find Lewis.

Throughout the show, Lewis faced and fixed problems. The rush to repair makeup issues before the next scene made *Into the Woods* Lewis' favorite show so far.

"During the show, sometimes [the chin] would come off so I would have to run down there with eyelash glue and stick whatever parts came off," Lewis said.

Lewis' interest in stage makeup resulted from the work she did on *Little Shop of Horrors*, the 2014 fall musical.

"I just really enjoyed the environment and the people I got to work with," Lewis said. "It was a lot of fun to get to know people that I had been around for years but hadn't really ever talked to."

Lewis did the makeup for all of the theater productions her junior year. The summer prior to her senior year, her mom received emails about season tickets to Theatre in the Park, a local outdoor community theater. They eventually got in contact with the head makeup artist and Lewis helped with the makeup for *Shrek the Musical* and *West Side Story*.

"I originally started makeup for theater just to gain experience, but I fell in love with it," she said. "I love the atmosphere backstage when we are preparing for a show."

Lewis' 20-year-old friend, Asch Fabre, from Georgia, also inspires her. She first met him online when she saw pictures of his work on social media sites. He gave her feedback on pictures of makeup work she sent to him and taught her a new way to contour, based on face shape. He also gave her advice on make-up brands.

"He is one of the most talented makeup artists I've ever seen," Lewis said.

Lewis plans to pursue a career in theater makeup at the First School of Makeup in Chicago. Once she is through with makeup school, she plans to apply to theaters in Chicago or Kansas City Her friend Asch continues to inspire her to work hard.

"I'll see his work," Lewis said. "It makes me want to become as good as he is."

STORY BY AUSTIN BACHERT & LILY NEWBANKS

To be Honest

WITH THE ALRASMA APP OPEN ON YOUR DEVICE, HOVER OVER THIS AREA FOR EXTRA COVERAGE ON MAKE UP FOR "INTO THE WOODS"



Left: senior Elise Dorsey performs as the witch. *Photo by Maya Lee*
Right: Lewis applies Dorsey's prosthetic chin. *Photo by Nick Kahtava*

"I LOVED BEING UGLY. THE MAKEUP HELPED ME GET IN CHARACTER AND FEEL LIKE I WAS REALLY THE WITCH."
-senior Elise Dorsey

COVER EVERYONE

2016 Westl

blessing in DISGUISE

Junior Matthew Gense stays positive after starting out on varsity and ending as the JV quarterback

Nine years. Nine years of strength, sweat and sacrifice. The dream. The Westlake varsity football dream. After endless hours of fitness training since the third grade, junior Matthew Gense finally achieved his childhood fantasy of earning a spot on varsity. However, when sophomore DJ Bolger broke his arm in the first JV red game, Gense was moved from the varsity team to JV to fill in at quarterback.

"When my parents texted me that DJ broke his arm during the first game against Cedar Park, I knew I was up," Gense said.

Gense found out in the spring of 2015 that he had made the varsity.

"I had known before that there was only one quarterback on JV red," Gense said." So when Coach [Todd] Dodge told me on Monday morning I was now on JV, I wasn't really too surprised."

Gense became what is known as a "double dipper." Though technically still on varsity, he would practice with and play for JV while still suiting up for varsity games when eligible.

"At first, it was tough because I was fully varsity," Gense said, "and then I had to practice with both JV and varsity, which was time-consuming."

According to UIL rules, a player who plays a game for JV one week can't play in a game for varsity the same week.

"In the game against Lake Travis, when Sam's [starting varsity quarterback] helmet came off, I should have been number two. So when Coach Dodge called for me, I couldn't go in because I had played the night before," Gense said. "That was hard because that was my shot, but I just had to stay positive."

As time went on, Gense's good attitude would prove to be important.

"The JV guys knew I was from varsity, and with advice from my dad, I knew I had to come in humble in order to build camaraderie and lead the team in a successful season," Gense said.

And that he did. With 9 wins out of 11 games, JV red played an almost undefeated season.

"I think it happened for a reason. I got the chance to play the game I love with a great group of guys," Gense said. "And the cool thing is, next year, that same group of guys will be the varsity squad, and I'll have another year to play some football with my team."









in the red zone
1 With his sights set on the end zone, running back sophomore Alex Garcia scores a touchdown against Bowie. Garcia's touchdown helped lead the JV blue team to an undefeated season. "We don't win games just because we're Westlake," Garcia said. "We win because we put in the time and work to win." 2 Running back sophomore Mitchell Smith eludes a group of JV Bowie players. "An undefeated season this year is all I could have asked for," Smith said. "I love my team." 3 Cradling the ball, running back junior Jordan Green makes a play during the game against Bowie. "I love playing football because it is a team sport and the things we do together makes us brothers." 4 Kicker junior Mauro Montemayor kicks a field goal against Bowie while quarterback junior Matthew Gense holds the ball. "I am so proud of my team, and being the kicker was such an honor this year," Montemayor said. "The brotherhood and friendships we have developed through practicing make us more than just a team — it makes us a family." JV red finished the season with a 9-2 record.

1-4. brayden clark

COUNT ON ME

Wide receiver sophomore Jake Ramos catches a pass during the JV blue game against Bowie on Oct. 1. "The small thing that keeps me going is knowing that, no matter what, my team will always have my back," Ramos said. "Playing with my brothers on the field is like nothing else."

it's my THING



brayden clark







keeping control
1 Against Del Valle on Oct. 29, quarterback sophomore DJ Bolger runs past the opposing defense. "It was great to finally come back from my injury," Bolger said. "Beating Del Valle was a great way to come back into the season." 2 Corners sophomores Ryan Flaherty and Jack Palazzuoli tackle an opposing player during the JV blue game against Del Valle. "I think the coolest experience about this season was playing against all the teams that got better from last year and still going 9-0." 3 Linebacker junior Jack Clayton tackles a Del Valle player as sophomores Keean Burlison and Josh Tarbox run beside him. "I really enjoy playing football because it can help relieve stress built up during school," Clayton said. "Just being out on the football field can make you forget about worries and stresses."

1-3. brayden clark

& some MORE

eyes on the prize

"To get ready for a game, my mom brings me some gourmet food and coffee. Then, I plug in the tunes to center my energy."
Ethan Sleeper, 11

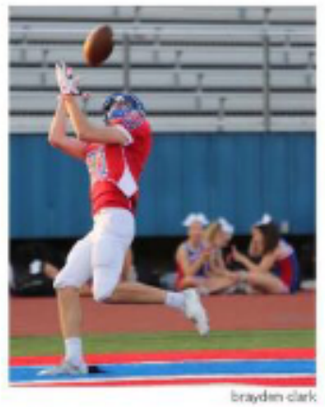
"I play *Injustice*, my favorite video game, and win battles, which gets me pumped for the game and gives me confidance."
Wills Crenshaw, 11

"I would read from the storybook and listen to Baker Ward's hype playlist."
Kyle Lindley, 10

"Before a game, I like to be alone and listen to music and think about game-type situations and plays."
Christian Wheatley, 11

"Most of the time, the way I prepare for my games is by listening to some dope rap on my gold Beats."
Ian Henke, 10

"Before games, I like to listen to music in the locker room and visualize what could happen on the field."
JT Natenstedt, 11



brayden clark

bullseye
With concentration, wide receiver sophomore Ian Horrigan pulls in a pass in the end zone at the JV blue game against Bowie. "Jacob Pintek would give us a speech that

COVER EVERYONE

2016 Legend High School, CO



BY KAYLIN MCRAE

SHOW US THE MONEY

In our school, fundraisers are an essential part of the learning environment. They make it possible for students to have more opportunities in their classes and extra activities. Almost every club has done some sort of fundraiser to support their activities. Our school has also done fundraisers to benefit the families of our fellow students that have passed away this year. The Legend student body comes together in order to raise thousands of dollars for the community, both inside and outside of school.

25

GROUPS PARTICIPATED IN FUNDRAISERS THIS YEAR

OPERATION SMILE SMILE BAGS $282
CHARITY CLUB MUFFIN SALE $225
CHARITY CLUB MOVIE NIGHT $53
OPERATION SMILE HAT DAY $278
MRS. JOHNSON AND MS. ECKMANN VALENTINE BALLOONS $200
DECA CARNATIONS $215
BOYS' AND GIRLS' BASKETBALL HARLEM WIZARDS $10,000
MRS. JOHNSON AND MS. ECKMANN TITAN TIME DRESS DRIVE $2,600
NATIONAL FRENCH HONOR SOCIETY BAKE SALE $107.77
CROSS COUNTRY PANCAKE RUN $3,471

MS. STEPHANIE CARLSON

"We are Charity Club. We raise money for an organization called Charity Water. Now, we have our mission and three strong members."

MRS. KAREN JOHNSON

"We will continue to focus on the Dress Drive for our Titan Time. We plan on having another sale before prom."

MRS. KENDRA GISH

"Smile bags are given to children after they have corrective surgery to fix either a cleft lip or palate. Bags include items like stickers."

MS. JANET VARNER-PICKLES

"French Club/ Honor Society did a bake sale during Wish Week to help contribute to the wish week total. They raised about $107 dollars."

MADISON BROWN, 12

"For Cross Country, we needed money for things like team dinners. We had a pancake fun run and we used 'snap raise' to earn the money."

After the tragic accident that occurred earlier this year, we bonded together and pushed through the loss of two Titans, sophomores Max Gantnier and Patric Lantz. We received support from the other two Parker high schools, Chaparral and Ponderosa. Chaparral students created a banner saying, "One Town One Family" that was hung in the library. Ponderosa donated all of the funds from a wrestling match to the families and also put locker tags on all the lockers that said, "Ponderosa Supports You #onetownonefamily." We truly are one town, one family.

#FACTS

WHO: Legend students and staff

WHAT: banner, money for families, books for Max, wristbands

WHEN: January 2016

HOW: students and staff from other schools figured out ways to reach out to Legend

WHY: Two students passed away in a tragic ice accident

ONE TOWN ONE FAMILY

#FUN-IN-FUNDRAISER

WHAT WAS YOUR FAVORITE PART OF EACH FUNDRAISER?



HOT DOG MANIA
"My favorite part of the Marching Band fundraiser was the fact that a few students were all dressed up in hot dog costumes. At one point we rotated jobs and danced on the street corners."
ERIN
KRAGE, 12
MARCHING BAND



LOVE IS IN THE AIR
"The valogram fundraiser is only one of the many that student government is responsible for. My favorite part of this was delivering the valograms and seeing students' reactions."
LEIGH
LE, 10
STUDENT GOV. REP.



FRESH WEENIES
"The Hot Dog Marching Band fundraiser provided us with a very cool experience in raising money. I loved knowing that the money was going to a good cause."
ALEX
PANKOFF, 11
MARCHING BAND



RED IS RAD
"My favorite part of the dress drive was the cause it was going to because the funds raised went to the families of Patric Lantz and Max Gantnier."
MIA
MORAN, 10
DRESS DRIVE VOLUNTEER

STEPS TO COMPLETE A FUNDRAISER

1
"Having a good idea that will help other people is the first step. You have to have a good sales attitude by not being shy and having a good personality, that definitely makes you more approachable."
-MADDIE ROBERTS, 9

2
"You have to have a dedicated team that is organized and willing to work. You have to plan out everything and have backup plans because nothing goes exactly as expected."
-CELEBRITY SMITH, 10

3
"Being interested and knowing the product is the third step. You need to have background knowledge to be able to answer questions that people might have."
-ANNA DOHERTY, 11

4
"The last thing you need to complete a fundraiser is getting all the money together and seeing the reactions. It's really exciting!"
-SAMANTHA SYLVESTER, 9



THE SOUND OF VICTORY

Playing the national anthem, sophomore Abby Davidson and her fellow band members help provide the music at the Harlem Wizards basketball game. Davidson loved playing at the basketball game because it was very high energy and she knew all of the proceeds were going to a good cause. The purpose of the game was to raise money for the boys and girls basketball teams at Legend High School. "I really think we should have more fundraisers like this at school because a lot of people that are not affiliated with Legend came and so it was a good way to receive support from our community," Davidson said.

THE STATS

97%
of Legend High School Students donated money during Wish Week for Braxton.

95%
of Legend High School Teachers donated or helped at a Wish Week event.

72%
of Parents donated money to a resturaunt or other event during Wish Week.

INGREDIENTS TO A FUNDRAISER



#WISH WEEK
"In student gov. your job is to get word out and get people involved. You see people getting excited, and participating and it gives you a sense of accomplishment."
-ERIN JONES, 12



#FAMILY
"A lot of us spend money on going to lunch every day and the newest fashion trends, but I think that if you can donate money, there's people out there who deserve it more than we do, the people who participate in this, donate from the goodness of their hearts."
-JORDAN MULLEN, 12



ALL YOU NEED IS LOVE
"Motivation and passion are what you need for a fundraiser because it's easier to fundraise when you care about what you're doing, and you always want to love who you're fundraising for."
-ALLIE CIARDULLO, 12



SPIRIT
"Enthusiasm and good communication are the most important parts of a fundraiser. My favorite part of fundraising is the reaction after you present them the monetary amount."
-SCOTT JOHNSON, 11



TEAM WORK
"You need a really solid team to help out. I think you also need to really understand what the message is that you're trying to get spread out."
-KAITLIN OCHS, 11

COVER EVERYONE

2016 Legend High School, CO

STUDENT FOR A DAY

BY PEYTON BLOMBERG

PHOTOS BY PEYTON BLOMBERG



BEFORE THE RUSH

"Boy, was I nervous before going to my first class. I hadn't experienced anything like this since I was back in high school. But I always enjoyed school so I was also really excited." -MR. MICHAEL CORDOVA

US HISTORY 2ND PERIOD



"Learning and researching through this class really was an eye-opener and probably is everyday. It was sad looking up how bad our government is doing." -MR. MICHAEL CORDOVA



"Right when we got to class, he introduced himself as a chaparral student which everyone kept laughing at." -ETHAN BLAKE, 10



"It was awesome seeing how if even one student didn't know something, Harvey had them all take out their phones and research it." -MR. MICHAEL CORDOVA

WORLD LIT 3RD PERIOD



"I lost sleep the night before coming to this class. All who know me, know I hate English, hence why I teach math. I was pleasantly surprised. We worked on a group project. It was awesome seeing how much ownership was given to the students with their projects." -MR. MICHAEL CORDOVA



"In the group I was in, they decided on an essay instead of presenting mainly because one of their peers had anxiety. These students are taking care of each other." -MR. CORDOVA



"It was interesting to see how he interacted with us and he actually ended up helping us with our project and giving us good ideas." -BRIANNA MITCHELL, 12



LAW ENFORCEMENT

"Definitely the best class of the day. It was awesome reenacting what crime investigators go through daily. We got to wear awesome jump suits but I felt like an oompa loompa. It was so much fun, it never felt like learning." -MR. CORDOVA



4TH PERIOD

"It was funny how into his job he got; he became very determined. The crime scene consisted of two dead bodies; it looked to be a drug deal gone wrong. We acted as the crime scene investigation unit and he had to log all the evidence." -BRIANNA MITCHELL, 12



"Passing period was just a crazy herd of students. I felt I was part of a race for all 5 minutes. There's no time for anything, especially socializing." -MR. CORDOVA



"He didn't really know what time class was out and he seemed very rushed, he was actually late to class. He wasn't use to the crowded hallways." -BRIANNA MITCHELL, 12

PASSING PERIODS

AP SPANISH 6TH PERIOD

Mr. Cordova had to talk for 50 minutes in Spanish only.



"It was kind of weird seeing a teacher in a student's position. I think we're all used to them being above us, so it was different but really funny when he hardly knew any Spanish."-AUBREE CLARK, 12



"The entire class I felt my brain was working in overload. It was fun having to communicate in a language I haven't been taught since I was in school. It was difficult to remember it all." -MR. MICHAEL CORDOVA

AP CERAMICS 7TH PERIOD

Trying to be the best AP ceramics student he could be, Mr. Cordova got to throw on the wheel.



"Cordova had to go on the wheel with me. Funniest part of Cordova being in that class was him referring to himself as an 'AP Ceramics student.' In the end he made a bowl and said it was an ashtray for his mom." -ALLISON MADDOCKS, 11



"I attempted to make a pot. Which then turned into a bowl and resulted finally into a very lop-sided cup. But, I love how Thornton lets the students' personal creativity take over their projects." -MR. CORDOVA



"He kept playing with the blocks we were working with, he had no idea what they were for." -ETHAN BLAKE, 10



"Having Mr. Cordova in my Chemistry class was funny but also interesting because he saw how tough that class is. At first he was confused but he then ended up being the one to explain the answers to me." -KALEB STROMAN, 11

CHEMISTRY 1ST PERIOD



"I got to experience a lot in this class: a warm-up, notes and group work. It was hard to do the material since I had to learn it all off the fly. It was difficult being the one who didn't know a thing."



"He didn't understand most stuff but he kept making a whole lot of jokes which were funny. It gave the overall class a better vibe." -ETHAN BLAKE, 10



"It was really interesting. I got to learn about bonds: double and triple bonds. I was glad the biggest part was having to have each molecule add to 8. I love my math so that was a part I got right away. But this all was nothing like the chemistry I remember being taught." -MR. MICHAEL CORDOVA



MR. CORDOVA GOES BACK TO HIGH SCHOOL FOR A DAY

Taking on the challenge of going back to high school, math teacher, Mr. Michael Cordova, followed around 4 different students to 8 class periods to experience what an everyday Titan goes through.

OFF-CAMPUS LUNCH 5TH PERIOD



"Wow. When students say they have short lunch times, they really do. If a student wants to go off like we did, you have to hustle. It's all about prioritizing timing and where to go. Going off is a lot of fun, but the time flew by." -MR. CORDOVA



"It was really funny having lunch with him because he asked lots of questions about what Legend was like and he got to experience lunch in a different way than he had before." -KELSEY HOLMAN, 12

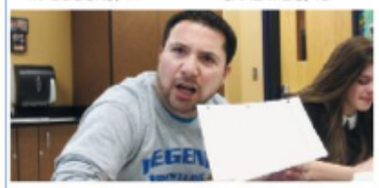
"He got to see how we have to manage our time and also he listened to Justin Bieber with us too, which was so fun!" -MADISON BROWN, 12



"The funniest part was when Cordova got a 60% on the quiz. He then proceeded to tell us we should have cheated off him if we wanted a good grade like him." -ALLISON MADDOCKS, 11



"It was interesting to see him go through the same struggles that we do. We taught him how to say the word 'acetylcholinesterase,' which didn't go too well. We also had a quiz which he knew nothing about - he got a D." -CARLI MEIS, 12



"Anatomy is class that really holds students to a high standard. I had to take a test within the first 10 minutes of class. I actually got a D, which was way better than I expected. It made me really realize I wish I took this class when I was in high school. It really prepares you for college." -MR. CORDOVA

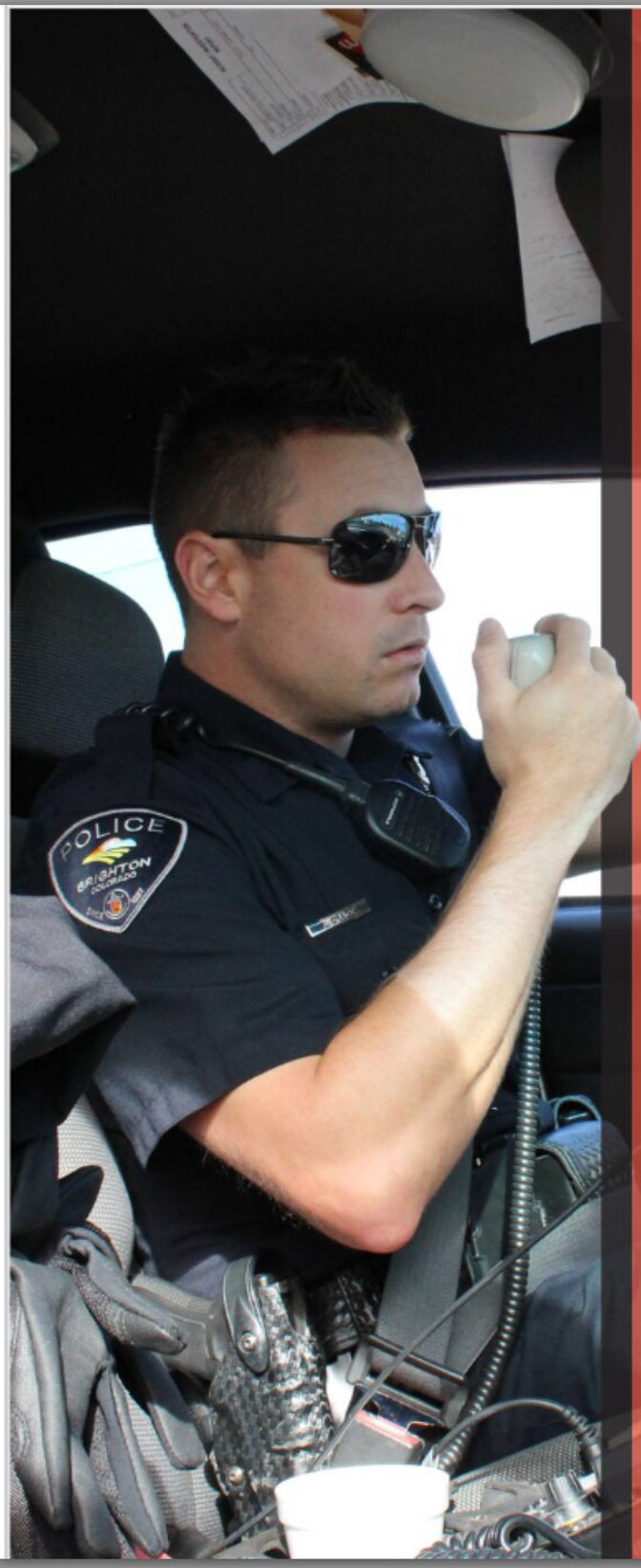
8TH PERIOD ANATOMY AND PHYSIOLOGY

WHAT DID YOU LIKE ABOUT THIS EXPERIENCE FOR MR. CORDOVA?

"I would hope he understands how hard it is to be a student these days. Things have changed a lot in the years that he has been out of high school. Even though Mr. Cordova respects his students, I would hope he tells other teachers about what he learned to give them a new perspective. I loved this experiment. I think it is very creative, and every teacher should know what it's like to be in our [the students'] shoes. Teachers can understand just how much pressure and stress they are putting on us--even in one day." -CARLI MEIS, 12

COVER EVERYONE

2016 Brighton High School, CO



THE INTERCOM SIMPLY SAID...

WE ARE IN A LOCKDOWN SITUATION

BUT DID YOU KNOW...

HERE'S THE WHOLE STORY FROM
Officer John Grace

A CALL CAME IN FROM A PARENT who said she had seen a man with a camo hat and a gun enter the school. After confirming her report, I put the school on lockdown.

I let the other officers know, and they responded quickly. We checked every classroom very methodically, opening doors and clearing every room.

At some point, I was able to put one and two together. I remembered that there was a play going on, and I wanted to see if there was a student with a costume that matched the woman's description. Thankfully, we found Jeremiah in his safari costume. We were able to quickly clear the situation up by checking his identity and costume with the woman who had called in.

The lockdown was definitely a good learning experience. It was good to see the students and teachers react appropriately despite fear. I know that it's easy to feel helpless as a student or a staff member.

I felt very calm throughout the process, and I'm trained to handle these situations. Any nerves that I have when I'm working just push me to perform. All that I could focus on was the task at hand.

I hope that students come away from the lockdown knowing the differences between a lockdown and a lockout. We need Brighton High School to not be a 'soft target.' We need to take our protection seriously, especially with our old building and off campus privileges. I'm always here, though, ready to respond.



HERE'S THE WHOLE STORY FROM
Jeremiah Ellerd '17

THE LOCKDOWN HAPPENED THE DAY THAT WE PERFORMED 'Tarzan' for the middle school students, so I was dressed up in my full safari costume. All of the middle school kids had just barely left when the lock down started. It may sound weird, but I didn't get too scared. Everybody in the auditorium started to freak out, and several of the other actors were crying. Then I started to get text messages asking me what was going on and if I was all right.

The officers and the SWAT team came into the auditorium and asked if anyone had any prop guns. Then they took me outside, patted me down, and took the gun from me. Then they had to take me into the lobby to verify that I was the person that the woman had seen walk into the school. She had apparently seen me walk around the back of the auditorium with my prop gun and she called the police. You see, as cast members, we go outside to get to our next cue on the other side of the stage, and I had the prop gun for my scene.

When the woman confirmed that she had seen me, there was an immediate release of emotion. The SWAT team laughed and high-fived in relief and the police officers congratulated one another.

After the whole thing, I'm not quite sure how to feel about it. I definitely feel bad. Lots of my friends were really scared. Some of my friends cried. Julia (Birkholtz) came up to me afterward and socked me in the arm. I still can't believe it happened.

HERE'S THE WHOLE STORY FROM
Julia Birkholtz '18

I WAS SITTING IN THE DINER when the lockdown was called, and I got up to leave. As I was walking outside to leave to school, I was told to go inside.

I walked into the bathrooms and I didn't know if it was a drill or something worse. After about ten minutes, I decided to walk into the hall to see if I could leave again. I saw a police officer down the hall. He was pointing a gun at me, in case I was a threat. I froze. He told me to go back into the bathroom and close the door. Then I realized that it was real.

I stood up on the seat of a toilet and closed the stall door. I asked my step-dad to call 911, and the operator told him that they were sending an officer. Soon the door opened, and I panicked. I thought it was the shooter. Whoever it was, they started opening stall doors one at a time. When my door swung open, I saw three officers. They were reassuring, and they told me that everything would be OK. Officer Grace escorted me to a classroom, where the students were all frazzled and desperate to know what was going on.

When I found out that Jeremiah (Ellerd) had set it all off, I was really irritated until I learned that it wasn't his fault. Some people called the lockdown a "false alarm," but it was very real for me. I was in shock for some time, and it was a life changing experience.



COVER EVERYONE

2016 McLean High School, VA

Senior Yasmine Iskander and junior Daniel King had been best friends for five years. One of their favorite moments happened in school. "We were dancing," Iskander said. "Yasmine was holding Daniel's hand and the music was playing and they were dancing," multiple disabilities teacher Mark Thompson said.

"You're my buddy, right, Daniel?" Iskander asked. King responded with the Tobii, an eye gaze device that he used to communicate. For the first time, King responded by indicating "best friend".

"He's never done that before, ever. It was also the first time he wasn't prompted to use it, and the comment was appropriate to what we were talking about," speech pathologist Debra Opalesky said.

"I was dumbfounded when that came out, it was too relevant for it to be a coincidence. To get to that screen, he had to do some serious navigation. There is information in that guy's head that he needs to get out. That was one of the magical moments of my 30 years of Special Education and we've only scratched the surface. It's sort of an epiphany for a moment like that," Thompson said. *photo by Sophia Kallholtz*

Dec. 2, 10:30 a.m.
principal's conference room

it starts with a LAUGH



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